RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N				
VILLAVERT	ANA				
LAST NAME	FIRST NAME	MI			
FEMALE	11/26/1941	2096614045	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	 		
3100 QUEENS GATE LN	MODESTO	CA 95355			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE					
2C67HK3NN45		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMAT	ION				
LISA M GIL, MD		1447232988			
PHYSICIAN NAME		NPI #			
		2095223362			
1317 OAKDALE RD STE 440	MODESTO CA 95355	PHONE NUMBER			
PRACTICE LOCATION		2095223363			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELEC	TION				
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		☑ L3916 – Wrist Har ☐ L3915 - Wrist Har ☐ L1852 – Knee Bra ☐ L1833 / L1851 – H ☐ L2397 – Knee Sle ☐ E0100 – Cane ☐ L2425 – Dial Lock ☐ L2820 – Lower Ex ☑ L1906 – Ankle Bra ☐ L1971 – Ankle Bra ☐ L0174 – Cervical			
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspe M17.12- Unilateral primary oste M17.11-Unilateral primary oste M25.512-Pain in the left should M25.511-Pain in the right shou M25.552- Pain in Left Hip M25.551- Pain in Right Hip	cified coarthritis left knee oarthritis right knee ler Ider	 M19.071- Oste □ M25.522 Pain i □ M25.521 Pain i □ M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow		
Length of Need: ⊠ 12+ mo	onths (long term) 🔲# of mo	onths (1-11)			

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Patient Name: ANA VILLAVERT

Patient Address: 3100 QUEENS GATE LN MODESTO CA 95355

Patient Phone: 2096614045

Physician Name: LISA M GIL, MD

Address: 1317 OAKDALE RD STE 440 MODESTO CA 95355

Telephone: 2095223362 Fax: 2095223363 Patient: ANA VILLAVERT Date of Birth: 11/26/1941 Visit Date: 08/16/2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	ANA VILLAVERT	Date of Birth:	11/26/1941	
Age:	82	Phone Number:	2096614045	
Address:	3100 QUEENS GATE LN	City:	MODESTO	
State:	CA	Zip Code:	95355	
Gender:	FEMALE	Height:	5'1	
Weight:	120	Waist Size	MEDIUM	

Patient Insurance

Provider:	MEDICARE	Member ID:	2C67HK3NN45
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around SEVERAL YEARS AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 08/16/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST**

Subjective Notes

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 10 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LISA M GIL, MD

Address: 1317 OAKDALE RD STE 440 MODESTO CA 95355

Physician's Signature:

Date:

Patient Name: ANA VILLAVERT

Patient Address: 3100 QUEENS GATE LN MODESTO CA 95355

Patient Phone: 2096614045

LETTER OF MEDICAL NECESSITY

Re: ANA VILLAVERT

Orthotic Device Need Assessment

Exam Date: 10/02/2024

Height: **5'1** Weight: **120** DOB: **11/26/1941**

Ms VILLAVERT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms VILLAVERT reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms VILLAVERT and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ANKLE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **WRIST**, **ANKLE**. My treatment goal(s) for the use of the prescribed **WRIST**, **ANKLE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms VILLAVERT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms VILLAVERT** continue medical follow-up as part of an ongoing plan of care.

Re: ANA VILLAVERT DOB: NOVEMBER 26, 1941

I, LISA M GIL, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 16/03/24