RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
PRICE	CHARLES			
LAST NAME	FIRST NAME	MI		
FEMALE	03/28/1963	8659884752	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
208 DOGWOOD TER	LENOIR CITY	TN 37771		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
2XH2MY4YT89		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION ALICIA BROOKS, M.D.)N	1760862908		
PHYSICIAN NAME		- NPI #		
		8656716600		
423 MEDICAL PARK DR STE 10	O LENGID CITY TN 27772	PHONE NUMBER		
PRACTICE LOCATION	LENOIR CITT IN 37772	8656716600		
TRACTICE EGGATION		FAX NUMBER		
PRESCRIPTION SELECT	ION			
L3671 - Shoulder Brace (Side: □ L □ R) (Size:)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATUR

ALICIA BROOKS, M.D.
PHYSICIAN NAME:

DATE

DATE:

Patient Name: CHARLES PRICE

Patient Address: 208 DOGWOOD TER LENOIR CITY TN 37771

Patient Phone: 8659884752

Physician Name: ALICIA BROOKS, M.D.

Address: 423 MEDICAL PARK DR STE 100 LENOIR CITY TN

37772

Telephone: **8656716600** Fax: **8656716600**

Patient: CHARLES PRICE Date of Birth: 03/28/1963 Visit Date: 03/27/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

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Patient Name:	CHARLES PRICE	Date of Birth:	03/28/1963
Age:	61	Phone Number:	8659884752
Address:	208 DOGWOOD TER	City:	LENOIR CITY
State:	TN	Zip Code:	37771
Gender:	FEMALE	Height:	5'3
Weight:	209	Waist Size	MEDIUM

Patient Insurance

Provider: MEDICARE Member ID: 2XH2MY4YT89	Provider:		Member ID:	2XH2MY4YT89
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Medications

modifications	
Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced SOMETIMES

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 03/27/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALICIA BROOKS, M.D.

Address: 423 MEDICAL PARK DR STE 100 LENOIR CITY TN 37772

Physician's Signature:

Date:

Patient Name: CHARLES PRICE

Patient Address: 208 DOGWOOD TER LENOIR CITY TN 37771

Patient Phone: 8659884752

LETTER OF MEDICAL NECESSITY

Re: CHARLES PRICE

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: 5'3 Weight: 209 DOB: 03/28/1963

Mr PRICE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr PRICE reports chronic Back pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr PRICE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr PRICE has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr PRICE continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES PRICE...... DOB: MARCH 28, 1963

I, ALICIA BROOKS, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

TA BROOKS, M.D.

Date Signed. 09 - 20 24