RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | | | |
|---|--|--|--|
| BOYER FIORILLO | DEBORAH | | |
| LAST NAME | FIRST NAME | MI | |
| FEMALE | 07/05/1953 | 5706409834 | SHIPPING METHOD: |
| GENDER | DATE OF BIRTH | PHONE NUMBER | SHIP TO PATIENT'S HOME ADDRESS □ SHIP TO PATIENT'S PHYSICIAN CLINIC |
| 2405 FISHER CT | LEHIGH ACRES | FL 33936 | |
| ADDRESS | CITY | STATE & ZIPCODE | |
| INSURANCE INFORMATI | ON | | |
| MEDICARE | | | |
| PRIMARY INSURANCE | - | SECONDARY INSURANCE | |
| 3J72Y76XD70 | | | |
| MEMBER ID | | MEMBER ID | |
| PHYSICIAN INFORMATIO | | | |
| JANIS KING, APRN | | 1992134753 | |
| PHYSICIAN NAME | | NPI # | |
| | | 2394680285 | |
| 3501 HEALTH CENTER BLVD S | TE 2410 ESTERO EL 34135 | PHONE NUMBER | |
| PRACTICE LOCATION | | 2394680288 | |
| | | FAX NUMBER | |
| | | | |
| | | | |
| PRESCRIPTION SELECT | ION | | |
| L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3600 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0642 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE) □ L0457 - Lumbar Brace (Waist: 16) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0649 - Hip Brace (Side: □ L □ R) (Waist:) □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) | | d Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: LARGE) ce (Side: □ L □ R) (Size: LARGE) ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) eve (Size: LARGE) (Qty: 2) Hinge ROM tremity Ortho nkle Brace (Side: □ L □ R) (Shoe Size:) Brace | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): | ed arthritis left knee rthritis right knee | ☐ M25.532- Pain i☐ M25.531 - Pain i☐ M25.531 - Pain i☐ M19.072- Osteo☐ M19.071- Osteo☐ M25.522 Pain i☐ M25.521 Pain i☐ M54.2-Cervicalo | in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow |

MEDICAL HISTORY

Previous treatments: TAKING IBUPROFEN

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME: _

PHYSICIAN SIGNATURE:_

JANIS KING, APRN

DATE: 09 23 24

Patient Name: DEBORAH BOYER FIORILLO

Patient Address: 2405 FISHER CT LEHIGH ACRES FL 33936

Patient Phone: 5706409834

Physician Name: JANIS KING, APRN

Address: 3501 HEALTH CENTER BLVD STE 2410 ESTERO FL Patient: **DEBORAH BOYER FIORILLO**

34135 Telephone: 2394680285 Fax: 2394680288

Visit Date: JULY 11, 2024
Reason for visit: REGULAR CHECK-UP

Date of Birth: 07/05/1953

Clinical Summary

Patient Demographics

| Patient Name: | DEBORAH BOYER FIORILLO | Date of Birth: | 07/05/1953 |
|---------------|------------------------|----------------|--------------|
| Age: | 71 | Phone Number: | 5706409834 |
| Address: | 2405 FISHER CT | City: | LEHIGH ACRES |
| State: | FL | Zip Code: | 33936 |
| Gender: | FEMALE | Height: | 5'6 |
| Weight: | 200 | Waist Size | 16 |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 3J72Y76XD70 |
|-----------|----------|------------|-------------|
|-----------|----------|------------|-------------|

Medications

| Current Medication | IBUPROFEN, DIABETES PILL AND HIGH BLOOD PRESSURE PILL |
|--------------------|---|
| Medical History | ARTHRITIS, DIABETES AND HIGH BLOOD PRESSURE |

Medical Diagnosis

| The pain level was indicated | on a scale of 1-10 as the following: 8 |
|------------------------------|--|
| T | . 05/5541 /5450 400 |

The patient's pain started on or around SEVERAL YEARS AGO

The surgery addressed the following: **NA**

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING IBUPROFEN

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on JULY 11, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JANIS KING, APRN

Address: 3501 HEALTH CENTER BLVD STE 2410 ESTERO FL 34135

Physician's Signature:

Patient Name: **DEBORAH BOYER FIORILLO**

Patient Address: 2405 FISHER CT LEHIGH ACRES FL 33936

Patient Phone: 5706409834

LETTER OF MEDICAL NECESSITY

Re: DEBORAH BOYER FIORILLO Orthotic Device Need Assessment

Exam Date: 09/21/2024

Height: 5'6 Weight: 200 DOB: 07/05/1953

Ms BOYER FIORILLO is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE.

Ms BOYER FIORILLO reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms BOYER FIORILLO and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms BOYER FIORILLO has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BOYER FIORILLO continue medical follow-up as part of an ongoing plan of care.

Re: DEBORAH BOYER FIORILLO...... DOB: JULY 05, 1953

I, JANIS KING, APRN, verify and confirm this order for the above-named patient, and certify that I have personally performed the sessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ANIS KING, APRN

Signature

Date Signed: 09 23 24

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

| LEFT: | Positive |
|--------|----------|
| RIGHT: | Positive |

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

| LEFT: | Positive |
|--------|----------|
| RIGHT: | Positive |