RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
RITCHINGS	BERNADETTE			
LAST NAME	FIRST NAME	MI		
FEMALE	03/31/58	7329487351	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
17 KENTWOOD BLVD	BRICK	IN 08724		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
8N29UG6FC42				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
SHAMIM SAEED, MD		1720186455		
PHYSICIAN NAME		NPI #		
		7324775600		
985 CEDAR BRIDGE AVE BRICK	(TOWNSHIP NJ 08723	PHONE NUMBER		
PRACTICE LOCATION		7324771899		
		FAX NUMBER		
PRESCRIPTION SELECTION	ON			
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: SMALL) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1833 / L1851 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: MEDIUM) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecifie M17.12- Unilateral primary osteoar M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip	rthritis left knee thritis right knee		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

Length of Need: ⊠ 12+ months (long term) □ _____ # of months (1-11)

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:__

SHAMIM SAEED, MD

DATE

Patient Name: BERNADETTE RITCHINGS

Patient Address: 17 KENTWOOD BLVD BRICK IN 08724

Patient Phone: 7329487351

Physician Name: SHAMIM SAEED, MD

Address: 985 CEDAR BRIDGE AVE BRICK TOWNSHIP NJ 08723

Telephone: **7324775600** Fax: **7324771899**

Patient: BERNADETTE RITCHINGS Date of Birth: 03/31/58 Visit Date: 08/13/2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BERNADETTE RITCHINGS	Date of Birth:	03/31/58
Age:	66	Phone Number:	7329487351
Address:	17 KENTWOOD BLVD	City:	BRICK
State:	IN	Zip Code:	08724
Gender:	FEMALE	Height:	5'7 ½
Weight:	180	Waist Size	MEDIUM TO LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	8N29UG6FC42
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 08/13/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

Subjective Notes

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532-Pain in left wrist, M25.531-Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

P. 004 / 005

GLOBAL MEDICAL EQUIPMENT

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SHAMIM SAEED, MD

Address: 985 CEDAR BRIDGE AVE BRICK TOWNSHIP NJ 08723

Physician's Signature:

Date:

Patient Name: BERNADETTE RITCHINGS

Patient Address: 17 KENTWOOD BLVD BRICK IN 08724

Patient Phone: 7329487351

LETTER OF MEDICAL NECESSITY

Re: **BERNADETTE RITCHINGS**Orthotic Device Need Assessment

Exam Date: 10/21/2024

Height: **5'7** ½ Weight: **180** DOB: **03/31/58**

Ms RITCHINGS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms RITCHINGS reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms RITCHINGS and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms RITCHINGS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms RITCHINGS** continue medical follow-up as part of an ongoing plan of care.

Re: BERNADETTE RITCHINGS...... DOB: March 31, 1958

I, **SHAMIM SAEED**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

10/22/204

SHAMM SAEED, MD

Signature

Date Signed: