RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION				
KENNEDY	KATHY			
LAST NAME	FIRST NAME	MI		
FEMALE	05/17/1948	5757493295	SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
1850 NM HIGHWAY 236	PORTALES	NM 88130		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATI	ION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
3YE9NX7AM41				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATION	ON .			
JOY BONEY, FNP-C		1558923631		
PHYSICIAN NAME		NPI #		
		5757624455		
2301 N MLK BLVD CLOVIS NM	88101	PHONE NUMBER		
PRACTICE LOCATION		5757628411		
		FAX NUMBER		
PRESCRIPTION SELECT	ION			
L3670 - Shoulder Brace (Side: □ L □ R) (Size:) L3960 - Shoulder Brace (Side: □ L □ R) (Size:) L3660 - Shoulder Brace (Side: □ L □ R) (Size:) L0650 - Lumbar Brace (Waist:) L0642 - Lumbar Brace (Waist:) L0457 - Lumbar Brace (Waist:) L0648 - Lumbar Brace (Waist:) E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L □ R) (Waist:) L1686 - Hip Brace (Side: □ L □ R) (Waist:) L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R) L3760 - Elbow Brace (Side: □ L □ R)				
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecif □ M17.12- Unilateral primary osteo □ M17.11-Unilateral primary osteo □ M25.512-Pain in the left shoulder □ M25.511-Pain in the right should	ried arthritis left knee arthritis right knee r er		n in right wrist coarthritis Left Ankle coarthritis Right Ankle in left elbow in right elbow	

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Previous treatments: TAKING MEDICATION

Doctor's Notes: The patient reports chronic **LEFT WRIST**, **RIGHT WRIST**, **RIGHT ELBOW AND LEFT ELBOW** pain for **SEVERAL YEARS**. Patient states pain is **ACHY** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE				
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.				
		JOY BONEY, FNP-C		
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:	

Patient Name: KATHY KENNEDY

Patient Address: 1850 NM HIGHWAY 236 PORTALES NM 88130

Patient Phone: 5757493295

Physician Name: JOY BONEY, FNP-C

Address: 2301 N MLK BLVD CLOVIS NM 88101

Telephone: 5757624455 Fax: 5757628411

Patient: KATHY KENNEDY Date of Birth: 05/17/1948 Visit Date: WITHIN 12 MONTHS Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

Patient Name:	KATHY KENNEDY	Date of Birth:	05/17/1948
Age:	76	Phone Number:	5757493295
Address:	1850 NM HIGHWAY 236	City:	PORTALES
State:	NM	Zip Code:	88130
Gender:	FEMALE	Height:	5'2
Weight:	170	Waist Size	XL

Patient Insurance

Provider: MEDICARE Member ID: 3YE9NX7AM41	
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Medications

Current Medication	CLOPIDOGREL, MOUNJARO, TYLENOL
Medical History	DIABETES

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as the following: 6

The patient's pain started on or around SEVERAL YEARS

The surgery addressed the following: NA

The pain is experienced **SOMETIMES**

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on WITHIN 12 MONTHS

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW

Subjective Notes

The patient reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with movement. The pain is caused by WEAR AND TEAR and is experienced SOMETIMES. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for SEVERAL YEARS located in their LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW related to M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described ACHY and occurs SOMETIMES. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level 6. The following activities make the patient's pain worse: DOING DAILY ACTIVITIES. Patient needs a LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **JOY BONEY, FNP-C**

Address: 2301 N MLK BLVD CLOVIS NM 88101

Physician's Signature:

Date:

Patient Name: KATHY KENNEDY

Patient Address: 1850 NM HIGHWAY 236 PORTALES NM 88130

Patient Phone: 5757493295

LETTER OF MEDICAL NECESSITY

Re: KATHY KENNEDY

Orthotic Device Need Assessment

Exam Date: 09/05/2024

Height: **5'2** Weight: **170** DOB: **05/17/1948**

Ms KENNEDY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW.

Ms KENNEDY reports chronic LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW pain for SEVERAL YEARS. Patient states pain is ACHY with a pain scale of 6 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.532- Pain in left wrist, M25.531- Pain in right wrist, M25.522 Pain in left elbow, M25.521 Pain in right elbow. Based on my conversation with Ms KENNEDY and evaluation of his/her condition, I am ordering the following: L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF.

Patient is ambulatory and has weakness of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW requiring stabilization for improvement of functionality. I am prescribing this LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis for the following indication(s): to aid when the patient is DOING DAILY ACTIVITIES, to aid in stabilization of the LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW. My treatment goal(s) for the use of the prescribed LEFT WRIST, RIGHT WRIST, RIGHT ELBOW AND LEFT ELBOW orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms KENNEDY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms KENNEDY** continue medical follow-up as part of an ongoing plan of care.

assessment of the patient for the prescribed	17, 1948 order for the above-named patient, and certify that I have personally performed the reatment and device and verify that it is reasonably and medically necessary, practice within the community, for this patient's medical condition.
JOY BONEY, FNP-C Signature	Date Signed: