

ADDICKS MEDICAL SUPPLY

RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			SHIPPING METHOD: <input checked="" type="checkbox"/> SHIP TO PATIENT'S HOME ADDRESS <input type="checkbox"/> SHIP TO PATIENT'S PHYSICIAN CLINIC
LESMERISES	PIROM		
LAST NAME	FIRST NAME	MI	
FEMALE	02/02/1948	6032243006	
GENDER	DATE OF BIRTH	PHONE NUMBER	
3 PINWOOD TRL	CONCORD	NH 03301	
ADDRESS	CITY	STATE & ZIPCODE	

INSURANCE INFORMATION	
MEDICARE	
PRIMARY INSURANCE	SECONDARY INSURANCE
5DM9A29JU33	
MEMBER ID	MEMBER ID

PHYSICIAN INFORMATION	
ERIC F POLLAK, MD	1962443523
PHYSICIAN NAME	NPI #
	6032280071
18 FOUNDRY ST STE 201 CONCORD NH 03301	PHONE NUMBER
PRACTICE LOCATION	6032277535
	FAX NUMBER

PRESCRIPTION SELECTION	
<input type="checkbox"/> L3670 – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L3960 – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L3660 – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L0650 – Lumbar Brace (Waist:) <input type="checkbox"/> L0642 – Lumbar Brace (Waist:) <input checked="" type="checkbox"/> L0457 – Lumbar Brace (Waist: MEDIUM) <input type="checkbox"/> L0648 – Lumbar Brace (Waist:) <input type="checkbox"/> E0100 – Electric Heat Pad <input type="checkbox"/> L1690 – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist:) <input type="checkbox"/> L1686 – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist:) <input type="checkbox"/> L2624 – Hip Joint Adjustable Flexion, Extension (Side: <input type="checkbox"/> L <input type="checkbox"/> R) <input type="checkbox"/> L3760 – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R)	<input type="checkbox"/> L3761 – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L3916 – Wrist Hand Finger (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L3915 - Wrist Hand Finger (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L1851 – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L1833 – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size:) <input type="checkbox"/> L2397 – Knee Sleeve (Size:) (Qty:) <input type="checkbox"/> E0100 – Cane <input type="checkbox"/> L2425 – Dial Lock Hinge ROM <input type="checkbox"/> L2820 – Lower Extremity Ortho <input checked="" type="checkbox"/> L1906 – Ankle Brace (Side: <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/> R) (Shoe Size: 5) <input type="checkbox"/> L1971 – Ankle Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Shoe Size:) <input type="checkbox"/> L0174 – Cervical Brace <input checked="" type="checkbox"/> L3170 – Heel Stabilizer (Side: <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/> R)

MEDICAL INFORMATION	
ICD 10 (Diagnosis Code(s)):	
<input checked="" type="checkbox"/> M54.50- Low back pain, unspecified <input type="checkbox"/> M17.12- Unilateral primary osteoarthritis left knee <input type="checkbox"/> M17.11- Unilateral primary osteoarthritis right knee <input type="checkbox"/> M25.512- Pain in the left shoulder <input type="checkbox"/> M25.511- Pain in the right shoulder <input type="checkbox"/> M25.552- Pain in Left Hip <input type="checkbox"/> M25.551- Pain in Right Hip	<input type="checkbox"/> M25.532- Pain in left wrist <input type="checkbox"/> M25.531 - Pain in right wrist <input checked="" type="checkbox"/> M19.072- Osteoarthritis Left Ankle <input checked="" type="checkbox"/> M19.071- Osteoarthritis Right Ankle <input type="checkbox"/> M25.522 Pain in left elbow <input type="checkbox"/> M25.521 Pain in right elbow <input type="checkbox"/> M54.2- Cervicalgia Pain in Neck
Length of Need: <input checked="" type="checkbox"/> 12+ months (long term) <input type="checkbox"/> ____ # of months (1-11)	

ADDICKS MEDICAL SUPPLY

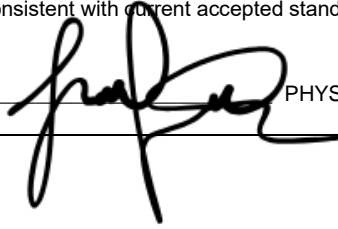
MEDICAL HISTORY**Previous treatments:** TAKING TYLENOL

Doctor's Notes: The patient reports chronic **LOWER BACK, RIGHT ANKLE AND LEFT ANKLE** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: _____



ERIC F POLLAK, MD

PHYSICIAN NAME: _____

DATE: _____

10/03/2024

Patient Name: **PIROM LESMERISES**
Patient Address: **3 PINWOOD TRL CONCORD NH 03301**
Patient Phone: **6032243006**

Physician Name: **ERIC F POLLAK, MD**
Address: 18 FOUNDRY ST STE 201 CONCORD NH 03301
Telephone: 6032280071
Fax: 6032277535

Patient: **PIROM LESMERISES**
Date of Birth: **02/02/1948**
Visit Date: **WITHIN 12 MONTHS**
Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

Patient Name:	PIROM LESMERISES	Date of Birth:	02/02/1948
Age:	76	Phone Number:	6032243006
Address:	3 PINWOOD TRL	City:	CONCORD
State:	NH	Zip Code:	03301
Gender:	FEMALE	Height:	4'7
Weight:	93	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	5DM9A29JU33
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5
The patient's pain started on or around 2 YEARS
The surgery addressed the following: NA
The pain is experienced SOMETIMES
The patient has attempted the following previous treatments/therapies: TAKING TYLENOL
The patient described their pain as the following: ACHY
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES
The pain is located in the patient's LOWER BACK, RIGHT ANKLE AND LEFT ANKLE
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, RIGHT ANKLE AND LEFT ANKLE

Subjective Notes

The patient reports chronic LOWER BACK, RIGHT ANKLE AND LEFT ANKLE pain for 2 YEARS . Patient states pain is ACHY with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES . Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.
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Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their LOWER BACK, RIGHT ANKLE AND LEFT ANKLE related to M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle . Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.
Patient's chronic pain is described ACHY and occurs SOMETIMES . The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 5 . The following activities make the patient's pain worse: DOING DAILY ACTIVITIES . Patient needs a BACK, RIGHT ANKLE AND LEFT ANKLE Brace to provide support and reduce pain level.

ADDICKS MEDICAL SUPPLY

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER.**, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **ERIC F POLLAK, MD**

Address: **18 FOUNDRY ST STE 201 CONCORD NH 03301**

Physician's Signature:



Date:

10/03/2024

Patient Name: **PIROM LESMERISES**

Patient Address: **3 PINWOOD TRL CONCORD NH 03301**

Patient Phone: **6032243006**

ADDICKS MEDICAL SUPPLY

LETTER OF MEDICAL NECESSITY

Re: **PIROM LESMERISES**
Orthotic Device Need Assessment
Exam Date: **10/02/2024**
Height: **4'7**
Weight: **125**
DOB: **02/02/1948**

Ms LESMERISES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, RIGHT ANKLE AND LEFT ANKLE**.

Ms LESMERISES reports chronic **LOWER BACK, RIGHT ANKLE AND LEFT ANKLE** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of 5 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

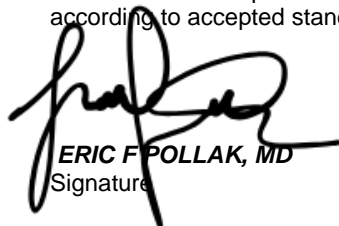
Diagnosis includes: **M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle**. Based on my conversation with **Ms LESMERISES** and evaluation of his/her condition, I am ordering the following: **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER**.

Patient is ambulatory and has weakness of the **LOWER BACK, RIGHT ANKLE AND LEFT ANKLE** requiring stabilization for improvement of functionality. I am prescribing this **BACK AND ANKLE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **BACK AND ANKLE**. My treatment goal(s) for the use of the prescribed **BACK AND ANKLE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms LESMERISES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms LESMERISES** continue medical follow-up as part of an ongoing plan of care.

Re: **PIROM LESMERISES..... DOB: FEBRUARY 02, 1948**

I, **ERIC F POLLAK, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.


ERIC F POLLAK, MD
Signature

Date Signed: 10/03/2024