# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N				
LEIS	JANET				
LAST NAME	FIRST NAME	MI			
FEMALE	11/01/1939	9375476204	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
870 CHESTNUT CIR	GREENVILLE	OH 45331			
ADDRESS	СІТУ	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
2F17CG1QC41		MEMBER ID			
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMAT	ION				
THOMAS BROWN, MD		1114996444			
PHYSICIAN NAME		NPI#			
		9375483806			
5735 MEEKER RD GREENVIL	LE OH 45331	PHONE NUMBER	PHONE NUMBER		
PRACTICE LOCATION		9375483552			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELEC	TION				
□       L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □       L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )       □       L1852 - Knee Brace (Side: □ L □ R) (Size: MEDIUM)         □       L0457 - Lumbar Brace (Waist: )       □       L1833 - Knee Brace (Side: □ L □ R) (Size: )         □       L0648 - Lumbar Brace (Waist: )       □       L2397 - Knee Sleeve (Size: MEDIUM) (Qty: 2)         □       E0100 - Electric Heat Pad       □       L2425 - Dial Lock Hinge ROM         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □       L2820 - Lower Extremity Ortho         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □       L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □       L3760 - Elbow Brace (Side: □ L □ R)       □       L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )		nd Finger (Side: □ L □ R) (Size: )  d Finger (Side: □ L □ R) (Size: )  ce (Side: □ L □ R) (Size: MEDIUM)  ce (Side: □ L □ R) (Size: )  eve (Size: MEDIUM) (Qty: 2)  Hinge ROM  tremity Ortho  ace (Side: □ L □ R) (Shoe Size: )  ace (Side: □ L □ R) (Shoe Size: )  Brace			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	cified eoarthritis left knee eoarthritis right knee der	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M19.072- Osted ☐ M19.071- Osted ☐ M25.522 Pain ii ☐ M25.521 Pain ii ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		
Length of Need: ⊠ 12+ mo	onths (long term)	onths (1-11)			

### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATIONS** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

THOMAS BROWN, MD

\_\_\_ PHYSICIAN NAME: \_

DATE: 9 - 20-701N

Patient Name: JANET LEIS

Patient Address: 870 CHESTNUT CIR GREENVILLE OH 45331

Patient Phone: 9375476204

Physician Name: THOMAS BROWN, MD Address: 5735 MEEKER RD GREENVILLE OH 45331

Telephone: 9375483806 Fax: 9375483552 Patient: JANET LEIS
Date of Birth: 11/01/1939
Visit Date: WITHIN A YEAR
Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	JANET LEIS	Date of Birth:	11/01/1939
Age:	84	Phone Number:	9375476204
Address:	870 CHESTNUT CIR	City:	GREENVILLE
State:	он	Zip Code:	45331
Gender:	FEMALE	Height:	5'3
Weight:	145	Waist Size	м

## **Patient Insurance**

	Provider:	MEDICARE	Member ID:	2F17CG1QC41
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#### **Medications**

Current Medication	TYLENOL
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATIONS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: STANDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **STANDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: THOMAS BROWN, MD

Address: 5735 MEEKER RD GREENVILLE OH 45331

Physician's Signature:

Date:

Patient Name: JANET LEIS

Patient Address: 870 CHESTNUT CIR GREENVILLE OH 45331

Patient Phone: 9375476204

### LETTER OF MEDICAL NECESSITY

Re: JANET LEIS

Orthotic Device Need Assessment

Exam Date: 09/18/2024

Height: 5'3 Weight: 145 DOB: 11/01/1939

Ms LEIS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms LEIS reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms LEIS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is STANDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms LEIS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms LEIS continue medical follow-up as part of an ongoing plan of care.

Re: JANET LEIS..... DOB: November 01, 1939

I, THOMAS BROWN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive