RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
REVEL	CHARLIE	М			
LAST NAME	FIRST NAME	MI			
FEMALE	04/03/42	3216361182	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
3864 TOMLIN DR	COCOA	FL 32926			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
5NX1TR7GH13		MEMBER ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION	DN .				
LIZZY THOMAS, MD		1255368924			
PHYSICIAN NAME		NPI #			
		3216368032			
1024 FLORIDA AVE S ROCKLE	DGE FL 32955	PHONE NUMBER			
PRACTICE LOCATION		3216392277			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ION				
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0442 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Cane □ E0100 - Electric Heat Pad □ L2425 - Dial Lock Hinge ROM □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L3170 - Heel Stabilizer (Side: □ L □ R)		ad Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: MEDIUM) ce (Side: □ L □ R) (Size:) eve (Size: MEDIUM) (Qty: 2) Hinge ROM tremity Ortho ice (Side: □ L □ R) (Shoe Size:) ice (Side: □ L □ R) (Shoe Size:) Brace			
		'			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M25.531 - Pain ☐ M19.072- Osted ☐ M19.071- Osted ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing the item indicated and necessary and consistent with current accepted stand	, 0	
PHYSICIAN SIGNATURE: PHYS	LIZZY THOM SICIAN NAME:	AS, MD DATE:
		10 10 W

Patient Name: CHARLIE M. REVEL

Patient Address: 3864 TOMLIN DR COCOA FL 32926

Patient Phone: **3216361182**

Physician Name: LIZZY THOMAS, MD

Address: 1024 FLORIDA AVE S ROCKLEDGE FL 32955

Telephone: **3216368032** Fax: **3216392277**

Patient: CHARLIE M. REVEL Date of Birth: 04/03/42 Visit Date: LAST MONTH Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	CHARLIE M. REVEL	Date of Birth:	04/03/42
Age:	82	Phone Number:	3216361182
Address:	3864 TOMLIN DR	City:	COCOA
State:	FL	Zip Code:	32926
Gender:	FEMALE	Height:	5'6
Weight:	161	Waist Size	MEDIUM

Patient Insurance

der: MEDICARE	Member ID:	5NX1TR7GH13
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Medications

Current Medication	TYLENOL	
Medical History	HIGH BLOOD , DIABETES	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL, ICE PACKS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on LAST MONTH

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A MONTH AGO located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10 16- 2129

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LIZZY THOMAS, MD

Address: 1024 FLORIDA AVE S ROCKLEDGE FL 32955

Physician's Signature:

Date:

Patient Name: CHARLIE M. REVEL

Patient Address: 3864 TOMLIN DR COCOA FL 32926

Patient Phone: 3216361182

LETTER OF MEDICAL NECESSITY

Re: CHARLIE M. REVEL

Orthotic Device Need Assessment

Exam Date: 10/15/2024

Height: 5'6 Weight: 161 DOB: 04/03/42

Ms REVEL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE. RIGHT KNEE.

Ms REVEL reports chronic LEFT KNEE, RIGHT KNEE pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms REVEL and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms REVEL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms REVEL** continue medical follow-up as part of an ongoing plan of care.

Re: CHARLIE M. REVEL..... DOB: April 03,1942

I, LIZZY THOMAS, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

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gnature

Date Signed 15 /6- 2114

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive