RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
GRIVAS	GEORGE			
LAST NAME	FIRST NAME	MI		
MALE	06/16/1941	7325832282	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 	
463 LLOYD RD	ABERDEEN	NJ 07747		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION MEDICARE SECONDARY INSURANCE				
PRIMARY INSURANCE 7DF3H54CT87				
MEMBER ID		MEMBER ID		
WEWBERTB				
PHYSICIAN INFORMATION	ON			
VINCENT CATANESE, M.D.		1699755801		
PHYSICIAN NAME		NPI#		
		732-264-8484		
733 N BEERS ST HOLMDEL NJ 07733		PHONE NUMBER		
PRACTICE LOCATION		732-264-4324		
		FAX NUMBER		
PRESCRIPTION SELECTION □ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) ☑ L0457 - Lumbar Brace (Waist: 46		□ L3761 − Elbow Brace (Side: □ L □ R) (Size:) □ L3916 − Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 · Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852− Knee Brace (Side: □ L □ R) (Size:) □ L1851 − Knee Brace (Side: □ L □ R) (Size:) □ L1833 − Knee Brace (Side: □ L □ R) (Size:)		
□ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1680 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)		Hinge ROM tremity Ortho ace (Side: □ L □ R) (Shoe Size:) ace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):				

MEDICAL HISTORY

Previous treatments: TAKING TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

VINCENT CATANESE, M.D.

PHYSICIAN NAME: _____

09/21/2024 12:24 PM VINCENT CATANESE, M.D. P. 003 / 005

ADDICKS MEDICAL SUPPLY

Patient Name: GEORGE GRIVAS

Patient Address: 463 LLOYD RD ABERDEEN NJ 07747

Patient Phone: 7325832282

Physician Name: VINCENT CATANESE, M.D. Address: 733 N BEERS ST HOLMDEL NJ 07733

Telephone: **732-264-8484** Fax: **732-264-4324**

Patient: GEORGE GRIVAS Date of Birth: 06/16/1941 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	GEORGE GRIVAS	Date of Birth:	06/16/1941
Age:	83	Phone Number:	7325832282
Address:	463 LLOYD RD	City:	ABERDEEN
State:	NJ	Zip Code:	07747
Gender:	MALE	Height:	6'0
Weight:	235	Waist Size	46

Patient Insurance

Medications

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

7-21-2029

Physician Information

Provider Name: VINCENT CATANESE, M.D.

Address: 733 N BEERS ST HOLMDEL NJ 07733

Physician's Signature:

Date:

Patient Name: GEORGE GRIVAS

Patient Address: 463 LLOYD RD ABERDEEN NJ 07747

Patient Phone: 7325832282

LETTER OF MEDICAL NECESSITY

Re: GEORGE GRIVAS

Orthotic Device Need Assessment

Exam Date: 09/20/2024

Height: 6'0 Weight: 235 DOB: 06/16/1941

Mr GRIVAS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr GRIVAS reports chronic Back pain for SEVERAL YEARS. Patient states pain is DULL with a pain scale of 6 and pain worsens with BENDING. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr GRIVAS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr GRIVAS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr GRIVAS continue medical follow-up as part of an ongoing plan of care.

Re: GEORGE GRIVAS...... DOB: June 16, 1941

I, VINCENT CATANESE, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 19 - 21 - 2024