# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N			
TAYLOR	DINAH			
LAST NAME	FIRST NAME	MI		
FEMALE	03/08/1954	2525378848	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
133 SIMMONS ST	ROANOKE RAPIDS	NC 27870		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
3UA8C05KG54				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
TIMOTHY RABE DO		1023514874		
PHYSICIAN NAME		NPI #		
		2525370134		
270 SMITH CHURCH RD ROAI	NOKE RAPIDS NC 27870	PHONE NUMBER		
PRACTICE LOCATION		2525376515		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
□ L3960 / L3670 − Shoulder Brace □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable F □ L3760 − Elbow Brace (Side: □	□ L □ R) (Size: ) ) ) ) ) □ R) (Waist: ) □ R) (Waist: ) lexion, Extension (Side: □ L □ R)	□ L3916 − Wrist Hai □ L3915 − Wrist Hai □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Bra □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A □ L0174 − Cervical	tremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	cified oarthritis left knee oarthritis right knee er	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li><li>☐ M54.2-Cervical</li></ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

## **MEDICAL HISTORY**

Previous treatments: HEATING PAD, TAKING MEDICATION

**Doctor's Notes:** The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

The PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

**TIMOTHY RABE DO** 

DATE 7-03-2024

Patient Name: DINAH TAYLOR

Patient Address: 133 SIMMONS ST ROANOKE RAPIDS NC 27870

Patient Phone: 2525378848

Physician Name: TIMOTHY RABE DO

Address: 270 SMITH CHURCH RD ROANOKE RAPIDS NC 27870

Telephone: 2525370134 Fax: 2525376515 Patient: **DINAH TAYLOR**Date of Birth: **03/08/1954**Visit Date: **03/15/2024**Reason for visit: **CHECK-UP** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DINAH TAYLOR	Date of Birth:	03/08/1954
Age:	70	Phone Number:	2525378848
Address:	133 SIMMONS ST	City:	ROANOKE RAPIDS
State:	NC	Zip Code:	27870
Gender:	FEMALE	Height:	5'4
Weight:	148	Waist Size	L

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	3UA8C05KG54
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## Medications

incalculations	
Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: **HEATING PAD, TAKING MEDICATION** 

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows:  $\overline{\textbf{LIFTING}}$ 

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 03/15/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

## **Subjective Notes**

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

**Objective of Assessment (Review of Symptoms)** 

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: TIMOTHY RABE DO

Address: 270 SMITH CHURCH RD ROANOKE RAPIDS NC 27870

Physician's Signature:

Date: 07-03-2024

Patient Name: **DINAH TAYLOR** 

Patient Address: 133 SIMMONS ST ROANOKE RAPIDS NC 27870

Patient Phone: 2525378848

## LETTER OF MEDICAL NECESSITY

Re: **DINAH TAYLOR** 

Orthotic Device Need Assessment

Exam Date: 07/03/2024

Height: **5'4** Weight: **148** DOB: **03/08/1954** 

Ms TAYLOR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

**Ms TAYLOR** reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of 6 and pain worsens with **LIFTING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee.

Based on my conversation with Ms TAYLOR and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TAYLOR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TAYLOR** continue medical follow-up as part of an ongoing plan of care.

Re: DINAH TAYLOR...... DOB: March 08, 1954

I, **TIMOTHY RABE DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: \_\_\_\_\_

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive