# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
SIMMONS	ALLEAN			
LAST NAME	FIRST NAME	MI		
FEMALE	07/31/1937	7314242870	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
121 ROOSEVELT PKWY	JACKSON	TN 38301		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
PRIMARY INSURANCE		SECONDARY INSURANCE		
7XK5QJ0KP58				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON			
MARSHALL BANKS MD		1104811249		
PHYSICIAN NAME		NPI#		
		731-422-0471		
700 W FOREST AVE STE 300 J	ACKSON TN 38301	PHONE NUMBER		
PRACTICE LOCATION		731-422-0471		
		FAX NUMBER		
PRESCRIPTION SELECT	ION_			
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         ☑       L0457 - Lumbar Brace (Waist: 26         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		□       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L1852- Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied arthritis left knee arthritis right knee r	M25.532- Pain   M25.531 - Pain   M25.531 - Pain   M19.072- Ostec   M19.071- Ostec   M25.522 Pain ii   M25.521 Pain ii   M54.2-Cervicale	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

### **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

MARSHALL BANKS MD

PHYSICIAN NAME: \_\_\_\_\_

D9-09- W29

Patient Name: ALLEAN SIMMONS

Patient Address: 121 ROOSEVELT PKWY JACKSON TN 38301

Patient Phone: 7314242870

Physician Name: MARSHALL BANKS MD

Address: 700 W FOREST AVE STE 300 JACKSON TN 38301

Telephone: **731-422-0471** Fax: **731-422-0471** 

Patient: ALLEAN SIMMONS Date of Birth: 07/31/1937 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ALLEAN SIMMONS	Date of Birth:	07/31/1937
Age:	87	Phone Number:	7314242870
Address:	121 ROOSEVELT PKWY	City:	JACKSON
State:	TN	Zip Code:	38301
Gender:	FEMALE	Height:	5'2
Weight:	162	Waist Size	26

### **Patient Insurance**

vider: MEDICARE	Member ID:	7XK5QJ0KP58
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### Medications

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE

### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following	: 8
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The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

### Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: MARSHALL BANKS MD

Address: 700 W FOREST AVE STE 300 JACKSON TN 38301

Physician's Signature:

Date:

Patient Name: ALLEAN SIMMONS

Patient Address: 121 ROOSEVELT PKWY JACKSON TN 38301

Patient Phone: **7314242870** 

#### LETTER OF MEDICAL NECESSITY

Re: ALLEAN SIMMONS

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: **5'2** Weight: **162** DOB: **07/31/1937** 

Ms SIMMONS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms SIMMONS reports chronic Back pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with LIFTING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms SIMMONS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms SIMMONS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms SIMMONS** continue medical follow-up as part of an ongoing plan of care.

Re: ALLEAN SIMMONS...... DOB: July 31, 1937

I, MARSHALL BANKS MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MARSHALL BANKS MD Sienature Date Signed 9-09 - W79