

Stephany Parcell

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EDUCATION:

TEMPLE UNIVERSITY, College of Health Professions, Philadelphia, PA

Bachelor of Science in Kinesiology, January 31, 2014

Physical Education and Health Education

Instructional Level 1 Health & Physical Education K-12

Temple Women's Varsity Lacrosse Team, Division 1, 2009-2013

TEACHING EXPERIENCE:

Professional Experience

PHILADELPHIA ELECTRICAL

Philadelphia, PA

AND TECHNOLOGY CHARTER HIGH SCHOOL

Spring 2014

- Instructed health lessons and web quests on body systems, physical fitness, nutrition, lifestyle diseases, and mental and emotional health.
- Created units for physical education for physical fitness.

Student Teaching

STRATH HAVEN MIDDLE SCHOOL

Wallingford, PA

Fall 2013

- Instructed health units on stress management, relationships, teenage sexuality, and sexually transmitted diseases.
- Created units for physical education, specifically, for basketball which included: dribbling, passing and shooting, and for lacrosse which included: cradling, passing, catching, ground balls, and shooting.

D. NEWLIN FELL ELEMENTARY SCHOOL

Philadelphia, PA

Fall 2013

- Planned and instructed lessons in health and physical education.
- Instructed units in adventure Physical Education, soccer, flag football, manipulative skills, teamwork, and cooperation units.
- Created lessons and units that were grade level appropriate.

Practicum Teaching

PARKWAY CENTER CITY HIGH SCHOOL

Philadelphia, PA

Fall 2011- Spring 2012

- Planned and developed a physical education, and health curriculum.
- Instructed physical education units on badminton and the principles of training.
- Developed health units on mental health & diseases and health related fitness.

HON. LUIS MUÑOZ MARÍN SCHOOL

Philadelphia, PA

Spring 2011

- Created locomotor skill lessons for kindergarten students.

JOHN G WHITTIER ELEMENTARY SCHOOL

Philadelphia, PA

Fall 2010

- Planned floor hockey lessons for fifth grade students.

RELATED WORK EXPERIENCE:

- GWYNEDD MERCY UNIVERSITY WOMEN'S LACROSSE** Gwynedd, PA
Assistant Coach Fall 2013-Present
• Developed practice plans, lifting regime, conditioning, scheduled referees, organized team information, and communicated to parents and players.
- ULTIMATE SPORTS AND EVENTS** Mohnton, PA
Coach Winter 2014-Present
• Coached at youth clinics helped run drills at clinics, field marshal at lacrosse tournaments.
- BRANDYWINE MAJORS LACROSSE CLUB** Garnet Valley, PA
Head Coach Summer 2010-Present
• Created practice plans, coaching practice and tournaments, organizing tournament and team information, and communicating to parents and players.
- PHILLY SHOWCASE LACROSSE CAMP** Haverford, PA
Camp Counselor Summer 2012
• Helped conduct lacrosse drills for various skills including: stick skills, shooting, offensive and defensive strategies, man down situations, scrimmages.
• Responsible for the safety of the players housed in the dorms.
- BETHLEHEM UNITED METHODIST SPORTS CAMP** Thornton, PA
Soccer Coach Summer 2010, Summer 2011
• Directed and lead the soccer program.

CERTIFICATIONS: Water Safety Instructor, May 2013

ACTIVITIES: Member of the Temple University Women's Varsity Lacrosse Team, 2009-2013

AWARDS: Received Athletic Scholarship, 2009-2013
Temple University Director's Honor roll, 2009-2013
Temple University Dean's List, Fall 2013, Spring 2012
Temple Women's Lacrosse Team Captain, 2012-2013
Atlantic 10 All-Championship Team, Spring 2013
IWLCA All-Mid-Atlantic Region Second Team, Spring 2013
Atlantic 10 First Team, Spring 2013
Atlantic 10 All Academic Team, Spring 2013
All Philly Second Team, Spring 2012
Atlantic 10 Player of the Week, Spring 2011
Atlantic 10 Two time Rookie of the Week, Spring 2010
Atlantic 10 All-Rookie Team, Spring 2010