# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	l			
FERGUSON	CHERYL			
LAST NAME	FIRST NAME	MI		
FEMALE	08/19/1946	2767832063	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
159 KELLER LN	MARION	VA 24354		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
1Q36P16VG87				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
JAMES MCGLOTHLIN D.O. 18		1801181367	1801181367	
PHYSICIAN NAME		NPI#		
		276-783-8123		
1616 N MAIN ST SUITE C MAR	ION VA 24354	PHONE NUMBER		
PRACTICE LOCATION		276-783-1820		
		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size: ) □ L3670 - Shoulder Brace (Side: □ L □ R) (Size: ) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: ) □ L0650 - Lumbar Brace (Waist: ) □ L0642 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist: ) □ L1686 - Hip Brace (Side: □ L □ R) (Waist: ) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		☑       L3916 – Wrist Har         ☐       L3915 - Wrist Han         ☐       L1852 – Knee Bra         ☐       L1833 / L1851 – K         ☐       L2397 – Knee Sler         ☐       E0100 – Cane         ☐       L2425 – Dial Lock         ☐       L2820 – Lower Ex         ☑       L1906 – Ankle Bra         ☐       L1971 – Ankle Bra         ☐       L0174 – Cervical Bra		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspec M17.12- Unilateral primary osted M17.11-Unilateral primary osted M25.512-Pain in the left shoulde M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ified parthritis left knee arthritis right knee er		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

**Length of Need:** ⊠ 12+ months (long term) □ \_\_\_\_\_ # of months (1-11)

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION, RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME: \_

JAMES MCGLOTHLIN D.O.

DATE: **08-17-2014** 

PHYSICIAN SIGNATURE

Patient Name: CHERYL FERGUSON

Patient Address: 159 KELLER LN MARION VA 24354

Patient Phone: 2767832063

Physician Name: **JAMES MCGLOTHLIN D.O.** Address: 1616 N MAIN ST SUITE C MARION VA 24354

Telephone: 276-783-8123 Fax: 276-783-1820 Patient: CHERYL FERGUSON Date of Birth: 08/19/1946 Visit Date: 05/16/2024

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Tatient Bernographics				
Patient Name:	CHERYL FERGUSON	Date of Birth:	08/19/1946	
Age:	78	Phone Number:	2767832063	
Address:	159 KELLER LN	City:	MARION	
State:	VA	Zip Code:	24354	
Gender:	FEMALE	Height:	5'0	
Weight:	120	Waist Size	м	

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1Q36P16VG87
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#### Medications

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 2 YEARS AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION, RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 05/16/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST** 

#### **Subjective Notes**

The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JAMES MCGLOTHLIN D.O.

Address: 1616 N MAIN ST SUITE C MARION VA 24354

08-17-2024

Physician's Signature:

Date:

Patient Name: CHERYL FERGUSON

Patient Address: 159 KELLER LN MARION VA 24354

Patient Phone: 2767832063

# NORTH ESSEX MEDICAL ASSOCIATES DV MEDICAL SUPPLY

#### LETTER OF MEDICAL NECESSITY

Re: CHERYL FERGUSON Orthotic Device Need Assessment Exam Date: 06/04/2024

Height: 5'0 Weight: 120 DOB: 08/19/1946

Ms FERGUSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms FERGUSON reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for 2 YEARS, Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms FERGUSON and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms FERGUSON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms FERGUSON continue medical follow-up as part of an ongoing plan of care.

Re: CHERYL FERGUSON...... DOB: August 19, 1946

I, JAMES MCGLOTHLIN D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JAMES MCGLOTHLIN D.O.

Signature

Date Signed: 17. 17. 774