RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I				
ANTHONY	CAROL				
LAST NAME	FIRST NAME	MI			
FEMALE	12/05/1952	5732200572	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
1650 SUNNYSIDE PL	FULTON	MO 65251			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ION		,		
MEDICARE					
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
5HX0WF7PH23					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION	ON				
JACK WELLS M.D.		1629042882			
PHYSICIAN NAME		NPI #			
		5738847733			
551 VETERANS UNITED DR C	OLUMBIA MO 65201	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		5738826228			
		FAX NUMBER			
DDESCRIPTION SELECT	FION				
PRESCRIPTION SELECT					
□ L3960 / L3670 − Shoulder Brace □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist:	□ L □ R) (Size:)	☐ L3916 – Wrist Har	ace (Side: □ L □ R) (Size:) ad Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:)		
□ L0642 – Lumbar Brace (Waist:□ L0457 – Lumbar Brace (Waist:	•		ce (Side: ⊠ L ⊠ R) (Size: MEDIUM) ce (Side: □ L □ R) (Size:)		
□ L0648 – Lumbar Brace (Waist:		□ L1833 – Knee Bra	ce (Side: ☐ L ☐ R) (Size:)		
□ E0100 – Electric Heat Pad□ L1690 – Hip Brace (Side: □ L	□ R) (Waist:)	✓ L2397 – Knee Slee✓ E0100 – Cane	eve (Size: MEDIUM) (Qty: 2)		
□ L1686 - Hip Brace (Side: □ L□ L2624 - Hip Joint Adjustable FI	☐ R) (Waist:) exion, Extension (Side: ☐ L ☐ R)	 □ L2425 – Dial Lock □ L2820 – Lower Ex 			
□ L3760 – Elbow Brace (Side: □		□ L1906 / L1971 – A	nkle Brace (Side: ☐ L ☐ R) (Shoe Size:)		
			orlace oillizer (Side: □ L □ R)		
MEDICAL INFORMATIO	N				
ICD 10 (Diagnosis Code(s)):					
☐ M54.50- Low back pain, unspec☑ M17.12- Unilateral primary osted		☐ M25.532- Pain ☐ M25.531 - Pain			
M17.11-Unilateral primary osteoM25.512-Pain in the left shoulded	arthritis right knee	☐ M19.072- Osted☐ M19.071- Osted	parthritis Left Ankle		
☐ M25.511-Pain in the right should		☐ M25.522 Pain ii	n left elbow		
 □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip □ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain in Neck 					
Length of Need: ⊠ 12+ more	nths (long term) — # of mo	nths (1-11)			

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

THYSICIAN NAME:

PHYSICIAN SIGNATURE:

JACK WELLS M.D.

DATE 06.28.2024

Patient Name: CAROL ANTHONY

Patient Address: 1650 SUNNYSIDE PL FULTON MO 65251

Patient Phone: 5732200572

Physician Name: JACK WELLS M.D.

Address: 551 VETERANS UNITED DR COLUMBIA MO 65201

Telephone: 5738847733 Fax: 5738826228 Patient: CAROL ANTHONY Date of Birth: 12/05/1952 Visit Date: 07/07/2023 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CAROL ANTHONY	Date of Birth:	12/05/1952
Age:	71	Phone Number:	5732200572
Address:	1650 SUNNYSIDE PL	City:	FULTON
State:	МО	Zip Code:	65251
Gender:	FEMALE	Height:	5'4
Weight:	160	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	5HX0WF7PH23
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 07/07/2023

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JACK WELLS M.D.

Address: 551 VETERANS UNITED DR COLUMBIA MO 65201

Physician's Signature:

Date:

Patient Name: CAROL ANTHONY

Patient Address: 1650 SUNNYSIDE PL FULTON MO 65251

Patient Phone: **5732200572**

LETTER OF MEDICAL NECESSITY

Re: CAROL ANTHONY

Orthotic Device Need Assessment

Exam Date: 06/28/2024

Height: **5'4** Weight: **160** DOB: **12/05/1952**

Ms ANTHONY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms ANTHONY reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of 7 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms ANTHONY and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ANTHONY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ANTHONY** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL ANTHONY...... DOB: December 05, 1952

I, **JACK WELLS M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 16.28.2024

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive