# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
KITCHEN	BOBBY				
LAST NAME	FIRST NAME	MI			
MALE	07/10/1948	9106507981	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS  SHIP TO PATIENT'S PHYSICIAN CLINIC		
83 CROWN POINT RD	HUBERT	NC 28539			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ION				
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
8JA8GA9VN39		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION NICHOLAS FARINA MD PHYSICIAN NAME	ON	1013901164 NPI#			
		2526331010			
137 MEDICAL LANE POLLOCH	SVILLE NC 28573	PHONE NUMBER			
PRACTICE LOCATION		2522243071	2522243071		
		FAX NUMBER	FAX NUMBER		
	□ L □ R) (Size: ) □ L □ R) (Size: ) □ L □ R) (Size: ) ) )  MEDIUM ) □ R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slec □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Bra	Hinge ROM cremity Ortho ce (Side: □ L □ R) (Shoe Size: )		
□ L3760 – Elbow Brace (Side: □	L □ R)	□ <b>L0174</b> – Cervical E	ce (Side:		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied oarthritis left knee arthritis right knee r	☐ M25.532- Pain i ☐ M25.531 - Pain i ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicalg	in right wrist earthritis Left Ankle earthritis Right Ankle n left elbow n right elbow		

# **MEDICAL HISTORY**

Previous treatments: RESTING, TYLENOL

**Doctor's Notes:** The patient reports chronic **Back** pain for **10 YEARS**. Patient states pain is **SHARP**, **ACHY** with a pain scale of **9** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
, , , , ,	n prescribing the items listed above and certifying the current accepted standards of medical practice and t	. , ,
	NICHOLAS FA	ARINA MD
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	DATE:

Patient Name: BOBBY KITCHEN

Patient Address: 83 CROWN POINT RD HUBERT NC 28539

Patient Phone: 9106507981

Physician Name: NICHOLAS FARINA MD

Address: 137 MEDICAL LANE POLLOCKSVILLE NC 28573

Telephone: **2526331010** Fax: **2522243071** 

Patient: BOBBY KITCHEN Date of Birth: 07/10/1948 Visit Date: June 25, 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BOBBY KITCHEN	Date of Birth:	07/10/1948
Age:	76	Phone Number:	9106507981
Address:	83 CROWN POINT RD	City:	HUBERT
State:	NC	Zip Code:	28539
Gender:	MALE	Height:	5'6
Weight:	160	Waist Size	м

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	8JA8GA9VN39
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#### **Medications**

Current Medication	TYLENOL 2/3 X A DAY
Medical History	DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around 10 YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: RESTING, TYLENOL

The patient described their pain as the following: SHARP, ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on June 25, 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **10 YEARS**. Patient states pain is **SHARP**, **ACHY** with a pain scale of **9** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 10 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP, ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues: To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** Provider Name: **NICHOLAS FARINA MD** 137 MEDICAL LANE POLLOCKSVILLE NC 28573 Address: Physician's Signature: Date:

Patient Name: BOBBY KITCHEN

Patient Address: 83 CROWN POINT RD HUBERT NC 28539

Patient Phone: 9106507981

#### LETTER OF MEDICAL NECESSITY

Re: BOBBY KITCHEN

Orthotic Device Need Assessment

Exam Date: 08/07/2024

NICHOLAS FARINA MD

Signature

Height: 5'6 Weight: 160 DOB: 07/10/1948

Mr KITCHEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr KITCHEN reports chronic Back pain for 10 YEARS. Patient states pain is SHARP, ACHY with a pain scale of 9 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr KITCHEN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr KITCHEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr KITCHEN** continue medical follow-up as part of an ongoing plan of care.

Re: BOBBY KITCHEN	DOB: July 10, 1948		
I, NICHOLAS FARINA ME	D, verify and confirm this order for the ab	pove-named patient, and certify that I	have personally performed
•	tient for the prescribed treatment and devented and devented and medical practice within the contraction within the contraction.	,	3,

Date Signed: