# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I				
HARTIGAN	ANN				
LAST NAME	FIRST NAME	MI			
FEMALE	03/31/51	6313321524	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ☑ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul>		
152 SAINT JAMES AVE	SAINT JAMES	NY 11780			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION					
	ION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE  5GG1P77CX02					
MEMBER ID		MEMBER ID	MEMBER ID		
MILIMIDEIX ID					
PHYSICIAN INFORMATI	ON				
ALFRED BELDING M.D.		1164457958	1164457958		
PHYSICIAN NAME		NPI #	NPI#		
		6317241331			
9 BROOKSITE DR SMITHTOW	N NY 11787	PHONE NUMBER			
PRACTICE LOCATION		6317240336			
		FAX NUMBER			
<u> </u>					
PRESCRIPTION SELECT	ΓΙΟΝ				
□       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: )         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)					
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY, SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am/prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

ALFRED BELDING M.D.

PHYSICIAN NAME: \_\_\_\_\_

)^<del>[[% - 27 - 2024</del>

Patient Name: ANN HARTIGAN

Patient Address: 152 SAINT JAMES AVE SAINT JAMES NY 11780

Patient Phone: 6313321524

Physician Name: ALFRED BELDING M.D. Address: 9 BROOKSITE DR SMITHTOWN NY 11787

Telephone: **6317241331** Fax: **6317240336** 

Patient: ANN HARTIGAN
Date of Birth: 03/31/51
Visit Date: July 24, 2024

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ANN HARTIGAN	Date of Birth:	03/31/51
Age:	73	Phone Number:	6313321524
Address:	152 SAINT JAMES AVE	City:	SAINT JAMES
State:	NY	Zip Code:	11780
Gender:	FEMALE	Height:	5'6
Weight:	182	Waist Size	MEDIUM

### **Patient Insurance**

ider: MEDICARE Member ID: 5GG1P77CX02
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### Medications

Current Medication	ASTHMA MEDICATION 2X A DAY IBUPROFEN AS NEEDED
Medical History	ASTHMA

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by **DEGENERATIVE DISC DISEASE** 

The last time the patient has seen the doctor was on July 24, 2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

### **Subjective Notes**

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### **ICD 10 (Diagnostic Codes)**

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ALFRED BELDING M.D.

Address: 9 BROOKSITE DR SMITHTOWN NY 11787

Physician's Signature:

Patient Name: ANN HARTIGAN

Dat 08 - 27 - 2014

Patient Address: 152 SAINT JAMES AVE SAINT JAMES NY 11780

Patient Phone: 6313321524

### LETTER OF MEDICAL NECESSITY

Re: ANN HARTIGAN

Orthotic Device Need Assessment

Exam Date: 08/26/2024

Height: **5'6** Weight: **182** DOB: **03/31/51** 

Ms HARTIGAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms HARTIGAN reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for MORE THAN A YEAR. Patient states pain is ACHY, SHARP with a pain scale of 7 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms HARTIGAN and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HARTIGAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HARTIGAN** continue medical follow-up as part of an ongoing plan of care.

Re: ANN HARTIGAN...... DOB: March 31, 1951

I, ALFRED BELDING M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

LERGE BELDING M.D.

Date Signed: 58 - 27 - 2014