RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
COUCH	RONALD			
LAST NAME	FIRST NAME	MI		
MALE	11/28/1953	5134680473	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
809 CHARLES ST	TRENTON	OH 45067		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
3U05J55YV74				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	DN .			
DENNIS ANTHONY, M.D.		1396784963		
PHYSICIAN NAME		NPI#		
		513-893-1100		
5964 GOLF CLUB LN HAMILTO	N OH 45011	PHONE NUMBER		
PRACTICE LOCATION		513-893-1128	513-893-1128	
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: □ L0642 - Lumbar Brace (Waist: □ L0457 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) □ R) (Waist:) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1971 − Ankle Brac □ L1906 − Ankle Brac □ L0174 − Cervical E	remity Ortho ce (Side: □ L □ R) (Shoe Size:) ce (Side: □ L □ R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee rthritis right knee	☐ M25.532- Pain i☐ M25.531 - Pain i☐ M19.072- Ostec☐ M19.071- Ostec☐ M25.522 Pain ir☐ M25.521 Pain ir☐ M54.2-Cervicalo	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	
Length of Need: □ 12+ mon	ths (long term)	nths (1-11)		

MEDICAL HISTORY

Previous treatments: PERCOCET

Doctor's Notes: The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNAT

DENNIS ANTHONY, M.D.

Patient Name: RONALD COUCH

Patient Address: 809 CHARLES ST TRENTON OH 45067

Patient Phone: 5134680473

Physician Name: **DENNIS ANTHONY**, M.D. Address: 5964 GOLF CLUB LN HAMILTON OH 45011

Telephone: 513-893-1100 Fax: 513-893-1128

Patient: RONALD COUCH Date of Birth: 11/28/1953 Visit Date: July 2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	RONALD COUCH	Date of Birth:	11/28/1953
Age:	71	Phone Number:	5134680473
Address:	809 CHARLES ST	City:	TRENTON
State:	он	Zip Code:	45067
Gender:	MALE	Height:	5'6
Weight:	145	Waist Size	31

Patient Insurance

Provider: MEDICARE Member ID: 3U05J55YV74	
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Medications

Current Medication	PERCOCET
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: PERCOCET

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on July 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described THROBBING and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: WALKING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **DENNIS ANTHONY, M.D.**

Address: 5964 GOLF CLUB LN HAMILTON OH 45011

Physician's Signature:

Date:

Patient Name: RONALD COUCH

Patient Address: 809 CHARLES ST TRENTON OH 45067

Patient Phone: 5134680473

LETTER OF MEDICAL NECESSITY

Re: RONALD COUCH

Orthotic Device Need Assessment

Exam Date: 10/10/2024

Height: 5'6 Weight: 145 DOB: 11/28/1953

Mr COUCH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr COUCH reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr COUCH and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. **Mr COUCH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr COUCH** continue medical follow-up as part of an ongoing plan of care.

Re: RONALD COUCH...... DOB: November 28, 1953

I, DENNIS ANTHONY, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed | - | - 1004

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive