# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
PORTER	JOYCE			
LAST NAME	FIRST NAME			
FEMALE	07/26/35	9738740978	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
5782 BERKSHIRE VALLEY RD	BUILDING OAKRIDGE	NJ 07438		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	DN .			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
3NJ5N27VM55		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATIO	N	4000404700		
JOSEPH RIESENMAN M.D		1336101732		
PHYSICIAN NAME		NPI#		
		973-697-0200		
5678 BERKSHIRE VALLEY RD (	OAK RIDGE NJ 07438	PHONE NUMBER		
PRACTICE LOCATION		973-697-6844		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
□ L3671 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □	, ( ,	□ L3761 – Elbow Brace (Side: □ L □ R) (Size: ) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )		
<ul><li>□ L3960 - Shoulder Brace (Side: □</li><li>□ L3660 - Shoulder Brace (Side: □</li></ul>			nd Finger (Side: □ L □ R) (Size: )  nd Finger (Side: □ L □ R) (Size: )	
L0650 – Lumbar Brace (Waist: )		□ L1852- Knee Brace (Side: □ L □ R) (Size: ) □ L1851 - Knee Brace (Side: □ L □ R) (Size: )		
□ L0642 – Lumbar Brace (Waist: ) □ L0457 – Lumbar Brace (Waist: MEDIUM			ace (Side: $\Box$ L $\Box$ R) (Size: )	
□ L0648 – Lumbar Brace (Waist: )		□ <b>L2397</b> – Knee Sle	eeve (Size: ) (Qty: )	
□ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>E0100</b> – Cane □ <b>L2425</b> – Dial Lock	Hinge ROM	
□ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>L2820</b> – Lower Ex	=	
□ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		□ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: )		
□ <b>L3760</b> – Elbow Brace (Side: □ L □ R)		□ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: ) □ L0174 – Cervical Brace		
			bilizer (Side: □ L □ R)	
			_	
MEDICAL INFORMATION				
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)):	ed	☐ M25.532- Pain	in left wrist	
☐ M17.12- Unilateral primary osteoarthritis left knee		☐ M25.531 - Pair		
M17.11-Unilateral primary osteoarthritis right knee		☐ M19.072- Oste		
		☐ M19.071- Oste☐ M25.522 Pain i	oarthritis Right Ankle n left elbow	
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain i	n right elbow	
□ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck				
Length of Need: ⊠ 12+ montl	ns (long term)	onths (1-11)		

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

JOSEPH RIESENMAN M.D

PHYSICIAN NAME:

79 - 03 - 7024

Patient Name: JOYCE PORTER

Patient Address: 5782 BERKSHIRE VALLEY RD BUILDING OAKRIDGE NJ 07438

Patient Phone: 9738740978

Physician Name: JOSEPH RIESENMAN M.D

Address: 5678 BERKSHIRE VALLEY RD OAK RIDGE NJ 07438

Telephone: **973-697-0200** Fax: **973-697-6844** 

Patient: **JOYCE PORTER**Date of Birth: **07/26/35** 

Visit Date: A COUPLE OF MONTHS AGO

Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	JOYCE PORTER	Date of Birth:	07/26/35
Age:	89	Phone Number:	9738740978
Address:	5782 BERKSHIRE VALLEY RD	City:	BUILDING OAKRIDGE
State:	NJ	Zip Code:	07438
Gender:	FEMALE	Height:	5'5
Weight:	130	Waist Size	м

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3NJ5N27VM55
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Resting

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A COUPLE OF MONTHS AGO

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

<del>79</del> -03 - 7,024

**Physician Information** 

Provider Name: JOSEPH RIESENMAN M.D

Address: 5678 BERKSHIRE VALLEY RD OAK RIDGE NJ 07438

Physician's Signature:

Date:

Patient Name: JOYCE PORTER

Patient Address: 5782 BERKSHIRE VALLEY RD BUILDING OAKRIDGE NJ 07438

Patient Phone: 9738740978

#### LETTER OF MEDICAL NECESSITY

Re: JOYCE PORTER

Orthotic Device Need Assessment

Exam Date: 08/31/2024

Height: 5'5 Weight: 130 DOB: 07/26/35

Ms PORTER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms PORTER reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms PORTER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is PERFORMING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms PORTER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms PORTER continue medical follow-up as part of an ongoing plan of care.

Re: JOYCE PORTER...... DOB: July 26, 1935

I. JOSEPH RIESENMAN M.D. verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed - 03 - 2024