# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N			
CHAPMAN	BEVERLY			
LAST NAME	FIRST NAME	MI		
FEMALE	10/01/40	2103336982	SHIPPING METHOD:  ⊠ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
3806 PORTSMOUTH DR	SAN ANTONIO	TX 78223		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE	<u> </u>	SECONDARY INSURANCE		
9Y89CQ0AG32				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
JESUS AGUILAR, M.D.		1528034360		
PHYSICIAN NAME		NPI #		
		210-532-0891		
1910 S NEW BRAUNFELS AV	E SAN ANTONIO TX 78210	PHONE NUMBER		
PRACTICE LOCATION		210-532-0717		
		FAX NUMBER		
PRESCRIPTION SELEC	TION	ı		
□ L3670 – Shoulder Brace (Side □ L3960 – Shoulder Brace (Side □ L3660 – Shoulder Brace (Waist □ L0650 – Lumbar Brace (Waist □ L0642 – Lumbar Brace (Waist □ L0457 – Lumbar Brace (Waist □ L0648 – Lumbar Brace (Waist □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L3760 – Elbow Brace (Side: □	:	□ L3916 – Wrist Ha □ L3915 - Wrist Ha □ L1852 – Knee Br □ L1851 – Knee Br □ L1833 – Knee Br □ L2397 – Knee Sl □ E0100 – Cane □ L2425 – Dial Loc □ L2820 – Lower E □ L1906 / L1971 – □ L0174 – Cervical	extremity Ortho  Ankle Brace (Side:   L   R) (Shoe Size: )	
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified coarthritis left knee oarthritis right knee er der	☐ M19.071- Ost ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	
Length of Need: ⊠ 12+ mo	onths (long term) $\Box$ # of mo	onths (1-11)		

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

JESUS AGUILAR, M.D.

PHYSICIAN NAME: \_

DATE: 15 - 2029

Patient Name: BEVERLY CHAPMAN

Patient Address: 3806 PORTSMOUTH DR SAN ANTONIO TX 78223

Patient Phone: 2103336982

Physician Name: JESUS AGUILAR, M.D.

Address: 1910 S NEW BRAUNFELS AVE SAN ANTONIO TX

**78210**Telephone: **210-532-0891**Fax: **210-532-0717** 

Patient: **BEVERLY CHAPMAN**Date of Birth: **10/01/40**Visit Date: **2-3 MONTHS AGO** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BEVERLY CHAPMAN	Date of Birth:	10/01/40
Age:	84	Phone Number:	2103336982
Address:	3806 PORTSMOUTH DR	City:	SAN ANTONIO
State:	тх	Zip Code:	78223
Gender:	FEMALE	Height:	5'6
Weight:	150	Waist Size	м

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	9Y89CQ0AG32
-----------	----------	------------	-------------

#### **Medications**

Current Medication	ASPIRIN
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around OVER A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 2-3 MONTHS AGO

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

# **Subjective Notes**

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for furthe

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: JESUS AGUILAR, M.D.

Address: 1910 S NEW BRAUNFELS AVE SAN ANTONIO TX 78210

Usular 10-15-2020

Physician's Signature:

Date:

Patient Name: BEVERLY CHAPMAN

Patient Address: 3806 PORTSMOUTH DR SAN ANTONIO TX 78223

Patient Phone: 2103336982

# LETTER OF MEDICAL NECESSITY

Re: **BEVERLY CHAPMAN**Orthotic Device Need Assessment

Exam Date: 10/14/2024

Height: **5'6** Weight: **150** DOB: **10/01/40** 

**Ms CHAPMAN** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

**Ms CHAPMAN** reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee. Based on my conversation with Ms CHAPMAN and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CHAPMAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CHAPMAN** continue medical follow-up as part of an ongoing plan of care.

Re: BEVERLY CHAPMAN...... DOB: October 01, 1940

I, **JESUS AGUILAR**, **M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 10 - 15 - 2024

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive