RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
MOORE	BERNICE				
LAST NAME	FIRST NAME	MI			
FEMALE	08/09/1937	5413108691	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
2514 S BLUE FERN LN	SPOKANE	WA 99223			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMAT	ION				
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
7N94XG7JW65		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION KAREN NOYES, MD	DN	1700178290			
PHYSICIAN NAME		NPI#			
		5093423300			
3016 E 57TH AVE STE 27 SPOI	KANE WA 99223	PHONE NUMBER			
PRACTICE LOCATION		5093423331			
		FAX NUMBER	FAX NUMBER		
PRESCRIPTION SELECT	TION				
□ L3671 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3761 - Elbow Brace (Side: □ L □ R) (Size:) □ L3960 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size:) □ L3660 - Shoulder Brace (Side: □ L □ R) (Size:) □ L3915 · Wrist Hand Finger (Side: □ L □ R) (Size:) □ L0650 - Lumbar Brace (Waist:) □ L1852 - Knee Brace (Side: □ L □ R) (Size:) □ L0642 - Lumbar Brace (Waist: SMALL □ L1831 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist: SMALL □ L1833 - Knee Brace (Side: □ L □ R) (Size:) □ L0648 - Lumbar Brace (Waist:) □ L2397 - Knee Sleeve (Size:) (Qty:) □ E0100 - Electric Heat Pad □ E0100 - Cane □ L1690 - Hip Brace (Side: □ L □ R) (Waist:) □ L2425 - Dial Lock Hinge ROM □ L1686 - Hip Brace (Side: □ L □ R) (Waist:) □ L2820 - Lower Extremity Ortho □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) □ L1906 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size:) □ L0174 - Cervical Brace □ L3760 - Elbow Brace (Side: □ L □ R) </td					
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):					

DV MEDICAL SUPPLY

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Previous treatments: ICE PACKS, PHYSICAL THERAPY

Doctor's Notes: The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the indicated and necessary and consistent with current accepted		, ,	` '
		KAREN NOYES, MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:

Patient Name: BERNICE MOORE

Patient Address: 2514 S BLUE FERN LN SPOKANE WA 99223

Patient Phone: 5413108691

Physician Name: KAREN NOYES, MD

Address: 3016 E 57TH AVE STE 27 SPOKANE WA 99223

Telephone: **5093423300** Fax: **5093423331**

Patient: BERNICE MOORE
Date of Birth: 08/09/1937
Visit Date: WITHIN 12 MONTHS
Reason for visit: Check-up

Clinical Summary

Patient Demographics

Patient Name:	BERNICE MOORE	Date of Birth:	08/09/1937
Age:	87	Phone Number:	5413108691
Address:	2514 S BLUE FERN LN	City:	SPOKANE
State:	WA	Zip Code:	99223
Gender:	FEMALE	Height:	5'5
Weight:	110	Waist Size	s

Patient Insurance

Provider:	MEDICARE	Member ID:	7N94XG7JW65
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Medications

Current Medication	HYDROCHLOROTHIAZIDE ONCE A DAY
Medical History	HIGH BLOOD PRESSURE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: ICE PACKS, PHYSICAL THERAPY

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: WALKING, STANDING

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**, **STANDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic C	odes)
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M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information		
Provider Name:	KAREN NOYES, MD	
Address:	3016 E 57TH AVE STE 27 SPOKANE WA 99223	
Physician's Signature:		
Date:		

Patient Name: BERNICE MOORE

Patient Address: 2514 S BLUE FERN LN SPOKANE WA 99223

Patient Phone: 5413108691

LETTER OF MEDICAL NECESSITY

Re: BERNICE MOORE

Orthotic Device Need Assessment

Exam Date: 08/14/2024

Height: **5'5** Weight: **110** DOB: **08/09/1937**

Ms MOORE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms MOORE reports chronic Back pain for A YEAR. Patient states pain is DULL with a pain scale of 7 and pain worsens with WALKING, STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain layers.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MOORE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **WALKING**, **STANDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MOORE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MOORE** continue medical follow-up as part of an ongoing plan of care.

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Re: BERNICE MOORE			
KAREN NOYES, MD Signature	Date Signed:		