

FIRST STEP DME INC.

RX / MEDICAL NECESSITY FORM

<b>PATIENT INFORMATION</b>			<b>SHIPPING METHOD:</b> <input checked="" type="checkbox"/> SHIP TO PATIENT'S HOME ADDRESS <input type="checkbox"/> SHIP TO PATIENT'S PHYSICIAN CLINIC
<b>TWOMBLY</b>	<b>BARBARA</b>		
LAST NAME	FIRST NAME	MI	
<b>FEMALE</b>	<b>04/06/1957</b>	<b>7819427559</b>	
GENDER	DATE OF BIRTH	PHONE NUMBER	
<b>50 BAY STATE RD APT 214</b>	<b>READING</b>	<b>MA 01867</b>	
ADDRESS	CITY	STATE & ZIPCODE	

<b>INSURANCE INFORMATION</b>	
<b>MEDICARE</b>	
PRIMARY INSURANCE	SECONDARY INSURANCE
<b>7Q66CH5WE78</b>	
MEMBER ID	MEMBER ID

<b>PHYSICIAN INFORMATION</b>	
<b>JOSEPH BERNARD TAYLOR, MD</b>	<b>1902970627</b>
PHYSICIAN NAME	NPI #
	<b>781-944-0040</b>
	PHONE NUMBER
<b>20 PONDMEADOW DR STE 206 READING MA 01867</b>	<b>781-944-1684</b>
PRACTICE LOCATION	FAX NUMBER

<b>PRESCRIPTION SELECTION</b>	
<input type="checkbox"/> <b>L3670</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3960</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3660</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L0650</b> – Lumbar Brace (Waist: ) <input type="checkbox"/> <b>L0642</b> – Lumbar Brace (Waist: ) <input checked="" type="checkbox"/> <b>L0457</b> – Lumbar Brace (Waist: <b>LARGE</b> ) <input type="checkbox"/> <b>L0648</b> – Lumbar Brace (Waist: ) <input type="checkbox"/> <b>E0100</b> – Electric Heat Pad <input type="checkbox"/> <b>L1690</b> – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist: ) <input type="checkbox"/> <b>L1686</b> – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist: ) <input type="checkbox"/> <b>L2624</b> – Hip Joint Adjustable Flexion, Extension (Side: <input type="checkbox"/> L <input type="checkbox"/> R) <input type="checkbox"/> <b>L3760</b> – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R)	<input type="checkbox"/> <b>L3761</b> – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input checked="" type="checkbox"/> <b>L3916</b> – Wrist Hand Finger (Side: <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/> R) (Size: <b>MEDIUM</b> ) <input type="checkbox"/> <b>L3915</b> - Wrist Hand Finger (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1852</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1851</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1833</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L2397</b> – Knee Sleeve (Size: ) (Qty: ) <input type="checkbox"/> <b>E0100</b> – Cane <input type="checkbox"/> <b>L2425</b> – Dial Lock Hinge ROM <input type="checkbox"/> <b>L2820</b> – Lower Extremity Ortho <input type="checkbox"/> <b>L1906</b> – Ankle Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Shoe Size: ) <input type="checkbox"/> <b>L1971</b> – Ankle Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Shoe Size: ) <input type="checkbox"/> <b>L0174</b> – Cervical Brace <input type="checkbox"/> <b>L3170</b> – Heel Stabilizer (Side: <input type="checkbox"/> L <input type="checkbox"/> R)

<b>MEDICAL INFORMATION</b>	
<b>ICD 10 (Diagnosis Code(s)):</b>	
<input checked="" type="checkbox"/> M54.50- Low back pain, unspecified	<input checked="" type="checkbox"/> M25.532- Pain in left wrist
<input type="checkbox"/> M17.12- Unilateral primary osteoarthritis left knee	<input checked="" type="checkbox"/> M25.531 - Pain in right wrist
<input type="checkbox"/> M17.11-Unilateral primary osteoarthritis right knee	<input type="checkbox"/> M19.072- Osteoarthritis Left Ankle
<input type="checkbox"/> M25.512-Pain in the left shoulder	<input type="checkbox"/> M19.071- Osteoarthritis Right Ankle
<input type="checkbox"/> M25.511-Pain in the right shoulder	<input type="checkbox"/> M25.522 Pain in left elbow
<input type="checkbox"/> M25.552- Pain in Left Hip	<input type="checkbox"/> M25.521 Pain in right elbow
<input type="checkbox"/> M25.551- Pain in Right Hip	<input type="checkbox"/> M54.2-Cervicalgia Pain neck
<b>Length of Need:</b> <input checked="" type="checkbox"/> 12+ months (long term) <input type="checkbox"/> ____ # of months (1-11)	

## FIRST STEP DME INC.

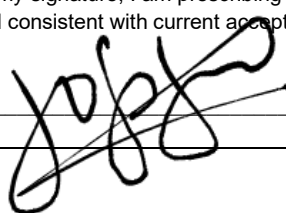
**MEDICAL HISTORY****Previous treatments: TAKING PAIN MEDICINE**

**Doctor's Notes:** The patient reports chronic **Back, Left Wrist, Right Wrist** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

**PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: \_\_\_\_\_



JOSEPH BERNARD TAYLOR, MD

PHYSICIAN NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

01/15/2014

FIRST STEP DME INC.

Patient Name: **BARBARA TWOMBLY**  
Patient Address: **50 BAY STATE RD APT 214 READING MA 01867**  
Patient Phone: **7819427559**

Physician Name: **JOSEPH BERNARD TAYLOR, MD**  
Address: **20 PONDMEADOW DR STE 206 READING MA 01867**  
Telephone: **781-944-0040**  
Fax: **781-944-1684**

Patient: **BARBARA TWOMBLY**  
Date of Birth: **04/06/1957**  
Visit Date: **02/12/2024**  
Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

Patient Name:	BARBARA TWOMBLY	Date of Birth:	04/06/1957
Age:	67	Phone Number:	7819427559
Address:	50 BAY STATE RD APT 214	City:	READING
State:	MA	Zip Code:	01867
Gender:	FEMALE	Height:	5'3
Weight:	211	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	7Q66CH5WE78
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Medications

Current Medication	ALEVE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around A YEAR
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: TAKING PAIN MEDICINE
The patient described their pain as the following: ACHY
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES
The pain is located in the patient's Back, Left Wrist, Right Wrist
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on 02/12/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Left Wrist, Right Wrist
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Subjective Notes

The patient reports chronic Back, Left Wrist, Right Wrist pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.
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Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their Back, Left Wrist, Right Wrist related to M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.
Patient's chronic pain is described ACHY and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a Back, Left Wrist, Right Wrist Brace to provide support and reduce pain level.

## FIRST STEP DME INC.

## Plan &amp; Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)**, including fitting and adjustment, if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

**M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist**

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

## Physician Information

Provider Name: **JOSEPH BERNARD TAYLOR, MD**

Address: **20 PONDMEADOW DR STE 206 READING MA 01867**

Physician's Signature:

Date:

04/15/2024



Patient Name: **BARBARA TWOMBL Y**

Patient Address: **50 BAY STATE RD APT 214 READING MA 01867**

Patient Phone: **7819427559**

## FIRST STEP DME INC.

## LETTER OF MEDICAL NECESSITY

Re: **BARBARA TWOMBLY**  
Orthotic Device Need Assessment  
Exam Date: **04/22/2024**  
Height: **5'3**  
Weight: **211**  
DOB: **04/06/1957**

**Ms TWOMBLY** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **Back, Left Wrist, Right Wrist**.

**Ms TWOMBLY** reports chronic **Back, Left Wrist, Right Wrist** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: **M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist**. Based on my conversation with **Ms TWOMBLY** and evaluation of his/her condition, I am ordering the following: **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)**.

Patient is ambulatory and has weakness of the **Back, Left Wrist, Right Wrist** requiring stabilization for improvement of functionality. I am prescribing this **Back, Left Wrist, Right Wrist** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back, Left Wrist, Right Wrist**. My treatment goal(s) for the use of the prescribed **Back, Left Wrist, Right Wrist** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TWOMBLY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TWOMBLY** continue medical follow-up as part of an ongoing plan of care.

Re: **BARBARA TWOMBLY**..... DOB: **APRIL 06, 1957**

I, **JOSEPH BERNARD TAYLOR, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

  
**JOSEPH BERNARD TAYLOR, MD**  
Signature

Date Signed: 04/25/2024