RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION RODGERS CHARLES INSTANCE PRET NAME PRET NAME OTT2811938 3523470618 PRIONE RUBBER GENORE DATE OF DERTH TY598 SE 108TH TER SUMMERFIELD INSURANCE INFORMATION MEDICARE PHYSICIAN INFORMATION CLARISSA ABRANTES, MD CLARISS | | | | | |
|--|---|---|--|---|--|
| DESTRUME | PATIENT INFORMATION | ON | | | |
| MALE | RODGERS | CHARLES | | | |
| MALE | LAST NAME | FIRST NAME | MI | | |
| SHIP TO PATIENTS PHYSICAN CLINIC T7588 SE 108TH TER | MALE | 07/28/1938 | 3523470616 | | |
| INSURANCE INFORMATION | GENDER | DATE OF BIRTH | PHONE NUMBER | | |
| NSURANCE INFORMATION | 17598 SE 108TH TER | SUMMERFIELD | FL 34491 | | |
| MEDICARE PRIMARY INSURANCE | ADDRESS | CITY | STATE & ZIPCODE | | |
| PRIMARY INSURANCE | INSURANCE INFORMA | ATION | | | |
| MEMBER ID MEMB | MEDICARE | | | | |
| PHYSICIAN INFORMATION | PRIMARY INSURANCE | | SECONDARY INSURANCE | | |
| Description Selectic Processing Proc | 4VY7AR9GF42 | | MEMBER ID | _ | |
| STATINGHWAY 466 STE 200 LADY LAKE FL 32159 | MEMBER ID | | | | |
| PRESCRIPTION SELECTION | PHYSICIAN INFORMA | TION | | | |
| 3523505130 | CLARISSA ABRANTES, MD | | 1578773917 | | |
| PRACTICE LOCATION | PHYSICIAN NAME | | NPI # | | |
| PRESCRIPTION SELECTION | | | 3523505130 | | |
| Description | 871 HIGHWAY 466 STE 200 | LADY LAKE FL 32159 | PHONE NUMBER | | |
| L3671 - Shoulder Brace (Side: L R) (Size:) | PRACTICE LOCATION | | 3523501684 | | |
| L3671 - Shoulder Brace (Side: □ L R) (Size:) | | | FAX NUMBER | | |
| L3671 - Shoulder Brace (Side: L R) (Size:) | | | | | |
| L3671 - Shoulder Brace (Side: □ L R) (Size:) | | | | | |
| L3960 - Shoulder Brace (Side: R) (Size:) L3916 - Wrist Hand Finger (Side: R) (Size:) L3660 - Shoulder Brace (Side: R) (Size:) L3915 - Wrist Hand Finger (Side: R) (Size:) L3915 - Wrist Hand Finger (Side: R) (Size:) L3915 - Wrist Hand Finger (Side: R) (Size:) L1852 - Knee Brace (Side: R) (Size:) L1852 - Knee Brace (Side: R) (Size:) L1851 - Knee Brace (Side: R) (Size:) L1851 - Knee Brace (Side: | PRESCRIPTION SELE | CTION | | | |
| ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecified | □ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ E0100 - Cane □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2425 - Dial Lock Hinge ROM □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe S | | Hand Finger (Side: L R) (Size:) Hand Finger (Side: L R) (Size:) Brace (Side: L R) (Size:) Sleeve (Size:) (Qty:) ock Hinge ROM Extremity Ortho Brace (Side: L R) (Shoe Size:) Brace (Side: L R) (Shoe Size:) cal Brace | | |
| ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecified | | | 1 | | |
| □ M25.552- Pain in Left Hip □ M25.551 Pain in right elbow □ M25.551- Pain in Right Hip □ M54.2-Cervicalgia Pain neck Length of Need: ☑ 12+ months (long term) □ # of months (1-11) | ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unsp M17.12- Unilateral primary os M17.11-Unilateral primary os M25.512-Pain in the left shot M25.511-Pain in the right shot M25.552- Pain in Left Hip M25.551- Pain in Right Hip | pecified steoarthritis left knee teoarthritis right knee ilder pulder | ☐ M25.531 - P☐ M19.072- O☐ M19.071- O☐ M25.522 Pa☐ M25.521 Pa☐ M54.2-Cerv | Pain in right wrist steoarthritis Left Ankle steoarthritis Right Ankle iin in left elbow iin in right elbow | |

MEDICAL HISTORY

Previous treatments: TAKING TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY AND SHARP** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

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|--|--|------------------------------------|------|
| PHYSICIAN SIGNATURE | | | |
| | | | |
| Physician Verification: By my signature Lam prescri | hing the items listed above and certifying that the above-prescri | hed item(s) is medically | |
| indicated and accommond as a state of the control of | bing the items listed above and certifying that the above-prescril exepted standards of medical practice and treatment of this pation | and the miles of the same differen | |
| indicated and necessary and consistent with durrent ac | scepted standards of medical practice and treatment of this patie | ent's physical condition. | |
| / / X |) | | 1 . |
| | CLARISSA ABRANTES, MD | 1802 | 10/1 |
| DUNG GUAL GUALLET | | (ブルン | 75 |
| PHYSICIAN SIGNATURE: | PHYSICIAN NAME: | DATE: | |

Patient Name: CHARLES RODGERS

Patient Address: 17598 SE 108TH TER SUMMERFIELD FL 34491

Patient Phone: 3523470616

Physician Name: CLARISSA ABRANTES, MD

Address: 871 HIGHWAY 466 STE 200 LADY LAKE FL 32159

Telephone: **3523505130** Fax: **3523501684**

Patient: CHARLES RODGERS
Date of Birth: 07/28/1938
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

Clinical Summary

Patient Demographics

| Patient Name: | CHARLES RODGERS | Date of Birth: | 07/28/1938 |
|---------------|--------------------|----------------|-------------|
| Age: | 86 | Phone Number: | 3523470616 |
| Address: | 17598 SE 108TH TER | City: | SUMMERFIELD |
| State: | FL | Zip Code: | 34491 |
| Gender: | MALE | Height: | 6'0 |
| Weight: | 250 | Waist Size | 42 |

Patient Insurance

| Provider: MEDICARE | Member ID: | 4VY7AR9GF42 |
|--------------------|------------|-------------|
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Medications

| mediodions | |
|--------------------|-------------------------------|
| Current Medication | METOPROLOL, TYLENOL, WARFARIN |
| Medical History | NONE |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: ACHY AND SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY AND SHARP** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY AND SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CLARISSA ABRANTES, MD

Address: 871 HIGHWAY 466 STE 200 LADY LAKE FL 32159

Physician's Signature:

Date:

Patient Name: CHARLES RODGERS

Patient Address: 17598 SE 108TH TER SUMMERFIELD FL 34491

Patient Phone: 3523470616

LETTER OF MEDICAL NECESSITY

Re: CHARLES RODGERS

Orthotic Device Need Assessment

Exam Date: 09/23/2024

Height: 6'0 Weight: 250 DOB: 07/28/1938

Mr RODGERS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr RODGERS reports chronic Back pain for A YEAR. Patient states pain is ACHY AND SHARP with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr RODGERS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr RODGERS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr RODGERS** continue medical follow-up as part of an ongoing plan of care.

Re: CHARLES RODGERS...... DOB: JULY 28, 1938

I, CLARISSA ABRANTES, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CLARISSA ABRANTES

Signature

Date Signed 23 21