RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
CUNNEEN	WILLIAM			
LAST NAME	FIRST NAME	MI		
MALE	05/18/1943	6176165453	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
240 PEARL ST APT #106	SOMERVILLE	MA 02145		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE 5WA9M33QD31				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
GABRIEL SZENTPALY MD		1942233119		
PHYSICIAN NAME		NPI #		
		6178648822		
725 CONCORD AVE, ATE 60100	CAMBRIDGE MA 02138	PHONE NUMBER		
PRACTICE LOCATION		6175479170		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
□ L3960 - Shoulder Brace (Side: □ L3670 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1696 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle: □ L3760 - Elbow Brace (Side: □ L	L	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1843 − Knee Bra □ L1852 − Knee Bra □ L1833 − Knee Bra □ L1851 − Knee Bra □ L2397 − Knee Sea □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical I	tremity Ortho ace (Side: \Box L \Box R) (Shoe Size:) ace (Side: \boxtimes L \boxtimes R) (Shoe Size: 10)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee r	 M19.071- Oster M25.522 Pain ir M25.521 Pain ir M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 10 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

GABRIEL SZENTPALY MD

PHYSICIAN SIGNATURE:_

_____ PHYSICIAN NAME: _____

DATE**D9 - 12 - 2029**

Patient Name: WILLIAM CUNNEEN

Patient Address: 240 PEARL ST APT #106 SOMERVILLE MA 02145

Patient Phone: 6176165453

Physician Name: GABRIEL SZENTPALY MD

Address: 725 CONCORD AVE, ATE 60100 CAMBRIDGE MA 02138

Telephone: 6178648822 Fax: 6175479170 Patient: WILLIAM CUNNEEN Date of Birth: 05/18/1943 Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	WILLIAM CUNNEEN	Date of Birth:	05/18/1943
Age:	81	Phone Number:	6176165453
Address:	240 PEARL ST APT #106	City:	SOMERVILLE
State:	МА	Zip Code:	02145
Gender:	MALE	Height:	5`9
Weight:	190	Waist Size	38

Patient Insurance

Provider:	MEDICARE	Member ID:	5WA9M33QD31
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Medications

Current Medication	GABAPENTIN, METFORMIN
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 10 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: GABRIEL SZENTPALY MD

Address: 725 CONCORD AVE, ATE 60100 CAMBRIDGE MA 02138

Physician's Signature:

Date:

Patient Name: WILLIAM CUNNEEN

Patient Address: 240 PEARL ST APT #106 SOMERVILLE MA 02145

Patient Phone: 6176165453

LETTER OF MEDICAL NECESSITY

Re: WILLIAM CUNNEEN

Orthotic Device Need Assessment

Exam Date: 09/12/2024

Height: **5`9** Weight: **190** DOB: **05/18/1943**

Mr CUNNEEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE.

Mr CUNNEEN reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Mr CUNNEEN and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE AND ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE AND ANKLE. My treatment goal(s) for the use of the prescribed BACK, KNEE AND ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr CUNNEEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr CUNNEEN** continue medical follow-up as part of an ongoing plan of care.

Re: WILLIAM CUNNEEN...... DOB: May 18, 1943

I, GABRIEL SZENTPALY MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

GABRIEL FENTPALY MD Signature

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive