RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION						
TAYLOR	JUDY					
LAST NAME	FIRST NAME	MI				
FEMALE	12/13/1946	7123620553	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS			
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC			
1001 1ST AVE N	ESTHERVILLE	IA 51334				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATI	ON					
MEDICARE		SECONDARY INSURANCE				
PRIMARY INSURANCE	-	CECOND/IIVI IIVOON IIVOE				
7A68D17WV41		MEMBER ID				
MEMBER ID						
PHYSICIAN INFORMATIO	N					
KEITH PROBST MD		1316998446				
PHYSICIAN NAME						
		7123626501				
926 N 8TH ST ESTHERVILLE IA	51334	PHONE NUMBER				
PRACTICE LOCATION		7123627190				
		FAX NUMBER				
PRESCRIPTION SELECT	ION					
□ L3960 / L3670 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist:) □ L042 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □ L	(Side: □ L □ R) (Size:) □ L □ R) (Size:) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 − Wrist Har □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 / L1971 − A	tremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size:)			
MEDICAL INFORMATION						
ICD 10 (Diagnosis Code(s)):	arthritis left knee rthritis right knee	 □ M25.522 Pain i □ M25.521 Pain i □ M54.2-Cervical 	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow			

DV MEDICAL SUPPLY

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Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE					
FITTSICIAN SIGNATURE					
			•		
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.					
	к	EITH PROBST MD			
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:		

Patient Name: JUDY TAYLOR

Patient Address: 1001 1ST AVE N ESTHERVILLE IA 51334

Patient Phone: 7123620553

Physician Name: **KEITH PROBST MD** Address: 926 N 8TH ST ESTHERVILLE IA 51334

Telephone: 7123626501 Fax: 7123627190 Patient: JUDY TAYLOR Date of Birth: 12/13/1946 Visit Date: 05/22/2024 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	JUDY TAYLOR	Date of Birth:	12/13/1946
Age:	77	Phone Number:	7123620553
Address:	1001 1ST AVE N	City:	ESTHERVILLE
State:	IA	Zip Code:	51334
Gender:	FEMALE	Height:	5'6
Weight:	225	Waist Size	L

Patient Insurance

Provider:	MEDICARE	Member ID:	7A68D17WV41
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Medications

Current Medication	TYLENOL
Medical History	HIGH BLOOD PRESSURE AND DIABETES

Medical Diagnosis

The	paın	level	was	ind	dica	<u>ted</u>	on a	scale	ot	<u>1-1(</u>) as	the	tol	lowi	ng: ī	7_
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The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 05/22/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12-Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: KEITH PROBST MD

Address: 926 N 8TH ST ESTHERVILLE IA 51334

Physician's Signature:

Date:

Patient Name: JUDY TAYLOR

Patient Address: 1001 1ST AVE N ESTHERVILLE IA 51334

Patient Phone: **7123620553**

LETTER OF MEDICAL NECESSITY

Re: JUDY TAYLOR

Orthotic Device Need Assessment

Exam Date: 07/03/2024

KEITH PROBST MD

Signature

Height: **5'6** Weight: **225** DOB: **12/13/1946**

Ms TAYLOR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms TAYLOR reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of 7 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee.

Based on my conversation with Ms TAYLOR and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms TAYLOR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms TAYLOR** continue medical follow-up as part of an ongoing plan of care.

Re: JUDY TAYLOR DOB: December 13, 1946
I, KEITH PROBST MD, verify and confirm this order for the above-named patient, and certify that I have personally performed the
assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: _____

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive