

Nutrition Facts

12 servings per container

Serving size 1 Bar (57g)

Amount Per Serving

Calories 250

% Daily Value*

Total Fat 10g 13%

Saturated Fat 9g 45%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 180mg 8%

Total Carbohydrate 18g 7%

Dietary Fiber 2g 7%

Total Sugars 16g

Includes 7g Added Sugars 14%

Protein 20g 40%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.72mg 4%

Potassium 188mg 4%

Vitamin A 60%

Vitamin B12 270%

Copper 120%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Our Simple Ingredients:

Grass-fed Bovine
Collagen Peptides

Organic Mejdool Dates

Organic Raw Honey

Beef Protein Isolate

Organic Coconut Oil

Organic Coconut Butter

Grass-fed Beef Liver

Cinnamon

Sea Salt