RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
SCOLA	GAETANO		
LAST NAME	FIRST NAME	MI	
MALE	07/02/1944	9782836179	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC
49 CENTENNIAL AVE	GLOUCESTER	MA 01930	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE	_	SECONDARY INSURANCE	_
PRIMARY INSURANCE			
9KM2VR1NK96		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATION	ON		
VICTOR CARABBA, MD		1386673184	
PHYSICIAN NAME		NPI #	
		9782837580	
298 WASHINGTON ST 4TH FLF	R GLOUCESTER MA 01930	PHONE NUMBER	
PRACTICE LOCATION		9782830456	
		FAX NUMBER	
PRESCRIPTION OF FOT	TON		
PRESCRIPTION SELECT L3670 – Shoulder Brace (Side:		□ L3761 – Elbow Bra	ıce (Side: □ L □ R) (Size:)
□ L3960 – Shoulder Brace (Side: L3660 – Shoulder Brace (Side: L36	, , , ,		d Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:)
□ L0650 – Lumbar Brace (Waist: L0642 – Lumbar Brace (Waist:			ce (Side: L R) (Size: MEDIUM) ce (Side: L R) (Size:)
	12)	□ L1833 – Knee Brad	ce (Side: R) (Size:)
☐ E0100 – Electric Heat Pad	,	□ E0100 – Cane	eve (Size: MEDIUM) (Qty: 2)
 L1690 - Hip Brace (Side: □ L I L1686 - Hip Brace (Side: □ L I 	, ,	□ L2425 – Dial Lock □ L2820 – Lower Ext	=
L2624 - Hip Joint Adjustable FleL3760 - Elbow Brace (Side: □	exion, Extension (Side: □ L □ R) L □ R)	□ L1906 / L1971 – A □ L0174 – Cervical B	nkle Brace (Side: □ L □ R) (Shoe Size:) Brace
	,		ilizer (Side: □ L □ R)
MEDICAL INFORMATION	l		
ICD 10 (Diagnosis Code(s)):	fied	☐ M25.532- Pain i	n left wrist
		in right wrist	
	r	☐ M19.071- Osteo	arthritis Right Ankle
□ M25.511-Pain in the right shoulder □ M25.522 Pain in left elbow □ M25.521 Pain in Left Hip □ M25.521 Pain in right elbow			
□ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain in Neck			
Length of Need: ⊠ 12+ mon	ths (long term)	nths (1-11)	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATIONS

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing the items listed above a indicated and necessary and consistent with aurent accepted standards of medicated and necessary and consistent with aurent accepted standards of medicated and necessary and consistent with aurent accepted standards of medicated and necessary and consistent with aurent accepted standards of medicated and necessary and consistent with aurent accepted standards of medicated and necessary and consistent with a cons	and certifying that the above-prescal practice and treatment of this pa	ribed item(s) is medically tient's physical condition.
PHYSICIAN SIGNATURE: PHYSICIAN NAME:	VICTOR CARABBA, MD	DATE: IN INS HOU

10/05/2024 03:24 PM Addison Gilbert Hospital P. 003 / 006

ADDICKS MEDICAL SUPPLY

Patient Name: GAETANO SCOLA

Patient Address: 49 CENTENNIAL AVE GLOUCESTER MA 01930

Patient Phone: 9782836179

Physician Name: VICTOR CARABBA, MD

Address: 298 WASHINGTON ST 4TH FLR GLOUCESTER MA

01930 Telephone: 9782837580 Fax: 9782830456 Patient: GAETANO SCOLA
Date of Birth: 07/02/1944
Visit Date: WITHIN 12 MONTHS
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

r atient beinographios			
Patient Name:	GAETANO SCOLA	Date of Birth:	07/02/1944
Age:	80	Phone Number:	9782836179
Address:	49 CENTENNIAL AVE	City:	GLOUCESTER
State:	MA	Zip Code:	01930
Gender:	MALE	Height:	5'9
Weight:	203	Waist Size	42

Patient Insurance

Provider:	MEDICARE	Member ID:	9KM2VR1NK96
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Medications

Current Medication	ACETAMINOPHEN AND TYLENOL
Medical History	DIABETES AND HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: VICTOR CARABBA, MD

Address: 298 WASHINGTON ST 4TH FLR GLOUCESTER MA 01930

Physician's Signature:

Date:

Patient Name: GAETANO SCOLA

Patient Address: 49 CENTENNIAL AVE GLOUCESTER MA 01930

Patient Phone: 9782836179

LETTER OF MEDICAL NECESSITY

Re: GAETANO SCOLA

Orthotic Device Need Assessment

Exam Date: 10/04/2024

Height: **5'9** Weight: **203** DOB: **07/02/1944**

Mr SCOLA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Mr SCOLA reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of 7 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr SCOLA and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr SCOLA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr SCOLA** continue medical follow-up as part of an ongoing plan of care.

Re: GAETANO SCOLA...... DOB: JULY 02, 1944

I, VICTOR CARABBA, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

VICTOR CARABBA, MD

Signature

Date Signed: 11/15 hou

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive