# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I				
SHANDS	ARVIE				
LAST NAME	FIRST NAME	MI			
FEMALE	10/31/43	7319254786	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
1440 BENSONTOWN DR	SAVANNAH	TN 38372			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ION .				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE 2R43JJ8UT97		MEMBER ID			
MEMBER ID		MEMBERID			
PHYSICIAN INFORMATI	ON				
GIGI DAVIS DO		1811970817	1811970817		
PHYSICIAN NAME		NPI #	NPI#		
		7319262766			
1010 WAYNE RD SUITE100 SA	AVANNAH, TN 38372	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		7319262772			
		FAX NUMBER			
DDESCRIPTION SELECT	FION				
PRESCRIPTION SELECTION         □ L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )         □ L0642 - Lumbar Brace (Waist: )         □ L0457 - Lumbar Brace (Waist: SMALL         □ L0648 - Lumbar Brace (Waist: )         □ E0100 - Electric Heat Pad         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Stac □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical I	□       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 – Knee Brace (Side: □ L □ R) (Size: )         □       L1851 – Knee Brace (Side: □ L □ R) (Size: )         □       L1833 – Knee Brace (Side: □ L □ R) (Size: )         □       L2397 – Knee Sleeve (Size: ) (Qty: )         □       E0100 – Cane         □       L2425 – Dial Lock Hinge ROM         □       L2820 – Lower Extremity Ortho         □       L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 – Cervical Brace		
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					
Length of Need: X 12+ mo	nths (long term) $\square$ # of mor	nths (1-11)			

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATUI

GIGI DAVIS DO

TO TELL !

Patient Name: ARVIE SHANDS

Patient Address: 1440 BENSONTOWN DR SAVANNAH TN 38372

Patient Phone: 7319254786

Physician Name: GIGI DAVIS DO

Address: 1010 WAYNE RD SUITE100 SAVANNAH, TN 38372

Telephone: **7319262766** Fax: **7319262772** 

Patient: **ARVIE SHANDS**Date of Birth: **10/31/43**Visit Date: **08/2024**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ARVIE SHANDS	Date of Birth:	10/31/43
Age:	80	Phone Number:	7319254786
Address:	1440 BENSONTOWN DR	City:	SAVANNAH
State:	TN	Zip Code:	38372
Gender:	FEMALE	Height:	5'8
Weight:	120	Waist Size	s

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2R43JJ8UT97
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Resting

Current Medication	NERVE PILL ONE AT NIGHT HIGH BLOOD PRESSURE PILL ONCE A DAY
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 08/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: GIGI DAVIS DO

Address: 1010 WAYNE RD SUITE100 SAVANNAH, TN 38372

Physician's Signature:

Date:

Patient Name: ARVIE SHANDS

Patient Address: 1440 BENSONTOWN DR SAVANNAH TN 38372

Patient Phone: 7319254786

#### LETTER OF MEDICAL NECESSITY

Re: ARVIE SHANDS

Orthotic Device Need Assessment

Exam Date: 08/20/2024

Height: **5'8** Weight: **120** DOB: **10/31/43** 

Ms SHANDS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms SHANDS reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms SHANDS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SHANDS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SHANDS** continue medical follow-up as part of an ongoing plan of care.

Re: ARVIE SHANDS...... DOB: October 31, 1943

I, **GIGI DAVIS DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

GIGI DAVIS DO

ignature

Date Signed: 18 - 21 - 2024