# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
FREEMAN	ANNE				
LAST NAME	FIRST NAME	MI			
FEMALE	10/27/51	5086557381	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li>☒ SHIP TO PATIENT'S HOME ADDRESS</li> <li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li> </ul>		
16 TUCKER ST	NATICK	MA 01760			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATIO	DN				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
4XX7MG8DG52		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	N				
DIANE LONDON, M.D.		1629017710			
PHYSICIAN NAME		NPI #			
		7815590541			
200 CHESTNUT ST STE 200 NEE	DHAM MA 02402	PHONE NUMBER			
300 CHESTNUT ST STE 300 NEE		6177540625			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTION	ON.				
		- 10704 FIL D	(C)		
□ L3671 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □	, , ,		ace (Side: □ L □ R) (Size: ) nd Finger (Side: □ L □ R) (Size: )		
□ L3660 – Shoulder Brace (Side: □	L □ R) (Size: )	☐ <b>L3915</b> - Wrist Har	d Finger (Side: □ L □ R) (Size: )		
□ L0650 – Lumbar Brace (Waist: ) □ L0642 – Lumbar Brace (Waist: )			□ L1852- Knee Brace (Side: □ L □ R) (Size: ) □ L1851 - Knee Brace (Side: □ L □ R) (Size: )		
■ L0447 – Lumbar Brace (Waist: MEDIUM			, ( )		
L0648 – Lumbar Brace (Waist: )			eve (Size: ) (Qty: )		
□ E0100 – Electric Heat Pad □ L1400 Hip Proce (Side: □ L □ R) (Weight: )		□ <b>E0100</b> – Cane	□ E0100 – Cane		
□ L1690 – Hip Brace (Side: □ L □ R) (Waist: ) □ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		☐ 12425 — Dial Lock	Hinge POM		
☐ L1686 – Hip Brace (Side: ☐ L ☐		□ <b>L2425</b> – Dial Lock □ <b>L2820</b> – Lower Ex	<u> </u>		
☐ <b>L2624 –</b> Hip Joint Adjustable Flexi	R) (Waist: ) on, Extension (Side: □ L □ R)	□ L2820 – Lower Ex □ L1906 – Ankle Bra	tremity Ortho ace (Side:   R) (Shoe Size: )		
	R) (Waist: ) on, Extension (Side: □ L □ R)	<ul> <li>□ L2820 – Lower Ex</li> <li>□ L1906 – Ankle Bra</li> <li>□ L1971 – Ankle Bra</li> </ul>	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )		
☐ L2624 – Hip Joint Adjustable Flexi	R) (Waist: ) on, Extension (Side: □ L □ R)	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )		
☐ <b>L2624 –</b> Hip Joint Adjustable Flexi	R) (Waist: ) on, Extension (Side: □ L □ R)	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical	tremity Ortho ace (Side:   L  R) (Shoe Size: ) ace (Side:  L  R) (Shoe Size: ) Brace		
□ L2624 – Hip Joint Adjustable Flexi □ L3760 – Elbow Brace (Side: □ L	R) (Waist: ) on, Extension (Side: □ L □ R)	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: ) Brace		
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□ L2624 – Hip Joint Adjustable Flexi □ L3760 – Elbow Brace (Side: □ L	R) (Waist: ) on, Extension (Side: □ L □ R) □ R)	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: ) Brace billizer (Side: □ L □ R)		
□ L2624 - Hip Joint Adjustable Flexi □ L3760 - Elbow Brace (Side: □ L  MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecifie □ M17.12- Unilateral primary osteoar	R) (Waist: ) on, Extension (Side: □ L □ R) □ R) d thriftis left knee	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical I □ L3170 – Heel Stal □ M25.532- Pain □ M25.531 - Pain	in left wrist in right wrist		
□ L2624 - Hip Joint Adjustable Flexi □ L3760 - Elbow Brace (Side: □ L  MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecifie □ M17.12- Unilateral primary osteoar □ M17.11-Unilateral primary osteoar	R) (Waist: ) on, Extension (Side: □ L □ R) □ R) d thriftis left knee	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical I □ L3170 – Heel Stat □ M25.532 - Pain □ M25.531 - Pain □ M19.072 - Oste	in left wrist in right wrist barthritis Left Ankle		
□ L2624 - Hip Joint Adjustable Flexi □ L3760 - Elbow Brace (Side: □ L   MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecifie □ M17.12- Unilateral primary osteoar □ M17.11-Unilateral primary osteoar □ M25.512-Pain in the left shoulder	R) (Waist: ) on, Extension (Side: □ L □ R) □ R) d thriftis left knee	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical I □ L3170 – Heel Stal □ M25.532 - Pain □ M25.531 - Pain □ M19.072 - Oste □ M19.071 - Oste	in left wrist in right wrist parthritis Left Ankle parthritis Right Ankle		
□ L2624 - Hip Joint Adjustable Flexi □ L3760 - Elbow Brace (Side: □ L   MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecifie □ M17.12- Unilateral primary osteoar □ M17.11-Unilateral primary osteoar □ M25.512-Pain in the left shoulder	R) (Waist: ) on, Extension (Side: □ L □ R) □ R) d thriftis left knee	□ L2820 – Lower Ex □ L1906 – Ankle Bra □ L1971 – Ankle Bra □ L0174 – Cervical I □ L3170 – Heel Stal □ M25.532 - Pain □ M25.531 - Pain □ M19.072 - Oste □ M19.071 - Oste	in left wrist in right wrist carthritis Left Ankle carthritis Right Ankle in left elbow		
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## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

DIANE LONDON, M.D.

PHYSICIAN NAME:

10-16-2029

Patient Name: ANNE FREEMAN

Patient Address: 16 TUCKER ST NATICK MA 01760

Patient Phone: 5086557381

Physician Name: DIANE LONDON, M.D.

Address: 300 CHESTNUT ST STE 300 NEEDHAM MA 02492

Telephone: **7815590541** Fax: **6177540625** 

Patient: ANNE FREEMAN Date of Birth: 10/27/51 Visit Date: A WEEK AGO Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ANNE FREEMAN	Date of Birth:	10/27/51
Age:	72	Phone Number:	5086557381
Address:	16 TUCKER ST	City:	NATICK
State:	MA	Zip Code:	01760
Gender:	FEMALE	Height:	5'2
Weight:	168	Waist Size	MEDIUM

#### **Patient Insurance**

Provider: MEDICARE	Member ID:	4XX7MG8DG52
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Resting

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back** 

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A WEEK AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

10-16-2019

Physician Information

Provider Name: DIANE LONDON, M.D.

Address: 300 CHESTNUT ST STE 300 NEEDHAM MA 02492

Physician's Signature:

Date:

Patient Name: ANNE FREEMAN

Patient Address: 16 TUCKER ST NATICK MA 01760

Patient Phone: 5086557381

#### LETTER OF MEDICAL NECESSITY

Re: ANNE FREEMAN

Orthotic Device Need Assessment

Exam Date: 10/15/2024

Height: **5'2** Weight: **168** DOB: **10/27/51** 

Ms FREEMAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms FREEMAN reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms FREEMAN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms FREEMAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms FREEMAN** continue medical follow-up as part of an ongoing plan of care.

Re: ANNE FREEMAN...... DOB: October 27, 1951

I, **DIANE LONDON, M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 - 16 - 2029

DIANE LONDON, M.D.