RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
RITTENOUR	CHARLES				
LAST NAME	FIRST NAME	MI			
MALE	06/09/45	5403330578	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
3560 N MAIN ST	TOMS BROOK	VA 22660			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE	-	SECONDAINT INSUITANCE			
3DM0RW7KJ45		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATIO	N				
SUSAN MOOSE, DO		1366641672	1366641672		
PHYSICIAN NAME		NPI#	NPI #		
		5404591540			
759 S MAIN ST SUITE 300 WOO	DSTOCK VA 22664	PHONE NUMBER			
PRACTICE LOCATION		5404591486			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: 11) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee rthritis right knee	 □ M25.522 Pain in M25.521 Pain in M54.2-Cervical 	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic Back, Both Ankle pain for OVER A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced DAILY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

SUSAN MOOSE, DO PHYSICIAN NAME:

Patient Name: CHARLES RITTENOUR

Patient Address: 3560 N MAIN ST TOMS BROOK VA 22660

Patient Phone: 5403330578

Physician Name: SUSAN MOOSE, DO

Address: 759 S MAIN ST SUITE 300 WOODSTOCK VA 22664

Telephone: **5404591540** Fax: **5404591486**

Patient: CHARLES RITTENOUR Date of Birth: 06/09/45 Visit Date: 2 WEEKS AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

i ddont Boniographico				
Patient Name:	CHARLES RITTENOUR	Date of Birth:	06/09/45	
Age:	79	Phone Number:	5403330578	
Address:	3560 N MAIN ST	City:	TOMS BROOK	
State:	VA	Zip Code:	22660	
Gender:	MALE	Height:	5'5	
Weight:	185	Waist Size	36	

Patient Insurance

Provider:	MEDICARE	Member ID:	3DM0RW7KJ45
-----------	----------	------------	-------------

Resting

Current Medication	ALEVE	
Medical History	DIABETES,HIGH BLOOD PRESSURE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back, Both Ankle

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 WEEKS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Both Ankle

Subjective Notes

The patient reports chronic **Back, Both Ankle** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their Back, Both Ankle related to M54.50- Low back pain, unspecified, M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back**, **Both Ankle** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

SUSAN MOOSE, DO Provider Name:

Address: 759 S MAIN ST SUITE 300 WOODSTOCK VA 22664

10-10-2824 Physician's Signature:

Date:

Patient Name: CHARLES RITTENOUR

Patient Address: 3560 N MAIN ST TOMS BROOK VA 22660

Patient Phone: 5403330578

LETTER OF MEDICAL NECESSITY

Re: CHARLES RITTENOUR
Orthotic Device Need Assessment

Exam Date: 10/09/2024

Height: **5'5** Weight: **185** DOB: **06/09/45**

Mr RITTENOUR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Both Ankle.

Mr RITTENOUR reports chronic Back, Both Ankle pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Mr RITTENOUR and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the **Back, Both Ankle** requiring stabilization for improvement of functionality. I am prescribing this **Back, Both Ankle** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back, Both Ankle**. My treatment goal(s) for the use of the prescribed **Back, Both Ankle** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr RITTENOUR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr RITTENOUR** continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES RITTENOUR...... DOB: June 09, 1945

I, **SUSAN MOOSE**, **DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

SUSAN MOOSE, DO

Signature

Date Signed: 17 -/0- 2029