RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I			
LEE	• CLARIESE			
LAST NAME	FIRST NAME			
FEMALE	11/28/49	5805042874	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☒ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC 	
630 NORTHWEST AVE	ARDMORE	OK 73401		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
9D69N37TV21				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
RYAN SCHAFER, D.O.		1780650606		
PHYSICIAN NAME				
		5802235432		
800 ISABEL ST ARDMORE, O	K 73401	PHONE NUMBER		
PRACTICE LOCATION		5802236076		
		FAX NUMBER		
PRESCRIPTION SELECT	ΓΙΟΝ			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		☑ L3916 – Wrist Han ☐ L3915 - Wrist Han ☐ L1852 – Knee Brad ☐ L1833 / L1851 – K ☐ L2397 – Knee Slee ☐ E0100 – Cane ☐ L2425 – Dial Lock ☐ L2820 – Lower Ext ☑ L1906 – Ankle Bra ☐ L1971 – Ankle Bra ☐ L0174 – Cervical Ext		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspector M17.12- Unilateral primary ostector M25.512-Pain in the left shoulded M25.511-Pain in the right shoulded M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ified oarthritis left knee oarthritis right knee er		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	
Length of Need: ⊠ 12+ mo	nths (long term) — # of mo	nths (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

RYAN SCHAFER, D.O.

PHYSICIAN NAME: _____

Patient Name: CLARIESE LEE

Patient Address: 630 NORTHWEST AVE ARDMORE OK 73401

Patient Phone: 5805042874

Physician Name: RYAN SCHAFER, D.O. Address: 800 ISABEL ST ARDMORE, OK 73401

Telephone: **5802235432** Fax: **5802236076**

Patient: CLARIESE LEE
Date of Birth: 11/28/49
Visit Date: A FEW MONTHS AGO
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CLARIESE LEE	Date of Birth:	11/28/49
Age:	74	Phone Number:	5805042874
Address:	630 NORTHWEST AVE	City:	ARDMORE
State:	ок	Zip Code:	73401
Gender:	FEMALE	Height:	4'9 1/2
Weight:	133	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	9D69N37TV21
-----------	----------	------------	-------------

Medications

Current Medication	GLIPIZIDE METFORMIN
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on A FEW MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

Subjective Notes

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071-Osteoarthritis Right Ankle, M19.072-Osteoarthritis Left Ankle, M25.532-Pain in left wrist, M25.531-Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: RYAN SCHAFER, D.O.

Address: 800 ISABEL ST ARDMORE, OK 73401

Physician's Signature:

Date:

Patient Name: CLARIESE LEE

Patient Address: 630 NORTHWEST AVE ARDMORE OK 73401

Patient Phone: **5805042874**

LETTER OF MEDICAL NECESSITY

Re: CLARIESE LEE

Orthotic Device Need Assessment

Exam Date: 09/17/2024

Height: **4'9 1/2** Weight: **133** DOB: **11/28/49**

Ms LEE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms LEE reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms LEE and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is WALKING, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms LEE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms LEE** continue medical follow-up as part of an ongoing plan of care.

Re: CLARIESE LEE...... DOB: November 28, 1949

I, RYAN SCHAFER, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

RIAN SCHAPE, D.O.

Date Signed 9 - 18 - 20 29