RX / MEDICAL NECESSITY FORM

PATIENT INFORMA	ATION			
SMITH	CONNIE			
LAST NAME	FIRST NAME	MI		
FEMALE	05/18/43	2088522877	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
52 N 2ND W	PRESTON	ID 83263		
	CITY	STATE & ZIPCODE		
ADDRESS		STATE & ZIPCODE		
INSURANCE INFO	RMATION			
MEDICARE		SECONDARY INSURANCE	<u></u>	
PRIMARY INSURANCE		SECONDART INSURANCE		
6CW6MA1JQ70		MEMBER ID		
MEMBER ID				
PHYSICIAN INFOR	MATION			
AVERY JEFFERS, MD	WATION	1386083764		
PHYSICIAN NAME		NPI #		
FITTOIOIAICTO		2088520137		
47 N 1ST E PRESTON I	D 83263	PHONE NUMBER		
PRACTICE LOCATION		2088521295		
		FAX NUMBER		
□ L3960 - Shoulder Brace □ L3660 - Shoulder Brace □ L0650 - Lumbar Brace □ L0642 - Lumbar Brace □ L0457 - Lumbar Brace □ L0648 - Lumbar Brace □ L0648 - Lumbar Brace □ L1690 - Hip Brace (Sic	ce (Side: L R) (Size:) e (Waist:) e (Waist:) e (Waist: XL e (Waist:) Pad de: L R) (Waist:) de: L R) (Waist:) stable Flexion, Extension (Side: L R)	L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852- Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORM ICD 10 (Diagnosis Code				
	, unspecified arry osteoarthritis left knee ary osteoarthritis right knee t shoulder ht shoulder dip	□ M19.072- Os□ M19.071- Os□ M25.522 Pair□ M25.521 Pair	ain in right wrist steoarthritis Left Ankle steoarthritis Right Ankle in in left elbow	
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)				

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic Back pain for OVER A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced DAILY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with chrent accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

AVERY JEFFERS, MD

Patient Name: CONNIE SMITH

Patient Address: 52 N 2ND W PRESTON ID 83263

Patient Phone: 2088522877

Physician Name: AVERY JEFFERS, MD Address: 47 N 1ST E PRESTON ID 83263

Telephone: 2088520137 Fax: 2088521295 Patient: CONNIE SMITH Date of Birth: 05/18/43 Visit Date: A MONTH AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

r dient Bemograpmos				
Patient Name:	CONNIE SMITH	Date of Birth:	05/18/43	
Age:	81	Phone Number:	2088522877	
Address:	52 N 2ND W	City:	PRESTON	
State:	ID	Zip Code:	83263	
Gender:	FEMALE	Height:	5'8	
Weight:	200	Waist Size	XL	

Patient Insurance

Provider:	MEDICARE	Member ID:	6CW6MA1JQ70
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Resting

Current Medication	TYLENOL	
Medical History	ARTHRITIS, DIABETES AND HIGH BLOOD PRESSURE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: AVERY JEFFERS, MD

Address: 47 N 1ST E PRESTON ID 83263

Physician's Signature:

Date:

Patient Name: CONNIE SMITH

Patient Address: 52 N 2ND W PRESTON ID 83263

Patient Phone: 2088522877

LETTER OF MEDICAL NECESSITY

Re: CONNIE SMITH

Orthotic Device Need Assessment

Exam Date: 09/30/2024

Height: **5'8** Weight: **200** DOB: **05/18/43**

Ms SMITH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms SMITH reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms SMITH and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SMITH** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SMITH** continue medical follow-up as part of an ongoing plan of care.

Re: CONNIE SMITH...... DOB: May 18, 1943

I, AVERY JEFFERS, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 | 6 | 24