# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
BERTHOLDT	BRIAN			
LAST NAME	FIRST NAME	MI		
MALE	02/10/1959	4018234266	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>⋈ SHIP TO PATIENT'S HOME ADDRESS</li><li>□ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
5204 MULHEARN DR	COVENTRY	RI 02816		
ADDRESS	CITY	STATE & ZIPCODE		
ADDITEO	OIT			
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
5H20Y81YA31		MEMBER ID		
MEMBER ID				
DUVELCIAN INFORMAT	TON			
PHYSICIAN INFORMAT DANIEL COLLINS, MD	ION	1104874320		
PHYSICIAN NAME				
PHT SICIAN NAME		NPI#		
		4018216800		
982 TIOGUE AVE COVENTRY	Y RI 02816	PHONE NUMBER		
PRACTICE LOCATION		4013201198		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
<ul><li>□ L3671 - Shoulder Brace (Sidentification L3960 - Shoulder Brace (Sidentifica</li></ul>	, , , ,	□ L3761 – Elbow Brace (Side: □ L □ R) (Size: ) □ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )		
□ L3660 - Shoulder Brace (Side	e: □ L □ R) (Size: )	□ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )		
<ul><li>□ L0650 - Lumbar Brace (Wais</li><li>□ L0642 - Lumbar Brace (Wais</li></ul>			ace (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )	
■ L0457 – Lumbar Brace (Wais			ace (Side: $\square$ L $\square$ R) (Size: )	
□ <b>L0648</b> – Lumbar Brace (Wais			eeve (Size: ) (Qty: )	
□ E0100 – Electric Heat Pad		□ <b>E0100</b> – Cane	LUI BOM	
□ L1690 – Hip Brace (Side: □ L □ R) (Waist: ) □ L1686 – Hip Brace (Side: □ L □ R) (Waist: )		□ <b>L2425</b> – Dial Loc □ <b>L2820</b> – Lower E	9	
	Flexion, Extension (Side: $\square$ L $\square$ R)		race (Side:   R) (Shoe Size: )	
☐ L3760 – Elbow Brace (Side:			race (Side: □ L □ R) (Shoe Size: )	
,	,	☐ <b>L0174</b> – Cervical	Brace	
		□ <b>L317</b> 0 – Heel Sta	abilizer (Side: □ L □ R)	
MEDICAL INFORMATION	DN			
ICD 10 (Diagnosis Code(s)):	ecified	☐ M25.532- Pair	n in left wrict	
☐ M17.12- Unilateral primary os		☐ M25.531 - Pai		
☐ M17.112- Offiliateral primary osteoarthritis right knee			eoarthritis Left Ankle	
☐ M25.512-Pain in the left shoulder			eoarthritis Right Ankle	
☐ M25.511-Pain in the right shoulder		☐ M25.522 Pain		
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip		<ul><li>☐ M25.521 Pain in right elbow</li><li>☐ M54.2-Cervicalgia Pain neck</li></ul>		
		□ W34.2-Cervica	algia Falli Heck	
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)				

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **2 YEARS**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

DANIEL COLLINS, MD

PHYSICIAN NAME: \_\_\_\_\_

PATE 26-26-2629

Patient Name: BRIAN BERTHOLDT

Patient Address: 5204 MULHEARN DR COVENTRY RI 02816

Patient Phone: 4018234266

Physician Name: **DANIEL COLLINS, MD**Address: **982 TIOGUE AVE COVENTRY RI 02816** 

Telephone: **4018216800** Fax: **4013201198** 

Patient: BRIAN BERTHOLDT
Date of Birth: 02/10/1959
Visit Date: WITHIN A YEAR
Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	BRIAN BERTHOLDT	Date of Birth:	02/10/1959
Age:	65	Phone Number:	4018234266
Address:	5204 MULHEARN DR	City:	COVENTRY
State:	RI	Zip Code:	02816
Gender:	MALE	Height:	5'10
Weight:	195	Waist Size	XL

# **Patient Insurance**

Provider:	MEDICARE	Member ID:	5H20Y81YA31
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#### **Medications**

Current Medication	TYLENOL ONCE A DAY
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around 2 YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: WALKING AND STANDING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# Subjective Notes

The patient reports chronic **Back** pain for **2 YEARS.** Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 2 YEARS located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING AND STANDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

D8-06-2629

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: DANIEL COLLINS, MD

Address: 982 TIOGUE AVE COVENTRY RI 02816

Physician's Signature:

Date:

Patient Name: BRIAN BERTHOLDT

Patient Address: 5204 MULHEARN DR COVENTRY RI 02816

Patient Phone: 4018234266

#### LETTER OF MEDICAL NECESSITY

Re: BRIAN BERTHOLDT

Orthotic Device Need Assessment

Exam Date: 08/06/2024

Height: 5'10 Weight: 195 DOB: 02/10/1959

Mr BERTHOLDT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr BERTHOLDT reports chronic Back pain for 2 YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with WALKING AND STANDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr BERTHOLDT and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING AND STANDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr BERTHOLDT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr BERTHOLDT** continue medical follow-up as part of an ongoing plan of care.

Re: BRIAN BERTHOLDT...... DOB: February 10, 1959

I, **DANIEL COLLINS, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: <u>1)&-(16-7()</u>24