# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
PAYNE	BETTY			
LAST NAME	FIRST NAME	MI		
FEMALE	12/02/1948	5407183176	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
10397 CARROL CT	KING GEORGE	VA 22485		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON.			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE	<del>_</del>	
3AQ0Q17NQ23				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
SARAH LEE M.D.		1760917090		
PHYSICIAN NAME		NPI#		
		8044233636		
2384 COLONY CROSSING PL M	IDLOTHIAN VA 23112	PHONE NUMBER		
PRACTICE LOCATION		8044233637		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         L0650 - Lumbar Brace (Waist: )         L0642 - Lumbar Brace (Waist: )         L0457 - Lumbar Brace (Waist: LARGE)         L0648 - Lumbar Brace (Waist: )         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □ L □ R) (Waist: )         L1686 - Hip Brace (Side: □ L □ R) (Waist: )         L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: 6)         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	<ul><li>✓ M19.071- Osteo</li><li>✓ M25.522 Pain ii</li><li>✓ M25.521 Pain ii</li></ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow	

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LOWER BACK**, **RIGHT ANKLE AND LEFT ANKLE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: CONTROL OF C

Patient Name: BETTY PAYNE

Patient Address: 10397 CARROL CT KING GEORGE VA 22485

Patient Phone: 5407183176

Physician Name: SARAH LEE M.D.

Address: 2384 COLONY CROSSING PL MIDLOTHIAN VA 23112

Telephone: 8044233636 Fax: 8044233637

Patient: BETTY PAYNE Date of Birth: 12/02/1948 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BETTY PAYNE	Date of Birth:	12/02/1948
Age:	75	Phone Number:	5407183176
Address:	10397 CARROL CT	City:	KING GEORGE
State:	VA	Zip Code:	22485
Gender:	FEMALE	Height:	4'11
Weight:	160	Waist Size	L

# **Patient Insurance**

Provider:	MEDICARE	Member ID:	3AQ0Q17NQ23
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#### **Medications**

Current Medication	TYLENOL (2X A DAY)
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around MORE THAN A YEAR
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION
The patient described their pain as the following: ACHY
The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LOWER BACK, RIGHT ANKLE AND LEFT ANKLE

The patient's pain is caused by **ARTHRITIS** 

The last time the patient has seen the doctor was on WITHIN A YEAR

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, RIGHT ANKLE AND LEFT <u>ANK</u>LE

#### Subjective Notes

The patient reports chronic LOWER BACK, RIGHT ANKLE AND LEFT ANKLE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, RIGHT ANKLE AND LEFT ANKLE related to M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: WALKING. Patient needs a BACK, RIGHT ANKLE AND LEFT ANKLE Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SARAH LEE M.D.

Address: 2384 COLONY CROSSING PL MIDLOTHIAN VA 23112

Physician's Signature:

Date:

Patient Name: **BETTY PAYNE** 

Patient Address: 10397 CARROL CT KING GEORGE VA 22485

Patient Phone: 5407183176

### LETTER OF MEDICAL NECESSITY

Re: **BETTY PAYNE** 

Orthotic Device Need Assessment

Exam Date: 06/07/2024

Height: **4'11** Weight: **150** DOB: **12/02/1948** 

Ms PAYNE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, RIGHT ANKLE AND LEFT ANKLE.

Ms PAYNE reports chronic LOWER BACK, RIGHT ANKLE AND LEFT ANKLE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Ms PAYNE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LOWER BACK, RIGHT ANKLE AND LEFT ANKLE requiring stabilization for improvement of functionality. I am prescribing this BACK AND ANKLE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the BACK AND ANKLE. My treatment goal(s) for the use of the prescribed BACK AND ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms PAYNE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms PAYNE** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY PAYNE...... DOB: December 02, 1948

I, **SARAH LEE M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

SARAH LEE M.D.

Date Signed: \_\_\_\_\_\_\_