# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
WHITE	KAREN				
LAST NAME	FIRST NAME	MI			
FEMALE	02/27/1947	9374087358	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
275 SUNSET DR N	ST PETERSBURG	FL 33710			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE  DDIMARY INCLIDANCE	<u>.</u>	SECONDARY INSURANCE			
PRIMARY INSURANCE  1J92DD4GN28		MEMBER ID			
MEMBER ID		MEMBERIA			
PHYSICIAN INFORMATIO	N				
KEVIN B WITT, MD		1023076510			
PHYSICIAN NAME		NPI#			
		7273811144			
6350 CENTRAL AVE ST PETERSBURG FL 33707		PHONE NUMBER			
PRACTICE LOCATION		7273816901			
		FAX NUMBER			
PRESCRIPTION SELECT	ON				
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )       □       L1852 - Knee Brace (Side: □ L □ R) (Size: )         □       L0642 - Lumbar Brace (Waist: )       □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L0457 - Lumbar Brace (Waist: LARGE       □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L0648 - Lumbar Brace (Waist: )       □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Electric Heat Pad       □       □       L2425 - Dial Lock Hinge ROM         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □       L2425 - Dial Lock Hinge ROM         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L3760 - Elbow Brace (Side: □ L □ R)       □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace         □       L3170 - Heel Stabilizer (Side: □ L □ R)					
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	rthritis left knee rthritis right knee	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

## **MEDICAL HISTORY**

**Previous treatments: EXERCISE** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

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**Physician Verification:** By my signature, Lam prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_\_

**KEVIN B WITT, MD** 

DATE: 10/04/2014

Patient Name: KAREN WHITE

Patient Address: 275 SUNSET DR N ST PETERSBURG FL 33710

Patient Phone: **9374087358** 

Physician Name: **KEVIN B WITT, MD** 

Address: 6350 CENTRAL AVE ST PETERSBURG FL 33707

Telephone: **7273811144** Fax: **7273816901** 

Patient: KAREN WHITE Date of Birth: 02/27/1947 Visit Date: WITHIN 12 MONTHS Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	KAREN WHITE	Date of Birth:	02/27/1947
Age:	77	Phone Number:	9374087358
Address:	275 SUNSET DR N	City:	ST PETERSBURG
State:	FL	Zip Code:	33710
Gender:	FEMALE	Height:	5`5
Weight:	170	Waist Size	LARGE

### **Patient Insurance**

Provider: MEDICARE	Member ID:	1J92DD4GN28
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#### **Medications**

Current Medication	ADVIL
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: EXERCISE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-7. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: **KEVIN B WITT, MD** 

Address: 6350 CENTRAL AVE ST PETERSBURG FL 33707

Physician's Signature:

Date:

Patient Name: KAREN WHITE

Patient Address: 275 SUNSET DR N ST PETERSBURG FL 33710

Patient Phone: 9374087358

#### LETTER OF MEDICAL NECESSITY

Re: KAREN WHITE

Orthotic Device Need Assessment

Exam Date: 10/03/2024

Height: **5`5** Weight: **170** DOB: **02/27/1947** 

Ms WHITE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms WHITE reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms WHITE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WHITE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WHITE** continue medical follow-up as part of an ongoing plan of care.

Re: KAREN WHITE...... DOB: DECEMBER 08, 1962

I, **KEVIN B WITT, MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to according

KEVIN & WITT, MD

Signature

Date Signed: 15 54 2004