# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
WHITE	DIANA			
LAST NAME	FIRST NAME	MI		
FEMALE	11/05/1949	8177061148	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
7928 FIREFLY DR	FORT WORTH	TX 76137		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
9HE3EP4WW99		WENDED ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
ROBERT WARREN ISRAEL JR	, M.D.	1154347227		
PHYSICIAN NAME		NPI #		
		972-251-4050		
2001 N MACARTHUR BLVD SU	JITE 500A IRVING TX 75061	PHONE NUMBER		
PRACTICE LOCATION		972-251-4052		
		FAX NUMBER		
DDESCRIPTION SELECT	TON			
PRESCRIPTION SELECTION		□       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied parthritis left knee arthritis right knee r	☐ M25.532- Pain i☐ M25.531 - Pain i☐ M25.531 - Pain i☐ M19.072- Osted☐ M19.071- Osted☐ M25.522 Pain i☐ M25.521 Pain i☐ M54.2-Cervicale	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

### **MEDICAL HISTORY**

Previous treatments: STEROIDS SHOT, PAIN PATCHES AND OINTMENT

Doctor's Notes: The patient reports chronic LOWER BACK, LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is SHARP AND THROBBING with a pain scale of 8 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

ROBERT WARREN ISRAEL JR, M.

Patient Name: DIANA WHITE

Patient Address: 7928 FIREFLY DR FORT WORTH TX 76137

Patient Phone: 8177061148

Physician Name: **ROBERT WARREN ISRAEL JR, M.D.**Address: 2001 N MACARTHUR BLVD SUITE 500A IRVING TX

75061

Telephone: 972-251-4050 Fax: 972-251-4052 Patient: **DIANA WHITE**Date of Birth: **11/05/1949** 

Visit Date: SEPTEMBER 19, 2024
Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DIANA WHITE	Date of Birth:	11/05/1949
Age:	74	Phone Number:	8177061148
Address:	7928 FIREFLY DR	City:	FORT WORTH
State:	тх	Zip Code:	76137
Gender:	FEMALE	Height:	5'4
Weight:	160	Waist Size	LARGE

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	9HE3EP4WW99
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#### Medications

medications —	
Current Medication	LOSARTAN
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: STEROIDS SHOT, PAIN PATCHES AND OINTMENT

The patient described their pain as the following: SHARP AND THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT SHOULDER

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on SEPTEMBER 19, 2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT SHOULDER

### **Subjective Notes**

The patient reports chronic LOWER BACK, LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is SHARP AND THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT SHOULDER related to M54.50- Low back pain, unspecified, M25.512-Pain in the left shoulder. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP AND THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT SHOULDER** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10 - 27-2029

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M25.512-Pain in the left shoulder

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ROBERT WARREN ISRAEL JR, M.D.

Address: 2001 N MACARTHUR BLVD SUITE 500A IRVING TX 75061

Physician's Signature:

Date:

Patient Name: **DIANA WHITE** 

Patient Address: 7928 FIREFLY DR FORT WORTH TX 76137

Patient Phone: 8177061148

### LETTER OF MEDICAL NECESSITY

Re: **DIANA WHITE** 

Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: **5'4** Weight: **160** DOB: **11/05/1949** 

**Ms WHITE** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT SHOULDER**.

Ms WHITE reports chronic LOWER BACK, LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is SHARP AND THROBBING with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M25.512-Pain in the left shoulder. Based on my conversation with Ms WHITE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT SHOULDER requiring stabilization for improvement of functionality. I am prescribing this BACK AND SHOULDER orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK AND SHOULDER. My treatment goal(s) for the use of the prescribed BACK AND SHOULDER orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WHITE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WHITE** continue medical follow-up as part of an ongoing plan of care.

Re: DIANA WHITE...... DOB: NOVEMBER 05, 1949

I, ROBERT WARREN ISRAEL JR, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ROBERT WARREN ISRAEL JR, M.D.

Signature

Date Signer - 27-2024