# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
MELLEN	NANCY		
LAST NAME	FIRST NAME	MI	
FEMALE	03/18/1937	6148753184	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
4217 BROOKGROVE DR	GROVE CITY	OH 43123	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
1E10R02AM48		MEMBER ID	
MEMBER ID		WEWBER	
PHYSICIAN INFORMATION GREGORY RUNSER MD	DN	1750320347	
PHYSICIAN NAME		NPI #	
		6148758949	
6024 HOOVER RD. SUITE A GR	OVE CITY OH 43123	PHONE NUMBER	
PRACTICE LOCATION		6145394610	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
□ L3671 – Shoulder Brace (Side: □     □ L3960 – Shoulder Brace (Side: □     □ L3660 – Shoulder Brace (Side: □     □ L0650 – Lumbar Brace (Waist: )     □ L0642 – Lumbar Brace (Waist: )     □ L0648 – Lumbar Brace (Waist: 1     □ L0648 – Lumbar Brace (Waist: )     □ E0100 – Electric Heat Pad     □ L1690 – Hip Brace (Side: □ L□     □ L1686 – Hip Brace (Side: □ L□	□ L □ R) (Size: ) 2 □ R) (Waist: ) □ R) (Waist: ) □ xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical E	tremity Ortho ice (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ice (Side: $\Box$ L $\Box$ R) (Shoe Size: )
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee arthritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical  the (1-11)	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_\_\_

**GREGORY RUNSER MD** 

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: NANCY MELLEN

Patient Address: 4217 BROOKGROVE DR GROVE CITY OH 43123

Patient Phone: 6148753184

Physician Name: GREGORY RUNSER MD

Address: 6024 HOOVER RD. SUITE A GROVE CITY OH 43123

Telephone: 6148758949 Fax: 6145394610 Patient: NANCY MELLEN Date of Birth: 03/18/1937 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	NANCY MELLEN	Date of Birth:	03/18/1937
Age:	87	Phone Number:	6148753184
Address:	4217 BROOKGROVE DR	City:	GROVE CITY
State:	он	Zip Code:	43123
Gender:	FEMALE	Height:	5'8
Weight:	155	Waist Size	12

## **Patient Insurance**

Provider: MEDICARE Member ID: 1E10R02AM48
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## Medications

Modications	
Current Medication	GABAPENTIN, TYLENOL
Medical History	DIABETES, HIGH BLOOD PRESSURE

# **Medical Diagnosis**

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The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# Subjective Notes

The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **A MONTH** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: GREGORY RUNSER MD

Address: 6024 HOOVER RD. SUITE A GROVE CITY OH 43123

Physician's Signature:

Date:

Patient Name: NANCY MELLEN

Patient Address: 4217 BROOKGROVE DR GROVE CITY OH 43123

Patient Phone: 6148753184

#### LETTER OF MEDICAL NECESSITY

Re: NANCY MELLEN

Orthotic Device Need Assessment

Exam Date: 08/26/2024

Height: 5'8 Weight: 155 DOB: 03/18/1937

Ms MELLEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms MELLEN reports chronic Back pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MELLEN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MELLEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MELLEN** continue medical follow-up as part of an ongoing plan of care.

Re: NANCY MELLEN..... DOB: March 18, 1937

I, **GREGORY RUNSER MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

GREGORY RUNSER MD

Signature

Date Signed - 26 - 2024