RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	N			
CARNES	CHRISTA			
LAST NAME	FIRST NAME	MI		
FEMALE	12/11/1934	8564288775	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
1920 FRONTAGE RD APT	CHERRY HILL	NJ 08034		
1501	CITY	STATE & ZIPCODE		
ADDRESS				
INSURANCE INFORMAT	TION			
MEDICARE		SECONDARY INSURANCE		
PRIMARY INSURANCE	_			
3W19C76EK10		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATI	ON			
STEPHEN RAPHAEL, MD		1477599702		
PHYSICIAN NAME				
		8568740202		
3 HADDONFIELD BERLIN RD VOORHEES NJ 08043		PHONE NUMBER		
PRACTICE LOCATION		8568740220		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: SMALL L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size:) L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) L1852 - Knee Brace (Side: □ L □ R) (Size:) L1851 - Knee Brace (Side: □ L □ R) (Size:) L1833 - Knee Brace (Side: □ L □ R) (Size:) L2397 - Knee Sleeve (Size:) (Qty:) E0100 - Cane L2425 - Dial Lock Hinge ROM L2820 - Lower Extremity Ortho L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) L0174 - Cervical Brace L3170 - Heel Stabilizer (Side: □ L □ R)		
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MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified coarthritis left knee carthritis right knee ear der	☐ M19.071- Ost ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	in in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	
Length of Need: ⊠ 12+ mo	nths (long term) — # of mo	onths (1-11)		

MEDICAL HISTORY

Previous treatments: TAKING MEDICATIONS, HEATING PADS, ICE PACKS

Doctor's Notes: The patient reports chronic **Back** pain for **SEVERAL MONTHS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

PHYSICIAN SIGNATURE:

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

STEPHEN RAPHAEL, MD

PHYSICIAN NAME: DATE: 19-18-1019

Patient Name: CHRISTA CARNES

Patient Address: 1920 FRONTAGE RD APT 1501 CHERRY HILL NJ 08034

Patient Phone: 8564288775

Physician Name: STEPHEN RAPHAEL, MD

Address: 3 HADDONFIELD BERLIN RD VOORHEES NJ 08043

Telephone: **8568740202** Fax: **8568740220**

Patient: CHRISTA CARNES
Date of Birth: 12/11/1934
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CHRISTA CARNES	Date of Birth:	12/11/1934
Age:	89	Phone Number:	8564288775
Address:	1920 FRONTAGE RD APT 1501	City:	CHERRY HILL
State:	NJ	Zip Code:	08034
Gender:	FEMALE	Height:	5'2
Weight:	131	Waist Size	s

Patient Insurance

Provider:	MEDICARE	Member ID:	3W19C76EK10
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Medications

Current Medication	ADVIL, TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS, HEATING PADS, ICE PACKS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL MONTHS.** Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: STEPHEN RAPHAEL, MD

Address: 3 HADDONFIELD BERLIN RD VOORHEES NJ 08043

Physician's Signature:

Date:

Patient Name: CHRISTA CARNES

Patient Address: 1920 FRONTAGE RD APT 1501 CHERRY HILL NJ 08034

Patient Phone: 8564288775

LETTER OF MEDICAL NECESSITY

Re: CHRISTA CARNES

Orthotic Device Need Assessment

Exam Date: 09/18/2024

Height: **5'2** Weight: **131** DOB: **12/11/1934**

Ms CARNES is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms CARNES reports chronic Back pain for SEVERAL MONTHS. Patient states pain is ACHY with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms CARNES and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CARNES** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CARNES** continue medical follow-up as part of an ongoing plan of care.

Re: CHRISTA CARNES...... DOB: December 11, 1934

I, STEPHEN RAPHAEL, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

STEPHEN RAPHAEL. MD

Signature

Date Signed: 10-18-1029