# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
BROWN	AFTON				
LAST NAME	FIRST NAME	MI			
FEMALE	07/04/37	2087096178	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS  SHIP TO PATIENT'S PHYSICIAN CLINIC		
3528 E 300 N	RIGBY	ID 83442			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	DN				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
1WP0CQ1NA29		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	N				
WILLIAM ADAMS DO		1467403733			
PHYSICIAN NAME		NPI #			
		2087455021			
744 BLODY LAWE DR OUTE 445	DIODY ID 00440	PHONE NUMBER			
711 RIGBY LAKE DR SUITE 115	RIGBY ID 83442	2087455026			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTION	ON				
□ L3671 – Shoulder Brace (Side: □	I □ R) (Size: )	□ <b>L3761</b> – Elbow Br	ace (Side: □ I □ R) (Size: )		
□ L3960 – Shoulder Brace (Side: □	L □ R) (Size: )	☐ <b>L3916</b> – Wrist Har	, , ,		
□ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist: )	L □ R) (Size: )		J ( ) ( )		
L0642 – Lumbar Brace (Waist: )			, , ,		
■ L0457 – Lumbar Brace (Waist: MEDIUM		□ L1833 – Knee Brace (Side: □ L □ R) (Size: )			
□ L0648 – Lumbar Brace (Waist: ) □ E0100 – Electric Heat Pad		□ <b>L2397</b> – Knee Sle □ <b>E0100</b> – Cane	L2397 – Knee Sleeve (Size: ) (Qty: )		
□ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist: )					
□ L1686 – Hip Brace (Side: □ L □ R) (Waist: )			ŭ		
□ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)					
□ L3760 – Elbow Brace (Side: □ L	⊔ R)	□ <b>L1971</b> – Ankle Bra □ <b>L0174</b> – Cervical I	ace (Side: □ L □ R) (Shoe Size: )		
		L3170 - Heel Stat	ilizer (Side: □ L □ R)		
		LS170 - Fleet State	onizer (Side. 🗆 L 🗇 K)		
MEDICAL INFORMATION		LS170 - Fleet State	Julizer (Side. L L R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):		LS170 - Fleet State	Jilizer (Side. 🗆 L 🗇 K)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	d	□ M25.532- Pain			
ICD 10 (Diagnosis Code(s)):	thritis left knee	□ M25.532- Pain □ M25.531 - Pain	in left wrist in right wrist		
ICD 10 (Diagnosis Code(s)):	thritis left knee	□ M25.532- Pain □ M25.531 - Pain □ M19.072- Oste	in left wrist in right wrist parthritis Left Ankle		
ICD 10 (Diagnosis Code(s)):	thritis left knee	□ M25.532- Pain □ M25.531 - Pain □ M19.072- Oste	in left wrist in right wrist parthritis Left Ankle parthritis Right Ankle		
ICD 10 (Diagnosis Code(s)):	thritis left knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Oster ☐ M19.071- Oster	in left wrist in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow		
ICD 10 (Diagnosis Code(s)):	thritis left knee	□ M25.532- Pain □ M25.531 - Pain □ M19.072- Oster □ M19.071- Oster □ M25.522 Pain i	in left wrist in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

### **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

WILLIAM ADAMS DO

PHYSICIAN NAME: \_\_\_\_\_

DATE 1 20 - 2024

Patient Name: AFTON BROWN

Patient Address: 3528 E 300 N RIGBY ID 83442

Patient Phone: 2087096178

Physician Name: WILLIAM ADAMS DO

Address: 711 RIGBY LAKE DR SUITE 115 RIGBY ID 83442

Telephone: **2087455021** Fax: **2087455026** 

Patient: AFTON BROWN Date of Birth: 07/04/37 Visit Date: Aug. 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	AFTON BROWN	Date of Birth:	07/04/37
Age:	87	Phone Number:	2087096178
Address:	3528 E 300 N	City:	RIGBY
State:	ID	Zip Code:	83442
Gender:	FEMALE	Height:	5`1
Weight:	120	Waist Size	MEDIUM

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1WP0CQ1NA29
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Resting

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back** 

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on Aug. 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: WILLIAM ADAMS DO

Address: 711 RIGBY LAKE DR SUITE 115 RIGBY ID 83442

Physician's Signature:

Date:

Patient Name: AFTON BROWN

Patient Address: 3528 E 300 N RIGBY ID 83442

Patient Phone: 2087096178

#### LETTER OF MEDICAL NECESSITY

Re: AFTON BROWN

Orthotic Device Need Assessment

Exam Date: 08/19/2024

Height: 5`1 Weight: 120 DOB: 07/04/37

Ms BROWN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms BROWN reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BROWN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is PERFORMING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms BROWN has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BROWN continue medical follow-up as part of an ongoing plan of care.

Re: AFTON BROWN...... DOB: July 04, 1937

I. WILLIAM ADAMS DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

LLIAM ADAMS DO

Date Signed: 08-20-2029