RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
но	WILLIAM		
LAST NAME	FIRST NAME	MI	
MALE	08/22/1947	9178828665	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
65 COLUMBIA ST APT 6B	NEW YORK	NY 10002	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE			_
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
9C90U95GQ39		MEMBER ID	
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
WUHUA JING MD		1164447629	
PHYSICIAN NAME		NPI#	
		2125870678	
8 CHATHAM SQ SUITE 800 NE	W YORK NY 10038	PHONE NUMBER	
PRACTICE LOCATION		2125870670	
		FAX NUMBER	_
PRESCRIPTION SELECT	ION		
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:)))))) R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1971 − Ankle Brac □ L1906 − Ankle Brac □ L0174 − Cervical E	remity Ortho ce (Side: □ L □ R) (Shoe Size:) ce (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied varthritis left knee arthritis right knee r er	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicalg	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow
Length of Need: ⊠ 12+ mon	iths (long term) — # of mo	nths (1-11)	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

WUHUA JING MD

PHYSICIAN NAME:

1)9<u>"04 - WU</u>

Patient Name: WILLIAM HO

Patient Address: 65 COLUMBIA ST APT 6B NEW YORK NY 10002

Patient Phone: 9178828665

Physician Name: WUHUA JING MD

Address: 8 CHATHAM SQ SUITE 800 NEW YORK NY 10038

Telephone: 2125870678 Fax: 2125870670 Patient: WILLIAM HO
Date of Birth: 08/22/1947
Visit Date: JUNE 23 2024
Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	WILLIAM HO	Date of Birth:	08/22/1947
Age:	77	Phone Number:	9178828665
Address:	65 COLUMBIA ST APT 6B	City:	NEW YORK
State:	NY	Zip Code:	10002
Gender:	MALE	Height:	5'5'
Weight:	152	Waist Size	L

Patient Insurance

Provider: MEDICARE Member ID: 9C90U95GQ39	Provider:	MEDICARE	Member ID:	9C90U95GQ39
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Medications

Current Medication	ATORVASTATIN, FARXIGA, JANUVIA LINEZOLID, METFORMIN, OLMESARTAN, PIOGLITAZONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around MORE THAN A YEAR
The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on JUNE 23 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: WUHUA JING MD

Address: 8 CHATHAM SQ SUITE 800 NEW YORK NY 10038

Physician's Signature:

Date:

Patient Name: WILLIAM HO

Patient Address: 65 COLUMBIA ST APT 6B NEW YORK NY 10002

Patient Phone: 9178828665

LETTER OF MEDICAL NECESSITY

Re: WILLIAM HO

Orthotic Device Need Assessment

Exam Date: 09/04/2024

Height: 5'5' Weight: 152 DOB: 08/22/1947

Mr HO is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr HO reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr HO and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr HO has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr HO continue medical follow-up as part of an ongoing plan of care.

Re: WILLIAM HO......DOB: August 22, 1947

I, WUHUA JING MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

09-04- WU

WUHUA JING MD

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive