RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N				
KURLAND	BRUCE				
LAST NAME	FIRST NAME	MI			
MALE	04/18/1945	6096642090	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
249 PATRIOT'S PATH	MONROE TOWNSHIP	NJ 08831			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
	TION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE 5RQ5YU2PE83		MEMBER ID			
MEMBER ID		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMAT	ION				
MATTHEW P TERRANOVA, D	0.0.	1245546142			
PHYSICIAN NAME		NPI #			
		7326130500			
557 CRANBURY RD STE 22 E	E BRUNSWICK NJ 08816	PHONE NUMBER			
PRACTICE LOCATION		7326130345			
		FAX NUMBER			
PRESCRIPTION SELEC	TION				
DRESCRIPTION SELECTION		□ L3916 − Wrist Ha □ L3915 − Wrist Har □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Es □ L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical	□ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					
Length of Need: ⋈ 12+ mg	onths (long term) \square # of mo	nths (1-11)			

MEDICAL HISTORY

Previous treatments: ICE PACKS

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

MATTHEW P TERRANOVA, D.O.

PHYSICIAN NAME: _____ DA

Patient Name: BRUCE KURLAND

Patient Address: 249 PATRIOT'S PATH MONROE TOWNSHIP NJ 08831

Patient Phone: 6096642090

Physician Name: MATTHEW P TERRANOVA, D.O.

Address: 557 CRANBURY RD STE 22 E BRUNSWICK NJ 08816

Telephone: **7326130500** Fax: **7326130345**

Patient: **BRUCE KURLAND**Date of Birth: **04/18/1945**Visit Date: **WITHIN 12 MONTHS**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

Patient Name:	BRUCE KURLAND	Date of Birth:	04/18/1945
Age:	79	Phone Number:	6096642090
Address:	249 PATRIOT'S PATH	City:	MONROE TOWNSHIP
State:	NJ	Zip Code:	08831
Gender:	MALE	Height:	5'10
Weight:	180	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	5RQ5YU2PE83
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Medications

Current Medication	TRAMADOL, LYRICA 3X A DAY, HIGH BLOOD PRESSURE AND DIABETES PILL
Medical History	DIABETES, HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: ICE PACKS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Matt DE

Physician Information

Provider Name: MATTHEW P TERRANOVA, D.O.

Address: 557 CRANBURY RD STE 22 E BRUNSWICK NJ 08816

Physician's Signature:

Patient Name: BRUCE KURLAND

Patient Address: 249 PATRIOT'S PATH MONROE TOWNSHIP NJ 08831

Patient Phone: 6096642090

LETTER OF MEDICAL NECESSITY

Re: BRUCE KURLAND

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: 5'10 Weight: 180 DOB: 04/18/1945

Mr KURLAND is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr KURLAND reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr KURLAND and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr KURLAND** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr KURLAND** continue medical follow-up as part of an ongoing plan of care.

Re: BRUCE KURLAND...... DOB: APRIL 18, 1945

I, MATTHEW P TERRANOVA, D.O. , verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MATTHEW P TERRANOVA, D.C.

Signature

Date Signed 9 - 09 - 2029