# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I			
HENDERSON	ALMEDA			
LAST NAME	FIRST NAME	MI		
FEMALE	06/02/1943	9184798825	SHIPPING METHOD:	
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>	
409 N WATER ST	LOCUST GROVE	OK 74352		
ADDRESS	CITY	STATE & ZIPCODE		
ADDICESS	CITI		1	
INSURANCE INFORMAT	TION			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
8WJ2Y64HY15		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATI	ON			
MITCHELL COLLIER, M.D.		1902856909		
PHYSICIAN NAME		NPI #		
		918-479-8060		
609 E MAIN LOCUST GROVE	OK 74352	PHONE NUMBER		
PRACTICE LOCATION		918-479-8066		
		FAX NUMBER		
PRESCRIPTION SELEC	IION			
□ L3671 – Shoulder Brace (Side:			race (Side: ☐ L ☐ R) (Size: )	
<ul><li>□ L3960 - Shoulder Brace (Side:</li><li>□ L3660 - Shoulder Brace (Side:</li></ul>	, ,	<ul> <li>L3916 – Wrist Hand Finger (Side: □ L □ R) (Size: )</li> <li>L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )</li> </ul>		
□ <b>L0650</b> – Lumbar Brace (Waist:	)	☐ <b>L1852</b> – Knee Bra	ce (Side: □ L □ R) (Size: )	
<ul><li>□ L0642 – Lumbar Brace (Waist:</li><li>□ L0457 – Lumbar Brace (Waist:</li></ul>	•		ace (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )	
<ul><li>■ L0457 – Lumbar Brace (Waist:</li><li>■ L0648 – Lumbar Brace (Waist:</li></ul>			eeve (Size: ) (Qty: )	
☐ <b>E0100</b> – Electric Heat Pad	,	□ <b>E0100</b> – Cane	, , , , ,	
□ L1690 - Hip Brace (Side: □ L		L2425 – Dial Lock		
□ L1686 – Hip Brace (Side: □ L □ R) (Waist: ) □ L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)		□ L2820 – Lower Ex	xtremity Ortho ace (Side: □ L □ R) (Shoe Size: )	
☐ L2624 – Hip Joint Adjustable F☐ L3760 – Elbow Brace (Side: ☐	The state of the s		ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )	
Let co Lisew Brace (ciae.	. 2 – 10,	□ L0174 – Cervical	, , , ,	
		☐ <b>L317</b> 0 – Heel Sta	bilizer (Side: □ L □ R)	
MEDICAL INFORMATIO	N			
ICD 10 (Diagnosis Code(s)):	ifia d	□ Mos 500 D :	in left union	
M54.50- Low back pain, unspecified  M17.12- Unilateral primary esteparthritis left knee		☐ M25.532- Pain ☐ M25.531 - Pair		
☐ M17.12- Unilateral primary osteoarthritis left knee ☐ M17.11-Unilateral primary osteoarthritis right knee			oarthritis Left Ankle	
☐ M25.512-Pain in the left should	er	☐ M19.071- Oste	oarthritis Right Ankle	
☐ M25.511-Pain in the right should	der	☐ M25.522 Pain i		
☐ M25.552- Pain in Left Hip☐ M25.551- Pain in Right Hip☐		☐ M25.521 Pain i☐ M54.2-Cervica		
L WEO.551- Fam in Right ΠΙΡ		□ IVID4.2-Ce1VICal	gia i alli neok	
Length of Need: ⊠ 12+ months (long term) □ # of months (1-11)				

# **MEDICAL HISTORY**

Previous treatments: ICE PACKS, HEATING PAD AND EXCERCISE

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING AND SHARP** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-presc indicated and necessary and consistent with current accepted standards of medical practice and treatment of this particle.	` ,
MITCHELL COLLIER, M.D.	. ,
PHYSICIAN SIGNATURE: PHYSICIAN NAME:	_ DATE:
	<del>10-01-209</del>

Patient Name: ALMEDA HENDERSON

Patient Address: 409 N WATER ST LOCUST GROVE OK 74352

Patient Phone: 9184798825

Physician Name: MITCHELL COLLIER, M.D. Address: 609 E MAIN LOCUST GROVE OK 74352

Telephone: 918-479-8060 Fax: 918-479-8066 Patient: ALMEDA HENDERSON Date of Birth: 06/02/1943 Visit Date: 09/20/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ALMEDA HENDERSON	Date of Birth:	06/02/1943
Age:	81	Phone Number:	9184798825
Address:	409 N WATER ST	City:	LOCUST GROVE
State:	ок	Zip Code:	74352
Gender:	FEMALE	Height:	5'4
Weight:	190	Waist Size	MEDIUM

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	8WJ2Y64HY15
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#### **Medications**

Current Medication	DICLOFENAC
Medical History	HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: ICE PACKS, HEATING PAD AND EXCERCISE

The patient described their pain as the following: THROBBING AND SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 09/20/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **THROBBING AND SHARP** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING AND SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-8. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: MITCHELL COLLIER, M.D.

Address: 609 E MAIN LOCUST GROVE OK 74352

Physician's Signature:

Date:

Patient Name: ALMEDA HENDERSON

Patient Address: 409 N WATER ST LOCUST GROVE OK 74352

Patient Phone: 9184798825

# Utica Park Clinic - Locust Grove DV MEDICAL SUPPLY

# LETTER OF MEDICAL NECESSITY

Re: ALMEDA HENDERSON

Orthotic Device Need Assessment

Exam Date: 10/07/2024

Height: **5'4** Weight: **190** DOB: **06/02/1943** 

Ms HENDERSON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms HENDERSON reports chronic Back pain for SEVERAL YEARS. Patient states pain is THROBBING AND SHARP with a pain scale of 8 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms HENDERSON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HENDERSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HENDERSON** continue medical follow-up as part of an ongoing plan of care.

Re: ALMEDA HENDERSON...... DOB: JUNE 02, 1943

I, MITCHELL COLLIER, M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

MITCHELL COLLIER, M.D.

Signature

Date Signed: 10 -07 - 204