RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
ANDERSON	JANET				
LAST NAME	FIRST NAME	MI			
FEMALE	09/03/1954	2077751811	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
505 WESTBROOK ST APT	SOUTH PORTLAND	ME 04106			
108A	CITY	STATE & ZIPCODE			
ADDRESS	ION		· I		
INSURANCE INFORMAT	ION				
MEDICARE	_	SECONDARY INSURANCE	SECONDARY INSURANCE		
PRIMARY INSURANCE 1X97WD0NR31		MEMBED ID			
MEMBER ID		MEMBER ID			
MEMBERID					
PHYSICIAN INFORMATION	ON				
JAMES KATZ, MD		1588605604	1588605604		
PHYSICIAN NAME		NPI #	NPI #		
		2077711717			
43 BAXTER BLVD PORTLAND	ME 04101	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		2077711729			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ION				
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0447 - Lumbar Brace (Waist: MEDIUM □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L1690 - Elbow Brace (Side: □ L □ R) (Waist:) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Ha □ L3915 − Wrist Ha □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Loc □ L2820 − Lower Eale L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical	□ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
		1			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ried arthritis left knee arthritis right knee r		n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

JAMES KATZ, MD

PHYSICIAN NAME: _____ DATE: _____

Patient Name: JANET ANDERSON

Patient Address: 505 WESTBROOK ST APT 108A SOUTH PORTLAND ME 04106

Patient Phone: 2077751811

Physician Name: JAMES KATZ, MD

Address: 43 BAXTER BLVD PORTLAND ME 04101

Telephone: **2077711717** Fax: **2077711729**

Patient: JANET ANDERSON
Date of Birth: 09/03/1954
Visit Date: WITHIN 12 MONHTS
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	JANET ANDERSON	Date of Birth:	09/03/1954
Age:	70	Phone Number:	2077751811
Address:	505 WESTBROOK ST APT 108A	City:	SOUTH PORTLAND
State:	ME	Zip Code:	04106
Gender:	FEMALE	Height:	6'5
Weight:	138	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	1X97WD0NR31
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Medications

Current Medication	GABAPENTIN AND TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONHTS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-**7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JAMES KATZ, MD

Address: 43 BAXTER BLVD PORTLAND ME 04101

Physician's Signature:

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Date:

09-17-2029

Patient Name: JANET ANDERSON

Patient Address: 505 WESTBROOK ST APT 108A SOUTH PORTLAND ME 04106

Patient Phone: 2077751811

LETTER OF MEDICAL NECESSITY

Re: JANET ANDERSON

Orthotic Device Need Assessment

Exam Date: 09/16/2024

Height: 6'5 Weight: 138 DOB: 09/03/1954

Ms ANDERSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms ANDERSON reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms ANDERSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ANDERSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ANDERSON** continue medical follow-up as part of an ongoing plan of care.

Re: JANET ANDERSON...... DOB: SEPTEMBER 03, 1954

I, **JAMES KATZ**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 09-17-2029