# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
KNIGHT JR	BONNIE		
LAST NAME	FIRST NAME	MI	
MALE	03/24/1949	7709458207	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
5539 CUMMING HWY	SUGAR HILL	GA 30518	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
7X45PK1WF67			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	)N		
DIPAK PATEL, MD		1407977457	
PHYSICIAN NAME		NPI #	
		770-945-7676	
4745 NELSON BROGDON BLVI	) #200TH BUFORD GA 30518	PHONE NUMBER	
PRACTICE LOCATION		770-932-9845	
		FAX NUMBER	
			_
PRESCRIPTION SELECT	ON		
□ L3960 - Shoulder Brace (Side: □     □ L3671 - Shoulder Brace (Side: □     □ L3660 - Shoulder Brace (Side: □     □ L0637 - Lumbar Brace (Waist: )     □ L0642 - Lumbar Brace (Waist: )     □ L0650 - Lumbar Brace (Waist: )     □ L0457 - Lumbar Brace (Waist: 3     □ L0648 - Lumbar Brace (Waist: 3     □ L0648 - Lumbar Brace (Waist: )     □ E0100 - Electric Heat Pad     □ L1686 - Hip Brace (Side: □ L □     □ L1686 - Hip Brace (Side: □ L □     □ L2624 - Hip Joint Adjustable Fle: □     □ L3760 - Elbow Brace (Side: □ L □	B) (Size: )         L □ R) (Size: )         8)         R) (Waist: )         R) (Waist: )         xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1851 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Osted ☐ M19.071- Osted ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

# **MEDICAL HISTORY**

Previous treatments: EXERCISE AND APPLYING PAIN CREAM

**Doctor's Notes:** The patient reports chronic **Back**, **Right Knee** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
<b>Physician Verification:</b> By my signature, I am prescribing the indicated and necessary and consistent with current accepted	e items listed above and certifying that the above-prescrib d standards of medical practice and treatment of this patie	ed item(s) is medically nt's physical condition.
PHYSICIAN SIGNATURE.	DIPAK PATEL, MD PHYSICIAN NAME:	DATE: 10/19/2014

Patient Name: BONNIE KNIGHT JR

Patient Address: 5539 CUMMING HWY SUGAR HILL GA 30518

Patient Phone: 7709458207

Physician Name: DIPAK PATEL, MD

Address: 4745 NELSON BROGDON BLVD #200TH BUFORD GA

**30518** Telephone: **770-945-7676** Fax: **770-932-9845** 

Patient: **BONNIE KNIGHT JR**Date of Birth: **03/24/1949**Visit Date: **WITHIN 12 MONTHS**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

r attent beinograpinos			
Patient Name:	BONNIE KNIGHT JR	Date of Birth:	03/24/1949
Age:	75	Phone Number:	7709458207
Address:	5539 CUMMING HWY	City:	SUGAR HILL
State:	GA	Zip Code:	30518
Gender:	MALE	Height:	5'11
Weight:	214	Waist Size	38

### **Patient Insurance**

Provider: MEDICARE	Member ID:	7X45PK1WF67
--------------------	------------	-------------

#### **Medications**

Current Medication	AMLODIPINE
Medical History	HIGH BLOOD PRESSURE

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 3 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: EXERCISE AND APPLYING PAIN CREAM

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back, Right Knee

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Right Knee

#### Subjective Notes

The patient reports chronic **Back**, **Right Knee** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 YEARS located in their Back, Right Knee related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back**, **Right Knee** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name: DIPAK PATEL, MD

Address: 4745 NELSON BROGDON BLVD #200TH BUFORD GA 30518

Physician's Signature:

Date:

Patient Name: **BONNIE KNIGHT JR** 

Patient Address: 5539 CUMMING HWY SUGAR HILL GA 30518

Patient Phone: 7709458207

#### LETTER OF MEDICAL NECESSITY

Re: BONNIE KNIGHT JR

Orthotic Device Need Assessment

Exam Date: 10/18/2024

Height: 5'11 Weight: 214 DOB: 03/24/1949

Mr KNIGHT JR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Right Knee.

Mr KNIGHT JR reports chronic Back, Right Knee pain for 3 YEARS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee. Based on my conversation with Mr KNIGHT JR and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **Back, Right Knee** requiring stabilization for improvement of functionality. I am prescribing this **Back, Right Knee** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back, Right Knee**. My treatment goal(s) for the use of the prescribed **Back, Right Knee** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr KNIGHT JR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr KNIGHT JR** continue medical follow-up as part of an ongoing plan of care.

Re: BONNIE KNIGHT JR..... DOB: MARCH 24, 1949

I, **DIPAK PATEL**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DIPAK PATEL, MD

Signature

Date Signed: 10/19/1014

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive