RX / MEDICAL NECESSITY FORM

DATIENT INCORMATION				
PATIENT INFORMATION				
DUNBAR	ELIZABETH			
LAST NAME	FIRST NAME	MI	SHIPPING METHOD:	
FEMALE	04/27/46	4194727024	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT S PHI SIGNAN CEINIC	
1719 MILBURN AVE	TOLEDO	OH 43606		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE		OF CONDADY INCUDANCE		
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
5FX7CJ0UJ64		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
TANYA RILEY BALDWIN MD		1831187772		
PHYSICIAN NAME		NPI #		
		4196968255		
3851 NAVARRE AVE #200, OREGON, OH 43616		PHONE NUMBER		
PRACTICE LOCATION	·	4196961515		
		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ	1		
□ L3670 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist: □ L0642 – Lumbar Brace (Waist: □ L0457 – Lumbar Brace (Waist: □ L0648 – Lumbar Brace (Waist: □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable F □ L3760 – Elbow Brace (Side: □	□ L □ R) (Size:) □ L □ R) (Size:))))) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Orthouce (Side: \Box L \Box R) (Shoe Size:) uce (Side: \boxtimes L \boxtimes R) (Shoe Size: 8)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee parthritis right knee er der		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: DATE:

Patient Name: ELIZABETH DUNBAR

Patient Address: 1719 MILBURN AVE TOLEDO OH 43606

Patient Phone: 4194727024

Physician Name: TANYA RILEY BALDWIN MD Address: 3851 NAVARRE AVE #200, OREGON, OH 43616

Telephone: **4196968255** Fax: **4196961515**

Patient: ELIZABETH DUNBAR Date of Birth: 04/27/46 Visit Date: 3 MONTHS AGO Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	ELIZABETH DUNBAR	Date of Birth:	04/27/46
Age:	78	Phone Number:	4194727024
Address:	1719 MILBURN AVE	City:	TOLEDO
State:	ОН	Zip Code:	43606
Gender:	FEMALE	Height:	5'0
Weight:	200	Waist Size	LARGE

Patient Insurance

vider:	MEDICARE	Member ID:	5FX7CJ0UJ64
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Medications

Current Medication	ASPIRIN/ONCE A DAY, TYLENOL/AS NEEDED, ISOSORBIDE/ONCE A DAY
Medical History	DIABETES HIGH BLOOD PRESSURE HIGH CHOLESTEROL NEUROPATHY

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5
The patient's pain started on or around MORE THAN A YEAR
The surgery addressed the following: NA
The pain is experienced SOMETIMES
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION
The patient described their pain as the following: ACHY
The activities that make the patient's pain worse is as follows: BENDING
The pain is located in the patient's LEFT KNEF RIGHT KNEF BOTH ANKLE

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, BOTH ANKLE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 3 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE, BOTH ANKLE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE, BOTH ANKLE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: TANYA RILEY BALDWIN MD

Address: 3851 NAVARRE AVE #200, OREGON, OH 43616

Physician's Signature:

Date:

Patient Name: ELIZABETH DUNBAR

Patient Address: 1719 MILBURN AVE TOLEDO OH 43606

Patient Phone: 4194727024

LETTER OF MEDICAL NECESSITY

Re: ELIZABETH DUNBAR
Orthotic Device Need Assessment
Exam Date: 08/29/2024
Height: 5'0

Weight: **200** DOB: **04/27/46**

Ms DUNBAR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE, BOTH ANKLE.

Ms DUNBAR reports chronic LEFT KNEE, RIGHT KNEE, BOTH ANKLE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Ms DUNBAR and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE requiring stabilization for improvement of functionality. I am prescribing this LEFT KNEE, RIGHT KNEE, BOTH ANKLE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE. My treatment goal(s) for the use of the prescribed LEFT KNEE, RIGHT KNEE, BOTH ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms DUNBAR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms DUNBAR** continue medical follow-up as part of an ongoing plan of care.

Re: ELIZABETH DUNBAR...... DOB: April 27, 1946

I, TANYA RILEY BALDWIN MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

TANYA/RILEY BALDWIN MD Signature

Date Signed

8-30-2029

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive