RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
НАММ	MELISSA				
LAST NAME	FIRST NAME	MI			
FEMALE	07/07/1973	3472620162	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS		
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC		
11406 ROCKAWAY BEACH	ROCKAWAY PARK	NY 11694			
BLVD # 3E 27614	CITY	STATE & ZIPCODE			
ADDRESS	ON.				
INSURANCE INFORMATI	UN				
MEDICARE	_	SECONDARY INSURANCE			
PRIMARY INSURANCE					
9ME0QE4UA22 MEMBER ID		MEMBER ID			
WEWDER					
PHYSICIAN INFORMATION)N				
YATING LEE, DO		1053691493			
PHYSICIAN NAME		NPI#			
		7183183434			
105-38 ROCKWAY BEACH BOU	JLIVARD NY 11694	PHONE NUMBER			
PRACTICE LOCATION		7183183723			
		FAX NUMBER			
			1		
PRESCRIPTION SELECT	ION				
□ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist:) □ L0642 − Lumbar Brace (Waist:) □ L0457 − Lumbar Brace (Waist:) □ L0648 − Lumbar Brace (Waist:) □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L1686 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable Fle □ L3760 − Elbow Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) ARGE) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slae □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ext □ L1906 / L1971 − A □ L0174 − Cervical E	tremity Ortho .nkle Brace (Side: □ L □ R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	ed arthritis left knee rthritis right knee	☐ M25.532- Pain i☐ M25.531 - Pain i☐ M19.072- Ostec☐ M19.071- Ostec☐ M25.522 Pain ir☐ M25.521 Pain ir☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

DV MEDICAL SUPPLY

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Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK, LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
	Y	ATING LEE, DO	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:

Patient Name: MELISSA HAMM

Patient Address: 11406 ROCKAWAY BEACH BLVD # 3E 27614 ROCKAWAY PARK NY 11694

Patient Phone: 3472620162

Physician Name: YATING LEE, DO

Address: 105-38 ROCKWAY BEACH BOULIVARD NY 11694

Telephone: 7183183434 Fax: 7183183723 Patient: MELISSA HAMM Date of Birth: 07/07/1973 Visit Date: JUNE 17, 2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

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Patient Name:	MELISSA HAMM	Date of Birth:	07/07/1973
Age:	51	Phone Number:	3472620162
Address:	11406 ROCKAWAY BEACH BLVD # 3E 27614	City:	ROCKAWAY PARK
State:	NY	Zip Code:	11694
Gender:	FEMALE	Height:	5'2
Weight:	172	Waist Size	L

Patient Insurance

Provider: MEDICARE	Member ID:	9ME0QE4UA22
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Medications

Current Medication	IBUPROFEN 5 X A DAY, TYLENOL3 X A DAY
Medical History	NONE

Medical Diagnosis

The pain level was	indicated on a	scale of 1-1	0 as the following: 7
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The patient's pain started on or around MORE THAN A YEAR AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on JUNE 17, 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced CONSTANTLY. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information YATING LEE. DO Provider Name: Address: 105-38 ROCKWAY BEACH BOULIVARD NY 11694 Physician's Signature: Date:

Patient Name: MELISSA HAMM

Patient Address: 11406 ROCKAWAY BEACH BLVD # 3E 27614 ROCKAWAY PARK NY 11694

Patient Phone: 3472620162

LETTER OF MEDICAL NECESSITY

Re: MELISSA HAMM

Orthotic Device Need Assessment

Exam Date: 08/08/2024

Height: **5'2** Weight: **172** DOB: **07/07/1973**

YATING LEE, DO

Signature

Ms HAMM is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LOWER BACK, LEFT KNEE, RIGHT KNEE**.

Ms HAMM reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is SHARP with a pain scale of 7 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms HAMM and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HAMM** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HAMM** continue medical follow-up as part of an ongoing plan of care.

Re: MELISSA HAMM	

Date Signed: _____

<u>Comprehensive Knee Laxity Test (Check All Applicable)</u>

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive