DV MEDICAL SUPPLY

RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
LUDDON	BARBARA			
LAST NAME	FIRST NAME	MI		
FEMALE	10/13/1943	3603730431	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
165 NW ALTA DR	BREMERTON	WA 98310		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON .			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
9E85TK5NN77				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
ARUNAS BANIONIS DO	•	1801871074		
PHYSICIAN NAME		NPI #		
		3607823200		
9398 RIDGETOP BLVD NW SILV	ERDALE WA 98383	PHONE NUMBER		
PRACTICE LOCATION		3607823240		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELECTION	ON			
L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Flex L3760 - Elbow Brace (Side: □ L □	L □ R) (Size:) L □ R) (Size:) R) (Waist:) R) (Waist:) ion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical □	tremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M25.522 Pain i☐ M25.521 Pain i	i in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

THE DOCTORS CLINIC: RIDGETOP WEST - SILVERDALE

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MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with partiest accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

ARUNAS BANIONIS DO

PHYSICIAN NAME:

ATE: 1024

08/22/2024 12:58 PM THE DOCTORS CLINIC: RIDGETOP WEST - SILVERDALE P. 003 / 006

DV MEDICAL SUPPLY

Patient Name: BARBARA LUDDON

Patient Address: 165 NW ALTA DR BREMERTON WA 98310

Patient Phone: 3603730431

Physician Name: ARUNAS BANIONIS DO

Address: 9398 RIDGETOP BLVD NW SILVERDALE WA 98383

Telephone: **3607823200** Fax: **3607823240**

Patient: BARBARA LUDDON Date of Birth: 10/13/1943 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

· anome bornegrapines			
Patient Name:	BARBARA LUDDON	Date of Birth:	10/13/1943
Age:	80	Phone Number:	3603730431
Address:	165 NW ALTA DR	City:	BREMERTON
State:	WA	Zip Code:	98310
Gender:	FEMALE	Height:	5'6
Weight:	160	Waist Size	XL

Patient Insurance

Provider:	MEDICARE	Member ID:	9E85TK5NN77
Provider:	MEDICARE		

Medications

Current Medication	GABAPENTIN DAILY TYLENOL ONCE A MONTH
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on	a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

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Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ARUNAS BANIONIS DO

Address: 9398 RIDGETOP BLVD NW SILVERDALE WA 98383

Physician's Signature:

Date:

Patient Name: BARBARA LUDDON

Patient Address: 165 NW ALTA DR BREMERTON WA 98310

Patient Phone: 3603730431

THE DOCTORS CLINIC: RIDGETOP WEST - SILVERDALE

DV MEDICAL SUPPLY

LETTER OF MEDICAL NECESSITY

Re: BARBARA LUDDON

Orthotic Device Need Assessment

Exam Date: 08/22/2024

Height: 5'6 Weight: 160 DOB: 10/13/1943

Ms LUDDON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms LUDDON reports chronic LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is DULL with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms LUDDON and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms LUDDON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms LUDDON continue medical follow-up as part of an ongoing plan of care.

of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 18-12-1014

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Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive