# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
BOWERS	SANDRA				
LAST NAME	FIRST NAME	MI			
FEMALE	06/08/1941	9736781754	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
10 GASTON ST UNIT 5C	WEST ORANGE	NJ 07052			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
PRIMARY INSURANCE		SECONDARY INSURANCE			
5QP6YN4CK70		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION	)N				
HEMANTKUMAR G PATEL, MD		1932178357			
PHYSICIAN NAME		NPI#	NPI#		
		9736690098			
91 MAIN ST W ORANGE NEWA	RK NJ 07106	PHONE NUMBER			
PRACTICE LOCATION		9736695595			
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
L3671 - Shoulder Brace (Side:		□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Stac □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	□       L1852- Knee Brace (Side: □ L □ R) (Size: )         □       L1851 - Knee Brace (Side: □ L □ R) (Size: )         □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L2397 - Knee Sleeve (Size: ) (Qty: )         □       E0100 - Cane         □       L2425 - Dial Lock Hinge ROM         □       L2820 - Lower Extremity Ortho         □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	<ul> <li>         □ M25.522 Pain in M25.521 Pain in M54.2-Cervicale</li> </ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

## **MEDICAL HISTORY**

**Previous treatments: TAKING TYLENOL** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE

HEMANTKUMAR G PATEL, MD
PHYSICIAN NAME: \_\_\_\_\_

DATE 09/24/2014

Patient Name: SANDRA BOWERS

Patient Address: 10 GASTON ST UNIT 5C WEST ORANGE NJ 07052

Patient Phone: 9736781754

Physician Name: **HEMANTKUMAR G PATEL, MD** Address: **91 MAIN ST W ORANGE NEWARK NJ 07106** 

Telephone: 9736690098 Fax: 9736695595 Patient: SANDRA BOWERS Date of Birth: 06/08/1941 Visit Date: July 23, 2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	SANDRA BOWERS	Date of Birth:	06/08/1941
Age:	83	Phone Number:	9736781754
Address:	10 GASTON ST UNIT 5C	City:	WEST ORANGE
State:	NJ	Zip Code:	07052
Gender:	FEMALE	Height:	5'9
Weight:	250	Waist Size	XL

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	5QP6YN4CK70
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# Medications

Current Medication	TYLENOL
Medical History	ARTHRITIS

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on July 23, 2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-6. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: **HEMANTKUMAR G PATEL, MD** 

Address: 91 MAIN ST W ORANGE NEWARK NJ 07106

Physician's Signature:

Date:

Patient Name: SANDRA BOWERS

Patient Address: 10 GASTON ST UNIT 5C WEST ORANGE NJ 07052

Patient Phone: 9736781754

#### LETTER OF MEDICAL NECESSITY

Re: SANDRA BOWERS

Orthotic Device Need Assessment

Exam Date: 09/23/2024

Height: **5'9** Weight: **250** DOB: **06/08/1941** 

Ms BOWERS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BOWERS reports chronic Back pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BOWERS and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BOWERS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BOWERS** continue medical follow-up as part of an ongoing plan of care.

Re: SANDRA BOWERS...... DOB: JUNE 08, 1941

I, **HEMANTKUMAR G PATEL**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary according to accepted standards of medical practice within the community, for this patient's medical condition.

HEMANTKUMAR G PATEL, MD

Signature

Date Signed: 09/24/2014