RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ON			
MCCLISH	DEBRA			
LAST NAME	FIRST NAME	MI		
FEMALE	04/16/1958	6154786264	SHIPPING METHOD: ⊠ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
8001 ANNA CT	GREENBRIER	TN 37073		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORM	ATION			
	ATION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE				
1FP9T84HH16		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMA	TION			
JEFFERSON JENKINS, MD		1487674016		
PHYSICIAN NAME		NPI#		
		6156727122		
491 SAGE RD N STE 200 W	/HITE HOUSE TN 37188	PHONE NUMBER		
PRACTICE LOCATION		6156727849		
		FAX NUMBER		
PRESCRIPTION SELECTION □ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)				
		ESTOV - Fleet Sta	adilizer (Gide: L L L K)	
MEDICAL INFORMATI ICD 10 (Diagnosis Code(s)):	pecified steoarthritis left knee steoarthritis right knee ulder	☐ M19.071- Ost☑ M25.522 Pain☑ M25.521 Pain	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	
Length of Need: × 12+	months (long term) \Box # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **6 MONTHS**. Patient states pain is **ACHY AND DULL** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

JEFFERSON JENKINS, MD

PHYSICIAN NAME: __

__ DATE:__

Patient Name: DEBRA MCCLISH

Patient Address: 8001 ANNA CT GREENBRIER TN 37073

Patient Phone: 6154786264

Physician Name: **JEFFERSON JENKINS, MD**

Address: 491 SAGE RD N STE 200 WHITE HOUSE TN 37188

Telephone: **6156727122** Fax: **6156727849**

Patient: **DEBRA MCCLISH**Date of Birth: **04/16/1958**Visit Date: **WITHIN 12 MONTHS**Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

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Patient Name:	DEBRA MCCLISH	Date of Birth:	04/16/1958
Age:	66	Phone Number:	6154786264
Address:	8001 ANNA CT	City:	GREENBRIER
State:	TN	Zip Code:	37073
Gender:	FEMALE	Height:	5'7
Weight:	140	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	1FP9T84HH16

Medications

Current Medication	ASPIRIN, TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 6 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **RESTING**

The patient described their pain as the following: ACHY AND DULL

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **6 MONTHS**. Patient states pain is **ACHY AND DULL** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 6 MONTHS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532-Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY AND DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

09/06/2024

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JEFFERSON JENKINS, MD

Address: 491 SAGE RD N STE 200 WHITE HOUSE TN 37188

Physician's Signature:

Date:

Patient Name: DEBRA MCCLISH
Patient Address: 8001 ANNA CT GREENBRIER TN 37073

Patient Phone: 6154786264

LETTER OF MEDICAL NECESSITY

Re: DEBRA MCCLISH

Orthotic Device Need Assessment

Exam Date: 09/06/2024

Height: **5'7** Weight: **140** DOB: **04/16/1958**

Ms MCCLISH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms MCCLISH reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 6 MONTHS. Patient states pain is ACHY AND DULL with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms MCCLISH and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MCCLISH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MCCLISH** continue medical follow-up as part of an ongoing plan of care.

Re: DEBRA MCCLISH...... DOB: APRIL 16, 1958

I, JEFFERSON JENKINS, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

JEFFERSON JENKINS, MD

Signature

Date Signed: 9/06/2014