RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
JOHNSON	CAROL				
LAST NAME	FIRST NAME	MI			
FEMALE	11/27/48	5092356755	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
41317 S LONG RD	CHENEY	WA 99004			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
5JE7VC1GH78		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATIO	N				
BENJAMIN HUBBARD, D.O.	IN.	1154588978			
PHYSICIAN NAME		NPI #	NPI #		
		5095346820			
731 N STANLEY ST MEDICAL L	AKF WA 99022	PHONE NUMBER			
PRACTICE LOCATION		5095346821	5095346821		
		FAX NUMBER	AX NUMBER		
DDESCRIPTION SELECT	ON.				
RESCRIPTION SELECT L3671 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle: □ L3760 - Elbow Brace (Side: □ L	L	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	tremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	 □ M25.522 Pain in M25.521 Pain in M54.2-Cervical 	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: METHADONE

Doctor's Notes: The patient reports chronic **Back** pain for **10-15 YEARS**. Patient states pain is **ACHY** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribing and necessary and condistent with current accepted standards of medical practice and treatment of this patients.	
PHYSICIAN SIGNATURE PHYSICIAN NAME:	90=16-1024

Patient Name: CAROL JOHNSON

Patient Address: 41317 S LONG RD CHENEY WA 99004

Patient Phone: 5092356755

Physician Name: BENJAMIN HUBBARD, D.O.

Address: 731 N STANLEY ST MEDICAL LAKE WA 99022

Telephone: **5095346820** Fax: **5095346821**

Patient: CAROL JOHNSON
Date of Birth: 11/27/48
Visit Date: 2 WEEKS AGO
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CAROL JOHNSON	Date of Birth:	11/27/48
Age:	76	Phone Number:	5092356755
Address:	41317 S LONG RD	City:	CHENEY
State:	WA	Zip Code:	99022
Gender:	FEMALE	Height:	4'10
Weight:	130	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	5JE7VC1GH78

Resting

Current Medication	METHADONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10	
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The patient's pain started on or around 10-15 YEARS

The surgery addressed the following: NA

The pain is experienced DAILY

The patient has attempted the following previous treatments/therapies: PAIN MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 WEEKS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **10-15 YEARS.** Patient states pain is **ACHY** with a pain scale of **10** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 10-15 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-16-2024

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **BENJAMIN HUBBARD, D.O.**

Address: 731 N STANLEY ST MEDICAL LAKE WA 99022

Physician's Signature:

Date:

Patient Name: CAROL JOHNSON

Patient Address: 41317 S LONG RD CHENEY WA 99004

Patient Phone: **5092356755**

LETTER OF MEDICAL NECESSITY

Re: CAROL JOHNSON

Orthotic Device Need Assessment

Exam Date: 10/15/2024

Height: **4'10** Weight: **130** DOB: **11/27/48**

Ms JOHNSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms JOHNSON reports chronic Back pain for 10-15 YEARS. Patient states pain is ACHY with a pain scale of 10 and pain worsens with DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms JOHNSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DAILYACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms JOHNSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms JOHNSON** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL JOHNSON...... DOB: November 27, 1948

I, **BENJAMIN HUBBARD**, **D.O.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

BENJAMIN HUBBARD, I

Date Signed: 10 - 16 Will