# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	· ·				
SANTIAGO	ZENAIDA				
LAST NAME	FIRST NAME	MI			
FEMALE	06/20/1940	9897990976	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li>⋈ SHIP TO PATIENT'S HOME ADDRESS</li> <li>□ SHIP TO PATIENT'S PHYSICIAN CLINIC</li> </ul>		
4554 DOGWOOD LN	SAGINAW	MI 48603			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	TION				
MEDICARE		OF COMPANY INCURANCE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
9P39RH0YK29		WENDED ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATI					
DOMINADOR LAYNES, MD		1104915115			
PHYSICIAN NAME		NPI #			
		9894970011			
3150 HALLMARK CT # 1 SAG	INAW MI 48603	PHONE NUMBER			
PRACTICE LOCATION		9894970444			
TRACTICE ECOATION		FAX NUMBER			
PRESCRIPTION SELEC	TION				
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: )   L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad   L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)   L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 – Wrist Ha     □ L3915 - Wrist Ha     □ L1852 – Knee Br     □ L1851 – Knee Br     □ L1833 – Knee Br     □ L2397 – Knee Sl     □ E0100 – Cane     □ L2425 – Dial Loc     □ L2820 – Lower E     □ L1906 – Ankle Br     □ L1971 – Ankle Br     □ L0174 – Cervical			
MEDICAL INFORMATIO  ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspec □ M17.12- Unilateral primary ostec □ M25.512-Pain in the left should □ M25.511-Pain in the right should □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip  Length of Need:  □ 12+ mo	iified oarthritis left knee oarthritis right knee er der	<ul><li>☐ M19.071- Oste</li><li>☑ M25.522 Pain</li><li>☑ M25.521 Pain</li></ul>	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow		

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

DOMINADOR LAYNES, MD

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Patient Name: ZENAIDA SANTIAGO

Patient Address: 4554 DOGWOOD LN SAGINAW MI 48603

Patient Phone: 9897990976

Physician Name: DOMINADOR LAYNES, MD

Address: 3150 HALLMARK CT # 1 SAGINAW MI 48603

Telephone: 9894970011 Fax: 9894970444

Patient: ZENAIDA SANTIAGO Date of Birth: 06/20/1940 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ZENAIDA SANTIAGO	Date of Birth:	06/20/1940
Age:	84	Phone Number:	9897990976
Address:	4554 DOGWOOD LN	City:	SAGINAW
State:	мі	Zip Code:	48603
Gender:	FEMALE	Height:	4'11
Weight:	105	Waist Size	MEDIUM

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	9P39RH0YK29

#### Medications

Current Medication	ALEVE, DIABETES PILLS, HIGH BLOOD PRESSURE PILL, IBUPROFEN, TYLENOL	
Medical History	DIABETES, HIGH BLOOD PRESSURE	

### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: <b>8</b>	
The patient's pain started on or around SEVERAL YEARS	

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

### Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

### Subjective Notes

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described THROBBING and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 8. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: DOMINADOR LAYNES, MD

Address: 3150 HALLMARK CT # 1 SAGINAW MI 48603

Physician's Signature:

Patient Name: **ZENAIDA SANTIAGO** 

Patient Address: 4554 DOGWOOD LN SAGINAW MI 48603

Patient Phone: 9897990976

#### LETTER OF MEDICAL NECESSITY

Re: ZENAIDA SANTIAGO

Orthotic Device Need Assessment

Exam Date: 09/11/2024

Height: 4'11 Weight: 105 DOB: 06/20/1940

Ms SANTIAGO is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms SANTIAGO reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms SANTIAGO and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms SANTIAGO has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms SANTIAGO continue medical follow-up as part of an ongoing plan of care.

Re: ZENAIDA SANTIAGO...... DOB: JUNE 20, 1940

I, DOMINADOR LAYNES, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 19 - 11 - 2024