RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	1		
FOGARTY	JAMES		
LAST NAME	FIRST NAME	MI	
MALE	09/08/1942	8453040740	SHIPPING METHOD:
GENDER	DATE OF BIRTH	PHONE NUMBER	 ☑ SHIP TO PATIENT'S HOME ADDRESS ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
80 DIANE DR	BLAUVELT	NY 10913	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORMAT	TION		
MEDICARE	ION		
PRIMARY INSURANCE	_	SECONDARY INSURANCE	_
9CY6V88XU73			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMATI	ON		
VINCENT IBELLI, MD		1033119599	
PHYSICIAN NAME		NPI #	
		8453595005	
97 ROUTE 303 TAPPAN NY 10	0983	PHONE NUMBER	
PRACTICE LOCATION		8453597890	
		FAX NUMBER	
L3670 - Shoulder Brace (Side:			
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	cified oarthritis left knee oarthritis right knee er	☐ M25.522 Pain ii☐ M25.521 Pain ii	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow

FIRST STEP DME INC.

MEDICAL HISTORY

Previous treatments: TYLENOL

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of **6** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE		
Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically		
indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.		
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	VINCENT	BELLI, MD
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:	•
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Patient Name: JAMES FOGARTY

Patient Address: 80 DIANE DR BLAUVELT NY 10913

Patient Phone: 8453040740

Physician Name: **VINCENT IBELLI, MD**Address: 97 ROUTE 303 TAPPAN NY 10983

Telephone: 8453595005 Fax: 8453597890 Patient: JAMES FOGARTY Date of Birth: 09/08/1942 Visit Date: JULY 2024

Reason for visit: REGULAR CHECK-UP

Clinical Summary

Patient Demographics

ation beinograpines			
Patient Name:	JAMES FOGARTY	Date of Birth:	09/08/1942
Age:	81	Phone Number:	8453040740
Address:	80 DIANE DR	City:	BLAUVELT
State:	NY	Zip Code:	10913
Gender:	MALE	Height:	5'8
Weight:	223	Waist Size	L

Patient Insurance

Provider: ME	EDICARE	Member ID:	9CY6V88XU73
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Medications

Current Medication	TYLENOL ONCE A DAY IN THE MORNING
Medical History	NONE

Medical Diagnosis

The pain level was indicated on a scale of 1-10 as t	the following: 6
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The patient's pain started on or around 3 YEARS AGO

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TYLENOL

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on JULY 2024

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of **6** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for 3 YEARS located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE**, **RIGHT KNEE** Brace to provide support and reduce pain level.

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE., including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Informatio	
Provider Name:	VINCENT IBELLI, MD
Address:	97 ROUTE 303 TAPPAN NY 10983
Physician's Signature:	
Date:	

Patient Name: JAMES FOGARTY

Patient Address: 80 DIANE DR BLAUVELT NY 10913

Patient Phone: 8453040740

LETTER OF MEDICAL NECESSITY

Re: JAMES FOGARTY

Orthotic Device Need Assessment

Exam Date: 08/02/2024

Height: 5'8 Weight: 223 DOB: 09/08/1942

Mr FOGARTY is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Mr FOGARTY reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **3 YEARS**. Patient states pain is **THROBBING** with a pain scale of 6 and pain worsens with **WALKING**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Based on my conversation with Mr FOGARTY and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr FOGARTY** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr FOGARTY** continue medical follow-up as part of an ongoing plan of care.

ongoing plan or care.	
assessment of the patient for the pres	3: September 08, 1942 firm this order for the above-named patient, and certify that I have personally performed th bed treatment and device and verify that it is reasonably and medically necessary, ical practice within the community, for this patient's medical condition.
VINCENT IBELLI, MD Signature	Date Signed:

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive