# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
SMITH	BARBARA		
LAST NAME	FIRST NAME		
FEMALE	11/08/42	9012706725	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>
212 NONCONNAH DR	BYHALIA	MS 38611	
ADDRESS	CITY	STATE & ZIPCODE	
INCUDANCE INFORMAT	ON		
INSURANCE INFORMATI	ON		
MEDICARE	_	SECONDARY INSURANCE	_
PRIMARY INSURANCE  3J24VG1EU86			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
PAUL JAY KATZ, MD		1497753131	
PHYSICIAN NAME		NPI #	
		9015253086	
6401 POPLAR AVE SUITE 400	MEMPHIS, TN 38119	PHONE NUMBER	
PRACTICE LOCATION		9015250844	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
PRESCRIPTION SELECT			
<ul><li>□ L3670 - Shoulder Brace (Side: I</li><li>□ L3960 - Shoulder Brace (Side: I</li></ul>			ace (Side: $\Box$ L $\Box$ R) (Size: ) d Finger (Side: $\Box$ L $\Box$ R) (Size: )
□ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist:			d Finger (Side: □ L □ R) (Size: ) be (Side: ⊠ L ⊠ R) (Size: <b>LARGE</b> )
□ <b>L0642 –</b> Lumbar Brace (Waist:	)	☐ <b>L1833</b> – Knee Brad	ce (Side: □ L □ R) (Size: )
□ L0457 – Lumbar Brace (Waist: L0648 – Lumbar Brace (Waist:		<ul><li>✓ L2397 – Knee Slee</li><li>✓ E0100 – Cane</li></ul>	eve (Size: LARGE) (Qty: 2)
□ <b>E0100</b> – Electric Heat Pad		☐ <b>L2425</b> – Dial Lock	=
<ul> <li>L1690 - Hip Brace (Side: □ L I</li> <li>L1686 - Hip Brace (Side: □ L I</li> </ul>		□ <b>L2820</b> – Lower Ext □ <b>L1971</b> – Ankle Bra	remity Ortno ce (Side:   L   R) (Shoe Size: )
<ul><li>L2624 - Hip Joint Adjustable Fle</li><li>L3760 - Elbow Brace (Side: □</li></ul>	exion, Extension (Side:   R)	□ <b>L1906</b> – Ankle Brad □ <b>L0174</b> – Cervical B	ce (Side: □ L □ R) (Shoe Size: )
L L3700 - Libow Brace (Gide. L			ilizer (Side:   R)
		1	
MEDICAL INFORMATION	l		
ICD 10 (Diagnosis Code(s)):  ☐ M54.50- Low back pain, unspecif	hai	☐ M25.532- Pain i	n left wriet
<ul> <li>M17.12- Unilateral primary osteo</li> </ul>		☐ M25.531 - Pain	
<ul><li></li></ul>	<del>-</del>		arthritis Left Ankle arthritis Right Ankle
☐ M25.511-Pain in the right should		☐ M25.522 Pain in	left elbow
<ul><li>□ M25.552- Pain in Left Hip</li><li>□ M25.551- Pain in Right Hip</li><li>□ M25.551- Pain in Right Hip</li><li>□ M54.2-Cervicalgia Pain in Neck</li></ul>			
			,
Length of Need: ⊠ 12+ mon	ths (long term)   — # of mo	nths (1-11)	

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, ham prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

HYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

PAUL JAY KATZ, MD

DATA 01/28

Patient Name: BARBARA SMITH

Patient Address: 212 NONCONNAH DR BYHALIA MS 38611

Patient Phone: 9012706725

Physician Name: PAUL JAY KATZ, MD

Address: 6401 POPLAR AVE SUITE 400 MEMPHIS, TN 38119

Telephone: **9015253086** Fax: **9015250844** 

Patient: BARBARA SMITH Date of Birth: 11/08/42 Visit Date: August 27, 2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BARBARA SMITH	Date of Birth:	11/08/42
Age:	81	Phone Number:	9012706725
Address:	212 NONCONNAH DR	City:	BYHALIA
State:	MS	Zip Code:	38611
Gender:	FEMALE	Height:	5'7
Weight:	210	Waist Size	EXTRA LARGE

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3J24VG1EU86	

#### Medications

Current Medication	HIGHBLOOD PRESSURE PILLS 1X A DAYTYLENOL AS NEEDED GABAPENTINE 2X A DAY ETODOLAC 2X A DAY
Medical History	HIGHBLOOD PRESSURE AND ARTHRITIS NUEROPATHY

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on August 27, 2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

### **Subjective Notes**

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: PAUL JAY KATZ, MD

Address: 6401 POPLAR AVE SUITE 400 MEMPHIS, TN 38119

Physician's Signature:

Date

Patient Name: BARBARA SMITH

Patient Address: 212 NONCONNAH DR BYHALIA MS 38611

Patient Phone: 9012706725

#### LETTER OF MEDICAL NECESSITY

Re: BARBARA SMITH

Orthotic Device Need Assessment

Exam Date: 09/30/2024

Height: **5'7** Weight: **210** DOB: **11/08/42** 

Ms SMITH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms SMITH reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms SMITH and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SMITH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SMITH** continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA SMITH...... DOB: November 08, 1942

I, PAUL JAY KATZ, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

01/2019

Cianadha

Date Signed

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive