RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
KOTLARZ	DOLORES		
LAST NAME	FIRST NAME	MI	
FEMALE	04/14/1934	5616142628	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
8533 BONITA ISLE DR	LAKE WORTH	FL 33467	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
7PE9V56QM31			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	N		
AUDREY LIU, MD		1568404663	
PHYSICIAN NAME		NPI #	
		5614985660	
4800 LINTON BLVD STE F107 D	ELRAY BEACH FL 33445	PHONE NUMBER	
PRACTICE LOCATION		5614980753	
		FAX NUMBER	
PRESCRIPTION SELECTI	ON		
□ L3960 / L3670 − Shoulder Brace □ L3660 − Shoulder Brace (Side: □ □ L0650 − Lumbar Brace (Waist:) □ L0457 − Lumbar Brace (Waist:) □ L0457 − Lumbar Brace (Waist:) □ L0648 − Lumbar Brace (Waist:) □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ □ L1686 − Hip Brace (Side: □ L □ □ L2624 − Hip Joint Adjustable Flex □ L3760 − Elbow Brace (Side: □ L	L □ R) (Size:) R) (Waist:) R) (Waist:) ion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A	tremity Ortho unkle Brace (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): ☐ M54.50- Low back pain, unspecifie ☐ M17.12- Unilateral primary osteoa ☐ M25.512-Pain in the left shoulder ☐ M25.511-Pain in the right shoulder ☐ M25.552- Pain in Left Hip ☐ M25.551- Pain in Right Hip	rthritis left knee thritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Oster ☐ M19.071- Oster ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow
Length of Need: ⊠ 12+ month	ns (long term)	nths (1-11)	

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A MONTH**. Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

AUDREY LIU, MD

PHYSICIAN NAME: _____

DATE:

Patient Name: DOLORES KOTLARZ

Patient Address: 8533 BONITA ISLE DR LAKE WORTH FL 33467

Patient Phone: 5616142628

Physician Name: AUDREY LIU, MD

Address: 4800 LINTON BLVD STE F107 DELRAY BEACH FL

Telephone: 5614985660 Fax: 5614980753 Patient: DOLORES KOTLARZ Date of Birth: 04/14/1934 Visit Date: February 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	DOLORES KOTLARZ	Date of Birth:	04/14/1934
Age:	90	Phone Number:	5616142628
Address:	8533 BONITA ISLE DR	City:	LAKE WORTH
State:	FL	Zip Code:	33467
Gender:	FEMALE	Height:	5'3
Weight:	127	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	7PE9V56QM31
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Medications

incardations	
Current Medication	HIGH BLOOD PRESSURE MEDICINE
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on February 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A MONTH.** Patient states pain is **SHARP** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A MONTH located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AUDREY LIU, MD

Address: 4800 LINTON BLVD STE F107 DELRAY BEACH FL 33445

H-2024

Physician's Signature:

Date:

Patient Name: **DOLORES KOTLARZ**

Patient Address: 8533 BONITA ISLE DR LAKE WORTH FL 33467

Patient Phone: 5616142628

LETTER OF MEDICAL NECESSITY

Re: **DOLORES KOTLARZ**Orthotic Device Need Assessment

Exam Date: 10/14/2024

Height: **5'3** Weight: **127** DOB: **04/14/1934**

Ms KOTLARZ is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms KOTLARZ reports chronic LEFT KNEE AND RIGHT KNEE pain for A MONTH. Patient states pain is SHARP with a pain scale of 6 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms KOTLARZ and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms KOTLARZ** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms KOTLARZ** continue medical follow-up as part of an ongoing plan of care.

Re: DOLORES KOTLARZ...... DOB: APRIL 14, 1934

I, AUDREY LIU, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JAUDREY LTO, MD

Signature

Date Signed: 10 - 14 - 2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive