RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION						
WILSON	LENORA					
LAST NAME	FIRST NAME	MI				
FEMALE	08/23/1949	6018507378	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS			
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC			
2511 RIME VILLAGE DR	HOOVER	AL 35216				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATION MEDICARE						
PRIMARY INSURANCE		SECONDARY INSURANCE				
7XK1FQ8EJ24		MEMBER ID				
MEMBER ID		WEWBER				
PHYSICIAN INFORMATION						
MARIE PITTMAN MD		1780827071				
PHYSICIAN NAME		NPI#				
		205-985-9828				
120 CAHABA VALLEY PKWY S	TE 203 PELHAM AL 35124	PHONE NUMBER				
PRACTICE LOCATION		205-969-0971				
		FAX NUMBER				
PRESCRIPTION SELECTION						
□ L3671 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: 26 □ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 – Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852- Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2937 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):						

MEDICAL HISTORY

Previous treatments: TAKING MEDICATIONS

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movements. Pain is caused by **AN INJURY** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

MARIE PITTMAN MD

PHYSICIAN SIGNATURE:_

PHYSICIAN NAME:

DAT **8 - 27 - 201**4

Patient Name: LENORA WILSON

Patient Address: 2511 RIME VILLAGE DR HOOVER AL 35216

Patient Phone: 6018507378

Physician Name: MARIE PITTMAN MD

Address: 120 CAHABA VALLEY PKWY STE 203 PELHAM AL

35124

Telephone: **205-985-9828** Fax: **205-969-0971**

Patient: LENORA WILSON Date of Birth: 08/23/1949 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

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Patient Name:	LENORA WILSON	Date of Birth:	08/23/1949
Age:	74	Phone Number:	6018507378
Address:	2511 RIME VILLAGE DR	City:	HOOVER
State:	AL	Zip Code:	35216
Gender:	FEMALE	Height:	5'5
Weight:	220	Waist Size	26

Patient Insurance

Provider: MEDICARE Member ID: 7XK1FQ8EJ24

Medications

moureune.		
Current Medication	GABAPENTIN 2 X A DAY	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by AN INJURY

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movement. The pain is caused by **AN INJURY** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or AN INJURY related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MARIE PITTMAN MD

Address: 120 CAHABA VALLEY PKWY STE 203 PELHAM AL 35124

Physician's Signature:

Date:

Patient Name: LENORA WILSON
Patient Address: 2511 RIME VILLAGE DR HOOVER AL 35216

Patient Phone: 6018507378

LETTER OF MEDICAL NECESSITY

Re: LENORA WILSON

Orthotic Device Need Assessment

Exam Date: 08/27/2024

Height: 5'5 Weight: 220 DOB: 08/23/1949

Ms WILSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms WILSON reports chronic Back pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms WILSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE. RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE. PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms WILSON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WILSON continue medical follow-up as part of an ongoing plan of care.

Re: LENORA WILSON...... DOB: August 23, 1949

I, MARIE PITTMAN MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: <u>08 - 27 -</u> 2014