RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
ALEXANDER	CAROL			
LAST NAME	FIRST NAME	MI		
FEMALE	01/20/1957	7065263701	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
5030 MIKE PADGETT HWY	AUGUSTA	GA 30906		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ON			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
4RR0UG0AA32		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
CYNTHIA MURRAY MD		1134231673		
PHYSICIAN NAME		NPI#		
		706-922-6300		
3686 WHEELER RD AUGUSTA	GA 30909	PHONE NUMBER		
PRACTICE LOCATION		706-922-6303		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELECT	ION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE) □ L0642 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: LARGE) (Qty: 2) □ L0648 - Lumbar Brace (Side: □ L □ R) (Waist:) □ E0100 - Cane □ L26100 - Electric Heat Pad □ L2425 - Dial Lock Hinge ROM □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L3170 - Heel Stabilizer (Side: □ L □ R)		ad Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: LARGE) ce (Side: □ L □ R) (Size:) eve (Size: LARGE) (Qty: 2) Hinge ROM tremity Ortho ice (Side: □ L □ R) (Shoe Size:) ice (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee arthritis right knee	☐ M25.532- Pain i☐ M25.531 - Pain i☐ M25.531 - Pain i☐ M19.072- Ostec☐ M19.071- Ostec☐ M25.522 Pain i☐ M25.521 Pain i☐ M54.2-Cervicalo	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

CYNTHIA MURRAY MD

PHYSICIAN NAME: ______ DATE - 31-207

Patient Name: CAROL ALEXANDER

Patient Address: 5030 MIKE PADGETT HWY AUGUSTA GA 30906

Patient Phone: 7065263701

Physician Name: CYNTHIA MURRAY MD Address: 3686 WHEELER RD AUGUSTA GA 30909

Telephone: 706-922-6300 Fax: 706-922-6303

Patient: CAROL ALEXANDER Date of Birth: 01/20/1957 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CAROL ALEXANDER	Date of Birth:	01/20/1957
Age:	67	Phone Number:	7065263701
Address:	5030 MIKE PADGETT HWY	City:	AUGUSTA
State:	GA	Zip Code:	30906
Gender:	FEMALE	Height:	5'4
Weight:	230	Waist Size	L

Patient Insurance

Provider: MEDICARE Member ID: 4RR0UG0AA32

Medications

Current Medication	CARVEDOL (AS NEEDED)
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8	
The nationt's nain started on or around MORE THAN A YEAR	

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's provide support. Reduce pain by restricting the of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CYNTHIA MURRAY MD

Address: 3686 WHEELER RD AUGUSTA GA 30909

b7-31-2024

Physician's Signature:

Date:

Patient Name: CAROL ALEXANDER

Patient Address: 5030 MIKE PADGETT HWY AUGUSTA GA 30906

Patient Phone: 7065263701

LETTER OF MEDICAL NECESSITY

Re: CAROL ALEXANDER

Orthotic Device Need Assessment

Exam Date: 07/31/2024

Height: 5'4 Weight: 230 DOB: 01/20/1957

Ms ALEXANDER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms ALEXANDER reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms ALEXANDER and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms ALEXANDER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms ALEXANDER continue medical follow-up as part of an ongoing plan of care.

Re: CAROL ALEXANDER...... DOB: January 20, 1957

I, CYNTHIA MURRAY MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: <u>67-31-2024</u>

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive