RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I			
KHAN	AHSAN			
LAST NAME	FIRST NAME			
MALE	03/30/49	5712782616	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	☑ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
43841 LAUREL RIDGE DR	ASHBURN	VA 20147		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE		<u></u>		
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
5MG6GE7VY63		MEMBER ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
HARNEET RIKKI KOHLI, MD		1336288554		
PHYSICIAN NAME				
		7037262566		
43490 YUKON DR #210 ASHBI	IPN VA 20147	PHONE NUMBER		
PRACTICE LOCATION	JKN VA 20147	7037261066		
110.01.02 2007.11.01.		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Waist:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspector M17.12- Unilateral primary oster M17.11-Unilateral primary oster M25.512-Pain in the left shoulded M25.511-Pain in the right shoulded M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ified parthritis left knee arthritis right knee er der		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:_

HARNEET RIKKI KOHLI, MD

10-4-204

Patient Name: AHSAN KHAN

Patient Address: 43841 LAUREL RIDGE DR ASHBURN VA 20147

Patient Phone: 5712782616

Physician Name: HARNEET RIKKI KOHLI, MD Address: 43490 YUKON DR #210 ASHBURN VA 20147

Telephone: **7037262566** Fax: **7037261066**

Patient: AHSAN KHAN
Date of Birth: 03/30/49
Visit Date: MONTHS AGO

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	AHSAN KHAN	Date of Birth:	03/30/49
Age:	75	Phone Number:	5712782616
Address:	43841 LAUREL RIDGE DR	City:	ASHBURN
State:	VA	Zip Code:	20147
Gender:	MALE	Height:	5'10
Weight:	160	Waist Size	L

Patient Insurance

MEDICARE Member ID: 5MG6GE7VY63		5MG6GE7VY63	Member ID:	MEDICARE	Provider:
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Medications

Current Medication	ALEVE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

Subjective Notes

The patient reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-21-2004

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: HARNEET RIKKI KOHLI, MD

Address: 43490 YUKON DR #210 ASHBURN VA 20147

Physician's Signature:

Date:

Patient Name: AHSAN KHAN

Patient Address: 43841 LAUREL RIDGE DR ASHBURN VA 20147

Patient Phone: 5712782616

LETTER OF MEDICAL NECESSITY

Re: AHSAN KHAN

Orthotic Device Need Assessment

Exam Date: 10/19/2024

Height: **5'10** Weight: **160** DOB: **03/30/49**

Mr KHAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Mr KHAN reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **SHARP** with a pain scale of 7 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr KHAN and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr KHAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr KHAN** continue medical follow-up as part of an ongoing plan of care.

Re: AHSAN KHAN...... DOB: March 30, 1949

I, HARNEET RIKKI KOHLI, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

HARNEET RIKKT KOHLI, MD

ignature

Date Signed 10 - 21 - 2004