# **RX / MEDICAL NECESSITY FORM**

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PATIENT INFORMATION			
SCHUELLER	SUSAN		
LAST NAME	FIRST NAME	MI	
FEMALE	05/07/1939	9524511518	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li>⋈ SHIP TO PATIENT'S HOME ADDRESS</li> <li>□ SHIP TO PATIENT'S PHYSICIAN CLINIC</li> </ul>
4501 SHORELINE DR UNIT	SPRING PARK	MN 55384	
320	CITY	STATE & ZIPCODE	
ADDRESS			
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
1CH2NK2GG29		MEMBER IR	
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	DN		
PATRICIA ANN SORENSEN, M	D	1275786105	
PHYSICIAN NAME		NPI #	
		9524427890	
4695 SHORELINE DR SPRING	PARK MN 55384	PHONE NUMBER	
PRACTICE LOCATION		9524426037	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
□ L3960 / L3670 - Shoulder Brace □ L3660 - Shoulder Brace (Side: □ □ L0650 - Lumbar Brace (Waist: □ □ L0642 - Lumbar Brace (Waist: □ □ L0457 - Lumbar Brace (Waist: □ □ L0648 - Lumbar Brace (Waist: □ □ E0100 - Electric Heat Pad □ □ L1690 - Hip Brace (Side: □ L □ □ L1686 - Hip Brace (Side: □ L □ □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □	□ L □ R) (Size: )  R) (Waist: ) □ R) (Waist: ) □ R) (Waist: ) □ xion, Extension (Side: □ L □ R)	□ L3916 – Wrist Ha □ L3915 - Wrist Ha □ L1852 – Knee Br □ L1851 – Knee Br □ L1833 – Knee Br □ L2397 – Knee Sl □ E0100 – Cane □ L2425 – Dial Loc □ L2820 – Lower E □ L1906 / L1971 – □ L0174 – Cervical	xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size: )
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspecif M17.12- Unilateral primary osteo □ M25.512-Pain in the left shoulder □ M25.511-Pain in the right shoulder □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip	ied arthritis left knee arthritis right knee	<ul><li>☐ M19.071- Ost</li><li>☐ M25.522 Pain</li><li>☐ M25.521 Pain</li></ul>	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow
Length of Need: ⊠ 12+ mon	ths (long term)	onths (1-11)	

#### **MEDICAL HISTORY**

**Previous treatments: TAKING ASPIRIN** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

PATRICIA ANN SORENSEN, MD

DATE: 10 02 2025

Patient Name: SUSAN SCHUELLER

Patient Address: 4501 SHORELINE DR UNIT 320 SPRING PARK MN 55384

Patient Phone: 9524511518

Physician Name: **PATRICIA ANN SORENSEN, MD** Address: 4695 SHORELINE DR SPRING PARK MN 55384

Telephone: 9524427890 Fax: 9524426037 Patient: SUSAN SCHUELLER Date of Birth: 05/07/1939 Visit Date: 09/04/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	SUSAN SCHUELLER	Date of Birth:	05/07/1939
Age:	85	Phone Number:	9524511518
Address:	4501 SHORELINE DR UNIT 320	City:	SPRING PARK
State:	MN	Zip Code:	55384
Gender:	FEMALE	Height:	5`2
Weight:	145	Waist Size	MEDIUM

### **Patient Insurance**

Provider: N	EDICARE	Member ID:	1CH2NK2GG29
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# Medications

Current Medication	ASPIRIN AND HIGH BLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING ASPIRIN

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 09/04/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

### Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: PATRICIA ANN SORENSEN, MD

Address: 4695 SHORELINE DR SPRING PARK MN 55384

Physician's Signature:

Patient Name: SUSAN SCHUELLER

0/02/2024

Patient Address: 4501 SHORELINE DR UNIT 320 SPRING PARK MN 55384

Patient Phone: 9524511518

#### LETTER OF MEDICAL NECESSITY

Re: SUSAN SCHUELLER

Orthotic Device Need Assessment

Exam Date: 10/01/2024

Height: **5`2** Weight: **145** DOB: **05/07/1939** 

Ms SCHUELLER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms SCHUELLER reports chronic LEFT KNEE AND RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms SCHUELLER and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SCHUELLER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SCHUELLER** continue medical follow-up as part of an ongoing plan of care.

Re: SUSAN SCHUELLER...... DOB: MAY 07, 1939

I, PATRICIA ANN SORENSEN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically negassary according to accepted standards of medical practice within the community, for this patient's medical condition.

AATRICIA ANN STRENSEN, MD

Signature

Date Signed: 10 02 2024

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive