RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
CLARK	ANNETTE			
LAST NAME	FIRST NAME	MI		
FEMALE	10/06/1948	6803225196	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
43 STARK RD	NORFOLK	NY 13667		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	DN		,	
MEDICARE		OF COMPANY INCURANCE		
PRIMARY INSURANCE		SECONDARY INSURANCE		
3JK2X56PX85		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	N			
EMILY WOOD M.D.		1720427347		
PHYSICIAN NAME		NPI #		
		3153844881		
49 LAWRENCE AVE POTSDAM I	NY 13676	PHONE NUMBER		
PRACTICE LOCATION		3153844905		
		FAX NUMBER		
PRESCRIPTION SELECTION	ON			
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: 18) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 – Wrist Har □ L3915 - Wrist Har □ L1852 – Knee Bra □ L1851 – Knee Bra □ L1833 – Knee Bra □ L2397 – Knee Sta □ E0100 – Cane □ L2425 – Dial Lock □ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):				

MEDICAL HISTORY

Previous treatments: PHYSICAL THERAPY

Doctor's Notes: The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

EMILY WOOD M.D.

PHYSICIAN NAME:

Patient Name: ANNETTE CLARK

Patient Address: 43 STARK RD NORFOLK NY 13667

Patient Phone: 6803225196

Physician Name: EMILY WOOD M.D.

Address: 49 LAWRENCE AVE POTSDAM NY 13676

Telephone: **3153844881** Fax: **3153844905**

Patient: ANNETTE CLARK Date of Birth: 10/06/1948 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	ANNETTE CLARK	Date of Birth:	10/06/1948
Age:	75	Phone Number:	6803225196
Address:	43 STARK RD	City:	NORFOLK
State:	NY	Zip Code:	13667
Gender:	FEMALE	Height:	5'6
Weight:	156	Waist Size	18

Patient Insurance

Provider:	MEDICARE	Member ID:	3JK2X56PX85
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Medications

Current Medication	DIABETES PILLS 1X A DAY
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: PHYSICAL THERAPY

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACIVITIES

The pain is located in the patient's Back, Left Wrist, Right Wrist

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Left Wrist, Right Wrist

Subjective Notes

The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their Back, Left Wrist, Right Wrist related to M54.50- Low back pain, unspecified, M25.532-Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACIVITIES**. Patient needs a **Back**, **Left Wrist**, **Right Wrist** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment, if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's principal stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

19-05-2024

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **EMILY WOOD M.D.**

Address: 49 LAWRENCE AVE POTSDAM NY 13676

Physician's Signature:

Date:

Patient Name: ANNETTE CLARK

Patient Address: 43 STARK RD NORFOLK NY 13667

Patient Phone: 6803225196

LETTER OF MEDICAL NECESSITY

Re: ANNETTE CLARK

Orthotic Device Need Assessment

Exam Date: 09/05/2024

Height: **5'6** Weight: **156** DOB: **10/06/1948**

Ms CLARK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Left Wrist, Right Wrist.

Ms CLARK reports chronic Back, Left Wrist, Right Wrist pain for A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms CLARK and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back**, **Left Wrist**, **Right Wrist** requiring stabilization for improvement of functionality. I am prescribing this **Back**, **Left Wrist**, **Right Wrist** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACIVITIES**, to aid in stabilization of the **Back**, **Left Wrist**, **Right Wrist**. My treatment goal(s) for the use of the prescribed **Back**, **Left Wrist**, **Right Wrist** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CLARK** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CLARK** continue medical follow-up as part of an ongoing plan of care.

Re: ANNETTE CLARK...... DOB: October 06, 1948

I, **EMILY WOOD M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

EMILY WOOD M.D.

Signature

Date Signed: 19 -05 - 1014