# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
WAISNER	CAROL			
LAST NAME	FIRST NAME	MI		
FEMALE	05/16/1947	7854247236	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS  SHIP TO PATIENT'S PHYSICIAN CLINIC	
743 NORTH ST	LAWRENCE	KS 66044		
ADDRESS	CITY	STATE & ZIPCODE		
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INSURANCE INFORMATI	ON			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE	-	OLOGIAS/IKT INCOMMOL		
8GM9JK2WA28		WENDED ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N.			
ASHLEY BLOOM, MD	/IX	1871932921		
PHYSICIAN NAME				
TITI O'O'N WYW.		NPI #		
		785-505-5420 		
2001 HASKELL AVE STE A LAV	VRENCE KS 66046	PHONE NUMBER		
PRACTICE LOCATION		785-505-5323		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: MED         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: )         □ L0642 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: ) (Qty: )         □ E0100 - Electric Heat Pad       □ E0100 - Cane         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2425 - Dial Lock Hinge ROM         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L3760 - Elbow Brace (Side: □ L □ R)       □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L1971 - Ankle Brace (Side: □ L □ R)       □ L1971 - Ankle Brace (Side: □ L □ R)		nd Finger (Side: \( \triangle L \) \( \triangle R ) (Size: MEDIUM)  nd Finger (Side: \( \triangle L \) \( \triangle R ) (Size: )  nde (Side: \( \triangle L \) \( \triangle R ) (Size: )  nde (Side: \( \triangle L \) \( \triangle R ) (Size: )  nde (Side: \( \triangle L \) \( \triangle R ) (Size: )  nde (Side: \( \triangle R ) (Continuous (Con		
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspecifi M17.12- Unilateral primary osteoa  M17.11-Unilateral primary osteoa  M25.512-Pain in the left shoulder  M25.511-Pain in the right shoulde  M25.552- Pain in Left Hip  M25.551- Pain in Right Hip	ied arthritis left knee rthritis right knee		in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

### **MEDICAL HISTORY**

Previous treatments: ICE PACKS AND HEATING PAD

**Doctor's Notes:** The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **5 YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

## **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

ASHLEY BLOOM, MD

PHYSICIAN NAME:

Patient Name: CAROL WAISNER

Patient Address: 743 NORTH ST LAWRENCE KS 66044

Patient Phone: 7854247236

Physician Name: ASHLEY BLOOM, MD

Address: 2001 HASKELL AVE STE A LAWRENCE KS 66046

Telephone: **785-505-5420** Fax: **785-505-5323** 

Patient: CAROL WAISNER Date of Birth: 05/16/1947 Visit Date: August 26, 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

ation beingraphics			
Patient Name:	CAROL WAISNER	Date of Birth:	05/16/1947
Age:	77	Phone Number:	7854247236
Address:	743 NORTH ST	City:	LAWRENCE
State:	кѕ	Zip Code:	66044
Gender:	FEMALE	Height:	5'4
Weight:	220	Waist Size	LARGE

#### **Patient Insurance**

Provider: MEDICARE Member ID: 8GM9JK2WA28		MEDICARE	Member ID:	8GM9JK2WA28
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## **Medications**

Current Medication	GABAPENTIN, DIABETES PILL, HIGH BLOOD PRESSURE PILL, HIGH CHOLESTEROL PILL
Medical History	DIABETES, HIGH BLOOD PRESSURE AND HIGH CHOLESTEROL

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around 5 YEARS
The surgery addressed the following: NA
The pain is experienced CONSTANTLY
The patient has attempted the following previous treatments/therapies: ICE PACKS AND HEATING PAD
The patient described their pain as the following: THROBBING
The activities that make the patient's pain worse is as follows: <b>DOING DAILY ACTIVITIES</b>
The pain is located in the patient's Back, Left Wrist, Right Wrist
The patient's pain is caused by WEAR AND TEAR
The last time the patient has seen the doctor was on August 26, 2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Left Wrist, Right Wrist

## **Subjective Notes**

The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **5 YEARS**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for 5 YEARS located in their Back, Left Wrist, Right Wrist related to M54.50- Low back pain, unspecified, M25.532-Pain in left wrist, M25.531-Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back, Left Wrist, Right Wrist** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment, if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

/b - 22-364/

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: ASHLEY BLOOM, MD

Address: 2001 HASKELL AVE STE A LAWRENCE KS 66046

Physician's Signature:

Date:

Patient Name: CAROL WAISNER

Patient Address: 743 NORTH ST LAWRENCE KS 66044

Patient Phone: 7854247236

### LETTER OF MEDICAL NECESSITY

Re: CAROL WAISNER

Orthotic Device Need Assessment

Exam Date: 10/22/2024

Height: **5'4** Weight: **220** DOB: **05/16/1947** 

Ms WAISNER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Left Wrist, Right Wrist.

Ms WAISNER reports chronic Back, Left Wrist, Right Wrist pain for 5 YEARS. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms WAISNER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back**, **Left Wrist**, **Right Wrist** requiring stabilization for improvement of functionality. I am prescribing this **Back**, **Left Wrist**, **Right Wrist** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**, **Left Wrist**, **Right Wrist**. My treatment goal(s) for the use of the prescribed **Back**, **Left Wrist**, **Right Wrist** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WAISNER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WAISNER** continue medical follow-up as part of an ongoing plan of care.

Re: CAROL WAISNER...... DOB: MAY 16, 1947

BLOOM, MD

I, **ASHLEY BLOOM**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: H - 21-204

**S**gnatu