## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I			
BRISSETT	MARILYN			
LAST NAME	FIRST NAME	MI		
FEMALE	04/16/1957	3475003226	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>	
24017 WELLER AVE	ROSEDALE	NY 11422		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
8UK9HH1QD48				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
TENZING CHOUNZOM, MD		1427075894		
PHYSICIAN NAME		NPI #		
		7186198304		
97-01 NORTHERN BLVD FLUS	HING NY 11368	PHONE NUMBER		
PRACTICE LOCATION		3477063810		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELECT	TION			
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable Fl □ L3760 − Elbow Brace (Side: □	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) □ R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er	<ul> <li>         □ M25.522 Pain in M25.521 Pain in M54.2-Cervicale</li> </ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

### **MEDICAL HISTORY**

**Previous treatments: TYLENOL** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL MONTHS**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_

**TENZING CHOUNZOM, MD** 

PHYSICIAN NAME: \_\_\_\_\_ DATE

D9-19-2014

Patient Name: MARILYN BRISSETT

Patient Address: 24017 WELLER AVE ROSEDALE NY 11422

Patient Phone: 3475003226

Physician Name: TENZING CHOUNZOM, MD

Address: 97-01 NORTHERN BLVD FLUSHING NY 11368

Telephone: 7186198304 Fax: 3477063810

Patient: MARILYN BRISSETT Date of Birth: 04/16/1957 Visit Date: June 26 2024 Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

<u> </u>			
Patient Name:	MARILYN BRISSETT	Date of Birth:	04/16/1957
Age:	67	Phone Number:	3475003226
Address:	24017 WELLER AVE	City:	ROSEDALE
State:	NY	Zip Code:	11422
Gender:	FEMALE	Height:	5'4
Weight:	163	Waist Size	XL

## **Patient Insurance**

Provider: MEDICARE Member ID: 8UK9HH1QD48
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#### **Medications**

Current Medication	TYLENOL
Medical History	NONE

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: <b>7</b>	
The patient's pain started on or around SEVERAL MONTHS	

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by **ARTHRITIS** 

The last time the patient has seen the doctor was on June 26 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for SEVERAL MONTHS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL MONTHS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described SHARP and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 7. The following activities make the patient's pain worse: WALKING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: TENZING CHOUNZOM, MD

Address: 97-01 NORTHERN BLVD FLUSHING NY 11368

Physician's Signature:

Date:

Patient Name: MARILYN BRISSETT

Patient Address: 24017 WELLER AVE ROSEDALE NY 11422

Patient Phone: 3475003226

### LETTER OF MEDICAL NECESSITY

Re: MARILYN BRISSETT

Orthotic Device Need Assessment

Exam Date: 09/19/2024

Height: 5'4 Weight: 163 DOB: 04/16/1957

Ms BRISSETT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms BRISSETT reports chronic LEFT KNEE, RIGHT KNEE pain for SEVERAL MONTHS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BRISSETT and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms BRISSETT has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BRISSETT continue medical follow-up as part of an ongoing plan of care.

Re: MARILYN BRISSETT...... DOB: April 16, 1957

I, TENZING CHOUNZOM, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 79-19-2014

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive