RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I		
NICORA	CHARLES		
LAST NAME	FIRST NAME	MI	
MALE	09/09/1956	5304721429	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
28948 S COW CREEK RD	WHITMORE	CA 96096	
ADDRESS	CITY	STATE & ZIPCODE	
INCLIDANCE INFORMAT	TION		
INSURANCE INFORMAT	ION		
MEDICARE	<u>_</u>	SECONDARY INSURANCE	
PRIMARY INSURANCE		MEMBER ID	
MEMBER ID		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATI	ON		
TONY CHANG, M.D.		1164445896	
PHYSICIAN NAME		NPI #	
		209-946-6800	
1901 N CALIFORNIA ST STOC	KTON CA 95204	PHONE NUMBER	
PRACTICE LOCATION		209-946-6805	
		FAX NUMBER	
PRESCRIPTION SELECT	TION		
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0643 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0644 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ever (Size:) (Qty:) ck Hinge ROM ktremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) Brace	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspection of the control of the cont	iified oarthritis left knee oarthritis right knee er		n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow
Length of Need: ⊠ 12+ mo	nths (long term) —# of mo	onths (1-11)	

MEDICAL HISTORY

Previous treatments: PHYSICAL THERAPY, CHIROPRACTOR AND TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

TONY CHANG, M.D.
PHYSICIAN NAME: _____

09/11/1029

Patient Name: CHARLES NICORA

Patient Address: 28948 S COW CREEK RD WHITMORE CA 96096

Patient Phone: 5304721429

Physician Name: TONY CHANG, M.D.

Address: 1901 N CALIFORNIA ST STOCKTON CA 95204

Telephone: **209-946-6800** Fax: **209-946-6805**

Patient: CHARLES NICORA Date of Birth: 09/09/1956 Visit Date: 04/29/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

r attorit z cinicgrapinec	atient Demographics		
Patient Name:	CHARLES NICORA	Date of Birth:	09/09/1956
Age:	68	Phone Number:	5304721429
Address:	28948 S COW CREEK RD	City:	WHITMORE
State:	CA	Zip Code:	96096
Gender:	MALE	Height:	5'6
Weight:	110	Waist Size	SMALL

Patient Insurance

Provider:	MEDICARE	Member ID:	6D77Q89GQ40
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Medications

Micaloutions	
Current Medication	TYLENOL (AS NEEDED)
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: PHYSICAL THERAPY, CHIROPRACTOR AND TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 04/29/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: TONY CHANG, M.D.

Address: 1901 N CALIFORNIA ST STOCKTON CA 95204

Physician's Signature:

Patient Name: CHARLES NICORA

Patient Address: 28948 S COW CREEK RD WHITMORE CA 96096

Patient Phone: 5304721429

LETTER OF MEDICAL NECESSITY

Re: CHARLES NICORA

Orthotic Device Need Assessment Exam Date: **09/12/2024**

Height: **5'6** Weight: **110** DOB: **09/09/1956**

Mr NICORA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr NICORA reports chronic Back pain for SEVERAL YEARS. Patient states pain is DULL with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr NICORA and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr NICORA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr NICORA** continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES NICORA...... DOB: SEPTEMBER 09, 1956

I, **TONY CHANG, M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

TONY CHANG, M.B.
Signature

Date Signed: 19/12/1624