# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I				
JOHNSON	BARBARA				
LAST NAME	FIRST NAME	MI			
FEMALE	11/01/1944	5013187623	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS     SHIP TO PATIENT'S PHYSICIAN CLINIC		
296 PAISLEY PKWY	SULPHUR	LA 70665			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION  MEDICARE  PRIMARY INSURANCE		SECONDARY INSURANCE			
9E23X40TP72		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION  TAYLOR CLEMENTS, MD 1275037905					
PHYSICIAN NAME		NPI#			
		3374946800			
4345 NELSON RD STE 201 LA	KE CHARLES LA 70605	PHONE NUMBER			
PRACTICE LOCATION		3374946811			
		FAX NUMBER			
PRESCRIPTION SELECT	rion -				
□       L3671 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 – Lumbar Brace (Waist: )         □       L0642 – Lumbar Brace (Waist: )         □       L0457 – Lumbar Brace (Waist: MEDIUM         □       L0648 – Lumbar Brace (Waist: )         □       E0100 – Electric Heat Pad         □       L1690 – Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 – Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 – Elbow Brace (Side: □ L □ R)		□       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 - Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

#### **MEDICAL HISTORY**

Previous treatments: HEATING PAD, ICE PACKS AND TAKING TRAMADOL

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP AND DULL** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

TAYLOR CLEMENTS, MD

PHYSICIAN NAME: \_\_\_\_\_

DA**TPS - 27- 202 4** 

08/27/2024 03:23 PM INTERNAL MEDICINE CLINIC P. 003 / 005

#### ADDICKS MEDICAL SUPPLY

Patient Name: BARBARA JOHNSON

Patient Address: 296 PAISLEY PKWY SULPHUR LA 70665

Patient Phone: 5013187623

Physician Name: TAYLOR CLEMENTS, MD

Address: 4345 NELSON RD STE 201 LAKE CHARLES LA 70605

Telephone: **3374946800** Fax: **3374946811** 

Patient: BARBARA JOHNSON Date of Birth: 11/01/1944 Visit Date: 06/25/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BARBARA JOHNSON	Date of Birth:	11/01/1944
Age:	79	Phone Number:	5013187623
Address:	296 PAISLEY PKWY	City:	SULPHUR
State:	LA	Zip Code:	70665
Gender:	FEMALE	Height:	5'7
Weight:	150	Waist Size	14

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	9E23X40TP72
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## Medications

Current Medication	GABAPENTIN 3 TIMES A DAY, TRAMADOL ONCE A DAY
Medical History	DIABETES, HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: HEATING PAD, ICE PACKS AND TAKING TRAMADOL

The patient described their pain as the following: SHARP AND DULL

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 06/25/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP AND DULL** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP AND DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: TAYLOR CLEMENTS, MD

Address: 4345 NELSON RD STE 201 LAKE CHARLES LA 70605

Physician's Signature:

Date:

00 = 7 = 5

Patient Name: BARBARA JOHNSON

Patient Address: 296 PAISLEY PKWY SULPHUR LA 70665

Patient Phone: 5013187623

#### LETTER OF MEDICAL NECESSITY

Re: BARBARA JOHNSON

Orthotic Device Need Assessment

Exam Date: 08/27/2024

Height: **5'7** Weight: **150** DOB: **11/01/1944** 

Ms JOHNSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms JOHNSON reports chronic Back pain for MORE THAN A YEAR. Patient states pain is SHARP AND DULL with a pain scale of 8 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms JOHNSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms JOHNSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms JOHNSON** continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA JOHNSON...... DOB: November 01, 1944

I, TAYLOR CLEMENTS, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

GLEMENTS, MD Date Signed: