## **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATIO	N			
VAN SLYKE	LISA			
LAST NAME	FIRST NAME	MI		
FEMALE	09/20/1957	2813568913	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
27507 KATHY LN	MAGNOLIA	TX 77355		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMA	TION			
MEDICARE				
PRIMARY INSURANCE	<del>_</del>	SECONDARY INSURANCE		
7DH2NY7NP96		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMAT	ION			
COTTON FERAY MD		1235236787		
PHYSICIAN NAME		NPI #		
		2813517244		
720 LAWRENCE ST. SUITE 10	00 TOMBALL TX 77375	PHONE NUMBER		
PRACTICE LOCATION		2818033967		
		FAX NUMBER		
PRESCRIPTION SELEC	TION			
□ L3671 - Shoulder Brace (Side L3960 - Shoulder Brace (Side L3660 - Shoulder Brace (Side L0650 - Lumbar Brace (Waist L0642 - Lumbar Brace (Waist L0457 - Lumbar Brace (Waist L0648 - Lumbar Brace (Waist L0648 - Lumbar Brace (Waist E0100 - Electric Heat Pad L1690 - Hip Brace (Side: □ L1686 - Hip Brace (Side: □ L1624 - Hip Joint Adjustable & L3760 - Elbow Brace (Side: □	:	□ L3916 − Wrist Har □ L3915 − Wrist Har □ L1852− Knee Bra □ L1851 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sla □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Es □ L1906 − Ankle Bra □ L1971 − Ankle Bra	$ctremity Ortho$ ace (Side: $\Box L \Box R$ ) (Shoe Size: ) ace (Side: $\Box L \Box R$ ) (Shoe Size: )	
MEDICAL INFORMATIO ICD 10 (Diagnosis Code(s)):	cified 20arthritis left knee 0arthritis right knee ler	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li><li>☐ M54.2-Cervical</li></ul>	n in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

#### DV MEDICAL SUPPLY

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**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movements. Pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
		COTTON FERAY MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:

Patient Name: LISA VAN SLYKE

Patient Address: 27507 KATHY LN MAGNOLIA TX 77355

Patient Phone: 2813568913

Physician Name: COTTON FERAY MD

Address: 720 LAWRENCE ST. SUITE 100 TOMBALL TX 77375

Telephone: 2813517244 Fax: 2818033967 Patient: LISA VAN SLYKE Date of Birth: 09/20/1957 Visit Date: 06/28/2024 Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	LISA VAN SLYKE	Date of Birth:	09/20/1957
Age:	66	Phone Number:	2813568913
Address:	27507 KATHY LN	City:	MAGNOLIA
State:	тх	Zip Code:	77355
Gender:	FEMALE	Height:	5'4
Weight:	125	Waist Size	м

## **Patient Insurance**

Provider:	MEDICARE	Member ID:	7DH2NY7NP96
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#### **Medications**

Current Medication	IBUPROFEN AS NEEDED 800MG, FAMOTIDINE AS NEEDED, AMLODIPINE AS NEEDED
Medical History	HIGH CHOLESTEROL

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following	j: <b>9</b>
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The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's Back

The patient's pain is caused by AN ACCIDENT

The last time the patient has seen the doctor was on 06/28/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **MORE THAN A YEAR**. Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movement. The pain is caused by **AN ACCIDENT** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## **Objective of Assessment (Review of Symptoms)**

Patient has chronic pain for MORE THAN A YEAR located in their Back related to M54.50- Low back pain, unspecified. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (	(Diagnostic (	Codes)

M54.50- Low back pain, unspecified

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: COTTON FERAY MD

Address: 720 LAWRENCE ST. SUITE 100 TOMBALL TX 77375

Physician's Signature:

Date:

Patient Name: LISA VAN SLYKE

Patient Address: 27507 KATHY LN MAGNOLIA TX 77355

Patient Phone: 2813568913

#### DV MEDICAL SUPPLY

#### LETTER OF MEDICAL NECESSITY

Re: LISA VAN SLYKE

Orthotic Device Need Assessment

Exam Date: 08/13/2024

Height: **5'4** Weight: **125** DOB: **09/20/1957** 

Ms VAN SLYKE is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is:

Ms VAN SLYKE reports chronic Back pain for MORE THAN A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms VAN SLYKE and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms VAN SLYKE** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms VAN SLYKE** continue medical follow-up as part of an ongoing plan of care.

Re: LISA VAN SLYKE		
COTTON FERAY MD Signature	Date Signed:	