RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
HAYNES	CAROLYN				
LAST NAME	FIRST NAME	MI			
FEMALE	09/03/1952	6153103024	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
300 ROYAL OAKS BLVD APT	FRANKLIN	TN 37067			
611	CITY	STATE & ZIPCODE			
ADDRESS	ON.				
INSURANCE INFORMATION	UN				
MEDICARE	_	SECONDARY INSURANCE			
PRIMARY INSURANCE 1JP0Y36CU05					
MEMBER ID		MEMBER ID			
WEWDEN					
PHYSICIAN INFORMATIO	N				
JAMES MCGINLEY MD		1194716662			
PHYSICIAN NAME		NPI#			
		6292552058			
2339 HILLSBORO RD FRANKLI	N TN 37069	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		6292554073			
		FAX NUMBER			
PRESCRIPTION SELECT	ON				
□ L3670 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □			ace (Side: □ L □ R) (Size:) Id Finger (Side: □ L □ R) (Size:)		
□ L3660 - Shoulder Brace (Side: □	, ,	☐ L3915 - Wrist Han	d Finger (Side: □ L □ R) (Size:)		
□ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:)			ce (Side: 🗵 L 🗵 R) (Size: MEDIUM) ce (Side: 🗆 L 🗆 R) (Size:)		
■ L0457 – Lumbar Brace (Waist: N■ L0648 – Lumbar Brace (Waist:)	IEDIUM)		ce (Side: L R) (Size:) eve (Size: MEDIUM) (Qty: 2)		
□ E0100 – Electric Heat Pad	· · · · · · · · · · · · · · · · · ·	□ E0100 – Cane			
□ L1690 – Hip Brace (Side: □ L □ □ L1686 – Hip Brace (Side: □ L □		□ L2425 – Dial Lock □ L2820 – Lower Ext	•		
□ L2624 – Hip Joint Adjustable Fle: □ L3760 – Elbow Brace (Side: □ L		□ L1906 / L1971 – A □ L0174 – Cervical B	nkle Brace (Side: □ L □ R) (Shoe Size:)		
	- = 1.9		ilizer (Side: □ L □ R)		
MEDICAL INFORMATION					
ICD 10 (Diagnosis Code(s)):					
☑ M54.50- Low back pain, unspecified ☐ M25.532- Pain in left wrist ☑ M17.12- Unilateral primary osteoarthritis left knee ☐ M25.531 - Pain in right wrist					
			parthritis Left Ankle		
M25.512-Pain in the left shoulderM25.511-Pain in the right shoulde	r	☐ M19.071- Osted☐ M25.522 Pain ir	<u> </u>		
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain ir	n right elbow		
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervical(gia raili III Neck		
Length of Need: ⊠ 12+ mont	hs (long term)	nths (1-11)			

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **AN ACCIDENT**, **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE!

JAMES MCGINLEY MD

13-01-2624

Patient Name: CAROLYN HAYNES

Patient Address: 300 ROYAL OAKS BLVD APT 611 FRANKLIN TN 37067

Patient Phone: 6153103024

Physician Name: **JAMES MCGINLEY MD** Address: 2339 HILLSBORO RD FRANKLIN TN 37069

Telephone: 6292552058 Fax: 6292554073 Patient: CAROLYN HAYNES
Date of Birth: 09/03/1952
Visit Date: 04/24/2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CAROLYN HAYNES	Date of Birth:	09/03/1952
Age:	72	Phone Number:	6153103024
Address:	300 ROYAL OAKS BLVD APT 611	City:	FRANKLIN
State:	TN	Zip Code:	37067
Gender:	FEMALE	Height:	4`11
Weight:	141	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	1JP0Y36CU05
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Medications

Current Medication	HIGH BLOOD PRESSURE MEDICATION
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following	j: 7
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The patient's pain started on or around 2 YEARS AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: MOVING AROUND

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by AN ACCIDENT, ARTHRITIS

The last time the patient has seen the doctor was on 04/24/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for 2 YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by AN ACCIDENT, ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **MOVING AROUND**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left

Aareements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JAMES MCGINLEY MD

Address: 2339 HILLSBORO RD FRANKLIN TN 37069

Physician's Signature:

08-01-2624 Date:

Patient Name: CAROLYN HAYNES

Patient Address: 300 ROYAL OAKS BLVD APT 611 FRANKLIN TN 37067

Patient Phone: 6153103024

LETTER OF MEDICAL NECESSITY

Re: CAROLYN HAYNES

Orthotic Device Need Assessment

Exam Date: 08/01/2024

Height: **4`11** Weight: **141** DOB: **09/03/1952**

Ms HAYNES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Ms HAYNES reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for 2 YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with MOVING AROUND. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms HAYNES and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is MOVING AROUND, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HAYNES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HAYNES** continue medical follow-up as part of an ongoing plan of care.

Re: CAROLYN HAYNES...... DOB: September 03, 1952

I, **JAMES MCGINLEY MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed 08-01-2624

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive