RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	DN			
HARDER	WAYNE			
LAST NAME	FIRST NAME	MI	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
MALE	03/29/1955	7013311324		
GENDER	DATE OF BIRTH	PHONE NUMBER		
525 9TH ST SW #2	PINE CITY	MN 55063		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	ATION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
3TN9R18TN38		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMA	TION			
NAOMI KOENIG, APRN, FNF		1659893170		
PHYSICIAN NAME		NPI #		
		3203722323		
01 MAIN STREET SANDSTO	NE MN 55072	PHONE NUMBER		
PRACTICE LOCATION		8336512526		
		FAX NUMBER		
PRESCRIPTION SELEC	CTION			
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0447 - Lumbar Brace (Waist: 32 □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852- Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ecified teoarthritis left knee teoarthritis right knee lder	☐ M19.071- Os: ☐ M25.522 Pair ☐ M25.521 Pair ☐ M54.2-Cervic	in in right wrist teoarthritis Left Ankle teoarthritis Right Ankle n in left elbow	

MEDICAL HISTORY

Previous treatments: NONE

Doctor's Notes: The patient reports chronic **Back** pain for **2 MONTHS**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
Physician Verification: By my signature. I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.	
PHYSICIAN SIGNATURE: PHYSICIAN NAME: MAOMI KOENIG, APRN, FNP-C, PMHNP-BC DATE: DATE:	10

Patient Name: WAYNE HARDER

Patient Address: 525 9TH ST SW #2 PINE CITY MN 55063

Patient Phone: 7013311324

Physician Name: NAOMI KOENIG, APRN, FNP-C, PMHNP-BC

Address: 01 MAIN STREET SANDSTONE MN 55072

Telephone: **3203722323** Fax: **8336512526**

Patient: WAYNE HARDER Date of Birth: 03/29/1955 Visit Date: August 27, 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	WAYNE HARDER	Date of Birth:	03/29/1955
Age:	69	Phone Number:	7013311324
Address:	525 9TH ST SW #2	City:	PINE CITY
State:	MN	Zip Code:	55063
Gender:	MALE	Height:	5'9
Weight:	183	Waist Size	32

Patient Insurance

Medications

Current Medication	HIGH BLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 2 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND $\overline{\text{TEAR}}$

The last time the patient has seen the doctor was on August 27, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **2 MONTHS**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **2 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-**7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: NAOMI KOENIG, APRN, FNP-C, PMHNP-BC

Address: 01 MAIN STREET SANDSTONE MN 55072

Physician's Signature:

Date:

Patient Name: WAYNE HARDER

10-02-29

Patient Address: 525 9TH ST SW #2 PINE CITY MN 55063

Patient Phone: 7013311324

LETTER OF MEDICAL NECESSITY

Re: WAYNE HARDER

Orthotic Device Need Assessment

Exam Date: 10/01/2024

Height: **5'9** Weight: **183** DOB: **03/29/1955**

Mr HARDER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr HARDER reports chronic Back pain for 2 MONTHS. Patient states pain is THROBBING with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr HARDER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HARDER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HARDER** continue medical follow-up as part of an ongoing plan of care.

Re: WAYNE HARDER...... DOB: MARCH 29, 1955

I, NAOMI KOENIG, APRN, FNP-C, PMHNP-BC, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically recessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

NAOMI KOENIG, APRN, PNP-C, PMHNP-BC

Signature

Date Signed: 15-12-74