RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
CROSIER	ALICE				
LAST NAME	FIRST NAME	MI			
FEMALE	04/04/1946	3158231199	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
948 BELLINGER RD	FORT PLAIN	NY 13339			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE 7G09RM2QT13		MEMBER ID			
7G09RM2QT13 MEMBER ID		MEMBERID			
PHYSICIAN INFORMATIO	N				
RYAN JAMES WHITE, MD		1649264730	1649264730		
PHYSICIAN NAME		NPI #	NPI#		
		5185683403			
8 PARK PL ST JOHNSVILLE NY	13452	PHONE NUMBER			
PRACTICE LOCATION		5185683403			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECTI	ON				
□ L3671 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: MEDIUM □ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 – Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	□ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic Back pain for 2 WEEKS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNAT

RYAN JAMES WHITE, MD

DATO9-25.2014 PHYSICIAN NAME:

Bassett Health Center - St. Johnsville

DV MEDICAL SUPPLY

Patient Name: ALICE CROSIER

Patient Address: 948 BELLINGER RD FORT PLAIN NY 13339

Patient Phone: 3158231199

Physician Name: RYAN JAMES WHITE, MD Address: 8 PARK PL ST JOHNSVILLE NY 13452

Telephone: 5185683403 Fax: 5185683403 Patient: ALICE CROSIER Date of Birth: 04/04/1946 Visit Date: July 08, 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	ALICE CROSIER	Date of Birth:	04/04/1946
Age:	78	Phone Number:	3158231199
Address:	948 BELLINGER RD	City:	FORT PLAIN
State:	NY	Zip Code:	13339
Gender:	FEMALE	Height:	5'2
Weight:	230	Waist Size	MEDIUM

Patient Insurance

vider: MEDICARE	Member ID:	7G09RM2QT13
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Medications

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 2 WEEKS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on July 08, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **2 WEEKS**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **2 WEEKS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-**7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: RYAN JAMES WHITE, MD

Address: 8 PARK PL ST JOHNSVILLE NY 13452

Physician's Signature:

2-2C.1

Date

Patient Name: ALICE CROSIER

Patient Address: 948 BELLINGER RD FORT PLAIN NY 13339

Patient Phone: 3158231199

LETTER OF MEDICAL NECESSITY

Re: ALICE CROSIER

Orthotic Device Need Assessment

Exam Date: 09/23/2024

Height: **5'2** Weight: **230** DOB: **04/04/1946**

Ms CROSIER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms CROSIER reports chronic Back pain for 2 WEEKS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms CROSIER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CROSIER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CROSIER** continue medical follow-up as part of an ongoing plan of care.

Re: ALICE CROSIER DOB: APRIL 04, 1946

I, RYAN JAMES WHITE, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

RYA**N** JAMES WHITE, MD

Signature

Date Signed: 04-25. WH