RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
WILLIAMS JR	BRYAN			
LAST NAME	FIRST NAME	MI		
MALE	09/15/1950	8179138653	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
340 APACHE	QUITMAN	TX 75783		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	DN .			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
1EJ5C95MC87				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	MI			
SCOTT OLSON MD	N	1730279639		
PHYSICIAN NAME		NPI #		
		903-763-2421		
200 F 00 0DF 0T 0TF 400 01	44N TV 75700	PHONE NUMBER		
606 E GOODE ST STE 100 QUITI	MAN TX 75783			
PRACTICE LOCATION		903-763-0812 FAX NUMBER		
PRESCRIPTION SELECTION	ON.			
BRESCRIPTION SELECTION □ L3960 / L3670 - Shoulder Brace (Side: □ □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ □ L1686 - Hip Brace (Side: □ L □ □ L2624 - Hip Joint Adjustable Flexi □ L3760 - Elbow Brace (Side: □ L	Side: □ L □ R) (Size:) L □ R) (Size:) R) (Waist:) R) (Waist:) ion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slae □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A	tremity Ortho .nkle Brace (Side: □ L □ R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	thritis left knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M25.531 - Pain ☐ M19.072- Osted ☐ M19.071- Osted ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicale	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:_

SCOTT OLSON MD

_ DATE: 57.08.2024

Patient Name: BRYAN WILLIAMS JR

Patient Address: 340 APACHE QUITMAN TX 75783

Patient Phone: 8179138653

Physician Name: SCOTT OLSON MD

Address: 606 E GOODE ST STE 100 QUITMAN TX 75783

Telephone: 903-763-2421 Fax: 903-763-0812 Patient: BRYAN WILLIAMS JR Date of Birth: 09/15/1950 Visit Date: April 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BRYAN WILLIAMS JR	Date of Birth:	09/15/1950
Age:	73	Phone Number:	8179138653
Address:	340 APACHE	City:	QUITMAN
State:	тх	Zip Code:	75783
Gender:	MALE	Height:	5'9
Weight:	222	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	1EJ5C95MC87
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Medications

Current Medication	TYLENOL
Medical History	TYPE 2 DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around 3 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on April 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 YEARS located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SCOTT OLSON MD

Address: 606 E GOODE ST STE 100 QUITMAN TX 75783

Physician's Signature:

Date: 57-08-2024

Patient Name: BRYAN WILLIAMS JR

Patient Address: 340 APACHE QUITMAN TX 75783

Patient Phone: 8179138653

LETTER OF MEDICAL NECESSITY

Re: **BRYAN WILLIAMS JR** Orthotic Device Need Assessment

Exam Date: 07/08/2024

Height: 5'9 Weight: 222 DOB: 09/15/1950

Mr WILLIAMS JR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Mr WILLIAMS JR reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **SHARP** with a pain scale of 8 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr WILLIAMS JR and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr WILLIAMS JR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr WILLIAMS JR** continue medical follow-up as part of an ongoing plan of care.

Re: BRYAN WILLIAMS JR...... DOB: September 15, 1950

I, **SCOTT OLSON MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 57.08.2024

Signature

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive