RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION						
CUNDALL	ANA					
LAST NAME	FIRST NAME					
FEMALE	04/21/46	4044357473	SHIPPING METHOD:			
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC			
204 KENSINGTON TRACE	CANTON	GA 30115				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATION						
MEDICARE		SECONDARY INSURANCE				
PRIMARY INSURANCE		SECONDART INSURANCE				
2M73EP3NN76		MEMBER ID				
MEMBER ID						
PHYSICIAN INFORMATION	DN .					
EILEEN BORKOVICH, APRN		1043529829				
PHYSICIAN NAME		NPI #				
		6783252250				
4475 HOLOOMB BRIDGE BR C	TE 400 DOOMELL OA 00070	PHONE NUMBER				
1475 HOLCOMB BRIDGE RD S	TE 129 ROSWELL GA 30076					
FRACTICE LOCATION		6783252261 FAX NUMBER				
DDESCRIPTION SELECT	ION					
PRESCRIPTION SELECT	ION					
☐ L3671 – Shoulder Brace (Side: ☐ L3960 – Shoulder Brace (Side: ☐	, , , , ,	□ L3761 – Elbow Brace (Side: □ L □ R) (Size:)				
☐ L3660 – Shoulder Brace (Side: [□ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) 				
□ L0650 – Lumbar Brace (Waist:			ce (Side: L R) (Size:)			
□ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: MEDIUM			ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)			
L0457 – Lumbar Brace (Waist: MEDIUM L0648 – Lumbar Brace (Waist:)			, , ,			
□ E0100 – Electric Heat Pad		□ E0100 – Cane				
L1690 – Hip Brace (Side: D L			· · · · · · · · · · · · · · · · · · ·			
□ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2820 – Lower Extremity Ortho □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 – Ankle Brace (Side: □ L □			ace (Side: L R) (Shoe Size:)			
□ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:)						
MEDICAL INFORMATION						
ICD 10 (Diagnosis Code(s)):						
M54.50- Low back pain, unspecified		☐ M25.532- Pain in left wrist				
☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee		 ☐ M25.531 - Pain in right wrist ☐ M19.072- Osteoarthritis Left Ankle				
☐ M25.512-Pain in the left shoulder	_		oarthritis Right Ankle			
☐ M25.511-Pain in the right shoulder		☐ M25.522 Pain i				
M25.552- Pain in Left Hip		☐ M25.521 Pain in right elbow☐ M54.2-Cervicalgia Pain neck				
☐ M25.551- Pain in Right Hip		⊔ M54.2-Cervical	yıa raili neck			
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)						

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: 10 - 15 - 30

Patient Name: ANA CUNDALL

Patient Address: 204 KENSINGTON TRACE CANTON GA 30115

Patient Phone: 4044357473

Physician Name: EILEEN BORKOVICH, APRN

Address: 1475 HOLCOMB BRIDGE RD STE 129 ROSWELL GA

30076

Telephone: 6783252250 Fax: 6783252261 Patient: ANA CUNDALL Date of Birth: 04/21/46 Visit Date: 6 MONTHS AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

Tationt Demographics				
Patient Name:	ANA CUNDALL	Date of Birth:	04/21/46	
Age:	78	Phone Number:	4044357473	
Address:	204 KENSINGTON TRACE	City:	CANTON	
State:	GA	Zip Code:	30115	
Gender:	FEMALE	Height:	5.9	
Weight:	130	Waist Size	м	

Patient Insurance

Provider: MEDICARE Member ID: 2M73EP3NN76	
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Resting

Current Medication	ADVIL	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **RESTING**

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 6 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR.** Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

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Physician Information

Provider Name: EILEEN BORKOVICH, APRN

Address: 1475 HOLCOMB BRIDGE RD STE 129 ROSWELL GA 30076

Physician's Signature:

Date:

Patient Name: ANA CUNDALL

Patient Address: 204 KENSINGTON TRACE CANTON GA 30115

Patient Phone: 4044357473

LETTER OF MEDICAL NECESSITY

Re: ANA CUNDALL

Orthotic Device Need Assessment

Exam Date: 10/14/2024

Height: **5.9** Weight: **130** DOB: **04/21/46**

Ms CUNDALL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms CUNDALL reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms CUNDALL and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CUNDALL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CUNDALL** continue medical follow-up as part of an ongoing plan of care.

Re: ANA CUNDALL..... DOB: April 21, 1946

I, **EILEEN BORKOVICH**, **APRN**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

EILEEN BORKOVICH, APRN

Signature

Date Signed:

10-15-22