# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
LYNCH	ANTOINETTE			
LAST NAME	FIRST NAME	MI		
FEMALE	08/15/35	9087550418	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
148 JACKSON AVE	NORTH PLAINFIELD	NJ 07060		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
6HG0NQ4VT18				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
MOHAMMAD TARIQ JAVED, MD		1699750158		
PHYSICIAN NAME		NPI #		
		7324796585		
3900 PARK AVE STE 104 ED	ISON NJ 08820	PHONE NUMBER		
PRACTICE LOCATION		7323727634		
		FAX NUMBER	FAX NUMBER	
PRESCRIPTION SELEC	TION			
□       L3960 − Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916         □       L3660 − Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915         □       L0650 − Lumbar Brace (Waist: )       □ L1852         □       L0642 − Lumbar Brace (Waist: )       □ L1833         □       L0457 − Lumbar Brace (Waist: )       □ E0100         □       E0100 − Electric Heat Pad       □ L2425         □       L1690 − Hip Brace (Side: □ L □ R) (Waist: )       □ L2820         □       L1686 − Hip Brace (Side: □ L □ R) (Waist: )       □ L1971         □       L2624 − Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1906         □       L3760 − Elbow Brace (Side: □ L □ R)       □ L0174		□ L3916 – Wrist H □ L3915 - Wrist H □ L1852 – Knee E □ L1833 – Knee E □ L2397 – Knee S □ E0100 – Cane □ L2425 – Dial Lo □ L2820 – Lower □ L1971 – Ankle E □ L1906 – Ankle E □ L0174 – Cervica	Extremity Ortho  Brace (Side: □ L □ R) (Shoe Size: )  Brace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATIC ICD 10 (Diagnosis Code(s)):	ecified eoarthritis left knee eoarthritis right knee der der	☐ M19.071- Os ☐ M25.522 Pai ☐ M25.521 Pai ☐ M54.2-Cervio	ain in right wrist steoarthritis Left Ankle steoarthritis Right Ankle n in left elbow	
Length of Need: ⊠ 12+ m	onths (long term)	onths (1-11)		

#### **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE

MOHAMMAD TARIQ JAVED, MD

DATE:\_

Patient Name: ANTOINETTE LYNCH

Patient Address: 148 JACKSON AVE NORTH PLAINFIELD NJ 07060

Patient Phone: 9087550418

Physician Name: MOHAMMAD TARIQ JAVED, MD Address: 3900 PARK AVE STE 104 EDISON NJ 08820

Telephone: **7324796585** Fax: **7323727634** 

Patient: ANTOINETTE LYNCH Date of Birth: 08/15/35 Visit Date: A MONTH AGO Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ANTOINETTE LYNCH	Date of Birth:	08/15/35
Age:	89	Phone Number:	9087550418
Address:	148 JACKSON AVE	City:	NORTH PLAINFIELD
State:	NJ	Zip Code:	07060
Gender:	FEMALE	Height:	5'3
Weight:	180	Waist Size	М

#### **Patient Insurance**

Provider: MEDICARE Member ID: 6HG0NQ4VT18
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#### Medications

Current Medication	NONE
Medical History	HEART CONDITION

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

M. Javeca

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: MOHAMMAD TARIQ JAVED, MD

Address: 3900 PARK AVE STE 104 EDISON NJ 08820

Physician's Signature:

Date:

Patient Name: ANTOINETTE LYNCH

Patient Address: 148 JACKSON AVE NORTH PLAINFIELD NJ 07060

Patient Phone: 9087550418

#### LETTER OF MEDICAL NECESSITY

Re: ANTOINETTE LYNCH Orthotic Device Need Assessment Exam Date: 10/14/2024

Height: 5'3 Weight: 180 DOB: 08/15/35

Ms LYNCH is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms LYNCH reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms LYNCH and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms LYNCH has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms LYNCH continue medical follow-up as part of an ongoing plan of care.

Re: ANTOINETTE LYNCH...... DOB: August 15, 1935

I, MOHAMMAD TARIQ JAVED, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 15/15/1024

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive