# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION						
JOHNSON	BILLIE					
LAST NAME	FIRST NAME	MI				
FEMALE	06/05/1947	5758409176	SHIPPING METHOD:			
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>			
201 SHERRILL LN UNIT 136	ROSWELL	NM 88201				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATI	ON		1			
MEDICARE		SECONDARY INSURANCE				
PRIMARY INSURANCE		WENTED ID				
2MH4R66ND07  MEMBER ID		MEMBER ID				
IVILIVIDENTID						
PHYSICIAN INFORMATION	DN					
AMMAR MUSHTAQ, MD		1902459704				
PHYSICIAN NAME		NPI#				
		5756279500				
400 MILITARY HEIGHTS PL RO	SWELL NM 88201	PHONE NUMBER				
PRACTICE LOCATION		5756279535				
		FAX NUMBER				
PRESCRIPTION SELECT	DDESCRIPTION SELECTION					
L3671 - Shoulder Brace (Side:		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852- Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)				
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):						

### **MEDICAL HISTORY**

Previous treatments: HEATING PADS, ICE PACKS

**Doctor's Notes:** The patient reports chronic **Back** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

AMMAR MUSHTAQ, MD

PHYSICIAN NAME: \_\_\_\_\_

Patient Name: BILLIE JOHNSON

Patient Address: 201 SHERRILL LN UNIT 136 ROSWELL NM 88201

Patient Phone: **5758409176** 

Physician Name: AMMAR MUSHTAQ, MD

Address: 400 MILITARY HEIGHTS PL ROSWELL NM 88201

Telephone: **5756279500** Fax: **5756279535** 

Patient: BILLIE JOHNSON Date of Birth: 06/05/1947 Visit Date: WITHIN 12 MONTHS Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

ration beingraphics				
Patient Name:	BILLIE JOHNSON	Date of Birth:	06/05/1947	
Age:	77	Phone Number:	5758409176	
Address:	201 SHERRILL LN UNIT 136	City:	ROSWELL	
State:	NM	Zip Code:	88201	
Gender:	FEMALE	Height:	5'3	
Weight:	107	Waist Size	SMALL	

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2MH4R66ND07
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### **Medications**

Current Medication	GABAPENTIN
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around 3 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: HEATING PADS, ICE PACKS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

10-10-2024

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AMMAR MUSHTAQ, MD

Address: 400 MILITARY HEIGHTS PL ROSWELL NM 88201

Physician's Signature:

Date:

Patient Name: BILLIE JOHNSON

Patient Address: 201 SHERRILL LN UNIT 136 ROSWELL NM 88201

Patient Phone: 5758409176

### LETTER OF MEDICAL NECESSITY

Re: BILLIE JOHNSON

Orthotic Device Need Assessment

Exam Date: 10/11/2024

Height: 5'3 Weight: 107 DOB: 06/05/1947

Ms JOHNSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms JOHNSON reports chronic Back pain for 3 YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms JOHNSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms JOHNSON has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms JOHNSON continue medical follow-up as part of an ongoing plan of care.

Re: BILLIE JOHNSON...... DOB: JUNE 05, 1947

I. AMMAR MUSHTAQ, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, b accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 - 10 - 2014