## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
LIEBERGOT	ELIZABETH				
LAST NAME	FIRST NAME	MI			
FEMALE	04/11/1952	2819970947 /	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	7138820766	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>		
2714 E BAINBRIDGE CIR	PEARLAND	PHONE NUMBER			
ADDRESS	CITY	TX 77584			
		STATE & ZIPCODE			
INSURANCE INFORMATION	ON				
MEDICARE		SECONDARY INSURANCE			
PRIMARY INSURANCE	•	SECONDARY INSURANCE			
6DH6V15DR58		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO	N				
ROBERT VANZANT MD		1104821016			
PHYSICIAN NAME		NPI#			
		7134612915			
21820 KATY FWY STE 200 KAT	Y TX 77449	PHONE NUMBER			
PRACTICE LOCATION		7134615307			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECTION	ON				
L3671 - Shoulder Brace (Side: □         L3960 - Shoulder Brace (Side: □         L3660 - Shoulder Brace (Side: □         L0650 - Lumbar Brace (Waist: )         L0642 - Lumbar Brace (Waist: )         L0457 - Lumbar Brace (Waist: )         L0648 - Lumbar Brace (Waist: )         E0100 - Electric Heat Pad         L1690 - Hip Brace (Side: □ L □         L1686 - Hip Brace (Side: □ L □         L2624 - Hip Joint Adjustable Fle:         L3760 - Elbow Brace (Side: □ L	L	□ L3916 − Wrist Har □ L3915 · Wrist Har □ L1852 − Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Stac □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical □	tremity Ortho ace (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )		
		1			
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):	rthritis left knee rthritis right knee	<ul><li> ☐ M25.522 Pain i</li><li> ☐ M25.521 Pain i</li><li> ☐ M54.2-Cervical</li></ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow		

#### DV MEDICAL SUPPLY

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**Previous treatments: HEATING PAD AND TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE					
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.					
,	·	,	1 ,		
	ROBERT VANZANT MD				
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:		

Patient Name: ELIZABETH LIEBERGOT

Patient Address: 2714 E BAINBRIDGE CIR PEARLAND TX 77584

Patient Phone: 2819970947 / 7138820766

Physician Name: ROBERT VANZANT MD Address: 21820 KATY FWY STE 200 KATY TX 77449

Telephone: **7134612915** Fax: **7134615307** 

Patient: ELIZABETH LIEBERGOT Date of Birth: 04/11/1952 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	ELIZABETH LIEBERGOT	Date of Birth:	04/11/1952	
Age:	72	Phone Number:	2819970947 / 7138820766	
Address:	2714 E BAINBRIDGE CIR	City:	PEARLAND	
State:	тх	Zip Code:	77584	
Gender:	FEMALE	Height:	5'2	
Weight:	118	Waist Size	м	

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	6DH6V15DR58
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#### **Medications**

Current Medication	CIMZIA, MEDICATION FOR HIGH BLOOD PRESSURE AND DIABETES	
Medical History	HIGH BLOOD PRESSURE, DIABETES	

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: HEATING PAD AND TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (	(Diagnostic (	Cod	es)	
	Diagnoono	,,,	,	

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

### **Physician Information**

Provider Name: ROBERT VANZANT MD

Address: 21820 KATY FWY STE 200 KATY TX 77449

Physician's Signature:

Date:

Patient Name: **ELIZABETH LIEBERGOT** 

Patient Address: 2714 E BAINBRIDGE CIR PEARLAND TX 77584

Patient Phone: 2819970947 / 7138820766

#### LETTER OF MEDICAL NECESSITY

Re: ELIZABETH LIEBERGOT Orthotic Device Need Assessment Exam Date: 08/02/2024

Height: 5'2 Weight: 118

Back.

DOB: **04/11/1952**Ms LIEBERGOT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms LIEBERGOT reports chronic Back pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms LIEBERGOT and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms LIEBERGOT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms LIEBERGOT** continue medical follow-up as part of an ongoing plan of care.