RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N		
DAVIS	VICKI		
LAST NAME	FIRST NAME	MI	
FEMALE	02/15/1946	8165251229	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
2121 SE 7TH ST	LEES SUMMIT	MO 64063	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMA	ΓΙΟΝ		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
1XC1M28XX28			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMAT	ON		
RACHEL L HAILEY, MD		1851386932	
PHYSICIAN NAME		NPI #	
		816-524-8488	
2000 SE BLUE PKWY STE 27	DB LEES SUMMIT MO 64086	PHONE NUMBER	
PRACTICE LOCATION		877-422-9013	
		FAX NUMBER	
PRESCRIPTION SELEC	TION		
□ L3660 − Shoulder Brace (Side □ L0650 − Lumbar Brace (Waist □ L0642 − Lumbar Brace (Waist □ L0457 − Lumbar Brace (Waist □ L0648 − Lumbar Brace (Waist □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable F	Matter Brace (Waist:) ■ L1852 – Knee Brace (Side: ■ L ■ R) (Size: MEDIUM) Matter Brace (Waist:) ■ L1851 – Knee Brace (Side: □ L □ R) (Size:) Matter Brace (Waist:) ■ L1833 – Knee Brace (Side: □ L □ R) (Size:)		nd Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: MEDIUM) ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) eve (Size: MEDIUM) (Qty: 2) Hinge ROM tremity Ortho ankle Brace (Side: □ L □ R) (Shoe Size:) Brace
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified coarthritis left knee carthritis right knee er	 □ M25.522 Pain ir □ M25.521 Pain ir □ M54.2-Cervical 	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **9** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

RACHEL L HAILEY, MD

PHYSICIAN NAME: ____

10°=10 - 2024

Patient Name: VICKI DAVIS

Patient Address: 2121 SE 7TH ST LEES SUMMIT MO 64063

Patient Phone: **8165251229**

Physician Name: RACHEL L HAILEY, MD

Address: 2000 SE BLUE PKWY STE 270B LEES SUMMIT MO

64086

Telephone: 816-524-8488 Fax: 877-422-9013 Patient: VICKI DAVIS
Date of Birth: 02/15/1946
Visit Date: 09/03/2024
Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	VICKI DAVIS	Date of Birth:	02/15/1946
Age:	78	Phone Number:	8165251229
Address:	2121 SE 7TH ST	City:	LEES SUMMIT
State:	мо	Zip Code:	64063
Gender:	FEMALE	Height:	5'0
Weight:	150	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	1XC1M28XX28
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Medications

Current Medication	ASPIRIN
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 09/03/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **9** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: RACHEL L HAILEY, MD

Address: 2000 SE BLUE PKWY STE 270B LEES SUMMIT MO 64086

Physician's Signature:

Date:

10 10 - 200

Patient Name: VICKI DAVIS

Patient Address: 2121 SE 7TH ST LEES SUMMIT MO 64063

Patient Phone: 8165251229

LETTER OF MEDICAL NECESSITY

Re: VICKI DAVIS

Orthotic Device Need Assessment

Exam Date: 10/10/2024

Height: 5'0 Weight: 150 DOB: 02/15/1946

Ms DAVIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms DAVIS reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee.

Based on my conversation with Ms DAVIS and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms DAVIS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms DAVIS** continue medical follow-up as part of an ongoing plan of care.

Re: VICKI DAVIS...... DOB: FEBRUARY 15, 1946

I, RACHEL L HAILEY, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: D-10 - 2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive