	Host your own?	Use a CDN?
Why?	Complete control Run internally with no internet	There are a bunch of people who will serve files you need for free. Examples: https://code.angularjs.org/ https://cdnjs.com/ The files might already be in the user's cache from visiting another site.
Why Not?	You pay for the bandwidth. Will never be pre-cached from another site, so users pay by waiting.	More HTTP requests / roundtrips
Opinion	Probably the best choice for internal apps	Probably the best choice for external apps