# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	ON			
FURLONE	CONSTANCE			
LAST NAME	FIRST NAME	MI		
FEMALE	01/15/1944	6033521917	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS  SHIP TO PATIENT'S PHYSICIAN CLINIC	
31 AMERICAN AVE	KEENE	NH 03431		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	ATION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
2Q67FC8FA45				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMA	TION			
ELIZABETH HALE APRN		1366072951		
PHYSICIAN NAME		NPI #		
		6033546760		
580 COURT ST KEENE NH	03431	PHONE NUMBER		
PRACTICE LOCATION		6033546552		
		FAX NUMBER		
PRESCRIPTION SELE	CTION			
□ L3960 / L3670 - Shoulder B □ L3660 - Shoulder Brace (Siden L0650 - Lumbar Brace (Waiden L0642 - Lumbar Brace (Waiden L0457 - Lumbar Brace (Waiden L0648 - Lumbar Brace (Waiden L0648 - Lumbar Brace (Side: □ L1686 - Hip Brace (Side: □ L2624 - Hip Joint Adjustable L3760 - Elbow Brace (Side	de:	□ L3916 – Wrist H □ L3915 - Wrist H □ L1852 – Knee E □ L1851 – Knee E □ L1833 – Knee E □ L2397 – Knee E □ L2425 – Dial Lo □ L2820 – Lower □ L1906 / L1971 – □ L0174 – Cervica	Extremity Ortho  - Ankle Brace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATI ICD 10 (Diagnosis Code(s)):	oecified steoarthritis left knee steoarthritis right knee ulder	<ul><li>☐ M19.071- Os</li><li>☐ M25.522 Pai</li><li>☐ M25.521 Pai</li></ul>	ain in right wrist teoarthritis Left Ankle teoarthritis Right Ankle n in left elbow	
Length of Need: ⊠ 12+ r	months (long term) $\square$ # of mo	onths (1-11)		

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A COUPLE OF MONTHS**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: Line About he Hale Hysician NAME: \_

**ELIZABETH HALE APRN** 

DATE: 07-03-20 24

Patient Name: CONSTANCE FURLONE

Patient Address: 31 AMERICAN AVE KEENE NH 03431

Patient Phone: 6033521917

Physician Name: ELIZABETH HALE APRN Address: 580 COURT ST KEENE NH 03431

Telephone: 6033546760 Fax: 6033546552

Patient: CONSTANCE FURLONE Date of Birth: 01/15/1944 Visit Date: 05/09/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	CONSTANCE FURLONE	Date of Birth:	01/15/1944
Age:	80	Phone Number:	6033521917
Address:	31 AMERICAN AVE	City:	KEENE
State:	NH	Zip Code:	03431
Gender:	FEMALE	Height:	5'7
Weight:	117	Waist Size	М

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2Q67FC8FA45
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# **Medications**

Current Medication	GABAPENTIN (2X A DAY), TYLENOL EXTRA STRENGTH (3X A DAY), HIGH BLOOD PRESSURE PILLS (ONCE A DAY)
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around A COUPLE OF MONTHS
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 05/09/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

#### Subjective Notes

The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for A COUPLE OF MONTHS. Patient states pain is SHARP with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

**Objective of Assessment (Review of Symptoms)** 

Patient has chronic pain for A COUPLE OF MONTHS located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described SHARP and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

**ELIZABETH HALE APRN** Provider Name:

Address: 580 COURT ST KEENE NH 03431

Physician's Signature:

Fizabeth Hale 07.05.2024 Date:

Patient Name: CONSTANCE FURLONE

Patient Address: 31 AMERICAN AVE KEENE NH 03431

Patient Phone: 6033521917

# LETTER OF MEDICAL NECESSITY

Re: CONSTANCE FURLONE Orthotic Device Need Assessment

Exam Date: 07/05/2024

Height: 5'7 Weight: 117 DOB: 01/15/1944

Ms FURLONE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms FURLONE reports chronic LEFT KNEE AND RIGHT KNEE pain for A COUPLE OF MONTHS. Patient states pain is SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms FURLONE and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LEFT KNEE AND RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms FURLONE has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms FURLONE continue medical follow-up as part of an ongoing plan of care.

Re: CONSTANCE FURLONE...... DOB: January 15, 1944

I. ELIZABETH HALE APRN, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

7-03-10 24

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive