# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	l						
MATTHEWS	ARLEATHA						
LAST NAME	FIRST NAME	MI					
FEMALE	07/28/58	9732558510	SHIPPING METHOD:				
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>				
500 N WALNUT ST	EAST ORANGE	NJ 07017					
ADDRESS	CITY	STATE & ZIPCODE					
ADDRESS	CITY	STATE & ZIF GODE					
INSURANCE INFORMAT	INSURANCE INFORMATION						
MEDICARE		SECONDARY INSURANCE					
PRIMARY INSURANCE		SECONDARY INSURANCE					
2QP3TN1QF94		MEMBER ID					
MEMBER ID							
PHYSICIAN INFORMATION	ON						
	JN	4740222720					
ELIZABETH EVANS DO		1710322730 — ———————————————————————————————————					
PHYSICIAN NAME		NPI#					
		9736728573					
570 PARK AVENUE EAST OR	ANGE NJ 07017	PHONE NUMBER					
PRACTICE LOCATION		8884121759					
		FAX NUMBER					
PRESCRIPTION SELECT	TION						
□ L3671 – Shoulder Brace (Side:	□ L □ R) (Size: )		ace (Side: □ L □ R) (Size: )				
L3960 – Shoulder Brace (Side:		□ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )					
<ul><li>□ L3660 - Shoulder Brace (Side:</li><li>□ L0650 - Lumbar Brace (Waist:</li></ul>	, , , ,	□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: ) □ L1852– Knee Brace (Side: □ L □ R) (Size: )					
□ <b>L0642</b> – Lumbar Brace (Waist:	•		ce (Side: D L R) (Size: )				
■ L0457 – Lumbar Brace (Waist:			ce (Side: D L D R) (Size: )				
□ L0648 – Lumbar Brace (Waist: □ E0100 – Electric Heat Pad	)		eve (Size: ) (Qty: )				
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L</li></ul>	□ R) (Waist: )	□ <b>E0100</b> – Cane □ <b>L2425</b> – Dial Lock	Hinge ROM				
			9				
	exion, Extension (Side:   L  R)		ace (Side: □ L □ R) (Shoe Size: )				
		ace (Side:   L   R) (Shoe Size: )					
		□ <b>L0174</b> – Cervical E □ <b>L317</b> 0 – Heel State	Brace bilizer (Side: □ L □ R)				
MEDICAL INFORMATION	N						
ICD 10 (Diagnosis Code(s)):							
		☐ M25.532- Pain					
M17.12- Unilateral primary estee arthritis left knee			☐ M25.531 - Pain in right wrist				
☐ M17.11-Unilateral primary osteoarthritis right knee ☐ M25.512-Pain in the left shoulder		☐ M19.072- Osted	parthritis Left Ankle parthritis Right Ankle				
☐ M25.512-Pain in the left shoulder ☐ M25.511-Pain in the right shoulder		☐ M25.522 Pain ii	=				
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain ii	n right elbow				
□ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck							
Length of Need:   □ 12+ months (long term) □ # of months (1-11)							

### **MEDICAL HISTORY**

**Previous treatments: MEDICATION** 

Doctor's Notes: The patient reports chronic Back pain for COUPLE OF YEARS. Patient states pain is SHARP with a pain scale of 9 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced TIME TO TIME. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

HYSICIAN NAME:

PHYSICIAN SIGNATURE

**ELIZABETH EVANS DO** 

Patient Name: ARLEATHA MATTHEWS

Patient Address: 500 N WALNUT ST EAST ORANGE NJ 07017

Patient Phone: 9732558510

Physician Name: ELIZABETH EVANS DO

Address: 570 PARK AVENUE EAST ORANGE NJ 07017

Telephone: **9736728573** Fax: **8884121759** 

Patient: ARLEATHA MATTHEWS Date of Birth: 07/28/1958 Visit Date: July 26 2024 Reason for visit: Check-up

Clinical Summary

#### **Patient Demographics**

Patient Name:	ARLEATHA MATTHEWS	Date of Birth:	07/28/1958
Age:	66	Phone Number:	9732558510
Address:	500 N WALNUT ST	City:	EAST ORANGE
State:	NJ	Zip Code:	07017
Gender:	FEMALE	Height:	5'7
Weight:	200	Waist Size	EXTRA LARGE

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2QP3TN1QF94
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# Medications

Current Medication	TYLENOL AS NEEDED
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around COUPLE OF YEARS

The surgery addressed the following: NA

The pain is experienced TIME TO TIME

The patient has attempted the following previous treatments/therapies: MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on July 26 2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### **Subjective Notes**

The patient reports chronic **Back** pain for **COUPLE OF YEARS.** Patient states pain is **SHARP** with a pain scale of **9** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **TIME**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **COUPLE OF YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **TIME**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ELIZABETH EVANS DO

Address: 570 PARK AVENUE EAST ORANGE NJ 07017

Physician's Signature:

Date:

Patient Name: ARLEATHA MATTHEWS

Patient Address: 500 N WALNUT ST EAST ORANGE NJ 07017

Patient Phone: 9732558510

#### LETTER OF MEDICAL NECESSITY

Re: ARLEATHA MATTHEWS
Orthotic Device Need Assessment

Exam Date: **08/13/2024** Height: **5'7** 

Weight: **200** DOB: **07/28/1958** 

Ms MATTHEWS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms MATTHEWS reports chronic Back pain for COUPLE OF YEARS. Patient states pain is SHARP with a pain scale of 9 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced TIME TO TIME. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MATTHEWS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MATTHEWS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MATTHEWS** continue medical follow-up as part of an ongoing plan of care.

Re: ARLEATHA MATTHEWS...... DOB: July 28, 1958

I, **ELIZABETH EVANS DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 15 14 27