RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | | | |
|---|--|---|--|
| GEORGE | DIXIE | | |
| LAST NAME | FIRST NAME | MI | |
| FEMALE | 04/11/1943 | 8435628335 | SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS |
| GENDER | DATE OF BIRTH | PHONE NUMBER | SHIP TO PATIENT'S PHYSICIAN CLINIC |
| 17245 HUNTERS CHAPEL RD | SMOAKS | SC 29481 | |
| ADDRESS | CITY | STATE & ZIPCODE | |
| INSURANCE INFORMATION | DN | | |
| MEDICARE | | | |
| PRIMARY INSURANCE | | SECONDARY INSURANCE | |
| 7GM1KN7FW35 | | | |
| MEMBER ID | | MEMBER ID | |
| PHYSICIAN INFORMATION | N | | |
| JOSEPH FLOWERS, MD | | 1295775708 | |
| PHYSICIAN NAME | | NPI # | |
| | | 843-549-1558 | |
| 107 CHURCH ST WALTERBORO | SC 29488 | PHONE NUMBER | |
| PRACTICE LOCATION | | 843-549-1454 | |
| | | FAX NUMBER | |
| | | | |
| PRESCRIPTION SELECTION | ON | | |
| L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size: MEDIUM) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1974 - Cervical Brace □ L0174 - Cervical Brace □ L3180 - Heel Stabilizer (Side: □ L □ R) | | nd Finger (Side: ⊠ L ⊠ R) (Size: MEDIUM) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) eve (Size:) (Qty:) Hinge ROM tremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) Brace | |
| | | | 1 |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): | thritis left knee hritis right knee | M19.071- Oster M25.522 Pain ir M25.521 Pain ir M54.2-Cervical | in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow |

MEDICAL HISTORY

Previous treatments: TAKING TYLENOL

Doctor's Notes: The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **3 MONTHS**. Patient states pain is **THROBBING** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

PHYSICIAN SIGNATURE:

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

JOSEPH FLOWERS, MD
__ PHYSICIAN NAME: _____

DAT#:0/7/2024

Patient Name: DIXIE GEORGE

Patient Address: 17245 HUNTERS CHAPEL RD SMOAKS SC 29481

Patient Phone: 8435628335

Physician Name: JOSEPH FLOWERS, MD

Address: 107 CHURCH ST WALTERBORO SC 29488 Telephone: 843-549-1558

Fax: **843-549-1454**

Patient: **DIXIE GEORGE**Date of Birth: **04/11/1943**Visit Date: **10/10/2024**Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

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|------------------------|-------------------------|----------------|------------|
| Patient Name: | DIXIE GEORGE | Date of Birth: | 04/11/1943 |
| Age: | 81 | Phone Number: | 8435628335 |
| Address: | 17245 HUNTERS CHAPEL RD | City: | SMOAKS |
| State: | sc | Zip Code: | 29481 |
| Gender: | FEMALE | Height: | 4'11 |
| Weight: | 150 | Waist Size | MEDIUM |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 7GM1KN7FW35 |
|-----------|----------|------------|-------------|
| | | | |

Medications

| Current Medication | TYLENOL |
|--------------------|---------|
| Medical History | NONE |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around 3 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 10/10/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 3 MONTHS. Patient states pain is THROBBING with a pain scale of 10 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 MONTHS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532-Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JOSEPH FLOWERS, MD

Address: 107 CHURCH ST WALTERBORO SC 29488

Physician's Signature:

Patient Name: **DIXIE GEORGE**

Patient Address: 17245 HUNTERS CHAPEL RD SMOAKS SC 29481

Patient Phone: 8435628335

LETTER OF MEDICAL NECESSITY

Re: DIXIE GEORGE

Orthotic Device Need Assessment

Exam Date: 10/17/2024

Height: **4'11** Weight: **150** DOB: **04/11/1943**

Ms GEORGE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms GEORGE reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 3 MONTHS. Patient states pain is THROBBING with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms GEORGE and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms GEORGE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms GEORGE** continue medical follow-up as part of an ongoing plan of care.

Re: DIXIE GEORGE...... DOB: APRIL 11, 1943

I, JOSEPH FLOWERS, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

OSEPH PLOWERS, MD Signature Date Signed: 10/17/2024