RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N			
JONES	KAY			
LAST NAME	FIRST NAME	MI		
FEMALE	11/13/1945	8632421800	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
258 WATERVIEW DR	POLK CITY	FL 33868		
ADDRESS	СІТУ	STATE & ZIPCODE		
INSURANCE INFORMA	ΓΙΟΝ			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
2RA9W23WP29		WENDED ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
JUAN RIVERA MD		1780682047		
PHYSICIAN NAME		NPI#		
		8632931191		
500 E CENTRAL AVENUE BO	ND CLINIC WINTER HAVEN FL 33880	PHONE NUMBER		
PRACTICE LOCATION		3304936973		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
□ L3670 – Shoulder Brace (Side □ L3670 – Shoulder Brace (Side □ L3660 – Shoulder Brace (Side	: □ L □ R) (Size:)		ace (Side: □ L □ R) (Size:) ad Finger (Side: ⊠ L ⊠ R) (Size: SMALL) d Finger (Side: □ L □ R) (Size:)	
□ L0650 - Lumbar Brace (Waist	:)	☐ L1852 – Knee Bra	ce (Side: □ L □ R) (Size:)	
□ L0642 - Lumbar Brace (Waist□ L0457 - Lumbar Brace (Waist	,		ínee Brace (Side: □ L □ R) (Size:) eve (Size:) (Qty:)	
□ L0648 - Lumbar Brace (Waist□ E0100 - Electric Heat Pad	:)	 □ E0100 – Cane □ L2425 – Dial Lock 	Hinge ROM	
□ L1690 - Hip Brace (Side: □ L		□ L2820 – Lower Ex	tremity Ortho	
·	Flexion, Extension (Side: L R)	☐ L1971 – Ankle Bra	ace (Side: ⊠ L ⊠ R) (Shoe Size: 8) ace (Side: □ L □ R) (Shoe Size:)	
□ L3760 – Elbow Brace (Side: □	□ L □ R)	□ L0174 – Cervical I □ L3170 – Heel Stab	Brace pilizer (Side: ⊠ L ⊠ R)	
		1		
MEDICAL INFORMATIO	N			
ICD 10 (Diagnosis Code(s)):				
M54.50- Low back pain, unspeM17.12- Unilateral primary oste		✓ M25.532- Pain✓ M25.531 - Pain		
☐ M17.11-Unilateral primary oste	oarthritis right knee		parthritis Left Ankle	
M25.512-Pain in the left shouldM25.511-Pain in the right should		M19.071- OsteoM25.522 Pain in	oarthritis Right Ankle n left elbow	
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip		☐ M25.521 Pain ii ☐ M54.2-Cervical	n right elbow gia Pain in Neck	
		s i.z ooi vioai	y	
Length of Need: ⊠ 12+ mo	onths (long term) — # of months	s (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **THROBBING** with a pain scale of **9** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: DOD 17 107.44

Patient Name: KAY JONES

Patient Address: 258 WATERVIEW DR POLK CITY FL 33868

Patient Phone: **8632421800**

Physician Name: JUAN RIVERA MD

Address: 500 E CENTRAL AVENUE BOND CLINIC WINTER

HAVEN FL 33880 Telephone: 8632931191 Fax: 3304936973 Patient: **KAY JONES**Date of Birth: 11/13/1945
Visit Date: **WITHIN A YEAR**

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	KAY JONES	Date of Birth:	11/13/1945
Age:	78	Phone Number:	8632421800
Address:	258 WATERVIEW DR	City:	POLK CITY
State:	FL	Zip Code:	33868
Gender:	FEMALE	Height:	5'5
Weight:	160	Waist Size	L

Patient Insurance

Provider:	MEDICARE	Member ID:	2RA9W23WP29
-----------	----------	------------	-------------

Medications

Current Medication	TRAMADOL
Medical History	DIABETES, HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following:	9
---	---

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST**

Subjective Notes

The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **THROBBING** with a pain scale of **9** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JUAN RIVERA MD

Address: 500 E CENTRAL AVENUE BOND CLINIC WINTER HAVEN FL 33880

Mr. 17-2024

Physician's Signature:

Date:

Patient Name: KAY JONES

Patient Address: 258 WATERVIEW DR POLK CITY FL 33868

Patient Phone: 8632421800

LETTER OF MEDICAL NECESSITY

Re: KAY JONES

Orthotic Device Need Assessment

Exam Date: 09/07/2024

Height: 5'5 Weight: 160 DOB: 11/13/1945

Ms JONES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms JONES reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, THROBBING with a pain scale of 9 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms JONES and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms JONES has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms JONES continue medical follow-up as part of an ongoing plan of care.

Re: KAY JONES...... DOB: November 13, 1945

AN RIVERA MD

I, JUAN RIVERA MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.