RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
SELF	DENNIS			
LAST NAME	FIRST NAME	MI		
MALE	04/04/1949	7069654086	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
2750 CHEROKEE VALLEY RD	RINGGOLD	GA 30736		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
8QE8UR4HV67				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
STEPHEN SCOREY DO		1851778427		
PHYSICIAN NAME		NPI#		
		423-778-8909		
1751 GUNBARREL RD STE 201	CHATTANOOGA TN 37421	PHONE NUMBER		
PRACTICE LOCATION		423-778-8910		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
☐ L3960 – Shoulder Brace (Side: ☐	☐ L ☐ R) (Size:)	□ L3761 – Elbow Bi	race (Side: □ L □ R) (Size:)	
□ L3670 - Shoulder Brace (Side: □	L R (Size:)	☐ L3916 – Wrist Ha	nd Finger (Side: ☐ L ☐ R) (Size:)	
□ L3660 - Shoulder Brace (Side: □□ L0650 - Lumbar Brace (Waist:)	☐ L ☐ R) (Size:)		nd Finger (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:)	
□ L0642 – Lumbar Brace (Waist:)			ace (Side: 🗵 L 🖾 R) (Size: 7	
☑ L0457 – Lumbar Brace (Waist: 4:)	2)		ace (Side: R) (Size:)	
L0648 – Lumbar Brace (Waist:)			ace (Side: \square L \square R) (Size:)	
□ E0100 – Electric Heat Pad	I D) (Maiot:)	✓ L2397 – Knee Sle✓ E0100 – Cane	eeve (Size: 2 XL) (Qty: 2)	
 □ L1690 - Hip Brace (Side: □ L □ □ L1686 - Hip Brace (Side: □ L □ 		□ L2425 – Dial Loci	k Hinge ROM	
□ L2624 – Hip Joint Adjustable Flex	, ,	□ L2820 – Lower E	=	
☐ L3760 - Elbow Brace (Side: ☐ L	_ □ R)		ace (Side: □ L □ R) (Shoe Size:)	
			ace (Side: ⊠ L ⊠ R) (Shoe Size: 13)	
		□ L0174 – Cervical □ L3170 – Heel Sta	Brace bilizer (Side: ⊠ L ⊠ R)	
			,	
MEDICAL INFORMATION				
ICD 10 (Diagnosis Code(s)):				
	ed	☐ M25.532- Pain		
		☐ M25.531 - Pair	=	
M17.11-Unilateral primary osteoa	rthritis right knee		eoarthritis Left Ankle	
☐ M25.512-Pain in the left shoulder	-		eoarthritis Right Ankle	
M25.511-Pain in the right shouldeM25.552- Pain in Left Hip	r	☐ M25.522 Pain ☐ M25.521 Pain		
☐ M25.551- Pain in Right Hip			Igia Pain in Neck	
Length of Need: 12+ mont	hs (long term) — # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE AND RIGHT ANKLE** pain for **5 YEARS**. Patient states pain is **SHARP**, **ACHY**, **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

STEPHEN SCOREY DO

PHYSICIAN NAME:

78-29- 2024

Patient Name: DENNIS SELF

Patient Address: 2750 CHEROKEE VALLEY RD RINGGOLD GA 30736

Patient Phone: 7069654086

Physician Name: STEPHEN SCOREY DO

Address: 1751 GUNBARREL RD STE 201 CHATTANOOGA TN

Telephone: 423-778-8909 Fax: 423-778-8910

Patient: **DENNIS SELF** Date of Birth: 04/04/1949 Visit Date: 08/14/2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	DENNIS SELF	Date of Birth:	04/04/1949
Age:	75	Phone Number:	7069654086
Address:	2750 CHEROKEE VALLEY RD	City:	RINGGOLD
State:	GA	Zip Code:	30736
Gender:	MALE	Height:	6'1"
Weight:	308	Waist Size	42

Patient Insurance

Provider:	MEDICARE	Member ID:	8QE8UR4HV67
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Medications

Current Medication	METFORMIN
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around 5 YEARS

The surgery addressed the following: NA

The pain is experienced **CONSTANTLY**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP, ACHY, THROBBING
The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 08/14/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE, **LEFT ANKLE AND RIGHT ANKLE**

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE pain for 5 YEARS. Patient states pain is SHARP, ACHY, THROBBING with a pain scale of 8 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 5 YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP**, **ACHY**, **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **LEFT ANKLE AND RIGHT ANKLE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: STEPHEN SCOREY DO

Address: 1751 GUNBARREL RD STE 201 CHATTANOOGA TN 37421

Physician's Signature:

Date:

_ __. _ _ _

Patient Name: **DENNIS SELF**Patient Address: **2750 CHEROKEE VALLEY RD RINGGOLD GA 30736**

Patient Phone: 7069654086

LETTER OF MEDICAL NECESSITY

Re: **DENNIS SELF**

Orthotic Device Need Assessment

Exam Date: 08/29/2024

Height: **6'1"** Weight: **308** DOB: **04/04/1949**

Mr SELF is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE.

Mr SELF reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE pain for 5 YEARS. Patient states pain is SHARP, ACHY, THROBBING with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee, M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle. Based on my conversation with Mr Self and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE, LEFT ANKLE AND RIGHT ANKLE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE AND ANKLE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE AND ANKLE. My treatment goal(s) for the use of the prescribed BACK, KNEE AND ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr SELF** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr SELF** continue medical follow-up as part of an ongoing plan of care.

Re: DENNIS SELF...... DOB: April 04, 1949

I, STEPHEN SCOREY DO, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

STEPHEN SCOREY DO

Signature

Date Signed: 18-29- 2019

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive