RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
MOUNT	MAUREEN			
LAST NAME	FIRST NAME	MI		
FEMALE	06/25/52	7184481734	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
28 MEADOW AVE	STATEN ISLAND	NY 10304		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ON			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
8RU4V15AY92				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	DN			
PETER LIANG MD		1255727277		
PHYSICIAN NAME		NPI #		
		718-273-0553		
584 FOREST AVE STATEN ISL.	AND NY 10310	PHONE NUMBER		
PRACTICE LOCATION				
		FAX NUMBER	—	
L				
PRESCRIPTION SELECT	ION			
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1851 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L2397 - Knee Sleeve (Size: SMALL) (Qty: 2) □ □ E0100 - Cane □ E0100 - Cane □ L2425 - Dial Lock Hinge ROM □ L2425 - Dial Lock Hinge ROM □ L2820 - Lower Extremity Ortho □ L2820 - Lower Extremity Ortho □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L0174 - Cervical Brace □ L		d Finger (Side: □ L □ R) (Size:) d Finger (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size: SMALL) ce (Side: □ L □ R) (Size: SMALL) ce (Side: □ L □ R) (Size:) ce (Side: □ L □ R) (Size:) eve (Size: SMALL) (Qty: 2) Hinge ROM tremity Ortho inkle Brace (Side: □ L □ R) (Shoe Size:) Brace		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspecif M17.12- Unilateral primary osteo M17.11-Unilateral primary osteo M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip Length of Need:	ied arthritis left knee Irthritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain i ☐ M25.521 Pain i ☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

DV MEDICAL SUPPLY

MEDICAL HISTORY

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the indicated and necessary and consistent with current accepted		, ,	` '
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _	PETER LIANG MD	DATE:

Patient Name: MAUREEN MOUNT

Patient Address: 28 MEADOW AVE STATEN ISLAND NY 10304

Patient Phone: 7184481734

Physician Name: PETER LIANG MD Address: 584 FOREST AVE STATEN ISLAND NY 10310

Telephone: **718-273-0553**

Fax: **718-447-6544**

Patient: MAUREEN MOUNT Date of Birth: 06/25/52 Visit Date: 06/24/24

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	MAUREEN MOUNT	Date of Birth:	06/25/52
Age:	72	Phone Number:	7184481734
Address:	28 MEADOW AVE	City:	STATEN ISLAND
State:	NY	Zip Code:	10304
Gender:	FEMALE	Height:	5'7
Weight:	114	Waist Size	s

Patient Insurance

Provider:	MEDICARE	Member ID:	8RU4V15AY92
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Medications

Current Medication	SUCRALFATE 1MG 2 X A DAY
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around OVER A YEAR AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 06/24/24

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for OVER A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for OVER A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: PETER LIANG MD 584 FOREST AVE STATEN ISLAND NY 10310 Address: Physician's Signature: Date:

Patient Name: MAUREEN MOUNT

Patient Address: 28 MEADOW AVE STATEN ISLAND NY 10304

Patient Phone: 7184481734

LETTER OF MEDICAL NECESSITY

Re: MAUREEN MOUNT

Orthotic Device Need Assessment

Exam Date: 08/14/2024

Height: **5'7** Weight: **114** DOB: **06/25/52**

Ms MOUNT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Ms MOUNT reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **THROBBING** with a pain scale of 9 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms MOUNT and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MOUNT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MOUNT** continue medical follow-up as part of an ongoing plan of

Sale.		
assessment of the patient for the pre	POB: June 25, 1952 rm this order for the above-named patient, and certify that I have personally perform the cribed treatment and device and verify that it is reasonably and medically necessated practice within the community, for this patient's medical condition.	
PETER LIANG MD Signature	Date Signed:	

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive