RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
WIMBERLY	DELOS		
LAST NAME	FIRST NAME	MI	
MALE	10/30/1948	9797771337	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC
1100 LAMAR DR	BRYAN	TX 77802	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
2UH0GV7MA05			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
DAVID BURAS MD		1245301373	
PHYSICIAN NAME		NPI #	
		9797764797	
1126 MIDTOWN DR COLLEGE	STATION TX 77845	PHONE NUMBER	
PRACTICE LOCATION		9797314945	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
□ L3660 − Shoulder Brace (Side: □ □ L0650 − Lumbar Brace (Waist:) □ L0642 − Lumbar Brace (Waist:) □ L0457 − Lumbar Brace (Waist:) □ L0648 − Lumbar Brace (Waist:) □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L□ □ L1686 − Hip Brace (Side: □ L□ □ L2624 − Hip Joint Adjustable Fle	M642 – Lumbar Brace (Waist:) □ L1852 – Knee Brace (Side: ☑ L ☑ R) (Size: MEDIUM) □ L1851 – Knee Brace (Side: □ L □ R) (Size:) □ L1833 – Knee Brace (Side: □ L □ R) (Size: DIX (Size:		
MEDICAL INFORMATION			
ICD 10 (Diagnosis Code(s)):	arthritis left knee Irthritis right knee	☐ M19.071- Ostr ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow
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MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

HUMOHYSICIAN NAME:

PHYSICIAN SIGNATURE:

DAVID BURAS MD

DΛ

ATE: **7-**8-74

Patient Name: DELOS WIMBERLY

Patient Address: 1100 LAMAR DR BRYAN TX 77802

Patient Phone: 9797771337

Physician Name: DAVID BURAS MD

Address: 1126 MIDTOWN DR COLLEGE STATION TX 77845

Telephone: 9797764797 Fax: 9797314945 Patient: **DELOS WIMBERLY**Date of Birth: **10/30/1948**Visit Date: **05/16/2024**Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

Patient Name:	DELOS WIMBERLY	Date of Birth:	10/30/1948
Age:	75	Phone Number:	9797771337
Address:	1100 LAMAR DR	City:	BRYAN
State:	тх	Zip Code:	77802
Gender:	MALE	Height:	5'7
Weight:	200	Waist Size	L

Patient Insurance

Provider: MEDICAR	Member ID:	2UH0GV7MA05
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Medications

Current Medication	TYLENOL, ALEVE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 05/16/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR.** Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

David Gras

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: DAVID BURAS MD

Address: 1126 MIDTOWN DR COLLEGE STATION TX 77845

Physician's Signature:

Date:

Patient Name: **DELOS WIMBERLY**

Patient Address: 1100 LAMAR DR BRYAN TX 77802

Patient Phone: 9797771337

LETTER OF MEDICAL NECESSITY

Re: **DELOS WIMBERLY**

Orthotic Device Need Assessment

Exam Date: 07/03/2024

Height: **5'7** Weight: **200** DOB: **10/30/1948**

Mr WIMBERLY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Mr WIMBERLY reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of 8 and pain worsens with **WALKING**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr WIMBERLY and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr WIMBERLY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr WIMBERLY** continue medical follow-up as part of an ongoing plan of care.

Re: DELOS WIMBERLY...... DOB: October 30, 1948

I, **DAVID BURAS MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DAVID BURAS MD

Signature

Date Signed:

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive