

RX / MEDICAL NECESSITY FORM

<b>PATIENT INFORMATION</b>			<b>SHIPPING METHOD:</b> <input checked="" type="checkbox"/> SHIP TO PATIENT'S HOME ADDRESS <input type="checkbox"/> SHIP TO PATIENT'S PHYSICIAN CLINIC
<b>HUND</b> _____ LAST NAME	<b>DENNIS</b> _____ FIRST NAME	_____ MI	
<b>MALE</b> _____ GENDER	<b>03/27/1947</b> _____ DATE OF BIRTH	<b>6082482240</b> _____ PHONE NUMBER	
<b>176 S HERMAN ST</b> _____ ADDRESS	<b>BUFFALO CITY</b> _____ CITY	<b>WI 54622</b> _____ STATE & ZIPCODE	

<b>INSURANCE INFORMATION</b>	
<b>MEDICARE</b> _____ PRIMARY INSURANCE	_____ SECONDARY INSURANCE
<b>4V05WF0TY70</b> _____ MEMBER ID	_____ MEMBER ID

<b>PHYSICIAN INFORMATION</b>	
<b>KEVIN FITZGERALD, MD</b> _____ PHYSICIAN NAME	<b>1730179243</b> _____ NPI #
<b>191 THEATER RD ONALASKA WI 54650</b> _____ PRACTICE LOCATION	<b>6083925000 / 6083925001</b> _____ PHONE NUMBER
	<b>6083925790</b> _____ FAX NUMBER

<b>PRESCRIPTION SELECTION</b>	
<input type="checkbox"/> <b>L3671</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3960</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3660</b> – Shoulder Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L0650</b> – Lumbar Brace (Waist: ) <input type="checkbox"/> <b>L0642</b> – Lumbar Brace (Waist: ) <input checked="" type="checkbox"/> <b>L0457</b> – Lumbar Brace (Waist: <b>MEDIUM</b> ) <input type="checkbox"/> <b>L0648</b> – Lumbar Brace (Waist: ) <input type="checkbox"/> <b>E0100</b> – Electric Heat Pad <input type="checkbox"/> <b>L1690</b> – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist: ) <input type="checkbox"/> <b>L1686</b> – Hip Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Waist: ) <input type="checkbox"/> <b>L2624</b> – Hip Joint Adjustable Flexion, Extension (Side: <input type="checkbox"/> L <input type="checkbox"/> R) <input type="checkbox"/> <b>L3760</b> – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R)	<input type="checkbox"/> <b>L3761</b> – Elbow Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3916</b> – Wrist Hand Finger (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L3915</b> - Wrist Hand Finger (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1852</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1851</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L1833</b> – Knee Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Size: ) <input type="checkbox"/> <b>L2397</b> – Knee Sleeve (Size: ) (Qty: ) <input type="checkbox"/> <b>E0100</b> – Cane <input type="checkbox"/> <b>L2425</b> – Dial Lock Hinge ROM <input type="checkbox"/> <b>L2820</b> – Lower Extremity Ortho <input type="checkbox"/> <b>L1906</b> – Ankle Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Shoe Size: ) <input type="checkbox"/> <b>L1971</b> – Ankle Brace (Side: <input type="checkbox"/> L <input type="checkbox"/> R) (Shoe Size: ) <input type="checkbox"/> <b>L0174</b> – Cervical Brace <input type="checkbox"/> <b>L3170</b> – Heel Stabilizer (Side: <input type="checkbox"/> L <input type="checkbox"/> R)

<b>MEDICAL INFORMATION</b>	
<b>ICD 10 (Diagnosis Code(s)):</b>	
<input checked="" type="checkbox"/> M54.50- Low back pain, unspecified <input type="checkbox"/> M17.12- Unilateral primary osteoarthritis left knee <input type="checkbox"/> M17.11- Unilateral primary osteoarthritis right knee <input type="checkbox"/> M25.512- Pain in the left shoulder <input type="checkbox"/> M25.511- Pain in the right shoulder <input type="checkbox"/> M25.552- Pain in Left Hip <input type="checkbox"/> M25.551- Pain in Right Hip	<input type="checkbox"/> M25.532- Pain in left wrist <input type="checkbox"/> M25.531 - Pain in right wrist <input type="checkbox"/> M19.072- Osteoarthritis Left Ankle <input type="checkbox"/> M19.071- Osteoarthritis Right Ankle <input type="checkbox"/> M25.522 Pain in left elbow <input type="checkbox"/> M25.521 Pain in right elbow <input type="checkbox"/> M54.2- Cervicalgia Pain neck
<b>Length of Need:</b> <input checked="" type="checkbox"/> 12+ months (long term) <input type="checkbox"/> _____ # of months (1-11)	

## FIRST STEP DME INC.

**MEDICAL HISTORY****Previous treatments: CHIROPRACTIC TREATMENT**

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

**PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: 

KEVIN FITZGERALD, MD

PHYSICIAN NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

09-16-2024

Patient Name: **DENNIS HUND**  
Patient Address: **176 S HERMAN ST BUFFALO CITY WI 54622**  
Patient Phone: **6082482240**

Physician Name: **KEVIN FITZGERALD, MD**  
Address: **191 THEATER RD ONALASKA WI 54650**  
Telephone: **6083925000 / 6083925001**  
Fax: **6083925790**

Patient: **DENNIS HUND**  
Date of Birth: **03/27/1947**  
Visit Date: **WITHIN 12 MONTHS**  
Reason for visit: **Check-up**

## Clinical Summary

### Patient Demographics

Patient Name:	DENNIS HUND	Date of Birth:	03/27/1947
Age:	77	Phone Number:	6082482240
Address:	176 S HERMAN ST	City:	BUFFALO CITY
State:	WI	Zip Code:	54622
Gender:	MALE	Height:	5'9
Weight:	205	Waist Size	MEDIUM

### Patient Insurance

Provider:	MEDICARE	Member ID:	4V05WF0TY70
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### Medications

Current Medication	HIGH BLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

### Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5
The patient's pain started on or around SEVERAL YEARS
The surgery addressed the following: NA
The pain is experienced SOMETIMES
The patient has attempted the following previous treatments/therapies: CHIROPRACTIC TREATMENT
The patient described their pain as the following: DULL
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES
The pain is located in the patient's Back
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on WITHIN 12 MONTHS

### Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back
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### Subjective Notes

The patient reports chronic Back pain for SEVERAL YEARS. Patient states pain is DULL with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.
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### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.
Patient's chronic pain is described DULL and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a Back Brace to provide support and reduce pain level.

## FIRST STEP DME INC.

**Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF)**, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

**ICD 10 (Diagnostic Codes)**

**M54.50- Low back pain, unspecified**

**Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information**

Provider Name: **KEVIN FITZGERALD, MD**

Address: **191 THEATER RD ONALASKA WI 54650**

Physician's Signature:



Date: **09-16-2024**

Patient Name: **DENNIS HUND**

Patient Address: **176 S HERMAN ST BUFFALO CITY WI 54622**

Patient Phone: **6082482240**

## FIRST STEP DME INC.

## LETTER OF MEDICAL NECESSITY

Re: **DENNIS HUND**  
Orthotic Device Need Assessment  
Exam Date: **09/14/2024**  
Height: **5'9**  
Weight: **205**  
DOB: **03/27/1947**

**Mr HUND** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **Back**.

**Mr HUND** reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: **M54.50- Low back pain, unspecified**. Based on my conversation with **Mr HUND** and evaluation of his/her condition, I am ordering the following: **L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF)**.

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HUND** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HUND** continue medical follow-up as part of an ongoing plan of care.

Re: **DENNIS HUND..... DOB: MARCH 27, 1947**

I, **KEVIN FITZGERALD, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

  
**KEVIN FITZGERALD, MD**  
Signature

Date Signed: 09-16-2024