### **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION						
BARTLETT	SANDRA					
LAST NAME	FIRST NAME	MI				
FEMALE	02/18/1946	8036482175	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS			
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC			
2396 BEAVER CREEK LN	AIKEN	SC 29803				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMAT	ON					
MEDICARE						
PRIMARY INSURANCE	-	SECONDARY INSURANCE				
2T79NW9YW53		MEMPEDID				
MEMBER ID		MEMBER ID				
PHYSICIAN INFORMATION	ON					
MICHAEL MEEHAN MD		1881251668				
PHYSICIAN NAME		NPI #				
		8036495300				
102 SUMMERWOOD WAY AIKE	EN SC 29803	PHONE NUMBER				
PRACTICE LOCATION		8036490056				
		FAX NUMBER				
PRESCRIPTION SELECT	ION	T				
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable Fle	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) ) ( R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho loce (Side: $\Box$ L $\Box$ R) (Shoe Size: ) loce (Side: $\Box$ L $\Box$ R) (Shoe Size: )			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	iied arthritis left knee arthritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow			

#### DV MEDICAL SUPPLY

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**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
	MICHAEL	MEEHAN MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	DA	ATE:

Patient Name: SANDRA BARTLETT

Patient Address: 2396 BEAVER CREEK LN AIKEN SC 29803

Patient Phone: 8036482175

Physician Name: MICHAEL MEEHAN MD

Address: 102 SUMMERWOOD WAY AIKEN SC 29803

Telephone: **8036495300** Fax: **8036490056** 

Patient: SANDRA BARTLETT Date of Birth: 02/18/1946 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

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Patient Name:	SANDRA BARTLETT	Date of Birth:	02/18/1946
Age:	78	Phone Number:	8036482175
Address:	2396 BEAVER CREEK LN	City:	AIKEN
State:	sc	Zip Code:	29803
Gender:	FEMALE	Height:	5'4
Weight:	155	Waist Size	33

#### **Patient Insurance**

#### Medications

Current Medication	GABAPENTIN 300MG
Medical History	NONE

#### **Medical Diagnosis**

The	paın	level	was	ind	ıcated	on a sc	ale of	1-1(	) as ti	ne to	llowing: <b>10</b>	

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **10** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **10**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: MICHAEL MEEHAN MD

Address: 102 SUMMERWOOD WAY AIKEN SC 29803

Physician's Signature:

Patient Name: SANDRA BARTLETT

Patient Address: 2396 BEAVER CREEK LN AIKEN SC 29803

Patient Phone: 8036482175

Date:

#### LETTER OF MEDICAL NECESSITY

Re: **SANDRA BARTLETT**Orthotic Device Need Assessment

Exam Date: 06/07/2024

Height: **5'4** Weight: **155** DOB: **02/18/1946** 

Ms BARTLETT is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

**Ms BARTLETT** reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of 10 and pain worsens with **BENDING**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BARTLETT and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BARTLETT** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BARTLETT** continue medical follow-up as part of an ongoing plan of care.

examination, and i have recommended that	s BARTLETT continue medical follow-up as part of an ongoing plan of care.	
	this order for the above-named patient, and certify that I have personally performed the assessing device and verify that it is reasonably and medically necessary, according to accepted standard	
MICHAEL MEEHAN MD Signature	Date Signed:	

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

#### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive