# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
RUTKOWSKI	CAROLYN			
LAST NAME	FIRST NAME	MI		
FEMALE	08/17/46	9723940683	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
1405 JEANETTE WAY	CARROLLTON	TX 75006		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
9HH3F28MW11		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATIO	)N			
DR. HUMZA SIDDIQI MD		1215284187		
PHYSICIAN NAME		NPI#		
		2146453900		
8194 WALNUT HILL LANE BUIL	DING 5 SUITE 100 DALLAS TX	PHONE NUMBER		
75231		2146459854		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELECTION	ION			
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: LARGE         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852- Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):				

#### **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: DATE:

09/12/2024 03:32 PM DR. HUMZA SIDDIQI MD P. 003 / 005

DV MEDICAL SUPPLY

Patient Name: CAROLYN RUTKOWSKI

Patient Address: 1405 JEANETTE WAY CARROLLTON TX 75006

Patient Phone: 9723940683

Physician Name: DR. HUMZA SIDDIQI MD

Address: 8194 WALNUT HILL LANE BUILDING 5 SUITE 100

**DALLAS TX 75231**Telephone: **2146453900**Fax: **2146459854** 

Patient: CAROLYN RUTKOWSKI Date of Birth: 08/17/46

Visit Date: 3 DAYS AGO
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	CAROLYN RUTKOWSKI	Date of Birth:	08/17/46
Age:	78	Phone Number:	9723940683
Address:	1405 JEANETTE WAY	City:	CARROLLTON
State:	тх	Zip Code:	75006
Gender:	FEMALE	Height:	5'10 1/2
Weight:	204	Waist Size	L

# **Patient Insurance**

Provider: MEDICARE Member ID: 9H	9HH3F28MW11
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Resting

Current Medication	IBUPROFEN
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: **RESTING** 

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back** 

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 3 DAYS AGO

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: DR. HUMZA SIDDIQI MD

Address: 8194 WALNUT HILL LANE BUILDING 5 SUITE 100 DALLAS TX 75231

Physician's Signature:

Patient Name: CAROLYN RUTKOWSKI

Patient Address: 1405 JEANETTE WAY CARROLLTON TX 75006

Patient Phone: 9723940683

Data: 09- 12- 2024

#### LETTER OF MEDICAL NECESSITY

Re: CAROLYN RUTKOWSKI
Orthotic Device Need Assessment

Exam Date: 09/11/2024

Height: **5'10 1/2** Weight: **204** DOB: **08/17/46** 

Ms RUTKOWSKI is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms RUTKOWSKI reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms RUTKOWSKI and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms RUTKOWSKI** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms RUTKOWSKI** continue medical follow-up as part of an ongoing plan of care.

Re: CAROLYN RUTKOWSKI...... DOB: August 17, 1946

I, **DR. HUMZA SIDDIQI MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DR. HUMZA SIĐĐIQI-MD Manature Date Signed[) 9 \_ |2 - 1824