RX / MEDICAL NECESSITY FORM

PATIENT INFORMAT	ION			
MONGER	CAROLYN			
LAST NAME	FIRST NAME	MI		
FEMALE	08/20/1937	8656850590	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 ⋈ SHIP TO PATIENT'S HOME ADDRESS □ SHIP TO PATIENT'S PHYSICIAN CLINIC 	
103 PHILLIPS LN	OAK RIDGE	TN 37830		
ADDRESS	CITY	STATE & ZIPCODE		
INCUDANCE INCODE	AATION .			
INSURANCE INFORM	TATION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE				
9CJ2RT0MX14 MEMBER ID		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORM	ATION			
ADAM BATTLES, MD		1689109324		
PHYSICIAN NAME		NPI#		
		8654821777		
100 VERMONT AVE OAK	RIDGE TN 37830	PHONE NUMBER		
PRACTICE LOCATION		8653742117		
		FAX NUMBER		
Γ				
PRESCRIPTION SEL	ECTION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist: MEDIUM) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		☑ L3916 – Wrist Ha ☐ L3915 - Wrist Ha ☐ L1852 – Knee Br ☐ L1833 / L1851 – ☐ L2397 – Knee Sl ☐ E0100 – Cane ☐ L2425 – Dial Loc ☐ L2820 – Lower E ☐ L1906 – Ankle Br ☐ L1971 – Ankle Br ☐ L0174 – Cervical	■ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: SMALL) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 – Knee Brace (Side: □ L □ R) (Size:) □ L1833 / L1851 – Knee Brace (Side: □ L □ R) (Size:) □ L2397 – Knee Sleeve (Size:) (Qty:) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace	
MEDICAL INFORMATICD 10 (Diagnosis Code(s))	: Inspecified osteoarthritis left knee osteoarthritis right knee oulder Shoulder	☐ M19.071- Oste☐ M25.522 Pain☐ M25.521 Pain	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	
Length of Need: ⊠ 12+	months (long term) — # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

ADAM BATTLES, MD

PHYSICIAN SIGNATURE:_

PHYSICIAN NAME: __

DATE - 30 - 2024

Patient Name: CAROLYN MONGER

Patient Address: 103 PHILLIPS LN OAK RIDGE TN 37830

Patient Phone: 8656850590

Physician Name: ADAM BATTLES, MD

Address: 100 VERMONT AVE OAK RIDGE TN 37830

Telephone: 8654821777 Fax: 8653742117 Patient: CAROLYN MONGER
Date of Birth: 08/20/1937
Visit Date: WITHIN 12 MONTHS
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Tationt Demographics				
Patient Name:	CAROLYN MONGER	Date of Birth:	08/20/1937	
Age:	87	Phone Number:	8656850590	
Address:	103 PHILLIPS LN	City:	OAK RIDGE	
State:	TN	Zip Code:	37830	
Gender:	FEMALE	Height:	5'4	
Weight:	125	Waist Size	м	

Patient Insurance

Provider:	MEDICARE	Member ID:	9CJ2RT0MX14
-----------	----------	------------	-------------

Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT WRIST, RIGHT WRIST

Subjective Notes

The patient reports chronic LOWER BACK, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT WRIST, RIGHT WRIST related to M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF) including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ADAM BATTLES, MD

Address: 100 VERMONT AVE OAK RIDGE TN 37830

Physician's Signature:

Date:

Patient Name: CAROLYN MONGER

Patient Address: 103 PHILLIPS LN OAK RIDGE TN 37830

Patient Phone: 8656850590

LETTER OF MEDICAL NECESSITY

Re: CAROLYN MONGER

Orthotic Device Need Assessment

Exam Date: 09/28/2024

Height: **5'4** Weight: **125** DOB: **08/20/1937**

Ms MONGER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT WRIST, RIGHT WRIST.

Ms MONGER reports chronic LOWER BACK, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms MONGER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the LOWER BACK, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this BACK, WRIST orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, WRIST. My treatment goal(s) for the use of the prescribed BACK, WRIST orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MONGER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MONGER** continue medical follow-up as part of an ongoing plan of care.

Re: CAROLYN MONGER...... DOB: August 20, 1937

I, ADAM BATTLES, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ADAM BATTLES, MD

Signature

Date Signed: