# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
PATTON	JON			
LAST NAME	FIRST NAME	MI		
MALE	09/10/1942	5132732026	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
80 CHARLESTON DR	OXFORD	OH 45056		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
9UC3E88PJ87				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
AMNEET KHERA, D.O.		1588836381		
PHYSICIAN NAME		NPI#		
		5135234195		
5151 MORNING SUN RD STE D	OXFORD OH 45056	PHONE NUMBER		
PRACTICE LOCATION		5135234353		
		FAX NUMBER		
PRESCRIPTION SELECT	ON			
L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3671 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0637 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)         □ L0642 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 1)         □ L0648 - Lumbar Brace (Waist: MEDIUM)       □ E0100 - Cane         □ L0648 - Lumbar Brace (Waist: )       □ L2425 - Dial Lock Hinge ROM         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2820 - Lower Extremity Ortho         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L1774 - Cervical Brace       □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size: )  d Finger (Side: □ L □ R) (Size: )  ce (Side: □ L □ R) (Size: MEDIUM)  ce (Side: □ L □ R) (Size: )  eve (Size: MEDIUM) (Qty: 1)  Hinge ROM  tremity Ortho  ice (Side: □ L □ R) (Shoe Size: )  ice (Side: □ L □ R) (Shoe Size: )  Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee rthritis right knee r	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Oster ☐ M19.071- Oster ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

#### **MEDICAL HISTORY**

Previous treatments: EXERCISE

**Doctor's Notes:** The patient reports chronic **Back**, **Right Knee** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_

AMNEET KHERA, D.O.

PHYSICIAN NAME:

Patient Name: JON PATTON

Patient Address: 80 CHARLESTON DR OXFORD OH 45056

Patient Phone: 5132732026

Physician Name: AMNEET KHERA, D.O.

Address: 5151 MORNING SUN RD STE D OXFORD OH 45056

Telephone: **5135234195** Fax: **5135234353** 

Patient: JON PATTON
Date of Birth: 09/10/1942
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	JON PATTON	Date of Birth:	09/10/1942
Age:	82	Phone Number:	5132732026
Address:	80 CHARLESTON DR	City:	OXFORD
State:	ОН	Zip Code:	45056
Gender:	MALE	Height:	5'8
Weight:	150	Waist Size	MEDIUM

#### **Patient Insurance**

Provider: MEDICARE Member ID: 9UC3E88PJ87
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#### **Medications**

Current Medication	NONE
Medical History	NONE

**Medical Diagnosis** 

The pain level was indicated on a scale of 1-10 as the following: 7
The natient's pain started on or around A YFAR

The surgery addressed the following: **NA** 

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back, Right Knee

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Right Knee

#### **Subjective Notes**

The patient reports chronic **Back**, **Right Knee** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their Back, Right Knee related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back**, **Right Knee** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: AMNEET KHERA, D.O.

Address: 5151 MORNING SUN RD STE D OXFORD OH 45056

Physician's Signature:

Patient Name: JON PATTON

Patient Address: 80 CHARLESTON DR OXFORD OH 45056

Patient Phone: 5132732026

#### LETTER OF MEDICAL NECESSITY

Re: JON PATTON

Orthotic Device Need Assessment

Exam Date: 09/26/2024

Height: **5'8** Weight: **150** DOB: **09/10/1942** 

Mr PATTON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Right Knee.

Mr PATTON reports chronic Back, Right Knee pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee. Based on my conversation with Mr PATTON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **Back, Right Knee** requiring stabilization for improvement of functionality. I am prescribing this **Back, Right Knee** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back, Right Knee**. My treatment goal(s) for the use of the prescribed **Back, Right Knee** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr PATTON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr PATTON** continue medical follow-up as part of an ongoing plan of care.

Re: JON PATTON...... DOB: SEPTEMBER 10, 1942

I, AMNEET KHERA, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

AMNEET KN

Signature

Date Signed: 19 23 2 524

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

#### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive