# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
BAGLEY	BRENDA		
LAST NAME	FIRST NAME M		
FEMALE	04/28/1947 9	199711076	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	HONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC
202 SE 1ST ST	SNOW HILL N	C 28580	
ADDRESS	CITY	FATE & ZIPCODE	
INSURANCE INFORMATION	ON		
MEDICARE	<del>-</del>		_
PRIMARY INSURANCE	Si	ECONDARY INSURANCE	
8TJ1DE8DN96	M	EMBER ID	
MEMBER ID	IVI	EMBER ID	
PHYSICIAN INFORMATIO	N		
DAVID BAKER M.D.	1	942596481	
PHYSICIAN NAME		의 #	-
	2	52-747-2089	
516 S WM HOOKER DR HOOKE	RTON NC 28538	HONE NUMBER	-
PRACTICE LOCATION		52-747-2734	
	F	AX NUMBER	-
PRESCRIPTION SELECTION	ON		
□ L3960 / L3670 - Shoulder Brace □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) □ L0642 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Flex □ L3760 - Elbow Brace (Side: □ L	(Side: □ L □ R) (Size: ) L □ R) (Size: )  R) (Waist: ) R) (Waist: ) ion, Extension (Side: □ L □ R)	□ L3916 – Wrist Hand F □ L3915 - Wrist Hand F □ L1852 – Knee Brace □ L1851 – Knee Brace □ L1833 – Knee Brace □ L2397 – Knee Sleeve □ E0100 – Cane □ L2425 – Dial Lock Hir	nity Ortho le Brace (Side: □ L □ R) (Shoe Size: ) ce
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	<ul> <li>M25.532- Pain in In M25.531 - Pain in In M19.072- Osteoard</li> <li>M19.071- Osteoard</li> <li>M25.522 Pain in In M25.521 Pain in In In M25.521 Pain in In In M54.2-Cervicalgia</li> </ul>	right wrist thritis Left Ankle thritis Right Ankle ft elbow ght elbow
Length of Need: ⊠ 12+ month	ns (long term)   — # of months (1	-11)	

#### **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

PHYSICIAN SIGNATU

**Physician Verification:** By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

DAVID BAKER M.D.

<u> 07-12-2029</u>

Patient Name: BRENDA BAGLEY

Patient Address: 202 SE 1ST ST SNOW HILL NC 28580

Patient Phone: 9199711076

Physician Name: DAVID BAKER M.D.

Address: 516 S WM HOOKER DR HOOKERTON NC 28538

Telephone: 252-747-2089 Fax: 252-747-2734 Patient: BRENDA BAGLEY Date of Birth: 04/28/1947 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	BRENDA BAGLEY	Date of Birth:	04/28/1947
Age:	77	Phone Number:	9199711076
Address:	202 SE 1ST ST	City:	SNOW HILL
State:	NC	Zip Code:	28580
Gender:	FEMALE	Height:	5'5
Weight:	126	Waist Size	м

### **Patient Insurance**

Provider:	MEDICARE	Member ID:	8TJ1DE8DN96
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#### Medications

Current Medication	METOPROLOL TWICE A DAY 25MG, ELIQUIS 5 MG TWICE A DAY
Medical History	HIGH CHOLESTEROL

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

### Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

**Objective of Assessment (Review of Symptoms)** 

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

07-12-2024

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: DAVID BAKER M.D.

Address: 516 S WM HOOKER DR HOOKERTON NC 28538

Physician's Signature:

Date:

Patient Name: BRENDA BAGLEY

Patient Address: 202 SE 1ST ST SNOW HILL NC 28580

Patient Phone: 9199711076

# LETTER OF MEDICAL NECESSITY

Re: BRENDA BAGLEY

Orthotic Device Need Assessment

Exam Date: 07/12/2024

Height: 5'5 Weight: 126 DOB: 04/28/1947

Ms BAGLEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE AND RIGHT KNEE.

Ms BAGLEY reports chronic LEFT KNEE AND RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms BAGLEY and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LEFT KNEE AND RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the KNEE. My treatment goal(s) for the use of the prescribed KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. Ms BAGLEY has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that Ms BAGLEY continue medical follow-up as part of an ongoing plan of care.

Re: BRENDA BAGLEY...... DOB: April 28, 1947

I, DAVID BAKER M.D., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

Date Signed: 07-12-2024

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive