# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
SIMS	BEATRICE			
LAST NAME	FIRST NAME	MI		
FEMALE	09/19/1954	7605137001	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ⋈ SHIP TO PATIENT'S HOME ADDRESS</li><li> □ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
12995 LAKOTA RD	APPLE VALLEY	CA 92308		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION MEDICARE	ON	SECONDARY INSURANCE		
PRIMARY INSURANCE				
5KW6PU2JH52		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATIO	N			
SUNIL PATEL DO		1134274012		
PHYSICIAN NAME		NPI#		
		7608100888		
16003 TUSCOLA RD APPLE VA	LLEY CA 92307	PHONE NUMBER		
PRACTICE LOCATION		7608107060		
		FAX NUMBER		
DDECCRIPTION CELECTI	ON			
PRESCRIPTION SELECTION         □ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )         □ L0642 - Lumbar Brace (Waist: )         □ L0457 - Lumbar Brace (Waist: )         □ L0648 - Lumbar Brace (Waist: )         □ E0100 - Electric Heat Pad         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □ L3760 - Elbow Brace (Side: □ L □ R)		L3761 − Elbow Brace (Side: ⋈ L ⋈ R) (Size: MEDIUM)     L3916 − Wrist Hand Finger (Side: ⋈ L ⋈ R) (Size: MEDIUM)     L3915 − Wrist Hand Finger (Side: □ L □ R) (Size: )     L1852 − Knee Brace (Side: □ L □ R) (Size: )     L1851 − Knee Brace (Side: □ L □ R) (Size: )     L1833 − Knee Brace (Side: □ L □ R) (Size: )     L2397 − Knee Sleeve (Size: ) (Qty: )     E0100 − Cane     L2425 − Dial Lock Hinge ROM     L2820 − Lower Extremity Ortho     L1906 − Ankle Brace (Side: □ L □ R) (Shoe Size: )     L1971 − Ankle Brace (Side: □ L □ R) (Shoe Size: )     L0174 − Cervical Brace     L3170 − Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspecifi □ M17.12- Unilateral primary osteoal □ M25.512-Pain in the left shoulder □ M25.511-Pain in the right shoulde □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip  Length of Need:  □ 12+ mont	rthritis left knee thritis right knee r		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

## **MEDICAL HISTORY**

**Previous treatments: TYLENOL** 

**Doctor's Notes:** The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

**SUNIL PATEL DO** 

/SICIAN NAME: \_\_\_\_\_

Patient Name: BEATRICE SIMS

Patient Address: 12995 LAKOTA RD APPLE VALLEY CA 92308

Patient Phone: 7605137001

Physician Name: SUNIL PATEL DO

Address: 16003 TUSCOLA RD APPLE VALLEY CA 92307

Telephone: 7608100888 Fax: 7608107060 Patient: **BEATRICE SIMS**Date of Birth: **09/19/1954**Visit Date: **WITHIN A YEAR** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BEATRICE SIMS	Date of Birth:	09/19/1954
Age:	70	Phone Number:	7605137001
Address:	12995 LAKOTA RD	City:	APPLE VALLEY
State:	СА	Zip Code:	92308
Gender:	FEMALE	Height:	5'8
Weight:	112	Waist Size	м

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	5KW6PU2JH52

# Medications

modifications	
Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE, DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7
The medientic main etented on an annual MODE THAN A VEAD

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

#### **Subjective Notes**

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

### **Physician Information**

Provider Name: SUNIL PATEL DO

Address: 16003 TUSCOLA RD APPLE VALLEY CA 92307

Physician's Signature:

Patient Name: **BEATRICE SIMS** 

Patient Address: 12995 LAKOTA RD APPLE VALLEY CA 92308

Patient Phone: 7605137001

#### LETTER OF MEDICAL NECESSITY

Re: **BEATRICE SIMS** 

Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: **5'8** Weight: **112** DOB: **09/19/1954** 

Ms SIMS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms SIMS reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms SIMS and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ELBOW orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ELBOW. My treatment goal(s) for the use of the prescribed WRIST, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SIMS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SIMS** continue medical follow-up as part of an ongoing plan of care.

Re: BEATRICE SIMS...... DOB: September 19, 1954

I, **SUNIL PATEL DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 1999/1394