## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
RAMSARUP	ANN		
LAST NAME	FIRST NAME	MI	
FEMALE	12/26/1956	3475726058	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul> <li></li></ul>
14 STEGMAN TER	JERSEY CITY	NJ 07305	
ADDRESS	СІТУ	STATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE		OF COMPANY INCLINATION	
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
1WJ4KV0TX93		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATIO	ON .		
BERTHA MAYORQUIN M.D.		1053643361	
PHYSICIAN NAME		NPI#	
		201-395-7670	
1825 JOHN F KENNEDY BLVD I	FL 1 JERSEY CITY, NJ 07305	PHONE NUMBER	
PRACTICE LOCATION		201-918-2404	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
			(6:1
<ul><li>□ L3671 - Shoulder Brace (Side: □</li><li>□ L3960 - Shoulder Brace (Side: □</li></ul>			race (Side: □ L □ R) (Size: ) nd Finger (Side: □ L □ R) (Size: )
□ L3660 – Shoulder Brace (Side: □		☐ <b>L3915</b> - Wrist Har	nd Finger (Side: □ L □ R) (Size: )
□ L0650 – Lumbar Brace (Waist: ) □ L0642 – Lumbar Brace (Waist: )			ce (Side: □ L □ R) (Size: ) ace (Side: □ L □ R) (Size: )
■ L0457 – Lumbar Brace (Waist: N	IEDIUM	☐ <b>L1833</b> – Knee Bra	ace (Side:   R) (Size: )
□ L0648 – Lumbar Brace (Waist: ) □ E0100 – Electric Heat Pad			eeve (Size: ) (Qty: )
<ul><li>□ E0100 – Electric Heat Pad</li><li>□ L1690 – Hip Brace (Side: □ L □</li></ul>	R) (Waist: )	☐ E0100 – Cane ☐ L2425 – Dial Lock Hinge ROM	
☐ L1686 – Hip Brace (Side: ☐ L ☐ R) (Waist: )		□ L2820 – Lower Extremity Ortho	
<ul><li>L2624 - Hip Joint Adjustable Flex</li><li>L3760 - Elbow Brace (Side: □ L</li></ul>			ace (Side: $\square$ L $\square$ R) (Shoe Size: ) ace (Side: $\square$ L $\square$ R) (Shoe Size: )
Elsow Blace (Clac. Elso	11	□ <b>L0174</b> – Cervical	, , , , , , , , , , , , , , , , , , , ,
		E ESTO TICKION	Silizor (Glad. 🗆 E 🗀 IV)
MEDICAL INFORMATION			
ICD 10 (Diagnosis Code(s)):	ed	☐ M25.532- Pain	in left wrist
☐ M17.12- Unilateral primary osteoarthritis left knee		☐ M25.531 - Pair	9
☐ M17.11-Unilateral primary osteoarthritis right knee			coarthritis Left Ankle
<ul><li>M25.512-Pain in the left shoulder</li><li>M25.511-Pain in the right shoulde</li></ul>	er .	☐ M19.071- Oste ☐ M25.522 Pain	oarthritis Right Ankle in left elbow
☐ M25.552- Pain in Left Hip		☐ M25.521 Pain	in right elbow
☐ M25.551- Pain in Right Hip		☐ M54.2-Cervica	Igia Pain neck

## **MEDICAL HISTORY**

**Previous treatments: NONE** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE	
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescindicated and necessary and consistent with current accepted standards of medical practice and treatment of this particle.	• ,
PHYSICIAN SIGNATURE: PHYSICIAN NAME:	DATE:
Magh-	DB - 30 - 2029

Patient Name: ANN RAMSARUP

Patient Address: 14 STEGMAN TER JERSEY CITY NJ 07305

Patient Phone: 3475726058

Physician Name: **BERTHA MAYORQUIN M.D.** 

Address: 1825 JOHN F KENNEDY BLVD FL 1 JERSEY CITY, NJ

07305

Telephone: **201-395-7670** Fax: **201-918-2404** 

Patient: ANN RAMSARUP Date of Birth: 12/26/1956 Visit Date: 07/23/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ANN RAMSARUP	Date of Birth:	12/26/1956
Age:	67	Phone Number:	3475726058
Address:	14 STEGMAN TER	City:	JERSEY CITY
State:	NJ	Zip Code:	07305
Gender:	FEMALE	Height:	5'3
Weight:	131	Waist Size	м

### **Patient Insurance**

Provider: MEDICARE Member ID: 1WJ4KV0TX93	
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### Medications

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Current Medication	CHOLESTEROL PILL HIGHBLOOD PRESSURE PILL
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was ind	icated on a scale of 1-10 as the following: <b>8</b>
The patient's pain star	ted on or around MORE THAN A YEAR
The surgery addressed	d the following: NA
The pain is experience	ed CONSTANTLY
The patient has attempt	oted the following previous treatments/therapies: NONE

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's Back

The patient's pain is caused by  $\overline{\text{WEAR AND TEAR}}$ 

The last time the patient has seen the doctor was on 07/23/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### **Subjective Notes**

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: BERTHA MAYORQUIN M.D.

Address: 1825 JOHN F KENNEDY BLVD FL 1 JERSEY CITY, NJ 07305

Physician's Signature:

Date:

Patient Name: ANN RAMSARUP

Patient Address: 14 STEGMAN TER JERSEY CITY NJ 07305

Patient Phone: 3475726058

#### LETTER OF MEDICAL NECESSITY

Re: ANN RAMSARUP

Orthotic Device Need Assessment

Exam Date: 08/28/2024

Height: **5'3** Weight: **131** DOB: **12/26/1956** 

Ms RAMSARUP is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms RAMSARUP reports chronic Back pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with BENDING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms RAMSARUP and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms RAMSARUP** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms RAMSARUP** continue medical follow-up as part of an ongoing plan of care.

Re: ANN RAMSARUP...... DOB: December 26, 1956

I, **BERTHA MAYORQUIN M.D.**, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed - 37 - 2029

Signature