RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION					
CASEY	KATHRYN				
LAST NAME	FIRST NAME	MI			
FEMALE	11/04/1945	2087564859	SHIPPING METHOD:		
GENDER	DATE OF BIRTH	PHONE NUMBER	 		
12 GUTH RD	SALMON	ID 83467			
ADDRESS	CITY	STATE & ZIPCODE			
INSURANCE INFORMATI	ON				
PRIMARY INSURANCE	-	SECONDARY INSURANCE			
6W24WH7NK09					
MEMBER ID		MEMBER ID			
PHYSICIAN INFORMATION	DN				
SAMUEL GARDNER DO		1962588111			
PHYSICIAN NAME		NPI#			
		208-756-6336			
805 MAIN ST SALMON ID 83467	•	PHONE NUMBER			
PRACTICE LOCATION		208-756-6212			
		FAX NUMBER			
PRESCRIPTION SELECT	ION	T			
L3670 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L3660 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist:) L0642 – Lumbar Brace (Waist:) L0457 – Lumbar Brace (Waist:) L0648 – Lumbar Brace (Waist:) E0100 – Electric Heat Pad L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable Fle L3760 – Elbow Brace (Side: □ L	□ L □ R) (Size:) □ L □ R) (Size:) □ R) (Waist:) □ R) (Waist:) □ R) (Waist:) xion, Extension (Side: □ L □ R)	☑ L3916 – Wrist Har ☐ L3915 - Wrist Han ☐ L1852 – Knee Bra ☐ L1851 – Knee Bra ☐ L1833 – Knee Bra ☐ L2397 – Knee Sle ☐ E0100 – Cane ☐ L2425 – Dial Lock ☐ L2820 – Lower Ex ☐ L1906 – Ankle Bra ☐ L1971 – Ankle Bra ☐ L0174 – Cervical B	tremity Ortho ace (Side: \Box L \Box R) (Shoe Size:) ace (Side: \Box L \Box R) (Shoe Size:)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecifi □ M17.12- Unilateral primary osteoa □ M17.11-Unilateral primary osteoa □ M25.512-Pain in the left shoulder □ M25.511-Pain in the right shoulder □ M25.552- Pain in Left Hip □ M25.551- Pain in Right Hip	ied arthritis left knee rthritis right knee		in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow		

DV MEDICAL SUPPLY

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Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
Physician Verification: By my signature, I am prescribing th indicated and necessary and consistent with current accepte		, ,	` '
		SAMUEL GARDNER DO	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:

Patient Name: KATHRYN CASEY

Patient Address: 12 GUTH RD SALMON ID 83467

Patient Phone: 2087564859

Physician Name: **SAMUEL GARDNER DO** Address: 805 MAIN ST SALMON ID 83467

Telephone: 208-756-6336 Fax: 208-756-6212 Patient: KATHRYN CASEY
Date of Birth: 11/04/1945
Visit Date: WITHIN A YEAR

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	KATHRYN CASEY	Date of Birth:	11/04/1945
Age:	78	Phone Number:	2087564859
Address:	12 GUTH RD	City:	SALMON
State:	ID	Zip Code:	83467
Gender:	FEMALE	Height:	5'3
Weight:	150	Waist Size	L

Patient Insurance

Provider:	MEDICARE	Member ID:	6W24WH7NK09
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Medications

Current Medication	TYLENOL WHEN IS NEEDED
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: STANDING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN A YEAR

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

Subjective Notes

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **STANDING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support.Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: SAMUEL GARDNER DO

Address: 805 MAIN ST SALMON ID 83467

Physician's Signature:

Date:

Patient Name: KATHRYN CASEY

Patient Address: 12 GUTH RD SALMON ID 83467

Patient Phone: 2087564859

LETTER OF MEDICAL NECESSITY

Re: KATHRYN CASEY

Orthotic Device Need Assessment

Exam Date: 08/17/2024

Height: 5'3 Weight: 150 DOB: 11/04/1945

Ms CASEY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

Ms CASEY reports chronic RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with STANDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Ms CASEY and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST requiring stabilization for improvement of functionality. I am prescribing this WRIST, ELBOW orthosis for the following indication(s): to aid when the patient is STANDING, to aid in stabilization of the WRIST, ELBOW. My treatment goal(s) for the use of the prescribed WRIST, ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms CASEY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms CASEY** continue medical follow-up as part of an ongoing plan of

care.	
the assessment of the patient for the pre-	3: November 04, 1945 confirm this order for the above-named patient, and certify that I have personally performed escribed treatment and device and verify that it is reasonably and medically necessary, lical practice within the community, for this patient's medical condition.
SAMUEL GARDNER DO Signature	Date Signed: