RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | | | | |
|---|--|--|--|--|
| ROSE | CARLENE | | | |
| LAST NAME | FIRST NAME | MI | | |
| FEMALE | 03/17/52 | 3043770313 | SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC | |
| 146 MOUNTAIN CREST LANE | RIPLEY | WV 25271 | | |
| ADDRESS | CITY | STATE & ZIPCODE | | |
| INSURANCE INFORMATION | ON | | | |
| MEDICARE | | | | |
| PRIMARY INSURANCE | - | SECONDARY INSURANCE | | |
| 6FD5K38YW98 | | | | |
| MEMBER ID | | MEMBER ID | | |
| PHYSICIAN INFORMATIO | N | | | |
| LUCY KARA SHAMBLIN, D.O. | | 1528208774 | | |
| PHYSICIAN NAME | | NPI # | | |
| | | 304-372-1740 | | |
| 174 PINNELL ST STE D RIPLEY | WV 25271 | PHONE NUMBER | | |
| PRACTICE LOCATION | | 304-372-3069 | | |
| | | FAX NUMBER | | |
| | | | | |
| | | | | |
| PRESCRIPTION SELECTION | ON | | | |
| □ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3670 - Shoulder Brace (Side: □ L □ R) (Size: LARGE) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R) | | □ L3761 – Elbow Brace (Side: □ L □ R) (Size:) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 – Knee Brace (Side: □ L □ R) (Size:) □ L1833 / L1851 – Knee Brace (Side: □ L □ R) (Size:) □ L2397 – Knee Sleeve (Size:) (Qty:) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size: 9.5) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace □ L3170 – Heel Stabilizer (Side: □ L □ R) | | |
| | | | | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): | rthritis left knee rthritis right knee r | | in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow | |

DV MEDICAL SUPPLY

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST, pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

> LUCY KARA SHAMBLIN, D.O. PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

DV MEDICAL SUPPLY

Patient Name: CARLENE ROSE

Patient Address: 146 MOUNTAIN CREST LANE RIPLEY WV 25271

Patient Phone: 3043770313

Physician Name: LUCY KARA SHAMBLIN, D.O. Address: 174 PINNELL ST STE D RIPLEY WV 25271

Telephone: **304-372-1740** Fax: **304-372-3069**

Patient: CARLENE ROSE
Date of Birth: 03/17/52
Visit Date: 2 WEEKS AGO

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

| Patient Name: | CARLENE ROSE | Date of Birth: | 03/17/52 |
|---------------|-------------------------|----------------|------------|
| Age: | 72 | Phone Number: | 3043770313 |
| Address: | 146 MOUNTAIN CREST LANE | City: | RIPLEY |
| State: | wv | Zip Code: | 25271 |
| Gender: | FEMALE | Height: | 5'8 |
| Weight: | 175 | Waist Size | 33-34 |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 6FD5K38YW98 |
|-----------|----------|------------|-------------|
|-----------|----------|------------|-------------|

Medications

| Current Medication | BLOOD THINNER |
|--------------------|---------------|
| Medical History | DIABETES |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST,

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 2 WEEKS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): **BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST,**

Subjective Notes

The patient reports chronic BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST, pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST, related to M25.511-Pain in the right shoulder, M25.512-Pain in the left shoulder, M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

DV MEDICAL SUPPLY

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BOTH SHOULDER**, **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST**, Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER. including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.511-Pain in the right shoulder, M25.512-Pain in the left shoulder, M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: LUCY KARA SHAMBLIN, D.O.

Address: 174 PINNELL ST STE D RIPLEY WV 25271

Physician's Signature:

Date:

10 - 07 - 202

Patient Name: CARLENE ROSE

Patient Address: 146 MOUNTAIN CREST LANE RIPLEY WV 25271

Patient Phone: 3043770313

LETTER OF MEDICAL NECESSITY

Re: CARLENE ROSE

Orthotic Device Need Assessment

Exam Date: 10/08/2024

Height: 5'8 Weight: 175 DOB: 03/17/52

Ms ROSE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms ROSE reports chronic BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.511-Pain in the right shoulder, M25.512-Pain in the left shoulder, M19.071- Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms ROSE and evaluation of his/her condition, I am ordering the following: L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST. My treatment goal(s) for the use of the prescribed BOTH SHOULDER, LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms ROSE has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms ROSE continue medical follow-up as part of an ongoing plan of care.

Re: CARLENE ROSE...... DOB: March 17, 1952

I, LUCY KARA SHAMBLIN, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

SHAMBLIN. D.O.

Date Signed: 11 - 09 - 2024