# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I			
TREADWELL	CAROLYN			
LAST NAME	FIRST NAME	MI		
FEMALE	04/09/42	7063712258	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
267 EAGLE HEIGHTS	CANON	GA 30520		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
6G76AW3PH42		MENDED ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
JODON GARRINGER		1568482099		
PHYSICIAN NAME		NPI #		
		7063763957		
229 ATHENS ST HARTWELL,	GA 30643	PHONE NUMBER		
PRACTICE LOCATION		7063763158		
		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ			
L3670 - Shoulder Brace (Side:         L3960 - Shoulder Brace (Side:         L3660 - Shoulder Brace (Side:         L0650 - Lumbar Brace (Waist:         L0642 - Lumbar Brace (Waist:         L0457 - Lumbar Brace (Waist:         L0648 - Lumbar Brace (Waist:         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □         L1686 - Hip Brace (Side: □         L2624 - Hip Joint Adjustable Fl         L3760 - Elbow Brace (Side: □	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) □ R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 · Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	tremity Ortho ace (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li></ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	
Length of Need: ⊠ 12+ more	nths (long term)   ——# of mo	onths (1-11)		

# **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

JODON GARRINGER

PHYSICIAN NAME:

D**19-/3-10**V4

Patient Name: CAROLYN TREADWELL

Patient Address: 267 EAGLE HEIGHTS CANON GA 30520

Patient Phone: 7063712258

Physician Name: JODON GARRINGER Address: 229 ATHENS ST HARTWELL, GA 30643

Telephone: 7063763957 Fax: 7063763158

Patient: CAROLYN TREADWELL Date of Birth: 04/09/42 Visit Date: 6 WEEKS AGO Reason for visit: CHECK-UP

# Clinical Summary

**Patient Demographics** 

Patient Name:	CAROLYN TREADWELL	Date of Birth:	04/09/42
Age:	82	Phone Number:	7063712258
Address:	267 EAGLE HEIGHTS	City:	CANON
State:	GA	Zip Code:	30520
Gender:	FEMALE	Height:	5'1
Weight:	121	Waist Size	SMALL

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	6G76AW3PH42
Provider:	MEDICARE	Member ID:	6G76AW3PH42

#### Medications

Current Medication	ASPIRIN
Medical History	HIGH BLOOD PRESSURE HIGH BLOOD SUGAR

# **Medical Diagnosis**

The pain	ievei was indicated on a	a scale of 1-10 as the follow	ing. <i>I</i>	
The patie	nt's pain started on or a	around A YEAR		

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 6 WEEKS AGO

# Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 7. The following activities make the patient's pain worse: BENDING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

09-13-2024

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: JODON GARRINGER

Address: 229 ATHENS ST HARTWELL, GA 30643

Physician's Signature:

Date:

Patient Name: CAROLYN TREADWELL

Patient Address: 267 EAGLE HEIGHTS CANON GA 30520

Patient Phone: **7063712258** 

# LETTER OF MEDICAL NECESSITY

Re: CAROLYN TREADWELL Orthotic Device Need Assessment

Exam Date: 09/12/2024

Height: 5'1 Weight: 121 DOB: 04/09/42

Ms TREADWELL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms TREADWELL reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms TREADWELL and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms TREADWELL has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms TREADWELL continue medical follow-up as part of an ongoing plan of care.

Re: CAROLYN TREADWELL...... DOB: April 09, 1942

I, JODON GARRINGER, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of

medical practice within the community, for this patient's medical condition.

ODON CARRINGER

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive