# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
WENTZIEN	К			
LAST NAME	FIRST NAME			
FEMALE	02/06/1940	3148056950	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
227 S MAPLE AVE	SAINT LOUIS	MO 63119		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
1G52RF1AK01		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	ION			
CHRISTOPHER LYNCH, MD		1568402683		
PHYSICIAN NAME		NPI #		
		3149963434		
969 N MASON RD STE 110 SA	AINT LOUIS MO 63141	PHONE NUMBER		
PRACTICE LOCATION				
FRACTICE ECCATION		FAX NUMBER		
	<b>-</b> 10.11			
PRESCRIPTION SELEC	IION			
<ul><li>□ L3671 - Shoulder Brace (Side</li><li>□ L3960 - Shoulder Brace (Side</li></ul>	, , ,		ace (Side: D L D R) (Size: )	
☐ L3660 – Shoulder Brace (Side		<ul> <li>L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )</li> <li>L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )</li> </ul>		
L0650 – Lumbar Brace (Waist			ce (Side: D L D R) (Size: )	
<ul><li>□ L0642 – Lumbar Brace (Waist</li><li>□ L0457 – Lumbar Brace (Waist</li></ul>			ace (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )	
□ L0648 – Lumbar Brace (Waist: )		L2397 – Knee Sleeve (Size: ) (Qty: )		
□ <b>E0100</b> – Electric Heat Pad		□ <b>E0100</b> – Cane		
☐ L1690 – Hip Brace (Side: ☐ L ☐ R) (Waist: )		☐ L2425 – Dial Lock Hinge ROM		
L1686 – Hip Brace (Side: □ L □ R) (Waist: ) L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		□ <b>L2820</b> – Lower Ex □ <b>L1906</b> – Ankle Bra	ctremity Ortho ace (Side: □ L □ R) (Shoe Size: )	
☐ L2624 – Hip Joint Adjustable F☐ L3760 – Elbow Brace (Side: ☐			ace (Side:   R) (Shoe Size: )	
· ·	,	☐ <b>L0174</b> – Cervical B	, , ,	
MEDICAL INFORMATIO	N			
ICD 10 (Diagnosis Code(s)):	a:#:a d	□ M25 522 Doin	in left write	
<ul><li>M54.50- Low back pain, unsper</li><li>M17.12- Unilateral primary oste</li></ul>		☐ M25.532- Pain ☐ M25.531 - Pain		
☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee		☐ M19.072- Osted	•	
☐ M25.512-Pain in the left should	=		oarthritis Right Ankle	
☐ M25.511-Pain in the right shoul	lder	☐ M25.522 Pain ii		
M25.552- Pain in Left Hip  M25.551- Pain in Pight Hip		<ul><li>☐ M25.521 Pain in right elbow</li><li>☐ M54.2-Cervicalgia Pain neck</li></ul>		
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervical	gia rain Heck	
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)				

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATIONS** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY AND SHARP** with a pain scale of 6 and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. CHRISTOPHER LYNCH, MD PHYSICIAN SIGNATURE: DATE: DATE:

Patient Name: K WENTZIEN

Patient Address: 227 S MAPLE AVE SAINT LOUIS MO 63119

Patient Phone: 3148056950

Physician Name: CHRISTOPHER LYNCH, MD

Address: 969 N MASON RD STE 110 SAINT LOUIS MO 63141

Telephone: **3149963434** Fax: **3149963435** 

Patient: K WENTZIEN
Date of Birth: 02/06/1940
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	K WENTZIEN	Date of Birth:	02/06/1940
Age:	84	Phone Number:	3148056950
Address:	227 S MAPLE AVE	City:	SAINT LOUIS
State:	мо	Zip Code:	63119
Gender:	FEMALE	Height:	5'10
Weight:	220	Waist Size	XL

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1G52RF1AK01
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#### Medications

Current Medication	ASPIRIN
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: ACHY AND SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# **Subjective Notes**

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY AND SHARP** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY AND SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: CHRISTOPHER LYNCH, MD

Address: 969 N MASON RD STE 110 SAINT LOUIS MO 63141

Physician's Signature:

Date:

Patient Name: K WENTZIEN

Patient Address: 227 S MAPLE AVE SAINT LOUIS MO 63119

Patient Phone: 3148056950

#### LETTER OF MEDICAL NECESSITY

Re: K WENTZIEN

Orthotic Device Need Assessment

Exam Date: 10/02/2024

Height: 5'10 Weight: 220 DOB: 02/06/1940

Ms WENTZIEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms WENTZIEN reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY AND SHARP with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms WENTZIEN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WENTZIEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WENTZIEN** continue medical follow-up as part of an ongoing plan of care.

Re: K WENTZIEN..... DOB: FEBRUARY 06, 1940

I, CHRISTOPHER LYNCH, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 3 2019

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