RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I			
SICKLER	ELIZABETH			
LAST NAME	FIRST NAME	MI		
FEMALE	07/16/1948	6514637612	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
20165 DONNELLY AVE	FARMINGTON	MN 55024		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE		SESSIBILITY INCOME.		
1GH2MD2WE98		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	ON			
SHERRI OETKEN D.O.		1568699007		
PHYSICIAN NAME		NPI #		
		6514637181		
21260 CHIPPENDALE AVE W	FARMINGTON MN 55024	PHONE NUMBER		
PRACTICE LOCATION		6512410829		
		FAX NUMBER		
PRESCRIPTION SELECT	FION			
L3671 - Shoulder Brace (Side:		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):				

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **8 MONTHS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: DATE:

Patient Name: ELIZABETH SICKLER

Patient Address: 20165 DONNELLY AVE FARMINGTON MN 55024

Patient Phone: 6514637612

Physician Name: SHERRI OETKEN D.O.

Address: 21260 CHIPPENDALE AVE W FARMINGTON MN 55024

Telephone: **6514637181** Fax: **6512410829**

Patient: ELIZABETH SICKLER Date of Birth: 07/16/1948 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

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Patient Name:	ELIZABETH SICKLER	Date of Birth:	07/16/1948
Age:	76	Phone Number:	6514637612
Address:	20165 DONNELLY AVE	City:	FARMINGTON
State:	MN	Zip Code:	55024
Gender:	FEMALE	Height:	5'1
Weight:	105	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	1GH2MD2WE98
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Medications

Current Medication	TYLENOL
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around 8 MONTHS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **8 MONTHS.** Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **8 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SHERRI OETKEN D.O.

Address: 21260 CHIPPENDALE AVE W FARMINGTON MN 55024

Physician's Signature:

Date:

Patient Name: ELIZABETH SICKLER

Patient Address: 20165 DONNELLY AVE FARMINGTON MN 55024

Patient Phone: 6514637612

LETTER OF MEDICAL NECESSITY

Re: ELIZABETH SICKLER

Orthotic Device Need Assessment

Exam Date: 08/27/2024

Height: **5'1** Weight: **105** DOB: **07/16/1948**

Ms SICKLER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms SICKLER reports chronic Back pain for 8 MONTHS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with LIFTING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms SICKLER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SICKLER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SICKLER** continue medical follow-up as part of an ongoing plan of care.

Re: ELIZABETH SICKLER...... DOB: July 16, 1948

I, SHERRI OETKEN D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

SEERRI OETKEN D.O.

Signature

Date Signed: 78-17-1019