RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
WOMMACK	BARBARA				
LAST NAME	FIRST NAME	MI			
FEMALE	03/04/46	4176783669	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
1204 W MEADOWOOD DR	AURORA	MO 65605			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
3QC2VK8MP81					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION					
KEITH A MEYER, MD		1770667925	1770667925		
PHYSICIAN NAME		NPI #			
		4176785176			
550 S HUDSON AVE AURORA	MO 65605	PHONE NUMBER			
PRACTICE LOCATION		4176780675			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ION				
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical I	□ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) ☑ L1852 – Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L1833 – Knee Brace (Side: □ L □ R) (Size:) ☑ L2397 – Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee arthritis right knee er	☐ M25.522 Pain i☐ M25.521 Pain i	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATIONS

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **1 MONTH**. Patient states pain is **THROBBING** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATUR

KEITH A MEYER, MD

10-23-202

Patient Name: BARBARA WOMMACK

Patient Address: 1204 W MEADOWOOD DR AURORA MO 65605

Patient Phone: 4176783669

Physician Name: **KEITH A MEYER, MD** Address: **550 S HUDSON AVE AURORA MO 65605**

Telephone: 4176785176
Fax: 4176780675

Patient: BARBARA WOMMACK Date of Birth: 03/04/46 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BARBARA WOMMACK	Date of Birth:	03/04/46
Age:	78	Phone Number:	4176783669
Address:	1204 W MEADOWOOD DR	City:	AURORA
State:	мо	Zip Code:	65605
Gender:	FEMALE	Height:	5'1
Weight:	150	Waist Size	MEDIUM

Patient Insurance

Provider: MEDICARE Member ID: 3QC2VK8MP81

Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around 1 MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: PERFORMING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **1 MONTH**. Patient states pain is **THROBBING** with a pain scale of **10** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 1 MONTH located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-23-2024

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: KEITH A MEYER, MD

Address: 550 S HUDSON AVE AURORA MO 65605

Physician's Signature:

Date:

Patient Name: BARBARA WOMMACK

Patient Address: 1204 W MEADOWOOD DR AURORA MO 65605

Patient Phone: 4176783669

LETTER OF MEDICAL NECESSITY

Re: BARBARA WOMMACK Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: 5'1 Weight: 150 DOB: 03/04/46

Ms WOMMACK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms WOMMACK reports chronic LEFT KNEE, RIGHT KNEE pain for 1 MONTH. Patient states pain is THROBBING with a pain scale of 10 and pain worsens with ARTHRITIS. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms WOMMACK and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is PERFORMING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms WOMMACK has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WOMMACK continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA WOMMACK...... DOB: March 04,1946

I. KEITH A MEYER, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed 70 - 23 - 2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive