

Lauren Heffner

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Education

Bachelor of Science Physical Education and Health Education. West Virginia University,
Morgantown, WV **Fall 2013**

- Minor in History
- Student taught at Morgantown High School and Valley Elementary
- Active member in West Virginia Physical Education Majors Club
 - PETE Co-President Spring Semester of 2013
 - PETE Co-Social Chair Fall Semester of 2012
 - PETE Cohort Representative Fall 2010-Spring 2012
- Peer Mentor for younger physical education cohorts at Suncrest Primary School in Fall 2012
- Experience with integrating technology, working on Pre-K motor skills and designing and implementing lessons for students with disabilities through course work at WVU.
- Certifications: P.E. Pre-K through adult, Health 5-12, American Red Cross WSI, CPR and First AID
- Member of WVAHPERD and AAHPERD. I have been to both state and national convention where I attended educational lectures and further expanded my knowledge of health and physical education.
- Cumulative GPA 3.4
- Dean's List

Work Experience

ACAC Fitness & Wellness Center, West Chester PA **2009-Present**

- 7 and 8 Day Camp Supervisor
- Tennis Camp Supervisor
 - Day camp supervisor consisted of different and managerial activities. I facilitated daily activities, which included arts and crafts, swimming, black top and field games, and a ropes course. I manage a group kids that can range from 20-60 at a time. Activities were planned to according to different them weeks, which help creative a positive experience.
 - Worked with 5 to 12 year olds and worked on their fundamental skills of tennis, which include serving, volleying, backhand and forehand strokes. Getting equipment, being accountable for every kid at off campus tennis courts, and providing an overall great atmosphere at camp was accomplished

Clearview Cinemas: Anthony Wayne, Wayne, PA**Summer of 2009**

- Movie Usher and Cashier
 - Cleaning movie theaters, ensured that each customer received an outstanding service by providing a friendly environment, which included greetings and acknowledging every customer, working the cash register and taking customers tickets.

West Chester Cardiology, West Chester, PA**2005-2008**

- Filing Clerk
 - Filed different cardiovascular documents into charts, built new patient charts
 - Printed and faxed documents to and for doctors.
 - Greeted patients and escorted patients to exams rooms.

Professional Experience

Substitute Teaching**Spring of 2014**

- Currently employed by the Chester County Intermediate Unit and the Substitute Teaching Services.

Mountaineer United Soccer Club Volunteer Soccer Coach, Morgantown, WV**Fall of 2013**

- Volunteer soccer for a team of 14 girls in 5th and 6th grade. Practices were held twice week where we worked on core and fundamental skills and then applied those skills to competitive and games on the weekend. All practices were coordinated and facilitated by me as the head coach.

Outdoor Experience at East Bradford Elementary, West Chester, PA**Summer of 2012**

- Assisting and guiding groups of 5th graders in outdoor theme activities, such as orienteering, team building, canoeing, square dancing, fishing, and steam study. Students worked in a team setting and getting prepared to move on to middle school.

Kidematics LLC, Morgantown, WV**Fall of 2011**

- Educating children on the importance of physical activity through games and fitness activities. Also educated children on personal/social responsibilities on focusing on personal skills, building positive relationships, being responsible and staying motivated. *40 hours of volunteer work*

Kaleidoscope, Skyview Elementary, WV**Spring of 2010**

- Provided assistances with after school tutoring in homework, reading, and math skills and motor skills during recreational time for elementary kids. *Over 40 hours of volunteer work*

The Far Post Volunteer Soccer Coach**2006-2007**

- Volunteer soccer coach for the indoor winter soccer session in 2006, coed team of 4th and 5th graders. In 2007, I was a volunteer soccer coach again for the winter soccer session for coed team of 6th and 7th graders.