# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION								
AMOS	NACOGDOCHES							
LAST NAME	FIRST NAME	MI						
FEMALE	05/20/1953	9365605917	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS					
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC					
532 COUNTY ROAD 2041	NACOGDOCHES	TX 75965						
ADDRESS	СІТУ	STATE & ZIPCODE						
INSURANCE INFORMATI	ION							
MEDICARE								
PRIMARY INSURANCE	-	SECONDARY INSURANCE						
3VH8H09UK23		MEMBER ID						
MEMBER ID		WEWBER ID						
PHYSICIAN INFORMATION	ON							
BRYAN DAVIS M.D.		1295760080						
PHYSICIAN NAME		NPI#						
		9362055949						
129 CREEKBEND BLVD NACO	GDOCHES TX 75965	PHONE NUMBER						
PRACTICE LOCATION		8888151377						
		FAX NUMBER						
PRESCRIPTION SELECT	ION							
□ L3670 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side: L39			ace (Side: □ L □ R) (Size: ) Id Finger (Side: □ L □ R) (Size: )					
□ L3660 – Shoulder Brace (Side: L0650 – Lumbar Brace (Waist:		□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )  □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)						
□ <b>L0642</b> – Lumbar Brace (Waist:		☐ L1833 – Knee Brad	ce (Side:   R) (Size: )					
□ L0457 – Lumbar Brace (Waist: L0648 – Lumbar Brace (Waist:		<ul><li>■ L2397 – Knee Slee</li><li>■ E0100 – Cane</li></ul>	eve (Size: MEDIUM) (Qty: 2)					
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L I</li></ul>	□ R) (Waist: )	□ <b>L2425</b> – Dial Lock □ <b>L2820</b> – Lower Ext	•					
☐ L1686 - Hip Brace (Side: ☐ L	R) (Waist: )	□ <b>L1971</b> – Ankle Bra	ce (Side: □ L □ R) (Shoe Size: )					
<ul><li>L2624 - Hip Joint Adjustable Fle</li><li>L3760 - Elbow Brace (Side: □</li></ul>	exion, Extension (Side:   L   R)	□ <b>L0174</b> – Cervical E						
		☐ L3170 – Heel Stab	ilizer (Side: □ L □ R)					
MEDICAL INFORMATION	1							
ICD 10 (Diagnosis Code(s)):								
<ul><li>M54.50- Low back pain, unspecif</li><li>M17.12- Unilateral primary osteo</li></ul>		☐ M25.532- Pain i ☐ M25.531 - Pain						
	parthritis Left Ankle							
<ul><li>M25.512-Pain in the left shoulder</li><li>M25.511-Pain in the right shoulder</li></ul>		<ul><li>☐ M19.071- Osteo</li><li>☐ M25.522 Pain ir</li></ul>	n left elbow					
<ul><li>☐ M25.552- Pain in Left Hip</li><li>☐ M25.551- Pain in Right Hip</li></ul>		☐ M25.521 Pain ir ☐ M54.2-Cervicalç						
Ç .	ths (long term)   ———# of mo							

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **4 MONTHS**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

PHYSICIAN SIGNATURE:

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

BRYAN DAVIS M.D.
PHYSICIAN NAME: \_\_\_\_\_\_ DAT

Patient Name: BILLIE AMOS

Patient Address: 532 COUNTY ROAD 2041 NACOGDOCHES TX 75965

Patient Phone: 9365605917

Physician Name: BRYAN DAVIS M.D.

Address: 129 CREEKBEND BLVD NACOGDOCHES TX 75965

Telephone: **9362055949** Fax: **8888151377** 

Patient: BILLIE AMOS Date of Birth: 05/20/1953 Visit Date: 04/08/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

· attent zemegrapinee			
Patient Name:	BILLIE AMOS	Date of Birth:	05/20/1953
Age:	71	Phone Number:	9365605917
Address:	532 COUNTY ROAD 2041	City:	NACOGDOCHES
State:	тх	Zip Code:	75965
Gender:	FEMALE	Height:	5'4
Weight:	180	Waist Size	30

# **Patient Insurance**

Provider:	MEDICARE	Member ID:	3VH8H09UK23
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#### Medications

Current Medication	TYLENOL (AS NEEDED), ZYRTEC (AS NEEDED), TOPROL (ONCE DAILY)
Medical History	HIGH BLOOD PRESSURE

#### **Medical Diagnosis**

The	pain	level	was	indic	cated	on a	sca	le of	1.	<u>-10</u>	as	the	tolle	owir	ng: <b>&amp;</b>	3
			_													

The patient's pain started on or around 4 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: BENDING, SITTING, GETTING UP

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by **ARTHRITIS** 

The last time the patient has seen the doctor was on 04/08/2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **4 MONTHS**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 4 MONTHS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **BENDING, SITTING, GETTING UP**. Patient needs a **BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's nicrease performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: BRYAN DAVIS M.D.

Address: 129 CREEKBEND BLVD NACOGDOCHES TX 75965

Physician's Signature:

Date: **08-07-104** 

Patient Name: BILLIE AMOS

Patient Address: 532 COUNTY ROAD 2041 NACOGDOCHES TX 75965

Patient Phone: 9365605917

# LETTER OF MEDICAL NECESSITY

Re: BILLIE AMOS

Orthotic Device Need Assessment

Exam Date: 08/07/2024

Height: **5'4** Weight: **180** DOB: **05/20/1953** 

Ms AMOS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms AMOS reports chronic LEFT KNEE, RIGHT KNEE pain for 4 MONTHS. Patient states pain is SHARP with a pain scale of 8 and pain worsens with BENDING, SITTING, GETTING UP. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms AMOS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, **SITTING**, **GETTING UP**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms AMOS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms AMOS** continue medical follow-up as part of an ongoing plan of care.

Re: BILLIE AMOS...... DOB: May 20, 1953

I, BRYAN DAVIS M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

BRYAN DAVIS M.D.

Signature

Date Signed: D8-07- WY

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive