RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
GRACE	ANTHONY				
LAST NAME	FIRST NAME	MI			
MALE	01/15/1959	8457097260	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
9 STILLPOND TERRACE	WEST NYACK	NY 10994			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
1KC1U75AU05					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO)N				
HOWARD FELDFOGEL, DO		1912078882			
PHYSICIAN NAME		NPI #			
		8453525900			
350 S MAIN ST NEW CITY NY 1	1956	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		8454992526			
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0642 - Lumbar Brace (Waist: 34) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 - Electric Heat Pad □ L2425 - Dial Lock Hinge ROM □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L174 - Cervical Brace □ L174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)					
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.522 Pain i☐ M25.521 Pain i	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow		

MEDICAL HISTORY

Previous treatments: HEATING PAD, TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

HOWARD FELDFOGEL, DO

PHYSICIAN NAME: _____

7^{DATE} 29 - 202

Patient Name: ANTHONY GRACE

Patient Address: 9 STILLPOND TERRACE WEST NYACK NY 10994

Patient Phone: 8457097260

Physician Name: HOWARD FELDFOGEL, DO Address: 350 S MAIN ST NEW CITY NY 10956

Telephone: **8453525900** Fax: **8454992526**

Patient: ANTHONY GRACE Date of Birth: 01/15/1959 Visit Date: May 15, 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	ANTHONY GRACE	Date of Birth:	01/15/1959
Age:	65	Phone Number:	8457097260
Address:	9 STILLPOND TERRACE	City:	WEST NYACK
State:	NY	Zip Code:	10994
Gender:	MALE	Height:	6'0
Weight:	170	Waist Size	34

Patient Insurance

Provider:	MEDICARE	Member ID:	1KC1U75AU05	

Medications

Current Medication	OXYCODONE 3 X A DAY MORPHINE 60MG 2X A DAY SULFATE 2 ADVIL TYLENOL 2 X A DAY
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: HEATING PAD, TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on May 15, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 10 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

2024

Physician Information

Provider Name: HOWARD FELDFOGEL, DO

Address: 350 S MAIN ST NEW CITY NY 10956

Physician's Signature:

Date:

Patient Name: ANTHONY GRACE

Patient Address: 9 STILLPOND TERRACE WEST NYACK NY 10994

Patient Phone: **8457097260**

LETTER OF MEDICAL NECESSITY

Re: ANTHONY GRACE

Orthotic Device Need Assessment

Exam Date: 07/29/2024

Height: 6'0 Weight: 170 DOB: 01/15/1959

Mr GRACE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT WRIST AND LEFT WRIST.

Mr GRACE reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 10 and pain worsens with BENDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr GRACE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this BACK, WRIST AND KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the BACK, WRIST AND KNEE. My treatment goal(s) for the use of the prescribed BACK, WRIST AND KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr GRACE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr GRACE** continue medical follow-up as part of an ongoing plan of care.

Re: ANTHONY GRACE...... DOB: January 15, 1959

I, HOWARD FELDFOGEL, DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 07 — 29 — 2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive