### **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	ı			
CALDWELL	DIANE			
LAST NAME	FIRST NAME	MI		
FEMALE	12/15/1946	5083397183	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
60 OLD FARM RD	MANSFIELD	MA 02048		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
4GE2EN3RD04		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
PAULA REIS, D.O.		1730116229		
PHYSICIAN NAME		NPI #		
		5087184050		
20 PATRIOT PL FOXBOROUG	H MA 02035	PHONE NUMBER		
PRACTICE LOCATION		5087184051		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
□ L3670 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side:	, ,		ace (Side:   L  R) (Size: )  Id Finger (Side:  L  R) (Size: )	
☐ L3660 - Shoulder Brace (Side:	□ L □ R) (Size: )	☐ L3915 - Wrist Han	d Finger (Side: □ L □ R) (Size: ) ce (Side: ⋈ L ⋈ R) (Size: <b>SMALL</b> )	
<ul><li>□ L0650 - Lumbar Brace (Waist:</li><li>□ L0642 - Lumbar Brace (Waist:</li></ul>	)	☐ <b>L1833</b> – Knee Brad	ce (Side:   R) (Size: )	
<ul><li>□ L0457 - Lumbar Brace (Waist:</li><li>□ L0648 - Lumbar Brace (Waist:</li></ul>	,	<ul><li>✓ L2397 – Knee Slee</li><li>✓ E0100 – Cane</li></ul>	eve (Size: SMALL) (Qty: 2)	
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L</li></ul>	□ P\ (Waist: \	□ <b>L2425</b> – Dial Lock □ <b>L2820</b> – Lower Ext	-	
□ L1686 – Hip Brace (Side: □ L	□ R) (Waist: )	☐ <b>L1971</b> – Ankle Bra	ce (Side: □ L □ R) (Shoe Size: )	
□ L2624 – Hip Joint Adjustable FI □ L3760 – Elbow Brace (Side: □	exion, Extension (Side: □ L □ R) L □ R)	□ <b>L1906</b> – Ankle Bra □ <b>L0174</b> – Cervical E	ce (Side: □ L □ R) (Shoe Size: ) Brace	
		☐ L3170 – Heel Stab	illizer (Side: □ L □ R)	
MEDICAL INFORMATION	N			
ICD 10 (Diagnosis Code(s)):				
<ul><li>M54.50- Low back pain, unspec</li><li>M17.12- Unilateral primary osted</li></ul>		☐ M25.532- Pain i ☐ M25.531 - Pain		
<ul><li>M17.11-Unilateral primary osteo</li><li>M25.512-Pain in the left shoulded</li></ul>	arthritis right knee	☐ M19.072- Osted ☐ M19.071- Osted	parthritis Left Ankle	
☐ M25.511-Pain in the right should		☐ M25.522 Pain ir	n left elbow	
<ul><li>☐ M25.552- Pain in Left Hip</li><li>☐ M25.551- Pain in Right Hip</li></ul>		☐ M25.521 Pain ir ☐ M54.2-Cervical	_	
Length of Need: ⊠ 12+ mor	nths (long term)	nths (1-11)		

#### **MEDICAL HISTORY**

Previous treatments: HEATING PADS, BENGAY, TAKING TYLENOL

Doctor's Notes: The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

### **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PAULA REIS, D.O.

PHYSICIAN SIGNATURE:\_

PHYSICIAN NAME: \_

Patient Name: DIANE CALDWELL

Patient Address: 60 OLD FARM RD MANSFIELD MA 02048

Patient Phone: 5083397183

Physician Name: PAULA REIS, D.O.

Address: 20 PATRIOT PL FOXBOROUGH MA 02035

Telephone: **5087184050** Fax: **5087184051** 

Patient: DIANE CALDWELL Date of Birth: 12/15/1946 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

### **Clinical Summary**

**Patient Demographics** 

Patient Name:	DIANE CALDWELL	Date of Birth:	12/15/1946
Age:	77	Phone Number:	5083397183
Address:	60 OLD FARM RD	City:	MANSFIELD
State:	МА	Zip Code:	02048
Gender:	FEMALE	Height:	5'3
Weight:	115	Waist Size	М

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	4GE2EN3RD04
Provider:	MEDICARE	Member ID:	

#### **Medications**

Current Medication	TYLENOL
Medical History	NONE

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: HEATING PADS, BENGAY, TAKING TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING, WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**, **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's nicrease performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

**ICD 10 (Diagnostic Codes)** 

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PAULA REIS, D.O.

Address: 20 PATRIOT PL FOXBOROUGH MA 02035

Physician's Signature:

Date:

Patient Name: DIANE CALDWELL

Patient Address: 60 OLD FARM RD MANSFIELD MA 02048

Patient Phone: 5083397183

## BRINGHAM AND WOMEN PRIMARY CARE ADDICKS MEDICAL SUPPLY

#### LETTER OF MEDICAL NECESSITY

Re: DIANE CALDWELL

Orthotic Device Need Assessment

Exam Date: 10/05/2024

Height: 5'3 Weight: 115 DOB: 12/15/1946

Ms CALDWELL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms CALDWELL reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING, WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms CALDWELL and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CALDWELL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CALDWELL** continue medical follow-up as part of an ongoing plan of care.

Re: DIANE CALDWELL......DOB: December 15, 1946

I, PAULA REIS, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

**PAULA REIS, I.O.** Signature

Date Signed: -D7- 2029

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

#### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive