

TODAY'S FOCUS: SPORTS

Aiming for a win at Chaparral High



Chaparral High School's Elliot Brown takes a shot on goal as Chino Hills High School's Conner Yun defends during their junior varsity water polo match at Chaparral on Sept. 29 in Temecula. ANDREW FOULK PHOTO

WHERE ARE THEY NOW

Jon Sanchez

San Diego State Football

After two seasons spent as one of his team's top reserves, Sanchez is now the starting defensive end for the Aztecs. Through four games, the Vista Murrieta High School product recorded 10 tackles, two tackles-for-loss, two quarterback hurries and an interception. After



redshirting in 2011, Sanchez played in all 26 SDSU games the next two seasons and recorded 43 tackles. He is majoring in kinesiology.

Katelyn Fregosi

Cal State Dominguez Hills Soccer

With her team mired in a long scoring slump, Fregosi moved up from her defender role to end it. The junior's second career goal ended a streak of six straight scoreless matches to open the season. A former team captain and offensive MVP at Murrieta Valley High



School, Fregosi started 16 games as a freshman at CSUDH in 2012 and 17 games as a sophomore in 2013.

Paul Malherbe

Point Loma Nazarene Soccer

After sitting out the 2013 season with an injury, Malherbe is right back where he spent his first two years at Point Loma: part of the Sea Lions' starting defense. The Great Oaks High School graduate was averaging 83.4 minutes through five matches and recorded one



shot. He started 16 matches in 2011 and 14 in 2012, when he was named to the PacWest All-Academic Team.

Eric Van de Mortel

UC-Santa Barbara Water polo

A senior attacker, Van de Mortel missed two of the Gauchos' first 10 games, but still leads the team in goals (16) and has the second-best total in points (21), shots per game (4.1) and steals (8). He led the team in scoring during wins over three nationally ranked opponents. A high



school All-American at Murrieta Valley High School, Van de Mortel scored 108 goals over his first three seasons at UCSB.

CALENDAR

TEMECULA

Oct. 13
Men's Softball - Reliance Omega
6 p.m., Reliance Church, 31217 Pauba Road
Reliance Church will host its Men's Softball - Reliance Omega at PHBSP Ball Field #2. For more information, visit www.reliancechurch.org.

Men's Softball - Reliance Alpha
7:15 p.m., Reliance Church, 31217 Pauba Road
Reliance Church will host its Men's Softball - Reliance Alpha at PHBSP Ball Field #2. For more information, visit www.reliancechurch.org.

Oct. 14
Sports Agility & Speed - Boot Camp for Kids
5 p.m., Ronald Reagan Sports Park, 30875 Rancho Vista Road
Ronald Reagan Sports Park is offering a program titled Sports Agility & Speed - Boot Camp for Kids. Registration is \$40. For more information, visit www.cityoftemecula.org.

Boot Camp with a Kick
6 p.m., Ronald Reagan Sports Park, 30875 Rancho Vista Road

Ronald Reagan Sports Park is hosting a program titled Boot Camp with a Kick, an hour-long session of intervals, boxing drills and strength training for ages 12 and up. Registration is \$40. For more information, visit www.cityoftemecula.org.

Oct. 15
Boot Camp with a Kick - morning class
5:30 a.m., Ronald Reagan Sports Park, 30875 Rancho Vista Road
Ronald Reagan Sports Park is offering a program titled Boot Camp with a Kick - morning class. Registration is \$40. For more information, visit www.cityoftemecula.org.

Oct. 18
Hike
8 a.m., St. Thomas of Canterbury Episcopal Church, 44651 Avenida de Misiones
Saint Thomas of Canterbury Episcopal Church will host its Hike. For more information, call 951-302-4566, visit www.episcopalchurchtemecula.org or email admin@episcopalchurchtemecula.org.

Oct. 26
Sports Day at the Park
2 p.m., Rancho Baptist



Nov. 19
Cosmic Volleyball Tournament
3 p.m., Temecula Middle School, 42075 Meadows Parkway
Temecula Middle School has scheduled a Cosmic Volleyball Tournament. For more information, visit www.tms.tvusd.k12.ca.us. STOCK PHOTO

Church, 29775 Santiago Road

Rancho Baptist Church will host its Sports Day at the Park at Pala Community Park. For more information, visit www.ranchobaptistchurch.org.

Oct. 29
Tennis - Level 1 Quick Start
3:30 p.m., Erle Stanley

Gardner Middle School, 45125 Via Del Coronado
Gardner Middle School is hosting Tennis - Level 1 Quick Start for ages 4 years, five months to 10 years. Registration is \$45. For more information, visit www.cityoftemecula.org.

Tennis - Level 2/3
6 p.m., Temecula Valley High School, 31555 Rancho Vista Road
Temecula Valley High School is hosting Tennis - Level 2/3 for beginning and intermediate juniors ages 7 to 15 years. Registration is \$60. For more information, visit www.cityoftemecula.org.

Tennis - Level 7
7 p.m., Temecula Valley High School, 31555 Rancho Vista Road
Temecula Valley High School is hosting Tennis - Level 7 for advanced adults ages 16 and older. Registration is \$65. For more information, visit www.cityoftemecula.org.

MURRIETA

Oct. 13
Men's Softball
6:30 p.m., Calvary Chapel

Have a news tip or an event you'd like to see in print? Send details to Temecula@UTSanDiego.com

of Murrieta, 24225 Monroe Ave.
Calvary Chapel of Murrieta will host its Men's Softball at Wheat Field-Menifee. For more information, call 626-461-1200 or visit www.ccmurrieta.com.

VALLEY CENTER

Oct. 14
Gentle Yoga
5 p.m., Valley Center Library, 29200 Cole Grade Road
The Valley Center Library will hold a Gentle Yoga, an hour to relieve the stress of the day and restore your mind and spirit, according to the library. For more information, visit www.sdcl.org or call 760-749-1305.

SAN DIEGO

Oct. 17
Kids Yoga
10:30 a.m., San Diego Library College-Rolando Branch, 6600 Montezuma Road
Kids Yoga is a fun and interactive introduction to yoga, according to the library. For more information, visit www.sandiego.gov or call 619-533-3970.