North Ocean Family Medicine DV MEDICAL SUPPLY

RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ON			
CAVANAUGH	ALEXANDRA			
LAST NAME	FIRST NAME	MI		
FEMALE	04/04/1950	6317759293	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
7 SCENIC HILLS DR	RIDGE	NY 11961		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	ATION			
MEDICARE				
PRIMARY INSURANCE	<u> </u>	SECONDARY INSURANCE		
7X14DT1DD82				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMA	TION			
CYNTHIA SANTIAGO, MD		1003003856		
PHYSICIAN NAME		NPI #		
		6317326984		
5 ROOSEVELT AVE PORT J	EFFERSON STATION NY 11776	PHONE NUMBER		
PRACTICE LOCATION		6317327019		
		FAX NUMBER		
PRESCRIPTION SELE	CTION	1		
□ L3960 / L3670 - Shoulder B □ L3660 - Shoulder Brace (Sid □ L0650 - Lumbar Brace (Wai □ L0642 - Lumbar Brace (Wai □ L0457 - Lumbar Brace (Wai □ L0648 - Lumbar Brace (Wai □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ □ L1686 - Hip Brace (Side: □ □ L2624 - Hip Joint Adjustable □ L3760 - Elbow Brace (Side:	de:	□ L3916 - Wrist H: □ L3915 - Wrist Ha □ L1852 - Knee B: □ L1851 - Knee B: □ L1833 - Knee B: □ L2397 - Knee S: □ E0100 - Cane □ L2425 - Dial Lot □ L2820 - Lower B: □ L1906 / L1971 - □ L0174 - Cervica	extremity Ortho Ankle Brace (Side: L R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	pecified steoarthritis left knee teoarthritis right knee Ilder pulder	☐ M19.071- Ost☐ M25.522 Pain☐ M25.521 Pain☐ M54.2-Cervice	in in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	
Length of Need: ⊠ 12+ n	nonths (long term) \square # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING TYLENOL

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATU

CYNTHIA SANTIAGO, MD

PHYSICIAN NAME: ____

DATE: 16 - 17 - 2024

P. 002 / 006

Patient Name: ALEXANDRA CAVANAUGH

Patient Address: 7 SCENIC HILLS DR RIDGE NY 11961

Patient Phone: 6317759293

Physician Name: CYNTHIA SANTIAGO, MD

Address: 5 ROOSEVELT AVE PORT JEFFERSON STATION NY

Telephone: 6317326984 Fax: 6317327019 Patient: ALEXANDRA CAVANAUGH Date of Birth: 04/04/1950 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	ALEXANDRA CAVANAUGH	Date of Birth:	04/04/1950
Age:	74	Phone Number:	6317759293
Address:	7 SCENIC HILLS DR	City:	RIDGE
State:	NY	Zip Code:	11961
Gender:	FEMALE	Height:	5'8
Weight:	190	Waist Size	XL

Patient Insurance

Provider:	MEDICARE	Member ID:	7X14DT1DD82
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Medications

Current Medication	TYLENOL
Medical History	ARTHRITIS

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR.** Patient states pain is **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CYNTHIA SANTIAGO, MD

Address: 5 ROOSEVELT AVE PORT JEFFERSON STATION NY 11776

Physician's Signature:

Date:

Patient Name: ALEXANDRA CAVANAUGH

Patient Address: 7 SCENIC HILLS DR RIDGE NY 11961

Patient Phone: 6317759293

P. 005 / 006

LETTER OF MEDICAL NECESSITY

Re: ALEXANDRA CAVANAUGH Orthotic Device Need Assessment

Exam Date: 10/17/2024

Height: **5'8** Weight: **190** DOB: **04/04/1950**

Ms CAVANAUGH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE AND RIGHT KNEE**.

Ms CAVANAUGH reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **SHARP** with a pain scale of 8 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms CAVANAUGH and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CAVANAUGH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CAVANAUGH** continue medical follow-up as part of an ongoing plan of care.

Re: ALEXANDRA CAVANAUGH...... DOB: APRIL 04, 1950

I, CYNTHIA SANTIAGO, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CINTHIA SANTIAGO, NID

Signature

Date Signed: 15 - 17 - 1524

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive