# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
CANNIS	BARBARA			
LAST NAME	FIRST NAME	MI		
FEMALE	10/31/52	8484805495	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
9 STILLWATERS COURT	BARNEGAT	NJ 08005		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATIO	N			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
3RP0W45PT24				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	I			
PAUL PROSPERI D.O.		1952416588		
PHYSICIAN NAME		NPI #		
		6094942323		
1812 LONG BEACH BLVD SHIP B	30TTOM NJ 08008	PHONE NUMBER		
PRACTICE LOCATION		6094942323		
		FAX NUMBER		
PRESCRIPTION SELECTION	DN			
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         L0650 - Lumbar Brace (Waist: )         L0642 - Lumbar Brace (Waist: )         L0457 - Lumbar Brace (Waist: )         L0648 - Lumbar Brace (Waist: )         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □ L □ R) (Waist: )         L1686 - Hip Brace (Side: □ L □ R) (Waist: )         L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         L3760 - Elbow Brace (Side: □ L □ R)				
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspecified M17.12- Unilateral primary osteoart M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip	hritis left knee nritis right knee	<ul> <li>□ M19.071- Oste</li> <li>⋈ M25.522 Pain</li> <li>⋈ M25.521 Pain</li> <li>□ M54.2-Cervica</li> </ul>	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow	

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

PAUL PROSPERI D.O.

PHYSICIAN NAME: \_\_\_\_

DATE: 1)& - 19 - 2024

Patient Name: BARBARA CANNIS

Patient Address: 9 STILLWATERS COURT BARNEGAT NJ 08005

Patient Phone: 8484805495

Physician Name: PAUL PROSPERI D.O.

Address: 1812 LONG BEACH BLVD SHIP BOTTOM NJ 08008

Telephone: **6094942323** Fax: **6094942323** 

Patient: BARBARA CANNIS Date of Birth: 10/31/52 Visit Date: 3 MONTHS AGO

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BARBARA CANNIS	Date of Birth:	10/31/52
Age:	71	Phone Number:	8484805495
Address:	9 STILLWATERS COURT	City:	BARNEGAT
State:	NJ	Zip Code:	08005
Gender:	FEMALE	Height:	5'6 1/5
Weight:	165	Waist Size	LARGE

## **Patient Insurance**

er: MEDICARE	Member ID: 3RPC	0W45PT24
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# Medications

Current Medication	TYLENOL 1X A DAY
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 3 MONTHS AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

### **Subjective Notes**

The patient reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PAUL PROSPERI D.O.

Address: 1812 LONG BEACH BLVD SHIP BOTTOM NJ 08008

Physician's Signature:

Date: 08 - 19 - 2024

Patient Name: BARBARA CANNIS
Patient Address: 9 STILLWATERS COURT BARNEGAT NJ 08005

Patient Phone: 8484805495

## LETTER OF MEDICAL NECESSITY

Re: BARBARA CANNIS

Orthotic Device Need Assessment

Exam Date: 08/15/2024

Height: 5'6 1/5 Weight: 165 DOB: 10/31/52

Ms CANNIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms CANNIS reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms CANNIS and evaluation of his/her condition. I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ELBOW orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ELBOW. My treatment goal(s) for the use of the prescribed WRIST, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms CANNIS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms CANNIS continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA CANNIS...... DOB: October 31, 1952

I, PAUL PROSPERI D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

PROSPERID.O.

Date Signed: 08 - 19 - 2024