# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	J			
HAMMONDS	DANIEL			
LAST NAME	FIRST NAME			
MALE	03/27/63	3043433426	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
2931 FALCON DR	CHARLESTON	WV 25312		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
5KK5UJ5WP60		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATI	ON			
JACK KINDER, MD		1831199959		
PHYSICIAN NAME		NPI#		
		3043887130		
600 MORRIS ST SUITE 102 CH	HARLESTON, WV 25301	PHONE NUMBER		
PRACTICE LOCATION	·	3043887136		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         L0650 - Lumbar Brace (Waist: )         L0642 - Lumbar Brace (Waist: )         L0457 - Lumbar Brace (Waist: )         L0648 - Lumbar Brace (Waist: )         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □ L □ R) (Waist: )         L1686 - Hip Brace (Side: □ L □ R) (Waist: )         L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         L3760 - Elbow Brace (Side: □ L □ R)		□       L3761 – Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM)         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 – Knee Brace (Side: □ L □ R) (Size: )         □       L1833 / L1851 – Knee Brace (Side: □ L □ R) (Size: )         □       L2397 – Knee Sleeve (Size: ) (Qty: )         □       E0100 – Cane         □       L2425 – Dial Lock Hinge ROM         □       L2820 – Lower Extremity Ortho         □       L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: 8.5)         □       L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 – Cervical Brace         □       L3170 – Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATIO  ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspector M17.12- Unilateral primary oster M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip	oified oarthritis left knee oarthritis right knee er		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	
Length of Need: ⊠ 12+ mo	nths (long term)   — # of mo	nths (1-11)		

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

JACK KINDER, MD

PHYSICIAN NAME:

DAT**®***O7 - [***()** *– 2024* 

Patient Name: DANIEL HAMMONDS

Patient Address: 2931 FALCON DR CHARLESTON WV 25312

Patient Phone: 3043433426

Physician Name: JACK KINDER, MD

Address: 600 MORRIS ST SUITE 102 CHARLESTON, WV 25301

Telephone: **3043887130** Fax: **3043887136** 

Patient: **DANIEL HAMMONDS**Date of Birth: **03/27/63**Visit Date: **3 MONTHS AGO** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DANIEL HAMMONDS	Date of Birth:	03/27/63
Age:	61	Phone Number:	3043433426
Address:	2931 FALCON DR	City:	CHARLESTON
State:	wv	Zip Code:	25312
Gender:	MALE	Height:	5'8
Weight:	190	Waist Size	34

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	5KK5UJ5WP60
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## Medications

Current Medication	TYLENOL 2X A DAY
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 3 MONTHS AGO

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

#### **Subjective Notes**

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532-Pain in left wrist, M25.531-Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: JACK KINDER, MD

Address: 600 MORRIS ST SUITE 102 CHARLESTON, WV 25301

Physician's Signature:

Date:

Patient Name: DANIEL HAMMONDS

Patient Address: 2931 FALCON DR CHARLESTON WV 25312

Patient Phone: 3043433426

#### LETTER OF MEDICAL NECESSITY

Re: **DANIEL HAMMONDS**Orthotic Device Need Assessment
Exam Date: **09/09/2024** 

Height: **5'8** Weight: **190** DOB: **03/27/63** 

Mr HAMMONDS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Mr HAMMONDS reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr HAMMONDS and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HAMMONDS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HAMMONDS** continue medical follow-up as part of an ongoing plan of care.

Re: DANIEL HAMMONDS...... DOB: March 27, 1963

I, **JACK KINDER**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

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Date Signed: 10 -10 - 2024