P. 001 / 005

# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
DOBENS	ANDREW				
LAST NAME	FIRST NAME	MI			
MALE	01/22/1940	6038679866	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li></li></ul>		
188 MANNING ST	MANCHESTER	NH 03103			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON	SECONDARY INSURANCE			
PRIMARY INSURANCE	•				
6UF2AE3VK81		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N				
BRIAN CLAUSSEN M.D.		1952394538	1952394538		
PHYSICIAN NAME		NPI#	NPI#		
		6036226491			
57 WEBSTER ST STE 110 MAN	CHESTER NH 03104	PHONE NUMBER			
PRACTICE LOCATION		6036631922			
		FAX NUMBER			
DDESCRIPTION SELECTI	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: MEDIUM     L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad     L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)     L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 · Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852 - Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

## **MEDICAL HISTORY**

**Previous treatments: NONE** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: PHYSICIAN NAME: PHYSICIAN NAME:

Patient Name: ANDREW DOBENS

Patient Address: 188 MANNING ST MANCHESTER NH 03103

Patient Phone: 6038679866

Physician Name: BRIAN CLAUSSEN M.D.

Address: 57 WEBSTER ST STE 110 MANCHESTER NH 03104

Telephone: **6036226491** Fax: **6036631922** 

Patient: ANDREW DOBENS
Date of Birth: 01/22/1940
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ANDREW DOBENS	Date of Birth:	01/22/1940
Age:	84	Phone Number:	6038679866
Address:	188 MANNING ST	City:	MANCHESTER
State:	NH	Zip Code:	03103
Gender:	MALE	Height:	5'6
Weight:	220	Waist Size	м

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	6UF2AE3VK81
-----------	----------	------------	-------------

#### **Medications**

Current Medication	NONE
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: WALKING, BENDING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **WALKING**, **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: BRIAN CLAUSSEN M.D.

Address: 57 WEBSTER ST STE 110 MANCHESTER NH 03104

Physician's Signature:

Date:

Patient Name: ANDREW DOBENS

Patient Address: 188 MANNING ST MANCHESTER NH 03103

Patient Phone: 6038679866

## FAMILY PHYSICIANS OF MANCHESTER

#### DV MEDICAL SUPPLY

#### LETTER OF MEDICAL NECESSITY

Re: ANDREW DOBENS

Orthotic Device Need Assessment

Exam Date: 09/18/2024

Height: 5'6 Weight: 220 DOB: 01/22/1940

Mr DOBENS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr DOBENS reports chronic Back pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 5 and pain worsens with WALKING, BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr DOBENS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING**, **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr DOBENS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr DOBENS** continue medical follow-up as part of an ongoing plan of care.

Re: ANDREW DOBENS...... DOB: January 22, 1940

I, **BRIAN CLAUSSEN M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

BRIAN CLAUSSEN M.D.

Signature

Date Signed - 18 - 1024