RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I			
BOUDREAU	DIANNE			
LAST NAME	FIRST NAME	MI		
FEMALE	01/11/1945	2813761328	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☒ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC 	
17715 RUSTINGTON DR	SPRING	TX 77379		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
2D34V44PG67		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATION	ON			
ROBERT COOK MD	ON	1437143518		
PHYSICIAN NAME		NPI #		
		713-442-2092		
		PHONE NUMBER		
106 VISION PARK BLVD SHEN	IANDOAH TX 77384	— 713-442-1889		
PRACTICE LOCATION		FAX NUMBER		
Г				
PRESCRIPTION SELECT	TION			
□ L3671 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 – Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 – Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 – Lumbar Brace (Waist:) □ L0642 – Lumbar Brace (Waist:) □ L0457 – Lumbar Brace (Waist: MEDIUM □ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 – Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspeci M17.12- Unilateral primary osteo M25.512-Pain in the left shoulde M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ified parthritis left knee arthritis right knee er ler	☐ M25.532- Pain☐ M25.531 - Pain☐ M25.531 - Pain☐ M19.072- Oste☐ M19.071- Oste☐ M25.522 Pain☐ M25.521 Pain☐ M54.2-Cervical☐ M5	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: HEATING PAD

Doctor's Notes: The patient reports chronic **Back** pain for **2 MONTHS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

PHYSICIAN NAME: ROBERT COOK MD

Patient Name: DIANNE BOUDREAU

Patient Address: 17715 RUSTINGTON DR SPRING TX 77379

Patient Phone: 2813761328

Physician Name: ROBERT COOK MD

Address: 106 VISION PARK BLVD SHENANDOAH TX 77384

Telephone: **713-442-2092** Fax: **713-442-1889**

Patient: **DIANNE BOUDREAU**Date of Birth: **01/11/1945**Visit Date: **06/13/2024**Reason for visit: **Check-up**

Clinical Summary

Patient Demographics

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Patient Name:	DIANNE BOUDREAU	Date of Birth:	01/11/1945	
Age:	79	Phone Number:	2813761328	
Address:	17715 RUSTINGTON DR	City:	SPRING	
State:	тх	Zip Code:	77379	
Gender:	FEMALE	Height:	5'5	
Weight:	100	Waist Size	м	

Patient Insurance

Provider:	MEDICARE	Member ID:	2D34V44PG67
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Medications

Current Medication	ADVIL 200 MG
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 2 MONTHS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: **HEATING PAD**

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 06/13/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **2 MONTHS.** Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **2 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ROBERT COOK MD

Address: 106 VISION PARK BLVD SHENANDOAH TX 77384

Physician's Signature:

Date: 06 - 28 - 2024

Patient Name: **DIANNE BOUDREAU**

Patient Address: 17715 RUSTINGTON DR SPRING TX 77379

Patient Phone: 2813761328

LETTER OF MEDICAL NECESSITY

Re: DIANNE BOUDREAU

Orthotic Device Need Assessment

Exam Date: 06/20/2024

Height: **5'5** Weight: **100** DOB: **01/11/1945**

Ms BOUDREAU is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BOUDREAU reports chronic Back pain for 2 MONTHS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with LIFTING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BOUDREAU and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BOUDREAU** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BOUDREAU** continue medical follow-up as part of an ongoing plan of care.

Re: DIANNE BOUDREAU...... DOB: January 11, 1945

I, ROBERT COOK MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ROBERT COOK ME

Signature

Date Signed: 06 - 28 - 2024