# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	DN			
STANTON JR	JOHN			
LAST NAME	FIRST NAME	MI		
MALE	12/07/1940	7813345326	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
6 CANDLEWOOD RD	LYNNFIELD	MA 01940		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	ATION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE	<del></del>	SECONDARY INSURANCE		
1VW7N47YC37		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMA	ΓΙΟΝ			
DAVIS BU, M.D.		1154303550		
PHYSICIAN NAME		NPI#		
		7816204888		
888 MAIN ST STE 101 WAKE	EFIELD MA 1880	PHONE NUMBER		
PRACTICE LOCATION		7812452602		
		FAX NUMBER		
PRESCRIPTION SELEC	CTION			
□ L3671 – Shoulder Brace (Sic L3960 – Shoulder Brace (Sic L3660 – Shoulder Brace (Sic L0650 – Lumbar Brace (Wais L0642 – Lumbar Brace (Wais L0457 – Lumbar Brace (Wais L0648 – Lumbar Brace (Wais L0648 – Lumbar Brace (Wais L0648 – Lumbar Brace (Side: L1690 – Hip Brace (Side: L1686 – Hip Brace (Side: □	le:	L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852 - Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         □ E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unsport M17.12- Unilateral primary ostor M25.512-Pain in the left shout M25.511-Pain in the right shoot M25.552- Pain in Left Hip M25.551- Pain in Right Hip  Length of Need:   ICD 10 (Signature)  M54.50- Low back pain, unsport M25.512-Pain in the right shoot M25.551- Pain in Right Hip	ecified teoarthritis left knee eoarthritis right knee lder	☐ M19.071- Ost ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow	

## **MEDICAL HISTORY**

**Previous treatments: EXERCISING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **4 MONTHS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
		IVIS BU, M.D.	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	D	DATE:

Patient Name: JOHN STANTON JR

Patient Address: 6 CANDLEWOOD RD LYNNFIELD MA 01940

Patient Phone: 7813345326

Physician Name: DAVIS BU, M.D.

Address: 888 MAIN ST STE 101 WAKEFIELD MA 1880

Telephone: **7816204888** Fax: **7812452602** 

Patient: JOHN STANTON JR Date of Birth: 12/07/1940 Visit Date: June 7, 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	JOHN STANTON JR	Date of Birth:	12/07/1940
Age:	83	Phone Number:	7813345326
Address:	6 CANDLEWOOD RD	City:	LYNNFIELD
State:	МА	Zip Code:	01940
Gender:	MALE	Height:	5'7
Weight:	170	Waist Size	34

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	1VW7N47YC37
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#### **Medications**

Current Medication	NONE
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 4 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: **EXERCISING** 

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on June 7, 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **4 MONTHS.** Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **4 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

DAVIS BU, M.D. Provider Name:

Address: 888 MAIN ST STE 101 WAKEFIELD MA 1880

Physician's Signature:

un-Date:

Patient Name: JOHN STANTON JR

Patient Address: 6 CANDLEWOOD RD LYNNFIELD MA 01940

Patient Phone: 7813345326

#### LETTER OF MEDICAL NECESSITY

Re: JOHN STANTON JR

Orthotic Device Need Assessment

Exam Date: 10/05/2024

Height: **5'7** Weight: **170** DOB: **12/07/1940** 

Mr STANTON JR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr STANTON JR reports chronic Back pain for 4 MONTHS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr STANTON JR and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr STANTON JR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr STANTON JR** continue medical follow-up as part of an ongoing plan of care.

Re: JOHN STANTON JR...... DOB: December 07, 1940

I, **DAVIS BU, M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DAVIS BU, M.D.

Signature

Date Signed: 10 - 07 - 2014