RX / MEDICAL NECESSITY FORM

SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC	
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L3761 - Elbow Brace (Side:	
n left wrist in right wrist arthritis Left Ankle arthritis Right Ankle I left elbow I right elbow Jia Pain in Neck	

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

PHILIP MITCHELL, MD

PHYSICIAN NAME: _____

DATE - 19 - 1024

Patient Name: ELKE MAHUIKI

Patient Address: 10309 HIGHWAY 5 GROVESPRING MO 65662

Patient Phone: 4176645950

Physician Name: PHILIP MITCHELL, MD

Address: 120 HOSPITAL DR SUITE 100 LEBANON MO 65536

Telephone: 4175336751 Fax: 4175336755 Patient: ELKE MAHUIKI
Date of Birth: 11/24/1958
Visit Date: WITHIN 12 MONTHS
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	ELKE MAHUIKI	Date of Birth:	11/24/1958
Age:	65	Phone Number:	4176645950
Address:	10309 HIGHWAY 5	City:	GROVESPRING
State:	мо	Zip Code:	65662
Gender:	FEMALE	Height:	5'6
Weight:	250	Waist Size	XXL

Patient Insurance

Provider: MEDICARE	Member ID:	6MD1XP7MG06
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Medications

Current Medication	TYLENOL AS NEEDED
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: STANDING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

Subjective Notes

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **STANDING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PHILIP MITCHELL, MD

Address: 120 HOSPITAL DR SUITE 100 LEBANON MO 65536

Physician's Signature:

Patient Name: ELKE MAHUIKI

19-19-W24

Patient Address: 10309 HIGHWAY 5 GROVESPRING MO 65662

Patient Phone: 4176645950

LETTER OF MEDICAL NECESSITY

Re: ELKE MAHUIKI

Orthotic Device Need Assessment

Exam Date: 09/19/2024

Height: **5'6** Weight: **250** DOB: **11/24/1958**

Ms MAHUIKI is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms MAHUIKI reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 8 and pain worsens with STANDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms MAHUIKI and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **STANDING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MAHUIKI** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MAHUIKI** continue medical follow-up as part of an ongoing plan of care.

Re: ELKE MAHUIKI...... DOB: November 24, 1958

VLIP MITCHELL, MD

Signature

I, **PHILIP MITCHELL, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 19-19-1014