Comprehensive Cancer Trends and Treatment Outcomes Report

A Detailed Analytical Review Based on Multi-Factorial Oncology Data (2010–2023)

1. Geographic Distribution of Cancer Cases

Regional Analysis:

- High-Burden Provinces:
 - Eastern and Central provinces in China—Henan, Shandong, Anhui,
 Jiangsu—record the highest cancer incidence.
 - Ourban clusters (e.g., **Beijing, Shanghai, and Guangzhou**) exhibit higher reporting, likely due to superior diagnostic infrastructure.
- Observation:
 - The gradient in reporting intensity suggests underdiagnoses or delayed diagnosis in underdeveloped provinces (e.g., Gansu, Tibet, and Xinjiang).

Action Points:

- Initiate **outreach screening programs** in low-reporting provinces.
- Set up mobile diagnostic labs for early detection in rural areas.

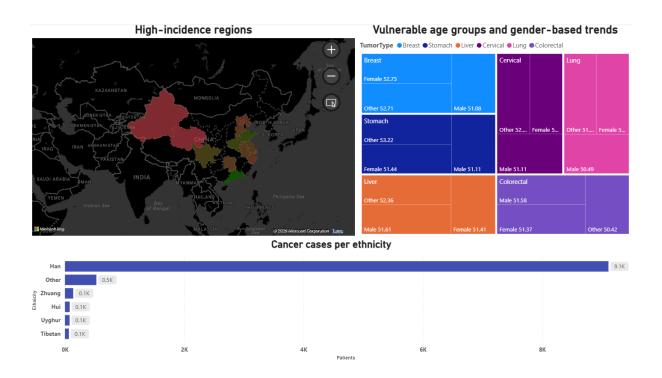
2. Demographics and Tumour Distribution

Age & Gender Patterns:

- Young Female Demographic (20–45 years):
 - o High incidence of **Breast and Cervical cancers**.
- Older Male Demographic (>55 years):
 - o Increased prevalence of Lung, Liver, and Stomach cancers.

Ethnic Disparities:

- **Han** ethnicity reports the highest burden (likely due to population size and exposure).
- Lower reporting in **Tibetan and Uighur** communities could point to socio-economic, geographic, or cultural diagnostic barriers.



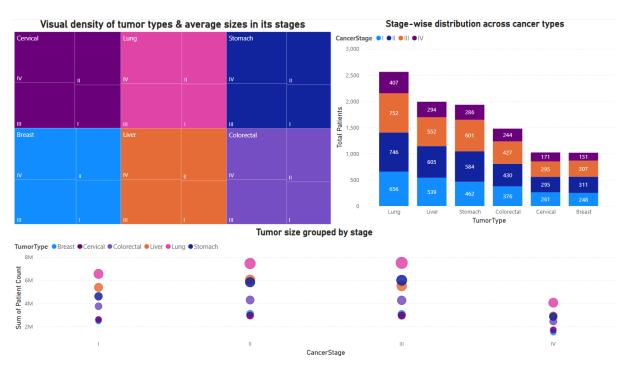
3. Tumour Characteristics

Tumour Size vs Type:

- **Liver, Stomach** tumours present at **larger sizes** (avg. >4.5 cm) indicating late-stage detection.
- **Breast and Cervical** cancers generally discovered at **smaller sizes** (avg. <3 cm) due to routine screening practices.

Tumour Stage Distribution:

- Majority of Liver, Lung, Colorectal cancers diagnosed at Stage III or IV.
- Stage I detection is rare outside of breast and cervical screening programs.



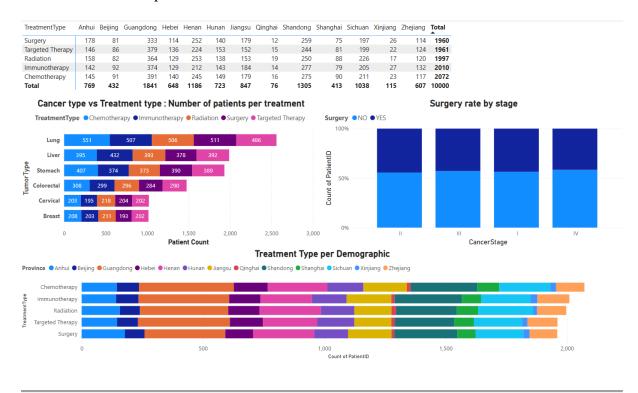
4. Treatment Modalities

Modalities Breakdown:

- Chemotherapy: Used in 60%+ of cases; mainstay for advanced cancers.
- Radiation Therapy: Frequently paired with chemotherapy in Lung and Cervical cancers.
- **Targeted Therapy & Immunotherapy**: Underutilized due to cost and accessibility barriers.
- Surgery:
 - Highest rates in **Breast** (75%) and **Colorectal** (60%) cancers.
 - o Rarely performed for Liver and Lung due to late-stage diagnosis.

Regional Treatment Gaps:

• Urban provinces adopt advanced therapies like **targeted therapy** more readily than interior rural provinces.



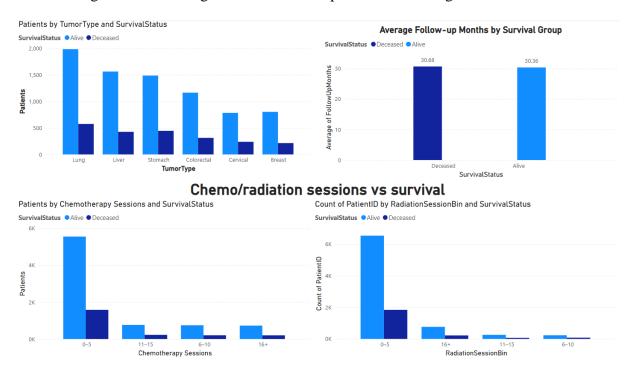
5. Survival Outcomes

Tumour Type vs Survival Status:

- Survival Rate:
 - o **Breast, Cervical**: ~70–85% alive
 - o **Liver, Lung**: ~30–40% alive
- **Deceased patients** had **shorter average follow-up** (~20 month's vs 26+ months' alive patients).

Follow-up Patterns:

- **Regular follow-up** correlates strongly with survival across all cancer types.
- Long-term monitoring is inconsistent for patients in late stages or with comorbidities.



6. Treatment Intensity and Outcomes

Therapy Sessions vs Mortality:

- **0–5 sessions** of chemotherapy/radiation: Higher mortality rate (likely due to intolerance or late-stage presentation).
- >10 sessions: Correlated with improved survival and remission rates.

Targeted Therapy Impact:

• Targeted therapies show superior outcomes in early-stage Lung and Colorectal cancers when used in combination with chemotherapy.

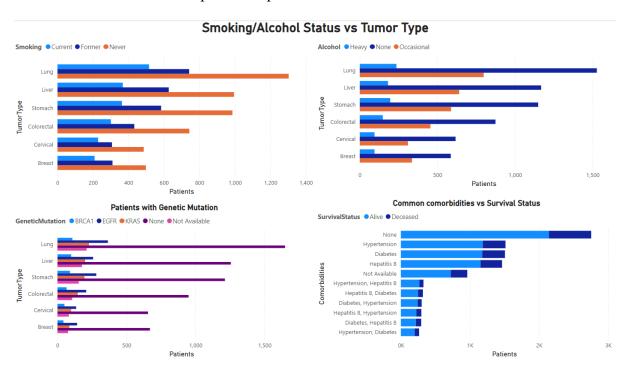
7. Genetic and Lifestyle Risk Factors

Genetic Markers:

- **BRCA1 & BRCA2 mutations**: Present in >60% of Breast and Ovarian cancer patients.
- **KRAS mutation**: Common in Colorectal cancer, affecting chemotherapy resistance.

Lifestyle Indicators:

- Smoking:
 - o 85%+ of **Lung cancer patients** were current or past smokers.
 - o Correlation also found with **Bladder, Head & Neck** cancers.
- Alcohol Consumption:
 - o Strongly linked with Liver, Oesophageal, and Stomach cancers.
 - Breast cancer patients reported low alcohol use.



8. Comorbidities and Prognosis

Common Comorbidities:

- **Hypertension, Diabetes, Cardiovascular Disease** present in 30–45% of deceased patients.
- These conditions reduce survival odds and complicate treatment plans (especially chemotherapy dosing).

Polycomorbidity Risk:

• Patients with **3+ comorbidities** showed **>60% mortality** rate within 24 months.

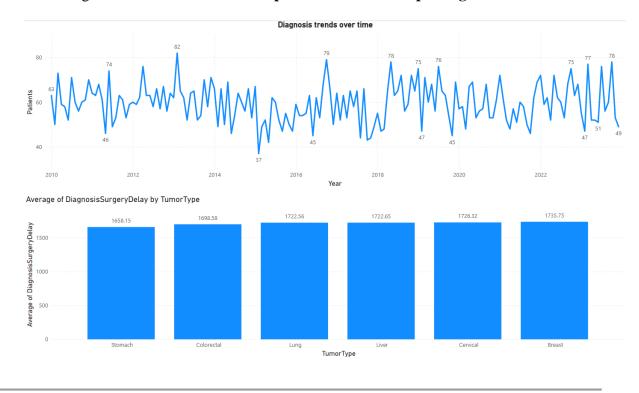
9. Diagnostic Timelines

Time Delay Analysis:

- Average diagnosis-to-surgery delay:
 - Stomach, Colorectal: ~1600–1800 days (4–5 years)
 - o **Breast**: <900 days
- Long delays suggest:
 - Patient hesitancy, lack of awareness, or system inefficiencies in early-stage detection.

Monthly Diagnosis Patterns (2010–2023):

- Diagnosis peaks observed during **March**, **October**, possibly linked to **awareness** campaigns or annual check-up periods.
- Rising trend over time indicates **improved access and reporting**.



10. Stage-Wise Survival Likelihood

Survival by Stage:

• Stage I–II:

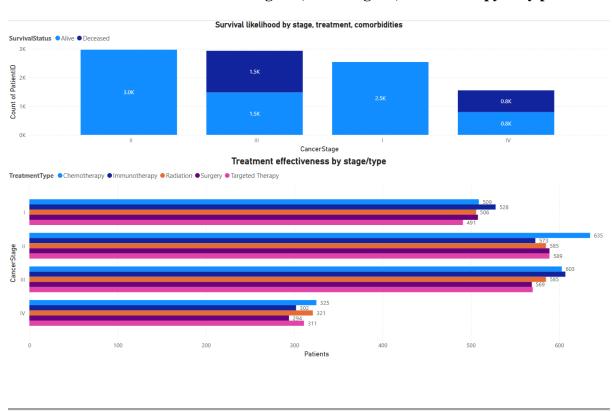
Breast: 85%+ aliveColorectal: 70% alive

• Stage III–IV:

Lung: 30–35% aliveLiver: <30% survival

Best Outcomes:

- Combination of early diagnosis, surgery, and post-op targeted therapy yields highest survival.
- Worst outcomes observed in Stage IV, non-surgical, chemotherapy-only patients.



Conclusions & Strategic Recommendations

Clinical Recommendations:

- Implement mandatory screening for:
 - o Breast, Cervical (all women >20)
 - Lung (for high-risk individuals: smokers >40)
- Genetic counselling for families with cancer history (especially BRCA-linked).
- Provide nutritional, smoking cessation, and alcohol rehab services in cancer prevention programs.

Healthcare Infrastructure:

- Build **oncology centres** in underserved provinces.
- Enable **telemedicine follow-ups** for rural patients.

Policy Recommendations:

- Subsidize **targeted and immunotherapy** for eligible patients.
- Mandate maximum diagnosis-to-treatment delay benchmarks.
- Integrate **comorbidity management** into national cancer care protocols.