RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
ALLEN	BRUCE				
LAST NAME	FIRST NAME	MI			
MALE	10/07/1953	6039743594	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
25 WENMARKS ROAD	NEWTON	NH 03865			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON		1		
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
5YJ3C88GC87		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	DN				
GABOR PERNYESZI JR., MD		1881854370			
PHYSICIAN NAME		NPI#			
		6033824972			
127 PLAISTOW RD PLAISTOW	NH 03865	PHONE NUMBER			
PRACTICE LOCATION		- 6033829305 			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ION				
□ L3671 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:)		□ L3761 – Elbow Brace (Side: □ L □ R) (Size:) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 – Knee Brace (Side: □ L □ R) (Size:) □ L1851 – Knee Brace (Side: □ L □ R) (Size:)			
			ace (Side: □ L □ R) (Size:) eve (Size:) (Qty:)		
□ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:)		□ E0100 – Cane □ L2425 – Dial Lock	Hinge ROM		
☐ L1686 – Hip Brace (Side: ☐ L ☐ R) (Waist:) ☐ L2624 – Hip Joint Adjustable Flexion, Extension (Side: ☐ L ☐ R)		□ L2820 – Lower Ex	•		
□ L3760 – Elbow Brace (Side: □ L □ R) □ L19		☐ L1971 – Ankle Bra	ace (Side: ☐ L ☐ R) (Shoe Size:)		
		□ L0174 – Cervical □ L317 0 – Heel Stal	bilizer (Side: □ L □ R)		
MEDICAL INFORMATION	1				
ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecified M17.12- Unilateral primary osteoarthritis left knee M17.11-Unilateral primary osteoarthritis right knee M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip		 M25.532- Pain in left wrist M25.531 - Pain in right wrist M19.072- Osteoarthritis Left Ankle M19.071- Osteoarthritis Right Ankle M25.522 Pain in left elbow M25.521 Pain in right elbow M54.2-Cervicalgia Pain neck 			
Length of Need: □ 12+ months (long term) □ # of months (1-11)					

MEDICAL HISTORY

Previous treatments: TAKING TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

GABOR PERNYESZI JR., MD
PHYSICIAN NAME:

DATE:

117-08-2029

Patient Name: BRUCE ALLEN

Patient Address: 25 WENMARKS ROAD NEWTON NH 03865

Patient Phone: 6039743594

Physician Name: **GABOR PERNYESZI JR., MD** Address: **127 PLAISTOW RD PLAISTOW NH 03865**

Telephone: 6033824972 Fax: 6033829305 Patient: BRUCE ALLEN
Date of Birth: 10/07/1953
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	BRUCE ALLEN	Date of Birth:	10/07/1953
Age:	70	Phone Number:	6039743594
Address:	25 WENMARKS ROAD	City:	NEWTON
State:	NH	Zip Code:	03865
Gender:	MALE	Height:	5'10
Weight:	225	Waist Size	36

Patient Insurance

Provider:	MEDICARE	Member ID:	5YJ3C88GC87
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-7. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: GABOR PERNYESZI JR., MD

Address: 127 PLAISTOW RD PLAISTOW NH 03865

Physician's Signature:

Date:

Patient Name: BRUCE ALLEN

Patient Address: 25 WENMARKS ROAD NEWTON NH 03865

Patient Phone: 6039743594

LETTER OF MEDICAL NECESSITY

Re: BRUCE ALLEN

Orthotic Device Need Assessment

Exam Date: 10/07/2024

Height: 5'10 Weight: 225 DOB: 10/07/1953

Mr ALLEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr ALLEN reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr ALLEN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr ALLEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr ALLEN** continue medical follow-up as part of an ongoing plan of care.

Re: BRUCE ALLEN...... DOB: OCTOBER 07, 1953

I, GABOR PERNYESZI JR., MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ABOR PERMESZI JR., MD

Date Signed: 10 -08 - 2014