RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | | | | | |
|---|-------------------|--|---|--|--|
| TREADWAY | ALMA | | | | |
| LAST NAME | FIRST NAME | MI | | | |
| FEMALE | 10/03/1935 | 9374337469 | SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS | | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | SHIP TO PATIENT'S PHYSICIAN CLINIC | | |
| 231 PRAGUE CT | DAYTON | OH 45458 | | | |
| ADDRESS | CITY | STATE & ZIPCODE | | | |
| INSURANCE INFORMAT | ION | | | | |
| MEDICARE | | | | | |
| PRIMARY INSURANCE | | SECONDARY INSURANCE | | | |
| 8Y86AA5XQ59 | | MEMBER ID | | | |
| MEMBER ID | | | | | |
| | | | | | |
| PHYSICIAN INFORMATION | ON | | | | |
| KRISTEN YOUNG, MD | | | 1790105518 | | |
| PHYSICIAN NAME | | NPI# | | | |
| | | 9374363117 | | | |
| 1023 S MAIN ST STE 200 CENT | ERVILLE OH 45458 | PHONE NUMBER | | | |
| PRACTICE LOCATION | | 9374360730 | | | |
| | | FAX NUMBER | FAX NUMBER | | |
| | | | | | |
| | | | | | |
| PRESCRIPTION SELECT | ION | | | | |
| □ L3671 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side: L39 | , , , , , | | ace (Side: □ L □ R) (Size:) | | |
| □ L3660 – Shoulder Brace (Side: | □ L □ R) (Size:) | □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) | | | |
| L0650 – Lumbar Brace (Waist:) L0642 – Lumbar Brace (Waist:) | | | □ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) | | |
| □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: LARGE | | | ce (Side: ☐ L ☐ R) (Size:) | | |
| □ L0648 – Lumbar Brace (Waist:) | | | eve (Size:) (Qty:) | | |
| □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) | | □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM | | | |
| □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) | | □ L2820 – Lower Ex | = | | |
| , | | | ce (Side: D L D R) (Shoe Size:) | | |
| □ L3760 – Elbow Brace (Side: □ | L ⊔ R) | □ L1971 – Ankle Bra □ L0174 – Cervical B | ice (Side: □ L □ R) (Shoe Size:) Brace | | |
| | | ☐ L3170 – Heel Stab | ilizer (Side: □ L □ R) | | |
| | | | | | |
| | | | | | |
| MEDICAL INFORMATION | I | | | | |
| ICD 10 (Diagnosis Code(s)): | iied | ☐ M25 532- Pain i | in left wrist | | |
| ✓ M54.50- Low back pain, unspecified ✓ M25.532- Pain in left wrist ✓ M25.531 - Pain in right wrist ✓ M25.531 - Pain in right wrist | | | | | |
| ☐ M17.11-Unilateral primary osteo | = | ☐ M19.072- Osteo | | | |
| M25.512-Pain in the left shoulderM25.511-Pain in the right should | | ☐ M19.071- Osted☐ M25.522 Pain ir | <u> </u> | | |
| □ M25.551-Pain in Left Hip □ M25.552- Pain in Left Hip □ M25.521 Pain in right elbow | | | n right elbow | | |
| □ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck | | | | | |
| Length of Need: 12+ months (long term) # of months (1-11) | | | | | |

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

KRISTEN YOUNG, MD

PHYSICIAN NAME:

Patient Name: ALMA TREADWAY

Patient Address: 231 PRAGUE CT DAYTON OH 45458

Patient Phone: 9374337469

Physician Name: KRISTEN YOUNG, MD

Address: 1023 S MAIN ST STE 200 CENTERVILLE OH 45458

Telephone: 9374363117 Fax: 9374360730 Patient: ALMA TREADWAY
Date of Birth: 10/03/1935
Visit Date: SEPTEMBER 04, 2024
Reason for visit: Check-up

Clinical Summary

Patient Demographics

| Patient Name: | ALMA TREADWAY | Date of Birth: | 10/03/1935 |
|---------------|---------------|----------------|------------|
| Age: | 88 | Phone Number: | 9374337469 |
| Address: | 231 PRAGUE CT | City: | DAYTON |
| State: | он | Zip Code: | 45458 |
| Gender: | FEMALE | Height: | 5'2 |
| Weight: | 175 | Waist Size | LARGE |

Patient Insurance

| Provider: MEDICARE | Member ID: | 8Y86AA5XQ59 |
|--------------------|------------|-------------|
|--------------------|------------|-------------|

Medications

| Modifications | |
|--------------------|---|
| Current Medication | DIABETES PILL AND HIGHBLOOD PRESSURE PILL |
| Medical History | DIABETES AND HIGH BLOOD PRESSURE |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by AN ACCIDENT

The last time the patient has seen the doctor was on SEPTEMBER 04, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: KRISTEN YOUNG, MD

Address: 1023 S MAIN ST STE 200 CENTERVILLE OH 45458

Physician's Signature:

Date:

Patient Name: ALMA TREADWAY

Patient Address: 231 PRAGUE CT DAYTON OH 45458

Patient Phone: 9374337469

LETTER OF MEDICAL NECESSITY

Re: ALMA TREADWAY

Orthotic Device Need Assessment

Exam Date: 09/30/2024

Height: **5'2** Weight: **175** DOB: **10/03/1935**

Ms TREADWAY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms TREADWAY reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms TREADWAY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TREADWAY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TREADWAY** continue medical follow-up as part of an ongoing plan of care.

Re: ALMA TREADWAY...... DOB: OCTOBER 03, 1935

I, KRISTEN YOUNG, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

KRISTEN YOUNG, MI

Signature

Date Signed D 2029