RX / MEDICAL NECESSITY FORM

PATIENT INFORMATIO	N			
JENSEN	MARJORIE			
LAST NAME	FIRST NAME	MI		
FEMALE	06/09/1943	6203823539	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
2179 US HIGHWAY 256	MARION	KS 66861		
ADDRESS	СІТУ	STATE & ZIPCODE		
INSURANCE INFORMA	TION	SECONDARY INSURANCE	_	
PRIMARY INSURANCE				
1NH9P92RV21		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	TION			
ANITA BIDDLE PA		1780767186		
PHYSICIAN NAME		NPI #		
		6203822033		
537 S FREEBORN ST MARIO	N KS 66861	PHONE NUMBER		
PRACTICE LOCATION		6203822033		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
L3670 − Shoulder Brace (Side L3960 − Shoulder Brace (Side L3660 − Shoulder Brace (Side L0650 − Lumbar Brace (Wais L0642 − Lumbar Brace (Wais L0457 − Lumbar Brace (Wais L0648 − Lumbar Brace (Wais L0648 − Lumbar Brace (Wais L1690 − Hip Brace (Side: □ L L1686 − Hip Brace (Side: □ L L2624 − Hip Joint Adjustable L3760 − Elbow Brace (Side:	e:	□ L3916 − Wrist Ha □ L3915 − Wrist Ha □ L1852 − Knee Br □ L1851 − Knee Br □ L1833 − Knee Br □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Loc □ L2820 − Lower E □ L1906 / L1971 − □ L0174 − Cervical	xtremity Ortho Ankle Brace (Side: □ L □ R) (Shoe Size:)	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): M54.50- Low back pain, unspector M17.12- Unilateral primary ostector M25.512-Pain in the left should M25.511-Pain in the right should M25.552- Pain in Left Hip M25.551- Pain in Right Hip Length of Need: 12+ m	ecified eoarthritis left knee eoarthritis right knee der alder	☐ M19.071- Oste☐ M25.522 Pain☐ M25.521 Pain	n in right wrist eoarthritis Left Ankle eoarthritis Right Ankle in left elbow	

DV MEDICAL SUPPLY

۸л		1	A 1	 IST	$\Gamma \cap$	\mathbf{n}	•
ΝI	EL	"	AL	 	w	R	r

Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** pain for **SEVERAL YEARS**. Patient states pain is **SHARP** with a pain scale of **5** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE				
Physician Verification: By my signature, I am prescribing th	Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically			
indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.				
,,			,	
		ANITA BIDDLE PA		
		ANTIA DIDDEL I A		
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:	

Patient Name: MARJORIE JENSEN

Patient Address: 2179 US HIGHWAY 256 MARION KS 66861

Patient Phone: 6203823539

Physician Name: ANITA BIDDLE PA

Address: 537 S FREEBORN ST MARION KS 66861

Telephone: 6203822033 Fax: 6203822033 Patient: MARJORIE JENSEN
Date of Birth: 06/09/1943
Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	MARJORIE JENSEN	Date of Birth:	06/09/1943
Age:	81	Phone Number:	6203823539
Address:	2179 US HIGHWAY 256	City:	MARION
State:	кѕ	Zip Code:	66861
Gender:	FEMALE	Height:	5'6
Weight:	120	Waist Size	L

Patient Insurance

Provider:	MEDICARE	Member ID:	1NH9P92RV21
-----------	----------	------------	-------------

Medications

Current Medication	DIABETES PILLS 2X A DAY TYLENOL AS NEEDED
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a	a scale of 1-10 as the following: 5
-----------------------------------	-------------------------------------

The patient's pain started on or around SEVERAL YEARS AGO

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's LOWER BACK, LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LOWER BACK, LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 5 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LOWER BACK, LEFT KNEE, RIGHT KNEE related to M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **5**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **LOWER BACK**, **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following ARTHRITIS or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information ANITA BIDDLE PA Provider Name: Address: 537 S FREEBORN ST MARION KS 66861 Physician's Signature: Date:

Patient Name: MARJORIE JENSEN

Patient Address: 2179 US HIGHWAY 256 MARION KS 66861

Patient Phone: 6203823539

LETTER OF MEDICAL NECESSITY

Re: MARJORIE JENSEN

Orthotic Device Need Assessment

Exam Date: 08/16/2024

Height: **5'6** Weight: **120** DOB: **06/09/1943**

Ms JENSEN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LOWER BACK, LEFT KNEE, RIGHT KNEE.

Ms JENSEN reports chronic LOWER BACK, LEFT KNEE, RIGHT KNEE pain for SEVERAL YEARS. Patient states pain is SHARP with a pain scale of 5 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Ms JENSEN and evaluation of his/her condition, I am ordering the following: L0457 - TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF, L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the LOWER BACK, LEFT KNEE, RIGHT KNEE requiring stabilization for improvement of functionality. I am prescribing this BACK, KNEE orthosis for the following indication(s): to aid when the patient is BENDING, to aid in stabilization of the BACK, KNEE. My treatment goal(s) for the use of the prescribed BACK, KNEE orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms JENSEN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms JENSEN** continue medical follow-up as part of an ongoing plan of care.

care.	
assessment of the patient for the pre	DOB: June 09, 1943 irm this order for the above-named patient, and certify that I have personally performed the cribed treatment and device and verify that it is reasonably and medically necessary, edical practice within the community, for this patient's medical condition.
ANITA BIDDLE PA Signature	Date Signed:

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive