RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N				
MORQUECHO	AMELIA				
LAST NAME	FIRST NAME	MI			
FEMALE	06/02/1947	4084015624	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
1553 DELUCA DR	SAN JOSE	CA 95131			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	ΓΙΟΝ				
MEDICARE					
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
9KQ2A54VP01		MEMBER ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMAT	ION				
PNEUMA ORTEGA DO		1912167834			
PHYSICIAN NAME		NPI#			
		4082237771			
2690 S WHITE ROAD SAN JO	SE CA 95116	PHONE NUMBER			
PRACTICE LOCATION		4082237771			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELEC	TION				
□ L3670 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3670 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist:) □ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 – Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1833 / L1851 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: 7) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING AND ACHY** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATUR

PNEUMA ORTEGA DO

DATE: 2 - 70

Patient Name: AMELIA MORQUECHO

Patient Address: 1553 DELUCA DR SAN JOSE CA 95131

Patient Phone: 4084015624

Physician Name: PNEUMA ORTEGA DO

Address: 2690 S WHITE ROAD SAN JOSE CA 95116

Telephone: 4082237771 Fax: 4082237771

Patient: AMELIA MORQUECHO Date of Birth: 06/02/1947 Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Tatient Demographics				
Patient Name:	AMELIA MORQUECHO	Date of Birth:	06/02/1947	
Age:	77	Phone Number:	4084015624	
Address:	1553 DELUCA DR	City:	SAN JOSE	
State:	CA	Zip Code:	95131	
Gender:	FEMALE	Height:	5'2	
Weight:	190	Waist Size	L	

Patient Insurance

Provider:	MEDICARE	Member ID:	9KQ2A54VP01
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Medications

Current Medication	NORCO
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scal	le of 1-10 as the following: 10
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The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING AND ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, **RIGHT WRIST**

Subjective Notes

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is THROBBING AND ACHY with a pain scale of 10 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described THROBBING AND ACHY and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 10. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST Brace to provide support and reduce pain level

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PNEUMA ORTEGA DO

Address: 2690 S WHITE ROAD SAN JOSE CA 95116

Physician's Signature:

Date:

Patient Name: AMELIA MORQUECHO
Patient Address: 1553 DELUCA DR SAN JOSE CA 95131

Patient Phone: 4084015624

LETTER OF MEDICAL NECESSITY

Re: AMELIA MORQUECHO
Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: **5'2** Weight: **190** DOB: **06/02/1947**

Ms MORQUECHO is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms MORQUECHO reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is THROBBING AND ACHY with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms MORQUECHO and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MORQUECHO** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MORQUECHO** continue medical follow-up as part of an ongoing plan of care.

Re: AMELIA MORQUECHO...... DOB: June 02, 1947

I, **PNEUMA ORTEGA DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

NEUMA ORTEGA DO

Date Signed: 10 - 23 - 2004