## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	ı		
BROOKS	ALLEN		
LAST NAME	FIRST NAME	MI	
MALE	07/12/1951	2524372281	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
12296 BELLAMY MILL RD	WHITAKERS	NC 27891	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	TON		
MEDICARE			
PRIMARY INSURANCE	<del>_</del>	SECONDARY INSURANCE	
6HK7HE4DK35		MEMOSO ID	
MEMBER ID MEMBER ID			
PHYSICIAN INFORMATI	ON		
RANA MARZOUQ MD		1659832541	
PHYSICIAN NAME		NPI #	
		2529370035	
91 ENTERPRISE DR ROCKY M	MOUNT NC 27804	PHONE NUMBER	
PRACTICE LOCATION		2529373102	
		FAX NUMBER	
PRESCRIPTION SELECT	TION		
□ L3670 - Shoulder Brace (Side:     □ L3960 - Shoulder Brace (Side:     □ L3660 - Shoulder Brace (Side:     □ L0650 - Lumbar Brace (Waist:     □ L0642 - Lumbar Brace (Waist:     □ L0457 - Lumbar Brace (Waist:     □ L0648 - Lumbar Brace (Waist:     □ L0649 - Lumbar Brace (Waist:     □ L1690 - Hip Brace (Side: □ L     □ L1686 - Hip Brace (Side: □ L	□ L □ R) (Size: ) □ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) )   R) (Waist: ) □ R) (Waist: )   R) (Waist: )   R) (Waist: )	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slec □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1971 − Ankle Brac □ L1906 − Ankle Brac □ L0174 − Cervical E	tremity Ortho ce (Side: □ L □ R) (Shoe Size: ) ce (Side: □ L □ R) (Shoe Size: )
		1	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	iified oarthritis left knee oarthritis right knee er der	<ul> <li>         □ M19.071- Ostec         □ M25.522 Pain ir         □ M25.521 Pain ir         □ M54.2-Cervical     </li> </ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow
Length of Need: ⊠ 12+ mo	nths (long term) $\square$ # of mo	onths (1-11)	

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **2 YEARS**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

PHYSICIAN SIGNATU

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

RANA MARZOUQ MD
PHYSICIAN NAME:

DATE 07-31-202

Patient Name: ALLEN BROOKS

Patient Address: 12296 BELLAMY MILL RD WHITAKERS NC 27891

Patient Phone: 2524372281

Physician Name: RANA MARZOUQ MD

Address: 91 ENTERPRISE DR ROCKY MOUNT NC 27804

Telephone: **2529370035** Fax: **2529373102** 

Patient: ALLEN BROOKS Date of Birth: 07/12/1951 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

<u> </u>			
Patient Name:	ALLEN BROOKS	Date of Birth:	07/12/1951
Age:	73	Phone Number:	2524372281
Address:	12296 BELLAMY MILL RD	City:	WHITAKERS
State:	NC	Zip Code:	27891
Gender:	MALE	Height:	6'3
Weight:	211	Waist Size	38

## **Patient Insurance**

Provider: MEDICARE Member ID: 6HK7HE4DK35
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#### **Medications**

medications	
Current Medication	METFORMIN (ONCE A DAY), TYLENOL (ONCE A DAY 2 TABLETS), RAMIPRIL (ONCE A DAY)
Medical History	HIGH BLOOD PRESSURE, DIABETES

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7
The patient's pain started on or around 2 YEARS
The surgery addressed the following: NA
The pain is experienced <b>SOMETIMES</b>
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION
The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **2 YEARS**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for 2 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: RANA MARZOUQ MD

Address: 91 ENTERPRISE DR ROCKY MOUNT NC 27804

Physician's Signature:

Date:

Patient Name: ALLEN BROOKS

Patient Address: 12296 BELLAMY MILL RD WHITAKERS NC 27891

Patient Phone: 2524372281

### LETTER OF MEDICAL NECESSITY

Re: ALLEN BROOKS

Orthotic Device Need Assessment

Exam Date: 07/31/2024

Height: 6'3 Weight: 211 DOB: 07/12/1951

Mr BROOKS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr BROOKS reports chronic LEFT KNEE, RIGHT KNEE pain for 2 YEARS. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr BROOKS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr BROOKS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr BROOKS continue medical follow-up as part of an ongoing plan of care.

Re: ALLEN BROOKS...... DOB: July 12, 1951

I, RANA MARZOUQ MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 17-31-2024

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#### DV MEDICAL SUPPLY

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive