# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
BERNARD	MARIEANGE			
LAST NAME	FIRST NAME	MI		
FEMALE	05/29/1937	3216762628	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
785 NEWTON AVE NE	PALM BAY	FL 32907		
ADDRESS	CITY	STATE & ZIPCODE		
INCUDANCE INFORMA	TION			
INSURANCE INFORMA	HON			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE				
3KA6JT2RY58  MEMBER ID		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	ION			
YAMIL ARBAJE, MD		1811527567		
PHYSICIAN NAME		NPI#		
		9545149360		
9725 NW 117TH AVE STE 200	MEDLEY FL 33178	PHONE NUMBER		
PRACTICE LOCATION		9545149360		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
□       L3671 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 – Lumbar Brace (Waist: )         □       L0642 – Lumbar Brace (Waist: )         □       L0457 – Lumbar Brace (Waist: MEDIUM         □       L0648 – Lumbar Brace (Waist: )         □       E0100 – Electric Heat Pad         □       L1690 – Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 – Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 – Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Ha □ L3915 − Wrist Har □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Era □ L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical	□       L3916 − Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 − Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852− Knee Brace (Side: □ L □ R) (Size: )         □       L1851 − Knee Brace (Side: □ L □ R) (Size: )         □       L2397 − Knee Sleeve (Size: ) (Qty: )         □       E0100 − Cane         □       L2425 − Dial Lock Hinge ROM         □       L2820 − Lower Extremity Ortho         □       L1906 − Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 − Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 − Cervical Brace	
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):				

## **MEDICAL HISTORY**

**Previous treatments: NONE** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL MONTHS**. Patient states pain is **THROBBING** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
Physician Verification: By my signature can prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consister with current accepted standards of medical practice and treatment of this patient's physical condition.	
YAMIL ARBAJE, MD	
PHYSICIAN SIGNATURE: DA E PHYSICIAN NAME: DA E PHYS	7

09/11/2024 12:43 PM YAMIL ARBAJE, MD P. 003 / 005

#### ADDICKS MEDICAL SUPPLY

Patient Name: MARIEANGE BERNARD

Patient Address: 785 NEWTON AVE NE PALM BAY FL 32907

Patient Phone: 3216762628

Physician Name: YAMIL ARBAJE, MD

Address: 9725 NW 117TH AVE STE 200 MEDLEY FL 33178

Telephone: 9545149360 Fax: 9545149360 Patient: MARIEANGE BERNARD

Date of Birth: 05/29/1937 Visit Date: 06/13/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	MARIEANGE BERNARD	Date of Birth:	05/29/1937
Age:	87	Phone Number:	3216762628
Address:	785 NEWTON AVE NE	City:	PALM BAY
State:	FL	Zip Code:	32907
Gender:	FEMALE	Height:	5'5
Weight:	140	Waist Size	MEDIUM

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3KA6JT2RY58
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#### Medications

Current Medication	HIGH BLOOD PRESSURE PILL (ONCE A DAY)
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around SEVERAL MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 06/13/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL MONTHS**. Patient states pain is **THROBBING** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: YAMIL ARBAJE, MD

Address: 9725 NW 117TH AVE STE 200 MEDLEY FL 33178

Physician's Signature:

Date:

Patient Name: MARIEANGE BERNARD

Patient Address: 785 NEWTON AVE NE PALM BAY FL 32907

Patient Phone: 3216762628

#### LETTER OF MEDICAL NECESSITY

Re: MARIEANGE BERNARD
Orthotic Device Need Assessment

Exam Date: 09/11/2024

Height: **5'5** Weight: **140** DOB: **05/29/1937** 

Ms BERNARD is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BERNARD reports chronic Back pain for SEVERAL MONTHS. Patient states pain is THROBBING with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BERNARD and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BERNARD** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BERNARD** continue medical follow-up as part of an ongoing plan of care.

Re: MARIEANGE BERNARD...... DOB: MAY 29, 1937

I, YAMIL ARBAJE, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to according to

YAMLARBAJE, MD

Signature

Date Signed: