RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
JORDAN	JESSE				
LAST NAME	FIRST NAME	MI			
MALE	04/06/1959	8623066771	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
80 NORMAN RD	NEWARK	NJ 07106			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION MEDICARE	ON				
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
2AC0MW6CT04		MEMBER ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO	N				
ALEXANDER SALERNO, MD		1962476903			
PHYSICIAN NAME		NPI #			
		973-672-8573			
613 PARK AVE EAST ORANGE	NJ 07017	PHONE NUMBER			
PRACTICE LOCATION		973-676-4099 / 888-412-1759			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	ION				
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)					
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: PHYSICAL THERAPY AND TAKING MEDICATION

Doctor's Notes: The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR, ACCIDENT** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURES

ALEXANDER SALERNO, MD

DATE:9-17-202

Patient Name: JESSE JORDAN

Patient Address: 80 NORMAN RD NEWARK NJ 07106

Patient Phone: 8623066771

Physician Name: **ALEXANDER SALERNO, MD** Address: 613 PARK AVE EAST ORANGE NJ 07017

Telephone: 973-672-8573 Fax: 973-676-4099 / 888-412-1759 Patient: JESSE JORDAN
Date of Birth: 04/06/1959
Visit Date: WITHIN 12 MONTHS
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	JESSE JORDAN	Date of Birth:	04/06/1959
Age:	65	Phone Number:	8623066771
Address:	80 NORMAN RD	City:	NEWARK
State:	NJ	Zip Code:	07106
Gender:	MALE	Height:	5'11
Weight:	172	Waist Size	36

Patient Insurance

Provider:	MEDICARE	Member ID:	2AC0MW6CT04
-----------	----------	------------	-------------

Medications

Current Medication	TYLENOL ADVIL IBUPROFEN 3X A DAY	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: PHYSICAL THERAPY AND TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: BENDING AND STANDING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR, ACCIDENT

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

Subjective Notes

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR**, **ACCIDENT** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING AND STANDING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALEXANDER SALERNO, MD

Address: 613 PARK AVE EAST ORANGE NJ 07017

Physician's Signature:

Patient Name: **JESSE JORDAN**

Patient Address: 80 NORMAN RD NEWARK NJ 07106

Patient Phone: 8623066771

89^{te:} 17 - 2024

LETTER OF MEDICAL NECESSITY

Re: JESSE JORDAN

Orthotic Device Need Assessment

Exam Date: 09/17/2024

Height: **5'11** Weight: **172** DOB: **04/06/1959**

Mr JORDAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Mr JORDAN reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with BENDING AND STANDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr JORDAN and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ELBOW orthosis for the following indication(s): to aid when the patient is BENDING AND STANDING, to aid in stabilization of the WRIST, ELBOW. My treatment goal(s) for the use of the prescribed WRIST, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr JORDAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr JORDAN** continue medical follow-up as part of an ongoing plan of care.

Re: JESSE JORDAN...... DOB: April 06, 1959

I, **ALEXANDER SALERNO**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ALEXANDER SALERNO,

Signature