# **RX / MEDICAL NECESSITY FORM**

GIUST	DENNA 				
LAST NAME	FIRST NAME	MI	SHIPPING METHOD:		
FEMALE	02/12/1949 	5132316932	SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
2250 DONNINGTON LN	CINCINNATI	OH 45244			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMA	TION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
4NK3TU2HK05		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMAT	TION				
JAMES O'DEA, MD	ION	1013165174			
PHYSICIAN NAME					
		5132327100			
DD OINGININATI	48088	PHONE NUMBER			
7575 5 MILE RD CINCINNATI	OH 45255	5136241240			
PRACTICE LOCATION		FAX NUMBER			
<u> </u>					
PRESCRIPTION SELEC	CTION				
□ L3671 - Shoulder Brace (Side L3960 - Shoulder Brace (Side L3660 - Shoulder Brace (Side L0650 - Lumbar Brace (Wais L0457 - Lumbar Brace (Wais L0464 - Lumbar Brace (Wais L0648 - Lumbar Brace (Wais L0648 - Lumbar Brace (Wais L0648 - Lumbar Brace (Side: □ L1690 - Hip Brace (Side: □ L1686 - Hip Brace (Side: □ L	e:	□ L3916 – Wrist H □ L3915 - Wrist H □ L1852 – Knee B □ L1851 – Knee B □ L1833 – Knee B □ L2397 – Knee S □ E0100 – Cane □ L2425 – Dial Lo □ L2820 – Lower B □ L1906 – Ankle B □ L1971 – Ankle B □ L0174 – Cervica	Extremity Ortho Brace (Side: $\square$ L $\square$ R) (Shoe Size: ) Brace (Side: $\square$ L $\square$ R) (Shoe Size: )		
		1			
MEDICAL INFORMATIC  ICD 10 (Diagnosis Code(s)):	ecified leoarthritis left knee eoarthritis right knee der	☐ M19.072- Os	ain in right wrist teoarthritis Left Ankle teoarthritis Right Ankle n in left elbow		

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**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **6 MONTHS**. Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
	J	AMES O'DEA, MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: **DENNA GIUST** 

Patient Address: 2250 DONNINGTON LN CINCINNATI OH 45244

Patient Phone: 5132316932

Physician Name: JAMES O'DEA, MD

Address: 7575 5 MILE RD CINCINNATI OH 45255

Telephone: **5132327100** Fax: **5136241240** 

Patient: **DENNA GIUST**Date of Birth: **02/12/1949**Visit Date: **07/09/2024**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	DENNA GIUST	Date of Birth:	02/12/1949
Age:	75	Phone Number:	5132316932
Address:	2250 DONNINGTON LN	City:	CINCINNATI
State:	ОН	Zip Code:	45244
Gender:	FEMALE	Height:	5'0
Weight:	120	Waist Size	12

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	4NK3TU2HK05
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#### Medications

Current Medication	TYLENOL
Medical History	NONE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 5

The patient's pain started on or around 6 MONTHS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 07/09/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **6 MONTHS.** Patient states pain is **ACHY** with a pain scale of **5** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **6 MONTHS** located in their **Back** related to **M54.50- Low back pain**, **unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-5. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

M54.50- Low back pain, unspecified

## **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information			
Provider Name:	JAMES O'DEA, MD		
Address:	7575 5 MILE RD CINCINNATI OH 45255		
Physician's Signature:			
Date:			

Patient Name: **DENNA GIUST** 

Patient Address: 2250 DONNINGTON LN CINCINNATI OH 45244

Patient Phone: 5132316932

#### LETTER OF MEDICAL NECESSITY

Re: **DENNA GIUST** 

Orthotic Device Need Assessment

Exam Date: 09/06/2024

Height: 5'0 Weight: 120 DOB: 02/12/1949

Ms GIUST is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms GIUST reports chronic Back pain for 6 MONTHS. Patient states pain is ACHY with a pain scale of 5 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms GIUST and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms GIUST** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms GIUST** continue medical follow-up as part of an ongoing plan of care.

	irm this order for the above-named patient, and certify that I have personally performed the
·	cribed treatment and device and verify that it is reasonably and medically necessary, edical practice within the community, for this patient's medical condition.
JAMES O'DEA, MD Signature	Date Signed: