RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
JENKINS	BETTY			
LAST NAME	FIRST NAME	MI		
FEMALE	09/05/50	9179235988	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
711 BRIGHTWATER CT APT	BROOKLYN	NY 11235		
4A	CITY	STATE & ZIPCODE		
ADDRESS INSURANCE INFORMATI	ON			
	ON			
MEDICARE PRIMARY INSURANCE	-	SECONDARY INSURANCE		
7RD3NJ7YC72				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION)N			
JOHN MARINO, MD		1568442473		
PHYSICIAN NAME		NPI #		
		7182343333		
9823 4TH AVENUE BROOKLYN	, NY 11209	PHONE NUMBER		
PRACTICE LOCATION		7182341104		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist:)	□ L □ R) (Size:) □ L □ R) (Size:)	 □ L3916 – Wrist Har □ L3915 - Wrist Han □ L1852 – Knee Brace 	ace (Side: □ L □ R) (Size:) nd Finger (Side: ⊠ L ⊠ R) (Size: MEDIUM) d Finger (Side: □ L □ R) (Size:) ce (Side: ⊠ L ⊠ R) (Size: MEDIUM)	
□ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist:)			ce (Side: L R) (Size:) eve (Size: MEDIUM) (Qty: 2)	
□ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad		□ E0100 – Cane □ L2425 – Dial Lock	Hinge ROM	
☐ L1690 – Hip Brace (Side: ☐ L ☐ L1686 – Hip Brace (Side: ☐ L ☐		□ L2820 – Lower Ex	<u> </u>	
I	xion, Extension (Side: ☐ L ☐ R)	□ L1906 – Ankle Bra	ace (Side: □ L □ R) (Shoe Size:)	
L3760 - Elbow Brace (Side: 🗆 I	- ⊔ K)	□ L0174 – Cervical E □ L3170 – Heel Stab	orlace bilizer (Side: □ L □ R)	
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecific		⊠ M25.532- Pain		
M17.12- Unilateral primary osteoaM17.11-Unilateral primary osteoa		✓ M25.531 - Pain✓ M19.072- Osteo	-	
M25.512-Pain in the left shoulderM25.511-Pain in the right shoulder	er	☐ M19.071- Osteo☐ M25.522 Pain ir	=	
□ M25.551- Pain in Left Hip □ M25.551- Pain in Right Hip □ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain in Neck			n right elbow	
w.zo.oo i amimixigiiciip		□ IVIO+.2-OelVical	gia i ani ili ivoon	
Length of Need: ⊠ 12+ mon	ths (long term) — # of mo	nths (1-11)		

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH WRIST** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

JOHN MARINO, MD

Patient Name: BETTY JENKINS

Patient Address: 711 BRIGHTWATER CT APT 4A BROOKLYN NY 11235

Patient Phone: 9179235988

Physician Name: JOHN MARINO, MD Address: 9823 4TH AVENUE BROOKLYN, NY 11209

Telephone: **7182343333** Fax: **7182341104**

Patient: **BETTY JENKINS**Date of Birth: **09/05/50**Visit Date: **A MONTH AGO**Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

Patient Name:	BETTY JENKINS	Date of Birth:	09/05/50
Age:	73	Phone Number:	9179235988
Address:	711 BRIGHTWATER CT APT 4A	City:	BROOKLYN
State:	NY	Zip Code:	11235
Gender:	FEMALE	Height:	5'6.5
Weight:	175	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	7RD3NJ7YC72

Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, BOTH WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE, BOTH WRIST

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE, BOTH WRIST related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **BOTH WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 - Wrist hand orthosis, includes one or more nontorsion joint(s), elasticbands, turnbuckles may include soft interface, straps, prefabricated, off-the-shelf, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist

09-20-2024

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JOHN MARINO, MD

Address: 9823 4TH AVENUE BROOKLYN, NY 11209

Physician's Signature:

Date:

Patient Name: **BETTY JENKINS**

Patient Address: 711 BRIGHTWATER CT APT 4A BROOKLYN NY 11235

Patient Phone: 9179235988

LETTER OF MEDICAL NECESSITY

Re: BETTY JENKINS

Orthotic Device Need Assessment

Exam Date: 09/19/2024

Height: **5'6.5** Weight: **175** DOB: **09/05/50**

Ms JENKINS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE, BOTH WRIST.

Ms JENKINS reports chronic LEFT KNEE, RIGHT KNEE, BOTH WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms JENKINS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 - Wrist hand orthosis, includes one or more non-torsion joint(s), elasticbands, turnbuckles may include soft interface, straps, prefabricated, off-the-shelf

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, BOTH WRIST requiring stabilization for improvement of functionality. I am prescribing this LEFT KNEE, RIGHT KNEE, BOTH WRIST orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the LEFT KNEE, RIGHT KNEE, BOTH WRIST. My treatment goal(s) for the use of the prescribed LEFT KNEE, RIGHT KNEE, BOTH WRIST orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms JENKINS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms JENKINS** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY JENKINS...... DOB: September 05, 1950

I, **JOHN MARINO**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JOHN MARINO, MD

Signature

Date Signer 9 - 20 - 20 24

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive