# Learning rate schedules

In addition to smarter optimizers, we can control learning rates by changing them across epochs of training.

This is very much of an art rather than a science.

We give a brief overview.

### Warm up

Bag of Tricks for Image Classification using CNNs (https://arxiv.org/abs/1812.01187)

- ullet When training starts: initial values of f W far optimal values
- At this point, losses (and gradients) are probably large
  - large updates to **W** might cause instability

So, we can start off "slow" with a low initial rate during a warm-up period.

low learning rate compensates for high gradient

Post the warm-up, we can use a higher rate to speed training.

### Post warm-up

Typical strategy has been to decrease learning rate as the number of epochs increase.

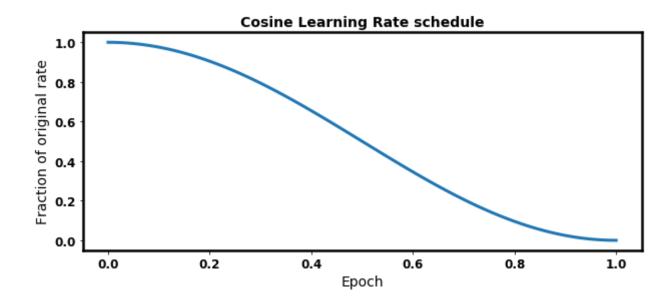
Idea is to take smaller steps as we approach the region of optimality

• don't want to overshoot

There are many ways to set a learning rate schedule (a function that maps epoch number to a rate)

- step schedule
  - vary rate by epoch
  - rate decreases as epoch increases
- cosine decay
  - decrease rate according to a cosine function
    - $\circ \text{ learning\_rate}_t = \frac{1}{2} \left( 1 + \cos(\pi \frac{t}{T}) \right) * \text{learning\_rate}_0$ 
      - $\circ$  where  $\operatorname{learning\_rate}_0$  is initial learning rate, T is number of batches
    - slow decrease in rate at start
    - near-linear decrease in middle
    - slow decrease near end

```
In [5]: _= nnh.plot_cosine_lr()
```



## Regularization

The ultimate goal of Machine Learning is out of sample prediction.

Because Neural Networks often learn a large number of parameters (weights), overfitting is a concern.

We will briefly review several methods to combat overfitting

## Loss function: add regularization penalty

The same methods that were applicable in Classical Machine Learning apply to Deep Learning as well.

These include regularization penalties that aim to reduce the number of parameters.

- L2 regularization
- L1 regularization

### **Dropout**

<u>Droput paper (http://www.jmlr.org/papers/volume15/srivastava14a/srivastava14a.pdf)</u>

Overfitting can occur because some weights in the NN adapt so as to memorize "noisy" features.

Dropout is a method that randomly drops a unit in the NN

- For each training example  $\mathbf{x}^{(i)}$
- Each unit gets dropped with probability *p*

#### NN, no dropout

A Neural Network with N units contains  $2^N$  possible sub-networks.

Dropout can be viewed as training many of these sub-networks (with weight sub-networks.)

If a feature is truly important, the NN must adapt to robustly recognize the fe

If it is not important, the goal is to prevent a unit from memorizing it.

In Keras, Dropout is implemented by a layer:

Dropout(rate)

where rate is the probability of dropping a unit.

Dropout has been supplanted by Batch Normalization, but is worth studying

- for its simplicity and ease of use
- inspiration it offers.

### **Data Augmentation**

It is sometimes possible to expand the training set in such a way as to disco overfitting.

This usually involves creating variants of training examples

• make it hard to memorize them all.

### **Input Transformation**

Alter the image while preserving its label.

- Image transformation
  - rotate, crop, flip

#### NN, 50% dropout

Example	Smoothed label		
(x <sup>(i)</sup> ,	$(\mathbf{x^{(i)}}, 0 + \epsilon)$		
0)	(**,0 + e)		
( <b>x</b> <sup>(i)</sup> ,	$(\mathbf{x^{(i)}}, 1 - \epsilon)$		
1)	$(\mathbf{x}^{-1},\mathbf{r}^{-1},\mathbf{r}^{-1})$		

So rather than using One Hot Encoding (OHE), we use " $\epsilon$  Hot Encoding"

## Mixup training

Mixup training paper (https://arxiv.org/abs/1905.11001)

Mixup training is a second solution to prevent an NN from seeking absolute confidence.

It creates additional training examples that are *mixtures* of existing examples:

Training example	Mixup?
$(\mathbf{x^{(i)}}, \mathbf{y^{(i)}})$	original
$(\mathbf{x^{(i')}}, \mathbf{y^{(i')}})$	original
$\overline{ (\mathbf{x^{(i)}} + \lambda \mathbf{x^{(i')}}, \ \mathbf{y^{(i)}} + \lambda \mathbf{y^{(i')}} ) }$	Mixup

The mixing parameter  $\lambda$  is best when it is close to 0 or 1

$$\begin{array}{cccc} \bullet & (0 & \text{or} \ (1 & . \\ & + \epsilon & - \epsilon \\ & ) & \end{array} )$$

# Conclusion

Creating multi-layer networks seems simple.

But as with many tasks

- The difference between a design that looks good on paper and one that works well in practice
- Comes down to managing lots of details!

Network design is as much an art as it is a science.

In [6]: print("Done")

Done