RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
GRAY	CORNELL			
LAST NAME	FIRST NAME	MI		
MALE	08/15/1955	3023445315	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 	
27914 N PINE RIDGE DR LOT	SEAFORD	DE 19973		
44	CITY	STATE & ZIPCODE		
ADDRESS				
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
1NK9T29TH33		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATIO	N			
MICHELLE TALAG, APRN, FNP-	·c	1114319738		
PHYSICIAN NAME		NPI#		
		302-990-3300		
100 RAWLINS DR SEAFORD DE	E 19973	PHONE NUMBER		
PRACTICE LOCATION		302-990-3229		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
L3671 - Shoulder Brace (Side:		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M25.531 - P☐ M19.072- O☐ M19.071- O☐ M25.522 P☐ M25.522 P☐ M25.521 P☐	steoarthritis Left Ankle Isteoarthritis Right Ankle ain in left elbow	

MEDICAL HISTORY

Previous treatments: HEATING PAD

Doctor's Notes: The patient reports chronic **Back** pain for **6 MONTHS**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

MICHELLE TALAG, APRN, FNP-C

PHYSICIAN NAME: _____ DATE

18-10-2029

Patient Name: CORNELL GRAY

Patient Address: 27914 N PINE RIDGE DR LOT 44 SEAFORD DE 19973

Patient Phone: 3023445315

Physician Name: MICHELLE TALAG, APRN, FNP-C Address: 100 RAWLINS DR SEAFORD DE 19973

Telephone: **302-990-3300** Fax: **302-990-3229**

Patient: CORNELL GRAY Date of Birth: 08/15/1955 Visit Date: 09/18/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CORNELL GRAY	Date of Birth:	08/15/1955
Age:	69	Phone Number:	3023445315
Address:	27914 N PINE RIDGE DR LOT 44	City:	SEAFORD
State:	DE	Zip Code:	19973
Gender:	MALE	Height:	5'6
Weight:	220	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	1NK9T29TH33
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Medications

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 6 MONTHS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: HEATING PAD

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 09/18/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **6 MONTHS.** Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **6 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MICHELLE TALAG, APRN, FNP-C

Address: 100 RAWLINS DR SEAFORD DE 19973

Physician's Signature:

Date:

Patient Name: CORNELL GRAY

Patient Address: 27914 N PINE RIDGE DR LOT 44 SEAFORD DE 19973

Patient Phone: 3023445315

LETTER OF MEDICAL NECESSITY

Re: CORNELL GRAY

Orthotic Device Need Assessment

Exam Date: 10/09/2024

Height: 5'6 Weight: 220 DOB: 08/15/1955

Mr GRAY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr GRAY reports chronic Back pain for 6 MONTHS. Patient states pain is DULL with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr GRAY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr GRAY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr GRAY continue medical follow-up as part of an ongoing plan of care.

Re: CORNELL GRAY...... DOB: AUGUST 15, 1955

I, MICHELLE TALAG, APRN, FNP-C, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signatu