RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
OLIVER	DARLENE				
LAST NAME	FIRST NAME	MI			
FEMALE	05/24/61	7162601228	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
100 OLIVER ST, UNIT 326	NORTH TONAWANDA	NY 14120			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE	•	0200113/11111 1111011111102	SOND/III III III III III III III III III II		
9QV3KV4RM74		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N				
ALYSSA SO YOUNG SHON, MD		1962609677			
PHYSICIAN NAME		NPI #			
		716 472 2441			
206 S ELMWOOD AVE BUFFALO	O NV 14201	PHONE NUMBER			
		716 847 2715			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTI	ON				
☐ L3671 – Shoulder Brace (Side: ☐]	☐ 13761 – Flbow B	race (Side: ☐ I ☐ B) (Size:)		
□ L3960 – Shoulder Brace (Side: □			□ L3761 – Elbow Brace (Side: □ L □ R) (Size:) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:)		
□ L3660 – Shoulder Brace (Side: □	☐ L ☐ R) (Size:)		nd Finger (Side: ☐ L ☐ R) (Size:)		
□ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:)			□ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:)		
	3		ace (Side: □ L □ R) (Size:)		
L0648 – Lumbar Brace (Waist:)			eeve (Size:) (Qty:)		
□ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:)			☐ E0100 – Cane ☐ L2425 – Dial Lock Hinge ROM		
·			☐ L2820 – Lower Extremity Ortho		
□ L2624 – Hip Joint Adjustable Flex	xion, Extension (Side: ☐ L ☐ R)		□ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:)		
☐ L3760 - Elbow Brace (Side: ☐ L	□ B)	☐ L1971 – Ankle Br	ace (Side: ☐ L ☐ R) (Shoe Size:)		
		□ L0174 Conviced			
		□ L0174 – Cervical □ L317 0 – Heel Sta			
			Brace		
MEDICAL INFORMATION			Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):			Brace		
ICD 10 (Diagnosis Code(s)): ☑ M54.50- Low back pain, unspecifie	ed	□ L3170 – Heel Sta	Brace bilizer (Side: □ L □ R) in left wrist		
ICD 10 (Diagnosis Code(s)):	ed rthritis left knee	□ L3170 – Heel Sta □ M25.532- Pain □ M25.531 - Pain	Brace bilizer (Side: □ L □ R) in left wrist n in right wrist		
ICD 10 (Diagnosis Code(s)): ☑ M54.50- Low back pain, unspecifie	ed rthritis left knee	□ L3170 – Heel Sta □ M25.532- Pain □ M25.531 - Pain □ M19.072- Oste	Brace bilizer (Side: □ L □ R) in left wrist		
ICD 10 (Diagnosis Code(s)):	ed rthritis left knee thritis right knee	□ L3170 − Heel Sta □ M25.532- Pain □ M25.531 - Pain □ M19.072- Osta □ M19.071- Osta □ M25.522 Pain	Brace bilizer (Side: □ L □ R) in left wrist n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow		
ICD 10 (Diagnosis Code(s)):	ed rthritis left knee thritis right knee	□ L3170 − Heel Sta □ M25.532- Pain □ M25.531 - Pain □ M19.072- Osta □ M19.071- Osta □ M25.522 Pain □ M25.521 Pain	Brace bilizer (Side: □ L □ R) in left wrist n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow		
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MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:__

ALYSSA SO YOUNG SHON, MD PHYSICIAN NAME: ____

DATE: 0 53 74

10/03/2024 01:59 PM Evergreen Health P. 003 / 005

DV MEDICAL SUPPLY

Patient Name: DARLENE OLIVER

Patient Address: 100 OLIVER ST, UNIT 326 NORTH TONAWANDA NY 14120

Patient Phone: 7162601228

Physician Name: ALYSSA SO YOUNG SHON, MD Address: 206 S ELMWOOD AVE BUFFALO NY 14201

Telephone: **716 472 2441** Fax: **716 847 2715**

Patient: **DARLENE OLIVER**Date of Birth: **05/24/61**Visit Date: **Sep 1 2024**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

Tation Demographies				
Patient Name:	DARLENE OLIVER	Date of Birth:	05/24/61	
Age:	63	Phone Number:	7162601228	
Address:	100 OLIVER ST, UNIT 326	City:	NORTH TONAWANDA	
State:	NY	Zip Code:	14120	
Gender:	FEMALE	Height:	5'4	
Weight:	140	Waist Size	33	

Patient Insurance

Provider:	MEDICARE	Member ID:	9QV3KV4RM74
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Restina

Results		
Current Medication	NONE	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on Sep 1 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALYSSA SO YOUNG SHON, MD

Address: 206 S ELMWOOD AVE BUFFALO NY 14201

Physician's Signature:

Patient Name: **DARLENE OLIVER**

Patient Address: 100 OLIVER ST, UNIT 326 NORTH TONAWANDA NY 14120

Patient Phone: 7162601228

LETTER OF MEDICAL NECESSITY

Re: DARLENE OLIVER

Orthotic Device Need Assessment

Exam Date: 10/02/2024

Height: **5'4** Weight: **140** DOB: **05/24/61**

Ms OLIVER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms OLIVER reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms OLIVER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms OLIVER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms OLIVER** continue medical follow-up as part of an ongoing plan of care.

Re: DARLENE OLIVER...... DOB: May 24, 1961

I, ALYSSA SO YOUNG SHON, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 1063