# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
VICKERS	DORIS				
LAST NAME	FIRST NAME	MI			
FEMALE	06/13/1937	7408628742	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
8139 ELM ST	THURSTON	OH 43157			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE	<del></del>		
9AQ4UU6NQ73					
MEMBER ID		MEMBER ID			
DUVOIGIAN INFORMATIO					
PHYSICIAN INFORMATIO MICHAEL MARTIN, MD	N	1528040623			
PHYSICIAN NAME		1528040623 NPI #			
		740-467-2787			
12135 LANCASTER ST MILLERS	SPORT OH 43046	PHONE NUMBER			
PRACTICE LOCATION		740-554-8774			
		FAX NUMBER			
PRESCRIPTION SELECTI	ON .				
L3670 - Shoulder Brace (Side: □ L □ R) (Size: )   L3960 - Shoulder Brace (Side: □ L □ R) (Size: )   L3660 - Shoulder Brace (Side: □ L □ R) (Size: )   L0650 - Lumbar Brace (Waist: )   L0642 - Lumbar Brace (Waist: )   L0457 - Lumbar Brace (Waist: )   L0648 - Lumbar Brace (Waist: )   E0100 - Electric Heat Pad   L1690 - Hip Brace (Side: □ L □ R) (Waist: )   L1686 - Hip Brace (Side: □ L □ R) (Waist: )   L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)   L3760 - Elbow Brace (Side: □ L □ R)		☑       L3916 – Wrist Har         ☐       L3915 - Wrist Han         ☐       L1852 – Knee Bra         ☐       L1851 – Knee Bra         ☐       L1833 – Knee Bra         ☐       L2397 – Knee Stee         ☐       E0100 – Cane         ☐       L2425 – Dial Lock         ☐       L2820 – Lower Ex         ☐       L1906 – Ankle Bra         ☐       L1971 – Ankle Bra         ☐       L0174 – Cervical Bra			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unspecifie  M17.12- Unilateral primary osteoar  M17.11-Unilateral primary osteoar  M25.512-Pain in the left shoulder  M25.511-Pain in the right shoulder  M25.552- Pain in Left Hip  M25.551- Pain in Right Hip	rthritis left knee thritis right knee	<ul> <li>M25.532- Pain</li> <li>M25.531 - Pain</li> <li>M19.072- Ostec</li> <li>M19.071- Ostec</li> <li>M25.522 Pain in</li> <li>M25.521 Pain in</li> <li>M54.2-Cervical</li> </ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

### **MEDICAL HISTORY**

**Previous treatments: ICE PACKS** 

**Doctor's Notes:** The patient reports chronic **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL MONTHS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN SIGNATURE:

MICHAEL MARTIN, MD

PHYSICIAN NAME:

Patient Name: DORIS VICKERS

Patient Address: 8139 ELM ST THURSTON OH 43157

Patient Phone: **7408628742** 

Physician Name: MICHAEL MARTIN, MD

Address: 12135 LANCASTER ST MILLERSPORT OH 43046

Telephone: **740-467-2787** Fax: **740-554-8774** 

Patient: DORIS VICKERS Date of Birth: 06/13/1937 Visit Date: AUGUST 2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Tationt Demographies			
Patient Name:	DORIS VICKERS	Date of Birth:	06/13/1937
Age:	87	Phone Number:	7408628742
Address:	8139 ELM ST	City:	THURSTON
State:	ОН	Zip Code:	43157
Gender:	FEMALE	Height:	5'2
Weight:	168	Waist Size	MEDIUM

### **Patient Insurance**

Provider: MEDICARE Member ID: 9AQ4UU6NQ73	Provider:	MEDICARE	Member ID:	9AQ4UU6NQ73
---	-----------	----------	------------	-------------

#### Medications

Current Medication	AMLODIPINE AND TYLENOL
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around SEVERAL MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: ICE PACKS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on AUGUST 2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

## **Subjective Notes**

The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL MONTHS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL MONTHS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

D9-06-2024

### ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

**Physician Information** 

Provider Name: MICHAEL MARTIN, MD

Address: 12135 LANCASTER ST MILLERSPORT OH 43046

Physician's Signature:

Date:

Patient Name: DORIS VICKERS

Patient Address: 8139 ELM ST THURSTON OH 43157

Patient Phone: **7408628742** 

FHP MILLERSPORT WHETSTONE CAMPUS

#### LETTER OF MEDICAL NECESSITY

Re: DORIS VICKERS

Orthotic Device Need Assessment

Exam Date: 09/06/2024

Height: 5'2 Weight: 168 DOB: 06/13/1937

Ms VICKERS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms VICKERS reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL MONTHS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms VICKERS and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms VICKERS has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms VICKERS continue medical follow-up as part of an ongoing plan of care.

Re: DORIS VICKERS...... DOB: JUNE 13, 1937

I, MICHAEL MARTIN, MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Signature