RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
WEBSTER	WALTER		
LAST NAME	FIRST NAME	MI	
MALE	09/06/1958	7168751564	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
80 PALMER AVE	KENMORE	NY 14217	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
2E01FM2UT93			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	N		
KEVIN HUGHES MD		1285131284	
PHYSICIAN NAME			
		716-688-9641	
850 HOPKINS RD BUFFALO NY	14221	PHONE NUMBER	
PRACTICE LOCATION		716-932-7465	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
□ L3670 - Shoulder Brace (Side: □ □ L3960 - Shoulder Brace (Side: □ □ L3660 - Shoulder Brace (Side: □ □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L□ □ L1686 - Hip Brace (Side: □ L□	□ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:) □ R) (Waist:) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A □ L0174 − Cervical E	tremity Ortho nkle Brace (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: PHYSICAL THERAPY

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

KEVIN HUGHES MD

PHYSICIAN SIGNATURE:_

_ PHYSICIAN NAME: _____

^{AT}11**9-03-202**4

Patient Name: WALTER WEBSTER

Patient Address: 80 PALMER AVE KENMORE NY 14217

Patient Phone: 7168751564

Physician Name: **KEVIN HUGHES MD** Address: 850 HOPKINS RD BUFFALO NY 14221

Telephone: 716-688-9641 Fax: 716-932-7465 Patient: WALTER WEBSTER
Date of Birth: 09/06/1958
Visit Date: JUNE 2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	WALTER WEBSTER	Date of Birth:	09/06/1958
Age:	65	Phone Number:	7168751564
Address:	80 PALMER AVE	City:	KENMORE
State:	NY	Zip Code:	14217
Gender:	MALE	Height:	5'5
Weight:	160	Waist Size	м

Patient Insurance

Provider: MEDICARE	Member ID:	2E01FM2UT93
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Medications

Current Medication	TYLENOL
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: PHYSICAL THERAPY

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: GETTING UP

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on JUNE 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **GETTING UP**. Patient needs a **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

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Date:

Provider Name: KEVIN HUGHES MD

Address: 850 HOPKINS RD BUFFALO NY 14221

Physician's Signature:

Patient Name: WALTER WEBSTER

Patient Address: 80 PALMER AVE KENMORE NY 14217

Patient Phone: 7168751564

LETTER OF MEDICAL NECESSITY

Re: WALTER WEBSTER

Orthotic Device Need Assessment

Exam Date: 09/03/2024

Height: 5'5 Weight: 160 DOB: 09/06/1958

Mr WEBSTER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr WEBSTER reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with GETTING UP. Pain is experienced CONSTANTLY. Previous treatments with heat, ice. medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr WEBSTER and evaluation of his/her condition. I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is GETTING UP, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Mr WEBSTER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr WEBSTER continue medical follow-up as part of an ongoing plan of care.

Re: WALTER WEBSTER..... DOB: September 06, 1958

IGHES MD

I. KEVIN HUGHES MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

19-03 -1024

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive