# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N			
WILLIAMS	CHRISTINE			
LAST NAME	FIRST NAME	MI		
FEMALE	07/16/1947	6153848304	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
207 N LOCUST ST	SPRINGFIELD	TN 37172		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	<b>TION</b>			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
3W59K55EF40		WENDED ID		
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
JAMES SEELEY MD		1568448736		
PHYSICIAN NAME		NPI #		
		6153808251		
496 NORTHCREST DR #496 S	PRINGFIELD TN 37172	PHONE NUMBER		
PRACTICE LOCATION		6153808286		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
□ L3960 / L3670 − Shoulder Brace   L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L L1686 − Hip Brace (Side: □ L	ce (Side:	□ L3916 - Wrist Ha □ L3915 - Wrist Ha □ L1852 - Knee Br □ L1851 - Knee Br □ L1833 - Knee Br □ L2397 - Knee Sl □ E0100 - Cane □ L2425 - Dial Loc □ L2820 - Lower E □ L1906 / L1971 - □ L0174 - Cervical	xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified oarthritis left knee oarthritis right knee er der	☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow	
Length of Need: ⊠ 12+ mo	nths (long term)   — # of mo	nths (1-11)		

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE:\_

**JAMES SEELEY MD** 

DATE: 06 - 26 - 2029

Patient Name: CHRISTINE WILLIAMS

Patient Address: 207 N LOCUST ST SPRINGFIELD TN 37172

Patient Phone: 6153848304

Physician Name: JAMES SEELEY MD

Address: 496 NORTHCREST DR #496 SPRINGFIELD TN 37172

Telephone: 6153808251 Fax: 6153808286 Patient: CHRISTINE WILLIAMS Date of Birth: 07/16/1947 Visit Date: 06/25/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	CHRISTINE WILLIAMS	Date of Birth:	07/16/1947
Age:	76	Phone Number:	6153848304
Address:	207 N LOCUST ST	City:	SPRINGFIELD
State:	TN	Zip Code:	37172
Gender:	FEMALE	Height:	5'7
Weight:	180	Waist Size	L

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	3W59K55EF40
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#### **Medications**

Current Medication	TYLENOL (AS NEEDED), HIGH BLOOD PRESSURE PILLS (2X A DAY)
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: STANDING, WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 06/25/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

### Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR.** Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **STANDING**, **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: JAMES SEELEY MD

Address: 496 NORTHCREST DR #496 SPRINGFIELD TN 37172

06-26-2029

Physician's Signature:

Date:

Patient Name: CHRISTINE WILLIAMS

Patient Address: 207 N LOCUST ST SPRINGFIELD TN 37172

Patient Phone: 6153848304

#### LETTER OF MEDICAL NECESSITY

Re: CHRISTINE WILLIAMS Orthotic Device Need Assessment

Exam Date: 06/26/2024

Height: 5'7 Weight: 180 DOB: 07/16/1947

Ms WILLIAMS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms WILLIAMS reports chronic LEFT KNEE AND RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 10 and pain worsens with STANDING, WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms WILLIAMS and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LEFT KNEE AND RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is STANDING, WALKING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms WILLIAMS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms WILLIAMS continue medical follow-up as part of an ongoing plan of care.

Re: CHRISTINE WILLIAMS...... DOB: July 16, 1947

I, JAMES SEELEY MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary. according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 06 - 26 - 2029

# <u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive