RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION WESLEY LAST NAME | CHARLIE FIRST NAME | MI | | | |
|--|--|---|--|--|--|
| MALE | 04/18/1949 | 2106560207 | SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS | | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC | | |
| 6206 FORT MADDIN ST | SAN ANTONIO | TX 78233 | | | |
| ADDRESS | CITY | STATE & ZIPCODE | | | |
| INSURANCE INFORMAT | ON | | | | |
| MEDICARE | | OF CONDARY INCLIDANCE | | | |
| PRIMARY INSURANCE | | SECONDARY INSURANCE | | | |
| 1FF5CR1DX91 | | MEMBER ID | MEMBER ID | | |
| MEMBER ID | | | | | |
| PHYSICIAN INFORMATION | DN | | | | |
| LINDSAY WHITE MD | | 1679689160 | | | |
| PHYSICIAN NAME | | NPI # | | | |
| | | 2102220137 | | | |
| 700 S ZARZAMORA ST STE 306 SAN ANTONIO TX 78207 | | PHONE NUMBER | | | |
| PRACTICE LOCATION | | 2102220719 | | | |
| | | FAX NUMBER | | | |
| PRESCRIPTION SELECT | ION | | | | |
| □ L3671 – Shoulder Brace (Side: □ □ L3960 – Shoulder Brace (Side: □ □ L3660 – Shoulder Brace (Side: □ □ L0650 – Lumbar Brace (Waist: □ □ L0642 – Lumbar Brace (Waist: □ □ L0457 – Lumbar Brace (Waist: □ □ L0648 – Lumbar Brace (Waist: □ □ L0649 – Lumbar Brace (Waist: □ □ L1690 – Hip Brace (Side: □ L □ □ L1686 – Hip Brace (Side: □ L □ | □ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:))) (1) (1) (1) (1) (2) (3) (4) (5) (6) (7) (7) (7) (7) (7) (7) (7) (7) (7) (7 | □ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slac □ E0100 − Cane □ L2425 − Dial Look □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical I | tremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) | | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): | ied arthritis left knee arthritis right knee | | in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow | | |

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **A WEEK**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **INTERMITTENTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:_

LINDSAY WHITE MD

DATE 7- 05 · 2024

Patient Name: CHARLIE WESLEY

Patient Address: 6206 FORT MADDIN ST SAN ANTONIO TX 78233

Patient Phone: 2106560207

Physician Name: LINDSAY WHITE MD

Address: 700 S ZARZAMORA ST STE 306 SAN ANTONIO TX

78207

Telephone: 2102220137 Fax: 2102220719 Patient: CHARLIE WESLEY Date of Birth: 04/18/1949 Visit Date: 04/23/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

| ation bemographics | | | | |
|--------------------|---------------------|----------------|-------------|--|
| Patient Name: | CHARLIE WESLEY | Date of Birth: | 04/18/1949 | |
| Age: | 75 | Phone Number: | 2106560207 | |
| Address: | 6206 FORT MADDIN ST | City: | SAN ANTONIO | |
| State: | тх | Zip Code: | 78233 | |
| Gender: | MALE | Height: | 5'11 | |
| Weight: | 163 | Waist Size | 38 | |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 1FF5CR1DX91 |
|-----------|----------|------------|-------------|
| | | | |

Medications

| modification in the state of th | | |
|--|---------------------|--|
| Current Medication | ASPIRIN 81 MG | |
| Medical History | HIGH BLOOD PRESSURE | |

Medical Diagnosis

| The pain level was indicated on a scale of 1-10 as the following | : 7 |
|--|-----|
|--|-----|

The patient's pain started on or around **A WEEK**

The surgery addressed the following: NA

The pain is experienced INTERMITTENTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 04/23/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A WEEK**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **INTERMITTENTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A WEEK** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **INTERMITTENTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LINDSAY WHITE MD

Address: 700 S ZARZAMORA ST STE 306 SAN ANTONIO TX 78207

Physician's Signature:

Date:

Patient Name: CHARLIE WESLEY

Patient Address: 6206 FORT MADDIN ST SAN ANTONIO TX 78233

07-05-2024

Patient Phone: 2106560207

LETTER OF MEDICAL NECESSITY

Re: CHARLIE WESLEY

Orthotic Device Need Assessment

Exam Date: 07/05/2024

Height: 5'11 Weight: 163 DOB: 04/18/1949

Mr WESLEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr WESLEY reports chronic Back pain for A WEEK. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced INTERMITTENTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr WESLEY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr WESLEY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr WESLEY continue medical follow-up as part of an ongoing plan of care.

Re: CHARLIE WESLEY...... DOB: April 18, 1949

I, LINDSAY WHITE MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

WHITE MD Signature

Date Signed: 07-05-2024