# GLOBAL MEDICAL EQUIPMENT

# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	N			
EFFORD	ALBERTINA			
LAST NAME	FIRST NAME	MI		
MALE	11/16/1936	3138784257	SHIPPING METHOD:  ☑ SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
18105 CONLEY ST	DETROIT WAYNE	MI 48234		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	ΓΙΟΝ			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
2P55P47RM73		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATI	ON			
ADBAH MOHAMED, D.O.		1083092563		
PHYSICIAN NAME		NPI #		
		5868401333		
1921 E 8 MILE RD WARREN N	II 48091	PHONE NUMBER		
PRACTICE LOCATION		5868401377		
		FAX NUMBER		
PRESCRIPTION SELECT	TION			
□       L3671 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 – Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 – Lumbar Brace (Waist: )         □       L0642 – Lumbar Brace (Waist: MEDIUM         □       L0457 – Lumbar Brace (Waist: MEDIUM         □       L0648 – Lumbar Brace (Waist: )         □       E0100 – Electric Heat Pad         □       L1690 – Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 – Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 – Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 – Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852- Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified oarthritis left knee oarthritis right knee er der	☐ M25.532- Pain ☐ M25.531 - Pair ☐ M19.072- Oste ☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow	

### GLOBAL MEDICAL EQUIPMENT

# **MEDICAL HISTORY**

**Previous treatments: TAKING TYLENOL** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:\_

ADBAH MOHAMED, D.O.

PHYSICIAN NAME:

10-21-2024

10/21/2024 12:50 PM ADBAH MOHAMED, D.O. P. 003 / 005

#### GLOBAL MEDICAL EQUIPMENT

Patient Name: ALBERTINA EFFORD

Patient Address: 18105 CONLEY ST DETROIT WAYNE MI 48234

Patient Phone: 3138784257

Physician Name: **ADBAH MOHAMED**, **D.O.** Address: **1921 E 8 MILE RD WARREN MI 48091** 

Telephone: **5868401333** Fax: **5868401377** 

Patient: ALBERTINA EFFORD Date of Birth: 11/16/1936 Visit Date: WITHIN 12 MONTHS Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	ALBERTINA EFFORD	Date of Birth:	11/16/1936
Age:	87	Phone Number:	3138784257
Address:	18105 CONLEY ST	City:	DETROIT WAYNE
State:	мі	Zip Code:	48234
Gender:	MALE	Height:	5'3
Weight:	136	Waist Size	MEDIUM

## **Patient Insurance**

Provider: MEDICARE	Member ID:	2P55P47RM73
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### **Medications**

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Current Medication	TYLENOL	
Medical History	NONE	

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING TYLENOL

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# Subjective Notes

The patient reports chronic **Back** pain for **SEVERAL YEARS.** Patient states pain is **SHARP** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for **SEVERAL YEARS** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

10/21/2024 12:50 PM ADBAH MOHAMED, D.O. P. 004 / 005

#### GLOBAL MEDICAL EQUIPMENT

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified

# **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: ADBAH MOHAMED, D.O.

Address: 1921 E 8 MILE RD WARREN MI 48091

A Je 20 14

Physician's Signature:

Date:

Patient Name: ALBERTINA EFFORD

Patient Address: 18105 CONLEY ST DETROIT WAYNE MI 48234

Patient Phone: 3138784257

#### GLOBAL MEDICAL EQUIPMENT

#### LETTER OF MEDICAL NECESSITY

Re: ALBERTINA EFFORD

Orthotic Device Need Assessment

Exam Date: 10/21/2024

Height: 5'3 Weight: 136 DOB: 11/16/1936

Mr EFFORD is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr EFFORD reports chronic Back pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr EFFORD and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr EFFORD** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr EFFORD** continue medical follow-up as part of an ongoing plan of care.

Re: ALBERTINA EFFORD...... DOB: NOVEMBER 16, 1936

I, ADBAH MOHAMED, D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

ADBAH MOHAMED, D.O.

Signature

Date Signed:

10-21-2024