RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	ON		
COPELAND	DIANE		
LAST NAME	FIRST NAME	MI	
FEMALE	03/12/1946	2165105131	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☒ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
16772 GERARD AVE	MAPLE HEIGHTS	OH 44137	
ADDRESS	CITY	STATE & ZIPCODE	
INCLIDANCE INCODM	ATION		.1
INSURANCE INFORM	ATION		
MEDICARE		SECONDARY INSURANCE	
PRIMARY INSURANCE 5RE4GJ5MA72			
MEMBER ID		MEMBER ID	
WEWBER			
PHYSICIAN INFORMA	TION		
HAITHAM AZEM, MD		1417967118	
PHYSICIAN NAME		NPI#	
		4402324455	
88 CENTER RD STE 130 BE	EDFORD OH 44146	PHONE NUMBER	
PRACTICE LOCATION		4402323147	
		FAX NUMBER	
PRESCRIPTION SELE	CTION	<u> </u>	
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM) □ L0642 - Lumbar Brace (Waist:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L1684 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L3760 - Elbow Brace (Side: □ L □ R) □ L3170 - Heel Stabilizer (Side: □ L □ R)		and Finger (Side: □ L □ R) (Size:) and Finger (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size: MEDIUM) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ace (Side: □ L □ R) (Size:) ace (Size: MEDIUM) (Qty: 2) k Hinge ROM xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size:) Brace	
MEDICAL INFORMATI ICD 10 (Diagnosis Code(s)):	pecified steoarthritis left knee steoarthritis right knee ulder oulder	☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow
Length of Need: ⊠ 12+ r	months (long term) \square # of mo	onths (1-11)	

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY AND SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

HAITHAM AZEM, MD

PHYSICIAN NAME:

DATP9-23-2021

Patient Name: **DIANE COPELAND**

Patient Address: 16772 GERARD AVE MAPLE HEIGHTS OH 44137

Patient Phone: 2165105131

Physician Name: HAITHAM AZEM, MD

Address: 88 CENTER RD STE 130 BEDFORD OH 44146

Telephone: 4402324455 Fax: 4402323147 Patient: **DIANE COPELAND**Date of Birth: **03/12/1946**Visit Date: **08/19/2024**

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	DIANE COPELAND	Date of Birth:	03/12/1946
Age:	78	Phone Number:	2165105131
Address:	16772 GERARD AVE	City:	MAPLE HEIGHTS
State:	ОН	Zip Code:	44137
Gender:	FEMALE	Height:	5'6
Weight:	190	Waist Size	36

Patient Insurance

Provider:	MEDICARE	Member ID:	5RE4GJ5MA72
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Medications

Current Medication	TIZANIDINE AND TYLENOL
Medical History	CHRONIC OBSTRUCTIVE, PULMONARY DISEASE, DIABETES, HEART CONDITION, HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10
The patient's pain started on or around MORE THAN A YEAR AGO
The surgery addressed the following: NA
The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: **ACHY AND SHARP**The activities that make the patient's pain worse is as follows: **MOVING AROUND AND LAYING DOWN**

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 08/19/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY AND SHARP with a pain scale of 10 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY AND SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **MOVING AROUND AND LAYING DOWN**. Patient needs a **LOWER BACK, LEFT KNEE, RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

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Date:

Provider Name: HAITHAM AZEM, MD

Address: 88 CENTER RD STE 130 BEDFORD OH 44146

Physician's Signature:

09-20 202

Patient Name: DIANE COPELAND

Patient Address: 16772 GERARD AVE MAPLE HEIGHTS OH 44137

Patient Phone: 2165105131

LETTER OF MEDICAL NECESSITY

Re: DIANE COPELAND

Orthotic Device Need Assessment

Exam Date: 09/20/2024

Height: 5'6 Weight: 190 DOB: 03/12/1946

Ms COPELAND is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Ms COPELAND reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY AND SHARP with a pain scale of 10 and pain worsens with MOVING AROUND AND LAYING DOWN. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms COPELAND and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is MOVING AROUND AND LAYING DOWN, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms COPELAND** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms COPELAND** continue medical follow-up as part of an ongoing plan of care.

Re: DIANE COPELAND...... DOB: March 12, 1946

I, **HAITHAM AZEM**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: アター 2カー 2021

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive