### **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION	I			
HOLLAND	CARL			
LAST NAME	FIRST NAME	MI		
MALE	07/19/1937	5418885278	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS     SHIP TO PATIENT'S PHYSICIAN CLINIC	
90932 BEACON LN	COOS BAY	OR 97420		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TON			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
5DY0X03KH24				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
MISAEL MARQUEZ M.D.		1922088426		
PHYSICIAN NAME		NPI #		
		(541) 267-5151		
1900 WOODLAND DR COOS E	BAY OR 97420	PHONE NUMBER		
PRACTICE LOCATION		(541) 267-2233		
		FAX NUMBER		
DDECORUDTION OF LEGIS	FION			
DRESCRIPTION SELECT	□ L □ R) (Size: ) □ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) ) □ R) (Waist: ) □ R) (Waist: ) lexion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: $\Box$ L $\Box$ R) (Shoe Size: ) ace (Side: $\Box$ L $\Box$ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified oarthritis left knee oarthritis right knee er	<ul> <li>         □ M25.522 Pain in M25.521 Pain in M54.2-Cervicale</li> </ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

#### DV MEDICAL SUPPLY

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**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **15 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
		MISAEL MARQUEZ M.D.	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: CARL HOLLAND

Patient Address: 90932 BEACON LN COOS BAY OR 97420

Patient Phone: 5418885278

Physician Name: MISAEL MARQUEZ M.D.

Address: 1900 WOODLAND DR COOS BAY OR 97420

Telephone: (541) 267-5151 Fax: (541) 267-2233

Patient: CARL HOLLAND Date of Birth: 07/19/1937 Visit Date: WITHIN A YEAR Reason for visit: CHECK-UP

## **Clinical Summary**

**Patient Demographics** 

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Patient Name:	CARL HOLLAND	Date of Birth:	07/19/1937
Age:	87	Phone Number:	5418885278
Address:	90932 BEACON LN	City:	COOS BAY
State:	OR	Zip Code:	97420
Gender:	MALE	Height:	6'0
Weight:	205	Waist Size	38

#### **Patient Insurance**

Provider: MEDICARE Member ID: 5DY0X03KH24
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#### **Medications**

Current Medica	ition	AMLODIPINE, ATORVASTATIN, MODAFINIL, LISINOPRIL, METFORMIN, FLOMAX AND ASPIRIN
Medical History	,	HIGHBLOOD PRESSURE, DIABETES, HIGH CHOLESTEROL

#### **Medical Diagnosis**

Medical Diagnosis
The pain level was indicated on a scale of 1-10 as the following: 6
The patient's pain started on or around 15 YEARS
The surgery addressed the following: NA
The pain is experienced <b>SOMETIMES</b>
The patient has attempted the following previous treatments/therapies: TAKING MEDICATION
The patient described their pain as the following: ACHY
The activities that make the patient's pain worse is as follows: WALKING
The pain is located in the patient's LEFT KNEE, RIGHT KNEE
The patient's pain is caused by WEAR AND TEAR

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **15 YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### **Objective of Assessment (Review of Symptoms)**

The last time the patient has seen the doctor was on WITHIN A YEAR

Patient has chronic pain for 15 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Provider Name:	MISAEL MARQUEZ M.D.
Address:	1900 WOODLAND DR COOS BAY OR 97420
Physician's Signature:	
Date:	

Patient Name: CARL HOLLAND

Patient Address: 90932 BEACON LN COOS BAY OR 97420

Patient Phone: 5418885278

#### LETTER OF MEDICAL NECESSITY

Re: CARL HOLLAND

Orthotic Device Need Assessment

Exam Date: 08/16/2024

Height: 6'0 Weight: 205 DOB: 07/19/1937

Mr HOLLAND is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr HOLLAND reports chronic LEFT KNEE, RIGHT KNEE pain for 15 YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with WALKING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr HOLLAND and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HOLLAND** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HOLLAND** continue medical follow-up as part of an ongoing plan of care.

Re: CARL HOLLAND		
MISAEL MARQUEZ M.D. Signature	Date Signed:	

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

#### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive