# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I			
RACELES	ВЕТТҮ			
LAST NAME	FIRST NAME	MI		
FEMALE	02/12/53	7603590205	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
208 NOFFSINGER RD	NILAND	CA 92257		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
2CP1E03NU35				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
YONG TAN, MD		1083771489		
PHYSICIAN NAME		NPI #		
		7603518696		
751 WEST LEGION ROAD, SU	ITE 102 BRAWLEY, CA 92227	PHONE NUMBER		
PRACTICE LOCATION	·	7605450253		
		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIU         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM)         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)         □ L0457 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2)         □ E0100 - Electric Heat Pad       □ L2425 - Dial Lock Hinge ROM         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2820 - Lower Extremity Ortho         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1974 - Cervical Brace         □ L3760 - Elbow Brace (Side: □ L □ R)       □ L174 - Cervical Brace         □ L174 - Cervical Brace       □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: ⊠ L ⊠ R) (Size: MEDIUM)  nd Finger (Side: □ L □ R) (Size: )  nce (Side: ⊠ L ⊠ R) (Size: MEDIUM)  nce (Side: □ L □ R) (Size: )  nce (Side: □ L □ R) (Size: )  nce (Size: MEDIUM) (Qty: 2)  nce (Size: MEDIUM) (Qty: 2)  nce (Side: □ L □ R) (Shoe Size: )  nce (Side: □ L □ R) (Shoe Size: 7)  nce (Side: ⊠ L ⊠ R) (Shoe Size: 7)  Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified oarthritis left knee oarthritis right knee er	<ul> <li>         M19.071- Oste         <ul> <li></li></ul></li></ul>	i in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE**, **BOTH WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribin indicated and necessary and consistent with current acce	, ,	
PHYSICIAN SIGNATURE:		AN, MD DATE:
PHYSICIAN SIGNATURE.	PHYSICIAN NAME.	D9-17-204
/ 1/		0.1.

Patient Name: BETTY RACELES

Patient Address: 208 NOFFSINGER RD NILAND CA 92257

Patient Phone: 7603590205

Physician Name: YONG TAN, MD

Address: 751 WEST LEGION ROAD, SUITE 102 BRAWLEY, CA

92227

Telephone: 7603518696 Fax: 7605450253

Patient: BETTY RACELES Date of Birth: 02/12/53 Visit Date: 2 MONTHS AGO Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BETTY RACELES	Date of Birth:	02/12/53
Age:	71	Phone Number:	7603590205
Address:	208 NOFFSINGER RD	City:	NILAND
State:	CA	Zip Code:	92257
Gender:	FEMALE	Height:	5'3
Weight:	140	Waist Size	м

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2CP1E03NU35	

# Medications

Current Medication	TYLENOL TRAMADOL ASPIRIN
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 MONTHS AGO

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE, BOTH ANKLE, **BOTH WRIST** 

#### Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE**, **BOTH WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name: YONG TAN, MD

Address: 751 WEST LEGION ROAD, SUITE 102 BRAWLEY, CA 92227

Physician's Signature:

Date:

Patient Name: **BETTY RACELES** 

Patient Address: 208 NOFFSINGER RD NILAND CA 92257

Patient Phone: **7603590205** 

# LETTER OF MEDICAL NECESSITY

Re: BETTY RACELES

Orthotic Device Need Assessment

Exam Date: 09/16/2024

Height: **5'3** Weight: **140** DOB: **02/12/53** 

Ms RACELES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST.

Ms RACELES reports chronic LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms RACELES and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST requiring stabilization for improvement of functionality. I am prescribing this LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST. My treatment goal(s) for the use of the prescribed LEFT KNEE, RIGHT KNEE, BOTH WRIST orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms RACELES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms RACELES** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY RACELES...... DOB: February 12, 1953

I, YONG TAN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: <u>D9 -17 -</u> WW

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive