RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
BASHOR	ANNE				
LAST NAME	FIRST NAME	MI			
FEMALE	08/08/37	8648363603	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	☒ SHIP TO PATIENT'S HOME ADDRESS☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
121 GRIFFIN RD	EASLEY	SC 29640			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ION				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE		SECONDAINT INSUITANCE			
5CU3Y12WT60		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	ON .				
BRANDON WATSON, DO		1972125748			
PHYSICIAN NAME		NPI #			
		8648343192			
0 MOS! !!ANSY DD TD AVS! 55		PHONE NUMBER			
9 MCELHANEY RD, TRAVELER	RS REST, SC 29690				
PRACTICE LOCATION		- 8642419234 			
PRESCRIPTION SELECT L3671 – Shoulder Brace (Side: L3960 – Shoulder Brace (Side: L0650 – Lumbar Brace (Waist: L0642 – Lumbar Brace (Waist: L0457 – Lumbar Brace (□ L □ R) (Size:))	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brar □ L1851 − Knee Brar □ L1833 − Knee Brar	race (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) nd Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)		
□ L0648 – Lumbar Brace (Waist:) □ E0100 – Electric Heat Pad		□ L2397 – Knee Sle □ E0100 – Cane	□ L2397 – Knee Sleeve (Size:) (Qty:) □ F0100 – Cane		
□ L1690 – Hip Brace (Side: □ L □ R) (Waist:)		☐ L2425 – Dial Lock	9		
□ L1686 – Hip Brace (Side: □ L □ R) (Waist:) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		 L2820 – Lower Extremity Ortho L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) 			
☐ L3760 – Elbow Brace (Side: ☐	L □ R)	□ L1971 – Ankle Bra □ L0174 – Cervical	ace (Side: □ L □ R) (Shoe Size:) Brace		
			bilizer (Side: □ L □ R)		
L		1			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee arthritis right knee r	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Oste ☐ M19.071- Oste ☐ M25.522 Pain i	n in right wrist oarthritis Left Ankle oarthritis Right Ankle		
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip		☐ M25.521 Pain i☐ M54.2-Cervical			
☐ M25.551- Pain in Right Hip		□ IVI34.2-GerVICal	igia i alli licur		
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)					

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

BRANDON WATSON, DO

PHYSICIAN NAME:

A- 12 -114

Patient Name: ANNE BASHOR

Patient Address: 121 GRIFFIN RD EASLEY SC 29640

Patient Phone: 8648363603

Physician Name: BRANDON WATSON, DO

Address: 9 MCELHANEY RD, TRAVELERS REST, SC 29690

Telephone: **8648343192** Fax: **8642419234**

Patient: ANNE BASHOR Date of Birth: 08/08/37 Visit Date: 09-21-2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	ANNE BASHOR	Date of Birth:	08/08/37
Age:	87	Phone Number:	8648363603
Address:	121 GRIFFIN RD	City:	EASLEY
State:	sc	Zip Code:	29640
Gender:	FEMALE	Height:	5'2
Weight:	123	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	5CU3Y12WT60
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Restina

Results		
Current Medication	ADVIL	
Medical History	NONE	

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 09-21-2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: BRANDON WATSON, DO

Address: 9 MCELHANEY RD, TRAVELERS REST, SC 29690

9.//me 19-13-184

Physician's Signature:

Date:

Patient Name: ANNE BASHOR

Patient Address: 121 GRIFFIN RD EASLEY SC 29640

Patient Phone: 8648363603

LETTER OF MEDICAL NECESSITY

Re: ANNE BASHOR

Orthotic Device Need Assessment

Exam Date: 09/21/2024

Height: **5'2** Weight: **123** DOB: **08/08/37**

Ms BASHOR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BASHOR reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BASHOR and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BASHOR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BASHOR** continue medical follow-up as part of an ongoing plan of care.

Re: ANNE BASHOR...... DOB: August 08, 1937

I, **BRANDON WATSON**, **DO**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

BRANDON WATSON

Signature

Date Sigitary - 13 - 104