# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
URBONT	ALBERT		
LAST NAME	FIRST NAME	MI	
MALE	08/24/51	9178609042	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
2171 HILLVIEW ST	SARASOTA	FL 34239	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
5AH9RX3CN55			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	)N		
VANH LUANGPHAKDY, MD		1487834172	
PHYSICIAN NAME			
		9413798481	
5831 BEE RIDGE RD SUITE 210	SARASOTA FL 34233	PHONE NUMBER	
PRACTICE LOCATION		9413793781	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)         □ L0642 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L06457 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2)         □ L0648 - Lumbar Brace (Waist: )       □ E0100 - Cane         □ E0100 - Electric Heat Pad       □ L2425 - Dial Lock Hinge ROM         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2820 - Lower Extremity Ortho         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L3760 - Elbow Brace (Side: □ L □ R)       □ L0174 - Cervical Brace         □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )  Ind Finger (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	<ul> <li>         □ M25.522 Pain in M25.521 Pain in M54.2-Cervical</li> </ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow

#### **MEDICAL HISTORY**

Previous treatments: TYLENOL

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and prescribed item accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME: \_

PHYSICIAN SIGNATURE:

VANH LUANGPHAKDY, MD

10 - 16 - 1024

Patient Name: ALBERT URBONT

Patient Address: 2171 HILLVIEW ST SARASOTA FL 34239

Patient Phone: 9178609042

Physician Name: VANH LUANGPHAKDY, MD

Address: 5831 BEE RIDGE RD SUITE 210 SARASOTA FL 34233

Telephone: 9413798481 Fax: 9413793781 Patient: ALBERT URBONT Date of Birth: 08/24/51 Visit Date: August 21, 2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ALBERT URBONT	Date of Birth:	08/24/51
Age:	73	Phone Number:	9178609042
Address:	2171 HILLVIEW ST	City:	SARASOTA
State:	FL	Zip Code:	34239
Gender:	MALE	Height:	5'7
Weight:	188	Waist Size	MEDIUM

#### **Patient Insurance**

Provider: MEDICARE Member ID: 5AH9RX3CN55	
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# **Medications**

Current Medication	ALEVE, DIABETES PILLS, HIGH BLOOD, PRESSURE PILL, HIGH CHOLESTEROL PILLS, SHOTS HIV MEDICATION, TYLENOL
Medical History	ARTHRITIS, HIGH BLOOD PRESSURE, HIGH CHOLESTEROL, HIV, STROKE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around 3 YEARS
The surgery addressed the following: NA
The pain is experienced <b>SOMETIMES</b>
The patient has attempted the following previous treatments/therapies: TYLENOL, ALEVE
The patient described their pain as the following: THROBBING
The activities that make the patient's pain worse is as follows: WALKING, SLEEPING
The pain is located in the patient's LEFT KNEE, RIGHT KNEE
The patient's pain is caused by ARTHRITIS, WEAR AND TEAR
The last time the patient has seen the doctor was on AUGUST 21, 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

## **Subjective Notes**

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS**, **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for 3 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**, **SLEEPING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-16-2024

# ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: VANH LUANGPHAKDY, MD

Address: 5831 BEE RIDGE RD SUITE 210 SARASOTA FL 34233

Physician's Signature:

Date:

Patient Name: ALBERT URBONT
Patient Address: 2171 HILLVIEW ST SARASOTA FL 34239

Patient Phone: 9178609042

# LETTER OF MEDICAL NECESSITY

Re: ALBERT URBONT

Orthotic Device Need Assessment

Exam Date: 10/15/2024

Height: **5'7** Weight: **188** DOB: **08/24/51** 

**Mr URBONT** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE**, **RIGHT KNEE**.

**Mr URBONT** reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of 8 and pain worsens with **WALKING**, **SLEEPING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Based on my conversation with Mr URBONT and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, **SLEEPING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr URBONT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr URBONT** continue medical follow-up as part of an ongoing plan of care.

Re: ALBERT URBONT...... DOB: August 24,1951

I, VANH LUANGPHAKDY, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

VANA LIJANGPHAKDY, MD

Date Signed: 10 - 16 - 10 24

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

**Caution:** Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive