## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
NEWTON	CLETA			
LAST NAME	FIRST NAME	MI		
FEMALE	11/13/1937	9407665789	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
507 NAKOMIS TRL	WICHITA FALLS	TX 76310		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
4H56RT4VU49				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
CHRISTIAN GUERRERO, MD		1346686383		
PHYSICIAN NAME		NPI#		
		9405380454		
102 S ARCHER ST HENRIETTA	TX 76365	PHONE NUMBER		
PRACTICE LOCATION		940-215-2044		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELECT	ION			
L3960 / L3670 - Shoulder Brace (Side: □ L □ R) (Size: )		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sta □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A	L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852 - Knee Brace (Side: □ L □ R) (Size: SMALL)         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: SMALL) (Qty: 2)         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain i ☐ M25.521 Pain i ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

## **MEDICAL HISTORY**

**Previous treatments: NONE** 

Doctor's Notes: The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for 5 YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATUR

**CHRISTIAN GUERRERO, MD** 

Patient Name: CLETA NEWTON

Patient Address: 507 NAKOMIS TRL WICHITA FALLS TX 76310

Patient Phone: 9407665789

Physician Name: **CHRISTIAN GUERRERO, MD** Address: 102 S ARCHER ST HENRIETTA TX 76365

Telephone: 9405380454 Fax: 940-215-2044 Patient: CLETA NEWTON Date of Birth: 11/13/1937 Visit Date: 10/2024 Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

Patient Name:	CLETA NEWTON	Date of Birth:	11/13/1937
Age:	86	Phone Number:	9407665789
Address:	507 NAKOMIS TRL	City:	WICHITA FALLS
State:	тх	Zip Code:	76310
Gender:	FEMALE	Height:	5'0
Weight:	105	Waist Size	SMALL

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	4H56RT4VU49
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#### **Medications**

Current Medication	NONE
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 5 YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 10/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

## **Subjective Notes**

The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for 5 YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 5 YEARS located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: CHRISTIAN GUERRERO, MD

Address: 102 S ARCHER ST HENRIETTA TX 76365

Physician's Signature:

Date:

Patient Name: CLETA NEWTON
Patient Address: 507 NAKOMIS TRL WICHITA FALLS TX 76310

Patient Phone: 9407665789

CLAY COUNTRY MEMORIAL HOSPITAL

# LETTER OF MEDICAL NECESSITY

Re: CLETA NEWTON

Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: **5'0** Weight: **105** DOB: **11/13/1937** 

Ms NEWTON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

**Ms NEWTON** reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **5 YEARS**. Patient states pain is **SHARP** with a pain scale of 7 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms NEWTON and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms NEWTON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms NEWTON** continue medical follow-up as part of an ongoing plan of care.

Re: CLETA NEWTON...... DOB: NOVEMBER 13, 1937

I, CHRISTIAN GUERRERO, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CHRISTIAN GUERRERO, MD

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive