RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO)N			
MULLIN	MARGARET			
LAST NAME	FIRST NAME	MI		
FEMALE	07/08/1940	6172650584 /	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	6179811343	SHIP TO PATIENT'S PHYSICIAN CLINIC	
358 GALLIVAN BLVD	DORCHESTER	PHONE NUMBER		
ADDRESS	CITY	MA 02124		
		STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE		GEOGRANT INSURANCE		
3FJ0PN9AT49		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	LION			
TRANG LE, M.D.		1427047828		
PHYSICIAN NAME		1427047828 		
		6177861460 / (617) 472-3400		
		PHONE NUMBER		
700 CONGRESS STREET SU	JITE 301 QUINCY MA 02169	= 6177861463 / 617-472-3411		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELEC	CTION			
□ L3671 – Shoulder Brace (Sid L3960 – Shoulder Brace (Sid	le: L R) (Size:)	☐ L3916 – Wrist	[,] Brace (Side: □ L □ R) (Size:) Hand Finger (Side: □ L □ R) (Size:)	
□ L3660 – Shoulder Brace (Sid L0650 – Lumbar Brace (Wais			Hand Finger (Side: □ L □ R) (Size:) Brace (Side: □ L □ R) (Size:)	
L0642 – Lumbar Brace (Wais	•	☐ L1851 – Knee	Brace (Side: ☐ L ☐ R) (Size:)	
■ L0457 – Lumbar Brace (Waist: LARGE ■ L0648 – Lumbar Brace (Waist:)			Brace (Side: □ L □ R) (Size:) Sleeve (Size:) (Qty:)	
□ E0100 – Electric Heat Pad		☐ E0100 – Cane	. , , , ,	
□ L1690 – Hip Brace (Side: □ L □ R) (Waist:) □ L1686 – Hip Brace (Side: □ L □ R) (Waist:)			ock Hinge ROM r Extremity Ortho	
☐ L2624 – Hip Joint Adjustable	Flexion, Extension (Side: □ L □ R)	□ L1906 – Ankle	Brace (Side: \square L \square R) (Shoe Size:)	
☐ L3760 – Elbow Brace (Side:	□ L □ R)	□ L1971 – Ankle □ L0174 – Cervio	Brace (Side: ☐ L ☐ R) (Shoe Size:)	
			Stabilizer (Side: □ L □ R)	
MEDICAL INFORMATION	ON			
ICD 10 (Diagnosis Code(s)):				
M54.50- Low back pain, unspecified			ain in left wrist Pain in right wrist	
☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee			steoarthritis Left Ankle	
☐ M25.512-Pain in the left shoul			steoarthritis Right Ankle	
M25.511-Pain in the right shownM25.552- Pain in Left Hip	uidei	☐ M25.522 Pa ☐ M25.521 Pa	in in right elbow	
☐ M25.551- Pain in Right Hip ☐			icalgia Pain neck	
Length of Need: ⊠ 12+ m	nonths (long term) ——— # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: ICE PACKS AND TAKING TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
Physician Verification: By my signature, Lam prescribing the items listed above and certifying that the above-prescribed item(s) is medical indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition TRANG LE, M.D. PHYSICIAN SIGNATURE: DATE:	

Patient Name: MARGARET MULLIN

Patient Address: 358 GALLIVAN BLVD DORCHESTER MA 02124

Patient Phone: 6172650584 / 6179811343

Physician Name: TRANG LE, M.D.

Address: 700 CONGRESS STREET SUITE 301 QUINCY MA 02169

Telephone: 6177861460 / (617) 472-3400

Fax: 6177861463 / 617-472-3411

Patient: MARGARET MULLIN Date of Birth: 07/08/1940 Visit Date: August 12, 2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	MARGARET MULLIN	Date of Birth:	07/08/1940
Age:	84	Phone Number:	6172650584 / 6179811343
Address:	358 GALLIVAN BLVD	City:	DORCHESTER
State:	MA	Zip Code:	02124
Gender:	FEMALE	Height:	5'9
Weight:	196	Waist Size	LARGE

Patient Insurance

Provider:	MEDICARE	Member ID:	3FJ0PN9AT49
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Medications

Current Medication	HIGHBLOOD PRESSURE PILL AND TYLENOL
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: ICE PACKS AND TAKING TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on August 12, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A MONTH** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: TRANG LE, M.D.

Address: 700 CONGRESS STREET SUITE 301 QUINCY MA 02169

Physician's Signature:

Date:

Patient Name: MARGARET MULLIN

Patient Address: 358 GALLIVAN BLVD DORCHESTER MA 02124

Patient Phone: 6172650584 / 6179811343

LETTER OF MEDICAL NECESSITY

Re: MARGARET MULLIN

Orthotic Device Need Assessment

Exam Date: 09/30/2024

Height: **5'9** Weight: **196** DOB: **07/08/1940**

Ms MULLIN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms MULLIN reports chronic Back pain for A MONTH. Patient states pain is ACHY with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MULLIN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MULLIN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MULLIN** continue medical follow-up as part of an ongoing plan of care.

Re: MARGARET MULLIN...... DOB: JULY 08, 1940

I, **TRANG LE, M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

RANG LE, M.D. Signature

Date Signed: