RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N			
MILES	SARAH			
LAST NAME	FIRST NAME	MI		
FEMALE	03/21/1951	3027340968	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	 	
83 MERION RD	DOVER	DE 19904		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
7DP9U17XG15				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMAT	ION			
SANDEEP MANN, MD		1891776761		
PHYSICIAN NAME		NPI#		
		3027300554		
810 NEW BURTON RD STE 3	DOVERD DE 19904	PHONE NUMBER		
PRACTICE LOCATION		3027301175		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
L3671 - Shoulder Brace (Side: □ L □ R) (Size:)		nd Finger (Side:		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspe M17.12- Unilateral primary oste M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip	cified eoarthritis left knee eoarthritis right knee ler	☐ M25.522 Pain i☐ M25.521 Pain i☐ M54.2-Cervical	n in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

SANDEEP MANN, MD

PHYSICIAN NAME: __

to 9 - 26-2029

Patient Name: SARAH MILES

Patient Address: 83 MERION RD DOVER DE 19904

Patient Phone: 3027340968

Physician Name: SANDEEP MANN, MD

Address: 810 NEW BURTON RD STE 3 DOVERD DE 19904

Telephone: **3027300554** Fax: **3027301175**

Patient: SARAH MILES Date of Birth: 03/21/1951 Visit Date: WITHIN A YEAR Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	SARAH MILES	Date of Birth:	03/21/1951
Age:	73	Phone Number:	3027340968
Address:	83 MERION RD	City:	DOVER
State:	DE	Zip Code:	19904
Gender:	FEMALE	Height:	4'9
Weight:	120	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	7DP9U17XG15
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Medications

Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **10** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SANDEEP MANN, MD

Address: 810 NEW BURTON RD STE 3 DOVERD DE 19904

Physician's Signature:

Date:

Patient Name: SARAH MILES

Patient Address: 83 MERION RD DOVER DE 19904

Patient Phone: 3027340968

LETTER OF MEDICAL NECESSITY

Re: SARAH MILES

Orthotic Device Need Assessment

Exam Date: 09/25/2024

Height: **4'9** Weight: **120** DOB: **03/21/1951**

Ms MILES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms MILES reports chronic Back pain for A YEAR. Patient states pain is THROBBING with a pain scale of 10 and pain worsens with LIFTING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MILES and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MILES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MILES** continue medical follow-up as part of an ongoing plan of care.

Re: SARAH MILES...... DOB: March 21, 1951

I, **SANDEEP MANN**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature

ANDEEP MANN, MD