# **RX / MEDICAL NECESSITY FORM**

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PATIENT INFORMATI	ION				
TOLLISON	ANNA				
LAST NAME	FIRST NAME	MI			
FEMALE	06/12/1940	5599365512	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
30910 FARR RD	VISALIA	CA 93291			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORM	IATION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
8N91Y41QT01		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMA	ATION				
CANDICE LOVELACE, D.O.	).	1215248307			
PHYSICIAN NAME		NPI#			
		5597387599			
5400 W HILLSDALE AVE V	ISALIA CA 93291	PHONE NUMBER			
PRACTICE LOCATION		5597390278			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELE	ECTION				
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: MEDIUM         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 – Wrist H □ L3915 - Wrist H □ L1852 – Knee B □ L1851 – Knee B □ L1833 – Knee B □ L2397 – Knee B □ L2425 – Dial Lo □ L2820 – Lower □ L1906 – Ankle B □ L1971 – Ankle B □ L0174 – Cervica	□       L2397 – Knee Sleeve (Size: ) (Qty: )         □       E0100 – Cane         □       L2425 – Dial Lock Hinge ROM         □       L2820 – Lower Extremity Ortho         □       L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 – Cervical Brace		
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MEDICAL INFORMAT  ICD 10 (Diagnosis Code(s)):	specified osteoarthritis left knee osteoarthritis right knee oulder noulder	☐ M19.071- Os ☐ M25.522 Pair ☐ M25.521 Pair ☐ M54.2-Cervio	ain in right wrist teoarthritis Left Ankle teoarthritis Right Ankle n in left elbow		
Length of Need: ⊠ 12+	months (long term)  \[ \square \text{# of mothers} \]	ontns (1-11)			

# **MEDICAL HISTORY**

Previous treatments: HEATING PADS AND EXERCISE

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

PHYSICIAN NAME:

PHYSICIAN NAME:

PHYSICIAN NAME:

Patient Name: ANNA TOLLISON

Patient Address: 30910 FARR RD VISALIA CA 93291

Patient Phone: **5599365512** 

Physician Name: CANDICE LOVELACE, D.O. Address: 5400 W HILLSDALE AVE VISALIA CA 93291

Telephone: **5597387599** Fax: **5597390278** 

Patient: ANNA TOLLISON Date of Birth: 06/12/1940 Visit Date: May 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ANNA TOLLISON	Date of Birth:	06/12/1940
Age:	84	Phone Number:	5599365512
Address:	30910 FARR RD	City:	VISALIA
State:	СА	Zip Code:	93291
Gender:	FEMALE	Height:	5'4
Weight:	135	Waist Size	MEDIUM

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	8N91Y41QT01
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#### **Medications**

Current Medication	NONE
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: HEATING PADS AND EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND  $\overline{\text{TEAR}}$ 

The last time the patient has seen the doctor was on May 2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# **Subjective Notes**

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CANDICE LOVELACE, D.O.

Address: 5400 W HILLSDALE AVE VISALIA CA 93291

Physician's Signature:

Date:

Patient Name: ANNA TOLLISON

Patient Address: 30910 FARR RD VISALIA CA 93291

Patient Phone: **5599365512** 

#### LETTER OF MEDICAL NECESSITY

Re: ANNA TOLLISON

Orthotic Device Need Assessment

Exam Date: 10/14/2024

Height: **5'4** Weight: **135** DOB: **06/12/1940** 

Ms TOLLISON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms TOLLISON reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms TOLLISON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TOLLISON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TOLLISON** continue medical follow-up as part of an ongoing plan of care.

Re: ANNA TOLLISON...... DOB: JUNE 12, 1940

I, CANDICE LOVELACE, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CANDICE LOVELACE Signature Date Sighed - 14 - 2024