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| **University of Mumbai**  **DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  **“EXTENSION WORK PROJECT REPORT”**   * Name of the Student: Yadav Anirudh Avadhbehari   (Beginning with Surname)   * Class : T.Y B.Pharm * Div:      * Roll No.: 66 * Name and Address of the College: Principal K. M. Kundnani College of Pharmacy, Plot No. 23, Jote Joy Building, Rambhau Salgaonkar Rd, Cuffe Parade, Mumbai, Maharashtra 400001 * Extension Work Project enrolled for: Population Education Club (PEC) |

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**

**DESIGN OF PROJECT REPORT WRITING 2023-2024**

**Please start typing your answers from this page where information is asked for.**

* **Acknowledgement by the Student**

(Please mention the kind of support provided by DLLE Unit, Principal & Extension teachers, work place staff, community and others.)

**START TYPING:**

* **My reason for joining Extension Work Activity:**

**Answer: Joining extension work gives sense of purpose and service to humanity. It enable to contribute to society and welfare of the people in need, listen to people's needs, from young children, orphans to people struggling with addictions, poverty and help them to cope and improve their quality of life. This course has enables me to understand how to make a positive impact in society and has made me aware of how quickly your circumstances in life can change.**

* **Please write about:**
* How I started
* How I was trained – acquired skills
* How I built rapport with the others / community around.
* How I worked and the kind of work, carried out

(Write in detail with your experiences & Project related data)

**Answer:**

**I was involved in social work since my school days like donating food, cleanliness drive in society, spreading awareness. So it was not knew for me. I started here with beach cleaning**

**Training involved interaction with people helping them, teamwork that enable me to overcome social anxiety and bring confidence within. Skills such as teamwork, organization skill, communication, problem solving, decision making, leadership were acquired.**

**By getting to know each other understanding there problems helping them guiding them if possible, making them feel comfortable getting friendly and being like one of them such positive efforts towards other/ community made me built trust and rapport.**

**I work with dedication and determination, along with team members I carried out various task such as cleanliness of girgaon beach full of waste & broken idol and other after Ganesh visarjan , collection of stationary for donation to orphanage where we interacted with the kids and donation of food to less privileged young kids of North East who are given education here by charitable trust got to know about there problems faced in there native areas and challenges here related to language, cultural etc faced by these children and there excellence in academics.**

* Please write about the difficulties you faced while conducting activities.

**Answer: There were no such difficulty, everything requires efforts and little hard work as we are doing this for the society those feelings of self worthyness that little positive impact that I'm putting on the society and the people there, doesn't made me feel as something is difficult, as I was not alone along with my enthusiastic team members, I enjoyed every process of it.**

* How did you overcome the difficulties?

**Answer: NA-------**

* Please write about your expectations from extension work activities.

**Answer: My expectations were In these we will be conducting work that will benefit the needy, underprivileged people, society, we will get to meet many NGOs and social workers related to there niche. I was expecting to get know about various government programs run for the same.**

* Are your expectations fulfilled? Please brief.

**Answer: Mostly, we did many work like cleanliness, donation, awareness, skit, tree plantation all for the society also there were many intercollegiate competition , quizs that brought lots of enjoyment and learning and exploring our skills. Connected with other activist form different colleges and shared each other experience thoughts ideas.**

* What did you learn by Extension Activities? (gain / loss)

**Answer: I learn many values and skill such as Empathy, communication skill, Organization skill , Active listening, self care, Cultural competence, Critical thinking, Professionalism.**

* How will Extension Work help you to contribute to the Society?

**Answer: Extension work help develop value, respect, and gratefulness towards the people and the society. It make person more aware and responsible towards the humanity, society and nation. It develops a well mannered, understanding, kind and helpful society which decreases the barriers & feeling discrimination among the people all these leading to an ideal society and developed nation.**

* What is your suggestion?

**Answer: More and more people should connect to these extension programs and large scale activities on intercollege level involving large no. of activists to be organized. Making a major impact on society.**

**5) POPULATION EDUCATION CLUB (PEC) –**

**(College Level)**

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| **Sr. No.** | **Date** | **Topic** | **Methodology / Activity** | **Co-ord. agency** | **AV Aids used** | **Hrs.** | **Outcome** |
| 1 | **10/7/23** | **Library book keeping** | **Book documentation and checking** | **NA** | **NA** | **20** | **Good** |
| 2 | **8/01/2024** | **ENVIRONMENTAL FRIENDLY WEEK CHALLENGE** | **Photos** | **NA** | **Google form** | **30** | **Excellent** |
|  | **Total** | | | | | **50** |  |

**(Community Level)**

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| **Sr. No.** | **Date** | **Topic** | **Activity / Other Information** | **Hours** | **Outcome** |
| **1** | 16-20/10/2023 | FOOD DONATION DRIVE | Donated food to northeast children pursuing education | 40 | Excellent |
| **2** | 12/08/2023 | NIRMAL JYOT CHARITABLE TRUST | Donated stationary to orphans | 20 | Excellent |
| **3** | 7/10/23 | Tree plantation drive | Planted saplings | 10 | Excellent |
|  | **Total** | | | 70 |  |

**Essay Writing on social issues / Additional Information you may wish to share with us for improvement.**

**Answer: Poverty - A challenge for economic development**

**Poverty is a widespread social issue that impacts millions of people around the world. It is a complex and multidimensional problem with far-reaching implications for individuals, families, and entire communities. Poverty is not just about a lack of financial resources; it encompasses inadequate access to education, healthcare, and employment opportunities as well.**

**One of the most devastating consequences of poverty is its impact on human well-being. People living in poverty often struggle to meet their basic needs, such as food, shelter, and clothing. This can lead to malnutrition, homelessness, and inadequate healthcare, which in turn can result in a range of health issues. Poverty also limits access to education, perpetuating a cycle of deprivation across generations.**

**Furthermore, poverty can also lead to social exclusion and marginalization, as individuals and communities living in poverty face stigmatization and discrimination. This further exacerbates their struggle to improve their circumstances and escape poverty.**

**Addressing poverty requires a comprehensive approach that tackles its root causes, including economic inequality, lack of access to education and healthcare, and discrimination. Governments, non-governmental organizations, and individuals all have a role to play in implementing effective solutions to alleviate poverty and create a more equitable society for all.**

**Please answer all the questions and give details as asked in this file. Type information in detail in this file and attach pdf document of this file to the link provided by your Extension Work Teacher.**