# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION						
LANE	JEFFREY					
LAST NAME	FIRST NAME					
MALE	11/27/58	9087980971	SHIPPING METHOD:			
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li> ☑ SHIP TO PATIENT'S HOME ADDRESS</li><li> ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC </li></ul>			
9 CANADA GOOSE DR	HACKETTSTOWN	NJ 07840				
ADDRESS	CITY	STATE & ZIPCODE				
INSURANCE INFORMATI	ON					
	ON					
MEDICARE	_	SECONDARY INSURANCE	<del></del>			
PRIMARY INSURANCE  1WK7A14EF51						
MEMBER ID		MEMBER ID				
WEWDER ID						
PHYSICIAN INFORMATION	ON					
GLENN DAVIS MD		1740275858				
PHYSICIAN NAME		NPI #				
		(908) 879-6277				
385 STATE ROUTE 24 STE 1C	CHESTER, NJ 07930	PHONE NUMBER				
PRACTICE LOCATION	<u> </u>	9082716554				
		FAX NUMBER				
PRESCRIPTION SELECT	ION					
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: □ L0457 - Lumbar Brace (Waist: □ L0457 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ L0648 - Lumbar Brace (Waist: □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fle	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) ) ) ) ( ) ( ) □ R) (Waist: ) □ R) (Waist: ) exion, Extension (Side: □ L □ R)	□ L3916 − Wrist Ha □ L3915 − Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower E: □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical	xtremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ied arthritis left knee arthritis right knee	☐ M19.071- Oste ☐ M25.522 Pain ☐ M25.521 Pain ☐ M54.2-Cervica	n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow			

#### DV MEDICAL SUPPLY

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**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribin indicated and necessary and consistent with current access	•	, ,	• •
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _	GLENN DAVIS MD	DATE:

Patient Name: JEFFREY LANE

Patient Address: 9 CANADA GOOSE DR HACKETTSTOWN NJ 07840

Patient Phone: 9087980971

Physician Name: GLENN DAVIS MD

Address: 385 STATE ROUTE 24 STE 1C CHESTER, NJ 07930

Telephone: **(908) 879-6277** Fax: **9082716554** 

Patient: **JEFFREY LANE**Date of Birth: **11/27/58**Visit Date: **07/18/2024**Reason for visit: **CHECK-UP** 

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	JEFFREY LANE	Date of Birth:	11/27/58
Age:	65	Phone Number:	9087980971
Address:	9 CANADA GOOSE DR	City:	HACKETTSTOWN
State:	NJ	Zip Code:	07840
Gender:	MALE	Height:	6
Weight:	230	Waist Size	38

#### **Patient Insurance**

Provider: MEDICARE Member ID: 1V	1WK7A14EF51
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#### Medications

Current Medication	TYLENOL 2X A DAY
Medical History	HIGH BLOOD PRESSURE DIABETES

# **Medical Diagnosis**

The	paın	level	was	in	dicated	on a scale of 1-10 as the following: /
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The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 07/18/2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: **GLENN DAVIS MD** 385 STATE ROUTE 24 STE 1C CHESTER, NJ 07930 Address: Physician's Signature: Date:

Patient Name: JEFFREY LANE

Patient Address: 9 CANADA GOOSE DR HACKETTSTOWN NJ 07840

Patient Phone: 9087980971

### LETTER OF MEDICAL NECESSITY

Re: **JEFFREY LANE** 

Orthotic Device Need Assessment

Exam Date: 08/14/2024

Height: 6 Weight: 230 DOB: 11/27/58

Mr LANE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr LANE reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Mr LANE and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr LANE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr LANE** continue medical follow-up as part of an ongoing plan of care.

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GLENN DAVIS MD  Date Signed: Signature	

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive