RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
FRANKLIN	BOBBIE			
LAST NAME	FIRST NAME	MI		
FEMALE	08/29/1935	3134065041	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
2474 S DEACON ST	DETROIT	MI 48217		
ADDRESS	СІТҮ	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
	ON			
MEDICARE	_	SECONDARY INSURANCE	_	
PRIMARY INSURANCE 2RA8WD1RJ36				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
BAHAE EBRAHEM, MD		1508059072		
PHYSICIAN NAME		NPI #		
		734-284-2090		
13460 FORT ST SOUTHGATE M	I 48195	PHONE NUMBER		
PRACTICE LOCATION		734-284-9666		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
		□ 1.2764 Filesw Pro	oo (Cido, 🗆 L 🗆 D) (Ciro,)	
□ L3660 – Shoulder Brace (Side: □		☐ L3916 – Wrist Han	ce (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:)	
□ L0650 - Lumbar Brace (Waist:)□ L0642 - Lumbar Brace (Waist:)			d Finger (Side: □ L □ R) (Size:) be (Side: ⊠ L ⊠ R) (Size: MEDIUM)	
□ L0457 – Lumbar Brace (Waist:) □ L0648 – Lumbar Brace (Waist:)		☐ L1833 – Knee Brad	ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:)	
□ E0100 – Electric Heat Pad	1 D) (M :)	■ L2397 – Knee Slee■ E0100 – Cane	eve (Size: MEDIUM) (Qty: 2)	
 □ L1690 - Hip Brace (Side: □ L □ □ L1686 - Hip Brace (Side: □ L □ 		□ L2425 – Dial Lock □ L2820 – Lower Ext		
□ L3760 – Elbow Brace (Side: □ L	. □ R)	□ L0174 – Cervical B		
			ilizer (Side: □ L □ R)	
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)): ☐ M54.50- Low back pain, unspecifie	ad.	☐ M25.532- Pain i	n left wrist	
M17.12- Unilateral primary osteoa	rthritis left knee	☐ M25.531 - Pain	in right wrist	
M17.11-Unilateral primary osteoalM25.512-Pain in the left shoulder	thritis right knee		earthritis Left Ankle earthritis Right Ankle	
M25.511-Pain in the right shoulde☐ M25.552- Pain in Left Hip	r	☐ M25.522 Pain ir ☐ M25.521 Pain ir	n left elbow	
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervicalç	=	
Longth of Nood: M 12 mont	hs (long torm)	onthe (1 11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE AND RIGHT SHOULDER** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: DETERMINAME:

Patient Name: BOBBIE FRANKLIN

Patient Address: 2474 S DEACON ST DETROIT MI 48217

Patient Phone: 3134065041

Physician Name: **BAHAE EBRAHEM, MD** Address: 13460 FORT ST SOUTHGATE MI 48195

Telephone: 734-284-2090 Fax: 734-284-9666 Patient: BOBBIE FRANKLIN
Date of Birth: 08/29/1935
Visit Date: June 2024
Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BOBBIE FRANKLIN	Date of Birth:	08/29/1935
Age:	89	Phone Number:	3134065041
Address:	2474 S DEACON ST	City:	DETROIT
State:	мі	Zip Code:	48217
Gender:	FEMALE	Height:	5'7
Weight:	135	Waist Size	32

Patient Insurance

Provider: MEDICARE	Member ID:	2RA8WD1RJ36
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Medications

Current Medication	HYDRALAXINE, LEVOTHYROX, TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on June 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE AND RIGHT SHOULDER** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.511-Pain in the right shoulder. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE**, **RIGHT KNEE AND RIGHT SHOULDER** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.511-Pain in the right shoulder

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

BAHAE EBRAHEM, MD Provider Name: Address: 13460 FORT ST SOUTHGATE MI 48195 Physician's Signature: 13-2024

Patient Name: BOBBIE FRANKLIN

Patient Address: 2474 S DEACON ST DETROIT MI 48217

Patient Phone: 3134065041

LETTER OF MEDICAL NECESSITY

Re: BOBBIE FRANKLIN

Orthotic Device Need Assessment

Exam Date: 09/13/2024

Height: **5'7** Weight: **135** DOB: **08/29/1935**

Ms FRANKLIN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER**.

Ms FRANKLIN reports chronic LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER pain for A YEAR. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.511-Pain in the right shoulder. Based on my conversation with Ms FRANKLIN and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE AND RIGHT SHOULDER requiring stabilization for improvement of functionality. I am prescribing this KNEE AND SHOULDER orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE AND SHOULDER. My treatment goal(s) for the use of the prescribed KNEE AND SHOULDER orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms FRANKLIN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms FRANKLIN** continue medical follow-up as part of an ongoing plan of care.

I, BAHAE EBRAHEM, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of nedical practice within the community, for this patient's medical condition.

- cm / 20h

BAHAE EBRAHEM, MD

Signature

D9 - 13 - 2024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive