RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
RUDOLPH III	JOSEPH		
LAST NAME	FIRST NAME	MI	
MALE	04/12/1961	6319091801	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC
75 WILDFLOWER CT APT 7	MORICHES	NY 11955	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ON		
MEDICARE			
PRIMARY INSURANCE	-	SECONDARY INSURANCE	
1XY1UJ1HY97			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATIO)N		
JOHN CELENTANO, MD		1558445478	
PHYSICIAN NAME		NPI #	
		631-874-2900	
516 MONTAUK HWY EAST MOR	RICHES NY 11940	PHONE NUMBER	
PRACTICE LOCATION		631-874-2948	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
□ L3670 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L0642 - Lumbar Brace (Waist:) □ L0457 - Lumbar Brace (Waist:) □ L0648 - Lumbar Brace (Waist:) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L3760 - Elbow Brace (Side: □ L □ R)		□ L3916 − Wrist Ha □ L3915 − Wrist Ha □ L1852 − Knee Br □ L1851 − Knee Br □ L1833 − Knee Br □ L2397 − Knee Sl □ E0100 − Cane □ L2425 − Dial Loc □ L2820 − Lower E □ L1906 − Ankle Br □ L1971 − Ankle Br □ L0174 − Cervical	xtremity Ortho race (Side: ⊠ L ⊠ R) (Shoe Size: 12) race (Side: □ L □ R) (Shoe Size:)
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee		n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow in right elbow

FIRST STEP DME INC.

MEDICAL HISTORY

Previous treatments: HEATING PAD, ICE PACKS AND PHYSICAL THERAPY

Doctor's Notes: The patient reports chronic **LEFT ANKLE**, **RIGHT ANKLE**, **RIGHT ELBOW**, **LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
		JOHN CELENTANO, MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:

Patient Name: JOSEPH RUDOLPH III

Patient Address: 75 WILDFLOWER CT APT 7 MORICHES NY 11955

Patient Phone: 6319091801

Physician Name: JOHN CELENTANO, MD

Address: 516 MONTAUK HWY EAST MORICHES NY 11940

Telephone: 631-874-2900 Fax: 631-874-2948 Patient: JOSEPH RUDOLPH III
Date of Birth: 04/12/1961
Visit Date: 05/09/2024
Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	JOSEPH RUDOLPH III	Date of Birth:	04/12/1961
Age:	63	Phone Number:	6319091801
Address:	75 WILDFLOWER CT APT 7	City:	MORICHES
State:	NY	Zip Code:	11955
Gender:	MALE	Height:	6'0
Weight:	190	Waist Size	34

Patient Insurance

Provider:	MEDICARE	Member ID:	1XY1UJ1HY97
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Medications

Current Medication	GABAPENTIN (4X A DAY)
Medical History	ARTHRITIS, DEGENERATIVE DISC DISEASE, NEUROPATHY

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: HEATING PAD, ICE PACKS AND PHYSICAL THERAPY

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 05/09/2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): **LEFT ANKLE**, **RIGHT ANKLE**, **RIGHT ELBOW**, **LEFT ELBOW**

Subjective Notes

The patient reports chronic LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW related to M19.072-Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LEFT ANKLE**, **RIGHT ELBOW**, **LEFT ELBOW** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: JOHN CELENTANO, MD

Address: 516 MONTAUK HWY EAST MORICHES NY 11940

Physician's Signature:

Date:

Patient Name: JOSEPH RUDOLPH III

Patient Address: 75 WILDFLOWER CT APT 7 MORICHES NY 11955

Patient Phone: 6319091801

LETTER OF MEDICAL NECESSITY

Re: JOSEPH RUDOLPH III Orthotic Device Need Assessment Exam Date: 05/13/2024

Height: 6'0 Weight: 190 DOB: 04/12/1961

Mr RUDOLPH III is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW.

Mr RUDOLPH III reports chronic LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M19.072- Osteoarthritis Left Ankle, M19.071- Osteoarthritis Right Ankle, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Mr RUDOLPH III and evaluation of his/her condition, I am ordering the following: L1906 ANKLE FOOT ORTHOSIS, MULTILIGAMENTOUS ANKLE SUPPORT, PREFABRICATED, OFF-THE-SHELF INCLUDES L3170 HEEL STABILIZER, L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT ANKLE, RIGHT ANKLE, RIGHT ELBOW, LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT ANKLE, RIGHT ELBOW, LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr RUDOLPH III** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr RUDOLPH III** continue medical follow-up as part of an ongoing plan of care.

origoning plant of care.	
the assessment of the patient for the prescribed treatr	12, 1961 order for the above-named patient, and certify that I have personally performed ment and device and verify that it is reasonably and medically necessary, within the community, for this patient's medical condition.
JOHN CELENTANO, MD Signature	Date Signed: