RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION			
FLEISCHER	CHERYL		
LAST NAME	FIRST NAME	MI	
FEMALE	04/16/1940	9283003491	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
3858 OLD LEXINGTON RD	WINSTON SALEM	NC 27107	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMATI	ION	SECONDARY INSURANCE	
PRIMARY INSURANCE	_		
7W75D30FJ73		MEMBER ID	
MEMBER ID			
PHYSICIAN INFORMATION	ON		
EMILY JOHNSON CNP		1033997382	
PHYSICIAN NAME		NPI #	
		3363008855	
1215 W CLEMMONSVILLE RD	WINSTON SALEM NC 27127	PHONE NUMBER	
PRACTICE LOCATION		3362240932	
		FAX NUMBER	
PRESCRIPTION SELECT	ION		
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)		■ L3916 – Wrist Har ■ L3915 - Wrist Har ■ L1852 – Knee Bra ■ L1851 – Knee Bra ■ L1833 – Knee Bra ■ L2397 – Knee Sle ■ E0100 – Cane ■ L2425 – Dial Lock ■ L2820 – Lower Ex ■ L1906 – Ankle Bra ■ L1971 – Ankle Bra ■ L0174 – Cervical	constant = constant
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecif □ M17.12- Unilateral primary osteoa □ M17.11-Unilateral primary osteoa □ M25.512-Pain in the left shoulder □ M25.511-Pain in the right shoulder □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip	fied varthritis left knee arthritis right knee r er	✓ M25.522 Pain i✓ M25.521 Pain i	n in right wrist oarthritis Left Ankle oarthritis Right Ankle in left elbow

DV MEDICAL SUPPLY

MEDICAL HISTORY

Previous treatments: ASPIRIN

Doctor's Notes: The patient reports chronic **RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
THI GIGIAN GIGNATURE		
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.		
	EMILY JOHNSON CNP	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	_ DATE:

Patient Name: CHERYL FLEISCHER

Patient Address: 3858 OLD LEXINGTON RD WINSTON SALEM NC 27107

Patient Phone: 9283003491

Physician Name: EMILY JOHNSON CNP

Address: 1215 W CLEMMONSVILLE RD WINSTON SALEM NC

Telephone: 3363008855 Fax: 3362240932 Patient: CHERYL FLEISCHER
Date of Birth: 04/16/1940
Visit Date: AUGUST 7, 2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	CHERYL FLEISCHER	Date of Birth:	04/16/1940
Age:	84	Phone Number:	9283003491
Address:	3858 OLD LEXINGTON RD	City:	WINSTON SALEM
State:	NC	Zip Code:	27107
Gender:	FEMALE	Height:	5'1
Weight:	130	Waist Size	м

Patient Insurance

Provider:	MEDICARE	Member ID:	7W75D30FJ73
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Medications

Current Medication	ASPIRIN WHEN IS NEEDED
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around A YEAR

The surgery addressed the following: **NA**The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: ASPIRIN

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: LIFTING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on AUGUST 7, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

Subjective Notes

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **LIFTING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: EMILY JOHNSON CNP

Address: 1215 W CLEMMONSVILLE RD WINSTON SALEM NC 27127

Physician's Signature:

Date:

Patient Name: CHERYL FLEISCHER

Patient Address: 3858 OLD LEXINGTON RD WINSTON SALEM NC 27107

Patient Phone: 9283003491

LETTER OF MEDICAL NECESSITY

Re: CHERYL FLEISCHER
Orthotic Device Need Assessment
Exam Date: 08/19/2024
Height: 5'1

Weight: **130** DOB: **04/16/1940**

Ms FLEISCHER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms FLEISCHER reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for A YEAR. Patient states pain is THROBBING with a pain scale of 8 and pain worsens with LIFTING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms FLEISCHER and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **LIFTING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms FLEISCHER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms FLEISCHER** continue medical follow-up as part of an ongoing plan of care.

the assessment of the patient for the prescribed treatr	is, 1940 der for the above-named patient, and certify that I have personally performed ment and device and verify that it is reasonably and medically necessary, within the community, for this patient's medical condition.
EMILY JOHNSON CNP Signature	Date Signed: