# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
NORMAN JR	DAVID				
LAST NAME	FIRST NAME	MI			
MALE	6/25/1935	9852326666	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
8 SUMMERFIELD DR	HOUMA	LA 70360			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	DN				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
5XU7FM4QF60		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	N				
RUSSELL PATRICK HENRY M.D		1780689893			
PHYSICIAN NAME		NPI#			
		985-876-7388			
911 VERRET ST HOUMA LA 703	60	PHONE NUMBER			
PRACTICE LOCATION		985-876-3378			
		FAX NUMBER			
DDECORIDATION OF FOTH	ON.				
PRESCRIPTION SELECTION	ON				
□ L3671 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □			ce (Side:   L   R) (Size: )  d Finger (Side:   L   R) (Size: )		
□ L3660 - Shoulder Brace (Side: □	, ,	☐ <b>L3915</b> - Wrist Hand	f Finger (Side: ☐ L ☐ R) (Size: )		
□ L0650 – Lumbar Brace (Waist: ) □ L0642 – Lumbar Brace (Waist: )			□ L1852– Knee Brace (Side: □ L □ R) (Size: ) □ L1851 – Knee Brace (Side: □ L □ R) (Size: )		
■ L0457 – Lumbar Brace (Waist: MEDIUM		☐ <b>L1833</b> – Knee Brad	ce (Side: □ L □ R) (Size: )		
□ L0648 – Lumbar Brace (Waist: ) □ E0100 – Electric Heat Pad		□ <b>L2397</b> – Knee Slee □ <b>E0100</b> – Cane	eve (Size: ) (Qty: )		
☐ L1690 – Hip Brace (Side: ☐ L ☐ R) (Waist: )		□ L2425 – Dial Lock Hinge ROM			
	L1686 – Hip Brace (Side: □ L □ R) (Waist: ) □ L2820 – Lower Extremity Ortho L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 – Ankle Brace (Side: □ L □		remity Ortho ce (Side: □ L □ R) (Shoe Size: )		
☐ L3760 – Elbow Brace (Side: ☐ L		L1971 – Ankle Brace (Side: $\Box$ L $\Box$ R) (Shoe Size: )			
		□ <b>L0174</b> – Cervical B □ <b>L317</b> 0 – Heel Stabi	race ilizer (Side: □ L □ R)		
			(0.00. = 0 = 0.0)		
MEDICAL INFORMATION					
ICD 10 (Diagnosis Code(s)):					
		☐ M25.532- Pain ii			
<ul><li>M17.12- Unilateral primary osteoar</li><li>M17.11-Unilateral primary osteoart</li></ul>		<ul><li>☐ M25.531 - Pain i</li><li>☐ M19.072- Osteo</li></ul>	in right wrist arthritis Left Ankle		
☐ M25.512-Pain in the left shoulder	-	☐ M19.071- Osteo	arthritis Right Ankle		
<ul><li>M25.511-Pain in the right shoulder</li><li>M25.552- Pain in Left Hip</li></ul>		<ul><li>☐ M25.522 Pain in</li><li>☐ M25.521 Pain in</li></ul>			
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervicalg	=		
Length of Need:   □ 12+ month	as (long term) $\Box$ # of months	s (1-11)			

# **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

RUSSELL PATRICK HENRY M.D.

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: DAVID NORMAN JR

Patient Address: 8 SUMMERFIELD DR HOUMA LA 70360

Patient Phone: 9852326666

Physician Name: RUSSELL PATRICK HENRY M.D. Address: 911 VERRET ST HOUMA LA 70360

Telephone: 985-876-7388 Fax: 985-876-3378

Patient: **DAVID NORMAN JR**Date of Birth: **6/25/1935**Visit Date: **6 MONTHS AGO**Reason for visit: **Check-up** 

# **Clinical Summary**

# **Patient Demographics**

Patient Name:	DAVID NORMAN JR	Date of Birth:	6/25/1935
Age:	89	Phone Number:	9852326666
Address:	8 SUMMERFIELD DR	City:	HOUMA
State:	LA	Zip Code:	70360
Gender:	MALE	Height:	5'6
Weight:	220	Waist Size	MEDIUM

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	5XU7FM4QF60
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#### Resting

Current Medication	ASPIRIN
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back** 

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 6 MONTHS AGO

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

D9-11-2024

### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: RUSSELL PATRICK HENRY M.D.

Address: 911 VERRET ST HOUMA LA 70360

Physician's Signature:

Patient Name: DAVID NORMAN JR

Patient Address: 8 SUMMERFIELD DR HOUMA LA 70360

Patient Phone: 9852326666

Date:

#### LETTER OF MEDICAL NECESSITY

Re: DAVID NORMAN JR

Orthotic Device Need Assessment

Exam Date: 09/10/2024

Height: 5'6 Weight: 220 DOB: 6/25/1935

Mr NORMAN JR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr NORMAN JR reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr NORMAN JR and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr NORMAN JR has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr NORMAN JR continue medical follow-up as part of an ongoing plan of care.

Re: DAVID NORMAN JR...... DOB: June 25, 1935

I, RUSSELL PATRICK HENRY M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

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