RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION						
BENDER	COLLEEN	s				
LAST NAME	FIRST NAME	MI				
FEMALE	04/04/40	9898684530	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS			
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC			
2233 S VAN BUREN RD	REESE	MI 48757				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATION						
MEDICARE						
PRIMARY INSURANCE		SECONDARY INSURANCE				
4DX5QG6VC50		MEMBER ID				
MEMBER ID						
PHYSICIAN INFORMATIO	DUVEICIAN INFORMATION					
ALLISON NICHOL, D.O.		1457664682	1457664682			
PHYSICIAN NAME		NPI #	NPI#			
		9896521430				
600 N MAIN ST STE 210 FRANK	ENMUTH MI 48734	PHONE NUMBER	PHONE NUMBER			
PRACTICE LOCATION		9896521440	9896521440			
		FAX NUMBER				
DDESCRIPTION SELECT	ON					
PRESCRIPTION SELECTION □ L3671 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: SMALL □ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 – Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	□ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):						

MEDICAL HISTORY

Previous treatments: EXERCISE

Doctor's Notes: The patient reports chronic **Back** pain for **5 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

ALLISON NICHOL, D.O.

PHYSICIAN NAME: _____

<u> - 18 - 2024</u>

Patient Name: COLLEEN S BENDER

Patient Address: 2233 S VAN BUREN RD REESE MI 48757

Patient Phone: 9898684530

Physician Name: ALLISON NICHOL, D.O.

Address: 600 N MAIN ST STE 210 FRANKENMUTH MI 48734

Telephone: **9896521430** Fax: **9896521440**

Patient: COLLEEN S BENDER Date of Birth: 04/04/40 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	COLLEEN S BENDER	Date of Birth:	04/04/40
Age:	84	Phone Number:	9898684530
Address:	2233 S VAN BUREN RD	City:	REESE
State:	МІ	Zip Code:	48757
Gender:	FEMALE	Height:	5'7
Weight:	135	Waist Size	SMALL

Patient Insurance

Medications

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 5 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: PERFORMING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **5 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **5 YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALLISON NICHOL, D.O.

Address: 600 N MAIN ST STE 210 FRANKENMUTH MI 48734

Physician's Signature:

Patient Name: COLLEEN S BENDER

Patient Address: 2233 S VAN BUREN RD REESE MI 48757

Patient Phone: 9898684530

LETTER OF MEDICAL NECESSITY

Re: COLLEEN S BENDER

Orthotic Device Need Assessment

Exam Date: 10/17/2024

Height: **5'7** Weight: **135** DOB: **04/04/40**

Ms BENDER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BENDER reports chronic Back pain for 5 YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with WEAR AND TEAR. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BENDER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BENDER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BENDER** continue medical follow-up as part of an ongoing plan of care.

Re: COLLEEN S BENDER...... DOB: April 04,1940

I, **ALLISON NICHOL**, **D.O**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ALLISON NACHOŁ, D.O. Signature