RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
WILLIAMS	BARBARA			
LAST NAME	FIRST NAME	MI		
FEMALE	10/22/1957	7852497947/7852211527	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
2228 NW TAYLOR ST	ТОРЕКА	KS 66608		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
8CG5TH2EF68				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
RENJINI CHANDRA, MD		1831181619		
PHYSICIAN NAME		NPI #		
		913-914-1234		
7100 COLLEGE BLVD OVERLA	AND PARK KS 66210	PHONE NUMBER	_	
PRACTICE LOCATION		913-914-5454		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELECT	TON			
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:))) MEDIUM)) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R)	□ L3916 - Wrist Hand □ L3915 - Wrist Hand □ L1852 - Knee Brac □ L1851 - Knee Brac □ L1853 - Knee Brac □ L2397 - Knee Slee □ E0100 - Cane □ L2425 - Dial Lock H □ L2820 - Lower Extr □ L1906 / L1971 - Ar	remity Ortho skle Brace (Side: L R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied arthritis left knee arthritis right knee r	 M25.532- Pain ir M25.531 - Pain ir M19.072- Osteoa M19.071- Osteoa M25.522 Pain in M25.521 Pain in M54.2-Cervicalg 	n right wrist arthritis Left Ankle arthritis Right Ankle left elbow right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP**, **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

PHYSICIAN NAME:

DATE:

Patient Name: BARBARA WILLIAMS

Patient Address: 2228 NW TAYLOR ST TOPEKA KS 66608

Patient Phone: 7852497947/7852211527

Physician Name: RENJINI CHANDRA, MD

Address: 7100 COLLEGE BLVD OVERLAND PARK KS 66210

Telephone: 913-914-1234 Fax: 913-914-5454 Patient: BARBARA WILLIAMS Date of Birth: 10/22/1957 Visit Date: 09/26/2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BARBARA WILLIAMS	Date of Birth:	10/22/1957
Age:	66	Phone Number:	7852497947/7852211527
Address:	2228 NW TAYLOR ST	City:	ТОРЕКА
State:	кѕ	Zip Code:	66608
Gender:	FEMALE	Height:	5'0
Weight:	145	Waist Size	12

Patient Insurance

Provider:	MEDICARE	Member ID:	8CG5TH2EF68
-----------	----------	------------	-------------

Medications

Current Medication	ASPIRIN OXYCODONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a	a scale of 1-10 as the following: 8
-----------------------------------	-------------------------------------

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP, THROBBING

The activities that make the patient's pain worse is as follows: WALKING, STANDING

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 09/26/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP, THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP**, **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**, **STANDING**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: RENJINI CHANDRA, MD

Address: 7100 COLLEGE BLVD OVERLAND PARK KS 66210

Physician's Signature:

Date:

Patient Name: BARBARA WILLIAMS

Patient Address: 2228 NW TAYLOR ST TOPEKA KS 66608

Patient Phone: 7852497947/7852211527

LETTER OF MEDICAL NECESSITY

Re: BARBARA WILLIAMS Orthotic Device Need Assessment

Exam Date: 10/09/2024

Height: 5'0 Weight: 145 DOB: 10/22/1957

Ms WILLIAMS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE.

Ms WILLIAMS reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP, THROBBING with a pain scale of 8 and pain worsens with WALKING, STANDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms WILLIAMS and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON. EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC). MEDIAL-LATERAL AND ROTATION CONTROL. WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT. PREFABRICATED. OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is WALKING, STANDING, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms WILLIAMS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WILLIAMS continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA WILLIAMS...... DOB: October 22, 1957

I, RENJINI CHANDRA, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient of the prescribed treatment and device and verify that it is reasonably and medically necessary, to accepted standards of medical practice within the community, for this patient's medical condition.

RENJINI CHANDRA

Signature

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive