

Government of the Russian Federation
St. Petersburg State University
Institute of Earth Sciences

P R O G R A M M A
ACADEMIC DISCIPLINE

RECREATIONAL GEOGRAPHY
Recreational Geography

Language(s) of instruction

Russian

**Registration number
programmes**

[013264]

Labour intensity

3

credits

St Petersburg
2022

Annotation

Training in the academic discipline "Recreational Geography" is an integral part of the basic educational programme (Bachelor's degree, direction 43.03.02) "Organisation of tourism activity (with advanced study of Chinese language)".

"Tourism."

Purpose of the discipline "Recreational Geography"

to form ideas about the spatial expression of processes and phenomena related to the development of recreation. The discipline lays the foundations of ideas on the optimal organisation of recreational activities in space, sustainable development of territorial recreational systems; develops the ability to analyse socially significant problems associated with the recreational development of the territory. The discipline forms the skills of comprehensive assessment of tourism and recreational potential of the territory, as well as skills to analyse approaches to recreational zoning of the subjects of the Russian Federation.

Section 1: Characteristics of training sessions

1.1 Aims and objectives of training sessions

Formation of students' understanding of the regularities of the spatial organisation of recreation and tourist-recreational activities. Development of abilities to system analysis of the totality of natural and socio-economic processes affecting the recreational and tourist development of the territory. Formation of knowledge about the geography of recreational resources and their use. Development of the ability to apply methods of assessment of tourist and recreational resources, recreational and tourist-recreational potential of the territory, to analyse the tourist-recreational differentiation of the territory by the method of recreational zoning.

1.2 Requirements for the student's readiness to master the content of training sessions (prerequisites)

To successfully master the discipline, the student must have knowledge of physical and socio-economic geography, geography of tourism, history of tourism activity, basics of statistical research. The student must be fluent in computer skills at user level.

1.3. List of learning outcomes

The discipline participates in the formation of the competences of students in the educational programme established by the curriculum for this discipline.

№	Name of competence category (group)	Code and name of competence	Planned learning outcomes ensuring the formation of competences	Indicator code and indicator of achievement universal competence
	1	2	3	4
1	General professional competences	OPK-4 - Able to carry out research of the tourism market, organise sales and promotion of the tourism product.	Knows theoretical provisions and possesses the terminological apparatus of recreational geography; has an understanding of processes and phenomena related to the spatial development of recreation and tourism	OPK-4.1 Knows the methodological foundations of tourism market research, sales and promotion organisation tourist

				the product of presenting the results of scientific and applied research in the field of professional activities
2	Professional ones competences, formative academic constituent results assimilation educationally programme	SCC-1 Capable of apply theoretical bases and toolkit (methods) cultural and museological and geographical knowledge in studies contemporary culture and facilities cultural and natural legacies.	Able to analyse the modern organisation of tourism and recreational activities, the involvement of cultural and natural heritage objects in it; knows the specifics of the spatial organisation of recreation in Russia	SCC-1.1 Knows theory and toolkit (methods) culturally Go, museological and geographical knowledge in researches contemporary cultures and facilities cultural and natural legacies
3	Professional ones competences, formative academic constituent results assimilation educationally programme	SCC-2 - Capable apply applied methods research activities in tourism, including using technologies digital economics.	Possesses applied tools to assess the tourist and recreational potential of the territory, as well as to develop approaches to recreational zoning of regions.	PCA-2.2 Knows how to pick applied methods research activities in tourism, including including with utilisation technologies digital economics

1.4. List of active and interactive forms of training sessions

Lectures and seminars on this discipline also involve the use of PowerPoint presentations, which explain the content of each lecture with extensive illustrative material: maps, pictures, graphs, tables, which are taken from publications (basic textbooks, books, scientific articles, etc.), Internet resources or are the result of scientific research of the teacher. The choice of the didactic material to be presented is left to the lecturer.

During the study of the course the following innovative forms of classes are used: business game, brainstorming, organisation of scientific discussion. Students in the course of independent work, using statistical and cartographic material prepare a paper on the characteristics of the tourist and recreational potential of the territory and perform tourist and recreational zoning of the subject of the Russian Federation (optional).

Section 2: Organisation, structure and content of training sessions

2.1. Organisation of training sessions

2.1.1. Basic Course

Labour intensity, volume of academic work and occupancy of groups of students															
Module code a s part of a discipline, practice, etc.	Auditorium training work□ students									Independent work					The volume of a□ active and interactive forms of training sessions
	lectures	seminars	counselling	practical exercises	laboratory work	test papers	colloquia	current control	interim certification	under the supervision of a	in the presence of a teacher	including with the use of methodological materials	current control	interim certification	
TRAJECTORY 3 SEMESTER															
Form of education: full-time															
labouriously bonnet (hr.)	20	20	2	0	0	0	2	0	2	20	0	28	0	14	22
group size (persons)	1-50	2-15		2-15					1-50	2-15					
TOTAL (hr.):	20	20	2	0	0	0	2	0	2	20	0	28	0	14	22

Types, forms and timelines

Current control of academic progress and interim certification

Code of the module within the discipline, practice, etc.	Current control		Intermediate certification	
	Types	Timing	Forms	Timing
TRAJECTORY 3 SEMESTER				
Form of study full-time				
Semester 3			Exam, written y/ orally in traditional form	On schedule intermediately attestation

2.2. Structure and content of training sessions

No n/a	Name of topic (section, part)	Type of training sessions
1	Module 1. Theoretical bases of recreational activities	lectures

	geography.	seminars
		on methodological materials
2	Module 2. Recreational resources and methods of their assessment.	lectures
		seminars
		Colloquia
		on methodological materials
3	Module 3. Fundamentals of territorial organisation of recreation.	lectures
		seminars
		on methodological materials
4	Module 4. Characterisation of recreational areas.	lectures
		seminars
		Counselling
		Under the guidance of the lecturer.
		on methodological materials
	TOTAL FOR THE DISCIPLINE	Lectures
		Seminars
		Colloquium
		Counselling
		Under the guidance of the lecturer.
		According to the methodological materials
	<i>Interactive teaching methods within the hours, provided for lectures and practical classes.</i>	
	<i>Total labour intensity in credit units</i>	

Module 1: Theoretical Foundations of Recreational Geography. Subject, goals and objectives of the course. Place of recreational geography in the system of geographical sciences. Sources of recreational geographical information. Recreation as an object of study of recreational geography. Research methods of recreational geography. Recreation and recreation, tourism and recreation. Recreational development and recreational development. Free and recreational time: concept, correlation, structure and functions. Recreational space. Recreational activity and recreational potential. Types and evolution of recreational activity. Structural features and classification of recreational activity. The main types of recreational territories. Physical-geographical factors of recreation and tourism development. Historical and cultural potential of the territory. The influence of socio-economic factors on the development of recreation and tourism. Favourable and unfavourable factors influencing the development of recreation and tourism.

Module 2. Recreational resources and methods of their assessment. The concept of recreational resources. Classification and principles of allocation of recreational resources. Methods of assessment of recreational resources. Cadastre of recreational resources. Problems of economic evaluation of natural recreational resources. The concept of natural recreational resources. Recreational assessment of natural resources. Recreational nature management and nature protection. The concept of cultural and historical recreational resources. Historical and cultural potential and the peculiarities of its assessment. Classification of cultural and historical objects. World Heritage Sites in Russia. Cultural landscape: modern ideas and approaches to typology. Basic principles of recreational development of natural and historical heritage. Infrastructure of recreation and tourism. The main blocks of tourist infrastructure.

Practical work 1: Assessment of tourist and recreational potential of the territory.

Assessment of tourist and recreational potential of the territory.

Module 3: Basics of territorial organisation of recreation. Natural-cultural tourist-recreational complex - criteria for allocation. Tourist-recreational areas. Territorial recreational systems (TRS). Regional recreational

policy and special economic zones of tourist-recreational type, tourist-recreational clusters. Tourist and recreational zoning: approaches, principles of zoning. Definition and hierarchy of tourist-recreational areas. Signs of recreational areas and the methodology of their allocation. Taxonomic units of recreational zoning. Approaches to the assessment of route recreation (tourism).

Module 4. Tourist and recreational zoning of the Russian Federation. Characteristics of tourist-recreational provinces and districts of Russia. Development of tourist and recreational zoning of the subject of the Russian Federation (at choice). **Practical work 2. Tourist and recreational zoning of the subjects of the Russian Federation.**

Section 3: Provision of training sessions

3.1 Methodological support

3.1.1 Methodological guidelines for mastering the discipline

To master the discipline it is necessary to master the material of lecture classes, presented in the form of voice lectures and presentations, to get acquainted with the content of educational and additional literature, video materials provided for independent study, to make presentations at seminars, to perform practical work.

3.1.2 Methodological support of independent work

Students are given the programme of the discipline (course), which helps them to orient themselves in the material presented, a list of scientific publications for independent work and disc-recorded sources that are difficult to find in the library and on the Internet.

When presenting the discipline, packages of materials are offered for practical works (assessment of tourist and recreational potential of the territory, tourist and recreational zoning of the subjects of the Russian Federation), the results of which are presented and defended during the seminars.

3.1.3 Methodology of current control of progress and interim certification and evaluation criteria

Current control is carried out based on the results of current work: practical work and passing the nomenclature on Russia:

- Practical work: "Assessment of tourism and recreational potential of the territory (optional)" (up to 15 points)
- Practical work: "Tourist and recreational zoning of a constituent entity of the Russian Federation (optional)" (up to 15 points)

Intermediate certification is carried out in the form of an oral/examination, which includes an answer to two theoretical questions and also includes the results of the current work.

The maximum number of points a learner can receive for the course studied is 100 points.

Of these: at least 50 points for the current work and at least 15 points for the current assessment. To obtain intermediate certification it is necessary to score: **at least 65 points.**

Criteria for evaluation of practical works and their defence at seminars:

30 points - the work is completed using all the proposed methodological materials. The student can explain all his/her conclusions, answer all questions in the course of defending the work and analyse the results obtained. The results are presented in the required format.

20 points - minor inaccuracies in the justification of the results obtained, small errors in the design are allowed.

Less than 15 points - the student is unable to analyse the results obtained, gross errors were made in the course of the work.

Criteria for assessing the handing in of the nomenclature:

- The maximum score is 10 points. The nomenclature consists of 10 questions, the number of points a student receives depends on the number of correct answers; the nomenclature is considered not passed if the student gives 5 or less correct answers.

Evaluation criteria for the interim assessment (each of the two questions is assessed for 15 points):

15 points - an answer revealing a comprehensive, systematic and in-depth knowledge of the study material stipulated in the programme, mastery of the main literature and familiarity with additional literature.

10 points - the answer is correct, showing a sufficiently complete and systematic knowledge of the study material provided by the programme, mastery of the main literature.

5 points - an incomplete answer demonstrating superficial knowledge of the basic educational material, which can be compensated in the process of further study and future work in the profession, insufficient familiarity with the basic literature recommended by the programme.

Less than 5 points - an answer with gross errors, ignorance of the basic teaching material and the main literature recommended by the programme.

The correspondence between the grade for the interim assessment in the form of the SPbU exam and the ECTS grade when applying the absolute grading scale is established as follows:

Assessment in the SPbU/ECTS system	Score
All right, Ah.	5,0
All right, V.	4,5
All right, S.	4,0
Satisfactory, D	3,5
Satisfactory, E	3,0
Unsatisfactory, F	0,0

3.1.4 Methodological materials for current control of progress and interim certification

At the first lecture, the instructor informs students about the schedule (deadlines) of the current work and the criteria for assessing knowledge of all forms of control and training procedures (preparation of presentations and speeches at seminars, performance of practical tasks).

The teacher has the right to establish the number of modules in the discipline, the number of control points in the semester for various forms of control (in accordance with the curriculum).

The results of practical work carried out with the use of methodological materials are discussed at the seminars. It is obligatory to present one's own developments at two seminar sessions:

1. Assessment of tourism and recreational potential of the territory
2. Tourist and recreational zoning of the territory

When handing in the nomenclature, the object must be shown on the map.

The list of nomenclature is given to students electronically. The list includes physical and geographical objects on the territory of the Russian Federation, as well as cities and UNESCO World Heritage Sites. Example list of nomenclature.

Sample list of questions for interim certification:

1. Place of recreational geography in the system of geographical sciences.
2. Recreation as an object of study of recreational geography.
3. Research methods of recreational geography.
4. Leisure and recreation, tourism and recreation.
5. Recreational activities and recreational potential. Types and evolution of recreational

activities.

6. The main types of recreational areas.
7. Physico-geographical factors of recreation and tourism development.
8. Historical and cultural potential of the territory and the peculiarities of its assessment.
9. Influence of socio-economic factors on the development of recreation and tourism.
10. Favourable and unfavourable factors influencing the development of recreation and tourism.
11. The concept of recreational resources. Classification and principles of allocation of recreational resources.
12. Methods of recreational resource assessment.
13. Problems of economic evaluation of natural recreational resources.
14. The concept of natural recreational resources. Recreational assessment of natural resources.
15. Recreational natural resource use and nature conservation.
16. The concept of cultural and historical recreational resources. Classification of cultural and historical objects.
17. World Heritage Sites in Russia.
18. Basic principles of recreational development of natural and historical heritage.
19. Infrastructure of recreation and tourism. The main blocks of tourism infrastructure.
20. Natural-cultural tourist and recreational complex - criteria for identification.
21. Tourism and recreational areas. Territorial recreational systems (TRS).
22. Regional recreational policy and special economic zones of tourist-recreational type, tourist-recreational clusters.
23. Tourism and recreational zoning: approaches, principles of zoning
24. Definition and hierarchy of tourism and recreational areas.
25. Signs of recreational areas and methodology of their allocation. Taxonomic units of recreational zoning.
26. Approaches to route recreation assessment.

Sample examination ticket

St. Petersburg State University Department of Country Studies
and International Tourism Discipline "Recreational
Geography"

EXAMINATION TICKET NO. _____

1. Question 1.
2. Question 2.

Signature of the Head of the Department/Head
of the PLO

№	Indicator code and indicator of universal competence achievement	Control and measurement materials (CMM) (test questions, quizzes, case studies, etc.)
	1	2
1	OPK-4 - Capable of carrying out tourism market research, organising sales and promotion of the tourism product.	Issues to be submitted for interim certification
2	PCA-1.1 Knows the theory and tools (methods) of cultural, museological and geographical knowledge in the study of contemporary culture and objects of cultural and natural heritage. legacies	Practical work No. 1
3	PCA-2 - Able to apply applied	Practical work No. 2

	research methods in tourism, including through the use of digital economy technologies	
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3.1.5 Methodological materials for students' assessment of the content and quality of the learning process.

Students are offered an anonymous feedback questionnaire to assess the quality of teaching in the discipline. The questionnaire evaluates the informativeness of the course, teaching skills, personal qualities of the teacher and indicates the number of classes attended. The questionnaire is conducted using the Blackboard information system. Summarised data of the questionnaires are used to improve the educational process. The form of the questionnaire and the content of questions shall be approved by the decision of the Academic Council of the Institute of Earth Sciences.

3.2 Staffing

3.2.1 Education and (or) qualifications of teachers and other persons authorised to teach training sessions

Lectures should be delivered by experienced teachers in the discipline and with a doctoral/candidate of science degree.

3.2.2 Requirements for the provision of educational, auxiliary and (or) other personnel

Teaching and support staff help in providing students with teaching and illustrative material.

3.3 Material and technical support

3.3.1 Characteristics of classrooms (rooms, places) for conducting classes

Multimedia projector, laptop, wall screen, blackboard.

3.3.2 Characteristics of classroom equipment, including non-specialised computer equipment and general use software.

MS Windows, MS Office, Mozilla FireFox, Google Chrome, Acrobat Reader DC, Kaspersky Anti-Virus or other similar software products accepted for use at SPbSU in accordance with the established procedure.

3.3.3 Characteristics of specialised equipment.

Not required

3.3.4 Characteristics of specialised software

Not foreseen

3.3.5 List and quantities of required consumables

A4 paper, printer consumables, pointer, chalk and other office supplies.

3.4 Information support (*the list of obligatory literature in the SPbSU library has been checked*)

3.4.1 List of required reading.

1. Astashkina M. V. Geography of Tourism. / M. V. Astashkina, O. N. Kozyreva, A. S. Kuskov, A. Saninskaya. - Moscow: Infra-M; Alfa-M, 2010. - 432c.
2. Geography of tourism: textbook / ed. by A. Yu. - 3rd edition, revised. - M. : KNORUS, 2010. - 470c.
3. Isachenko T.E., Kosarev A.V. Tourist and recreational resource science. Moscow, 2020. Ser. 68 Vocational Education.
4. Kruzhalin V.I. Geography of tourism: textbook / Kruzhalin V.I., N.S. Mironenko, Siegern-Korn N.V., Shabalina N.V. - M. : Federal Agency for Tourism, 2014. - 336c.
5. Kuskov A.S., Golubeva V.L., Odintsova T.N. Recreational geography: Educational and methodical complex.- M.: MPSI FLINTA, 2005. - 504c.
6. Mironenko N.S., Tverdokhlebov I.T. Recreational geography.- M: Iz-vo MSU, 1981. -

207c.

7. Nikolaenko D.V. Recreational geography: Textbook for universities. - M.: VLADOS, 2003. - 288c.

3.4.2 List of additional references.

1. Vetitnev A.M. , Zhuravleva L.B. Resort business: textbook - M.: KNORUS, 2007
2. Dzhandzhugazova E. A. Marketing of tourist territories. / E. A. Dzhandzhugazova. - Moscow: Academy, 2006
3. Dzhandzhugazova E.A. Tourist and recreational design. Textbook for universities. - Moscow: Academy, 2014
4. Kolotova, E. V. Recreational resource science. / E. V. Kolotova. - M.: RMA, 1998.
5. Kuskov A. S. Tourist resource science. / A. S. Kuskov. - Moscow: Academy, 2008.
6. Tourism Management: Tourism and Sectoral Systems: Textbook. - M.: Finance and Statistics, 2001.
7. Razumovsky V.M. Nature Management. SPb, 2003
8. Recreational Systems // ed. by N. S. Mironenko. - M.: MGU, 1986.
9. Theoretical foundations of recreational geography // ed. by V. V. S. Kovalev. C. Preobrazhensky. - M.: Nauka, 1975.

3.4.3 List of other information sources.

<http://www.library.spbu.ru/> M. Gorky Scientific Library of St. Petersburg State University
Resources available in the worldwide system of interconnected computer networks for storing and transmitting information. Internet resources are given during the presentation of the discipline modules.

Developer of the work programme

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