# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
MC CORMICK	ANN				
LAST NAME	FIRST NAME	MI			
FEMALE	11/28/36	8059696079	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ☑ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul>		
133 LA VUELTA RD	SANTA BARBARA	CA 93108			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION					
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
9AJ1C26TP27		MEMBER ID			
MEMBER ID		MEMBER 15			
DUVOIOLAN INFORMATIO					
PHYSICIAN INFORMATION DR. JAMES KWAKO, MD	JN	1396784567			
PHYSICIAN NAME		NPI#			
		8055653959			
1805 E CABRILLO BLVD STE D SANTA BARBARA CA 93108		PHONE NUMBER			
PRACTICE LOCATION	O CANTA DARBARA CA 30100	8055653959			
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: 26 INCHES         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 · Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852 - Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)			
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MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

## **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

DR. JAMES KWAKO, MD

\_\_ PHYSICIAN NAME: \_\_\_\_\_

10 - 09 - 2024

Patient Name: ANN MC CORMICK

Patient Address: 133 LA VUELTA RD SANTA BARBARA CA 93108

Patient Phone: 8059696079

Physician Name: DR. JAMES KWAKO, MD

Address: 1805 E CABRILLO BLVD STE D SANTA BARBARA CA

93108

Telephone: **8055653959** Fax: **8055653959** 

Patient: ANN MC CORMICK Date of Birth: 11/28/36 Visit Date: A MONTH AGO Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ANN MC CORMICK	Date of Birth:	11/28/36	
Age:	87	Phone Number:	8059696079	
Address:	133 LA VUELTA RD	City:	SANTA BARBARA	
State:	CA	Zip Code:	93108	
Gender:	FEMALE	Height:	5'3	
Weight:	102	Waist Size	26 INCHES	

## **Patient Insurance**

Provider: MEDICARE Member ID: 9AJ1C26TP27
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Resting

Current Medication	NONE
Medical History	NONE

# Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: **RESTING** 

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back** 

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR.** Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: DR. JAMES KWAKO, MD

Address: 1805 E CABRILLO BLVD STE D SANTA BARBARA CA 93108

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Physician's Signature:

Date:

Patient Name: ANN MC CORMICK

Patient Address: 133 LA VUELTA RD SANTA BARBARA CA 93108

Patient Phone: 8059696079

#### LETTER OF MEDICAL NECESSITY

Re: ANN MC CORMICK

Orthotic Device Need Assessment

Exam Date: 10/08/2024

Height: **5'3** Weight: **102** DOB: **11/28/36** 

Ms MC CORMICK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms MC CORMICK reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MC CORMICK and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MC CORMICK** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MC CORMICK** continue medical follow-up as part of an ongoing plan of care.

Re: ANN MC CORMICK...... DOB: November 28, 1936

I, **DR. JAMES KWAKO**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

R. JAMES KWAKO, MD

Signature

Date Signed: 10 - 09 - 2014