## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N				
ODOM	ANNETTE				
LAST NAME	FIRST NAME	MI			
FEMALE	02/21/1944	8285265452	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ☑ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul>		
147 ROCKY RIDGE RD	HIGHLANDS	NC 28741			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
8KD8U20UN51					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMAT	TION				
PATTI WHEELER, MD		1265411169			
PHYSICIAN NAME		NPI #			
		8285264346			
209 HOSPITAL DR HIGHLAN	DS NC 28741	PHONE NUMBER			
PRACTICE LOCATION		8285262914			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELEC	TION				
□ L3670 – Shoulder Brace (Side L3960 – Shoulder Brace (Side L3660 – Shoulder Brace (Side L0650 – Lumbar Brace (Wais L0642 – Lumbar Brace (Wais L0457 – Lumbar Brace (Wais L0648 – Lumbar Brace (Wais L0648 – Lumbar Brace (Wais L0648 – Lumbar Brace (Side: □ L1690 – Hip Brace (Side: □ L1686 – Hip Brace (Side: □ L	e:	■ L3916 – Wrist Hare             ■ L3915 - Wrist Hare             ■ L1852 – Knee Brack             ■ L1851 – Knee Brack             ■ L1833 – Knee Brack             ■ L2397 – Knee State             ■ E0100 – Cane             ■ L2425 – Dial Lock             ■ L2200 – Lower Extended Language             ■ L1906 – Ankle Brack             ■ L1971 – Ankle Brack             ■ L0174 – Cervical	xtremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )		
MEDICAL INFORMATIC ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspe M17.12- Unilateral primary ost M17.11-Unilateral primary ost M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ecified eoarthritis left knee eoarthritis right knee der	<ul><li>✓ M25.522 Pain</li><li>✓ M25.521 Pain</li></ul>	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow		
Length of Need: ⊠ 12± m	onths (long term) $\Box$ # of mo	inths (1-11)			

## **MEDICAL HISTORY**

Previous treatments: TAKING ALEVE AND TYLENOL

**Doctor's Notes:** The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# PHYSICIAN SIGNATURE

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with a rent accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

PATTI WHEELER, MD

PHYSICIAN NAME: \_\_\_\_\_

15-17- 2024

Patient Name: ANNETTE ODOM

Patient Address: 147 ROCKY RIDGE RD HIGHLANDS NC 28741

Patient Phone: 8285265452

Physician Name: PATTI WHEELER, MD

Address: 209 HOSPITAL DR HIGHLANDS NC 28741

Telephone: **8285264346** Fax: **8285262914** 

Patient: ANNETTE ODOM
Date of Birth: 02/21/1944
Visit Date: WITHIN 12 MONTHS
Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ANNETTE ODOM	Date of Birth:	02/21/1944
Age:	80	Phone Number:	8285265452
Address:	147 ROCKY RIDGE RD	City:	HIGHLANDS
State:	NC	Zip Code:	28741
Gender:	FEMALE	Height:	5'0
Weight:	168	Waist Size	14

#### **Patient Insurance**

Provider: MEDICARE Member ID: 8KD8U20UN51
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#### Medications

Current Medication	ALEVE, TYLENOL, DIABETES PILL AND HIGH BLOOD PRESSURE PILL
Medical History	DIABETES AND HIGH BLOOD PRESSURE

## **Medical Diagnosis**

- 1	he	paın	level	was	ind	licated	on a scale of 1-10 as the following: 8	
					-			-

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING ALEVE AND TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

## **Subjective Notes**

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: PATTI WHEELER, MD

Address: 209 HOSPITAL DR HIGHLANDS NC 28741

Physician's Signature:

Patient Name: ANNETTE ODOM

Patient Address: 147 ROCKY RIDGE RD HIGHLANDS NC 28741

Patient Phone: 8285265452

#### LETTER OF MEDICAL NECESSITY

Re: ANNETTE ODOM

Orthotic Device Need Assessment

Exam Date: 10/16/2024

Height: 5'0 Weight: 168 DOB: 02/21/1944

Ms ODOM is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms ODOM reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms ODOM and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms ODOM has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms ODOM continue medical follow-up as part of an ongoing plan of care.

Re: ANNETTE ODOM...... DOB: FEBRUARY 21, 1944

I, PATTI WHEELER, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to appled standards of medical practice within the community, for this patient's medical condition.

Date Signed: 15-17- 1000