RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
DALTON	DAWN				
LAST NAME	FIRST NAME	MI			
FEMALE	08/01/1955	3366144169	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
185 NEW DAWNS WAY	DOBSON	NC 27017			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
2PH3NT2EY13		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATIC)N	1659487981			
PHYSICIAN NAME		NPI#			
		336-983-4346			
216 MOORE RD KING NC 27021		PHONE NUMBER			
PRACTICE LOCATION		336-985-5101	336-985-5101		
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
□ L3671 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □ I	□ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:) IEDIUM □ R) (Waist:) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Bra □ L1971 − Ankle Bra	Hinge ROM tremity Ortho ce (Side: □ L □ R) (Shoe Size:) ce (Side: □ L □ R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain i ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical ths (1-11)	in right wrist earthritis Left Ankle earthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: HEATING PAD

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

WILLIAM GRAHAM, MD
PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

DATE

Z - 30 - 20

Patient Name: DAWN DALTON

Patient Address: 185 NEW DAWNS WAY DOBSON NC 27017

Patient Phone: 3366144169

Physician Name: WILLIAM GRAHAM, MD Address: 216 MOORE RD KING NC 27021

Telephone: **336-983-4346** Fax: **336-985-5101**

Patient: **DAWN DALTON**Date of Birth: **08/01/1955**Visit Date: **WITHIN 12 MONTHS**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

Patient Name:	DAWN DALTON	Date of Birth:	08/01/1955
Age:	69	Phone Number:	3366144169
Address:	185 NEW DAWNS WAY	City:	DOBSON
State:	NC	Zip Code:	27017
Gender:	FEMALE	Height:	5'2
Weight:	114	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	2PH3NT2EY13
-----------	----------	------------	-------------

Medications

Current Medication	TYLENOL, VICODIN
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following:	7
---	---

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **HEATING PAD**

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: SITTING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **SITTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: WILLIAM GRAHAM, MD

Address: 216 MOORE RD KING NC 27021

Physician's Signature:

Date:

Patient Name: DAWN DALTON

Patient Address: 185 NEW DAWNS WAY DOBSON NC 27017

Patient Phone: 3366144169

LETTER OF MEDICAL NECESSITY

Re: DAWN DALTON

Orthotic Device Need Assessment

Exam Date: 08/30/2024

Height: **5'2** Weight: **114** DOB: **08/01/1955**

Ms DALTON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms DALTON reports chronic Back pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with SITTING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms DALTON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **SITTING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms DALTON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms DALTON** continue medical follow-up as part of an ongoing plan of care.

Re: DAWN DALTON...... DOB: August 01, 1955

I, **WILLIAM GRAHAM**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

WILLIAM GRAHAM, MD

Date Signed: 78-30-2024