RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
POUDRIER	CATHERINE				
LAST NAME	FIRST NAME	MI			
FEMALE	01/09/38	5085835290	SHIPPING METHOD: ☑ SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC		
10 LORALEI WAY	WEST BRIDGEWATER	MA 02379			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	DN				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
8QQ9PN0WK58		MEMBER ID	MEMBER ID		
MEMBER ID					
PHYSICIAN INFORMATION	N				
NATHAN WILSON, M.D.		1376500314			
PHYSICIAN NAME		NPI#			
		5088976130			
1 PEARL ST STE 2400 BROCKTO	ON MA 02301	PHONE NUMBER			
PRACTICE LOCATION		5088976225			
		FAX NUMBER			
DDECORIDATION OF FOTI					
PRESCRIPTION SELECTION	ON				
L3671 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist: SMALL L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical B	□ L3916 – Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1852 – Knee Brace (Side: □ L □ R) (Size:) □ L1851 – Knee Brace (Side: □ L □ R) (Size:) □ L1833 – Knee Brace (Side: □ L □ R) (Size:) □ L2397 – Knee Sleeve (Size:) (Qty:) □ E0100 – Cane □ L2425 – Dial Lock Hinge ROM □ L2820 – Lower Extremity Ortho □ L1906 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 – Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 – Cervical Brace		
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MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

MEDICAL HISTORY

Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:_

NATHAN WILSON, M.D.
PHYSIQIAN NAME:

DATEINIA NOOL

Patient Name: CATHERINE POUDRIER

Patient Address: 10 LORALEI WAY WEST BRIDGEWATER MA 02379

Patient Phone: 5085835290

Physician Name: NATHAN WILSON, M.D.

Address: 1 PEARL ST STE 2400 BROCKTON MA 02301

Telephone: **5088976130** Fax: **5088976225**

Patient: CATHERINE POUDRIER Date of Birth: 01/09/38 Visit Date: 6 MONTHS AGO Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	CATHERINE POUDRIER	Date of Birth:	01/09/38
Age:	86	Phone Number:	5085835290
Address:	10 LORALEI WAY	City:	WEST BRIDGEWATER
State:	MA	Zip Code:	02379
Gender:	FEMALE	Height:	5'4
Weight:	120	Waist Size	s

Patient Insurance

Provider:	MEDICARE	Member ID:	8QQ9PN0WK58
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Resting

Results	
Current Medication	TYLENOL
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's **Back**

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 6 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce resting, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: NATHAN WILSON, M.D.

Address: 1 PEARL ST STE 2400 BROCKTON MA 02301

Physician's Signature:

Patient Name: CATHERINE POUDRIER

Patient Address: 10 LORALEI WAY WEST BRIDGEWATER MA 02379

Patient Phone: 5085835290

LETTER OF MEDICAL NECESSITY

Re: CATHERINE POUDRIER Orthotic Device Need Assessment

Exam Date: 10/18/2024

Height: 5'4 Weight: 120 DOB: 01/09/38

Ms POUDRIER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms POUDRIER reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms POUDRIER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the Back requiring stabilization for improvement of functionality. I am prescribing this Back orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed Back orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms POUDRIER has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms POUDRIER continue medical follow-up as part of an ongoing plan of care.

according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature