RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
PITTMAN	CHERYL		
LAST NAME	FIRST NAME	MI	
FEMALE	01/05/1947	8648954320	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
333 SAM LANGLEY RD	TRAVELERS REST	SC 29690	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	DN		
MEDICARE		SECONDARY INSURANCE	
PRIMARY INSURANCE		SECONDART INSURANCE	
7YX1JV2VP08		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATIO	N		
SUDHIRKUMAR PATEL M.D.		1962590539	
PHYSICIAN NAME		NPI #	
		8645226200	
1208 AUGUSTA ST GREENVILL	E SC 29605	PHONE NUMBER	
PRACTICE LOCATION		8645226205	
		FAX NUMBER	
PRESCRIPTION SELECTION	ON		
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0457 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE) □ L0457 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size: LARGE) □ L0457 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: LARGE) (Qty: 2) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L2820 - Lower Extremity Ortho □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1996 - Ankle Brace (Side: □ L □ R) (Shoe Size: 9) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: L1970 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size: LARGE) nd (Side: □ L □ R) (Size:) nd (Side: □ L □ R) (Size:) nd (Side: □ L □ R) (Size:) nd (Side: □ L □ R) (Shoe Size: 9) nd (Side: □ L □ R) (Shoe Size:) nd (Side: □ L □ R) (Shoe Size:) nd (Side: □ L □ R) (Shoe Size:) nd (Side: □ L □ R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): ☐ M54.50- Low back pain, unspecific ☐ M17.12- Unilateral primary osteoa ☐ M25.512-Pain in the left shoulder ☐ M25.511-Pain in the right shoulder	rthritis left knee thritis right knee		in right wrist oarthritis Left Ankle oarthritis Right Ankle
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip☐ Length of Need: ☐ 12+ month		☐ M25.521 Pain i	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE**, **RIGHT ANKLE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: SUDHIRKUMAR PATEL M.D.

DATE: 08-19-201

Patient Name: CHERYL PITTMAN

Patient Address: 333 SAM LANGLEY RD TRAVELERS REST SC 29690

Patient Phone: 8648954320

Physician Name: **SUDHIRKUMAR PATEL M.D.**Address: 1208 AUGUSTA ST GREENVILLE SC 29605

Telephone: 8645226200 Fax: 8645226205 Patient: CHERYL PITTMAN Date of Birth: 01/05/1947 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CHERYL PITTMAN	Date of Birth:	01/05/1947
Age:	77	Phone Number:	8648954320
Address:	333 SAM LANGLEY RD	City:	TRAVELERS REST
State:	sc	Zip Code:	29690
Gender:	FEMALE	Height:	5'6
Weight:	170	Waist Size	L

Patient Insurance

Provider:	MEDICARE	Member ID:	7YX1JV2VP08
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Medications

Current Medication	IBUPROFEN
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, LEFT ANKLE, RIGHT ANKLE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE, LEFT ANKLE, RIGHT ANKLE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE**, **RIGHT ANKLE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of 5 and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE, LEFT ANKLE, RIGHT ANKLE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE**, **RIGHT ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SUDHIRKUMAR PATEL M.D.

Address: 1208 AUGUSTA ST GREENVILLE SC 29605

Physician's Signature:

Date:

Patient Name: CHERYL PITTMAN

Patient Address: 333 SAM LANGLEY RD TRAVELERS REST SC 29690

Patient Phone: 8648954320

LETTER OF MEDICAL NECESSITY

Re: CHERYL PITTMAN

Orthotic Device Need Assessment

Exam Date: 08/29/2024

Height: **5'6** Weight: **170** DOB: **01/05/1947**

Ms PITTMAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE**, **RIGHT ANKLE**.

Ms PITTMAN reports chronic LEFT KNEE, RIGHT KNEE, LEFT ANKLE, RIGHT ANKLE pain for A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Ms PITTMAN and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, LEFT ANKLE, RIGHT ANKLE requiring stabilization for improvement of functionality. I am prescribing this KNEE, ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE, ANKLE. My treatment goal(s) for the use of the prescribed KNEE, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms PITTMAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms PITTMAN** continue medical follow-up as part of an ongoing plan of care.

Re: CHERYL PITTMAN...... DOB: January 05, 1947

I, **DR. SUDHIRKUMAR PATEL M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 08-29-2014

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive