RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N			
MAYER	ZELIG			
LAST NAME	FIRST NAME	MI		
MALE	08/27/1951	3475286319	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
360 MARCY AVE UNIT 3	BROOKLYN	NY 11206		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	rion -			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
4PG3GP7RG00				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
AMIR MAYER M.D.	ION	1043386915		
PHYSICIAN NAME				
		7182604600		
432 BEDFORD AVE BROOKL	YN NY 11249	PHONE NUMBER		
PRACTICE LOCATION		7187979073		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: MEDIUM L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852- Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
□ M17.12- Unilateral primary osteoarthritis left knee □ □ M17.11-Unilateral primary osteoarthritis right knee □ □ M25.512-Pain in the left shoulder □ □ M25.511-Pain in the right shoulder □ □ M25.552- Pain in Left Hip □			n in left wrist n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow algia Pain neck	

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

PHYSICIAN SIGNATURE:_

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

AMIR MAYER M.D.

PHYSICIAN NAME: DATE 9-07-707

Patient Name: ZELIG MAYER

Patient Address: 360 MARCY AVE UNIT 3 BROOKLYN NY 11206

Patient Phone: 3475286319

Physician Name: AMIR MAYER M.D. Address: 432 BEDFORD AVE BROOKLYN NY 11249

Telephone: **7182604600** Fax: **7187979073**

Patient: ZELIG MAYER
Date of Birth: 08/27/1951
Visit Date: WITHIN A YEAR
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Tationt Demographics				
Patient Name:	ZELIG MAYER	Date of Birth:	08/27/1951	
Age:	73	Phone Number:	3475286319	
Address:	360 MARCY AVE UNIT 3	City:	BROOKLYN	
State:	NY	Zip Code:	11206	
Gender:	MALE	Height:	6'8	
Weight:	190	Waist Size	м	

Patient Insurance

Provider:	MEDICARE	Member ID:	4PG3GP7RG00
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR.** Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AMIR MAYER M.D.

Address: 432 BEDFORD AVE BROOKLYN NY 11249

Physician's Signature:

Date:

Patient Name: ZELIG MAYER

Patient Address: 360 MARCY AVE UNIT 3 BROOKLYN NY 11206

Patient Phone: 3475286319

LETTER OF MEDICAL NECESSITY

Re: **ZELIG MAYER**

Orthotic Device Need Assessment

Exam Date: 09/05/2024

Height: 6'8 Weight: 190 DOB: 08/27/1951

Mr MAYER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr MAYER reports chronic Back pain for A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr MAYER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr MAYER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr MAYER** continue medical follow-up as part of an ongoing plan of care.

Re: ZELIG MAYER..... DOB: August 27, 1951

I, **AMIR MAYER M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

AMUR MAYER M.D.

Signature

Date Signed: 09-07- 2014