# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
ARTIS	BOBBIE				
LAST NAME	FIRST NAME	MI			
FEMALE	08/26/1941	9197726768	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
2525 WALL STORE RD	GARNER	NC 27529			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	)N				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE	SECONDARY INSURANCE		
7X64AY6KT09		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATION	N				
GEORGE KRYDER M.D.		1972814176			
PHYSICIAN NAME		NPI #			
		9193500550			
400 US 70 HWY E STE 202 GRAM	IER NC 27529	PHONE NUMBER			
PRACTICE LOCATION		9193509835			
		FAX NUMBER			
DDESCRIPTION SELECTION	ON.				
PRESCRIPTION SELECTION	<u>JN</u>				
L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         L0650 - Lumbar Brace (Waist: )         L0642 - Lumbar Brace (Waist: )         L0457 - Lumbar Brace (Waist: MEDIUM         L0648 - Lumbar Brace (Waist: )         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □ L □ R) (Waist: )         L1686 - Hip Brace (Side: □ L □ R) (Waist: )         L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 – Wrist Hand □ L3915 - Wrist Hand □ L1852 – Knee Brace □ L1851 – Knee Brace □ L1833 – Knee Brace □ L2397 – Knee Slee □ E0100 – Cane □ L2425 – Dial Lock   □ L2820 – Lower Ext □ L1906 – Ankle Brace □ L1971 – Ankle Brace □ L0174 – Cervical B	L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852- Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	thritis left knee	<ul> <li>□ M19.071- Osteo</li> <li>□ M25.522 Pain in</li> <li>□ M25.521 Pain in</li> <li>□ M54.2-Cervicalg</li> </ul>	in right wrist arthritis Left Ankle arthritis Right Ankle left elbow right elbow		

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# PHYSICIAN SIGNATURE

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_\_\_

GEORGE KRYDER M.D.

PHYSICIAN NAME: \_\_\_\_\_ DATE 07-10 - 2024

Patient Name: BOBBIE ARTIS

Patient Address: 2525 WALL STORE RD GARNER NC 27529

Patient Phone: 9197726768

Physician Name: GEORGE KRYDER M.D.

Address: 400 US 70 HWY E STE 202 GRANER NC 27529

Telephone: 9193500550 Fax: 9193509835

Patient: BOBBIE ARTIS Date of Birth: 08/26/1941 Visit Date: 06/17/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Tationt Demographics				
Patient Name:	BOBBIE ARTIS	Date of Birth:	08/26/1941	
Age:	82	Phone Number:	9197726768	
Address:	2525 WALL STORE RD	City:	GARNER	
State:	NC	Zip Code:	27529	
Gender:	FEMALE	Height:	5'5	
Weight:	146	Waist Size	м	

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	7X64AY6KT09
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#### **Medications**

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 06/17/2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: GEORGE KRYDER M.D.

Address: 400 US 70 HWY E STE 202 GRANER NC 27529

Physician's Signature:

Date: 07-10 -2024

Patient Name: BOBBIE ARTIS

Patient Address: 2525 WALL STORE RD GARNER NC 27529

Patient Phone: 9197726768

#### LETTER OF MEDICAL NECESSITY

Re: BOBBIE ARTIS

Orthotic Device Need Assessment

Exam Date: 06/27/2024

Height: 5'5 Weight: 146 DOB: 08/26/1941

Ms ARTIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms ARTIS reports chronic Back pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms ARTIS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms ARTIS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms ARTIS** continue medical follow-up as part of an ongoing plan of care.

Re: BOBBIE ARTIS...... DOB: August 26, 1941

I, **GEORGE KRYDER M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Sigi

Date Signed: <u>07-10 -20</u>24