RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
EANES	CAROLYN		
LAST NAME	FIRST NAME	MI	
FEMALE	01/13/1944	3022703209	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
21 LIBERTY DR	DOVER	DE 19904	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
7V85CQ9XY95			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO	N		
DEBORAH KIRK M.D.		1427069475	
PHYSICIAN NAME		- NPI #	
		3026536022	
100 SOUTH MAIN STREET SUIT	F 205 SMYRNA DF 19977	PHONE NUMBER	
PRACTICE LOCATION		3023891094	
THORIOL LOOMING		FAX NUMBER	
PRESCRIPTION SELECTI	ON		
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: MEDIUM) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):			in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

MEDICAL HISTORY

Previous treatments: RESTING, TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

DEBORAH KIRK M.D.

PHYSICIAN NAME: DATE: DATE:

Patient Name: CAROLYN EANES

Patient Address: 21 LIBERTY DR DOVER DE 19904

Patient Phone: 3022703209

Physician Name: **DEBORAH KIRK M.D.**

Address: 100 SOUTH MAIN STREET SUITE 205 SMYRNA DE

19977Telephone: **3026536022**Fax: **3023891094**

Patient: CAROLYN EANES Date of Birth: 01/13/1944 Visit Date: 07/11/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CAROLYN EANES	Date of Birth:	01/13/1944
Age:	80	Phone Number:	3022703209
Address:	21 LIBERTY DR	City:	DOVER
State:	DE	Zip Code:	19904
Gender:	FEMALE	Height:	5'5
Weight:	150	Waist Size	м

Patient Insurance

Provider: MEDICARE	Member ID:	7V85CQ9XY95
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Medications

Current Medication	TYLENOL (2X A DAY) METHOTREXATE (AS NEEDED)
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: RESTING, TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 07/11/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A MONTH** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment, if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

07 - 16 - 2024

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **DEBORAH KIRK M.D.**

Address: 100 SOUTH MAIN STREET SUITE 205 SMYRNA DE 19977

Physician's Signature:

Patient Name: CAROLYN EANES

Date:

Patient Address: 21 LIBERTY DR DOVER DE 19904

Patient Phone: 3022703209

LETTER OF MEDICAL NECESSITY

Re: CAROLYN EANES

Orthotic Device Need Assessment

Exam Date: 07/15/2024

Height: 5'5 Weight: 150 DOB: 01/13/1944

Ms EANES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms EANES reports chronic Back pain for A MONTH. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms EANES and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON. EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms EANES has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms EANES continue medical follow-up as part of an ongoing plan of care.

Re: CAROLYN EANES...... DOB: January 13, 1944

I, DEBORAH KIRK M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary,

according to accepted standards of medical practice within the community, for this patient's medical condition.

DEBORAH KIRK M.D. Signature

Date Signed: 07 - 16 - 2024