RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
BIRKETT	CAROL				
LAST NAME	FIRST NAME	MI			
FEMALE	05/22/36	5086798205	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC 		
207 LAWTON ST	SOMERSET	MA 02725			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE					
6EA5KT4RD91		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N				
JENNIFER KABAK, D.O.		1205098530	1205098530		
PHYSICIAN NAME		NPI #	NPI#		
		508-678-5633			
67 SLADES FERRY AVE SOME	RSET MA 02726	PHONE NUMBER			
PRACTICE LOCATION		508-673-5605			
		FAX NUMBER			
PRESCRIPTION SELECTION	ON				
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist: MEDIUM □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain i ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A MONTH**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS, WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

JENNIFER KABAK, D.O.

16 -16 - Way

PHYSICIAN NAME: _____

Patient Name: CAROL BIRKETT

Patient Address: 207 LAWTON ST SOMERSET MA 02725

Patient Phone: **5086798205**

Physician Name: **JENNIFER KABAK, D.O.**

Address: 67 SLADES FERRY AVE SOMERSET MA 02726

Telephone: **508-678-5633** Fax: **508-673-5605**

Patient: CAROL BIRKETT Date of Birth: 05/22/36 Visit Date: 2 WEEKS AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CAROL BIRKETT	Date of Birth:	05/22/36
Age:	88	Phone Number:	5086798205
Address:	207 LAWTON ST	City:	SOMERSET
State:	МА	Zip Code:	02725
Gender:	FEMALE	Height:	5'0
Weight:	102	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	6EA5KT4RD91
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Resting

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around MORE THAN A MONTH
The surgery addressed the following: NA
The pain is experienced CONSTANTLY

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: ICE PACKS

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: **DAILY ACTIVITIES**

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 WEEKS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A MONTH.** Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A MONTH located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JENNIFER KABAK, D.O.

Address: 67 SLADES FERRY AVE SOMERSET MA 02726

4. Japan

Physician's Signature:

Date:

Patient Name: CAROL BIRKETT

Patient Address: 207 LAWTON ST SOMERSET MA 02725

Patient Phone: 5086798205

GLOBAL MEDICAL EQUIPMENT LETTER OF MEDICAL NECESSITY

Re: CAROL BIRKETT

Orthotic Device Need Assessment

Exam Date: 10/15/2024

Height: **5'0** Weight: **102** DOB: **05/22/36**

Ms BIRKETT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BIRKETT reports chronic Back pain for MORE THAN A MONTH. Patient states pain is SHARP with a pain scale of 8 and pain worsens with DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BIRKETT and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BIRKETT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BIRKETT** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL BIRKETT...... DOB: May 22, 1936

I, **JENNIFER KABAK**, **D.O.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

b -h - WY

JENNIBER KABAK. D.O.

Signature

Date Signed: _