## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
MURPHY	CHARLENE				
LAST NAME	FIRST NAME	MI			
FEMALE	09/30/1954	3373228160	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
334 BACQUE CRESCENT DR	LAFAYETTE	LA 70503			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
	JN .				
PRIMARY INSURANCE		SECONDARY INSURANCE			
9NV8C01PF39					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO	N				
ANGELA SNOW, MD		1538368345	1538368345		
PHYSICIAN NAME		NPI#			
		337-289-8717			
461 HEYMANN BLVD LAFAYET	TE LA 70503	PHONE NUMBER			
PRACTICE LOCATION		337-289-8718			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECTI	ON				
□       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: )         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)					
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee r		in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow		

# OCHSNER LAFAYETTE GENERAL INTERNAL MEDICINE

#### DV MEDICAL SUPPLY

### **MEDICAL HISTORY**

**Previous treatments: ICE PACKS** 

**Doctor's Notes:** The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **2 MONTHS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_\_

ANGELA SNOW, MD

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: CHARLENE MURPHY

Patient Address: 334 BACQUE CRESCENT DR LAFAYETTE LA 70503

Patient Phone: 3373228160

Physician Name: ANGELA SNOW, MD

Address: 461 HEYMANN BLVD LAFAYETTE LA 70503

Telephone: 337-289-8717 Fax: 337-289-8718

Patient: CHARLENE MURPHY Date of Birth: 09/30/1954 Visit Date: August 2024 Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

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Patient Name:	CHARLENE MURPHY	Date of Birth:	09/30/1954
Age:	70	Phone Number:	3373228160
Address:	334 BACQUE CRESCENT DR	City:	LAFAYETTE
State:	LA	Zip Code:	70503
Gender:	FEMALE	Height:	5'3
Weight:	125	Waist Size	MEDIUM

#### **Patient Insurance**

Provider: MEDICARE Member ID: 9NV8C01PF39	
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#### Medications

Current Medication	TYLENOL, HIGH BLOOD PRESSURE PILL AND HIGH CHOLESTEROL PILL
Medical History	HIGH BLOOD PRESSURE AND HIGH CHOLESTEROL

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5
The patient's pain started on or around 2 MONTHS
The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING PAIN MEDICINE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on August 2024

## Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

## Subjective Notes

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 2 MONTHS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 MONTHS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532-Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 5. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ANGELA SNOW, MD

Address: 461 HEYMANN BLVD LAFAYETTE LA 70503

Physician's Signature:

Date: 10 - 17 - 3

Patient Name: CHARLENE MURPHY

Patient Address: 334 BACQUE CRESCENT DR LAFAYETTE LA 70503

Patient Phone: 3373228160

#### LETTER OF MEDICAL NECESSITY

Re: CHARLENE MURPHY

Orthotic Device Need Assessment

Exam Date: 10/16/2024

Height: 5'3 Weight: 125 DOB: 09/30/1954

Ms MURPHY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms MURPHY reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 2 MONTHS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms MURPHY and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms MURPHY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms MURPHY continue medical follow-up as part of an ongoing plan of care.

Re: CHARLENE MURPHY...... DOB: SEPTEMBER 30, 1954

I, ANGELA SNOW, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 - 17 - 2074