## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
DAVIS	BARBARA		
LAST NAME	FIRST NAME	MI	
FEMALE	01/01/1939	7047308701	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
117 WRIGHT RD	KINGS MOUNTAIN	NC 28086	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE			_
PRIMARY INSURANCE		SECONDARY INSURANCE	
5JW8PM8GR49		MEMBER ID	
MEMBER ID		WEWBER ID	
PHYSICIAN INFORMATIO	N		
JULIA SALUKE, MD		1154340537	
PHYSICIAN NAME		NPI#	
		7047301228	
214 CLEVELAND AVE KINGS M	DUNTAIN NC 28086	PHONE NUMBER	
PRACTICE LOCATION		7047301231	
		FAX NUMBER	
PRESCRIPTION SELECTI	ON		
□       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3761 - Elbow Brace (Side: □ L □ R) (Size: )       □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )       □       L1833 - Knee Brace (Side: □ L □ R) (Size: )       □       L1833 - Knee Brace (Side: □ L □ R) (Size: )       □       L2397 - Knee Sleeve (Size: MEDIUM)       □       L2397 - Knee Sleeve (Size: MEDIUM)       □       L2397 - Knee Sleeve (Size: MEDIUM)       □       L2425 - Dial Lock Hinge ROM       □       □       L2425 - Dial Lock Hinge ROM       □       □       L2820 - Lower Extremity Ortho       □       L3916 - Ankle Brace (Side: □ L □ R) (Shoe Size: )       □       L1917 - Ankle Brace (Side: □ L			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M25.532- Pain i☐ M25.531 - Pain i☐ M25.531 - Pain i☐ M19.072- Ostec☐ M19.071- Ostec☐ M25.522 Pain i☐ M25.521 Pain i☐ M54.2-Cervical €	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

## **MEDICAL HISTORY**

**Previous treatments: IBUPROFEN** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

JULIA SALUKE, MD

PHYSICIAN NAME:

Patient Name: BARBARA DAVIS

Patient Address: 117 WRIGHT RD KINGS MOUNTAIN NC 28086

Patient Phone: 7047308701

Physician Name: JULIA SALUKE, MD

Address: 214 CLEVELAND AVE KINGS MOUNTAIN NC 28086

Telephone: 7047301228 Fax: 7047301231

Patient: BARBARA DAVIS Date of Birth: 01/01/1939 Visit Date: APRIL 17, 2024 Reason for visit: CHECK-UP

## **Clinical Summary**

Patient Demographics

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Patient Name:	BARBARA DAVIS	Date of Birth:	01/01/1939
Age:	85	Phone Number:	7047308701
Address:	117 WRIGHT RD	City:	KINGS MOUNTAIN
State:	NC	Zip Code:	28086
Gender:	FEMALE	Height:	5`4
Weight:	132	Waist Size	М

## **Patient Insurance**

#### **Medications**

Current Medication	IBUPROI	FEN
Medical History	NONE	

## **Medical Diagnosis**

The pain level	was indicated on a scale of 1-10 as the following: 7	
The natient's n	ain started on or around MORE THAN A VEAR	

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: IBUPROFEN

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on APRIL 17, 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 7. The following activities make the patient's pain worse: BENDING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

**ICD 10 (Diagnostic Codes)** 

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: JULIA SALUKE, MD

Address: 214 CLEVELAND AVE KINGS MOUNTAIN NC 28086

Physician's Signature:

Date:

Patient Name: BARBARA DAVIS

Patient Address: 117 WRIGHT RD KINGS MOUNTAIN NC 28086

Patient Phone: 7047308701

## LETTER OF MEDICAL NECESSITY

Re: BARBARA DAVIS

Orthotic Device Need Assessment

Exam Date: 10/08/2024

Height: 5`4 Weight: 132 DOB: 01/01/1939

Ms DAVIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms DAVIS reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms DAVIS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms DAVIS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms DAVIS continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA DAVIS...... DOB: January 01, 1939

I, JULIA SALUKE, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed 5 - 59 - 104

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive