RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
WORLEY	ALICE			
LAST NAME	FIRST NAME	MI		
FEMALE	05/11/42	3368771034	SHIPPING METHOD: ⊠ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
551 CRANBERRY SPRINGS	FLEETWOOD	NC 28626		
RD	CITY	STATE & ZIPCODE		
ADDRESS				
INSURANCE INFORMATI	ON			
MEDICARE	_	SECONDARY INSURANCE		
PRIMARY INSURANCE				
9Y57WC4UR66		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATIO	ON .			
RICHARD STARK, M.D.		1023104049		
PHYSICIAN NAME				
		8283862746		
148 HIGHWAY 105 EXT SUITE 104 BOONE, NC 28607		PHONE NUMBER		
PRACTICE LOCATION		8283862750		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
L3671 – Shoulder Brace (Side:	, ,		race (Side: \Box L \Box R) (Size:)	
□ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Side: □	, ,	☐ L3915 - Wrist Ha	and Finger (Side: □ L □ R) (Size:) Ind Finger (Side: □ L □ R) (Size:)	
□ L0650 - Lumbar Brace (Waist:)□ L0642 - Lumbar Brace (Waist:)			ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)	
■ L0457 – Lumbar Brace (Waist: N			ace (Side: □ L □ R) (Size:)	
□ L0648 – Lumbar Brace (Waist:)			eeve (Size:) (Qty:)	
□ E0100 – Electric Heat Pad□ L1690 – Hip Brace (Side: □ L □	R) (Waist:)	☐ E0100 – Cane ☐ L2425 – Dial Loo	k Hinge ROM	
□ L1686 – Hip Brace (Side: □ L □	* *	□ L2820 – Lower E	=	
·	xion, Extension (Side: □ L □ R)		race (Side: D L D R) (Shoe Size:)	
☐ L3760 – Elbow Brace (Side: ☐ L	_ ⊔ R)	□ L1971 – Ankle B □ L0174 – Cervical	race (Side: □ L □ R) (Shoe Size:) Brace	
			abilizer (Side: □ L □ R)	
		1		
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)):		□ M05 500 D		
 M54.50- Low back pain, unspecifi M17.12- Unilateral primary esteoa 		☐ M25.532- Pair ☐ M25.531 - Pai		
□ M17.12- Unilateral primary osteoarthritis left knee □ M17.11-Unilateral primary osteoarthritis right knee			eoarthritis Left Ankle	
☐ M25.512-Pain in the left shoulder			eoarthritis Right Ankle	
M25.511-Pain in the right shouldsM25.552- Pain in Left Hip	er	☐ M25.522 Pain ☐ M25.521 Pain		
☐ M25.551 - Pain in Right Hip			algia Pain neck	
Length of Need: ⊠ 12+ mont	ths (long term) □# of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

RICHARD STARK, M.D.

PHYSICIAN NAME: _____

79²¹⁸25 - 2024

Patient Name: ALICE WORLEY

Patient Address: 551 CRANBERRY SPRINGS RD FLEETWOOD NC 28626

Patient Phone: 3368771034

Physician Name: RICHARD STARK, M.D.

Address: 148 HIGHWAY 105 EXT SUITE 104 BOONE, NC 28607

Telephone: **8283862746** Fax: **8283862750**

Patient: ALICE WORLEY Date of Birth: 05/11/42 Visit Date: 4 MONTHS AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	ALICE WORLEY	Date of Birth:	05/11/42
Age:	82	Phone Number:	3368771034
Address:	551 CRANBERRY SPRINGS RD	City:	FLEETWOOD
State:	NC	Zip Code:	28626
Gender:	FEMALE	Height:	5.7
Weight:	180	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	9Y57WC4UR66
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Resting

Current Medication	HIGHBLOOD PRESSURE PILLS LISINIPRIL 1X A DAY DIABETES METFORMIN 1X A DAY TYLENOL AS NEEDED
Medical History	HIGHBLOOD PRESSURE DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **RESTING**

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 4 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: RICHARD STARK, M.D.

Address: 148 HIGHWAY 105 EXT SUITE 104 BOONE, NC 28607

Physician's Signature:

Date:

Patient Name: ALICE WORLEY

Patient Address: 551 CRANBERRY SPRINGS RD FLEETWOOD NC 28626

Patient Phone: 3368771034

LETTER OF MEDICAL NECESSITY

Re: ALICE WORLEY

Orthotic Device Need Assessment

Exam Date: 09/24/2024

Height: 5.7 Weight: 180 DOB: 05/11/42

Ms WORLEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms WORLEY reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms WORLEY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms WORLEY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WORLEY continue medical follow-up as part of an ongoing plan of care.

Re: ALICE WORLEY...... DOB: May 11, 1942

I, RICHARD STARK, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 09 - 25 - 2014