RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
NORDEMAN	CAROL				
LAST NAME	FIRST NAME	MI			
FEMALE	12/17/35	8584012454	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
107 SMITH DR	CAMDEN	NC 27921			
ADDRESS	CITY	STATE & ZIPCODE			
, and the second					
INSURANCE INFORMAT	ION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE	PRIMARY INSURANCE		SECUNDARY INSURANCE		
6N22XD3KG06		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	ON				
LYNN BUTLER, DO	Sit	1700873486			
PHYSICIAN NAME					
		252-334-1602			
		PHONE NUMBER			
1805 W CITY DR STE H ELIZAI	BETH CITY NC 27909				
PRACTICE LOCATION		= 252-334-1604 			
PRESCRIPTION SELECT	TON				
PRESCRIPTION SELECT	ION				
☐ L3671 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side:	, ,	 □ L3761 – Elbow Brace (Side: □ L □ R) (Size:) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) 			
□ L3660 – Shoulder Brace (Side:	□ L □ R) (Size:)	□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:)			
□ L0650 – Lumbar Brace (Waist: L0642 – Lumbar Brace (Waist:	•		ce (Side: D L D R) (Size:)		
■ L042 - Lumbar Brace (Walst. ■ L0457 - Lumbar Brace (Walst:	•	 □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) 			
□ L0648 – Lumbar Brace (Waist:)			, , , ,		
□ E0100 – Electric Heat Pad	¬ 5\ 44 · · · \	□ E0100 – Cane			
 □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L 		□ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho			
	□ K) (Walst.) exion, Extension (Side: □ L □ R)		ace (Side: □ L □ R) (Shoe Size:)		
☐ L3760 – Elbow Brace (Side: ☐		□ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:)			
		□ L0174 – Cervical I □ L317 0 – Heel Stat	Brace billizer (Side: □ L □ R)		
MEDICAL INFORMATION	1				
ICD 10 (Diagnosis Code(s)):	.				
M54.50- Low back pain, unspeci		☐ M25.532- Pain			
 ☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee 		☐ M25.531 - Pain ☐ M19.072- Oste	•		
☐ M25.512-Pain in the left shoulder			parthritis Right Ankle		
☐ M25.511-Pain in the right should		☐ M25.522 Pain i	n left elbow		
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain in right elbow			
□ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck					
Length of Need: ⊠ 12+ months (long term) □# of months (1-11)					

MEDICAL HISTORY

Previous treatments: EXERCISE

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of 9 and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

LYNN BUTLER, DO

PHYSICIAN NAME:

715-18-2024

Patient Name: CAROL NORDEMAN

Patient Address: 107 SMITH DRCAMDEN NC 27921

Patient Phone: 8584012454

Physician Name: LYNN BUTLER, DO Q

Address: 1805 W CITY DR STE H ELIZABETH CITY NC 27909

Telephone: **252-334-1602** Fax: **252-334-1604**

Patient: CAROL NORDEMAN
Date of Birth: 12/17/35
Visit Date: WITHIN A YEAR
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CAROL NORDEMAN	Date of Birth:	12/17/35
Age:	89	Phone Number:	8584012454
Address:	107 SMITH DR	City:	CAMDEN
State:	NC	Zip Code:	27921
Gender:	FEMALE	Height:	5'5
Weight:	162	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Mambar ID:	6N22XD3KG06
Provider.	MEDICARE	Member ID:	6N22AD3KG06

Medications

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **EXERCISE**

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: **PERFORMING DAILY ACTIVITIES**

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR.** Patient states pain is **ACHY, SHARP** with a pain scale of **9** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **EXERCISE**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LYNN BUTLER, DO

Address: 1805 W CITY DR STE H ELIZABETH CITY NC 27909

Physician's Signature:

Date:

Patient Name: CAROL NORDEMAN

Patient Address: 107 SMITH DRCAMDEN NC 27921

Patient Phone: 8584012454

LETTER OF MEDICAL NECESSITY

Re: CAROL NORDEMAN

Orthotic Device Need Assessment

Exam Date: 10/17/2024

Height: 5'5 Weight: 162 DOB: 12/17/35

Ms NORDEMAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms NORDEMAN reports chronic Back pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 9 and pain worsens with ARTHRITIS. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms NORDEMAN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is EXERCISE, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms NORDEMAN has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms NORDEMAN continue medical follow-up as part of an ongoing plan of care.

Re: CAROL NORDEMAN...... DOB: December 17, 1935

I. LYNN BUTLER, DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 - 18 - 2024