RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
WEBBER	SCOTT			
LAST NAME	FIRST NAME	MI		
MALE	04/14/1947	6037857544	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
15 REMINGTON RD	MONT VERNON	NH 03057		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
	ON			
MEDICARE	_	SECONDARY INSURANCE		
PRIMARY INSURANCE 1WK0V41WY16		MEMBER ID		
MEMBER ID		MEMBER ID		
MEMBERID				
PHYSICIAN INFORMATIO	N			
HEATHER SHAFER, M.D.		1972581635		
PHYSICIAN NAME		NPI #		
		603-672-7600		
10 JONES RD MILFORD NH 030	055	PHONE NUMBER		
PRACTICE LOCATION		603-672-6274		
		FAX NUMBER		
			1	
PRESCRIPTION SELECT	ION	1		
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist: MEDIUM L0457 - Lumbar Brace (Waist: MEDIUM L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Han □ L3915 − Wrist Han □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ey □ L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical	□ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852– Knee Brace (Side: □ L □ R) (Size:) □ L1851 – Knee Brace (Side: □ L □ R) (Size:) □ L1833 – Knee Brace (Side: □ L □ R) (Size:) □ L2397 – Knee Sleeve (Size:) (Qty:) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	 □ M19.071- Oste □ M25.522 Pain i □ M25.521 Pain i □ M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: EXERCISE

Doctor's Notes: The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.		
— / 	HEATHER SHAFER, M.D.	
PHYSICIAN SIGNATURE: PHYSICIAN NAME	E: DATE:	
	10-00-0009	

Patient Name: SCOTT WEBBER

Patient Address: 15 REMINGTON RD MONT VERNON NH 03057

Patient Phone: 6037857544

Physician Name: **HEATHER SHAFER, M.D.** Address: **10 JONES RD MILFORD NH 03055**

Telephone: **603-672-7600** Fax: **603-672-6274**

Patient: SCOTT WEBBER Date of Birth: 04/14/1947 Visit Date: July 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	SCOTT WEBBER	Date of Birth:	04/14/1947
Age:	77	Phone Number:	6037857544
Address:	15 REMINGTON RD	City:	MONT VERNON
State:	NH	Zip Code:	03057
Gender:	MALE	Height:	5'8
Weight:	172	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	1WK0V41WY16
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Medications

Current Medication	ASPIRIN AND HIGH BLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on July 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A MONTH** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-7. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

-08 -1024

Physician Information

Provider Name: **HEATHER SHAFER, M.D.**

Address: 10 JONES RD MILFORD NH 03055

Physician's Signature:

Date:

Patient Name: SCOTT WEBBER

Patient Address: 15 REMINGTON RD MONT VERNON NH 03057

Patient Phone: 6037857544

LETTER OF MEDICAL NECESSITY

Re: SCOTT WEBBER

Orthotic Device Need Assessment

Exam Date: 10/07/2024

Height: **5'8** Weight: **172** DOB: **04/14/1947**

Mr WEBBER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr WEBBER reports chronic Back pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr WEBBER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr WEBBER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr WEBBER** continue medical follow-up as part of an ongoing plan of care.

Re: SCOTT WEBBER...... DOB: APRIL 14, 1947

I, **HEATHER SHAFER**, **M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

HEATHER SHAFER M.D.

Signature

Date Signed — 08 — 1024