# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATI	ON			
CORINA	CAROL			
LAST NAME	FIRST NAME	MI		
FEMALE	12/12/36	7065437689	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
396 HANCOCK LN	ATHENS	GA 30605		
ADDRESS	CITY	STATE & ZIPCODE		
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INSURANCE INFORM	ATION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
1CV4WN4DQ07				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMA	TION			
ALVIN FRED YOUNG MD	ATION	1245290311		
PHYSICIAN NAME		NPI #		
		7064251480		
1010 PRINCE AVENUE, SUITE 500 ATHENS, GA 30606		PHONE NUMBER		
PRACTICE LOCATION		7064251481		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELE	CTION			
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: )   L0648 - Lumbar Brace (Waist: )   L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad   L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)   L3760 - Elbow Brace (Side: □ L □ R)				
MEDICAL INFORMAT  ICD 10 (Diagnosis Code(s)):	pecified isteoarthritis left knee steoarthritis right knee ulder	<ul><li>□ M19.072- Os</li><li>□ M19.071- Os</li><li>⋈ M25.522 Pair</li><li>⋈ M25.521 Pair</li></ul>	ain in right wrist teoarthritis Left Ankle teoarthritis Right Ankle	
Length of Need:   □ 12+ months (long term) □ # of months (1-11)				

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_

**ALVIN FRED YOUNG MD** 

PHYSICIAN NAME: \_\_\_\_\_

19 - 18 - 1024

Patient Name: CAROL CORINA

Patient Address: 396 HANCOCK LN ATHENS GA 30605

Patient Phone: 7065437689

Physician Name: ALVIN FRED YOUNG MD

Address: 1010 PRINCE AVENUE, SUITE 500 ATHENS, GA 30606

Telephone: **7064251480** Fax: **7064251481** 

Patient: CAROL CORINA
Date of Birth: 12/12/36
Visit Date: 3 MONTHS AGO

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	CAROL CORINA	Date of Birth:	12/12/36
Age:	83	Phone Number:	7065437689
Address:	396 HANCOCK LN	City:	ATHENS
State:	GA	Zip Code:	30605
Gender:	FEMALE	Height:	5'6
Weight:	119	Waist Size	М

#### **Patient Insurance**

er: MEDICARE	Member ID:	1CV4WN4DQ07
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#### **Medications**

Current Medication	ASPIRIN
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 3 MONTHS AGO

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

#### **Subjective Notes**

The patient reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALVIN FRED YOUNG MD

Address: 1010 PRINCE AVENUE, SUITE 500 ATHENS, GA 30606

Physician's Signature:

Date:

Patient Name: CAROL CORINA

Patient Address: 396 HANCOCK LN ATHENS GA 30605

Patient Phone: 7065437689

#### LETTER OF MEDICAL NECESSITY

Re: CAROL CORINA

Orthotic Device Need Assessment

Exam Date: 09/17/2024

Height: **5'6** Weight: **119** DOB: **12/12/36** 

Ms CORINA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms CORINA reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms CORINA and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CORINA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CORINA** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL CORINA...... DOB: December 12, 1936

I, **ALVIN FRED YOUNG MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 199 - 18 - 2024

Signatu