RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N				
HERMAN	CHRISTINA				
LAST NAME	FIRST NAME	MI			
FEMALE	04/14/1969	7606177753	SHIPPING METHOD: ⊠ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
9352 PALO VERDE DR	HESPERIA	CA 92344			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
5AN6K36AT43		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMAT	rion -				
PRAVIN PANCHAL, MD		1992799530			
PHYSICIAN NAME					
		9513333662 / 95135274	00		
9670 MAGNOLIA AVE STE 2	01 RIVERSIDE CA 92503	PHONE NUMBER			
PRACTICE LOCATION		9513523161			
		FAX NUMBER			
PRESCRIPTION SELEC	CTION				
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist: 3 XL □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Ha □ L3915 − Wrist Ha □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sta □ E0100 − Cane □ L2425 − Dial Loc □ L2820 − Lower Eal □ L1906 − Ankle Bra □ L1971 − Ankle Bra □ L0174 − Cervical	□ L2397 – Knee Sleeve (Size:) (Qty:) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace		
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MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unsp. M17.12- Unilateral primary os M17.11-Unilateral primary os M25.512-Pain in the left shoul M25.511-Pain in the right shoul M25.552- Pain in Left Hip M25.551- Pain in Right Hip	ecified teoarthritis left knee eoarthritis right knee der ulder	☐ M19.071- Ostr ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow		
Length of Need: ⊠ 12+ months (long term) □# of months (1-11)					

MEDICAL HISTORY

Previous treatments: HEATING PAD, ICE PACKS AND PHYSICAL THERAPHY

Doctor's Notes: The patient reports chronic **Back** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:__

PRAVIN PANCHAL, MD

DATE: 9-05 - 2019

Patient Name: CHRISTINA HERMAN

Patient Address: 9352 PALO VERDE DR HESPERIA CA 92344

Patient Phone: 7606177753

Physician Name: PRAVIN PANCHAL, MD

Address: 9670 MAGNOLIA AVE STE 201 RIVERSIDE CA 92503

Telephone: 9513333662 / 9513527400

Fax: 9513523161

Patient: CHRISTINA HERMAN Date of Birth: 04/14/1969 Visit Date: WITHIN 12 MONTHS Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CHRISTINA HERMAN	Date of Birth:	04/14/1969
Age:	55	Phone Number:	7606177753
Address:	9352 PALO VERDE DR	City:	HESPERIA
State:	СА	Zip Code:	92344
Gender:	FEMALE	Height:	5`8
Weight:	278	Waist Size	XXXL

Patient Insurance

Provider:	MEDICARE	Member ID:	5AN6K36AT43
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Medications

Current Medication	GABAPENTIN, MOTRIN, TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around 2 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: **HEATING PAD, ICE PACKS AND PHYSICAL THERAPHY**

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **2 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PRAVIN PANCHAL, MD

Address: 9670 MAGNOLIA AVE STE 201 RIVERSIDE CA 92503

Physician's Signature:

Date: 79-05 - 2019

Patient Name: CHRISTINA HERMAN

Patient Address: 9352 PALO VERDE DR HESPERIA CA 92344

Patient Phone: **7606177753**

LETTER OF MEDICAL NECESSITY

Re: CHRISTINA HERMAN

Orthotic Device Need Assessment

Exam Date: 09/05/2024

Height: 5`8 Weight: 278 DOB: 04/14/1969

Ms HERMAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms HERMAN reports chronic Back pain for 2 YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms HERMAN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms HERMAN has been provided a phone number to call if there are any additional comments or questions regarding this examination. and I have recommended that Ms HERMAN continue medical follow-up as part of an ongoing plan of care.

Re: CHRISTINA HERMAN...... DOB: APRIL 14, 1969

I, PRAVIN PANCHAL, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

PRAVIN PANCHAL, MD

Signature