# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
TONEY	FRIEDA				
LAST NAME	FIRST NAME	MI			
FEMALE	05/05/1946	4402129371	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>		
6610 LEAR NAGLE RD #134	NORTH RIDGEVILLE	OH 44039			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
5U62YG9KM24		MENDED ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION	DN .				
BRANT HOLTZMEIER D.O.		1760460356			
PHYSICIAN NAME		NPI #			
		440-808-8620			
25651 DETROIT RD STE 304 W	ESTLAKE OH 44145	PHONE NUMBER			
PRACTICE LOCATION		440-899-4372			
		FAX NUMBER			
PRESCRIPTION SELECTION         □ L3671 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: )         □ L0642 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: )					
□ L0642 – Lumbar Brace (Waist: □ L0457 – Lumbar Brace (Waist: L □ L0648 – Lumbar Brace (Waist: L	ARGE	☐ <b>L1833</b> – Knee Br	ace (Side: D L R) (Size: ) eeve (Size: ) (Qty: )		
□ <b>E0100</b> – Electric Heat Pad		□ <b>E0100</b> – Cane	. , , , ,		
□ L1690 – Hip Brace (Side: □ L □ R) (Waist: ) □ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>L2425</b> − Dial Loc □ <b>L2820</b> − Lower E	xtremity Ortho		
☐ L2624 – Hip Joint Adjustable Fle ☐ L3760 – Elbow Brace (Side: ☐	exion, Extension (Side: □ L □ R) L □ R)	☐ <b>L1971</b> — Ankle Bi☐ <b>L0174</b> — Cervical	race (Side:		
		-			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	ried arthritis left knee arthritis right knee		n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow		
Length of Need: X 12+ mon	ths (long term) $\Box$ # of mo	onths (1-11)			

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

BRANT HOLTZMEIER D.O.

PHYSICIAN NAME:

Patient Name: FRIEDA TONEY

Patient Address: 6610 LEAR NAGLE RD #134 NORTH RIDGEVILLE OH 44039

Patient Phone: 4402129371

Physician Name: BRANT HOLTZMEIER D.O.

Address: 25651 DETROIT RD STE 304 WESTLAKE OH 44145

Telephone: **440-808-8620** Fax: **440-899-4372** 

Patient: FRIEDA TONEY Date of Birth: 05/05/1946 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	FRIEDA TONEY	Date of Birth:	05/05/1946
Age:	78	Phone Number:	4402129371
Address:	6610 LEAR NAGLE RD #134	City:	NORTH RIDGEVILLE
State:	ОН	Zip Code:	44039
Gender:	FEMALE	Height:	5'2
Weight:	180	Waist Size	L

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	5U62YG9KM24
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### Medications

Current Medication	DIABETES PILL, LOSARTAN
Medical History	DIABETES, HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level

# **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: BRANT HOLTZMEIER D.O.

Address: 25651 DETROIT RD STE 304 WESTLAKE OH 44145

Physician's Signature:

Date:

Patient Name: FRIEDA TONEY

Patient Address: 6610 LEAR NAGLE RD #134 NORTH RIDGEVILLE OH 44039

Patient Phone: 4402129371

#### LETTER OF MEDICAL NECESSITY

Re: FRIEDA TONEY

Orthotic Device Need Assessment

Exam Date: 08/31/2024

Height: 5'2 Weight: 180 DOB: 05/05/1946

Ms TONEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms TONEY reports chronic Back pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with WALKING. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms TONEY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms TONEY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms TONEY continue medical follow-up as part of an ongoing plan of care.

Re: FRIEDA TONEY...... DOB: May 05, 1946

I, BRANT HOLTZMEIER D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed 9 - 03 - 2024