# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
JOHNSON	BARBARA				
LAST NAME	FIRST NAME	MI			
FEMALE	09/19/34	2095223906	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
1221 CHEHALEM DR	MODESTO	CA 95350			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
2F08CN3JK66		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N	4074552626			
TRACY BROCKMAN, MD  PHYSICIAN NAME		1871553636			
FITTOIGIAN WAINE		NPI#			
		209-527-6900			
1320 CELESTE DR MODESTO,	CA 95355	PHONE NUMBER			
PRACTICE LOCATION		FAX NUMBER	209-524-7328		
		TAX NOWIDER			
PRESCRIPTION SELECTI	ON				
L3671 - Shoulder Brace (Side:		□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	□       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852- Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostet ☐ M19.071- Ostet ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

TRACY BROCKMAN, MD

<del>39-18-263</del>/

Patient Name: BARBARA JOHNSON

Patient Address: 1221 CHEHALEM DR MODESTO CA 95350

Patient Phone: 2095223906

Physician Name: TRACY BROCKMAN, MD Address: 1320 CELESTE DR MODESTO, CA 95355

Telephone: **209-527-6900** Fax: **209-524-7328** 

Patient: BARBARA JOHNSON Date of Birth: 09/19/34 Visit Date: 2 MONTHS AGO Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BARBARA JOHNSON	Date of Birth:	09/19/34
Age:	89	Phone Number:	2095223906
Address:	1221 CHEHALEM DR	City:	MODESTO
State:	CA	Zip Code:	95350
Gender:	FEMALE	Height:	5.7
Weight:	130	Waist Size	MEDIUM

## **Patient Insurance**

Provider: MEDICARE	Member ID:	2F08CN3JK66
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Resting

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 MONTHS AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: TRACY BROCKMAN, MD

Address: 1320 CELESTE DR MODESTO, CA 95355

Physician's Signature:

19-18-2021

Date:

Patient Name: BARBARA JOHNSON

Patient Address: 1221 CHEHALEM DR MODESTO CA 95350

Patient Phone: 2095223906

#### LETTER OF MEDICAL NECESSITY

Re: BARBARA JOHNSON

Orthotic Device Need Assessment

Exam Date: 09/17/2024

Height: 5.7 Weight: 130 DOB: 09/19/34

Ms JOHNSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms JOHNSON reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms JOHNSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms JOHNSON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms JOHNSON continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA JOHNSON...... DOB: September 19, 1934

I. TRACY BROCKMAN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standarder of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 79-18-268/