## **RX / MEDICAL NECESSITY FORM**

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PATIENT INFORMATION	DN			
EMERY	ARLO			
LAST NAME	FIRST NAME	MI		
MALE	03/12/1934	8636465997	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>	
719 PENINSULAR DR	LAKELAND	FL 33813		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	ATION			
MEDICARE				
PRIMARY INSURANCE	<del></del>	SECONDARY INSURANCE		
6HT1VV9FF07				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMA	TION			
RUBEN ADRIANO MD		1801890462		
PHYSICIAN NAME		NPI#		
		8632845000		
4710 S FLORIDA AVE LAKE	I AND FL 33813	PHONE NUMBER		
PRACTICE LOCATION		8632846824		
		FAX NUMBER		
PRESCRIPTION SELE	CTION			
L3670 - Shoulder Brace (Side: L3960 - Shoulder Brace (Side: L3660 - Shoulder Brace (Side: L0650 - Lumbar Brace (Wait) L0642 - Lumbar Brace (Wait) L0648 - Lumbar Brace (Wait) L0648 - Lumbar Brace (Wait) L16648 - Lumbar Brace (Wait) L1686 - Hip Brace (Side: L2624 - Hip Joint Adjustable: L3760 - Elbow Brace (Side:	de:	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	$ctremity Ortho$ ace (Side: $\Box L \Box R$ ) (Shoe Size: ) ace (Side: $\Box L \Box R$ ) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	pecified steoarthritis left knee teoarthritis right knee Ider uulder	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li><li>☐ M54.2-Cervical</li></ul>	n in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow	
Length of Need: ⊠ 12+ n	nonths (long term) $\square$ # of mo	onths (1-11)		

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

**RUBEN ADRIANO MD** 

PHYSICIAN SIGNATURE:\_

\_\_\_\_ PHYSICIAN NAME: \_\_\_\_\_

Patient Name: ARLO EMERY

Patient Address: 719 PENINSULAR DR LAKELAND FL 33813

Patient Phone: 8636465997

Physician Name: RUBEN ADRIANO MD

Address: 4710 S FLORIDA AVE LAKELAND FL 33813

Telephone: **8632845000** Fax: **8632846824** 

Patient: ARLO EMERY Date of Birth: 03/12/1934 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ARLO EMERY	Date of Birth:	03/12/1934
Age:	90	Phone Number:	8636465997
Address:	719 PENINSULAR DR	City:	LAKELAND
State:	FL	Zip Code:	33813
Gender:	MALE	Height:	6'0
Weight:	164	Waist Size	М

## **Patient Insurance**

Provider: MEDICARE Member ID: 6HT1VV9FF07	Provider:	MEDICARE	Member ID:	6HT1VV9FF07
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## Medications

Current Medication	BABY ASPIRIN 1X A DAY
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

**ICD 10 (Diagnostic Codes)** 

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name: RUBEN ADRIANO MD

Address: 4710 S FLORIDA AVE LAKELAND FL 33813

Physician's Signature:

Date: 19 - 09 - 201

Patient Name: ARLO EMERY

Patient Address: 719 PENINSULAR DR LAKELAND FL 33813

Patient Phone: 8636465997

## LETTER OF MEDICAL NECESSITY

Re: ARLO EMERY

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: 6'0 Weight: 164 DOB: 03/12/1934

Mr EMERY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr EMERY reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr EMERY and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr EMERY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr EMERY continue medical follow-up as part of an ongoing plan of care.

Re: ARLO EMERY......DOB: March 12, 1934

I, RUBEN ADRIANO MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ADRIANO MD

Date Signed: 19-09 2014

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive