RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I		
PORTER	DALE		
LAST NAME	FIRST NAME	MI	
FEMALE	03/14/54	8506933706	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
4761 HARPER DR	MARIANNA	FL 32446	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
6N58UJ4MF67			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
JOHN SPENCE, MD		1497794796	
PHYSICIAN NAME		NPI #	
		8504822910	
4284 KELSON AVE MARIANN	A FL 32446	PHONE NUMBER	
PRACTICE LOCATION		850 526 2138	
		FAX NUMBER	
PRESCRIPTION SELECT	rion		
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: □ L0642 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:))) 12 ON PANTS)) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 / L1971 − A □ L0174 − Cervical E	tremity Ortho nkle Brace (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic LOWER BACK, RIGHT KNEE pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

JOHN SPENCE, MD

DATE 0 13/244 PHYSICIAN NAME: _

Patient Name: DALE PORTER

Patient Address: 4761 HARPER DR MARIANNA FL 32446

Patient Phone: 8506933706

Physician Name: JOHN SPENCE, MD

Address: 4284 KELSON AVE MARIANNA FL 32446

Telephone: **8504822910** Fax: **850 526 2138**

Patient: **DALE PORTER**Date of Birth: **03/14/54**Visit Date: **July 18 2024**

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	DALE PORTER	Date of Birth:	03/14/54
Age:	70	Phone Number:	8506933706
Address:	4761 HARPER DR	City:	MARIANNA
State:	FL	Zip Code:	32446
Gender:	FEMALE	Height:	5`4
Weight:	105	Waist Size	12 ON PANTS

Patient Insurance

Provider:	MEDICARE	Member ID:	6N58UJ4MF67

Medications

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around OVER A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on July 18 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, RIGHT KNEE pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their LOWER BACK, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, . Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

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Provider Name: JOHN SPENCE, MD

Address: 4284 KELSON AVE MARIANNA FL 32446

Physician's Signature:

Date:

Patient Name: **DALE PORTER**

Patient Address: 4761 HARPER DR MARIANNA FL 32446

Patient Phone: **8506933706**

LETTER OF MEDICAL NECESSITY

Re: DALE PORTER

Orthotic Device Need Assessment

Exam Date: 10/02/2024

Height: **5`4** Weight: **105** DOB: **03/14/54**

Ms PORTER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, RIGHT KNEE.

Ms PORTER reports chronic **LOWER BACK**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee,. Based on my conversation with Ms PORTER and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this LOWER BACK, RIGHT KNEE orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the LOWER BACK, RIGHT KNEE. My treatment goal(s) for the use of the prescribed LOWER BACK, RIGHT KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms PORTER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms PORTER** continue medical follow-up as part of an ongoing plan of care.

Re: DALE PORTER...... DOB: March 14, 1954

I, JOHN SPENCE, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JOHN SPENCE, W

Signature

Date Signed 13/24

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive