# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION			
WEBB JR	WILLIAM		
LAST NAME	FIRST NAME	MI	CURRING METHOD.
MALE	03/10/58	9313410733	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
3318 OLSEN LANE	NASHVILLE	TN 37218	
ADDRESS	CITY	STATE & ZIPCODE	
INSURANCE INFORM	ATION		
MEDICARE			
PRIMARY INSURANCE		SECONDARY INSURANCE	
5R53W51YM02			
MEMBER ID		MEMBER ID	-
			_
PHYSICIAN INFORMA MARISSA JENKINS FNP	TION	1508595612	
PHYSICIAN NAME			
PHYSICIAN NAME		NPI #	
r		6153224311	
719 Thompson Ln #22200,	Nashville, TN 37204	PHONE NUMBER	
PRACTICE LOCATION		6153229089	
		FAX NUMBER	
PRESCRIPTION SELE			
□ L3670 - Shoulder Brace (Si □ L3960 - Shoulder Brace (Si □ L3660 - Shoulder Brace (Si □ L0650 - Lumbar Brace (Wa □ L0642 - Lumbar Brace (Wa □ L0457 - Lumbar Brace (Wa □ L0648 - Lumbar Brace (Wa □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ □ L1686 - Hip Brace (Side: □	ide:   L   R) (Size: ) aist: ) aist: ) aist: )   L   R) (Waist: )   L   R) (Waist: )   L   R) (Waist: )   L   R) (Waist: )	□ L3916 – Wrist H         □ L3915 - Wrist H         □ L1852 – Knee E         □ L1851 – Knee E         □ L1833 – Knee E         □ L2397 – Knee E         □ E0100 – Cane         □ L2425 – Dial Lo         □ L2820 – Lower         □ L1906 – Ankle I         □ L1971 – Ankle I         □ L0174 – Cervice	Brace (Side: ⊠ L ⊠ R) (Size: SMALL)  Hand Finger (Side: ⊠ L ⊠ R) (Size: SMALL)  Hand Finger (Side: □ L □ R) (Size: )  Brace (Side: □ L □ R) (Size: )  Brace (Side: □ L □ R) (Size: )  Brace (Side: □ L □ R) (Size: )  Sleeve (Size: ) (Qty: )  ock Hinge ROM  Extremity Ortho  Brace (Side: □ L □ R) (Shoe Size: )  Brace (Side: □ L □ R) (Shoe Size: )  cal Brace  Stabilizer (Side: □ L □ R)
		I	
MEDICAL INFORMATI ICD 10 (Diagnosis Code(s)):  M54.50- Low back pain, unsubstantial primary of M17.11- Unilateral primary of M25.512-Pain in the left shown M25.5512- Pain in Left Hip M25.551- Pain in Right Hip	specified osteoarthritis left knee steoarthritis right knee oulder	<ul> <li>✓ M25.531 - Pa</li> <li>✓ M19.072- Os</li> <li>✓ M19.071- Os</li> <li>✓ M25.522 Pai</li> <li>✓ M25.521 Pai</li> </ul>	ain in left wrist rain in right wrist steoarthritis Left Ankle steoarthritis Right Ankle in in left elbow in in right elbow icalgia Pain in Neck

## DV MEDICAL SUPPLY

## **MEDICAL HISTORY**

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **SHARP** with a pain scale of **7** and pain worsens with movements. Pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the indicated and necessary and consistent with current accepted		, ,	` '
		MARISSA JENKINS FNP	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: WILLIAM WEBB JR

Patient Address: 3318 OLSEN LANE NASHVILLE TN 37218

Patient Phone: 9313410733

Physician Name: MARISSA JENKINS FNP

Address: 719 Thompson Ln #22200, Nashville, TN 37204

Telephone: **6153224311** Fax: **6153229089** 

Patient: WILLIAM WEBB JR Date of Birth: 03/10/58 Visit Date: 08/12/2024

Reason for visit: REGULAR CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	WILLIAM WEBB JR	Date of Birth:	03/10/58
Age:	66	Phone Number:	9313410733
Address:	3318 OLSEN LANE	City:	NASHVILLE
State:	TN	Zip Code:	37218
Gender:	MALE	Height:	5'7
Weight:	127	Waist Size	30

#### **Patient Insurance**

Provider: MEDICARE	Member ID:	5R53W51YM02
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#### Medications

Current Medication	TYLENOL/3 TYIMES A DAY/COREG/2 TIMES A DAY
Medical History	HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 7

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY, SHARP

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

The patient's pain is caused by **DEGENERATIVE DISC DISEASE** 

The last time the patient has seen the doctor was on 08/12/2024

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST

#### **Subjective Notes**

The patient reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **SHARP** with a pain scale of **7** and pain worsens with movement. The pain is caused by **DEGENERATIVE DISC DISEASE** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

## Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST related to M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY**, **SHARP** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **7**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** Brace to provide support and reduce pain level.

## **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

## **ICD 10 (Diagnostic Codes)**

M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name: MARISSA JENKINS FNP

Address: 719 Thompson Ln #22200, Nashville, TN 37204

Physician's Signature:

Date:

Patient Name: WILLIAM WEBB JR

Patient Address: 3318 OLSEN LANE NASHVILLE TN 37218

Patient Phone: 9313410733

## LETTER OF MEDICAL NECESSITY

Re: WILLIAM WEBB JR

Orthotic Device Need Assessment

Exam Date: 08/13/2024

Height: **5'7** Weight: **127** DOB: **03/10/58** 

Mr WEBB JR is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: RIGHT ELBOW, LEFT ELBOW, RIGHT WRIST, LEFT WRIST.

**Mr WEBB JR** reports chronic **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY**, **SHARP** with a pain scale of 7 and pain worsens with **WALKING**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M25.522 Pain in left elbow, M25.521 Pain in right elbow, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr WEBB JR and evaluation of his/her condition, I am ordering the following: L3761: ELBOW ORTHOSIS (EO), WITH ADJUSTABLE POSITION LOCKING JOINT(S), PREFABRICATED, OFF-THE-SHELF, L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF)

Patient is ambulatory and has weakness of the **RIGHT ELBOW**, **LEFT ELBOW**, **RIGHT WRIST**, **LEFT WRIST** requiring stabilization for improvement of functionality. I am prescribing this **WRIST**, **ELBOW** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **WRIST**, **ELBOW**. My treatment goal(s) for the use of the prescribed **WRIST**, **ELBOW** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr WEBB JR** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr WEBB JR** continue medical follow-up as part of an ongoing plan of care.

ongoing plan of care.	in Thave recommended that will webb 3K continue medical follow-up as part of an
the assessment of the patient for the pre-	<b>B: March 10, 1958</b> confirm this order for the above-named patient, and certify that I have personally performed escribed treatment and device and verify that it is reasonably and medically necessary, ical practice within the community, for this patient's medical condition.
MARISSA JENKINS FNP Signature	Date Signed: