RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
SINGLETON	LEROY				
LAST NAME	FIRST NAME	MI			
MALE	10/08/1941	9798263606	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
616 7TH ST	HEMPSTEAD	TX 77445			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
1GP6DE9RF83					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO	N				
DALJIT MUTTIANA, MD		1386624542			
PHYSICIAN NAME		NPI #			
		281-357-5700			
355 SCHOOL ST STE 101 TOME	ALL TX 77375	PHONE NUMBER			
PRACTICE LOCATION	7.22 17.11010	281-357-8822			
		FAX NUMBER			
PRESCRIPTION SELECTI	ON	1			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)					
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	 M25.532- Pain M25.531 - Pain M19.072- Oster M19.071- Oster M25.522 Pain i M25.521 Pain i M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: EXERCISE

Doctor's Notes: The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

DALJIT MUTTIANA, MD
PHYSICIAN NAME:

DA (27)-23-2624

Patient Name: LEROY SINGLETON

Patient Address: 616 7TH ST HEMPSTEAD TX 77445

Patient Phone: 9798263606

Physician Name: DALJIT MUTTIANA, MD

Address: 355 SCHOOL ST STE 101 TOMBALL TX 77375

Telephone: **281-357-5700** Fax: **281-357-8822**

Patient: LEROY SINGLETON Date of Birth: 10/08/1941 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	LEROY SINGLETON	Date of Birth:	10/08/1941
Age:	82	Phone Number:	9798263606
Address:	616 7TH ST	City:	HEMPSTEAD
State:	тх	Zip Code:	77445
Gender:	MALE	Height:	6'3
Weight:	215	Waist Size	38

Patient Insurance

Provider: Member ID: 1GP6DE9RF83	Provider:	MEDICARE	Member ID:	1GP6DE9RF83
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Medications

Current Medication	DIABETES PILL
Medical History	DIABETES (TYPE 2)

Medical Diagnosis

The patient's pain started on or around 2 YEARS

The surgery addressed the following: NA

The pain is experienced **CONSTANTLY**

The patient has attempted the following previous treatments/therapies: EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532-Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: DALJIT MUTTIANA, MD

Address: 355 SCHOOL ST STE 101 TOMBALL TX 77375

Physician's Signature:

Patient Name: LEROY SINGLETON

Date: 67-23-2624

Patient Address: 616 7TH ST HEMPSTEAD TX 77445

Patient Phone: 9798263606

LETTER OF MEDICAL NECESSITY

Re: LEROY SINGLETON

Orthotic Device Need Assessment

Exam Date: 09/23/2024

Height: 6'3 Weight: 215 DOB: 10/08/1941

Mr SINGLETON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Mr SINGLETON reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for 2 YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Mr SINGLETON and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr SINGLETON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr SINGLETON** continue medical follow-up as part of an ongoing plan of care.

Re: LEROY SINGLETON...... DOB: OCTOBER 08, 1941

I, DALJIT MUTTIANA, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

DALJET MUTTIANA, MD Signature Date Signed: <u>(7)-23</u>-2624