RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	I			
HOBBS	JIMMY			
LAST NAME	FIRST NAME	MI		
MALE	10/01/1952	4092761988	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
4535 FM RD 1131	EVADALE	TX 77615		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TON			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
8HC3MC0QT94				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATI	ON			
DOYCE CARTRETT MD		1437240876		
PHYSICIAN NAME		NPI #		
		4093861200		
280 HIGHWAY 418 E SILSBEE TX 77656		PHONE NUMBER		
PRACTICE LOCATION		4093861219		
FAX NUMBER				
PRESCRIPTION SELECT	ΓΙΟΝ			
□ L3670 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Waist: □ L0650 – Lumbar Brace (Waist: □ L0642 – Lumbar Brace (Waist: □ L0457 – Lumbar Brace (Waist: □ L0648 – Lumbar Brace (Waist: □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable F □ L3760 – Elbow Brace (Side: □	□ L □ R) (Size:) □ L □ R) (Size:))))) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sler □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: \Box L \Box R) (Shoe Size:) ace (Side: \Box L \Box R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ified parthritis left knee arthritis right knee er der	☐ M25.532- Pain ☐ M25.531 - Pain ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

DV MEDICAL SUPPLY

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Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the	he items listed above an	d certifying that the above-prescrib	ed item(s) is medically
indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
indicated and necessary and consistent with current accepte	od Staridards of Micdical	bractice and treatment of this patien	it a priyatear condition.
		DOYCE CARTRETT MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: JIMMY HOBBS

Patient Address: 4535 FM RD 1131 EVADALE TX 77615

Patient Phone: 4092761988

Physician Name: DOYCE CARTRETT MD

Address: 280 HIGHWAY 418 E SILSBEE TX 77656 Telephone: 4093861200

Fax: **4093861219**

Patient: JIMMY HOBBS Date of Birth: 10/01/1952 Visit Date: 11/13/2023 Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	JIMMY HOBBS	Date of Birth:	10/01/1952
Age:	71	Phone Number:	4092761988
Address:	4535 FM RD 1131	City:	EVADALE
State:	тх	Zip Code:	77615
Gender:	MALE	Height:	6'4
Weight:	285	Waist Size	L

Patient Insurance

Provider: MEDICARE Member ID: 8HC3MC0QT94		Provider:	MEDICARE	Member ID:	8HC3MC0QT94
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Medications

Current Medication	TYLENOL ONCE A DAY, ASPIRIN ONCE A DAY
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around 3 YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: WALKING, BENDING AND STANDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 11/13/2023

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **WALKING**, **BENDING AND STANDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: DOYCE CARTRETT MD

Address: 280 HIGHWAY 418 E SILSBEE TX 77656

Patient Name: JIMMY HOBBS

Patient Address: 4535 FM RD 1131 EVADALE TX 77615

Patient Phone: 4092761988

Physician's Signature:

Date:

LETTER OF MEDICAL NECESSITY

Re: JIMMY HOBBS

Orthotic Device Need Assessment

Exam Date: 08/13/2024

Height: **6'4** Weight: **285** DOB: **10/01/1952**

Mr HOBBS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr HOBBS reports chronic LEFT KNEE, RIGHT KNEE pain for 3 YEARS. Patient states pain is ACHY with a pain scale of 8 and pain worsens with WALKING, BENDING AND STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr HOBBS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, **BENDING** AND **STANDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr HOBBS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr HOBBS** continue medical follow-up as part of an ongoing plan of care.

	this order for the above-named patient, and certify that I have personally performed the assessmen device and verify that it is reasonably and medically necessary, according to accepted standards of
DOYCE CARTRETT MD Signature	Date Signed:

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any WALKING, BENDING AND STANDING test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive