# **RX / MEDICAL NECESSITY FORM**

PATIENT INFORMATION				
WILSON	SHERON			
LAST NAME	FIRST NAME	MI		
FEMALE	09/13/1958	8437584413		SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS
GENDER	DATE OF BIRTH	PHONE NUMBER		☐ SHIP TO PATIENT'S PHYSICIAN CLINIC
209 W DEER RD LOT 4	TIMMONSVILLE	SC 29161		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMATION	ON			
MEDICARE		SECONDARY INSU	DANCE	_
PRIMARY INSURANCE		SECUNDARY INSU	KANCE	
2H47WP9EE75		MEMBER ID		
MEMBER ID		WEWBER		
PHYSICIAN INFORMATIO	N			
CHAD THURMAN D.O.		1396185039		
PHYSICIAN NAME		NPI #		_
		8437777900		
1005 E CHEVES ST FLORENCE	SC 29506	PHONE NUMBER		_
PRACTICE LOCATION		8434321950		
		FAX NUMBER		_
PRESCRIPTION SELECTION	ON			
L3960 / L3670 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3761 - Elbow Brace (Side: □ L □ R) (Size: )         □ L3660 - Shoulder Brace (Side: □ L □ R) (Size: )       □ L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0650 - Lumbar Brace (Waist: )       □ L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         □ L0642 - Lumbar Brace (Waist: )       □ L1852 - Knee Brace (Side: □ L □ R) (Size: LARGE)         □ L0643 - Lumbar Brace (Waist: )       □ L1851 - Knee Brace (Side: □ L □ R) (Size: )         □ L0644 - Lumbar Brace (Waist: )       □ L1833 - Knee Brace (Side: □ L □ R) (Size: )         □ L1690 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2397 - Knee Sleeve (Size: LARGE) (Qty: 2)         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ E0100 - Cane         □ L1686 - Hip Brace (Side: □ L □ R) (Waist: )       □ L2425 - Dial Lock Hinge ROM         □ L2624 - Hip Joint Adjustable Flexion, Extension (Side: □ L □ R)       □ L1906 / L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: L0174 - Cervical Brace         □ L174 - Cervical Brace       □ L3770 - Heel Stabilizer (Side: □ L □ R)		Finger (Side:		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	rthritis left knee thritis right knee	☐ M2: ☐ M1: ☐ M2: ☐ M2: ☐ M2:		right wrist thritis Left Ankle thritis Right Ankle eft elbow ght elbow
Length of Need: ⊠ 12+ month	ns (long term)	(1-11)		

#### **MEDICAL HISTORY**

**Previous treatments: ICE PACKS** 

Doctor's Notes: The patient reports chronic LEFT KNEE AND RIGHT KNEE pain for A YEAR. Patient states pain is THROBBING with a pain scale of 9 and pain worsens with movements. Pain is caused by ARTHRITIS and is experienced CONSTANTLY. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

# **PHYSICIAN SIGNATURE**

Physician Verification: By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.

PHYSICIAN NAME:

PHYSICIAN SIGNAT

CHAD THURMAN D.O.

07/12/2024 12:37 PM MCLEOD ORTHOPAEDICS P. 003 / 006

DV MEDICAL SUPPLY

Patient Name: SHERON WILSON

Patient Address: 209 W DEER RD LOT 4 TIMMONSVILLE SC 29161

Patient Phone: 8437584413

Physician Name: CHAD THURMAN D.O.

Address: 1005 E CHEVES ST FLORENCE SC 29506

Telephone: 8437777900 Fax: 8434321950 Patient: SHERON WILSON Date of Birth: 09/13/1958 Visit Date: 07/11/2024 Reason for visit: CHECK-UP

# **Clinical Summary**

**Patient Demographics** 

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Patient Name:	SHERON WILSON	Date of Birth:	09/13/1958
Age:	65	Phone Number:	8437584413
Address:	209 W DEER RD LOT 4	City:	TIMMONSVILLE
State:	sc	Zip Code:	29161
Gender:	FEMALE	Height:	5'4
Weight:	250	Waist Size	XL

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	2H47WP9EE75
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#### Medications

Current Medication	TRAMADOL WHEN NEEDED, HIGH BLOOD PRESSURE PILL ONCE A DAY
Medical History	HIGH BLOOD PRESSURE

### **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 9

The patient's pain started on or around A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: ICE PACKS

The patient described their pain as the following: THROBBING

The activities that make the patient's pain worse is as follows: WALKING

The pain is located in the patient's LEFT KNEE AND RIGHT KNEE

The patient's pain is caused by ARTHRITIS

The last time the patient has seen the doctor was on 07/11/2024

#### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): LEFT KNEE AND RIGHT KNEE

#### Subjective Notes

The patient reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR.** Patient states pain is **THROBBING** with a pain scale of **9** and pain worsens with movement. The pain is caused by **ARTHRITIS** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

**Objective of Assessment (Review of Symptoms)** 

Patient has chronic pain for A YEAR located in their LEFT KNEE AND RIGHT KNEE related to M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **THROBBING** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **9**. The following activities make the patient's pain worse: **WALKING**. Patient needs a **LEFT KNEE AND RIGHT KNEE** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIALLATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE, including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### **ICD 10 (Diagnostic Codes)**

M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: CHAD THURMAN D.O.

Address: 1005 E CHEVES ST FLORENCE SC 29506

Physician's Signature:

Date:

Patient Name: SHERON WILSON

Patient Address: 209 W DEER RD LOT 4 TIMMONSVILLE SC 29161

Patient Phone: 8437584413

#### LETTER OF MEDICAL NECESSITY

Re: SHERON WILSON

Orthotic Device Need Assessment

Exam Date: 07/01/2024

Height: **5'4** Weight: **250** DOB: **09/13/1958** 

**Ms WILSON** is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: **LEFT KNEE AND RIGHT KNEE**.

**Ms WILSON** reports chronic **LEFT KNEE AND RIGHT KNEE** pain for **A YEAR**. Patient states pain is **THROBBING** with a pain scale of 9 and pain worsens with **WALKING**. Pain is experienced **CONSTANTLY**. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M17.11-Unilateral primary osteoarthritis right knee, M17.12- Unilateral primary osteoarthritis left knee.

Based on my conversation with Ms WILSON and evaluation of his/her condition, I am ordering the following: L1852 KNEE BRACE - KNEE ORTHOSIS (KO), DOUBLE UPRIGHT, THIGH AND CALF, WITH ADJUSTABLE FLEXION AND EXTENSION JOINT (UNICENTRIC OR POLYCENTRIC), MEDIAL-LATERAL AND ROTATION CONTROL, WITH OR WITHOUT VARUS/VALGUS ADJUSTMENT, PREFABRICATED, OFF-THE-SHELF WHICH INCLUDES L2397 SUSPENSION SLEEVE.

Patient is ambulatory and has weakness of the **LEFT KNEE AND RIGHT KNEE** requiring stabilization for improvement of functionality. I am prescribing this **KNEE** orthosis for the following indication(s): to aid when the patient is **WALKING**, to aid in stabilization of the **KNEE**. My treatment goal(s) for the use of the prescribed **KNEE** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms WILSON** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms WILSON** continue medical follow-up as part of an ongoing plan of care.

Re: SHERON WILSON...... DOB: September 13, 1958

I, CHAD THURMAN D.O., verify and confirm this order for the above-named patient, and certify that I have personally performed the assessment of the patient for the prescribed treatment and device and verify that it is reasonably and medically necessary, according to accepted standards of medical practice within the community, for this patient's medical condition.

CHAD THURMAN D.O.

Date Signed:

# Comprehensive Knee Laxity Test (Check All Applicable)

**Objective Tests:** (Check ALL applicable, a minimum of 2 tests is required for each knee with a brace prescribed.)

Caution: Advise Patients to stabilize themselves properly during any standing test to avoid a fall injury.

**Pivot Shift Test** (Stabilization to avoid fall advised for this test. Patient can stabilize themselves by holding onto a chair or kitchen counter.)

Positive: Patient knee gives out while pivoting or twisting indication joint laxity

Negative: Patient knee DOES NOT give out while pivoting or twisting.

LEFT:	Positive
RIGHT:	Positive

# Cabot's Maneuver (figure of "4" knee bend)

Positive: Patient indicates lateral joint line pain, LCL instability and ligament laxity

Negative: Patient knee DOES NOT produce lateral knee pain

(Leave positive and negative both unchecked for the knee if did not perform this test on the knee.)

LEFT:	Positive
RIGHT:	Positive