RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N			
WILLISTON	CAROL			
LAST NAME	FIRST NAME	MI		
FEMALE	06/14/1938	3044528192	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
1111 SAND FORK RD	ROANOKE	WV 26447		
ADDRESS	СІТУ	STATE & ZIPCODE		
INSURANCE INFORMA	ΓΙΟΝ			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
6W42JV4XR96				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
ROBERT ROMANO, DO		1982657334		
PHYSICIAN NAME		NPI #		
		304-460-7925		
21 AUCTION LN STE B BUCK	HANNON WV 26201	PHONE NUMBER		
PRACTICE LOCATION	TIANION WW 20201	304-472-7682		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size: MEDIUM) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1974 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nce (Side: □ L □ R) (Size: MEDIUM) nce (Side: □ L □ R) (Size:) nce (Side: □ L □ R) (Size:) neve (Size: MEDIUM) (Qty: 2) nthinge ROM nthe Brace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspe □ M17.12- Unilateral primary oste □ M25.512-Pain in the left should □ M25.511-Pain in the right shoul □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip	cified coarthritis left knee er der	☑ M25.522 Pain i☑ M25.521 Pain i	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

ROBERT ROMANO, DO PHYSICIAN SIGNATURE: PHYSICIAN NAME:

09/07/2024 12:45 PM ROBERT ROMANO, DO P. 003 / 006

DV MEDICAL SUPPLY

Patient Name: CAROL WILLISTON

Patient Address: 1111 SAND FORK RD ROANOKE WV 26447

Patient Phone: 3044528192

Physician Name: ROBERT ROMANO, DO

Address: 21 AUCTION LN STE B BUCKHANNON WV 26201

Telephone: 304-460-7925 Fax: 304-472-7682 Patient: CAROL WILLISTON Date of Birth: 06/14/1938 Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CAROL WILLISTON	Date of Birth:	06/14/1938
Age:	86	Phone Number:	3044528192
Address:	1111 SAND FORK RD	City:	ROANOKE
State:	wv	Zip Code:	26447
Gender:	FEMALE	Height:	5'2
Weight:	170	Waist Size	XL

Patient Insurance

Provider:	MEDICARE	Member ID:	6W42JV4XR96
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Medications

Current Medication	TYLENOL TRAMADOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: **BENDING**, **WALKING**, **STANDING**

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): **LEFT KNEE**, **RIGHT KNEE**, **LEFT ELBOW**, **RIGHT ELBOW**

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **LEFT ELBOW**, **RIGHT ELBOW** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**, **WALKING**, **STANDING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **LEFT ELBOW**, **RIGHT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **ROBERT ROMANO, DO**

Address: 21 AUCTION LN STE B BUCKHANNON WV 26201

Physician's Signature:

09-07-2024 Date:

Patient Name: CAROL WILLISTON

Patient Address: 1111 SAND FORK RD ROANOKE WV 26447

Patient Phone: 3044528192

LETTER OF MEDICAL NECESSITY

Re: CAROL WILLISTON

Orthotic Device Need Assessment

Exam Date: 09/07/2024

Height: **5'2** Weight: **170** DOB: **06/14/1938**

Ms WILLISTON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW**.

Ms WILLISTON reports chronic LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING, WALKING, STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms WILLISTON and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, LEFT ELBOW, RIGHT ELBOW requiring stabilization for improvement of functionality. I am prescribing this KNEE, ELBOW orthosis for the following indication(s): to aid when the patient is BENDING, WALKING, STANDING, to aid in stabilization of the KNEE, ELBOW. My treatment goal(s) for the use of the prescribed KNEE, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WILLISTON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WILLISTON** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL WILLISTON...... DOB: June 14, 1938

I, ROBERT ROMANO, DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ROBERT ROMANO, DO

Signature

Date Signed: ___

09-07-2029

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive