RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N		
VITALE	JEANINE		
LAST NAME	FIRST NAME	MI	
FEMALE	03/15/53	5083937654	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
22 SAINT JAMES DR	NORTHBOROUGH	MA 01532	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMA	TION		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
4VD1A08AV17			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMAT	ION		
KALINDI MEHTA, MD		1861408452	
PHYSICIAN NAME		NPI #	
		508-871-0700	
900 UNION ST WESTBOROU	GH MA 01581	PHONE NUMBER	
PRACTICE LOCATION		508-616-4411	
		FAX NUMBER	
Г			
PRESCRIPTION SELEC	TION	,	
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: MEDIUM) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0645 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L2820 - Lower Extremity Ortho □ L3760 - Elbow Brace (Side: □ L □ R) □ L0174 - Cervical Brace □ L174 - Cervical Brace □ L1770 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: ⊠ L ⊠ R) (Size: MEDIUM) nd Finger (Side: □ L □ R) (Size:) nce (Side: ⊠ L ⊠ R) (Size: MEDIUM) nce (Side: □ L □ R) (Size:) nce (Side: □ L □ R) (Shoe Size: 9) Brace	
MEDICAL INFORMATIC ICD 10 (Diagnosis Code(s)):	ecified eoarthritis left knee eoarthritis right knee der alder	✓ M19.071- Oster✓ M25.522 Pain i✓ M25.521 Pain i	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE**, **BOTH WRIST** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

KALINDI MEHTA, MD

PHYSICIAN NAME: _____

10/04/ho

Patient Name: **JEANINE VITALE**

Patient Address: 22 SAINT JAMES DR NORTHBOROUGH MA 01532

Patient Phone: 5083937654

Physician Name: KALINDI MEHTA, MD

Address: 900 UNION ST WESTBOROUGH MA 01581

Telephone: **508-871-0700** Fax: 508-616-4411

Patient: **JEANINE VITALE** Date of Birth: 03/15/53 Visit Date: 2 MONTHS AGO

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	JEANINE VITALE	Date of Birth:	03/15/53
Age:	71	Phone Number:	5083937654
Address:	22 SAINT JAMES DR	City:	NORTHBOROUGH
State:	MA	Zip Code:	01532
Gender:	FEMALE	Height:	5'4
Weight:	145	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	4VD1A08AV17
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around OVER A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 2 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE, BOTH ANKLE, **BOTH WRIST**

Subjective Notes

The patient reports chronic LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE**, **RIGHT KNEE**, **BOTH ANKLE**, **BOTH WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

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Provider Name: KALINDI MEHTA, MD

Address: 900 UNION ST WESTBOROUGH MA 01581

Physician's Signature:

Date:

Patient Name: **JEANINE VITALE**

Patient Address: 22 SAINT JAMES DR NORTHBOROUGH MA 01532

Patient Phone: 5083937654

LETTER OF MEDICAL NECESSITY

Re: **JEANINE VITALE**

Orthotic Device Need Assessment

Exam Date: 10/03/2024

Height: **5'4** Weight: **145** DOB: **03/15/53**

Ms VITALE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST.

Ms VITALE reports chronic LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms VITALE and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST requiring stabilization for improvement of functionality. I am prescribing this LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST. My treatment goal(s) for the use of the prescribed LEFT KNEE, RIGHT KNEE, BOTH ANKLE, BOTH WRIST orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms VITALE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms VITALE** continue medical follow-up as part of an ongoing plan of care.

Re: JEANINE VITALE..... DOB: March 15, 1953

I, **KALINDI MEHTA**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

KALINDI MEHTA, MD

Signature

Date Signed: 10 1 4 M 1

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive