# ADDICKS MEDICAL SUPPLY

# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
JORDAN	LIZZIE				
LAST NAME	FIRST NAME	MI			
FEMALE	07/30/41	6622523832	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ☑ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul>		
1547 ROBERTS CHAPEL RD	LAMAR	MS 38642			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
MEDICARE					
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
9YA1E13EH95					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATIO	N				
CHRYSTAL WILLIAMS-DAVIS		1700274016			
PHYSICIAN NAME		NPI #			
		6628517939			
154 MOUNT PLEASANT RD, MO	OUNT PLEASANT, MS, 38649	PHONE NUMBER			
PRACTICE LOCATION		6628517939			
		FAX NUMBER			
PRESCRIPTION SELECT	ION				
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) □ L042 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle □ L3760 - Elbow Brace (Side: □ L	R) (Size: ) R) (Size: ) R) (Waist: ) R) (Waist: ) R) (Waist: ) Xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Hai □ L3915 · Wrist Hai □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ey □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	dremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspecifi  ⋈ M17.12- Unilateral primary osteoa  ⋈ M25.512-Pain in the left shoulder  □ M25.511-Pain in the right shoulder  □ M25.552- Pain in Left Hip  □ M25.551- Pain in Right Hip	ed arthritis left knee rthritis right knee	<ul><li></li></ul>	n in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow		
Length of Need: ⊠ 12+ mont	hs (long term) $\square$ # of mo	nths (1-11)			

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**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing to indicated and necessary and consistent with current accepted		, .	` '
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _	CHRYSTAL WILLIAMS-DAVIS	DATE:

Patient Name: LIZZIE JORDAN

Patient Address: 1547 ROBERTS CHAPEL RD LAMAR MS 38642

Patient Phone: 6622523832

Physician Name: CHRYSTAL WILLIAMS-DAVIS Address: 154 MOUNT PLEASANT RD, MOUNT PLEASANT, MS,

38649 Telephone: 6628517939 Fax: 6628517939

Patient: LIZZIE JORDAN Date of Birth: 07/30/41 Visit Date: 2 WEEKS AGO Reason for visit: CHECK-UP

# Clinical Summary

Patient Demographics			
Patient Name:	LIZZIE JORDAN	Date of Birth:	07/30/41
Age:	83	Phone Number:	6622523832
Address:	1547 ROBERTS CHAPEL RD	City:	LAMAR
State:	MS	Zip Code:	38642
Gender:	FEMALE	Height:	5`3
Weight:	145	Waist Size	MEDIUM
Patient Insurance			·
Provider:	MEDICARE	Member ID:	9YA1E13EH95
Medications			

Current Medication	TYLENOL
Medical History	DIABETES, HIGH BLOOD PRESSURE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 WEEKS AGO

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

# **Subjective Notes**

The patient reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with movement. The pain is caused by ARTHRITIS and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 7. The following activities make the patient's pain worse: BENDING. Patient needs a BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST Brace to provide support and reduce pain level

### ADDICKS MEDICAL SUPPLY

# **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

## Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

# **Physician Information**

Provider Name: CHRYSTAL WILLIAMS-DAVIS

Address: 154 MOUNT PLEASANT RD, MOUNT PLEASANT, MS, 38649

Physician's Signature:

Date:

Patient Name: LIZZIE JORDAN

Patient Address: 1547 ROBERTS CHAPEL RD LAMAR MS 38642

Patient Phone: 6622523832

# LETTER OF MEDICAL NECESSITY

Re: LIZZIE JORDAN

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: 5`3 Weight: 145 DOB: 07/30/41

Ms JORDAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms JORDAN reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms JORDAN and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal selfadjustment. Ms JORDAN has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms JORDAN continue medical follow-up as part of an ongoing plan of care.

to accepted

assessment of the patient for the prescribed treatmer	n this order for the above-named patient, and certify that I have personally performed the nt and device and verify that it is reasonably and medically necessary, according to acce
standards of medical practice within the community, f	or this patient's medical condition.
CHRYSTAL WILLIAMS-DAVIS Signature	Date Signed:

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive