RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ı		
PAULEY	CLARECE		
LAST NAME	FIRST NAME	MI	
FEMALE	09/22/1944	8433390429	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC
114 JEFFERY ST	DARLINGTON	SC 29532	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION MEDICARE PRIMARY INSURANCE 1YC4YE0QG04 MEMBER ID		SECONDARY INSURANCE MEMBER ID	
PHYSICIAN INFORMATION ALEXANDER COHEN MD PHYSICIAN NAME PHYSICIAN NAME 1962483958 NPI # 8433937452 PHONE NUMBER PHONE NUMBER 8433936310 FAX NUMBER			
PRESCRIPTION SELEC	TION		
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: SMALL) □ L0447 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: SMALL) (Qty: 2) □ E0100 - Electric Heat Pad □ L2425 - Dial Lock Hinge ROM □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) □ L3770 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	sified oarthritis left knee oarthritis right knee er	 ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical ☐ 	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:__

ALEXANDER COHEN MD

DA 12-2024

08/12/2024 12:42 PM GENESIS HEALTHCARE P. 003 / 006

DV MEDICAL SUPPLY

Patient Name: CLARECE PAULEY

Patient Address: 114 JEFFERY ST DARLINGTON SC 29532

Patient Phone: 8433390429

Physician Name: ALEXANDER COHEN MD Address: 201 CASHUA ST DARLINGTON SC 29532

Telephone: 8433937452 Fax: 8433936310 Patient: CLARECE PAULEY Date of Birth: 09/22/1944 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

<u> </u>			
Patient Name:	CLARECE PAULEY	Date of Birth:	09/22/1944
Age:	79	Phone Number:	8433390429
Address:	114 JEFFERY ST	City:	DARLINGTON
State:	sc	Zip Code:	29532
Gender:	FEMALE	Height:	5'4
Weight:	150	Waist Size	34

Patient Insurance

Provider: MEDICARE Member ID: 1YC4YE0QG04	
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Medications

Current Medication	HIGH BLOOD PRESSURE PILL ONCE A DAY, VITRON ONCE A DAY, ALEVE ONCE A DAY, ASPIRIN ONCE A DAY
Medical History	HIGH BLOOD PRESSURE AND HIGH CHOLESTEROL

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following	j: 7
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The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALEXANDER COHEN MD

Address: 201 CASHUA ST DARLINGTON SC 29532

Physician's Signature:

Date

Patient Name: CLARECE PAULEY

Patient Address: 114 JEFFERY ST DARLINGTON SC 29532

Patient Phone: 8433390429

LETTER OF MEDICAL NECESSITY

Re: CLARECE PAULEY

Orthotic Device Need Assessment

Exam Date: 08/12/2024

Height: **5'4** Weight: **150** DOB: **09/22/1944**

Ms PAULEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms PAULEY reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms PAULEY and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms PAULEY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms PAULEY** continue medical follow-up as part of an ongoing plan of care.

Re: CLARECE PAULEY...... DOB: September 22, 1944

I, ALEXANDER COHEN MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ALEXANDER COHEN MD Signature

Date Signed: 7-17-17019

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive