# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
SINNOTT	DANIEL			
LAST NAME	FIRST NAME	MI		
MALE	06/15/1947	6096188142	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>	
66 JOHNSON ST	WARETOWN	NJ 08758		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE		SECONDARY INSURANCE		
1F65WK0QW72		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	)N			
	/I <b>·</b>	1951420064		
PHYSICIAN NAME		1851430961 		
TITIOIOIAIVINAIVIE				
		609-978-6266  PHONE NUMBER		
53 NAUTILUS DRIVE SUITE B	MANAHAWKIN NJ 08050			
PRACTICE LOCATION		FAX NUMBER		
		TAX NOMBER		
PRESCRIPTION SELECT	ION			
□ L3960 – Shoulder Brace (Side: □ L3670 – Shoulder Brace (Side: □	, ,	□ L3761 – Elbow Brace (Side: □ L □ R) (Size: )		
□ L3660 – Shoulder Brace (Side:	□ L □ R) (Size: )	<ul> <li>L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )</li> <li>L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )</li> </ul>		
□ L0650 – Lumbar Brace (Waist: ) □ L0642 – Lumbar Brace (Waist: )			ace (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )	
■ L0457 – Lumbar Brace (Waist: 3			ace (Side: □ L □ R) (Size: )	
□ L0648 – Lumbar Brace (Waist: )			ace (Side: D L D R) (Size: )	
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L [</li></ul>	□ R) (Waist: )	□ <b>L2397</b> – Knee Sle	eeve (Size: ) (Qty: )	
□ L1690 – Hip Brace (Side: □ L □ R) (Waist: ) □ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>L2425</b> – Dial Lock	k Hinge ROM	
□ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		□ <b>L2820</b> – Lower Ex	•	
□ L3760 – Elbow Brace (Side: □	L ⊔ R)		ace (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )	
		□ L0174 – Cervical		
		☐ <b>L3170</b> – Heel Sta	bilizer (Side: □ L □ R)	
		1		
MEDICAL INFORMATION	I			
ICD 10 (Diagnosis Code(s)):				
M54.50- Low back pain, unspecif		☐ M25.532- Pain		
<ul> <li>         ☐ M17.12- Unilateral primary osteoarthritis left knee     </li> <li>         ☐ M17.11-Unilateral primary osteoarthritis right knee     </li> </ul>		<ul><li>☐ M25.531 - Pair</li><li>☐ M19.072- Oste</li></ul>	=	
☐ M25.512-Pain in the left shoulder			coarthritis Right Ankle	
☐ M25.511-Pain in the right should	er	☐ M25.522 Pain		
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip		<ul> <li>☐ M25.521 Pain i</li> <li>☐ M54.2-Cervica</li> </ul>	<u> </u>	
ы wzo.oot- гангы кight пiр		□ IVID4.2-CefVICa	igia i alli III 1460K	
Length of Need:   □ 12+ months (long term) □ # of months (1-11)				

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LOWER BACK** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of 9 and pain worsens with movements. Pain is caused by **AN INJURY** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

PHYSICIAN NAME: \_\_\_\_\_

D9<sup>DATE</sup> 25 - 2024

Patient Name: DANIEL SINNOTT

Patient Address: 66 JOHNSON ST WARETOWN NJ 08758

Patient Phone: **6096188142** 

Physician Name: WALTER MILLER, MD

Address: 53 NAUTILUS DRIVE SUITE B MANAHAWKIN NJ 08050

Telephone: 609-978-6266 Fax: 609-978-5006 Patient: **DANIEL SINNOTT** Date of Birth: **06/15/1947** Visit Date: **JULY 02, 2024** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

atient beingraphies				
Patient Name:	DANIEL SINNOTT	Date of Birth:	06/15/1947	
Age:	77	Phone Number:	6096188142	
Address:	66 JOHNSON ST	City:	WARETOWN	
State:	NJ	Zip Code:	08758	
Gender:	MALE	Height:	5'9	
Weight:	190	Waist Size	36	

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1F65WK0QW72
-----------	----------	------------	-------------

# Medications

Current Medication	NONE
Medical History	DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK

The patient's pain is caused by AN INJURY

The last time the patient has seen the doctor was on JULY 02, 2024

# Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK

## Subjective Notes

The patient reports chronic LOWER BACK pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 9 and pain worsens with movement. The pain is caused by AN INJURY and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: WALTER MILLER, MD

Address: 53 NAUTILUS DRIVE SUITE B MANAHAWKIN NJ 08050

Physician's Signature:

11 · Pilh D9 - 25 - 2024 Date:

Patient Name: DANIEL SINNOTT

Patient Address: 66 JOHNSON ST WARETOWN NJ 08758

Patient Phone: 6096188142

#### LETTER OF MEDICAL NECESSITY

Re: DANIEL SINNOTT

Orthotic Device Need Assessment

Exam Date: 09/24/2024

Height: **5'9** Weight: **190** DOB: **06/15/1947** 

Mr SINNOTT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK.

**Mr SINNOTT** reports chronic **LOWER BACK** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr SINNOTT and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the **LOWER BACK** requiring stabilization for improvement of functionality. I am prescribing this **BACK** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **BACK**. My treatment goal(s) for the use of the prescribed **BACK** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr SINNOTT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr SINNOTT** continue medical follow-up as part of an ongoing plan of care.

Re: DANIEL SINNOTT...... DOB: June 15, 1947

I, WALTER MILLER, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

WALTER MILLER, ME

Signature

Date Signed - 25 - 2024