# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
THORNE	DEBORAH			
LAST NAME	FIRST NAME	MI		
FEMALE	12/01/1951	7575154765	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
1200 FORDHAM LN	CHESAPEAKE	VA 23320		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION		1	
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE				
5Y87H89EM75		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	ON			
JANINE MICHELLE FRANK, M	D	1164495800		
PHYSICIAN NAME		NPI#		
		7572615910		
850 KEMPSVILLE RD # 200A N	IORFOLF VA 23502	PHONE NUMBER		
PRACTICE LOCATION		7572614266		
		FAX NUMBER		
PRESCRIPTION SELECT	TION	I		
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         ☑       L0457 - Lumbar Brace (Waist: LARGE         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		□       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 - Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):			in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

## **MEDICAL HISTORY**

**Previous treatments: HEATING PADS** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

JANINE MICHELLE FRANK, MD

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: **DEBORAH THORNE** 

Patient Address: 1200 FORDHAM LN CHESAPEAKE VA 23320

Patient Phone: **7575154765** 

Physician Name: JANINE MICHELLE FRANK, MD Address: 850 KEMPSVILLE RD # 200A NORFOLF VA 23502

Telephone: **7572615910** Fax: **7572614266** 

Patient: **DEBORAH THORNE**Date of Birth: **12/01/1951**Visit Date: **May 2024**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	DEBORAH THORNE	Date of Birth:	12/01/1951	
Age:	72	Phone Number:	7575154765	
Address:	1200 FORDHAM LN	City:	CHESAPEAKE	
State:	VA	Zip Code:	23320	
Gender:	FEMALE	Height:	5'1	
Weight:	165	Waist Size	LARGE	

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	5Y87H89EM75
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#### **Medications**

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Current Medication	DIABETES PILL
Medical History	DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: HEATING PADS

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on May 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# **Subjective Notes**

The patient reports chronic **Back** pain for **SEVERAL YEARS.** Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Sentara Internal Medicine Physicians

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues: To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

JANINE MICHELLE FRANK, MD Provider Name:

Address: 850 KEMPSVILLE RD # 200A NORFOLF VA 23502

Physician's Signature:

Date:

Patient Name: **DEBORAH THORNE** 

Patient Address: 1200 FORDHAM LN CHESAPEAKE VA 23320

Patient Phone: **7575154765** 

#### LETTER OF MEDICAL NECESSITY

Re: **DEBORAH THORNE** 

Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: 5'1 Weight: 165 DOB: 12/01/1951

Ms THORNE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms THORNE reports chronic Back pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms THORNE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms THORNE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms THORNE** continue medical follow-up as part of an ongoing plan of care.

Re: DEBORAH THORNE...... DOB: DECEMBER 01, 1951

I, **JANINE MICHELLE FRANK, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JANINE MICHELE FRANK, MI

Date Signed 0 - 21 - 2024