ADDICKS MEDICAL SUPPLY

RX / MEDICAL NECESSITY FORM

| PATIENT INFORMATION | | | | | |
|--|--|---|---|--|--|
| HANK | JOSEPH | | | | |
| LAST NAME | FIRST NAME | MI | | | |
| FEMALE | 12/05/48 | 8506787276/8504201575 | SHIPPING METHOD: SHIP TO PATIENT'S HOME ADDRESS | | |
| GENDER | DATE OF BIRTH | PHONE NUMBER | ☐ SHIP TO PATIENT'S PHYSICIAN CLINIC | | |
| 104 ROCKYWOOD WAY | NICEVILLE | FL 32578 | | | |
| ADDRESS | CITY | STATE & ZIPCODE | | | |
| INSURANCE INFORMATI | ON | | | | |
| MEDICARE | | | | | |
| PRIMARY INSURANCE | - | SECONDARY INSURANCE | | | |
| 1XT8RY8HG67 | | | | | |
| MEMBER ID | | MEMBER ID | | | |
| PHYSICIAN INFORMATION | ON . | | | | |
| CAROLYN SPACE, CNP | | 1336553585 | | | |
| PHYSICIAN NAME | | NPI # | _ | | |
| | | 850-883-9957 | | | |
| 96 MDG 307 BOATNER ROADE | GLIN, FL 32542 | PHONE NUMBER | | | |
| PRACTICE LOCATION | · | 850-883-9957 | | | |
| | | FAX NUMBER | | | |
| | | | | | |
| PRESCRIPTION SELECT | ION | 1 | | | |
| □ L3670 − Shoulder Brace (Side: □ L3960 − Shoulder Brace (Side: □ L3660 − Shoulder Brace (Side: □ L0650 − Lumbar Brace (Waist: □ L0642 − Lumbar Brace (Waist: □ L0457 − Lumbar Brace (Waist: □ L0648 − Lumbar Brace (Waist: □ E0100 − Electric Heat Pad □ L1690 − Hip Brace (Side: □ L □ L2624 − Hip Joint Adjustable Fle □ L3760 − Elbow Brace (Side: □ L | □ L □ R) (Size:) □ L □ R) (Size:)))))) □ R) (Waist:) □ R) (Waist:) exion, Extension (Side: □ L □ R) | □ L3916 - Wrist Hand □ L3915 - Wrist Hand □ L1852 - Knee Brace □ L1833 - Knee Brace □ L2397 - Knee Sleer □ E0100 - Cane □ L2425 - Dial Lock H □ L2820 - Lower Extr □ L1971 - Ankle Brace □ L1906 - Ankle Brace □ L0174 - Cervical Brace | emity Ortho le (Side: □ L □ R) (Shoe Size:) le (Side: □ L □ R) (Shoe Size:) | | |
| MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)): □ M54.50- Low back pain, unspecif ⋈ M17.12- Unilateral primary osteo ⋈ M25.512-Pain in the left shoulder □ M25.511-Pain in the right shoulder □ M25.552- Pain in Left Hip | ied arthritis left knee arthritis right knee | ☐ M25.532- Pain in ☐ M25.531 - Pain in ☐ M19.072- Osteoa ☐ M19.071- Osteoa ☐ M25.522 Pain in ☐ M25.521 Pain in | n right wrist arthritis Left Ankle arthritis Right Ankle left elbow right elbow | | |
| ☐ M25.551- Pain in Right Hip Length of Need: ☑ 12+ mon | ths (long term) | ☐ M54.2-Cervicalgi | a Pain in Neck | | |

ADDICKS MEDICAL SUPPLY

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Previous treatments: RESTING

Doctor's Notes: The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

| PHYSICIAN SIGNATURE | | | |
|---|-----------------|--------------------|-------|
| Physician Verification: By my signature, I am prescribing the indicated and necessary and consistent with current accepted | | , , | ` ' |
| PHYSICIAN SIGNATURE: | PHYSICIAN NAME: | CAROLYN SPACE, CNP | DATE: |

Patient Name: JOSEPH HANK

Patient Address: 104 ROCKYWOOD WAY NICEVILLE FL 32578

Patient Phone: 8506787276/8504201575

Physician Name: CAROLYN SPACE, CNP Address: 96 MDG 307 BOATNER ROADEGLIN, FL 32542

Telephone: **850-883-9957** Fax: **850-883-9957**

Patient: JOSEPH HANK Date of Birth: 12/05/48 Visit Date: 5 MONTHS AGO Reason for visit: CHECK-UP

Clinical Summary

Patient Demographics

| r attent beinegraphies | | | |
|------------------------|-------------------|----------------|-----------------------|
| Patient Name: | JOSEPH HANK | Date of Birth: | 12/05/48 |
| Age: | 75 | Phone Number: | 8506787276/8504201575 |
| Address: | 104 ROCKYWOOD WAY | City: | NICEVILLE |
| State: | FL | Zip Code: | 32578 |
| Gender: | FEMALE | Height: | 5'8 |
| Weight: | 165 | Waist Size | 34 |

Patient Insurance

| Provider: MEDICARE Member ID: 1XT8RY8HG67 | MEDICARE Member ID: 1XT8RY8HG67 | |
|---|---------------------------------|--|
|---|---------------------------------|--|

Medications

| Current Medication | IBUPROFEN(TWICE A DAY),METOPROLOL 12 1/2 MG(ONCE A DAY),SIMVASTATIN(ONCE A DAY) |
|--------------------|---|
| Medical History | HEART CONDITION |

Medical Diagnosis

| The pain level was indicated on a scale of 1-10 as the following: 7 |
|---|
| The patient's pain started on or around A YEAR |
| The surgery addressed the following: NA |
| The pain is experienced SOMETIMES |

The patient has attempted the following previous treatments/therapies: **RESTING**The patient described their pain as the following: **ACHY**

The activities that make the patient's pain worse is as follows: **BENDING**

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 5 MONTHS AGO

Chief Complaint

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

ADDICKS MEDICAL SUPPLY

Plan & Treatment Goals

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: CAROLYN SPACE, CNP

Address: 96 MDG 307 BOATNER ROADEGLIN, FL 32542

Physician's Signature:

Patient Name: JOSEPH HANK

Date:

Patient Address: 104 ROCKYWOOD WAY NICEVILLE FL 32578

Patient Phone: 8506787276/8504201575

LETTER OF MEDICAL NECESSITY

Re: **JOSEPH HANK**

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: **5'8** Weight: **165** DOB: **12/05/48**

Ms HANK is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms HANK reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms HANK and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms HANK** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms HANK** continue medical follow-up as part of an ongoing plan of care.

| | this order for the above-named patient, and certify that I have personally performed the assessmen evice and verify that it is reasonably and medically necessary, according to accepted standards of |
|---------------------------------|---|
| | |
| CAROLYN SPACE, CNP Signature | Date Signed: |

Comprehensive Knee Laxity Test (Check All Applicable)

Objective Tests: (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

Pivot Shift Test (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

| LEFT: | Positive |
|--------|----------|
| RIGHT: | Positive |

Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

| LEFT: | Positive |
|--------|----------|
| RIGHT: | Positive |