## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION					
LAWRENCE	FRANCES				
LAST NAME	FIRST NAME	MI			
FEMALE	02/26/1948	7578701503	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC		
126 CREEKSTONE DRIVE	NEWPORT NEWS	VA 23603			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
PRIMARY INSURANCE	_	SECONDARY INSURANCE			
8VJ0M94JM15		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATION  JASON BROWDER DO  PHYSICIAN NAME		1821135443 NPI#			
		7578774221			
860 OMNI BLVD STE 110 NEW!	PORT NEWS VA 23606	PHONE NUMBER			
PRACTICE LOCATION		7572239168			
		FAX NUMBER			
PRESCRIPTION SELECT	DDESCRIPTION SELECTION				
□       L3671 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3960 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L3660 - Shoulder Brace (Side: □ L □ R) (Size: )         □       L0650 - Lumbar Brace (Waist: )         □       L0642 - Lumbar Brace (Waist: )         □       L0457 - Lumbar Brace (Waist: MEDIUM         □       L0648 - Lumbar Brace (Waist: )         □       E0100 - Electric Heat Pad         □       L1690 - Hip Brace (Side: □ L □ R) (Waist: )         □       L1686 - Hip Brace (Side: □ L □ R) (Waist: )         □       L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)         □       L3760 - Elbow Brace (Side: □ L □ R)		L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852- Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	fied arthritis left knee arthritis right knee r	☐ M25.532- Pain i ☐ M25.531 - Pain i ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical  ths (1-11)	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

#### DV MEDICAL SUPPLY

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**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE				
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.				
		JASON BROWDER DO		
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:	

Patient Name: FRANCES LAWRENCE

Patient Address: 126 CREEKSTONE DRIVE NEWPORT NEWS VA 23603

Patient Phone: 7578701503

Physician Name: **JASON BROWDER DO** 

Address: 860 OMNI BLVD STE 110 NEWPORT NEWS VA 23606

Telephone: **7578774221** Fax: **7572239168** 

Patient: FRANCES LAWRENCE Date of Birth: 02/26/1948 Visit Date: WITHIN A YEAR Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	FRANCES LAWRENCE	Date of Birth:	02/26/1948
Age:	76	Phone Number:	7578701503
Address:	126 CREEKSTONE DRIVE	City:	NEWPORT NEWS
State:	VA	Zip Code:	23603
Gender:	FEMALE	Height:	5`2
Weight:	160	Waist Size	м

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	8VJ0M94JM15
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#### **Medications**

Current Medication	TYLENOL ( ONCE A DAY )
Medical History	NONE

## **Medical Diagnosis**

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: STANDING

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on WITHIN A YEAR

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **STANDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

### **Physician Information**

Provider Name: JASON BROWDER DO

Address: 860 OMNI BLVD STE 110 NEWPORT NEWS VA 23606

Physician's Signature:

Date:

Patient Name: FRANCES LAWRENCE

Patient Address: 126 CREEKSTONE DRIVE NEWPORT NEWS VA 23603

Patient Phone: 7578701503

#### LETTER OF MEDICAL NECESSITY

Re: FRANCES LAWRENCE

Orthotic Device Need Assessment

Exam Date: 08/05/2024

Height: **5`2** Weight: **160** DOB: **02/26/1948** 

Ms LAWRENCE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms LAWRENCE reports chronic Back pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 7 and pain worsens with STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms LAWRENCE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **STANDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms LAWRENCE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms LAWRENCE** continue medical follow-up as part of an ongoing plan of care.

Re: FRANCES LAWRENCE			
JASON BROWDER DO Signature	Date Signed:		