RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I		
BRITT	BARBARA		
LAST NAME	FIRST NAME	MI	
FEMALE	02/17/1944	2529274507	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
6880 NC HIGHWAY 32 S	PLYMOUTH	NC 27962	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
9RV5CH6MW72			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
THOMAS JOSEPH GENNOSA,		1962483446	
PHYSICIAN NAME		NPI#	
		2527955555	
504 N MAIN ST ROBERSONVII	LLE NC 27871	PHONE NUMBER	
PRACTICE LOCATION		2527955566	
		FAX NUMBER	
PRESCRIPTION SELECT	TION		
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L2820 - Lower Extremity Ortho □ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: MEDIUM) ace (Side: □ L □ R) (Size: MEDIUM) ace (Side: □ L □ R) (Size:) ever (Size: MEDIUM) (Qty: 2) k Hinge ROM ktremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) Brace	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er	☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATIONS

Doctor's Notes: The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY, THROBBING with a pain scale of 5 and pain worsens with movements. Pain is caused by ARTHRITIS, WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing indicated and necessary and consistent with current accept	, ,	
PHYSICIAN SIGNATURE:	THOMAS J PHYSICIAN NAME:	OSEPH GENNOSA, MD DATE:

Patient Name: BARBARA BRITT

Patient Address: 6880 NC HIGHWAY 32 S PLYMOUTH NC 27962

Patient Phone: 2529274507

Physician Name: THOMAS JOSEPH GENNOSA, MD Address: 504 N MAIN ST ROBERSONVILLE NC 27871

Telephone: **2527955555** Fax: **2527955566**

Patient: BARBARA BRITT Date of Birth: 02/17/1944 Visit Date: 08/12/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	BARBARA BRITT	Date of Birth:	02/17/1944
Age:	80	Phone Number:	2529274507
Address:	6880 NC HIGHWAY 32 S	City:	PLYMOUTH
State:	NC	Zip Code:	27962
Gender:	FEMALE	Height:	5'2
Weight:	182	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	9RV5CH6MW72
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Medications

Current Medication	CARVEDILOL GLIMPIRIDE JARDIANCE LOSARTAN METFORMIN TYLENOL
Medical History	DIABETES HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following:

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: ACHY, THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS, WEAR AND TEAR

The last time the patient has seen the doctor was on 08/12/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **THROBBING** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS**, **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: THOMAS JOSEPH GENNOSA, MD

Address: 504 N MAIN ST ROBERSONVILLE NC 27871

Physician's Signature:

Date:

Patient Name: BARBARA BRITT

Patient Address: 6880 NC HIGHWAY 32 S PLYMOUTH NC 27962

Patient Phone: 2529274507

LETTER OF MEDICAL NECESSITY

Re: BARBARA BRITT

Orthotic Device Need Assessment

Exam Date: 09/26/2024

Height: **5'2** Weight: **182** DOB: **02/17/1944**

Ms BRITT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE. RIGHT KNEE.

Ms BRITT reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY, THROBBING with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms BRITT and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS. SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this LEFT KNEE, RIGHT KNEE orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the LEFT KNEE, RIGHT KNEE. My treatment goal(s) for the use of the prescribed LEFT KNEE, RIGHT KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BRITT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BRITT** continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA BRITT...... DOB: February 17, 1944

I, THOMAS JOSEPH GENNOSA, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

THOMAS JOSEPH GENNOSA, MD

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive