# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
HAYES	ANNE			
LAST NAME	FIRST NAME	MI		
FEMALE	07/27/1950	5094896556	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
707 E MISSION AVE APT 201	SPOKANE	WA 99202		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	)N			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
1VQ8J34CK48		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	N			
SERBAN IONESCU MD	•	1992771406		
PHYSICIAN NAME		NPI #		
		5097555300		
9834 W HIGHWAY 2 SPOKANE V	VA 00224	PHONE NUMBER		
PRACTICE LOCATION	VA 55224 	5097441711		
THATTOL EGGATION		FAX NUMBER		
PRESCRIPTION SELECTION	ON			
L3671 - Shoulder Brace (Side:		□ L3916 − Wrist Hand □ L3915 - Wrist Hand □ L1852− Knee Brace □ L1851 − Knee Brace □ L1833 − Knee Brace □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock I □ L2820 − Lower Ext □ L1906 − Ankle Brace □ L1971 − Ankle Brace □ L0174 − Cervical B	□       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852- Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace	
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	thritis left knee	<ul> <li>         M19.071- Osteo         <ul> <li>             M25.522 Pain in</li> <li>             M25.521 Pain in</li> <li>             M54.2-Cervicalg         </li> </ul> </li> </ul>	in right wrist arthritis Left Ankle arthritis Right Ankle I left elbow right elbow	

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **5 YEARS**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

SERBAN IONESCU MD

PHYSICIAN NAME:

1<del>07 - 29 - 2624</del>

Patient Name: ANNE HAYES

Patient Address: 707 E MISSION AVE APT 201 SPOKANE WA 99202

Patient Phone: 5094896556

Physician Name: SERBAN IONESCU MD Address: 9834 W HIGHWAY 2 SPOKANE WA 99224

Telephone: **5097555300** Fax: **5097441711** 

Patient: ANNE HAYES
Date of Birth: 07/27/1950
Visit Date: WITHIN A YEAR
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ANNE HAYES	Date of Birth:	07/27/1950
Age:	74	Phone Number:	5094896556
Address:	707 E MISSION AVE APT 201	City:	SPOKANE
State:	WA	Zip Code:	99202
Gender:	FEMALE	Height:	5'0
Weight:	130	Waist Size	25

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1VQ8J34CK48
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#### Medications

Current Medication	TYLENOL(4X A DAY)
Medical History	DIABETES

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 5 YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **5 YEARS.** Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **5 YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: SERBAN IONESCU MD

Address: 9834 W HIGHWAY 2 SPOKANE WA 99224

Physician's Signature:

Date:

Patient Name: ANNE HAYES

Patient Address: 707 E MISSION AVE APT 201 SPOKANE WA 99202

D7 - 29 - 2624

Patient Phone: **5094896556** 

#### LETTER OF MEDICAL NECESSITY

Re: ANNE HAYES

Orthotic Device Need Assessment

Exam Date: 07/29/2024

Height: 5'0 Weight: 130 DOB: 07/27/1950

Ms HAYES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms HAYES reports chronic Back pain for 5 YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms HAYES and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HAYES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HAYES** continue medical follow-up as part of an ongoing plan of care.

Re: ANNE HAYES...... DOB: July 27, 1950

I, **SERBAN IONESCU MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed D7 - 29 - 2024