# **RX / MEDICAL NECESSITY FORM**

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PATIENT INFORMATIO	N			
QUART	STEVEN			
LAST NAME	FIRST NAME	MI		
MALE	04/26/1947	2486440468	SHIPPING METHOD:  ⊠ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
4275 MEADOWLANE DR	BLOOMFIELD HILLS	MI 48304		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
3HD4UQ1NR93		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	ION			
MICHAEL SIMPSON, MD	ION	1245208321		
PHYSICIAN NAME		1243208321 ————————————————————————————————————		
		2482675000		
		PHONE NUMBER		
4600 INVESTMENT DR STE 3	00 TROY MI 48098	2482675001		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELEC	TION			
☐ L3671 – Shoulder Brace (Side L3960 – Shoulder Brace (Side	, ,	□ L3761 – Elbow Brace (Side: □ L □ R) (Size: )		
☐ L3660 – Shoulder Brace (Side		<ul> <li>L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )</li> <li>L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )</li> </ul>		
□ L0650 – Lumbar Brace (Waist		□ L1852- Knee Brace (Side: □ L □ R) (Size: ) □ L1851 - Knee Brace (Side: □ L □ R) (Size: )		
<ul><li>□ L0642 – Lumbar Brace (Waist</li><li>□ L0457 – Lumbar Brace (Waist</li></ul>			Brace (Side: □ L □ R) (Size: )  Brace (Side: □ L □ R) (Size: )	
□ <b>L0648</b> – Lumbar Brace (Waist			Sleeve (Size: ) (Qty: )	
□ E0100 – Electric Heat Pad	□ <b>D</b> ) (W : )	□ <b>E0100</b> – Cane	LUI DOM	
<ul> <li>□ L1690 - Hip Brace (Side: □ L</li> <li>□ L1686 - Hip Brace (Side: □ L</li> </ul>		☐ <b>L2425</b> – Dial Lo ☐ <b>L2820</b> – Lower	=	
. ,	Flexion, Extension (Side: □ L □ R)		Brace (Side: ☐ L ☐ R) (Shoe Size: )	
□ L3760 – Elbow Brace (Side:	□ L □ R)		Brace (Side: ☐ L ☐ R) (Shoe Size: )	
		□ <b>L0174</b> – Cervic □ <b>L317</b> 0 – Heel S		
		L3170 - Reel S	ttabilizer (Side: □ L □ R)	
MEDICAL INFORMATION	ON .			
ICD 10 (Diagnosis Code(s)):				
			ain in left wrist	
<ul><li>M17.12- Unilateral primary oste</li><li>M17.11-Unilateral primary oste</li></ul>		☐ M25.531 - P ☐ M19.072- Os	ain in right wrist steoarthritis Left Ankle	
☐ M25.512-Pain in the left should	=		steoarthritis Right Ankle	
☐ M25.511-Pain in the right shou	llder	☐ M25.522 Pai		
☐ M25.552- Pain in Left Hip		☐ M25.521 Pai		
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervi	calgia Pain neck	
Length of Need:   □ 12+ months (long term) □ # of months (1-11)				

#### **MEDICAL HISTORY**

**Previous treatments: NONE** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE.

MICHAEL SIMPSON, MD
PHYSICIAN NAME: \_\_\_\_\_

DATE 0 02 2024

Patient Name: STEVEN QUART

Patient Address: 4275 MEADOWLANE DR BLOOMFIELD HILLS MI 48304

Patient Phone: 2486440468

Physician Name: MICHAEL SIMPSON, MD

Address: 4600 INVESTMENT DR STE 300 TROY MI 48098

Telephone: **2482675000** Fax: **2482675001** 

Patient: STEVEN QUART Date of Birth: 04/26/1947 Visit Date: WITHIN 12 MONTHS Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	STEVEN QUART	Date of Birth:	04/26/1947
Age:	77	Phone Number:	2486440468
Address:	4275 MEADOWLANE DR	City:	BLOOMFIELD HILLS
State:	мі	Zip Code:	48304
Gender:	MALE	Height:	6'3
Weight:	175	Waist Size	32

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3HD4UQ1NR93
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#### Medications

Current Medication	NONE
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: MICHAEL SIMPSON, MD

Address: 4600 INVESTMENT DR STE 300 TROY MI 48098

Physician's Signature:

Patient Name: STEVEN QUART

Patient Address: 4275 MEADOWLANE DR BLOOMFIELD HILLS MI 48304

Patient Phone: 2486440468

#### LETTER OF MEDICAL NECESSITY

Re: STEVEN QUART

Orthotic Device Need Assessment

Exam Date: 10/01/2024

Height: 6'3 Weight: 175 DOB: 04/26/1947

Mr QUART is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr QUART reports chronic Back pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr QUART and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr QUART has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr QUART continue medical follow-up as part of an ongoing plan of care.

Re: STEVEN QUART...... DOB: APRIL 26, 1947

I. MICHAEL SIMPSON, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 15 02 2024