RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
ALBA	SALVATORE			
LAST NAME	FIRST NAME			
MALE	02/19/1942	6179393714	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 	
49 NORWOOD ST	EVERETT	MA 02149		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE	_	SECUNDARY INSURANCE		
1KK7X21VT31		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	ON			
JOCELYN RONDAL, MD		1851684856		
PHYSICIAN NAME		NPI #		
		617-394-7500		
MGH EVERETT FAMILY CARE	19 NORWOOD ST EVERETT MA	PHONE NUMBER		
02149		6173947587		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELECT	TION			
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist: LARGE □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Electric Heat Pad □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Electric Heat Pad □ L2425 - Dial Lock Hinge ROM □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R) <td>and Finger (Side: L R) (Size:) and Finger (Side: L R) (Shoe Size:)</td>		and Finger (Side: L R) (Size:) and Finger (Side: L R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied varthritis left knee arthritis right knee r	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing the indicated and necessary and consistent with current accepted	he items listed above and certifying that the above-presed standards of medical practice and treatment of this p	scribed item(s) is medically attent's physical condition.
PHYSICIAN SIGNATURE	JOCELYN RONDAL, MD PHYSICIAN NAME:	DATE /25/2029

Patient Name: SALVATORE ALBA

Patient Address: 49 NORWOOD ST EVERETT MA 02149

Patient Phone: 6179393714

Physician Name: JOCELYN RONDAL, MD

Address: MGH EVERETT FAMILY CARE 19 NORWOOD ST

EVERETT MA 02149 Telephone: **617-394-7500** Fax: **6173947587**

Patient: SALVATORE ALBA Date of Birth: 02/19/1942 Visit Date: May 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Tationic Boiniographico	sont Boniegraphico		
Patient Name:	SALVATORE ALBA	Date of Birth:	02/19/1942
Age:	82	Phone Number:	6179393714
Address:	49 NORWOOD ST	City:	EVERETT
State:	MA	Zip Code:	02149
Gender:	MALE	Height:	5'2
Weight:	220	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	1KK7X21VT31
Provider:		Member ID:	1KK7X21VT31

Medications

nodiodiono	
Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on May 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JOCELYN RONDAL, MD

Address: MGH EVERETT FAMILY CARE 19 NORWOOD ST EVERETT MA 02149

Physician's Signature:

Date:

Patient Name: **SALVATORE ALBA**

Patient Address: 49 NORWOOD ST EVERETT MA 02149

Patient Phone: 6179393714

LETTER OF MEDICAL NECESSITY

Re: SALVATORE ALBA

Orthotic Device Need Assessment

Exam Date: 09/24/2024

Height: **5'2** Weight: **220** DOB: **02/19/1942**

Mr ALBA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr ALBA reports chronic Back pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr ALBA and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr ALBA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr ALBA** continue medical follow-up as part of an ongoing plan of care.

Re: SALVATORE ALBA...... DOB: FEBRUARY 19, 1942

I, **JOCELYN RONDAL, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JOCELYN RONDAL, MD

Signature

Date Signed 25/2024