GLOBAL MEDICAL EQUIPMENT

RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
MEACHAM	ANN				
LAST NAME	FIRST NAME	MI			
FEMALE	10/17/1957	7072914535	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
294 LA SERENA WAY	SONOMA	CA 95476			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
7RX4CJ9GP88					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION	N				
REBECCA FINNEMORE, MD		1023214467			
PHYSICIAN NAME		NPI #			
		7075597500			
1179 N MCDOWELL BLVD PETA	ALUMA CA 94954	PHONE NUMBER			
PRACTICE LOCATION		7075597510			
		FAX NUMBER			
PRESCRIPTION SELECT	ON				
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		☑ L3916 – Wrist Har ☐ L3915 - Wrist Har ☐ L1852 – Knee Bra ☐ L1851 – Knee Bra ☐ L2397 – Knee Bra ☐ E0100 – Cane ☐ L2425 – Dial Lock ☐ L2820 – Lower Ex ☐ L1906 – Ankle Bra ☐ L1971 – Ankle Bra ☐ L0174 – Cervical			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	arthritis left knee rthritis right knee r		i in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow		

GLOBAL MEDICAL EQUIPMENT

MEDICAL HISTORY

Previous treatments: ICE PACKS, RESTING AND TAKING TYLENOL

Doctor's Notes: The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with movements. Pain is caused by AN INJURY and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

REBECCA FINNEMORE, MD PHYSICIAN NAME:

09/12/2024 02:54 PM Rohnert Park Health Center P. 003 / 005

GLOBAL MEDICAL EQUIPMENT

Patient Name: ANN MEACHAM

Patient Address: 294 LA SERENA WAY SONOMA CA 95476

Patient Phone: 7072914535

Physician Name: REBECCA FINNEMORE, MD

Address: 1179 N MCDOWELL BLVD PETALUMA CA 94954

Telephone: **7075597500** Fax: **7075597510**

Patient: ANN MEACHAM Date of Birth: 10/17/1957 Visit Date: 01/11/2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	ANN MEACHAM	Date of Birth:	10/17/1957
Age:	66	Phone Number:	7072914535
Address:	294 LA SERENA WAY	City:	SONOMA
State:	СА	Zip Code:	95476
Gender:	FEMALE	Height:	5'4
Weight:	150	Waist Size	16

Patient Insurance

Provider:	MEDICARE	Member ID:	7RX4CJ9GP88

Medications

Current Medication	TYLENOL (AS NEEDED)	
Medical History	DIABETES, HIGH BLOOD PRESSURE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: ICE PACKS, RESTING AND TAKING TYLENOL

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by AN INJURY

The last time the patient has seen the doctor was on 01/11/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **AN INJURY** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

09/12/2024 02:54 PM Rohnert Park Health Center P. 004 / 005

GLOBAL MEDICAL EQUIPMENT

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: REBECCA FINNEMORE, MD

Address: 1179 N MCDOWELL BLVD PETALUMA CA 94954

Physician's Signature:

Patient Name: ANN MEACHAM

Patient Address: 294 LA SERENA WAY SONOMA CA 95476

Patient Phone: **7072914535**

GLOBAL MEDICAL EQUIPMENT

LETTER OF MEDICAL NECESSITY

Re: ANN MEACHAM

Orthotic Device Need Assessment

Exam Date: 09/12/2024

Height: **5'4** Weight: **150** DOB: **10/17/1957**

Ms MEACHAM is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms MEACHAM reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms MEACHAM and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MEACHAM** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MEACHAM** continue medical follow-up as part of an ongoing plan of care.

Re: ANN MEACHAM...... DOB: OCTOBER 17, 1957

I, REBECCA FINNEMORE, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

REBECCA FINNEMORE, MD

Signature

Date Signed: 9 - 12 - WV4