# ADDICKS MEDICAL SUPPLY

# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
BOYLAN	MARY			
LAST NAME	FIRST NAME	MI		
FEMALE	05/30/36	2086824189	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
1000 S DIVISION ST	PINEHURST	ID 83850		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE				
PRIMARY INSURANCE	•	SECONDARY INSURANCE		
6V87XA2NC77				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
DR. JOCELYN KORASICK, MD		1457346603		
PHYSICIAN NAME		NPI #		
		2087841227		
SHOSHONE MEDICAL CENTER	25 JACOBS GULCH RD	PHONE NUMBER		
KELLOGG, ID 83837		2087840961		
PRACTICE LOCATION		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) □ L0642 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Fley □ L3760 - Elbow Brace (Side: □ L	□ L □ R) (Size: ) □ R) (Waist: ) □ R) (Waist: ) tion, Extension (Side: □ L □ R)	□ L3916 − Wrist Har □ L3915 - Wrist Har □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Sle □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ace (Side: □ L □ R) (Shoe Size: ) ace (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee r	<ul><li>☐ M25.522 Pain i</li><li>☐ M25.521 Pain i</li></ul>	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow	

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# **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **OVER A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movements. Pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing indicated and necessary and consistent with current accept		, .	` '
		DR. JOCELYN KORASICK, MD	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: MARY BOYLAN

Patient Address: 1000 S DIVISION ST PINEHURST ID 83850

Patient Phone: 2086824189

Physician Name: **DR. JOCELYN KORASICK, MD** 

Address: SHOSHONE MEDICAL CENTER 25 JACOBS GULCH

RD KELLOGG, ID 83837 Telephone: 2087841227 Fax: 2087840961 Patient: MARY BOYLAN Date of Birth: 05/30/36 Visit Date: 2 MONTHS AGO Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	MARY BOYLAN	Date of Birth:	05/30/36
Age:	88	Phone Number:	2086824189
Address:	1000 S DIVISION ST	City:	PINEHURST
State:	ID	Zip Code:	83850
Gender:	FEMALE	Height:	5"4
Weight:	180	Waist Size	L

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	6V87XA2NC77
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#### **Medications**

Current Medication	TYLENOL NOT MORETHAN 6 TABLETS A DAY
Medical History	NONE

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: BENDING

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 2 MONTHS AGO

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### **Subjective Notes**

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **A YEAR**. Patient states pain is **ACHY** with a pain scale of **7** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **BENDING**. Patient needs a **BACK**, **LEFT KNEE**, **RIGHT KNEE**, **RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### ADDICKS MEDICAL SUPPLY

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: DR. JOCELYN KORASICK, MD

Address: SHOSHONE MEDICAL CENTER 25 JACOBS GULCH RD KELLOGG, ID 83837

Physician's Signature:

Date:

Patient Name: MARY BOYLAN

Patient Address: 1000 S DIVISION ST PINEHURST ID 83850

Patient Phone: 2086824189

#### LETTER OF MEDICAL NECESSITY

Re: MARY BOYLAN

Orthotic Device Need Assessment

Exam Date: 08/31/2024

Height: **5"4** Weight: **180** DOB: **05/30/36** 

Ms BOYLAN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms BOYLAN reports chronic LEFT KNEE, RIGHT KNEE pain for A YEAR. Patient states pain is ACHY with a pain scale of 7 and pain worsens with BENDING. Pain is experienced SOMETIMES. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms BOYLAN and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **BENDING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms BOYLAN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms BOYLAN** continue medical follow-up as part of an ongoing plan of care.

Re: MARY BOYLANDOB: May 30, 1936  I, DR. JOCELYN KORASICK, MD, verify and confirm this order for the above-named patient, and certify that I have personally assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, acceptandards of medical practice within the community, for this patient's medical condition.		
DR. JOCELYN KORASICK, MD Signature	Date Signed:	

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive