RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	1		
CHERVENY	JOAN		
LAST NAME	FIRST NAME		
FEMALE	01/13/1935	7727812119	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
2223 SE LETHA CT	STUART	FL 34994	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE		SECONDARY INSURANCE	_
PRIMARY INSURANCE	_	SECONDART INSURANCE	
7U84TX4WJ83		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATION	ON		
GARY BRADLEY, D.O.		1457631350	
PHYSICIAN NAME			_
		7722230953	
2854 SE FEDERAL HWY STUA	RT FL 34994	PHONE NUMBER	
PRACTICE LOCATION		7722230987	
		FAX NUMBER	
PRESCRIPTION SELECT	TION		
□ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: □ L0642 - Lumbar Brace (Waist: □ L0457 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L	Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) Brace (Waist: MEDIUM) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) Brace (Waist:) □ E0100 - Cane Heat Pad □ L2425 - Dial Lock Hinge ROM Se (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho Se (Side: □ L □ R) (Waist:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) St Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er ler	 ☐ M19.071- Osteo ☐ M25.522 Pain in ☐ M25.521 Pain in ☐ M54.2-Cervicalg 	in right wrist earthritis Left Ankle earthritis Right Ankle I left elbow I right elbow
Length of Need: ⊠ 12+ mor	nths (long term) \square # of mo	nths (1-11)	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 9 and pain worsens with movements. Pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:

GARY BRADLEY, D.O.

Patient Name: JOAN CHERVENY

Patient Address: 2223 SE LETHA CT STUART FL 34994

Patient Phone: **7727812119**

Physician Name: GARY BRADLEY, D.O.

Address: 2854 SE FEDERAL HWY STUART FL 34994

Telephone: **7722230953** Fax: **7722230987**

Patient: JOAN CHERVENY Date of Birth: 01/13/1935 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

- attorite 2 om og taprito			
Patient Name:	JOAN CHERVENY	Date of Birth:	01/13/1935
Age:	89	Phone Number:	7727812119
Address:	2223 SE LETHA CT	City:	STUART
State:	FL	Zip Code:	34994
Gender:	FEMALE	Height:	5'3
Weight:	150	Waist Size	MEDIUM

Patient Insurance

Provider:	MEDICARE	Member ID:	7U84TX4WJ83	

Medications

Current Medication	ASPIRIN (1x A DAY)
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **CONSTANTLY**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: **ACHY**

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.511-Pain in the right shoulder, M25.512-Pain in th. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 9. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.511-Pain in the right shoulder, M25.512-Pain in th

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: GARY BRADLEY, D.O.

Address: 2854 SE FEDERAL HWY STUART FL 34994

Physician's Signature:

Patient Name: JOAN CHERVENY

Patient Address: 2223 SE LETHA CT STUART FL 34994

Patient Phone: 7727812119

LETTER OF MEDICAL NECESSITY

Re: JOAN CHERVENY

Orthotic Device Need Assessment

Exam Date: 09/26/2024

Height: 5'3 Weight: 150 DOB: 01/13/1935

Ms CHERVENY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER.

Ms CHERVENY reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 9 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.511-Pain in the right shoulder, M25.512-Pain in th. Based on my conversation with Ms CHERVENY and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE. RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3670 SHOULDER ORTHOSIS, ACROMIO/CLAVICULAR (CANVAS AND WEBBING TYPE), PREFABRICATED, OFF-THE-SHELF

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST, LEFT WRIST, RIGHT SHOULDER. LEFT SHOULDER requiring stabilization for improvement of functionality. I am prescribing this BACK, WRIST, KNEE AND SHOULDER orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, WRIST, KNEE AND SHOULDER. My treatment goal(s) for the use of the prescribed BACK, WRIST, KNEE AND SHOULDER orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms CHERVENY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms CHERVENY continue medical follow-up as part of an ongoing plan of care.

Re: JOAN CHERVENY DOB: JANUARY 13/1935

I, GARY BRADLEY, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: (2) 27 24

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive