RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
соок	ALICE			
LAST NAME	FIRST NAME	MI		
FEMALE	05/06/1940	9195565960	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
200 N MAIN ST	ROLESVILLE	NC 27571		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ON			
MEDICARE PRIMARY INSURANCE	_	SECONDARY INSURANCE		
6HM9FY1NN40				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
AMY SHIPLEY MD		1467402024		
PHYSICIAN NAME		NPI#		
		9195707700		
11200 GOVERNOR MANLY WA	Y SUITE 205 RALEIGH NC 27614	PHONE NUMBER		
PRACTICE LOCATION		9195707700		
		FAX NUMBER		
DDECODIDATION OF LECT	TON.			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size) □ L3760 - Elbow Brace (Side: □ L □ R) □ L3170 - Heel Stabilizer (Side: □ L □ R)		d Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: MEDIUM) ce (Side: □ L □ R) (Size: MEDIUM) ce (Side: □ L □ R) (Size:) ce (Size: MEDIUM) (Qty: 2) Hinge ROM tremity Ortho nkle Brace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	I			
M54.50- Low back pain, unspecified M17.12- Unilateral primary osteoarthritis left knee M17.11-Unilateral primary osteoarthritis right knee M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip Length of Need: 12+ months (long term) # of months			in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

AMY SHIPLEY MD

_ PHYSICIAN NAME: __

DATE -09-2029

Patient Name: ALICE COOK

Patient Address: 200 N MAIN ST ROLESVILLE NC 27571

Patient Phone: 9195565960

Physician Name: AMY SHIPLEY MD

Address: 11200 GOVERNOR MANLY WAY SUITE 205 RALEIGH

NC 27614

Telephone: 9195707700 Fax: 9195707700 Patient: ALICE COOK Date of Birth: 05/06/1940 Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	ALICE COOK	Date of Birth:	05/06/1940
Age:	84	Phone Number:	9195565960
Address:	200 N MAIN ST	City:	ROLESVILLE
State:	NC	Zip Code:	27571
Gender:	FEMALE	Height:	4'11
Weight:	110	Waist Size	s

Patient Insurance

Provider:	MEDICARE	Member ID:	6HM9FY1NN40
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A MONTH AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A MONTH located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AMY SHIPLEY MD

Address: 11200 GOVERNOR MANLY WAY SUITE 205 RALEIGH NC 27614

Physician's Signature:

Date:

Patient Name: ALICE COOK

Patient Address: 200 N MAIN ST ROLESVILLE NC 27571

Patient Phone: 9195565960

LETTER OF MEDICAL NECESSITY

Re: ALICE COOK

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: **4'11** Weight: **110** DOB: **05/06/1940**

Ms COOK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Ms COOK reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with LIFTING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms COOK and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is LIFTING, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms COOK** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms COOK** continue medical follow-up as part of an ongoing plan of care.

Re: ALICE COOK...... DOB: May 06, 1940

I, AMY SHIPLEY MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

AMY SHIPLEY MD Signature Date Signed: 197-09-2014

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive