RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ı					
VELEZ	CHRISTA					
LAST NAME	FIRST NAME	MI				
FEMALE	11/24/1941	5162930877	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS			
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC			
10 COPELAND PL	FARMINGDALE	NY 11735				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMAT	ION					
MEDICARE						
PRIMARY INSURANCE	_	SECONDARY INSURANCE				
5GA8N29TH35		MEMBER ID				
MEMBER ID		MEMBER ID				
PHYSICIAN INFORMATI	ON					
BRIAN PULTZ M.D.		1902082514				
PHYSICIAN NAME		NPI#				
		5167317770				
4045 HEMPSTEAD TPKE 3RD FLOOR BETHPAGE NY 11714		PHONE NUMBER				
PRACTICE LOCATION		5167317052				
		FAX NUMBER				
PRESCRIPTION SELECTION						
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) ☑ L0457 - Lumbar Brace (Waist: MEDIUM □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 · Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspection of M17.12- Unilateral primary osted M17.11-Unilateral primary osted M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip Length of Need: 12+ mo	ified parthritis left knee arthritis right knee er		in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow			

MEDICAL HISTORY

Previous treatments: PHYSICAL THERAPY, TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP AND DULL** with a pain scale of **8** and pain worsens with movements. Pain is caused by **SPINAL STENOSIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: PHYSICIAN NAME:

DATE: <u>68 - 28 - 2029</u>

Patient Name: CHRISTA VELEZ

Patient Address: 10 COPELAND PL FARMINGDALE NY 11735

Patient Phone: 5162930877

Physician Name: BRIAN PULTZ M.D.

Address: 4045 HEMPSTEAD TPKE 3RD FLOOR BETHPAGE NY

11714

Telephone: 5167317770 Fax: 5167317052 Patient: CHRISTA VELEZ Date of Birth: 11/24/1941 Visit Date: AUGUST 05, 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Tatient Demographics						
Patient Name:	CHRISTA VELEZ	Date of Birth:	11/24/1941			
Age:	82	Phone Number:	5162930877			
Address:	10 COPELAND PL	City:	FARMINGDALE			
State:	NY	Zip Code:	11735			
Gender:	FEMALE	Height:	5'0			
Weight:	107	Waist Size	м			

Patient Insurance

Provider: MEDICARE Member ID: 5GA8N29TH35

Medications

modifications				
	Current Medication	TYLENOL		
	Medical History	NONE		

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **CONSTANTLY**

The patient has attempted the following previous treatments/therapies: PHYSICAL THERAPY, TYLENOL

The patient described their pain as the following: SHARP AND DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by SPINAL STENOSIS

The last time the patient has seen the doctor was on AUGUST 05, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP AND DULL** with a pain scale of **8** and pain worsens with movement. The pain is caused by **SPINAL STENOSIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP AND DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: BRIAN PULTZ M.D.

Address: 4045 HEMPSTEAD TPKE 3RD FLOOR BETHPAGE NY 11714

08-28-2029

Physician's Signature:

Date:

Patient Name: CHRISTA VELEZ

Patient Address: 10 COPELAND PL FARMINGDALE NY 11735

Patient Phone: 5162930877

LETTER OF MEDICAL NECESSITY

Re: CHRISTA VELEZ

Orthotic Device Need Assessment

Exam Date: 08/28/2024

Height: **5'0** Weight: **107** DOB: **11/24/1941**

Ms VELEZ is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms VELEZ reports chronic Back pain for MORE THAN A YEAR. Patient states pain is SHARP AND DULL with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms VELEZ and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms VELEZ** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms VELEZ** continue medical follow-up as part of an ongoing plan of care.

Re: CHRISTA VELEZ...... DOB: November 24, 1941

I, **BRIAN PULTZ M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

BRIAN PULTZ M.D. Signature Date Signed: <u>18 - 28 - 2024</u>