RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ON				
ROPER	ANNETTE				
LAST NAME	FIRST NAME	MI			
FEMALE	08/18/1952	7182175302	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
8934 212TH ST	QUEENS VILLAGE	NY 11427			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORM	ATION				
	ATION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE					
6UM8UG1CA47		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMA	TION				
ARYEL NICOLEAU MD		1093880957			
PHYSICIAN NAME		NPI#			
		7184653040			
9204 SPRINGFIELD BOULE	VARD QUEENS VILLAGE NY 11428	PHONE NUMBER			
PRACTICE LOCATION		7184649063			
		FAX NUMBER			
PRESCRIPTION SELE □ L3671 – Shoulder Brace (Si □ L3960 – Shoulder Brace (Si □ L3660 – Shoulder Brace (Wa □ L0650 – Lumbar Brace (Wa □ L0642 – Lumbar Brace (Wa □ L0457 – Lumbar Brace (Wa	de: □ L □ R) (Size:) de: □ L □ R) (Size:) de: □ L □ R) (Size:) ist:) ist:)	□ L3916 – Wrist Ha □ L3915 - Wrist Har □ L1852 – Knee Bra □ L1851 – Knee Bra	race (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)		
□ L0648 – Lumbar Brace (Waist:)			peve (Size:) (Qty:)		
□ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:)		☐ L2425 – Dial Lock			
□ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		 L2820 – Lower Extremity Ortho L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) 			
□ L3760 - Elbow Brace (Side	:: □ L □ R)	□ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace			
			bilizer (Side: □ L □ R)		
		-			
MEDICAL INFORMATI ICD 10 (Diagnosis Code(s)):	pecified steoarthritis left knee steoarthritis right knee ulder	☐ M25.532- Pain☐ M25.531 - Pair☐ M19.072- Oste☐ M19.071- Oste☐ M25.522 Pain☐ M25.521 Pain☐ M54.2-Cervica	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow		
Length of Need: ⊠ 12±r	months (long term) \(\pri \) # of months	the (1 11)			

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	1
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.	j
PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE:	1

Patient Name: ANNETTE ROPER

Patient Address: 8934 212TH ST QUEENS VILLAGE NY 11427

Patient Phone: 7182175302

Physician Name: ARYEL NICOLEAU MD

Address: 9204 SPRINGFIELD BOULEVARD QUEENS VILLAGE

NY 11428

Telephone: **7184653040** Fax: **7184649063**

Patient: ANNETTE ROPER Date of Birth: 08/18/1952 Visit Date: DECEMBER 2023 Reason for visit: Check-up

Clinical Summary

Patient Demographics

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Patient Name:	ANNETTE ROPER	Date of Birth:	08/18/1952
Age:	72	Phone Number:	7182175302
Address:	8934 212TH ST	City:	QUEENS VILLAGE
State:	NY	Zip Code:	11427
Gender:	FEMALE	Height:	5`2
Weight:	145	Waist Size	м

Patient Insurance

Provider: MEDICARE Member ID: 6UM8UG1CA47

Medications

modifications				
	Current Medication	TYLENOL		
	Medical History	NONE		

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by AN ACCIDENT

The last time the patient has seen the doctor was on DECEMBER 2023

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR.** Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ARYEL NICOLEAU MD

Address: 9204 SPRINGFIELD BOULEVARD QUEENS VILLAGE NY 11428

Physician's Signature:

Date:

Patient Name: ANNETTE ROPER

Patient Address: 8934 212TH ST QUEENS VILLAGE NY 11427

Patient Phone: 7182175302

LETTER OF MEDICAL NECESSITY

Re: ANNETTE ROPER

Orthotic Device Need Assessment

Exam Date: 09/04/2024

Height: **5`2** Weight: **145** DOB: **08/18/1952**

Ms ROPER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms ROPER reports chronic Back pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms ROPER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ROPER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ROPER** continue medical follow-up as part of an ongoing plan of care.

Re: ANNETTE ROPER...... DOB: August 18, 1952

I, ARYEL NICOLEAU MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ARYEL NICOLEAU MD Signature Date Signed: 19-09- WV