## **RX / MEDICAL NECESSITY FORM**

LAST NAME  MALE  GENDER	FIRST NAME  03/02/37  DATE OF BIRTH	MI 5617453065 PHONE NUMBER	SHIPPING METHOD:  SHIP TO PATIENT'S HOME ADDRESS SHIP TO PATIENT'S PHYSICIAN CLINIC
18550 SE LAKESIDE DR  ADDRESS	TEQUESTA	FL 33469 STATE & ZIPCODE	
INSURANCE INFORMA	ΓΙΟΝ		
MEDICARE			
PRIMARY INSURANCE	_	SECONDARY INSURANCE	
2E80WW7UH13			
MEMBER ID		MEMBER ID	
PHYSICIAN INFORMAT	ION		
TATYANA ALIYEVA MD		1992191407	
PHYSICIAN NAME		NPI #	
		561-498-5660	
•			
600 UNIVERSITY BLVD SUITE	E 105, JUPITER, FL 33458	PHONE NUMBER	
600 UNIVERSITY BLVD SUITE	E 105, JUPITER, FL 33458	PHONE NUMBER  561-498-0753	
	E 105, JUPITER, FL 33458		
PRESCRIPTION SELEC  L3670 - Shoulder Brace (Side L3960 - Shoulder Brace (Side L3660 - Shoulder Brace (Waist L0650 - Lumbar Brace (Waist L0642 - Lumbar Brace (Waist L0648 - Lumbar Brace (Waist Boundar L0648 - Lumbar Brace (Waist E0100 - Electric Heat Pad L1690 - Hip Brace (Side: L1686 - Hip Brace (Side: L	TION  :	□ L3761 - Elbow □ L3916 - Wrist □ L3915 - Wrist □ L1852 - Knee □ L1851 - Knee □ L1833 - Knee □ L2397 - Knee □ L2425 - Dial L □ L2820 - Lowe □ L1906 - Ankle □ L1971 - Ankle □ L0174 - Cervic	Lock Hinge ROM er Extremity Ortho e Brace (Side: □ L □ R) (Shoe Size: ) e Brace (Side: □ L □ R) (Shoe Size: )

٨	Л	F	ח	IC.	Δ		НΙ	S	$\Gamma \cap$	D.	v
I١	/1	ᆮ	ப	ı	м	_	п	<b>.</b>	u	$\mathbf{r}$	1

**Previous treatments: TAKING MEDICATION** 

**Doctor's Notes:** The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **6** and pain worsens with movements. Pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice and rest have been unsuccessful to control pain level.

PHYSICIAN SIGNATURE				
<b>Physician Verification:</b> By my signature, I am prescribing the items listed above and certifying that the above-prescribed item(s) is medically indicated and necessary and consistent with current accepted standards of medical practice and treatment of this patient's physical condition.				
PHYSICIAN SIGNATURE:		ATYANA ALIYEVA MD	DATE:	

Patient Name: MORLEY FOGEL

Patient Address: 18550 SE LAKESIDE DR TEQUESTA FL 33469

Patient Phone: 5617453065

Physician Name: TATYANA ALIYEVA MD

Address: 600 UNIVERSITY BLVD SUITE 105, JUPITER, FL 33458

Telephone: **561-498-5660** Fax: **561-498-0753** 

Patient: MORLEY FOGEL Date of Birth: 03/02/37 Visit Date: A MONTH AGO Reason for visit: Check-up

# **Clinical Summary**

**Patient Demographics** 

r attent beinographics			
Patient Name:	MORLEY FOGEL	Date of Birth:	03/02/37
Age:	87	Phone Number:	5617453065
Address:	18550 SE LAKESIDE DR	City:	TEQUESTA
State:	FL	Zip Code:	33469
Gender:	MALE	Height:	5'7
Weight:	186	Waist Size	40

#### **Patient Insurance**

Provider: MED	DICARE	Member ID:	2E80WW7UH13
---------------	--------	------------	-------------

#### **Medications**

Current Medication	GABAPENTIN TYLENOL
Medical History	DIABETES HIGH BLOOD PRESSURE

## **Medical Diagnosis**

The pain level was indicated on a	scale of 1-10 as the following: 6
-----------------------------------	-----------------------------------

The patient's pain started on or around MORE THAN A YEAR

The surgery addressed the following: NA

The pain is experienced CONSTANTLY

The patient has attempted the following previous treatments/therapies: TAKING MEDICATION

The patient described their pain as the following: DULL

The activities that make the patient's pain worse is as follows: STANDING, WALKING

The pain is located in the patient's Back, Left Wrist, Right Wrist

The patient's pain is caused by WEAR AND TEAR

The last time the patient has seen the doctor was on A MONTH AGO

## **Chief Complaint**

The patient's main complaint is that they experience chronic pain located in the following location(s): Back, Left Wrist, Right Wrist

## **Subjective Notes**

The patient reports chronic **Back**, **Left Wrist**, **Right Wrist** pain for **MORE THAN A YEAR**. Patient states pain is **DULL** with a pain scale of **6** and pain worsens with movement. The pain is caused by **WEAR AND TEAR** and is experienced **CONSTANTLY**. Previous treatments with heat, ice, and rest have been unsuccessful to control pain level.

**Objective of Assessment (Review of Symptoms)** 

Patient has chronic pain for MORE THAN A YEAR located in their Back, Left Wrist, Right Wrist related to M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Patient has been to a physical therapist and hasn't had previous surgery to treat this pain.

Patient's chronic pain is described **DULL** and occurs **CONSTANTLY**. The patient rated their pain on a scale of 1-10 (10 being the worst) on a level **6**. The following activities make the patient's pain worse: **STANDING**, **WALKING**. Patient needs a **Back**, **Left Wrist**, **Right Wrist** Brace to provide support and reduce pain level.

### **Plan & Treatment Goals**

Based on my evaluation of the patient's condition, I am ordering the following device(s) L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF), including fitting and adjustment, if needed. The patient has been instructed to wear the device daily, as needed. The benefits of this device, which is an alternative, non-invasive method to potentially relieve pain, has been explained to the patient who is interested in this treatment. Based on my assessment, I have determined it is medically necessary and appropriate to prescribe treatment today. For the patient's complaint, I am prescribing this device. The patient will benefit by helping her address any of the following: give support to weak muscles, improve patient's pain, improve patient's function, increase performance in activities of daily living, improve ambulation, reduce medications, slow degeneration, provide stability, provide support. Reduce pain by restricting the mobility of the trunk; reduce the risk of medical problems escalating the patient's present condition, facilitate healing following an injury or surgical procedure to the spine or related soft tissues; To support weak spinal muscles and/or a deformed spine. If the patient's pain persists or worsens and/or there is an acute trauma or injury related to this pain, the patient agrees and understands to go to the Emergency Room or follow-up with their Primary Care Physician for further testing and imaging that may be immediately necessary.

#### ICD 10 (Diagnostic Codes)

M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist

#### Agreements

We understand that you are choosing to use our professional medical services to receive a prescription for your new brace.

#### **Physician Information**

Provider Name: TATYANA ALIYEVA MD

Address: 600 UNIVERSITY BLVD SUITE 105, JUPITER, FL 33458

Physician's Signature:

Date:

Patient Name: MORLEY FOGEL

Patient Address: 18550 SE LAKESIDE DR TEQUESTA FL 33469

Patient Phone: 5617453065

#### LETTER OF MEDICAL NECESSITY

Re: MORLEY FOGEL

Orthotic Device Need Assessment

Exam Date: 09/09/2024

Height: **5'7** Weight: **186** DOB: **03/02/37** 

Mr FOGEL is inquiring about utilizing orthotic bracing for his/her current conditions. His/her chief complaint at the time of this assessment is: Back, Left Wrist, Right Wrist.

Mr FOGEL reports chronic Back, Left Wrist, Right Wrist pain for MORE THAN A YEAR. Patient states pain is DULL with a pain scale of 6 and pain worsens with STANDING, WALKING. Pain is experienced CONSTANTLY. Previous treatments with heat, ice, medication and rest have been unsuccessful to control pain levels.

Diagnosis includes: M54.50- Low back pain, unspecified, M25.532- Pain in left wrist, M25.531- Pain in right wrist. Based on my conversation with Mr FOGEL and evaluation of his/her condition, I am ordering the following: L0457 (TLSO, FLEXIBLE, PROVIDES TRUNK SUPPORT, THORACIC REGION, RIGID POSTERIOR PANEL AND SOFT ANTERIOR APRON, EXTENDS FROM THE SACROCOCCYGEAL JUNCTION AND TERMINATES JUST INFERIOR TO THE SCAPULAR SPINE, RESTRICTS GROSS TRUNK MOTION IN THE SAGITTAL PLANE, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE INTERVERTEBRAL DISKS, INCLUDES STRAPS AND CLOSURES, PREFABRICATED, OFF-THE-SHELF), L3916 (WRIST HAND ORTHOSIS, INCLUDES ONE OR MORE NONTORSION JOINT(S), ELASTIC BANDS, TURNBUCKLES, MAY INCLUDE SOFT INTERFACE, STRAPS, PREFABRICATED, OFF-THE-SHELF).

Patient is ambulatory and has weakness of the **Back, Left Wrist, Right Wrist** requiring stabilization for improvement of functionality. I am prescribing this **Back, Left Wrist, Right Wrist** orthosis for the following indication(s): to aid when the patient is **STANDING, WALKING**, to aid in stabilization of the **Back, Left Wrist, Right Wrist**. My treatment goal(s) for the use of the prescribed **Back, Left Wrist, Right Wrist** orthosis are: improvement in patient's function, improvement in patient's pain. The patient has been instructed to use the brace(s) daily, as needed.

Custom fitting of the orthosis is not required and the patient or an assisting caregiver can apply the prescribed orthotic device with minimal self-adjustment. **Mr FOGEL** has been provided a phone number to call if there are any additional comments or questions regarding this examination, and I have recommended that **Mr FOGEL** continue medical follow-up as part of an ongoing plan of care.

Re: MORLEY FOGEL		
TATYANA ALIYEVA MD Signature	Date Signed:	