# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
BUSHNAQ	FARIHAN			
LAST NAME	FIRST NAME	MI		
FEMALE	10/01/1950	3608660453	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
6331 ELIZAN DR NW	OLYMPIA	WA 98502		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	NN .			
MEDICARE	/I <b>V</b>			
PRIMARY INSURANCE		SECONDARY INSURANCE	_	
9TQ3D64WP11				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	N			
JONATHAN ALBERT JAMITO, M	D	1538712880		
PHYSICIAN NAME		NPI#		
		360-569-9690		
1217 COOPER POINT RD SW # 2	OLYMPIA WA 98502	PHONE NUMBER		
PRACTICE LOCATION		360-569-9690		
		FAX NUMBER		
PRESCRIPTION SELECTION	ON			
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) L0642 - Lumbar Brace (Waist: ) L0457 - Lumbar Brace (Waist: ) L0648 - Lumbar Brace (Waist: ) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L3760 - Elbow Brace (Side: □ L L3760 - Elbow Brace (Side: □ L	L  R) (Size: ) L  R) (Size: )  R) (Waist: ) R) (Waist: ) on, Extension (Side:  L R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	thritis left knee hritis right knee	<ul><li>☐ M25.522 Pain ir</li><li>☐ M25.521 Pain ir</li></ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow	

# MULTICARE FAMILY & INTERNAL MEDICINE - COOPER POINT

### ADDICKS MEDICAL SUPPLY

# **MEDICAL HISTORY**

**Previous treatments: NONE** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	Ē		
•	• •	S .	nd certifying that the above-prescribed item(s) is medically
indicated and necessary and co	nsistent with current acce	epted standards of medical	practice and treatment of this patient's physical condition.
	100.100		JONATHAN ALBERT JAMITO, MD
PHYSICIAN SIGNATURE:	Mid-1	PHYSICIAN NAME: _	DA <b>TG ~ 16 ~ 2074</b>

Patient Name: FARIHAN BUSHNAQ

Patient Address: 6331 ELIZAN DR NW OLYMPIA WA 98502

Patient Phone: 3608660453

Physician Name: JONATHAN ALBERT JAMITO, MD

Address: 1217 COOPER POINT RD SW # 2 OLYMPIA WA 98502

Telephone: 360-569-9690 Fax: 360-569-9690

Patient: FARIHAN BUSHNAQ Date of Birth: 10/01/1950 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

· anome bornegrapines			
Patient Name:	FARIHAN BUSHNAQ	Date of Birth:	10/01/1950
Age:	73	Phone Number:	3608660453
Address:	6331 ELIZAN DR NW	City:	OLYMPIA
State:	WA	Zip Code:	98502
Gender:	FEMALE	Height:	5'2
Weight:	157	Waist Size	L

# **Patient Insurance**

Provider: MEDICARE Member ID: 9TQ3D64WP11	rovider:	MEDICARE	Member ID:	
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#### **Medications**

Current Medication	NONE
Medical History	HIGH BLOOD PRESSURE

### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5
The natient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: STANDING AND WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

## Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 5 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described DULL and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 5. The following activities make the patient's pain worse: STANDING AND WALKING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name: JONATHAN ALBERT JAMITO, MD

Address: 1217 COOPER POINT RD SW # 2 OLYMPIA WA 98502

Physician's Signature:

Date:

Patient Name: FARIHAN BUSHNAQ

Patient Address: 6331 ELIZAN DR NW OLYMPIA WA 98502

Patient Phone: 3608660453

# LETTER OF MEDICAL NECESSITY

Re: FARIHAN BUSHNAQ

Orthotic Device Need Assessment

Exam Date: 09/25/2024

Height: **5'2** Weight: **157** DOB: **10/01/1950** 

Ms BUSHNAQ is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms BUSHNAQ reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 5 and pain worsens with STANDING AND WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BUSHNAQ and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **STANDING AND WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BUSHNAQ** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BUSHNAQ** continue medical follow-up as part of an ongoing plan of care.

Re: FARIHAN BUSHNAQ...... DOB: October 01, 1950

I, JONATHAN ALBERT JAMITO, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JONATHAN ALBERT JAMITO, MD

Date Signed: <u>19-15-1074</u>

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive