RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | I | | | |
|---|--|---|--|--|
| PIRAINO | JUDITH | | | |
| LAST NAME | FIRST NAME | MI | | |
| FEMALE | 08/23/1939 | 8654585084 | SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | SHIP TO PATIENT'S PHYSICIAN CLINIC | |
| 204 COYATEE VIEW | LOUDON | TN 37774 | | |
| ADDRESS | CITY | STATE & ZIPCODE | | |
| INSURANCE INFORMAT | TION | | | |
| PRIMARY INSURANCE | _ | SECONDARY INSURANCE | | |
| 5F90A66HW25 | | MEMBER ID | | |
| MEMBER ID | | | | |
| | | | | |
| PHYSICIAN INFORMATI | ON | | | |
| GAIL WALTER MD | | 1619903192 | | |
| PHYSICIAN NAME | | NPI# | _ | |
| | | 8659864450 | | |
| 1018 HIGHWAY 321 N LENOIR | CITY TN 37771 | PHONE NUMBER | | |
| PRACTICE LOCATION | | 8339082124 | | |
| | | FAX NUMBER | | |
| PRESCRIPTION SELECT | FION | | | |
| □ L3671 − Shoulder Brace (Side: L3960 − Shoulder Brace (Side: L3660 − Shoulder Brace (Side: L0650 − Lumbar Brace (Waist: L0642 − Lumbar Brace (Waist: L0457 − Lumbar Brace (Waist: L0648 − Lumbar Brace (Waist: L1690 − Hip Brace (Side: □ L1686 − Hip Brace (Side: □ L | □ L □ R) (Size:) □ L □ R) (Size:) □ L □ R) (Size:))) MEDIUM) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R) | □ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852− Knee Brac □ L1851 − Knee Brac □ L1833 − Knee Brac □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 − Ankle Brac □ L1971 − Ankle Brac □ L0174 − Cervical Brac | Hinge ROM tremity Ortho ce (Side: □ L □ R) (Shoe Size:) ce (Side: □ L □ R) (Shoe Size:) | |
| | | | | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspector M17.12- Unilateral primary oster M17.11-Unilateral primary oster M25.512-Pain in the left shoulder M25.511-Pain in the right shoulder M25.552- Pain in Left Hip M25.551- Pain in Right Hip | ified oarthritis left knee earthritis right knee er | ☐ M25.532- Pain i ☐ M25.531 - Pain ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervical | in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow | |

DV MEDICAL SUPPLY

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Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **Back** pain for **A WEEK**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

| PHYSICIAN SIGNATURE | | | |
|--|-----------------|----------------|-------|
| Physician Verification: By my signature, I am prescribing th indicated and necessary and consistent with current accepted | | , , | ` ' |
| | | GAIL WALTER MD | |
| PHYSICIAN SIGNATURE: | PHYSICIAN NAME: | | DATE: |

Patient Name: JUDITH PIRAINO

Patient Address: 204 COYATEE VIEW LOUDON TN 37774

Patient Phone: 8654585084

Physician Name: GAIL WALTER MD

Address: 1018 HIGHWAY 321 N LENOIR CITY TN 37771

Telephone: **8659864450** Fax: **8339082124**

Patient: JUDITH PIRAINO Date of Birth: 08/23/1939 Visit Date: 10/18/2023 Reason for visit: Check-up

Clinical Summary

Patient Demographics

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|----------------------|------------------|----------------|------------|
| Patient Name: | JUDITH PIRAINO | Date of Birth: | 08/23/1939 |
| Age: | 84 | Phone Number: | 8654585084 |
| Address: | 204 COYATEE VIEW | City: | LOUDON |
| State: | TN | Zip Code: | 37774 |
| Gender: | FEMALE | Height: | 5'1 |
| Weight: | 125 | Waist Size | м |

Patient Insurance

| Provider: | MEDICARE | Member ID: | 5F90A66HW25 |
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Medications

| Current Medication | TYLENOL |
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| Medical History | NONE |

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A WEEK

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 10/18/2023

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

Subjective Notes

The patient reports chronic **Back** pain for **A WEEK.** Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A WEEK** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

| ICD 10 (Diagnostic C | odes) |
|----------------------|-------|
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M54.50- Low back pain, unspecified

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

| Physician Information | | |
|------------------------|---|--|
| Provider Name: | GAIL WALTER MD | |
| Address: | 1018 HIGHWAY 321 N LENOIR CITY TN 37771 | |
| Physician's Signature: | | |
| Date: | | |

Patient Name: JUDITH PIRAINO

Patient Address: 204 COYATEE VIEW LOUDON TN 37774

Patient Phone: 8654585084

LETTER OF MEDICAL NECESSITY

Re: JUDITH PIRAINO

Orthotic Device Need Assessment

Exam Date: 06/27/2024

Height: **5'1** Weight: **125** DOB: **08/23/1939**

Signature

Ms PIRAINO is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms PIRAINO reports chronic Back pain for A WEEK. Patient states pain is ACHY with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms PIRAINO and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms PIRAINO** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms PIRAINO** continue medical follow-up as part of an ongoing plan of care.

| Re: JUDITH PIRAINO | |
|--------------------|-------------|
| GAII WAI TER MD | Date Signed |