RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I				
REEVES	BETTY				
LAST NAME	FIRST NAME	MI			
FEMALE	09/11/37	4239298241	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
558 MATSON RD	JONESBOROUGH	TN 37659			
ADDRESS	CITY	STATE & ZIPCODE			
, and the second					
INSURANCE INFORMAT	ION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
3XW8CG0WD28		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	ON				
GRETCHEN BOWLING, M.D.	ON	1831382449			
PHYSICIAN NAME					
FITTOICIAN NAINE		NPI#			
		423-794-1800			
101 MED TECH PKWY STE 100) JOHNSON CITY, TN 37604	PHONE NUMBER			
PRACTICE LOCATION		423-794-1801			
		FAX NUMBER			
PRESCRIPTION OF FOR	TION.				
PRESCRIPTION SELECT	IUN				
□ L3671 - Shoulder Brace (Side:□ L3960 - Shoulder Brace (Side:	, , , , ,		ace (Side: L R) (Size:)		
☐ L3660 – Shoulder Brace (Side:		 L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) 			
□ L0650 – Lumbar Brace (Waist:	•		ce (Side: D L D R) (Size:)		
L0642 – Lumbar Brace (Waist:)		□ L1851 – Knee Brace (Side: □ L □ R) (Size:)			
☑ L0457 – Lumbar Brace (Waist: 10 ☐ L0648 – Lumbar Brace (Waist:)			□ L1833 – Knee Brace (Side: □ L □ R) (Size:) □ L2397 – Knee Sleeve (Size:) (Qty:)		
□ E0100 – Electric Heat Pad		□ E0100 – Cane			
□ L1690 - Hip Brace (Side: □ L		☐ L2425 – Dial Lock Hinge ROM			
			stremity Ortho		
□ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:)					
L3760 - Elbow Brace (Side. \Box	L L R)	□ L1971 – Ankle Bra □ L0174 – Cervical I			
			bilizer (Side: □ L □ R)		
		I			
MEDICAL INFORMATION	N				
ICD 10 (Diagnosis Code(s)):					
 ☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee 		☐ M25.531 - Pain in right wrist ☐ M19.072- Osteoarthritis Left Apkle			
 M17.11-Unilateral primary osteo M25.512-Pain in the left shoulded 	=	 ☐ M19.072- Osteoarthritis Left Ankle ☐ M19.071- Osteoarthritis Right Ankle 			
☐ M25.511-Pain in the right should		☐ M25.522 Pain i			
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain in right elbow			
□ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck					
Length of Need: ⊠ 12+ mor	nths (long term)	onths (1-11)			

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

GRETCHEN BOWLING, M.D.
PHYSICIAN NAME: _____

DATE

-13-111

Patient Name: BETTY REEVES

Patient Address: 558 MATSON RD JONESBOROUGH TN 37659

Patient Phone: 4239298241

Physician Name: **GRETCHEN BOWLING, M.D.**

Address: 101 MED TECH PKWY STE 100 JOHNSON CITY, TN

37604

Telephone: **423-794-1800** Fax: **423-794-1801**

Patient: **BETTY REEVES**Date of Birth: **09/11/37**Visit Date: **5 MONTHS AGO**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

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Patient Name:	BETTY REEVES	Date of Birth:	09/11/37	
Age:	86	Phone Number:	4239298241	
Address:	558 MATSON RD	City:	JONESBOROUGH	
State:	TN	Zip Code:	37659	
Gender:	FEMALE	Height:	4'1	
Weight:	150	Waist Size	10	

Patient Insurance

Provider: MEDICARE Member ID: 3XW8CG0WD28

Restina

- County		
Current Medication	ALEVE 1X A DAY	
Medical History	DIABETES	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **RESTING**

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 5 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR.** Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: GRETCHEN BOWLING, M.D.

Address: 101 MED TECH PKWY STE 100 JOHNSON CITY, TN 37604

Physician's Signature:

Date:

Patient Name: BETTY REEVES

Patient Address: 558 MATSON RD JONESBOROUGH TN 37659

Patient Phone: 4239298241

LETTER OF MEDICAL NECESSITY

Re: BETTY REEVES

Orthotic Device Need Assessment

Exam Date: 09/12/2024

Height: **4'1** Weight: **150** DOB: **09/11/37**

Ms REEVES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms REEVES reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms REEVES and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms REEVES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms REEVES** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY REEVES...... DOB: September 11, 1937

I, **GRETCHEN BOWLING**, **M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

gre*i CHEN BOWLING* Signature Date Signed 9-13-2024