RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	DN				
SISSON	DANA				
LAST NAME	FIRST NAME	MI			
MALE	12/13/1935	4023405477	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
49116 W BENTON ST	ONEILL	NE 68763			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	ATION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
1NE2E48MU27					
MEMBER ID		MEMBER ID	MEMBER ID		
PHYSICIAN INFORMAT	ΓΙΟΝ				
HEATHER PARDUN, APRN		1528404381			
PHYSICIAN NAME		NPI #	NPI #		
		4023364222			
304 E DOUGLAS ST ONEILL	. NE 68763	PHONE NUMBER			
PRACTICE LOCATION		4023364228			
		FAX NUMBER			
PRESCRIPTION SELEC	CTION				
L3670 - Shoulder Brace (Sid L3960 - Shoulder Brace (Sid L3660 - Shoulder Brace (Sid L3660 - Shoulder Brace (Wais L0650 - Lumbar Brace (Wais L0642 - Lumbar Brace (Wais L0457 - Lumbar Brace (Wais L0648 - Lumbar Brace (Wais L0648 - Lumbar Brace (Wais L1660 - Hip Brace (Side: □ L1686 - Hip Brace (Side: □ L2624 - Hip Joint Adjustable L3760 - Elbow Brace (Side:	le:	□ L3916 – Wrist Ha □ L3915 - Wrist Ha □ L1851 – Knee Br □ L1833 – Knee Br □ L2397 – Knee Sl □ E0100 – Cane □ L2425 – Dial Loc □ L2820 – Lower E □ L1906 – Ankle Br □ L1971 – Ankle Br □ L0174 – Cervical	xtremity Ortho race (Side: ⊠ L ⊠ R) (Shoe Size: 9) race (Side: □ L □ R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unsport M17.12- Unilateral primary ostor M25.512-Pain in the left should M25.511-Pain in the right shood M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ecified teoarthritis left knee eoarthritis right knee Ider ulder	⋈ M19.071- Ostr□ M25.522 Pain□ M25.521 Pain□ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow		
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)					

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic LOWER BACK, RIGHT ANKLE AND LEFT ANKLE pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced

CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

HEATHER PARDUN, APRN

10 -09 - 2064

Patient Name: DANA SISSON

Patient Address: 49116 W BENTON ST ONEILL NE 68763

Patient Phone: 4023405477

Physician Name: **HEATHER PARDUN, APRN** Address: 304 E DOUGLAS ST ONEILL NE 68763

Telephone: 4023364222 Fax: 4023364228 Patient: DANA SISSON Date of Birth: 12/13/1935 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	DANA SISSON	Date of Birth:	12/13/1935
Age:	88	Phone Number:	4023405477
Address:	49116 W BENTON ST	City:	ONEILL
State:	NE	Zip Code:	68763
Gender:	MALE	Height:	5'6
Weight:	128	Waist Size	32

Patient Insurance

Provider:	MEDICARE	Member ID:	1NE2E48MU27
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Medications

Current Medication	HIGH BLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9
The patient's pain started on or around SEVERAL YEARS
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: RESTING
The patient described their pain as the following: THROBBING
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES
The pain is located in the patient's LOWER BACK, RIGHT ANKLE AND LEFT ANKLE
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, RIGHT ANKLE AND LEFT ANKLE

Subjective Notes

The patient reports chronic LOWER BACK, RIGHT ANKLE AND LEFT ANKLE pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, RIGHT ANKLE AND LEFT ANKLE related to M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK**, **RIGHT ANKLE AND LEFT ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

Ilm 10-09-2014

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **HEATHER PARDUN, APRN**

Address: 304 E DOUGLAS ST ONEILL NE 68763

Physician's Signature:

Date:

Patient Name: **DANA SISSON**

Patient Address: 49116 W BENTON ST ONEILL NE 68763

Patient Phone: 4023405477

LETTER OF MEDICAL NECESSITY

Re: DANA SISSON

Orthotic Device Need Assessment

Exam Date: 10/09/2024

Height: 5'6 Weight: 128 DOB: 12/13/1935

Mr SISSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, RIGHT ANKLE AND LEFT ANKLE.

Mr SISSON reports chronic **LOWER BACK**, **RIGHT ANKLE AND LEFT ANKLE** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Mr SISSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF ICLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LOWER BACK, RIGHT ANKLE AND LEFT ANKLE requiring stabilization for improvement of functionality. I am prescribing this BACK AND ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK AND ANKLE. My treatment goal(s) for the use of the prescribed BACK AND ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr SISSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr SISSON** continue medical follow-up as part of an ongoing plan of care.

Re: DANA SISSON...... DOB: DECEMBER 13, 1935

I, **HEATHER PARDUN, APRN**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

HEATHER PARDUN, APRN

Signature

Date Signed: 10 - 09 - 2084