RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
TINGLE	CYNTHIA				
LAST NAME	FIRST NAME	MI			
FEMALE	12/11/1946	5406155743	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
170 HASTINGS CT	ROCKINGHAM	VA 22801			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE	-				
5NW5N17RG81		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION)N				
ROBERT PENCE MD		1801862131			
PHYSICIAN NAME		NPI #	NPI#		
		5408794300			
15 KILLDEER LN DAYTON VA	22821	PHONE NUMBER			
PRACTICE LOCATION		5408799627			
		FAX NUMBER			
PRESCRIPTION OF FOT	101				
PRESCRIPTION SELECTION □ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) ☑ L0457 - Lumbar Brace (Waist: 42 □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 · Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL**, **SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

ROBERT PENCE MD

PHYSICIAN NAME: ___

Patient Name: CYNTHIA TINGLE

Patient Address: 170 HASTINGS CT ROCKINGHAM VA 22801

Patient Phone: **5406155743**

Physician Name: ROBERT PENCE MD Address: 15 KILLDEER LN DAYTON VA 22821

Telephone: **5408794300** Fax: **5408799627**

Patient: CYNTHIA TINGLE Date of Birth: 12/11/1946 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CYNTHIA TINGLE	Date of Birth:	12/11/1946
Age:	77	Phone Number:	5406155743
Address:	170 HASTINGS CT	City:	ROCKINGHAM
State:	VA	Zip Code:	22801
Gender:	FEMALE	Height:	5'2
Weight:	172	Waist Size	42

Patient Insurance

Provider:	MEDICARE	Member ID:	5NW5N17RG81
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Medications

Current Medication	TYLENOL AS NEEDED, HIGH BLOOD PRESSURE PILL TWICE A DAY
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL, SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by **DEGENERATIVE DISC DISEASE**

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **DULL**, **SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL**, **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ROBERT PENCE MD

Address: 15 KILLDEER LN DAYTON VA 22821

Physician's Signature:

Date:

Patient Name: CYNTHIA TINGLE
Patient Address: 170 HASTINGS CT ROCKINGHAM VA 22801

Patient Phone: 5406155743

CARILION CLINIC FAMILY MEDICINE - DAYTON

DV MEDICAL SUPPLY

LETTER OF MEDICAL NECESSITY

Re: CYNTHIA TINGLE

Orthotic Device Need Assessment

Exam Date: 08/20/2024

Height: **5'2** Weight: **172** DOB: **12/11/1946**

Ms TINGLE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms TINGLE reports chronic Back pain for SEVERAL YEARS. Patient states pain is DULL, SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms TINGLE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TINGLE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TINGLE** continue medical follow-up as part of an ongoing plan of care.

Re: CYNTHIA TINGLE...... DOB: December 11, 1946

I, ROBERT PENCE MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ROBERT MENCE MD

Date Signed 8 - 10 - 1074