# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N			
WINGERTER	DIANE			
LAST NAME	FIRST NAME	MI		
FEMALE	11/15/1953	3306277537	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ⋈ SHIP TO PATIENT'S HOME ADDRESS</li><li> □ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
784 COURTVIEW DR SW	CARROLLTON	OH 44615		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE	<del>_</del>	SECONDARY INSURANCE		
3T41WG1VY11				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
ARVIND KRISHNA MD		1275579542		
PHYSICIAN NAME		NPI#		
		330-493-0013		
4565 DRESSLER RD NW STE	111 CANTON OH 44718	PHONE NUMBER		
PRACTICE LOCATION		330-493-6973		
TRACTICE ECOATION		FAX NUMBER		
PRESCRIPTION SELEC  □ L3671 – Shoulder Brace (Side □ L3960 – Shoulder Brace (Side □ L0650 – Lumbar Brace (Waist □ L0642 – Lumbar Brace (Waist □ L0648 – Lumbar Brace (Waist	::	□ L3916 – Wrist Ha □ L3915 - Wrist Ha □ L1852 – Knee Bra □ L1851 – Knee Bra □ L1833 – Knee Bra	race (Side: □ L □ R) (Size: )  nd Finger (Side: □ L □ R) (Size: )  nd Finger (Side: □ L □ R) (Size: )  ace (Side: □ L □ R) (Size: )	
□ <b>E0100</b> – Electric Heat Pad □ <b>L1690</b> – Hip Brace (Side: □ L □ <b>L1686</b> – Hip Brace (Side: □ L	□ R) (Waist: ) □ R) (Waist: ) Flexion, Extension (Side: □ L □ R)	□ E0100 − Cane □ L2425 − Dial Loc □ L2820 − Lower E □ L1906 − Ankle Br	k Hinge ROM	
		□ <b>L0174</b> – Cervical □ <b>L317</b> 0 – Heel Sta	Brace bilizer (Side: □ L □ R)	
		1		
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified soarthritis left knee oarthritis right knee ler		n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow	
Length of Need: ⊠ 12± mg	onths (long term)  \tau \tau f mo	onthe (1-11)		

## **MEDICAL HISTORY**

Previous treatments: ICE PACKS, TYLENOL

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY AND THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_

ARVIND KRISHNA MD

PHYSICIAN NAME: \_\_\_\_\_ DATE

<del>79-07- 2029</del>

Patient Name: DIANE WINGERTER

Patient Address: 784 COURTVIEW DR SW, CARROLLTON OH 44615

Patient Phone: 3306277537

Physician Name: ARVIND KRISHNA MD

Address: 4565 DRESSLER RD NW STE 111 CANTON, OH 44718

Telephone: **330-493-0013** Fax: **330-493-6973** 

Patient: DIANE WINGERTER Date of Birth: 11/15/1953 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	DIANE WINGERTER	Date of Birth:	11/15/1953		
Age:	70	Phone Number:	3306277537		
Address:	784 COURTVIEW DR SW	City:	CARROLLTON		
State:	ОН	Zip Code:	44615		
Gender:	FEMALE	Height:	5'2		
Weight:	224	Waist Size	XL		

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3T41WG1VY11
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#### Medications

Current Medication	TYLENOL, IRBESARTAN, LEVOTHYROXINE
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following:	8
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The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: ICE PACKS, TYLENOL

The patient described their pain as the following: ACHY AND THROBBING

The activities that make the patient's pain worse is as follows: **BENDING** 

The pain is located in the patient's Back

The patient's pain is caused by AN ACCIDENT

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY AND THROBBING** with a pain scale of **8** and pain worsens with movement. The pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY AND THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ARVIND KRISHNA MD

Address: 4565 DRESSLER RD NW STE 111 CANTON, OH 44718

Physician's Signature:

Date:

Patient Name: DIANE WINGERTER

Patient Address: 784 COURTVIEW DR SW, CARROLLTON OH 44615

Patient Phone: 3306277537

#### LETTER OF MEDICAL NECESSITY

Re: **DIANE WINGERTER** 

Orthotic Device Need Assessment

Exam Date: 09/07/2024

Height: **5'2** Weight: **224** DOB: **11/15/1953** 

Ms WINGERTER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms WINGERTER reports chronic Back pain for MORE THAN A YEAR. Patient states pain is ACHY AND THROBBING with a pain scale of 8 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms WINGERTER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WINGERTER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WINGERTER** continue medical follow-up as part of an ongoing plan of care.

Re: DIANE WINGERTER...... DOB: November 15, 1953

I, ARVIND KRISHNA MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

RVIND KRISHNA MD

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Date Signed: <u>19-07-</u> 2014