# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
VIZZONI	ANNA				
LAST NAME	FIRST NAME	MI			
FEMALE	03/10/1940	9082849536	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
9 INDIAN PLANTATION ST	FLEMINGTON	NJ 08822			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
6EQ0D43TA31					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO					
SAMEER SIDDIQI, D.O.		1417368499			
PHYSICIAN NAME		NPI #			
		9087886410			
2100 WESCOTT DR FLEMINGT	ON NJ 08822	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		9087886361			
		FAX NUMBER	FAX NUMBER		
DDESCRIPTION SELECT	ION				
PRESCRIPTION SELECTION         □ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)         □ L0642 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: MEDIUM)       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2)         □ E0100 - Electric Heat Pad       □ E0100 - Cane         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2425 - Dial Lock Hinge ROM         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L2820 - Lower Extremity Ortho         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L3760 - Elbow Brace (Side: □ L □ R)       □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side:			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	<ul><li>☐ M19.071- Oste</li><li>☐ M25.522 Pain</li><li>☐ M25.521 Pain</li></ul>	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow		

### **MEDICAL HISTORY**

**Previous treatments: TAKING TYLENOL AND CODINE** 

**Doctor's Notes:** The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE. PHYSICIAN NAME: DATE:

Patient Name: ANNA VIZZONI

Patient Address: 9 INDIAN PLANTATION ST FLEMINGTON NJ 08822

Patient Phone: 9082849536

Physician Name: SAMEER SIDDIQI, D.O.

Address: 2100 WESCOTT DR FLEMINGTON NJ 08822

Telephone: 9087886410 Fax: 9087886361 Patient: ANNA VIZZONI
Date of Birth: 03/10/1940
Visit Date: WITHIN 12 MONTHS
Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ANNA VIZZONI	Date of Birth:	03/10/1940
Age:	84	Phone Number:	9082849536
Address:	9 INDIAN PLANTATION ST	City:	FLEMINGTON
State:	NJ	Zip Code:	08822
Gender:	FEMALE	Height:	5'2
Weight:	174	Waist Size	MEDIUM

## **Patient Insurance**

Provider: MEDICARE	Member ID:	6EQ0D43TA31
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#### Medications

Current Medication	CODINE AND TYLENOL
Medical History	ARTHRITIS

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around SEVERAL YEARS AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL AND CODINE

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

# **Subjective Notes**

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 10 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: SAMEER SIDDIQI, D.O.

Address: 2100 WESCOTT DR FLEMINGTON NJ 08822

Physician's Signature:

Date

Patient Name: ANNA VIZZONI

Patient Address: 9 INDIAN PLANTATION ST FLEMINGTON NJ 08822

Patient Phone: 9082849536

#### LETTER OF MEDICAL NECESSITY

Re: ANNA VIZZONI

Orthotic Device Need Assessment

Exam Date: 09/23/2024

Height: **5'2** Weight: **174** DOB: **03/10/1940** 

**Ms VIZZONI** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

**Ms VIZZONI** reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of 8 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms VIZZONI and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms VIZZONI** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms VIZZONI** continue medical follow-up as part of an ongoing plan of care.

Re: ANNA VIZZONI...... DOB: MARCH 10, 1940

I, **SAMEER SIDDIQI, D.O.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to assepted standards of medical practice within the community, for this patient's medical condition.

SAMEER SIDDIQI, D.O.

Signature

Date Signed: 09/24/2014

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive