RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N			
HUNT	PEGGIE			
LAST NAME	FIRST NAME	MI		
FEMALE	11/22/1953	9102764720	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
17000 BARNES DR	LAURINBURG	NC 28352		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
1DK2U54MM86				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
MUHAMMAD IQBAL, MD		1356547491		
PHYSICIAN NAME		NPI#		
		9102762100		
422 S KING ST LAURINBURG	NC 28352	PHONE NUMBER		
PRACTICE LOCATION		9102762111		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELEC	TION			
□ L3670 - Shoulder Brace (Side L3960 - Shoulder Brace (Side L3660 - Shoulder Brace (Side L0650 - Lumbar Brace (Waist L0642 - Lumbar Brace (Waist L0457 - Lumbar Brace (Waist L0648 - Lumbar Brace (Waist L0648 - Lumbar Brace (Waist E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L1686 - Hip Brace (Side: □ L3760 - Elbow Brace (Side: □	::	□ L3916 − Wrist Har □ L3915 − Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	$content$ tremity Ortho ace (Side: \Box L \Box R) (Shoe Size:) ace (Side: \Box L \Box R) (Shoe Size:)	
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified soarthritis left knee oarthritis right knee ler		n in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE: PHYSICIAN NAME: DATE: DATE:

Patient Name: PEGGIE HUNT

Patient Address: 17000 BARNES DR LAURINBURG NC 28352

Patient Phone: 9102764720

Physician Name: MUHAMMAD IQBAL, MD Address: 422 S KING ST LAURINBURG NC 28352

Telephone: 9102762100 Fax: 9102762111 Patient: **PEGGIE HUNT**Date of Birth: **11/22/1953**Visit Date: **09/16/2024**Reason for visit: **CHECK-UP**

Clinical Summary

Patient Demographics

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Patient Name:	PEGGIE HUNT	Date of Birth:	11/22/1953
Age:	70	Phone Number:	9102764720
Address:	17000 BARNES DR	City:	LAURINBURG
State:	NC	Zip Code:	28352
Gender:	FEMALE	Height:	5'6
Weight:	191	Waist Size	12

Patient Insurance

Medications

Current Medication	ALEVE TYLENOL
Medical History	DIABETES HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10	
The patient's pain started on or around MORE THAN A YEAR	

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 09/16/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MUHAMMAD IQBAL, MD

Address: 422 S KING ST LAURINBURG NC 28352

Physician's Signature:

Date:

Patient Name: PEGGIE HUNT

09-16-2019

Patient Address: 17000 BARNES DR LAURINBURG NC 28352

Patient Phone: 9102764720

LETTER OF MEDICAL NECESSITY

Re: PEGGIE HUNT

Orthotic Device Need Assessment

Exam Date: 09/24/2024

Height: 5'6 Weight: 191 DOB: 11/22/1953

Ms HUNT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms HUNT reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms HUNT and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HUNT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HUNT** continue medical follow-up as part of an ongoing plan of care.

Re: PEGGIE HUNT...... DOB: November 22, 1953

I, MUHAMMAD IQBAL, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MUHAMMAD IQBAL, MD

Date Signed:

701-16-2029

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive