# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMAT	ION				
CROOKER	DONALD				
LAST NAME	FIRST NAME	MI			
MALE	10/15/37	6038834305	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	<ul><li>☒ SHIP TO PATIENT'S HOME ADDRESS</li><li>☐ SHIP TO PATIENT'S PHYSICIAN CLINIC</li></ul>		
164 TINKER RD	NASHUA	NH 03063			
ADDRESS	CITY	STATE & ZIPCODE			
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INSURANCE INFORM	MATION				
MEDICARE					
PRIMARY INSURANCE		SECONDARY INSURANCE			
6AJ0Y09RN06		MEMBER ID			
MEMBER ID					
PHYSICIAN INFORM	ATION				
MITCHELL COHEN M.D.		1972589208			
PHYSICIAN NAME		NPI #	—		
		603-891-4500			
173 DANIEL WEBSTER H	WY NASHIIA NH 03060	PHONE NUMBER			
PRACTICE LOCATION		603-891-4414			
TRACTICE ECOATION		FAX NUMBER			
PRESCRIPTION SEL  □ L3671 – Shoulder Brace ( □ L3960 – Shoulder Brace ( □ L3660 – Shoulder Brace ( □ L0650 – Lumbar Brace ( □ L0642 – Lumbar Brace ( □ L0457 – Lumbar Brac	Side: □ L □ R) (Size: ) Side: □ L □ R) (Size: ) Side: □ L □ R) (Size: ) /aist: ) /aist: )	□ L3916 – Wrist Ha □ L3915 - Wrist Ha □ L1852 – Knee Bra □ L1851 – Knee Bra	race (Side: □ L □ R) (Size: )  und Finger (Side: □ L □ R) (Size: )  nd Finger (Side: □ L □ R) (Size: )  uce (Side: □ L □ R) (Size: )  ace (Side: □ L □ R) (Size: )  ace (Side: □ L □ R) (Size: )		
□ L0648 – Lumbar Brace (M □ E0100 – Electric Heat Pac □ L1690 – Hip Brace (Side: □ L1686 – Hip Brace (Side:	/aist: ) d □	□ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower E	eeve (Size: ) (Qty: ) k Hinge ROM xtremity Ortho		
L2624 – Hip Joint Adjusta L3760 – Elbow Brace (Sid	ble Flexion, Extension (Side: □ L □ R) de: □ L □ R)	<ul><li>□ L1971 – Ankle Br</li><li>□ L0174 – Cervical</li></ul>	ace (Side:   L  R) (Shoe Size: ) ace (Side:   L  R) (Shoe Size: ) Brace bilizer (Side:   R)		
MEDICAL INFORMA¹ ICD 10 (Diagnosis Code(s))	): Inspecified Ins		n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow		
Length of Need: 🖂 12J	months (long term)	onthe (1-11)			

# DV MEDICAL SUPPLY

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**Previous treatments: MEDICATIONS** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
PHYSICIAN SIGNATURE:		MITCHELL COHEN M.D.	DATE:

Patient Name: DONALD CROOKER

Patient Address: 164 TINKER RD NASHUA NH 03063

Patient Phone: 6038834305

Physician Name: MITCHELL COHEN M.D.

Address: 173 DANIEL WEBSTER HWY, NASHUA, NH 03060

Telephone: **603-891-4500** Fax: **603-891-4414** 

Patient: DONALD CROOKER Date of Birth: 10/15/37 Visit Date: 05/16/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	DONALD CROOKER	Date of Birth:	10/15/37
Age:	86	Phone Number:	6038834305
Address:	164 TINKER RD	City:	NASHUA
State:	NH	Zip Code:	03063
Gender:	MALE	Height:	6
Weight:	210	Waist Size	L

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	6AJ0Y09RN06
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## **Medications**

Current Medication	ASPIRIN (2X A DAY)
Medical History	HIGH BLOOD PRESSURE HEART DISEASE DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8

The patient's pain started on or around OVER A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: MEDICATIONS

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 05/16/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

# **Subjective Notes**

The patient reports chronic **Back** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **DAILY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **OVER A YEAR** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **DAILY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **PERFORMING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes
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M54.50- Low back pain, unspecified

### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information		
Provider Name:	MITCHELL COHEN M.D.	
Address:	173 DANIEL WEBSTER HWY, NASHUA, NH 03060	
Physician's Signature:		
Date:		

Patient Name: **DONALD CROOKER** 

Patient Address: 164 TINKER RD NASHUA NH 03063

Patient Phone: 6038834305

#### LETTER OF MEDICAL NECESSITY

Re: DONALD CROOKER

Orthotic Device Need Assessment

Exam Date: 08/14/2024

Height: 6 Weight: 210 DOB: 10/15/37

Mr CROOKER is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Mr CROOKER reports chronic Back pain for Months. Patient states pain is ACHY with a pain scale of 8 and pain worsens with PERFORMING DAILY ACTIVITIES. Pain is experienced DAILY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Mr CROOKER and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **PERFORMING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr CROOKER** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr CROOKER** continue medical follow-up as part of an ongoing plan of care.

examination, and I have recommended that	Ir CROOKER continue medical follow-up as part of an ongoing plan of care.
the assessment of the patient for the pr	: October 15, 1937 onfirm this order for the above-named patient, and certify that I have personally performed scribed treatment and device and verify that it is reasonably and medically necessary, ical practice within the community, for this patient's medical condition.
MITCHELL COHEN M.D. Signature	Date Signed: