# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
SCHNUR	SEYMOUR			
LAST NAME	FIRST NAME	MI		
MALE	02/07/1938	9142767878	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
585 HERITAGE HLS UNIT A	SOMERS	NY 10589		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE		OF CONDARY INCLIDANCE		
PRIMARY INSURANCE	-	SECONDARY INSURANCE		
4CC3YD2DJ07		MEMBER ID		
MEMBER ID		WEINBER ID		
PHYSICIAN INFORMATION	DN			
GOPI PATEL MD		1235338823		
PHYSICIAN NAME		NPI #		
		9142411050		
90 S BEDFORD RD MT KISCO I	NY 10549	PHONE NUMBER		
PRACTICE LOCATION		9142422779		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE)         □ L0642 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L0648 - Lumbar Brace (Waist: )       □ L2397 - Knee Sleeve (Size: LARGE) (Qty: 2)         □ E0100 - Electric Heat Pad       □ L2425 - Dial Lock Hinge ROM         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2820 - Lower Extremity Ortho         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         □ L1974 - Cervical Brace       □ L1974 - Cervical Brace         □ L3170 - Heel Stabilizer (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee rthritis right knee	<ul><li>☐ M25.522 Pain ii</li><li>☐ M25.521 Pain ii</li></ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow	

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **5 YEARS**. Patient states pain is **ACHY**, **SHARP** with a pain scale of **9** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with <u>current</u> accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

**GOPI PATEL MD** 

PHYSICIAN NAME: \_\_\_\_\_\_ DA 3 - 09 - 2014

Patient Name: SEYMOUR SCHNUR

Patient Address: 585 HERITAGE HLS UNIT A SOMERS NY 10589

Patient Phone: 9142767878

Physician Name: GOPI PATEL MD

Address: 90 S BEDFORD RD MT KISCO NY 10549

Telephone: 9142411050 Fax: 9142422779

Patient: SEYMOUR SCHNUR
Date of Birth: 02/07/1938
Visit Date: August 2024
Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	SEYMOUR SCHNUR	Date of Birth:	02/07/1938
Age:	86	Phone Number:	9142767878
Address:	585 HERITAGE HLS UNIT A	City:	SOMERS
State:	NY	Zip Code:	10589
Gender:	MALE	Height:	5'7
Weight:	188	Waist Size	40

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	4CC3YD2DJ07
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#### **Medications**

Current Medication	TYLENOL, ADVIL 2 OR 3 DAY3 PER WEEK
Medical History	NONE

# **Medical Diagnosis**

The pain level was	indicated on a	cools of 1 10 a	as the following: 0
The pain level was	illulcaleu oli a	Scale of 1-10 a	as the following. 5

The patient's pain started on or around 5 YEARS

The surgery addressed the following: NA

The pain is experienced **CONSTANTLY** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on August 2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **5 YEARS**. Patient states pain is **ACHY**, **SHARP** with a pain scale of **9** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 5 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY, SHARP and occurs CONSTANTLY. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 9. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: GOPI PATEL MD

Address: 90 S BEDFORD RD MT KISCO NY 10549

Physician's Signature:

Date: **D8 · 09 - 2024** 

Patient Name: SEYMOUR SCHNUR

Patient Address: 585 HERITAGE HLS UNIT A SOMERS NY 10589

Patient Phone: 9142767878

## LETTER OF MEDICAL NECESSITY

Re: SEYMOUR SCHNUR

Orthotic Device Need Assessment

Exam Date: 08/09/2024

Height: 5'7 Weight: 188 DOB: 02/07/1938

Mr SCHNUR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr SCHNUR reports chronic LEFT KNEE, RIGHT KNEE pain for 5 YEARS. Patient states pain is ACHY, SHARP with a pain scale of 9 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr SCHNUR and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Mr SCHNUR has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Mr SCHNUR continue medical follow-up as part of an ongoing plan of care.

Re: SEYMOUR SCHNUR...... DOB: February 07, 1938

I, GOPI PATEL MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical the community, for this patient's medical condition. practice wit

D8 · 09 - 2014

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

## Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive