RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N			
KROM III	GEORGE			
LAST NAME	FIRST NAME	MI		
MALE	06/04/1945	5748351825	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
1136 N 525 E	ROCHESTER	IN 46975		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE	<u>—</u>	SECONDARY INSURANCE		
7QT6GX6PM72				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
JOSEPH PETER BINFET, MD		1457555716		
PHYSICIAN NAME		NPI#		
		5742239393		
1430 E 9TH ST ROCHESTER	IN 46975	PHONE NUMBER		
PRACTICE LOCATION		5742239521		
		FAX NUMBER		
PRESCRIPTION SELEC	CTION			
□ L3960 / L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0642 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0648 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ E0100 - Cane □ L1666 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: □ □ L3760 - Elbow Brace (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size: MEDIUM) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ever (Size: MEDIUM) (Qty: 2) k Hinge ROM extremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ecified eoarthritis left knee eoarthritis right knee der der	☐ M25.522 Pain☐ M25.521 Pain	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow	

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for A YEAR. Patient states pain is THROBBING with a pain scale of 6 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

PHYSICIAN NAME:

JOSEPH PETER BINFET, MD

Patient Name: GEORGE KROM III

Patient Address: 1136 N 525 E ROCHESTER IN 46975

Patient Phone: 5748351825

Physician Name: **JOSEPH PETER BINFET, MD** Address: 1430 E 9TH ST ROCHESTER IN 46975

Telephone: 5742239393 Fax: 5742239521 Patient: GEORGE KROM III Date of Birth: 06/04/1945 Visit Date: 05/07/2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	GEORGE KROM III	Date of Birth:	06/04/1945
Age:	79	Phone Number:	5748351825
Address:	1136 N 525 E	City:	ROCHESTER
State:	IN	Zip Code:	46975
Gender:	MALE	Height:	5'8
Weight:	210	Waist Size	36

Patient Insurance

Provider:	MEDICARE	Member ID:	7QT6GX6PM72
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 05/07/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR.** Patient states pain is **THROBBING** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JOSEPH PETER BINFET, MD

Address: 1430 E 9TH ST ROCHESTER IN 46975

Physician's Signature:

Patient Name: GEORGE KROM III

Patient Address: 1136 N 525 E ROCHESTER IN 46975

13-2024

Patient Phone: **5748351825**

LETTER OF MEDICAL NECESSITY

Re: GEORGE KROM III

Orthotic Device Need Assessment

Exam Date: 09/13/2024

Height: 5'8 Weight: 210 DOB: 06/04/1945

Mr KROM III is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Mr KROM III reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of 6 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr KROM III and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr KROM III** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr KROM III** continue medical follow-up as part of an ongoing plan of care.

Re: GEORGE KROM III...... DOB: JUNE 04, 1945

I, JOSEPH PETER BINFET, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JOSEPH PETER BINGET, MD

Date Signed: 79-13-2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive