#### **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
JONES	CHARLES			
LAST NAME	FIRST NAME	MI		
MALE	04/02/1950	2549685297	SHIPPING METHOD:  □ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
1349 INGLEWOOD DR	STEPHENVILLE	TX 76401		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
	TION			
MEDICARE PRIMARY INSURANCE	<u> </u>	SECONDARY INSURANCE		
9XK9Q29FK25				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	TION			
LESTER ONG, M.D.		1255337119		
PHYSICIAN NAME		NPI#		
		254-968-6051		
150 RIVER NORTH BLVD STI	EPHENVILLE TX 76401	PHONE NUMBER		
PRACTICE LOCATION		254-968-4204		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELEC	CTION			
□ L3670 – Shoulder Brace (Side □ L3960 – Shoulder Brace (Side □ L3660 – Shoulder Brace (Side	e: 🗆 L 🖂 R) (Size: )	☐ <b>L3916</b> – Wrist Ha	race (Side: □ L □ R) (Size: ) and Finger (Side: □ L □ R) (Size: ) and Finger (Side: □ L □ R) (Size: )	
□ <b>L0650</b> – Lumbar Brace (Wais	t: )		race (Side: 🛛 L 🖾 R) (Size: <b>XL</b> )	
☐ L0642 – Lumbar Brace (Wais ☐ L0457 – Lumbar Brace (Wais			race (Side: D L D R) (Size: ) eeve (Size: XL) (Qty: 2)	
□ L0648 – Lumbar Brace (Wais: E0100 – Electric Heat Pad		□ <b>E0100</b> – Cane □ <b>L2425</b> – Dial Loc	k Hinge ROM	
☐ L1690 - Hip Brace (Side: ☐ L	, ,	□ <b>L2820</b> – Lower E	extremity Ortho	
<ul><li>□ L1686 - Hip Brace (Side: □ L</li><li>□ L2624 - Hip Joint Adjustable</li></ul>	$L \sqcup R$ ) (Waist: )  Flexion, Extension (Side: $\Box L \Box R$ )		race (Side: □ L □ R) (Shoe Size: ) race (Side: □ L □ R) (Shoe Size: )	
□ L3760 – Elbow Brace (Side:	□ L □ R)	<ul> <li>□ L0174 – Cervical</li> <li>□ L3170 – Heel Sta</li> </ul>	Brace abilizer (Side: □ L □ R)	
			<u> </u>	
MEDICAL INFORMATION	)N			
ICD 10 (Diagnosis Code(s)):	/I <b>V</b>			
☐ M54.50- Low back pain, unspe		☐ M25.532- Pair		
<ul><li>⋈ M17.12- Unilateral primary ost</li><li>⋈ M17.11-Unilateral primary oste</li></ul>	eoarthritis right knee		eoarthritis Left Ankle	
<ul><li>M25.512-Pain in the left should</li><li>M25.511-Pain in the right should</li></ul>		☐ M19.071- Oste ☐ M25.522 Pain	eoarthritis Right Ankle in left elbow	
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain	in right elbow	
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervica	algia Pain in Neck	
Length of Need: ⊠ 12+ mo	onths (long term)	onths (1-11)		

#### STEPHENVILLE MEDICAL AND SURGICAL CLINIC

#### ADDICKS MEDICAL SUPPLY

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE:

Patient Name: CHARLES JONES

Patient Address: 1349 INGLEWOOD DR STEPHENVILLE TX 76401

Patient Phone: 2549685297

Physician Name: LESTER ONG, M.D.

Address: 150 RIVER NORTH BLVD STEPHENVILLE TX 76401

Telephone: **254-968-6051** Fax: **254-968-4204** 

Patient: CHARLES JONES Date of Birth: 04/02/1950 Visit Date: 08/20/2024 Reason for visit: CHECK-UP

### **Clinical Summary**

**Patient Demographics** 

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Patient Name:	CHARLES JONES	Date of Birth:	04/02/1950
Age:	74	Phone Number:	2549685297
Address:	1349 INGLEWOOD DR	City:	STEPHENVILLE
State:	тх	Zip Code:	76401
Gender:	MALE	Height:	6'2
Weight:	245	Waist Size	40

#### **Patient Insurance**

Provider: MEDICARE Member ID: 9XK9Q29FK25
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#### **Medications**

Current Medication	TYLENOL	
Medical History	HIGH BLOOD PRESSURE	

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE
The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 08/20/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LESTER ONG, M.D.

Address: 150 RIVER NORTH BLVD STEPHENVILLE TX 76401

Physician's Signature:

Date:

Patient Name: CHARLES JONES

Patient Address: 1349 INGLEWOOD DR STEPHENVILLE TX 76401

Patient Phone: 2549685297

#### STEPHENVILLE MEDICAL AND SURGICAL CLINIC

#### ADDICKS MEDICAL SUPPLY

#### LETTER OF MEDICAL NECESSITY

Re: CHARLES JONES

Orthotic Device Need Assessment

Exam Date: 10/10/2024

Height: 6'2 Weight: 245 DOB: 04/02/1950

Mr JONES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr JONES reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 5 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr JONES and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr JONES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr JONES** continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES JONES...... DOB: April 02, 1950

I, LESTER ONG, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

LESTER ONG, M.D. Signature Date Signed: 10-11- 2024

## <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

#### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive