# **RX / MEDICAL NECESSITY FORM**

| PATIENT INFORMATION   |                     |   |  |  |  |
|---|---------------------|---|--|--|--|
| VITEK   | ALES                |   |  |  |  |
| LAST NAME   | FIRST NAME          | MI  |  |  |  |
| MALE  | 07/28/40            | 2394828538  | SHIPPING METHOD:   |  |  |
| GENDER  | DATE OF BIRTH       | PHONE NUMBER  | <ul><li> ☒ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul> |  |  |
| 2304 MCGREGOR PARK CIR  | FORT MYERS          | FL 33908  |  |  |  |
| ADDRESS   | CITY                | STATE & ZIPCODE   |  |  |  |
| INSURANCE INFORMATION   | ON                  |   |  |  |  |
| MEDICARE  |                     | SECONDARY INSURANCE   |  |  |  |
| PRIMARY INSURANCE   |                     | SECONDAIN INCOVANCE   |  |  |  |
| 5AR6XU0YN62   |                     | MEMBER ID   | MEMBER ID  |  |  |
| MEMBER ID   |                     |   |  |  |  |
| PHYSICIAN INFORMATIO  | N                   |   |  |  |  |
| ADRIANA LOUKANOVA, M.D.   |                     | 1144217456  |  |  |  |
| PHYSICIAN NAME  |                     | NPI #   |  |  |  |
|   |                     | 239-689-4036  |  |  |  |
| 6311 S POINTE BLVD STE 300 I  | FORT MYERS FL 33919 | PHONE NUMBER  |  |  |  |
| PRACTICE LOCATION   |                     | 239-689-4056  |  |  |  |
|   |                     | FAX NUMBER  |  |  |  |
| PRESCRIPTION SELECTI  | ON                  |   |  |  |  |
| PRESCRIPTION SELECTION         □ L3671 – Shoulder Brace (Side: □ L □ R) (Size: )         □ L3960 – Shoulder Brace (Side: □ L □ R) (Size: )         □ L3660 – Shoulder Brace (Side: □ L □ R) (Size: )         □ L0650 – Lumbar Brace (Waist: )         □ L0642 – Lumbar Brace (Waist: )         ☑ L0457 – Lumbar Brace (Waist: MEDIUM         □ L0648 – Lumbar Brace (Waist: )         □ E0100 – Electric Heat Pad         □ L1690 – Hip Brace (Side: □ L □ R) (Waist: )         □ L1686 – Hip Brace (Side: □ L □ R) (Waist: )         □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □ L3760 – Elbow Brace (Side: □ L □ R) |                     | □       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852 - Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R) |  |  |  |
|   |                     |   |  |  |  |
| MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  |                     |   |  |  |  |

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

ADRIANA LOUKANOVA, M.D.

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: ALES VITEK

Patient Address: 2304 MCGREGOR PARK CIR FORT MYERS FL 33908

Patient Phone: 2394828538

Physician Name: ADRIANA LOUKANOVA, M.D.

Address: 6311 S POINTE BLVD STE 300 FORT MYERS FL 33919

Telephone: **239-689-4036** Fax: **239-689-4056** 

Patient: ALES VITEK
Date of Birth: 07/28/40
Visit Date: A MONTH AGO
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

| i attent bemographics |                        |                |            |  |
|-----------------------|------------------------|----------------|------------|--|
| Patient Name:         | ALES VITEK             | Date of Birth: | 07/28/40   |  |
| Age:                  | 84                     | Phone Number:  | 2394828538 |  |
| Address:              | 2304 MCGREGOR PARK CIR | City:          | FORT MYERS |  |
| State:                | FL                     | Zip Code:      | 33908      |  |
| Gender:               | MALE                   | Height:        | 6'0        |  |
| Weight:               | 6'0                    | Waist Size     | м          |  |

#### **Patient Insurance**

| Provider: | MEDICARE | Member ID: | 5AR6XU0YN62 |
|-----------|----------|------------|-------------|
|-----------|----------|------------|-------------|

Resting

| resuing            |                     |
|--------------------|---------------------|
| Current Medication | METOPROLOL          |
| Medical History    | HIGH BLOOD PRESSURE |

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ADRIANA LOUKANOVA, M.D.

Address: 6311 S POINTE BLVD STE 300 FORT MYERS FL 33919

0rts-2024

Physician's Signature:

Date:

Patient Name: ALES VITEK

Patient Address: 2304 MCGREGOR PARK CIR FORT MYERS FL 33908

Patient Phone: 2394828538

#### LETTER OF MEDICAL NECESSITY

Re: ALES VITEK

Orthotic Device Need Assessment

Exam Date: 10/14/2024

Height: **6'0** Weight: **200** DOB: **07/28/40** 

Mr VITEK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr VITEK reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr VITEK and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr VITEK** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr VITEK** continue medical follow-up as part of an ongoing plan of care.

Re: ALES VITEK...... DOB: July 28, 1940

I, ADRIANA LOUKANOVA, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ADRIANA LÕUKANOVA, M.D.

Signature

Date Signed 5 - 2024