# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
BATALIS	AMELIA		
LAST NAME	FIRST NAME	MI	
FEMALE	05/19/59	9784755521	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
311 LOWELL ST APT 3305	ANDOVER	MA 01810	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	ION		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
6AX8R71MG62		MEMBER ID	
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATION	ON		
NIDHI AGGARWAL, MD		1811904147	
PHYSICIAN NAME		NPI #	
		9789776336	
1 ESSEX CENTER DR LAHEY I	NORTHSHORE PEABODY, MA	PHONE NUMBER	
01960		9785384711	
PRACTICE LOCATION		FAX NUMBER	
PRESCRIPTION SELECT	TION		
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: XL)         □ L0447 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: XL)         □ L0457 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: XL) (Qty: 2)         □ L0648 - Lumbar Brace (Waist: )       □ E0100 - Cane         □ E0100 - Electric Heat Pad       □ L2425 - Dial Lock Hinge ROM         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2820 - Lower Extremity Ortho         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L3760 - Elbow Brace (Side: □ L □ R)       □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L174 - Cervical Brace       □ L3170 - Heel Stabilizer (Side: □ L □ R)		nd Finger (Side: □ L □ R) (Size: )  d Finger (Side: □ L □ R) (Size: )  ce (Side: □ L □ R) (Size: XL)  ce (Side: □ L □ R) (Size: XL)  eve (Size: XL) (Qty: 2)  Hinge ROM  tremity Ortho  ice (Side: □ L □ R) (Shoe Size: )  ice (Side: □ L □ R) (Shoe Size: )  Brace	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspeci  ⋈ M17.12- Unilateral primary osteo  ⋈ M17.11-Unilateral primary osteo  ⋈ M25.512-Pain in the left shoulde  ⋈ M25.511-Pain in the right should  ⋈ M25.552- Pain in Left Hip  ⋈ M25.551- Pain in Right Hip	fied arthritis left knee arthritis right knee r er	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain i ☐ M25.521 Pain i ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow

# **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNATURE

NIDHI AGGARWAL, MD

DA**TOS - 20 - 2029** 

Patient Name: AMELIA BATALIS

Patient Address: 311 LOWELL ST APT 3305 ANDOVER MA 01810

Patient Phone: 9784755521

Physician Name: NIDHI AGGARWAL, MD Address: 1 ESSEX CENTER DR LAHEY NORTHSHORE

**PEABODY, MA 01960** Telephone: **9789776336** Fax: **9785384711**  Patient: AMELIA BATALIS Date of Birth: 05/19/59 Visit Date: June 2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	AMELIA BATALIS	Date of Birth:	05/19/59
Age:	65	Phone Number:	9784755521
Address:	311 LOWELL ST APT 3305	City:	ANDOVER
State:	MA	Zip Code:	01810
Gender:	FEMALE	Height:	5'5
Weight:	170	Waist Size	38-40

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	6AX8R71MG62
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# Medications

Current Medication	TYLENOL(AS NEEDED),LOVASTATIN(ONCE A DAY)PREGABALIN(TWICE A DAY)
Medical History	HIGH CHOLESTEROL

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7	7
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The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on June 2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

# **Subjective Notes**

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: NIDHI AGGARWAL, MD

Address: 1 ESSEX CENTER DR LAHEY NORTHSHORE PEABODY, MA 01960

Physician's Signature:

Date:

Patient Name: AMELIA BATALIS

Patient Address: 311 LOWELL ST APT 3305 ANDOVER MA 01810

Patient Phone: 9784755521

# LETTER OF MEDICAL NECESSITY

Re: AMELIA BATALIS

Orthotic Device Need Assessment

Exam Date: 08/19/2024

Height: 5'5 Weight: 170 DOB: 05/19/59

Ms BATALIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms BATALIS reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BATALIS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms BATALIS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BATALIS continue medical follow-up as part of an ongoing plan of care.

Re: AMELIA BATALIS...... DOB: May 19, 1959

I, NIDHI AGGARWAL, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

GARWAL. MD

Date Signed: 15x-20-2024

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive