RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | I | | | |
|---|--|---------------------|--|--|
| RENISON | JOSEPH | | | |
| LAST NAME | FIRST NAME | MI | | |
| MALE | 07/23/1954 | 5166714985 | SHIPPING METHOD: | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC | |
| 19 SHEPPARD ST | GLEN HEAD | NY 11545 | | |
| ADDRESS | CITY | STATE & ZIPCODE | | |
| INSURANCE INFORMAT | ION | | | |
| PRIMARY INSURANCE | _ | SECONDARY INSURANCE | | |
| 5U77RX9HD60 | | MEMBED ID | | |
| MEMBER ID | | MEMBER ID | | |
| PHYSICIAN INFORMATION | ON | 1396773362 | | |
| PHYSICIAN NAME | | NPI # | | |
| | | 5166272121 | | |
| 1983 MARCUS AVE SUITE E 1 | 24 LAKE SUCCESS NY 11042 | PHONE NUMBER | | |
| PRACTICE LOCATION | | 5166274922 | | |
| | | FAX NUMBER | | |
| L3671 - Shoulder Brace (Side: □ L □ R) (Size:) | | | | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): | ified oarthritis left knee oarthritis right knee er | | in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow | |

DV MEDICAL SUPPLY

| MED | ICA | IН | 121 | ro. | RY |
|-----|-----|----|-----|-----|----|
| | | | | | |

Previous treatments: NONE

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

| PHYSICIAN SIGNATURE | | | |
|--|-----------------|----------------|-------|
| Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition. | | | |
| | | HENRY GOMEZ MD | |
| PHYSICIAN SIGNATURE: | PHYSICIAN NAME: | | DATE: |

Patient Name: JOSEPH RENISON

Patient Address: 19 SHEPPARD ST GLEN HEAD NY 11545

Patient Phone: 5166714985

Physician Name: HENRY GOMEZ MD

Address: 1983 MARCUS AVE SUITE E 124 LAKE SUCCESS NY

11042

Telephone: **5166272121** Fax: **5166274922**

Patient: JOSEPH RENISON Date of Birth: 07/23/1954 Visit Date: 08/15/2024 Reason for visit: Check-up

Clinical Summary

Patient Demographics

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|-----------------------|----------------|----------------|------------|
| Patient Name: | JOSEPH RENISON | Date of Birth: | 07/23/1954 |
| Age: | 70 | Phone Number: | 5166714985 |
| Address: | 19 SHEPPARD ST | City: | GLEN HEAD |
| State: | NY | Zip Code: | 11545 |
| Gender: | MALE | Height: | 5'10 |
| Weight: | 240 | Waist Size | L |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 5U77RX9HD60 | |
|-----------|----------|------------|-------------|--|
| | | | | |

Medications

| Current Medication | NONE |
|--------------------|------|
| Medical History | NONE |

Medical Diagnosis

| The | pain level was indicated on a scale of 1-10 as the following: 7 |
|-----|--|
| The | natient's nain started on or around A YFAR |

The patient's pain started on or around A

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: NONE

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: **GETTING UP**

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 08/15/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **GETTING UP**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

| CD 10 (Diagnostic Codes |
|-------------------------|
|-------------------------|

M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

| Physician Information | | |
|------------------------|---|--|
| Provider Name: | HENRY GOMEZ MD | |
| Address: | 1983 MARCUS AVE SUITE E 124 LAKE SUCCESS NY 11042 | |
| Physician's Signature: | | |
| Date: | | |

Patient Name: JOSEPH RENISON

Patient Address: 19 SHEPPARD ST GLEN HEAD NY 11545

Patient Phone: 5166714985

LETTER OF MEDICAL NECESSITY

Re: JOSEPH RENISON

Orthotic Device Need Assessment

Exam Date: 08/19/2024

Height: **5'10** Weight: **240** DOB: **07/23/1954**

Mr RENISON is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr RENISON reports chronic Back pain for A YEAR. Patient states pain is DULL with a pain scale of 7 and pain worsens with GETTING UP. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr RENISON and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **GETTING UP**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr RENISON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr RENISON** continue medical follow-up as part of an ongoing plan of care.