RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
соок	DAVID				
LAST NAME	FIRST NAME	MI			
MALE	08/31/42	8326237433	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
2215 DUNSTAN RD	HOUSTON	TX 77005			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	DN				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
8W47HW5YT37		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATION	N				
TEJAL SHAH, M.D.		1063657807			
PHYSICIAN NAME		NPI #			
		7135265511			
1701 SUNSET BLVD HOUSTON,	TX 77005	PHONE NUMBER			
PRACTICE LOCATION		7135204755			
		FAX NUMBER			
PRESCRIPTION SELECTION	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: MEDIUM L0648 - Lumbar Brace (Waist: MEDIUM L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 – Wrist Han □ L3915 - Wrist Han □ L1852 – Knee Brac □ L1851 – Knee Brac □ L1833 – Knee Brac □ L2397 – Knee Slee □ E0100 – Cane □ L2425 – Dial Lock □ L2820 – Lower Ext □ L1906 – Ankle Bra □ L1971 – Ankle Bra	□ L3916 − Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852− Knee Brace (Side: □ L □ R) (Size:) □ L1851 − Knee Brace (Side: □ L □ R) (Size:) □ L1833 − Knee Brace (Side: □ L □ R) (Size:) □ L2397 − Knee Sleeve (Size:) (Qty:) □ E0100 − Cane □ L2425 − Dial Lock Hinge ROM □ L2820 − Lower Extremity Ortho □ L1906 − Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 − Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 − Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

TEJAL SHAH, M.D.

PHYSICIAN NAME: _____

79 ∾†9 - 2014

Patient Name: DAVID COOK

Patient Address: 2215 DUNSTAN RD HOUSTON TX 77005

Patient Phone: 8326237433

Physician Name: TEJAL SHAH, M.D.
Address: 1701 SUNSET BLVD HOUSTON, TX 7700

Address: 1701 SUNSET BLVD HOUSTON, TX 77005 Telephone: 7135265511

Telephone: **713526551**² Fax: **7135204755**

Patient: DAVID COOK Date of Birth: 08/31/42 Visit Date: A MONTH Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	DAVID COOK	Date of Birth:	08/31/42
Age:	82	Phone Number:	8326237433
Address:	2215 DUNSTAN RD	City:	HOUSTON
State:	тх	Zip Code:	77005
Gender:	MALE	Height:	5'11
Weight:	160	Waist Size	MEDIUM

Patient Insurance

Provider: MEDICARE	Member ID: 8W47HW5	YT37
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Restina

Resulting		
Current Medication	NONE	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A MONTH

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **TEJAL SHAH, M.D.**

Address: 1701 SUNSET BLVD HOUSTON, TX 77005

Physician's Signature:

Patient Name: **DAVID COOK**

199 - 19 - 2029

Patient Address: 2215 DUNSTAN RD HOUSTON TX 77005

Patient Phone: 8326237433

LETTER OF MEDICAL NECESSITY

Re: DAVID COOK

Orthotic Device Need Assessment

Exam Date: 09/18/2024

Height: 5'11 Weight: 160 DOB: 08/31/42

Mr COOK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Mr COOK reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr COOK and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is PERFORMING DAILY ACTIVITIES, to aid in stabilization of the Back. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr COOK has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr COOK continue medical follow-up as part of an ongoing plan of care.

Re: DAVID COOK...... DOB: August 31, 1942

I, TEJAL SHAH, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

TEJAL SHAL

Signature

Date Signer - 19 - 2014