# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
SMITH	FLORA			
LAST NAME	FIRST NAME	MI		
FEMALE	02/18/1937	8179254923	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
18124 N US HIGHWAY 377	STEPHENVILLE	TX 76401		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE		SECONDARY INSURANCE		
2HE2CC5HV08				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	N.			
LESTER ONG M.D.	/I <b>T</b>	1255337119		
PHYSICIAN NAME		NPI#		
PRITSICIAN NAIVIE				
		254-968-6051		
150 RIVER NORTH BLVD STEP	HENVILLE TX 76401	PHONE NUMBER		
PRACTICE LOCATION		254-965-8853		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: )   L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad   L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)   L3760 - Elbow Brace (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspecif M17.12- Unilateral primary osteoa M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ied arthritis left knee rthritis right knee	<ul> <li>         M19.071- Oste         M25.522 Pain i         M25.521 Pain i         M54.2-Cervical     </li> </ul>	n in right wrist oarthritis Left Ankle oarthritis Right Ankle in left elbow	
<b>Length of Need:</b> ⊠ 12+ months (long term) □# of months (1-11)				

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

LESTER ONG M.D.

PHYSICIAN NAME:

Patient Name: FLORA SMITH

Patient Address: 18124 N US HIGHWAY 377 STEPHENVILLE TX 76401

Patient Phone: 8179254923

Physician Name: LESTER ONG M.D.

Address: 150 RIVER NORTH BLVD STEPHENVILLE TX 76401

Telephone: 254-968-6051 Fax: 254-965-8853 Patient: FLORA SMITH Date of Birth: 02/18/1937 Visit Date: 07/03/2024

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	FLORA SMITH	Date of Birth:	02/18/1937
Age:	87	Phone Number:	8179254923
Address:	18124 N US HIGHWAY 377	City:	STEPHENVILLE
State:	тх	Zip Code:	76401
Gender:	FEMALE	Height:	5'7
Weight:	165	Waist Size	м

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2HE2CC5HV08
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#### **Medications**

Current Medication	BABY ASPIRIN 1 A DAY
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 07/03/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

## **Subjective Notes**

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

P. 004 / 005

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

178-29-1024

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: LESTER ONG M.D.

Address: 150 RIVER NORTH BLVD STEPHENVILLE TX 76401

Physician's Signature:

Date:

Patient Name: FLORA SMITH

Patient Address: 18124 N US HIGHWAY 377 STEPHENVILLE TX 76401

Patient Phone: 8179254923

#### STEPHENVILLE MEDICAL/SGCL CLINIC

#### ADDICKS MEDICAL SUPPLY

## LETTER OF MEDICAL NECESSITY

Re: FLORA SMITH

Orthotic Device Need Assessment

Exam Date: 08/29/2024

Height: **5'7** Weight: **165** DOB: **02/18/1937** 

Ms SMITH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms SMITH reports chronic LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms SMITH and evaluation of his/her condition, I am ordering the following: L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this ANKLE, WRIST, ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the ANKLE, WRIST, ELBOW. My treatment goal(s) for the use of the prescribed ANKLE, WRIST, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SMITH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SMITH** continue medical follow-up as part of an ongoing plan of care.

Re: FLORA SMITH...... DOB: February 18, 1937

I, **LESTER ONG M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

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**LESTER ONG M.D.** Signature Date Signed: 17 - 201 - 10 24