717-679-2622 Itrout52@gmail.com

Objective:

To obtain a position as a Health and Physical Education teacher in order to enhance students' performance in the classroom, as well as to inspire them to become both healthy and active in life-long physical activities.

Education:

West Chester University, West Chester, PA Bachelors of Health and Physical Education GPA: 3.48 **Graduated December 2012**

Related Experience:

Student Teaching Experience

September – December 2012

John Beck Elementary, Lititz, Pa

- Developed and implemented lessons for students grade 1-6
- Participated in curriculum development meetings
- Participated in after school department chairs meeting
- Participated in after school 'jump-rope for heart' practices
- Attended the school's 'in-service day' for department curriculum development
- Created all lesson plans to meet state standards
- Assessed students to meet the lesson objectives and standards
- Created an environment that motivated students to perform at a high level

Garden Spot High School, New Holland, PA

- Developed and implemented lessons for high school Physical Education
- Developed and implemented lessons for middle school Health
- Formed relationships with students and gained their respect and trust
- Participated in assemblies to promote school community growth
- Created an environment that motivated students to perform at a high level
- Attended the school's 'in-service day'
- Developed relationships with co-workers before and during school hours
- Developed lessons to meet state standards for both high school PE and middle school Health classes
- Assessed students to meet lesson objectives and state standards

Work Experience:

Substitute Teaching

February 2013-Present

Eastern Lebanon County School District

Cornwall-Lebanon School District

Northern Lebanon School District

September 2014-Present

- Promote an encouraging atmosphere for students
- Encourage students to learn
- Maintain a safe atmosphere within the classroom setting
- Encourage students to perform to their best ability
- Reinforce daily class rules
- Teach daily lesson plans on short notice left by classroom teacher

YMCA SACC Site Director/ Group Supervisor

January 2013-Present

- Develop and implement daily activities for children
- Assist and supervise children in daily activities
- Promote a positive atmosphere for children
- Maintain positive relationships with parents and children
- Attend monthly meetings and Personal Development trainings
- Complete paperwork for program records
- Follow all DPW guidelines at the site
- Develop and practice emergency procedures with the children
- Resolve all issues that arise amongst peers

Summer Camp Coordinator/Counselor

June-August 2012

Wiggles and Giggles, Myerstown, PA

- Provided a safe and enjoyable environment for the children
- Developed and implemented daily activities for children's participation
- Attended field trips and supervised children
- Scheduled daily events and planned for upcoming events appropriately
- Worked with the children to resolve conflicts amongst the group
- Set rules and followed disciplinary action as needed

Other Activities:

- Assistant Varsity Football Coach at Northern-Lebanon High School (2014)
- Assistant Varsity Football Coach at Cedar Crest High School (2013)
- Volunteer Assistant Warwick High School Varsity Football Coach (2012)
- College Sports letter winner
 - Football (2009)
 - o Track and field (2009)
- High School Sports
 - Varsity Football (2006-2008)
 - Varsity Wrestling (2008)
 - Varsity Track and field (2005-2008)
 - Junior Varsity Basketball (2004-2005)

References:

Available upon request