# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N				
MITCHELL	BRANDI				
LAST NAME	FIRST NAME	MI			
FEMALE	10/19/24	8183845678	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
2 INDIAN RIDGE CIR	THOUSAND OAKS	CA 91362			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE					
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
4PD8EQ6HG26		MEMBER ID	MEMBER ID		
MEMBER ID					
PUVEICIAN INFORMAT	10N				
PHYSICIAN INFORMAT	ION	4600020207			
DEEPA REDDY, M.D.  PHYSICIAN NAME		1609929397 			
PHYSICIAN NAME		NPI #			
		8052107280			
2755 Alamo St Ste 101 SIMI V	'ALLEY CA 93065	PHONE NUMBER			
PRACTICE LOCATION	<del></del>	8052107280			
		FAX NUMBER			
PRESCRIPTION SELEC	TION				
□ L3671 – Shoulder Brace (Side □ L3960 – Shoulder Brace (Side			race (Side:   L   R) (Size: )  Ind Finger (Side:   L   R) (Size: )		
□ L3660 - Shoulder Brace (Side	e: 🗆 L 🗆 R) (Size: )	☐ <b>L3915</b> - Wrist Ha	nd Finger (Side: □ L □ R) (Size: )		
□ L0650 – Lumbar Brace (Waist □ L0642 – Lumbar Brace (Waist			ace (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )		
□ L0642 – Lumbar Brace (Waist: )  ■ L0457 – Lumbar Brace (Waist: MEDIUM			ace (Side: $\Box$ L $\Box$ R) (Size: )		
□ L0648 – Lumbar Brace (Waist	: )		eeve (Size: ) (Qty: )		
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L</li></ul>	. □ R) (Waist: )	□ <b>E0100</b> – Cane □ <b>L2425</b> – Dial Lock	k Hinge ROM		
□ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>L2820</b> – Lower E.	xtremity Ortho		
☐ L2624 – Hip Joint Adjustable F☐ L3760 – Elbow Brace (Side: ☐	Flexion, Extension (Side: □ L □ R) □ L □ R)	L □ R) □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: ) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: )			
☐ <b>L3700</b> - LIDOW DIAGO (OIGO. 2	J L ⊔ N)	□ L0174 – Cervical			
		□ <b>L317</b> 0 – Heel Sta	bilizer (Side: □ L □ R)		
		,			
MEDICAL INFORMATIO	N				
ICD 10 (Diagnosis Code(s)):					
<ul> <li>         M54.50- Low back pain, unspecified     </li> <li>         M17.12- Unilateral primary osteoarthritis left knee     </li> </ul>		☐ M25.532- Pain ☐ M25.531 - Pair			
☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee			eoarthritis Left Ankle		
☐ M25.512-Pain in the left should	der	☐ M19.071- Oste	eoarthritis Right Ankle		
<ul><li>M25.511-Pain in the right shou</li><li>M25.552- Pain in Left Hip</li></ul>	lder	☐ M25.522 Pain ☐ M25.521 Pain			
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervica			
Longth of Noods   12 mg	onthe (long term) # of mo	ontho (1.11)			
Length of Need: 🖂 12+1110	onths (long term) $\square$ # of mo	Mins (1-11)			

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

DEEPA REDDY, M.D.
PHYSICIAN NAME:

DA

Patient Name: BRANDI MITCHELL

Patient Address: 3502 INDIAN RIDGE CIR THOUSAND OAKS CA 91362

Patient Phone: 8183845678

Physician Name: **DEEPA REDDY, M.D.** 

Address: 2755 Alamo St Ste 101 SIMI VALLEY CA 93065

Telephone: **8052107280** Fax: **8052107280** 

Patient: **BRANDI MITCHELL**Date of Birth: **10/19/24**Visit Date: **2 MONTHS AGO**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BRANDI MITCHELL	Date of Birth:	10/19/24
Age:	99	Phone Number:	8183845678
Address:	3502 INDIAN RIDGE CIR	City:	THOUSAND OAKS
State:	CA	Zip Code:	91362
Gender:	FEMALE	Height:	5'2
Weight:	120	Waist Size	м

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	4PD8EQ6HG26
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Resting

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 MONTHS AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: **DEEPA REDDY, M.D.** 

Address: 2755 Alamo St Ste 101 SIMI VALLEY CA 93065

Physician's Signature:

Patient Name: BRANDI MITCHELL

Patient Address: 3502 INDIAN RIDGE CIR THOUSAND OAKS CA 91362

Patient Phone: 8183845678

#### LETTER OF MEDICAL NECESSITY

Re: BRANDI MITCHELL

Orthotic Device Need Assessment

Exam Date: 10/03/2024

Height: **5'2** Weight: **120** DOB: **10/19/24** 

Ms MITCHELL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms MITCHELL reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MITCHELL and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MITCHELL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MITCHELL** continue medical follow-up as part of an ongoing plan of care.

Re: BRANDI MITCHELL..... DOB: October 19, 1924

I, **DEEPA REDDY, M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DEEPA REDDY, M.

Signature

Date Signed 1 2019