

RX / MEDICAL NECESSITY FORM

MEDICAL INFORMATION	
ICD 10 (Diagnosis Code(s)):	
<input type="checkbox"/> M54.50- Low back pain, unspecified	<input checked="" type="checkbox"/> M25.532- Pain in left wrist
<input type="checkbox"/> M17.12- Unilateral primary osteoarthritis left knee	<input checked="" type="checkbox"/> M25.531 - Pain in right wrist
<input type="checkbox"/> M17.11-Unilateral primary osteoarthritis right knee	<input type="checkbox"/> M19.072- Osteoarthritis Left Ankle
<input type="checkbox"/> M25.512-Pain in the left shoulder	<input type="checkbox"/> M19.071- Osteoarthritis Right Ankle
<input type="checkbox"/> M25.511-Pain in the right shoulder	<input checked="" type="checkbox"/> M25.522 Pain in left elbow
<input type="checkbox"/> M25.552- Pain in Left Hip	<input checked="" type="checkbox"/> M25.521 Pain in right elbow
<input type="checkbox"/> M25.551- Pain in Right Hip	<input type="checkbox"/> M54.2-Cervicalgia Pain in Neck

Length of Need: ☒ 12+ months (long term) ☐ _____ # of months (1-11)

FIRST STEP DME INC.

MEDICAL HISTORY**Previous treatments: TAKING PAIN MEDICINE**

Doctor's Notes: The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: _____



PHYSICIAN NAME: _____

VALQUIRIA MACEDO, CNP

DATE: _____

04/23/24

FIRST STEP DME INC.

Patient Name: **BAMBI ALBRIGHT**
Patient Address: **1310 COPPER ST TRUTH OR CONSEQUENCES NM 87901**
Patient Phone: **5757402499**

Physician Name: **VALQUIRIA MACEDO, CNP**
Address: **1960 N DATE ST TRUTH OR CONSEQUENCES NM 87901**
Telephone: **575-894-7662**
Fax: **5758943079**

Patient: **BAMBI ALBRIGHT**
Date of Birth: **03/22/1955**
Visit Date: **03/14/2024**
Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

Patient Name:	BAMBI ALBRIGHT	Date of Birth:	03/22/1955
Age:	69	Phone Number:	5757402499
Address:	1310 COPPER ST	City:	TRUTH OR CONSEQUENCES
State:	NM	Zip Code:	87901
Gender:	FEMALE	Height:	5'6
Weight:	160	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	5RH2CX4GE98
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Medications

Current Medication	GABAPENTIN (TWICE A DAY), TRAMADOL (TWICE A DAY)
Medical History	GABAPENTIN (TWICE A DAY), TRAMADOL (TWICE A DAY)

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around SEVERAL YEARS
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: TAKING PAIN MEDICINE
The patient described their pain as the following: THROBBING
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES
The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on 03/14/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.
Patient's chronic pain is described THROBBING and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW Brace to provide support and reduce pain level.

FIRST STEP DME INC.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) **L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF**, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: VALQUIRIA MACEDO, CNP

Address: 1960 N DATE ST TRUTH OR CONSEQUENCES NM 87901

Physician's Signature:



Date: 04/23/24

Patient Name: BAMBI ALBRIGHT

Patient Address: 1310 COPPER ST TRUTH OR CONSEQUENCES NM 87901

Patient Phone: 5757402499

FIRST STEP DME INC.

LETTER OF MEDICAL NECESSITY

Re: **BAMBI ALBRIGHT**
Orthotic Device Need Assessment
Exam Date: **04/20/2024**
Height: **5'6**
Weight: **160**
DOB: **03/22/1955**

Ms ALBRIGHT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW**.

Ms ALBRIGHT reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: **M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow**. Based on my conversation with **Ms ALBRIGHT** and evaluation of his/her condition, I am ordering the following: **L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF**.

Patient is ambulatory and has weakness of the **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** requiring stabilization for improvement of functionality. I am prescribing this **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW**. My treatment goal(s) for the use of the prescribed **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ALBRIGHT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ALBRIGHT** continue medical follow-up as part of an ongoing plan of care.

Re: **BAMBI ALBRIGHT**..... DOB: **MARCH 22, 1955**

I, **VALQUIRIA MACEDO, CNP**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.


VALQUIRIA MACEDO, CNP
Signature

Date Signed: 04/23/24