# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
WATSON	BETTY			
LAST NAME	FIRST NAME	MI		
FEMALE	03/21/49	7034946002	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
14230 FISHER AVE	WOODBRIDGE	VA 22191		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
1EE0N02VD24				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	DN			
LEANNE M. YANNI M.D		1245320894		
PHYSICIAN NAME		NPI#		
		8042856090		
2366 COLONY CROSSING PL	MIDLOTHIAN VA 23112	PHONE NUMBER		
PRACTICE LOCATION		8046398069		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
□       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: )         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		☑       L3916 – Wrist Har         ☐       L3915 - Wrist Har         ☐       L1852 – Knee Bra         ☐       L1833 / L1851 – H         ☐       L2397 – Knee Sle         ☐       E0100 – Cane         ☐       L2425 – Dial Lock         ☐       L2820 – Lower Ex         ☑       L1906 – Ankle Bra         ☐       L1971 – Ankle Bra         ☐       L0174 – Cervical	□       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         ☑       L1906 - Ankle Brace (Side: ☑ L ☑ R) (Shoe Size: 7.5)         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace	
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspecif  M17.12- Unilateral primary osteoa  M25.512-Pain in the left shoulder  M25.511-Pain in the right shoulder  M25.552- Pain in Left Hip  M25.551- Pain in Right Hip	ied arthritis left knee arthritis right knee	<ul><li></li></ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	
Length of Need: ⊠ 12+ mon	ths (long term)	onths (1-11)		

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

LEANNE M. YANNI M.D

DATE: 79-7029

Patient Name: BETTY WATSON

Patient Address: 14230 FISHER AVE WOODBRIDGE VA 22191

Patient Phone: 7034946002

Physician Name: LEANNE M. YANNI M.D Address: 2366 COLONY CROSSING PL MIDLOTHIAN VA 23112

Telephone: **8042856090** 

Fax: **8046398069** 

Patient: **BETTY WATSON**Date of Birth: **03/21/49**Visit Date: **July 2024** 

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BETTY WATSON	Date of Birth:	03/21/49
Age:	75	Phone Number:	7034946002
Address:	14230 FISHER AVE	City:	WOODBRIDGE
State:	VA	Zip Code:	22191
Gender:	FEMALE	Height:	5'3
Weight:	108	Waist Size	MEDIUM

#### **Patient Insurance**

Provider: ME	MEDICARE	Member ID:	1EE0N02VD24
--------------	----------	------------	-------------

# Medications

Current Medication	HIGH BLOOD PRESSURE PILL TYLENOL
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on July 2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

#### **Subjective Notes**

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532-Pain in left wrist, M25.531-Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

08-29-2029

Physician Information

Provider Name: LEANNE M. YANNI M.D

Address: 2366 COLONY CROSSING PL MIDLOTHIAN VA 23112

Physician's Signature:

Date:

Patient Name: **BETTY WATSON** 

Patient Address: 14230 FISHER AVE WOODBRIDGE VA 22191

Patient Phone: **7034946002** 

## LETTER OF MEDICAL NECESSITY

Re: BETTY WATSON

Orthotic Device Need Assessment

Exam Date: 08/28/2024

Height: 5'3 Weight: 108 DOB: 03/21/49

Ms WATSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms WATSON reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms WATSON and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms WATSON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WATSON continue medical follow-up as part of an ongoing plan of care.

Re: BETTY WATSON...... DOB: March 21, 1949

I, LEANNE M. YANNI M.D, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

NE M. YANNI M.D