RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
ZERKLE	SALLY		
LAST NAME	FIRST NAME	MI	
FEMALE	01/12/1954	9376310622	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
311 JEFFERSON AVE APT 7B	URBANA	OH 43078	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	ON .		
MEDICARE			
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
4Y85WJ4TM76			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	N		
AIJAZ AHMED MD		1306911961	
PHYSICIAN NAME		NPI#	
		937-653-4666	
900 SCIOTO ST STE 4 URBANA	OH 43078	PHONE NUMBER	
PRACTICE LOCATION		397-653-3469	
		FAX NUMBER	
PRESCRIPTION SELECTI L3671 – Shoulder Brace (Side: L3960 – Should	□ L □ R) (Size:) □ L □ R) (Size:)	☐ L3916 – Wrist Ha	race (Side: □ L □ R) (Size:) ınd Finger (Side: □ L □ R) (Size:)
□ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist:)		☐ L1852 – Knee Bra	nd Finger (Side: □ L □ R) (Size:) ice (Side: □ L □ R) (Size:)
□ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: 3			ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)
□ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad			eeve (Size:) (Qty:)
□ L1690 – Hip Brace (Side: □ L □ R) (Waist:)		☐ L2425 – Dial Lock	=
☐ L2624 – Hip Joint Adjustable Flex	ip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:)		ace (Side: L R) (Shoe Size:)
□ L3760 – Elbow Brace (Side: □ L	. □ R)	□ L1971 – Ankle Bra □ L0174 – Cervical	ace (Side: □ L □ R) (Shoe Size:) Brace
		☐ L3170 – Heel Stal	bilizer (Side: □ L □ R)
MEDICAL INFORMATION	_		_
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):		☐ M25.532- Pain ☐ M25.531 - Pair ☐ M19.072- Oste ☐ M19.071- Oste ☐ M25.522 Pain i ☐ M25.521 Pain i ☐ M54.2-Cervical	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow
	hs (long term) ——— # of mo		

MEDICAL HISTORY

Previous treatments: ICE PACKS

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:__

AIJAZ AHMED MD

PHYSICIAN NAME: _

DATF) **9 - 09 - 1/1**9

Patient Name: SALLY ZERKLE

Patient Address: 311 JEFFERSON AVE APT 7B URBANA OH 43078

Patient Phone: 9376310622

Physician Name: AIJAZ AHMED MD

Address: 900 SCIOTO ST STE 4 URBANA OH 43078

Telephone: **937-653-4666** Fax: **397-653-3469**

Patient: SALLY ZERKLE Date of Birth: 01/12/1954 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	SALLY ZERKLE	Date of Birth:	01/12/1954
Age:	70	Phone Number:	9376310622
Address:	311 JEFFERSON AVE APT 7B	City:	URBANA
State:	ОН	Zip Code:	43078
Gender:	FEMALE	Height:	5'2
Weight:	314	Waist Size	3XL

Patient Insurance

Provider:	MEDICARE	Member ID:	4Y85WJ4TM76
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Medications

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: ICE PACKS

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR.** Patient states pain is **SHARP** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AIJAZ AHMED MD

Address: 900 SCIOTO ST STE 4 URBANA OH 43078

Physician's Signature:

Date:

Patient Name: SALLY ZERKLE

Patient Address: 311 JEFFERSON AVE APT 7B URBANA OH 43078

Patient Phone: 9376310622

LETTER OF MEDICAL NECESSITY

Re: SALLY ZERKLE

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: **5'2** Weight: **314** DOB: **01/12/1954**

Ms ZERKLE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms ZERKLE reports chronic Back pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms ZERKLE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ZERKLE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ZERKLE** continue medical follow-up as part of an ongoing plan of care.

Re: SALLY ZERKLE...... DOB: January 12, 1954

I, AIJAZ AHMED MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JAZAHMED MD

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