RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N					
HOGAN	DENNIS					
LAST NAME	FIRST NAME	MI				
MALE	11/18/1950	3604559646	SHIPPING METHOD:			
GENDER	DATE OF BIRTH	PHONE NUMBER	 			
9525 ABELIA CT SE	OLYMPIA	WA 98513				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMA	INSURANCE INFORMATION					
MEDICARE						
PRIMARY INSURANCE	<u> </u>	SECONDARY INSURANCE				
4RA6R49NF53		MEMBER ID				
MEMBER ID						
PHYSICIAN INFORMAT	ION					
TAHERA ARSHAD, MD		1033261441				
PHYSICIAN NAME		NPI #				
		2539682462				
9040 JACKSON AVE TACOM	A WA 98431	PHONE NUMBER				
PRACTICE LOCATION		2539682462				
		FAX NUMBER				
PRESCRIPTION SELEC	TION					
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) ☑ L0457 - Lumbar Brace (Waist: MEDIUM □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):						

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic Back pain for 2 YEARS. Patient states pain is DULL with a pain scale of 5 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

TAHERA ARSHAD, MD

PHYSICIAN NAME: _

DATE:

Patient Name: **DENNIS HOGAN**

Patient Address: 9525 ABELIA CT SE OLYMPIA WA 98513

Patient Phone: 3604559646

Physician Name: TAHERA ARSHAD, MD Address: 9040 JACKSON AVE TACOMA WA 98431

Telephone: 2539682462

Fax: 2539682462

Patient: **DENNIS HOGAN** Date of Birth: 11/18/1950 Visit Date: 04/17/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	DENNIS HOGAN	Date of Birth:	11/18/1950
Age:	73	Phone Number:	3604559646
Address:	9525 ABELIA CT SE	City:	OLYMPIA
State:	WA	Zip Code:	98513
Gender:	MALE	Height:	5'6
Weight:	220	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	4RA6R49NF53
-----------	----------	------------	-------------

Medications

medications	
Current Medication	HIGH BLOOD PRESSURE PILL, TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 2 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 04/17/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic Back pain for 2 YEARS. Patient states pain is DULL with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described DULL and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a Back Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: TAHERA ARSHAD, MD

Address: 9040 JACKSON AVE TACOMA WA 98431

Physician's Signature:

Date:

Patient Name: **DENNIS HOGAN**

Patient Address: 9525 ABELIA CT SE OLYMPIA WA 98513

Patient Phone: 3604559646

LETTER OF MEDICAL NECESSITY

Re: **DENNIS HOGAN**

Orthotic Device Need Assessment

Exam Date: 09/05/2024

Height: 5'6 Weight: 220 DOB: 11/18/1950

Mr HOGAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr HOGAN reports chronic Back pain for 2 YEARS. Patient states pain is DULL with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr HOGAN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HOGAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HOGAN** continue medical follow-up as part of an ongoing plan of care.

Re: DENNIS HOGAN...... DOB: NOVEMBER 18, 1950

I, TAHERA ARSHAD, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MERA ARSHAD, MD Date Sig

Signature

Date Signed: <u>D9 - 05</u> - 1024