RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N .			
CAPALDI	JUDY			
LAST NAME	FIRST NAME	MI		
FEMALE	01/03/57	9044241760	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
12552 HERBLORE DR	JACKSONVILLE	FL 32225		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
4W95MD7AN78		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
ALICE REED, MD		1356355796		
PHYSICIAN NAME		NPI #		
		9042496556		
357 11TH AVE S JACKSONVII	LLE BEACH FL 32250	PHONE NUMBER		
PRACTICE LOCATION		9042702263		
		FAX NUMBER		
DDESCRIPTION SELECT	TION			
L3670 - Shoulder Brace (Side: □ L □ R) (Size:)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size: MEDIUM) ace (Side: □ L □ R) (Size:) seve (Size: MEDIUM) (Qty: 2) k Hinge ROM ktremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) Brace		
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MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspected M17.12- Unilateral primary osted M17.11- Unilateral primary osted M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip Length of Need: ■ 12+ mo	oified oarthritis left knee oarthritis right knee er der	☐ M19.071- Oste☐ M25.522 Pain☐ M25.521 Pain	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow	

MEDICAL HISTORY

PHYSICIAN SIGNATUR

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. ALICE REED, MD

PHYSICIAN NAME:

Patient Name: JUDY CAPALDI

Patient Address: 12552 HERBLORE DR JACKSONVILLE FL 32225

Patient Phone: 9044241760

Physician Name: ALICE REED, MD

Address: 357 11TH AVE S JACKSONVILLE BEACH FL 32250

Telephone: **9042496556** Fax: **9042702263**

Patient: JUDY CAPALDI Date of Birth: 01/03/57 Visit Date: AUGUST 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	JUDY CAPALDI	Date of Birth:	01/03/57
Age:	67	Phone Number:	9044241760
Address:	12552 HERBLORE DR	City:	JACKSONVILLE
State:	FL	Zip Code:	32225
Gender:	FEMALE	Height:	5'2 AND 3/4
Weight:	135	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	4W95MD7AN78
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Medications

Current Medication	NONE
Medical History	DIABETES, HEART CONDITION AND HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the followin	g: 7	
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The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on AUGUST 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

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ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALICE REED, MD

Address: 357 11TH AVE S JACKSONVILLE BEACH FL 32250

Physician's Signature:

Date

Patient Name: JUDY CAPALDI

Patient Address: 12552 HERBLORE DR JACKSONVILLE FL 32225

Patient Phone: 9044241760

LETTER OF MEDICAL NECESSITY

Re: JUDY CAPALDI

Orthotic Device Need Assessment

Exam Date: 09/27/2024 Height: 5'2 AND 3/4

Weight: 135 DOB: 01/03/57

Ms CAPALDI is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms CAPALDI reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms CAPALDI and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms CAPALDI has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms CAPALDI continue medical follow-up as part of an ongoing plan of care.

Re: JUDY CAPALDI...... DOB: January 03, 1957

I, ALICE REED, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 09-28-24

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive