## RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
COLEMAN	DONNA				
LAST NAME	FIRST NAME	MI			
FEMALE	03/16/60	7326207894	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
38 HUNT RD	SOMERSET	NJ 08873			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATION	ON .				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
1NN9EJ7GT43		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORMATIO PAVLI DEMIAN DO	N	1841622453			
PHYSICIAN NAME		- NPI #			
		7325370909			
		PHONE NUMBER			
2 WORLDS FAIR DR SOMERSE	T NJ 08873	— 7325649026			
PRACTICE LOCATION		FAX NUMBER			
PRESCRIPTION SELECTI	ON				
□ L3671 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist: ) □ L0642 – Lumbar Brace (Waist: ) □ L0457 – Lumbar Brace (Waist: 6 □ L0648 – Lumbar Brace (Waist: ) □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable Fle: □ L3760 – Elbow Brace (Side: □ L	L	□ L3916 − Wrist Har □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Stee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )		
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MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):					

#### DV MEDICAL SUPPLY

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**Previous treatments: MEDICATIONS** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
<b>Physician Verification:</b> By my signature, I am prescribing the indicated and necessary and consistent with current accepted	, ,	` '
PHYSICIAN SIGNATURE:	PAVLI DEMIAN DO	DATE:

Patient Name: DONNA COLEMAN

Patient Address: 38 HUNT RD SOMERSET NJ 08873

Patient Phone: 7326207894

Physician Name: **PAVLI DEMIAN DO** 

Address: 2 WORLDS FAIR DR SOMERSET NJ 08873

Telephone: **7325370909** Fax: **7325649026** 

Patient: DONNA COLEMAN Date of Birth: 03/16/60 Visit Date: Aug 8, 2024 Reason for visit: Check-up

# **Clinical Summary**

#### **Patient Demographics**

Patient Name:	DONNA COLEMAN	Date of Birth:	03/16/60
Age:	63	Phone Number:	7326207894
Address:	38 HUNT RD	City:	SOMERSET
State:	NJ	Zip Code:	08873
Gender:	FEMALE	Height:	4'11
Weight:	116	Waist Size	6 PANTS SIZE

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1NN9EJ7GT43
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#### Medications

Current Medication	ADVIL(TWICE A DAY)
Medical History	ARTHRITIS,HERNIATED DISC/SPINAL STENOSIS

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: MEDICATIONS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on Aug 8, 2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

#### Subjective Notes

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues. To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes
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M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Informatio Provider Name:	PAVLI DEMIAN DO
Address:	2 WORLDS FAIR DR SOMERSET NJ 08873
Physician's Signature:	
Date:	

Patient Name: DONNA COLEMAN

Patient Address: 38 HUNT RD SOMERSET NJ 08873

Patient Phone: 7326207894

#### LETTER OF MEDICAL NECESSITY

Re: DONNA COLEMAN

Orthotic Device Need Assessment

Exam Date: 08/14/2024

Height: 4'11 Weight: 116 DOB: 03/16/60

Ms COLEMAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms COLEMAN reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms COLEMAN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms COLEMAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms COLEMAN** continue medical follow-up as part of an ongoing plan of care.

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assessment of the patient for the pro-	OB: March 16, 1960  nfirm this order for the above-named patient, and certify that I have personally performed the escribed treatment and device and verify that it is reasonably and medically necessary, medical practice within the community, for this patient's medical condition.
PAVLI DEMIAN DO Signature	Date Signed: