# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
KREBS	VICKI			
LAST NAME	FIRST NAME	MI		
FEMALE	12/18/1954	7313432320	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	☐ SHIP TO PATIENT'S PHYSICIAN CLINIC	
395 DEVON CHASE HILL UNIT	GALLATIN	TN 37066		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON.			
MEDICARE				
PRIMARY INSURANCE		SECONDARY INSURANCE		
5G59H73NJ51				
MEMBER ID		MEMBER ID		
PHYSICIAN INFORMATIO	N			
LISA KELLOGG DO		1720034127 		
PHYSICIAN NAME		NPI#		
		6154319930		
1531 HUNT CLUB BLVD STE 100 GALLATIN TN 37066		PHONE NUMBER		
PRACTICE LOCATION		6154319940		
		FAX NUMBER		
PRESCRIPTION SELECTI	ON			
□ L3670 - Shoulder Brace (Side: □ L3960 - Shoulder Brace (Side: □ L3660 - Shoulder Brace (Side: □ L0650 - Lumbar Brace (Waist: ) □ L0642 - Lumbar Brace (Waist: ) □ L0457 - Lumbar Brace (Waist: ) □ L0648 - Lumbar Brace (Waist: ) □ E0100 - Electric Heat Pad □ L1690 - Hip Brace (Side: □ L □ L1686 - Hip Brace (Side: □ L □ L2624 - Hip Joint Adjustable Flex □ L3760 - Elbow Brace (Side: □ L	L □ R) (Size: ) L □ R) (Size: )  R) (Waist: ) R) (Waist: ) ion, Extension (Side: □ L □ R)	□ L3916 − Wrist Han □ L3915 - Wrist Han □ L1852 − Knee Bra □ L1833 − Knee Bra □ L2397 − Knee Slee □ E0100 − Cane □ L2425 − Dial Lock □ L2820 − Lower Ex: □ L1971 − Ankle Bra □ L1906 − Ankle Bra □ L0174 − Cervical B	tremity Ortho ce (Side: □ L □ R) (Shoe Size: ) ce (Side: □ L □ R) (Shoe Size: )	
MEDICAL INFORMATION  ICD 10 (Diagnosis Code(s)):  □ M54.50- Low back pain, unspecifie  M17.12- Unilateral primary osteoa  M17.11-Unilateral primary osteoar  □ M25.512-Pain in the left shoulder  □ M25.511-Pain in the right shoulder  □ M25.552- Pain in Left Hip  □ M25.551- Pain in Right Hip	rthritis left knee thritis right knee	☐ M25.532- Pain i ☐ M25.531 - Pain i ☐ M19.072- Ostec ☐ M19.071- Ostec ☐ M25.522 Pain ir ☐ M25.521 Pain ir ☐ M54.2-Cervicals	in right wrist parthritis Left Ankle parthritis Right Ankle n left elbow n right elbow	

#### DV MEDICAL SUPPLY

N	/ED	$  \cap \Lambda  $	ιш	ΙСΤ	1	D١	•
١	NED	IL.A	_ п		w	<b>T</b>	T

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE			
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.			
		LISA KELLOGG DO	
PHYSICIAN SIGNATURE:	PHYSICIAN NAME: _		DATE:

Patient Name: VICKI KREBS

Patient Address: 395 DEVON CHASE HILL UNIT 3504 GALLATIN TN 37066

Patient Phone: 7313432320

Physician Name: LISA KELLOGG DO

Address: 1531 HUNT CLUB BLVD STE 100 GALLATIN TN 37066

Telephone: 6154319930 Fax: 6154319940 Patient: VICKI KREBS Date of Birth: 12/18/1954 Visit Date: 06/24/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

r atient beinographics	·		
Patient Name:	VICKI KREBS	Date of Birth:	12/18/1954
Age:	69	Phone Number:	7313432320
Address:	395 DEVON CHASE HILL UNIT 3504	City:	GALLATIN
State:	TN	Zip Code:	37066
Gender:	FEMALE	Height:	5'2
Weight:	103	Waist Size	s

# **Patient Insurance**

Provider: MEDICARE Member ID: 5G59H73NJ51	5G59H73NJ51	Member ID:	MEDICARE	Provider:
---	-------------	------------	----------	-----------

#### Medications

Current Medication	TYLENOL AS NEEDED
Medical History	NONE

#### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 8
The patient's pain started on or around MORE THAN A YEAR
The surgery addressed the following: NA

The surgery addressed the following: NA
The pain is experienced SOMETIMES

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: ACHY

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's LEFT KNEE, RIGHT KNEE

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 06/24/2024

# **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE, RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE**, **RIGHT KNEE** pain for **MORE THAN A YEAR**. Patient states pain is **ACHY** with a pain scale of **8** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **SOMETIMES**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

#### Objective of Assessment (Review of Symptoms)

Patient has chronic pain for MORE THAN A YEAR located in their LEFT KNEE, RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **ACHY** and occurs **SOMETIMES**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **8**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **BACK, LEFT KNEE, RIGHT KNEE, RIGHT WRIST AND LEFT WRIST** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

# ICD 10 (Diagnostic Codes)

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee,

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### Physician Information

Provider Name:	LISA KELLOGG DO
Address:	1531 HUNT CLUB BLVD STE 100 GALLATIN TN 37066
Physician's Signature:	
Date:	

Patient Name: VICKI KREBS

Patient Address: 395 DEVON CHASE HILL UNIT 3504 GALLATIN TN 37066

Patient Phone: 7313432320

# LETTER OF MEDICAL NECESSITY

Re: VICKI KREBS

Orthotic Device Need Assessment

Exam Date: 08/07/2024

Height: **5'2** Weight: **103** DOB: **12/18/1954** 

Ms KREBS is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: LEFT KNEE, RIGHT KNEE.

Ms KREBS reports chronic LEFT KNEE, RIGHT KNEE pain for MORE THAN A YEAR. Patient states pain is ACHY with a pain scale of 8 and pain worsens with **DOING DAILY ACTIVITIES**. Pain is experienced **SOMETIMES**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee, Based on my conversation with Ms KREBS and evaluation of his/her condition, I am ordering the following: L1852 KNEE ORTHOSIS (KO), SINGLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 (ADDITION TO LOWER EXTREMITY ORTHOSIS, SUSPENSION SLEEVE)

Patient is ambulatory and has weakness of the **LEFT KNEE**, **RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms KREBS** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms KREBS** continue medical follow-up as part of an ongoing plan of care.

and I have recommended that Ms KREB	ontinue medical follow-up as part of an ongoing plan of care.	
	iis order for the above-named patient, and certify that I have personally performed the assessmen levice and verify that it is reasonably and medically necessary, according to accepted standards of	
LISA KELLOGG DO Signature	Date Signed:	

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

### Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive