RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION		
HAWES BETTY		
LAST NAME FIRST NAME	MI	
FEMALE 10/27/1939	8645739630 SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER DATE OF BIRTH	PHONE NUMBER □ SHIP TO PATIENT'S PHYSICIAN CLINIC	
424 HAWES DR SPARTANBURG	SC 29303	
ADDRESS CITY	STATE & ZIPCODE	
INSURANCE INFORMATION	•	
MEDICARE		
PRIMARY INSURANCE	SECONDARY INSURANCE	
8H90M84JC19		
MEMBER ID	MEMBER ID	
PHYSICIAN INFORMATION		
MARY BROOKS MD	1740374040	
PHYSICIAN NAME	NPI #	
	864-797-7875	
101 E WOOD ST SPARTANBURG SC 29303	PHONE NUMBER	
PRACTICE LOCATION	864-527-8501	
	FAX NUMBER	
PRESCRIPTION SELECTION		
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)	L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: SMALL) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1833 / L1851 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: 5) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	 M25.532- Pain in left wrist M25.531 - Pain in right wrist M19.072- Osteoarthritis Left Ankle M19.071- Osteoarthritis Right Ankle M25.522 Pain in left elbow M25.521 Pain in right elbow M54.2-Cervicalgia Pain in Neck 	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **5-8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

MARY BROOKS MD

_ PHYSICIAN NAME: ______ DATE: \$-24.707

Patient Name: BETTY HAWES

Patient Address: 424 HAWES DR SPARTANBURG SC 29303

Patient Phone: 8645739630

Physician Name: MARY BROOKS MD

Address: 101 E WOOD ST SPARTANBURG SC 29303

Telephone: 864-797-7875 Fax: 864-527-8501 Patient: **BETTY HAWES**Date of Birth: **10/27/1939**Visit Date: **WITHIN A YEAR**

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	BETTY HAWES	Date of Birth:	10/27/1939
Age:	84	Phone Number:	8645739630
Address:	424 HAWES DR	City:	SPARTANBURG
State:	sc	Zip Code:	29303
Gender:	FEMALE	Height:	5'6
Weight:	106	Waist Size	26

Patient Insurance

Provider:	MEDICARE	Member ID:	8H90M84JC19
-----------	----------	------------	-------------

Medications

Current Medication	NONE
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 5-8

The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: STANDING AND WALKING

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST

Subjective Notes

The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **5-8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST related to M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5-8**. The following activities make the patient's pain worse: **STANDING AND WALKING**. Patient needs a **LEFT ANKLE**, **RIGHT ANKLE**, **LEFT WRIST**, **RIGHT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF, L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MARY BROOKS MD

Address: 101 E WOOD ST SPARTANBURG SC 29303

Physician's Signature:

Date:

Patient Name: **BETTY HAWES**

Patient Address: 424 HAWES DR SPARTANBURG SC 29303

Patient Phone: 8645739630

LETTER OF MEDICAL NECESSITY

Re: **BETTY HAWES**

Orthotic Device Need Assessment

Exam Date: 08/24/2024

Height: **5'6** Weight: **106** DOB: **10/27/1939**

Ms HAWES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST.

Ms HAWES reports chronic LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 5-8 and pain worsens with STANDING AND WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.071- Osteoarthritis Right Ankle, M19.072- Osteoarthritis Left Ankle, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms HAWES and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, LEFT WRIST, RIGHT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ANKLE orthosis for the following indication(s): to aid when the patient is STANDING AND WALKING, to aid in stabilization of the WRIST, ANKLE. My treatment goal(s) for the use of the prescribed WRIST, ANKLE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HAWES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HAWES** continue medical follow-up as part of an ongoing plan of care.

Re: BETTY HAWES...... DOB: October 27, 1939

I, MARY BROOKS MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 18.74.1074

Signature