# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
OHARA	DEANNE				
LAST NAME	FIRST NAME	MI			
FEMALE	05/03/1937	3083828084	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
5137 S ENGLEMAN RD	GRAND ISLAND	NE 68803			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
PRIMARY INSURANCE		SECONDARY INSURANCE			
2C66AK9FR58					
MEMBER ID		MEMBER ID			
			-		
PHYSICIAN INFORMATIO	N				
JENNIFER BROWN, MD		1285625277			
PHYSICIAN NAME		NPI #			
		3083829266			
729 N. CUSTER AVE GRAND IS	LAND NE 68803	PHONE NUMBER			
PRACTICE LOCATION		3083825290			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: LARGE   L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad   L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)   L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical E	□       L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 – Knee Brace (Side: □ L □ R) (Size: )         □       L1851 – Knee Brace (Side: □ L □ R) (Size: )         □       L1833 – Knee Brace (Side: □ L □ R) (Size: )         □       L2397 – Knee Sleeve (Size: ) (Qty: )         □       E0100 – Cane         □       L2425 – Dial Lock Hinge ROM         □       L2820 – Lower Extremity Ortho         □       L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 – Cervical Brace		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **10 YEARS**. Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

JENNIFER BROWN, MD

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: **DEANNE OHARA** 

Patient Address: 5137 S ENGLEMAN RD GRAND ISLAND NE 68803

Patient Phone: 3083828084

Physician Name: **JENNIFER BROWN, MD** Address: **729 N. CUSTER AVE GRAND ISLAND NE 68803** 

Telephone: 3083829266 Fax: 3083825290 Patient: **DEANNE OHARA**Date of Birth: **05/03/1937**Visit Date: **WITHIN 12 MONTHS**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DEANNE OHARA	Date of Birth:	05/03/1937
Age:	87	Phone Number:	3083828084
Address:	5137 S ENGLEMAN RD	City:	GRAND ISLAND
State:	NE	Zip Code:	68803
Gender:	FEMALE	Height:	5'4
Weight:	210	Waist Size	L

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2C66AK9FR58
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### Medications

Current Medication	ALEVE
Medical History	NONE

### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around 10 YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: STANDING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### Subjective Notes

The patient reports chronic **Back** pain for **10 YEARS**. Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 10 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **STANDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

**ICD 10 (Diagnostic Codes)** 

M54.50- Low back pain, unspecified

### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: JENNIFER BROWN, MD

Address: 729 N. CUSTER AVE GRAND ISLAND NE 68803

Physician's Signature:

Date:

Patient Name: **DEANNE OHARA** 

Patient Address: 5137 S ENGLEMAN RD GRAND ISLAND NE 68803

Patient Phone: 3083828084

#### LETTER OF MEDICAL NECESSITY

Re: **DEANNE OHARA** 

Orthotic Device Need Assessment

Exam Date: 09/19/2024

Height: **5'4** Weight: **210** DOB: **05/03/1937** 

Ms OHARA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms OHARA reports chronic Back pain for 10 YEARS. Patient states pain is SHARP with a pain scale of 6 and pain worsens with STANDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms OHARA and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **STANDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms OHARA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms OHARA** continue medical follow-up as part of an ongoing plan of care.

Re: DEANNE OHARA...... DOB: May 03, 1937

I, **JENNIFER BROWN**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JENNIFER BROWN, MD

Date Signed - 19 - 101/