# RX / MEDICAL NECESSITY FORM

PATIENT INFORMATION	·			
MCGLOTHLIN	DELLA			
LAST NAME	FIRST NAME	MI		
FEMALE	08/09/1941	4177235626	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS	
GENDER	DATE OF BIRTH	PHONE NUMBER	SHIP TO PATIENT'S PHYSICIAN CLINIC	
639 APPALOOSA RD	CRANE	MO 65633		
ADDRESS	CITY	STATE & ZIPCODE		
INSURANCE INFORMAT	TION			
MEDICARE				
PRIMARY INSURANCE	_	SECONDARY INSURANCE		
1RD8EC3HJ28		MEMBER ID		
MEMBER ID				
PHYSICIAN INFORMATI	ON			
JEAN GUAN, MD		1215314422		
PHYSICIAN NAME		NPI #		
		417-875-2700		
1001 E PRIMROSE ST SPRING	FIELD MO 65807	PHONE NUMBER		
PRACTICE LOCATION		4178753051		
		FAX NUMBER		
PRESCRIPTION SELECT	TION	T		
□ L3671 – Shoulder Brace (Side: □ L3960 – Shoulder Brace (Side: □ L0650 – Lumbar Brace (Waist: □ L0642 – Lumbar Brace (Waist: □ L0457 – Lumbar Brace (Waist: □ L0648 – Lumbar Brace (Waist: □ E0100 – Electric Heat Pad □ L1690 – Hip Brace (Side: □ L □ L1686 – Hip Brace (Side: □ L □ L2624 – Hip Joint Adjustable F □ L3760 – Elbow Brace (Side: □	□ L □ R) (Size: ) □ L □ R) (Size: ) ) ) )  LARGE ) □ R) (Waist: ) □ R) (Waist: ) lexion, Extension (Side: □ L □ R)	L3761 - Elbow Brace (Side: □ L □ R) (Size: )         L3916 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L3915 - Wrist Hand Finger (Side: □ L □ R) (Size: )         L1852 - Knee Brace (Side: □ L □ R) (Size: )         L1851 - Knee Brace (Side: □ L □ R) (Size: )         L1833 - Knee Brace (Side: □ L □ R) (Size: )         L2397 - Knee Sleeve (Size: ) (Qty: )         E0100 - Cane         L2425 - Dial Lock Hinge ROM         L2820 - Lower Extremity Ortho         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L1971 - Ankle Brace (Side: □ L □ R) (Shoe Size: )         L0174 - Cervical Brace         L3170 - Heel Stabilizer (Side: □ L □ R)		
MEDICAL INFORMATION ICD 10 (Diagnosis Code(s)):	cified oarthritis left knee oarthritis right knee er	<ul><li></li></ul>	in right wrist oarthritis Left Ankle oarthritis Right Ankle n left elbow n right elbow	

# DV MEDICAL SUPPLY

# **MEDICAL HISTORY**

**Previous treatments: RESTING** 

**Doctor's Notes:** The patient reports chronic **Back** pain for **A MONTH**. Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE					
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.					
	JEAN GUAN, MD				
PHYSICIAN SIGNATURE:	PHYSICIAN NAME:		DATE:		

Patient Name: DELLA MCGLOTHLIN

Patient Address: 639 APPALOOSA RD CRANE MO 65633

Patient Phone: 4177235626

Physician Name: JEAN GUAN, MD

Address: 1001 E PRIMROSE ST SPRINGFIELD MO 65807

Telephone: 417-875-2700 Fax: 4178753051

Patient: **DELLA MCGLOTHLIN**Date of Birth: **08/09/1941**Visit Date: **04/16/2024**Reason for visit: **Check-up** 

# **Clinical Summary**

**Patient Demographics** 

Patient Name:	DELLA MCGLOTHLIN	Date of Birth:	08/09/1941
Age:	82	Phone Number:	4177235626
Address:	639 APPALOOSA RD	City:	CRANE
State:	мо	Zip Code:	65633
Gender:	FEMALE	Height:	5'2
Weight:	195	Waist Size	LARGE

#### **Patient Insurance**

Provider:	MEDICARE	Member ID:	1RD8EC3HJ28
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#### **Medications**

Current Medication	GLIMEPIRIDE (5-6MG - 2X A DAY), HIGH BLOOD PRESSURE PILLS (2X A DAY)
Medical History	HIGH CHOLESTEROL AND DIABETES

# **Medical Diagnosis**

The pain level was indicated on a scale of 1-10 as the following: 10

The patient's pain started on or around A MONTH

The surgery addressed the following: NA

The pain is experienced **SOMETIMES** 

The patient has attempted the following previous treatments/therapies: RESTING

The patient described their pain as the following: SHARP

The activities that make the patient's pain worse is as follows: DOING DAILY ACTIVITIES

The pain is located in the patient's Back

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on 04/16/2024

### **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back

## Subjective Notes

The patient reports chronic **Back** pain for **A MONTH.** Patient states pain is **SHARP** with a pain scale of **10** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

# Objective of Assessment (Review of Symptoms)

Patient has chronic pain for **A MONTH** located in their **Back** related to **M54.50- Low back pain, unspecified**. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **SHARP** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level-**10**. The following activities make the patient's pain worse: **DOING DAILY ACTIVITIES**. Patient needs a **Back** Brace to provide support and reduce pain level.

#### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an arthritis or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or arthritis related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

CD	10	(Diagi	nostic	Codes

M54.50- Low back pain, unspecified

#### **Agreements**

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

Physician Information

Provider Name: **JEAN GUAN, MD** 

Address: 1001 E PRIMROSE ST SPRINGFIELD MO 65807

Physician's Signature:

Date:

Patient Name: **DELLA MCGLOTHLIN** 

Patient Address: 639 APPALOOSA RD CRANE MO 65633

Patient Phone: 4177235626

#### LETTER OF MEDICAL NECESSITY

Re: **DELLA MCGLOTHLIN** 

Orthotic Device Need Assessment

Exam Date: 05/05/2024

Height: **5'2** Weight: **195** DOB: **08/09/1941** 

Ms MCGLOTHLIN is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back.

Ms MCGLOTHLIN reports chronic Back pain for A MONTH. Patient states pain is SHARP with a pain scale of 10 and pain worsens with DOING DAILY ACTIVITIES. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified. Based on my conversation with Ms MCGLOTHLIN and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back** requiring stabilization for improvement of functionality. I am prescribing this **Back** orthosis for the following indication(s): to aid when the patient is **DOING DAILY ACTIVITIES**, to aid in stabilization of the **Back**. My treatment goal(s) for the use of the prescribed **Back** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Ms MCGLOTHLIN** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Ms MCGLOTHLIN** continue medical follow-up as part of an ongoing plan of care.

JEAN GUAN, MD Signature Date Signed: \_\_\_\_\_