# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N		
SLATON	BEVERLY		
LAST NAME	FIRST NAME	MI	
FEMALE	02/16/1955	2293080139	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li>⋈ SHIP TO PATIENT'S HOME ADDRESS</li> <li>□ SHIP TO PATIENT'S PHYSICIAN CLINIC</li> </ul>
4475 ROCKMINE ROAD	BLAKELY	GA 39823	
ADDRESS	CITY	STATE & ZIPCODE	
INCLIDANCE INCORMA	TION		
INSURANCE INFORMA	HON		
MEDICARE	_	SECONDARY INSURANCE	
PRIMARY INSURANCE			
3DM0WH7XJ45		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMAT	ION		
REARDON ROY MD		1538222393	
PHYSICIAN NAME		NPI#	
		2297583304	
208 N CUTHBERT ST COLQU	ITT GA 39837	PHONE NUMBER	
PRACTICE LOCATION		2297586622	
		FAX NUMBER	
PRESCRIPTION SELEC	TION		
□ L3670 - Shoulder Brace (Side □ L3960 - Shoulder Brace (Side □ L3660 - Shoulder Brace (Waist □ L0650 - Lumbar Brace (Waist □ L0457 - Lumbar Brace (Waist □ L0648 - Lumbar Brace (Waist □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L	:	□ L3916 - Wrist H: □ L3915 - Wrist H: □ L1852 - Knee B: □ L1851 - Knee B: □ L1833 - Knee B: □ L2397 - Knee B: □ E0100 - Cane □ L2425 - Dial Loc □ L2820 - Lower E: □ L1906 / L1971 - □ L0174 - Cervica	Extremity Ortho Ankle Brace (Side:   L  R) (Shoe Size: )
		<u>'</u>	
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified soarthritis left knee oarthritis right knee er		in in right wrist eoarthritis Left Ankle eoarthritis Right Ankle ı in left elbow ı in right elbow
Length of Need:   □ 12+ mc	onths (long term) $\square$ # of mo	nths (1-11)	

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing indicated and necessary and consistent with current accept		, ,	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	REARDON ROY MD	DATE:
		<i>19</i> .	-07-7024
		•	

Patient Name: BEVERLY SLATON

Patient Address: 4475 ROCKMINE ROAD BLAKELY GA 39823

Patient Phone: 2293080139

Physician Name: REARDON ROY MD

Address: 208 N CUTHBERT ST COLQUITT GA 39837

Telephone: 2297583304 Fax: 2297586622 Patient: **BEVERLY SLATON**Date of Birth: **02/16/1955**Visit Date: **WITHIN A YEAR** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BEVERLY SLATON	Date of Birth:	02/16/1955
Age:	69	Phone Number:	2293080139
Address:	4475 ROCKMINE ROAD	City:	BLAKELY
State:	GA	Zip Code:	39823
Gender:	FEMALE	Height:	5'2
Weight:	140	Waist Size	36

# **Patient Insurance**

Provider:	MEDICARE	Member ID:	3DM0WH7XJ45
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#### **Medications**

Current Medication	IBUPROFEN
Medical History	DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

## Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

09-07-2024

**ICD 10 (Diagnostic Codes)** 

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

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Date:

Provider Name: REARDON ROY MD

Address: 208 N CUTHBERT ST COLQUITT GA 39837

Physician's Signature:

Patient Name: BEVERLY SLATON

Patient Address: 4475 ROCKMINE ROAD BLAKELY GA 39823

Patient Phone: 2293080139

### LETTER OF MEDICAL NECESSITY

Re: BEVERLY SLATON

Orthotic Device Need Assessment

Exam Date: 09/07/2024

Height: **5'2** Weight: **140** DOB: **02/16/1955** 

**Ms SLATON** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE**, **RIGHT KNEE**.

**Ms SLATON** reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of 6 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms SLATON and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SLATON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SLATON** continue medical follow-up as part of an ongoing plan of

Re: BEVERLY SLATON...... DOB: February 16, 1955

I, **REARDON ROY MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

REARDON ROY MD

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive