RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | I | | | |
|--|---------------|--|---|--|
| NEFF | BARBARA | | | |
| LAST NAME | FIRST NAME | MI | | |
| FEMALE | 02/01/1946 | 5404595118 | SHIPPING METHOD: | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | ☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC | |
| 637 VETTER LN | WOODSTOCK | VA 22664 | | |
| ADDRESS | CITY | STATE & ZIPCODE | | |
| | | | | |
| INSURANCE INFORMAT | TION | | | |
| MEDICARE | | SECONDARY INSURANCE | | |
| PRIMARY INSURANCE | | SECONDARY INSURANCE | | |
| 7EJ3ME5HX84 | | MEMBER ID | | |
| MEMBER ID | | WENGER | | |
| PHYSICIAN INFORMATI | ON | | | |
| CLAUDIA METHVIN, MD | | 1508871237 | | |
| PHYSICIAN NAME | | NPI# | | |
| | | 540-459-7757 | | |
| 227 S MAIN ST WOODSTOCK | VA 22664 | PHONE NUMBER | | |
| PRACTICE LOCATION | | 540-459-7971 | | |
| | | FAX NUMBER | | |
| | | | | |
| PRESCRIPTION SELEC | TION | | | |
| ☐ L3671 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side: | , , , | | race (Side: ☐ L ☐ R) (Size:) | |
| ☐ L3660 – Shoulder Brace (Side: | , , | L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) | | |
| L0650 – Lumbar Brace (Waist: | • | | ace (Side: 🗆 L 🗆 R) (Size:) | |
| □ L0642 – Lumbar Brace (Waist:□ L0457 – Lumbar Brace (Waist: | • | | ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) | |
| □ L0648 – Lumbar Brace (Waist: | | | eeve (Size:) (Qty:) | |
| □ E0100 – Electric Heat Pad | | □ E0100 – Cane | | |
| ☐ L1690 – Hip Brace (Side: ☐ L | | ☐ L2425 – Dial Loc | <u> </u> | |
| □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) | | □ L2820 – Lower E □ L1906 – Ankle Br | xtremity Ortho race (Side: □ L □ R) (Shoe Size:) | |
| L2624 – Hip Joint Adjustable FL3760 – Elbow Brace (Side: □ | | | race (Side: \Box L \Box R) (Shoe Size:) | |
| | . = = ., | □ L0174 – Cervical | | |
| | | | | |
| | | | | |
| MEDICAL INFORMATIO | N | | | |
| ICD 10 (Diagnosis Code(s)): | | _ | | |
| | | ☐ M25.532- Pair | | |
| M17.12- Unilateral primary osteoarthritis left knee | | ☐ M25.531 - Pail | n in right wrist eoarthritis Left Ankle | |
| ☐ M17.11-Unilateral primary osteoarthritis right knee ☐ M25.512-Pain in the left shoulder | | | eoarthritis Right Ankle | |
| ☐ M25.511-Pain in the right should | | ☐ M25.522 Pain | = | |
| ☐ M25.552- Pain in Left Hip | | ☐ M25.521 Pain | | |
| ☐ M25.551- Pain in Right Hip | | ☐ M54.2-Cervica | ılgia Pain neck | |
| Length of Need: □ 12+ months (long term) □ # of months (1-11) | | | | |

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:__

CLAUDIA METHVIN, MD

• PHYSICIAN NAME: _____

D

9 - 17 - 20U

Patient Name: BARBARA NEFF

Patient Address: 637 VETTER LN WOODSTOCK VA 22664

Patient Phone: 5404595118

Physician Name: CLAUDIA METHVIN, MD Address: 227 S MAIN ST WOODSTOCK VA 22664

Telephone: **540-459-7757** Fax: **540-459-7971**

Patient: BARBARA NEFF Date of Birth: 02/01/1946 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

| Tationt Domographico | | | |
|----------------------|---------------|----------------|------------|
| Patient Name: | BARBARA NEFF | Date of Birth: | 02/01/1946 |
| Age: | 78 | Phone Number: | 5404595118 |
| Address: | 637 VETTER LN | City: | WOODSTOCK |
| State: | VA | Zip Code: | 22664 |
| Gender: | FEMALE | Height: | 5'5 |
| Weight: | 145 | Waist Size | 30 |

Patient Insurance

| Provider: | | MEDICARE | Member ID: | 7EJ3ME5HX84 |
|-----------|--|----------|------------|-------------|
|-----------|--|----------|------------|-------------|

Medications

| Current Medication | TYLENOL ASPIRIN |
|--------------------|-----------------|
| Medical History | NONE |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: **DULL**

The activities that make the patient's pain worse is as follows: **SITTING**

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **SITTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CLAUDIA METHVIN, MD

Address: 227 S MAIN ST WOODSTOCK VA 22664

- 17 - 2024

Physician's Signature:

Date:

Patient Name: BARBARA NEFF

Patient Address: 637 VETTER LN WOODSTOCK VA 22664

Patient Phone: 5404595118

LETTER OF MEDICAL NECESSITY

Re: BARBARA NEFF

Orthotic Device Need Assessment

Exam Date: 09/17/2024

Height: 5'5 Weight: 145 DOB: 02/01/1946

Ms NEFF is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms NEFF reports chronic Back pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 8 and pain worsens with SITTING. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms NEFF and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is SITTING, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms NEFF has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms NEFF** continue medical follow-up as part of an ongoing plan of care.

Re: BARBARA NEFF...... DOB: February 01, 1946

I, CLAUDIA METHVIN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

Date Signed: 17 - 2014