# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
TERRELL	BETTY				
LAST NAME	FIRST NAME	MI			
FEMALE	04/11/47	2025471155/2022583121	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
430 4TH ST NE	WASHINGTON	DC 20002			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON .				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
5CA6W99XM60		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N	4500400400			
DR. EDSEL GAYOSO, MD		1528133469			
PHYSICIAN NAME		NPI#			
		202-898-5104			
1011 NORTH CAPITOL STREET	NE WASHINGTON DC 20002	PHONE NUMBER			
PRACTICE LOCATION		202-898-5474			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECTI	ON				
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: SMALL         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		□       L3761 − Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 − Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852− Knee Brace (Side: □ L □ R) (Size: )         □       L1851 − Knee Brace (Side: □ L □ R) (Size: )         □       L1833 − Knee Brace (Side: □ L □ R) (Size: )         □       L2397 − Knee Sleeve (Size: ) (Qty: )         □       E0100 − Cane         □       L2425 − Dial Lock Hinge ROM         □       L2820 − Lower Extremity Ortho         □       L1906 − Ankle Brace (Side: □ L □ R) (Shoe Size: 11)         □       L1971 − Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 − Cervical Brace         □       L3170 − Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	<ul> <li>M25.532- Pain ir</li> <li>M25.531 - Pain ir</li> <li>M19.072- Osteoa</li> <li>M19.071- Osteoa</li> <li>M25.522 Pain in</li> <li>M25.521 Pain in</li> <li>M54.2-Cervicalgi</li> </ul>	n right wrist arthritis Left Ankle arthritis Right Ankle left elbow right elbow		

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back, Both Ankle** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

DR. EDSEL GAYOSO, MD
PHYSICIAN NAME:

DATE:

DATE: 10 - 14- 2624

10/14/2024 02:07 PM DR. EDSEL GAYOSO, MD P. 003 / 005

DV MEDICAL SUPPLY

Patient Name: BETTY TERRELL

Patient Address: 430 4TH ST NE WASHINGTON DC 20002

Patient Phone: 2025471155/2022583121

Physician Name: DR. EDSEL GAYOSO, MD

Address: 1011 NORTH CAPITOL STREET NE WASHINGTON DC

20002

Telephone: 202-898-5104 Fax: 202-898-5474 Patient: **BETTY TERRELL**Date of Birth: **04/11/47**Visit Date: **4 MONTHS AGO**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	BETTY TERRELL	Date of Birth:	04/11/47		
Age:	77	Phone Number:	2025471155/2022583121		
Address:	430 4TH ST NE	City:	WASHINGTON		
State:	DC	Zip Code:	20002		
Gender:	FEMALE	Height:	5'5		
Weight:	130	Waist Size	s		

#### **Patient Insurance**

Provider: MEDICARE Member ID: 5CA6W99XM60
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Resting

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Current Medication	HIGH BLOOD PRESSURE PILLS AND TYLENOL		
Medical History	HIGH BLOOD PRESSURE		

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8	3
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The patient's pain started on or around **OVER A YEAR** 

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back, Both Ankle

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 4 MONTHS AGO

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Both Ankle

#### **Subjective Notes**

The patient reports chronic **Back**, **Both Ankle** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their Back, Both Ankle related to M54.50- Low back pain, unspecified, M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back**, **Both Ankle** Brace to provide support and reduce pain level

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: DR. EDSEL GAYOSO, MD

Address: 1011 NORTH CAPITOL STREET NE WASHINGTON DC 20002

Physician's Signature:

Date:

Patient Name: **BETTY TERRELL** 

Patient Address: 430 4TH ST NE WASHINGTON DC 20002

Patient Phone: 2025471155/2022583121

#### LETTER OF MEDICAL NECESSITY

Re: BETTY TERRELL

Orthotic Device Need Assessment

Exam Date: 10/11/2024

Height: **5'5** Weight: **130** DOB: **04/11/47** 

Ms TERRELL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Both Ankle.

Ms TERRELL reports chronic Back, Both Ankle pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Ms TERRELL and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the **Back, Both Ankle** requiring stabilization for improvement of functionality. I am prescribing this **Back, Both Ankle** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back, Both Ankle**. My treatment goal(s) for the use of the prescribed **Back, Both Ankle** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TERRELL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TERRELL** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY TERRELL...... DOB: April 11, 1947

I, DR. EDSEL GAYOSO, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DE EDSEL GAM DSO, MD

Signature

Date Signed: - 14- 4624