RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N		
BOUDREAUX	BETTY		
LAST NAME	FIRST NAME	MI	
FEMALE	09/19/1944	3379841911	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
4737 W CONGRESS ST	LAFAYETTE	LA 70506	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMA	TION		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	_
6V31V37NG27			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMAT	ION		
FEDERICO DEL TORO, MD	1014	1932118445	
PHYSICIAN NAME		NPI#	
		337-233-6593	
		PHONE NUMBER	
PRACTICE LOCATION	AFAYETTE LA 70506	- 337-235-1032	
PRACTICE LOCATION		FAX NUMBER	
PRESCRIPTION SELEC	CTION		
□ L3670 - Shoulder Brace (Side L3960 - Shoulder Brace (Side L3660 - Shoulder Brace (Side L0650 - Lumbar Brace (Wais: L0642 - Lumbar Brace (Wais: L0457 - Lumbar Brace (Wais: L0648 - Lumbar Brace (Wais: L0648 - Lumbar Brace (Wais: L0648 - Lumbar Brace (Side: □ L1690 - Hip Brace (Side: □ L1686 - Hip Brace (Side: □ L1686 - Hip Joint Adjustable: L3760 - Elbow Brace (Side: □ L	e: □ L □ R) (Size:) e: □ L □ R) (Size:) t:) t:) t:) t:) t:) t:) c: □ R) (Waist:) Flexion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 − Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: \Box L \Box R) (Shoe Size:) ace (Side: \Box L \Box R) (Shoe Size:)
MEDICAL INFORMATIC ICD 10 (Diagnosis Code(s)):	ecified eoarthritis left knee eoarthritis right knee der	☐ M25.522 Pain ii☐ M25.521 Pain ii	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow
Length of Need: ⊠ 12+ mo	onths (long term) — # of mo	onths (1-11)	

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: DOT - 26 - 2001

Patient Name: BETTY BOUDREAUX

Patient Address: 4737 W CONGRESS ST LAFAYETTE LA 70506

Patient Phone: 3379841911

Physician Name: FEDERICO DEL TORO, MD

Address: 300 W SAINT MARY BLVD LAFAYETTE LA 70506

Telephone: **337-233-6593** Fax: **337-235-1032**

Patient: BETTY BOUDREAUX Date of Birth: 09/19/1944 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BETTY BOUDREAUX	Date of Birth:	09/19/1944
Age:	79	Phone Number:	3379841911
Address:	4737 W CONGRESS ST	City:	LAFAYETTE
State:	LA	Zip Code:	70506
Gender:	FEMALE	Height:	5'3
Weight:	163	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	6V31V37NG27
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following:	7
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The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: FEDERICO DEL TORO, MD

Address: 300 W SAINT MARY BLVD LAFAYETTE LA 70506

Physician's Signature:

to 9 - 26 - 2024

Patient Name: **BETTY BOUDREAUX**

Patient Address: 4737 W CONGRESS ST LAFAYETTE LA 70506

Patient Phone: 3379841911

LETTER OF MEDICAL NECESSITY

Re: BETTY BOUDREAUX

Orthotic Device Need Assessment

Exam Date: 09/18/2024

Height: 5'3 Weight: 163 DOB: 09/19/1944

Ms BOUDREAUX is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms BOUDREAUX reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BOUDREAUX and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms BOUDREAUX has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BOUDREAUX continue medical follow-up as part of an ongoing plan of care.

Re: BETTY BOUDREAUX...... DOB: September 19, 1944

I, FEDERICO DEL TORO, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

FEDERICO DEL TORO, MD

Signature

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive