## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
GARDNER	CHARLES				
LAST NAME	FIRST NAME	MI			
MALE	07/25/1950	6628202546	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li></li></ul>		
16 PARK RD	GLEN ALLAN	MS 38744			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE	_	SECONDARY INSURANCE			
PRIMARY INSURANCE 7CX3K04WU72					
MEMBER ID		MEMBER ID			
WEWDER ID					
PHYSICIAN INFORMATIO	N				
BILL MADDOX DO		1225256381			
PHYSICIAN NAME		NPI#			
		6623780283			
867 HIGHWAY 1 S GREENVILLI	E MS 38701	PHONE NUMBER			
PRACTICE LOCATION		6623323316			
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) □ L0642 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □ L	□ L □ R) (Size: ) □ L □ R) (Size: ) □ L □ R) (Size: )  8)  □ R) (Waist: ) □ R) (Waist: ) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Es □ L1906 / L1971 − / □ L0174 − Cervical	xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size: )		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li><li>☐ M54.2-Cervical</li></ul>	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow		

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

HYSICIAN NAME:

PHYSICIAN SIGNATURE

**BILL MADDOX DO** 

DATE - 04 - 2024

Patient Name: CHARLES GARDNER

Patient Address: 16 PARK RD GLEN ALLAN MS 38744

Patient Phone: 6628202546

Physician Name: BILL MADDOX DO

Address: 867 HIGHWAY 1 S GREENVILLE MS 38701

Telephone: 6623780283 Fax: 6623323316 Patient: CHARLES GARDNER
Date of Birth: 07/25/1950
Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

Patient Name:	CHARLES GARDNER	Date of Birth:	07/25/1950
Age:	74	Phone Number:	6628202546
Address:	16 PARK RD	City:	GLEN ALLAN
State:	MS	Zip Code:	38744
Gender:	MALE	Height:	5'10
Weight:	205	Waist Size	38

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	7CX3K04WU72
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#### Medications

Current Medication	MEDICATION FOR HIGH BLOOD PRESSURE
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The	paın	level	was	inc	dicate	on a scale of 1-10 as the following: 8	
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The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

## **Subjective Notes**

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

#### Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: BILL MADDOX DO

Address: 867 HIGHWAY 1 S GREENVILLE MS 38701

Physician's Signature:

Date:

Patient Name: CHARLES GARDNER

Patient Address: 16 PARK RD GLEN ALLAN MS 38744

Patient Phone: 6628202546

## LETTER OF MEDICAL NECESSITY

Re: CHARLES GARDNER Orthotic Device Need Assessment

Exam Date: 08/06/2024 Height: 5'10

Weight: 205 DOB: 07/25/1950

Mr GARDNER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE.

Mr GARDNER reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr GARDNER and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC). MEDIAL-LATERAL AND ROTATION CONTROL. WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT. PREFABRICATED. OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Mr GARDNER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr GARDNER continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES GARDNER...... DOB: July 25, 1950

I, BILL MADDOX DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 08-04-2024

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive