RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N			
FIELD	BILLIE			
LAST NAME	FIRST NAME	MI		
FEMALE	06/27/1944	5406677431	SHIPPING METHOD: ⊠ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
107 JACKSON AVE	WINCHESTER	VA 22601		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ΓΙΟΝ			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
6XJ5QV3QV82				
MEMBER ID		MEMBER ID		
DUVOIOLAN INFORMAT	ION			
PHYSICIAN INFORMATI	ION	4.47754.4000		
PHYSICIAN NAME		1477514636		
PHT SICIAN NAME		NPI# 5406670744		
		PHONE NUMBER		
212 LINDEN DR SUITE 152 W	INCHESTER VA 22601	= 5406658158		
PRACTICE LOCATION		FAX NUMBER		
		.,,,,,,		
PRESCRIPTION SELEC	TION			
L3960 / L3670 - Shoulder Brace (Side: □ L □ R) (Size:)		and Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ace (Side: ⊠ L ⊠ R) (Size: SMALL) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) eeve (Size: SMALL) (Qty: 2) k Hinge ROM xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATIO	N			
ICD 10 (Diagnosis Code(s)):	eoarthritis left knee oarthritis right knee er der	☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow	
Length of Need: ⊠ 12+ mo	onths (long term) \square # of mo	onuis (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

LISA KENT MD

07-73 - 2024

PHYSICIAN NAME: _____

Patient Name: BILLIE FIELD

Patient Address: 107 JACKSON AVE WINCHESTER VA 22601

Patient Phone: 5406677431

Physician Name: LISA KENT MD

Address: 212 LINDEN DR SUITE 152 WINCHESTER VA 22601

Telephone: 5406670744 Fax: 5406658158 Patient: BILLIE FIELD
Date of Birth: 06/27/1944
Visit Date: FEBRUARY 2024
Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BILLIE FIELD	Date of Birth:	06/27/1944
Age:	80	Phone Number:	5406677431
Address:	107 JACKSON AVE	City:	WINCHESTER
State:	VA	Zip Code:	22601
Gender:	FEMALE	Height:	5'1
Weight:	105	Waist Size	s

Patient Insurance

Provider: MEDICARE Member ID: 6XJ5QV3QV82	
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Medications

Current Medication	TYLENOL ONCE A DAY
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on FEBRUARY 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR.** Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LISA KENT MD

Address: 212 LINDEN DR SUITE 152 WINCHESTER VA 22601

Physician's Signature:

Date:

Patient Name: BILLIE FIELD

Patient Address: 107 JACKSON AVE WINCHESTER VA 22601

Patient Phone: 5406677431

LETTER OF MEDICAL NECESSITY

Re: BILLIE FIELD

Orthotic Device Need Assessment

Exam Date: 07/02/2024

Height: 5'1 Weight: 105 DOB: 06/27/1944

Ms FIELD is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms FIELD reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of 7 and pain worsens with **BENDING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms FIELD and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms FIELD** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms FIELD** continue medical follow-up as part of an ongoing plan of care.

Re: BILLIE FIELD...... DOB: June 27, 1944

I, LISA KENT MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Cianatura

Date Signed: 7-23 - 2024

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive