RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
BAPTISTA	CANDICE				
LAST NAME	FIRST NAME	MI			
FEMALE	04/23/56	6174661669	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
17 LIBRARY ST	CHELSEA	MA 02150			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
9E62AC0PF09		MEMBER ID	MEMBER ID		
MEMBER ID					
DUVCIOLAN INFORMATIO	NI .				
PHYSICIAN INFORMATIO DONNA C UGBOAJA, MD	N	1588227417			
PHYSICIAN NAME		- NPI #			
		6178848300			
		PHONE NUMBER			
151 EVERETT AVE CHELSEA M	A 2150	- 6178848300			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTI	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Har □ L3915 − Wrist Har □ L1852− Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Stac □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical I	□ L1852- Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

MEDICAL HISTORY

Previous treatments: HEATING PADS ICE PACKS

Doctor's Notes: The patient reports chronic **Back** pain for **SINCE AUGUST**. Patient states pain is **ACHY, SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **TWO BULGING DISC** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

DONNA C UGBOAJA, MD
PHYSICIAN NAME:

DATE 10 - 18 - 100

Patient Name: CANDICE BAPTISTA

Patient Address: 17 LIBRARY ST CHELSEA MA 02150

Patient Phone: 6174661669

Physician Name: **DONNA C UGBOAJA, MD**Address: **151 EVERETT AVE CHELSEA MA 2150**

Telephone: **6178848300** Fax: **6178848300**

Patient: CANDICE BAPTISTA
Date of Birth: 04/23/56
Visit Date: WITHIN A YEAR
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CANDICE BAPTISTA	Date of Birth:	04/23/56
Age:	68	Phone Number:	6174661669
Address:	17 LIBRARY ST	City:	CHELSEA
State:	MA	Zip Code:	02150
Gender:	FEMALE	Height:	5'4
Weight:	209	Waist Size	3XL

Patient Insurance

Provider:	MEDICARE	Member ID:	9E62AC0PF09
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Medications

Current Medication	NONE
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SINCE AUGUST

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: HEATING PADS, ICE PACKS

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: STANDING, SITTING, WALKING

The pain is located in the patient's BACK

The patient's pain is caused by TWO BULGING DISC

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **SINCE AUGUST.** Patient states pain is **ACHY, SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **TWO BULGING DISC** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SINCE AUGUST** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **STANDING**, **SITTING**, **WALKING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: DONNA C UGBOAJA, MD

Address: 151 EVERETT AVE CHELSEA MA 2150

Physician's Signature:

Date:

Patient Name: CANDICE BAPTISTA

Patient Address: 17 LIBRARY ST CHELSEA MA 02150

Patient Phone: 6174661669

LETTER OF MEDICAL NECESSITY

Re: CANDICE BAPTISTA

Orthotic Device Need Assessment

Exam Date: 10/17/2024

Height: **5'4** Weight: **209** DOB: **04/23/56**

Ms BAPTISTA is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms BAPTISTA reports chronic Back pain for SINCE AUGUST. Patient states pain is ACHY, SHARP with a pain scale of 8 and pain worsens with TWO BULGING DISC. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms BAPTISTA and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **STANDING, SITTING, WALKING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BAPTISTA** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BAPTISTA** continue medical follow-up as part of an ongoing plan of care.

Re: CANDICE BAPTISTA...... DOB: April 23, 1956

I, **DONNA C UGBOAJA**, **MD**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed 0 - 18 - W