

ADDICKS MEDICAL SUPPLY

RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION

FINGER

ROSEMARY

LAST NAME

FIRST NAME

MI

FEMALE

08/20/47

6122142723

GENDER

DATE OF BIRTH

PHONE NUMBER

8299 143RD ST W

SAINT PAUL

MN 55124

ADDRESS

CITY

STATE & ZIPCODE

SHIPPING METHOD:

☒ SHIP TO PATIENT'S HOME ADDRESS

☐ SHIP TO PATIENT'S PHYSICIAN CLINIC

INSURANCE INFORMATION

MEDICARE

SECONDARY INSURANCE

PRIMARY INSURANCE

MEMBER ID

2E80KG9JK45

MEMBER ID

PHYSICIAN INFORMATION

KRISHNAKUMARI G PALLEGAR MD

1053377135

PHYSICIAN NAME

NPI #

303 E NICOLLET BLVD BURNSVILLE MN 55337

952-892-8770

PRACTICE LOCATION

PHONE NUMBER

952-892-8770

FAX NUMBER

PRESCRIPTION SELECTION

☐ L3670 – Shoulder Brace (Side: ☐ L ☐ R) (Size:)

☐ L3960 – Shoulder Brace (Side: ☐ L ☐ R) (Size:)

☐ L3660 – Shoulder Brace (Side: ☐ L ☐ R) (Size:)

☐ L0650 – Lumbar Brace (Waist:)

☐ L0642 – Lumbar Brace (Waist:)

☐ L0457 – Lumbar Brace (Waist:)

☐ L0648 – Lumbar Brace (Waist:)

☐ E0100 – Electric Heat Pad

☐ L1690 – Hip Brace (Side: ☐ L ☐ R) (Waist:)

☐ L1686 – Hip Brace (Side: ☐ L ☐ R) (Waist:)

☐ L2624 – Hip Joint Adjustable Flexion, Extension (Side: ☐ L ☐ R)

☐ L3760 – Elbow Brace (Side: ☐ L ☐ R)

☒ L3761 – Elbow Brace (Side: ☒ L ☒ R) (Size: MEDIUM)

☒ L3916 – Wrist Hand Finger (Side: ☒ L ☒ R) (Size: MEDIUM)

☐ L3915 - Wrist Hand Finger (Side: ☐ L ☐ R) (Size:)

☐ L1852 – Knee Brace (Side: ☐ L ☐ R) (Size:)

☐ L1851 – Knee Brace (Side: ☐ L ☐ R) (Size:)

☐ L1833 – Knee Brace (Side: ☐ L ☐ R) (Size:)

☐ L2397 – Knee Sleeve (Size:) (Qty:)

☐ E0100 – Cane

☐ L2425 – Dial Lock Hinge ROM

☐ L2820 – Lower Extremity Ortho

☒ L1906 – Ankle Brace (Side: ☒ L ☒ R) (Shoe Size: 9)

☐ L1971 – Ankle Brace (Side: ☐ L ☐ R) (Shoe Size:)

☐ L0174 – Cervical Brace

☒ L3170 – Heel Stabilizer (Side: ☒ L ☒ R)

MEDICAL INFORMATION

ICD 10 (Diagnosis Code(s)):

☐ M54.50- Low back pain, unspecified

☐ M17.12- Unilateral primary osteoarthritis left knee

☐ M17.11-Unilateral primary osteoarthritis right knee

☐ M25.512-Pain in the left shoulder

☐ M25.511-Pain in the right shoulder

☐ M25.552- Pain in Left Hip

☐ M25.551- Pain in Right Hip

☒ M25.532- Pain in left wrist

☒ M25.531 - Pain in right wrist

☒ M19.072- Osteoarthritis Left Ankle

☒ M19.071- Osteoarthritis Right Ankle

☒ M25.522 Pain in left elbow

☒ M25.521 Pain in right elbow

☐ M54.2-Cervicalgia Pain in Neck

Length of Need:

☒ 12+ months (long term)

☐ ____ # of months (1-11)


MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:  PHYSICIAN NAME: KRISHNAKUMARI G PALLEGAR MD DATE: 08-30-2024

Patient Name: ROSEMARY FINGER
Patient Address: 8299 143RD ST W SAINT PAUL MN 55124
Patient Phone: 6122142723

Physician Name: KRISHNAKUMARI G PALLEGAR MD
Address: 303 E NICOLLET BLVD BURNSVILLE MN 55337
Telephone: 952-892-8770
Fax: 952-892-8770

Patient: ROSEMARY FINGER
Date of Birth: 08/20/47
Visit Date: 2 WEEKS AGO
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	ROSEMARY FINGER	Date of Birth:	08/20/47
Age:	77	Phone Number:	6122142723
Address:	8299 143RD ST W	City:	SAINT PAUL
State:	MN	Zip Code:	55124
Gender:	FEMALE	Height:	5'6
Weight:	240	Waist Size	M TO L

Patient Insurance

Provider:	MEDICARE	Member ID:	2E80KG9JK45
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Medications

Current Medication	TYLENOL
Medical History	DIABETES HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7
The patient's pain started on or around MORE THAN A YEAR
The surgery addressed the following: NA
The pain is experienced SOMETIMES
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION
The patient described their pain as the following: ACHY, SHARP
The activities that make the patient's pain worse is as follows: WALKING
The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on 2 WEEKS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE

Subjective Notes

The patient reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

ADDICKS MEDICAL SUPPLY

Patient's chronic pain is described **ACHY, SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) **L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.**, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **KRISHNAKUMARI G PALLEGAR MD**

Address: **303 E NICOLLET BLVD BURNSVILLE MN 55337**

Physician's Signature:



Date:

08-30-2024

Patient Name: **ROSEMARY FINGER**

Patient Address: **8299 143RD ST W SAINT PAUL MN 55124**

Patient Phone: **6122142723**

ADDICKS MEDICAL SUPPLY

LETTER OF MEDICAL NECESSITY

Re: **ROSEMARY FINGER**
Orthotic Device Need Assessment
Exam Date: **08/29/2024**
Height: **5'6**
Weight: **240**
DOB: **08/20/47**

Ms FINGER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE**.

Ms FINGER reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of 7 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: **M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle**. Based on my conversation with **Ms FINGER** and evaluation of his/her condition, I am ordering the following: **L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER**.

Patient is ambulatory and has weakness of the **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST, RIGHT ANKLE, LEFT ANKLE** requiring stabilization for improvement of functionality. I am prescribing this **WRIST, ELBOW, ANKLE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **WRIST, ELBOW, ANKLE**. My treatment goal(s) for the use of the prescribed **WRIST, ELBOW, ANKLE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms FINGER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms FINGER** continue medical follow-up as part of an ongoing plan of care.

Re: **ROSEMARY FINGER**..... DOB: **August 20, 1947**

I, **KRISHNAKUMARI G PALLEGAR MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.


KRISHNAKUMARI G PALLEGAR MD
Signature

Date Signed: 08-30-2024