RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
ELLIS	BRENDA		
LAST NAME	FIRST NAME	MI	
FEMALE	04/07/1945	9318536166	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
546 N MAIN ST	LORETTO	TN 38469	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
7T29KD7CF15			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	N		
MATTHEW SCHANTZ, MD		1427096262	
PHYSICIAN NAME		NPI #	
		9318536136	
206 S MILITARY ST LORETTO T	N 38469	PHONE NUMBER	
PRACTICE LOCATION		9318536137	
		FAX NUMBER	
PRESCRIPTION SELECTION	ON		
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: SMALL) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: SMALL) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0649 - Hip Brace (Side: □ L □ R) (Waist:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ L2425 - Dial Lock Hinge ROM □ L1660 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3180 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: ⊠ L ⊠ R) (Size: SMALL) nd Finger (Side: □ L □ R) (Size:) nce (Side: □ L □ R) (Shoe Size:) nce (Side: □ L □ R) (Shoe Size:) nce (Side: □ L □ R) (Shoe Size:) nce (Side: □ L □ R) (Shoe Size:)	
			-
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecifie M17.12- Unilateral primary osteoan M17.11-Unilateral primary osteoan M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip	thritis left knee hritis right knee	 □ M19.071- Oste ⋈ M25.522 Pain i ⋈ M25.521 Pain i □ M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow

MEDICAL HISTORY

Previous treatments: TAKING PAIN MEDICINE

Doctor's Notes: The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **2 MONTHS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

MATTHEW SCHANTZ, MD

PHYSICIAN NAME:

10-10-10U

Patient Name: BRENDA ELLIS

Patient Address: 546 N MAIN ST LORETTO TN 38469

Patient Phone: 9318536166

Physician Name: MATTHEW SCHANTZ, MD Address: 206 S MILITARY ST LORETTO TN 38469

Telephone: **9318536136** Fax: **9318536137**

Patient: BRENDA ELLIS Date of Birth: 04/07/1945 Visit Date: June 24, 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	BRENDA ELLIS	Date of Birth:	04/07/1945
Age:	79	Phone Number:	9318536166
Address:	546 N MAIN ST	City:	LORETTO
State:	TN	Zip Code:	38469
Gender:	FEMALE	Height:	5'3
Weight:	130	Waist Size	SMALL

Patient Insurance

Provider:	MEDICARE	Member ID:	7T29KD7CF15

Medications

Current Medication	ALEVE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around 2 MONTHS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING PAIN MEDICINE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on June 24, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **2 MONTHS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 MONTHS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532-Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-10-2024

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MATTHEW SCHANTZ, MD

Address: 206 S MILITARY ST LORETTO TN 38469

Physician's Signature:

Date:

Patient Name: **BRENDA ELLIS**

Patient Address: 546 N MAIN ST LORETTO TN 38469

Patient Phone: 9318536166

LETTER OF MEDICAL NECESSITY

Re: BRENDA ELLIS

Orthotic Device Need Assessment

Exam Date: 10/10/2024

Height: **5'3** Weight: **130** DOB: **04/07/1945**

Ms ELLIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms ELLIS reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 2 MONTHS. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms ELLIS and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ELLIS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ELLIS** continue medical follow-up as part of an ongoing plan of care.

Re: BRENDA ELLIS...... DOB: APRIL 07, 1945

I, MATTHEW SCHANTZ, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MATTHEW SCHANTZ, MD

Signature

Date Signed: 10 - 10 - 2021