RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
FERGUSON	DAVID				
LAST NAME	FIRST NAME	MI			
MALE	10/29/41	5096582084	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
4261 NILE RD	NACHES	WA 98937			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON .				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
9N27NA2YJ47					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO	NI				
MICHAEL EMIL COPTY, MD	N	1174102792			
PHYSICIAN NAME		NPI #			
		5094524520			
1906 W LINCOLN AVE VAKIMA	WA 09002	PHONE NUMBER			
PRACTICE LOCATION	WA 96902 	- 5094525224			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTION	ON				
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Waist:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 − Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size: LARGE) (Qty: 2) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accorded standards of medical practice and treatment of this patient's physical condition.

HYSICIAN NAME:

PHYSICIAN SIGNATURE

MICHAEL EMIL COPTY, MD

DATE TO LO

Patient Name: DAVID FERGUSON

Patient Address: 4261 NILE RD NACHES WA 98937

Patient Phone: 5096582084

Physician Name: MICHAEL EMIL COPTY, MD Address: 1806 W LINCOLN AVE YAKIMA WA 98902

Telephone: 5094524520
Fax: 5094525224

Patient: DAVID FERGUSON Date of Birth: 10/29/41 Visit Date: March 11, 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	DAVID FERGUSON	Date of Birth:	10/29/41
Age:	82	Phone Number:	5096582084
Address:	4261 NILE RD	City:	NACHES
State:	WA	Zip Code:	98937
Gender:	MALE	Height:	5'10
Weight:	205	Waist Size	MEDIUM

Patient Insurance

Provider: MEDICARE Member ID: 9N27NA2YJ47

Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on March 11, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MICHAEL EMIL COPTY, MD

Address: 1806 W LINCOLN AVE YAKIMA WA 98902

Physician's Signature:

Date:

Patient Name: DAVID FERGUSON

Patient Address: 4261 NILE RD NACHES WA 98937

Patient Phone: 5096582084

LETTER OF MEDICAL NECESSITY

Re: DAVID FERGUSON

Orthotic Device Need Assessment

Exam Date: 10/01/2024

Height: **5'10** Weight: **205** DOB: **10/29/41**

Mr FERGUSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr FERGUSON reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Based on my conversation with Mr FERGUSON and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr FERGUSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr FERGUSON** continue medical follow-up as part of an ongoing plan of care.

Re: DAVID FERGUSON...... DOB: October 29, 1941

I, MICHAEL EMIL COPTY, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MYCHAEL EMIL COPTY, M

Signature

Date Signed: 15/62/24

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive