RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
LOWE	BETTY		
LAST NAME	FIRST NAME	MI	
FEMALE	10/08/1957	4787462035	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
2844 PORTLAND PL	MACON	GA 31211	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	DN .		
MEDICARE		SECONDARY INSURANCE	
PRIMARY INSURANCE		SECONDARY INSURANCE	
8NW0KV7GJ13		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATION	N		
CATHERINE BOMBERGER MD		1124135678	
PHYSICIAN NAME		NPI #	
		478-464-5000	
310 HOSPITAL DR BUILDING B	SUITE 315 MACON GA 31217	PHONE NUMBER	
PRACTICE LOCATION		478-464-5094	
		FAX NUMBER	
PRESCRIPTION SELECTION	ON	1	
□ L3671 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist: SN L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Flexi L3760 - Elbow Brace (Side: □ L	L R) (Size:) L R) (Size:) IALL R) (Waist:) R) (Waist:) on, Extension (Side: L R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical B	Hinge ROM remity Ortho ce (Side: □ L □ R) (Shoe Size:) ce (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	thritis left knee	 □ M19.071- Osteo □ M25.522 Pain in □ M25.521 Pain in □ M54.2-Cervicalg 	in right wrist varthritis Left Ankle varthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic Back pain for A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

CATHERINE BOMBERGER MD 8 AT 12-2024 PHYSICIAN NAME:

Patient Name: BETTY LOWE

Patient Address: 2844 PORTLAND PL MACON GA 31211

Patient Phone: 4787462035

Physician Name: CATHERINE BOMBERGER MD

Address: 310 HOSPITAL DR BUILDING B SUITE 315 MACON GA

31217

Telephone: **478-464-5000** Fax: **478-464-5094**

Patient: **BETTY LOWE**Date of Birth: **10/08/1957**Visit Date: **WITHIN A YEAR**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

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Patient Name:	BETTY LOWE	Date of Birth:	10/08/1957
Age:	66	Phone Number:	4787462035
Address:	2844 PORTLAND PL	City:	MACON
State:	GA	Zip Code:	31211
Gender:	FEMALE	Height:	5'5"
Weight:	145	Waist Size	s

Patient Insurance

Provider: MEDICARE Member ID: 8NW0KV7GJ13

Medications

Current Medication	TYLENOL (ONCE A DAY)
Medical History	NONE

Medical Diagnosis

|--|

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

08-02-2024

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CATHERINE BOMBERGER MD

Address: 310 HOSPITAL DR BUILDING B SUITE 315 MACON GA 31217

Physician's Signature:

Date:

Patient Name: **BETTY LOWE**

Patient Address: 2844 PORTLAND PL MACON GA 31211

Patient Phone: 4787462035

LETTER OF MEDICAL NECESSITY

Re: BETTY LOWE

Orthotic Device Need Assessment

Exam Date: 08/03/2024

Height: **5'5**" Weight: **145** DOB: **10/08/1957**

Ms LOWE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms LOWE reports chronic Back pain for A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms LOWE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms LOWE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms LOWE** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY LOWE...... DOB: October 08, 1957

I, **CATHERINE BOMBERGER MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CATHERINE BOMBERGER MD

Signature

Date Signed 8 -02-2024