# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I		
HARPER	DAVID		
LAST NAME	FIRST NAME	MI	
MALE	07/27/40	5303575079	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
17609 ANDREA WAY	ANDERSON	CA 96007	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	TION		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
8J53VE7PP85			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATI	ON		
MOHAMED KHAN, MD		1649230988	
PHYSICIAN NAME		NPI #	
		530-241-1144	
2425 SONOMA ST REDDING (	CA 96001	PHONE NUMBER	
PRACTICE LOCATION		530-241-1144	
		FAX NUMBER	
PRESCRIPTION SELECT	ΓΙΟΝ		
□ L3670 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist: □ L0642 – Lumbar Brace (Waist: □ L0457 – Lumbar Brace (Waist: □ L0648 – Lumbar Brace (Waist: □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable Fi □ L3760 – Elbow Brace (Side: □	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) ) □ R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 · Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er der	M25.532- Pain   M25.531 - Pain   M25.531 - Pain   M19.072- Ostec   M19.071- Ostec   M25.522 Pain in   M25.521 Pain in   M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

# **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. MOHAMED KHAN, MD PHYSICIAN SIGNATURE: DATE: DATE

Patient Name: DAVID HARPER

Patient Address: 17609 ANDREA WAY ANDERSON CA 96007

Patient Phone: 5303575079

Physician Name: MOHAMED KHAN, MD Address: 2425 SONOMA ST REDDING CA 96001

Telephone: **530-241-1144** Fax: **530-241-1142** 

Patient: **DAVID HARPER**Date of Birth: **07/27/40**Visit Date: **A few months ago**Reason for visit: **CHECK-UP** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DAVID HARPER	Date of Birth:	07/27/40
Age:	84	Phone Number:	5303575079
Address:	17609 ANDREA WAY	City:	ANDERSON
State:	CA	Zip Code:	96007
Gender:	MALE	Height:	5'7 1/2
Weight:	135	Waist Size	М

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	8J53VE7PP85

#### Medications

Current Medication	TYLENOL
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on A few months ago

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

## Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

# **Physician Information**

Provider Name: MOHAMED KHAN, MD

Address: 2425 SONOMA ST REDDING CA 96001

Physician's Signature:

Date:

Patient Name: DAVID HARPER

Patient Address: 17609 ANDREA WAY ANDERSON CA 96007

Patient Phone: 5303575079

# LETTER OF MEDICAL NECESSITY

Re: DAVID HARPER

Orthotic Device Need Assessment

Exam Date: 10/08/2024

Height: 5'7 1/2 Weight: 135 DOB: 07/27/40

Mr HARPER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr HARPER reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr HARPER and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT. THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr HARPER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr HARPER continue medical follow-up as part of an ongoing plan of care.

Re: DAVID HARPER...... DOB: July 27, 1940

I, MOHAMED KHAN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 10 - 09 - 2014

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive