

EDUCATION

Master of Arts in Counseling Psychology, May 2014

Arcadia University, Glenside, PA

Bachelor of Arts in Psychology, Minor in Religion, May 2011

Arcadia University, Glenside, PA

First Year Study Abroad Experience (FSYAE), Fall 2007

- Selected as 1 of 60 Arcadia students to study abroad during freshman year. This allowed for personal growth through multicultural experiences

University of Limerick, Limerick, Ireland

CERTIFICATIONS

Educational Specialist I: Professional School Counselor, *Pre K – 12*

Student Assistance Program: S.A.P., *K – 12*

WORK EXPERIENCE

K-12 School Counselor, August 2016 – Present

Executive Education Academy Charter School, Allentown, PA

- Created and developed the Student Assistance Program for the school
- Developed graduation requirements for all incoming high school students
- Created guidance department
- Developed an internship class, requirements, placements, and trained advisers to make site visits
- Organized a college fair with local colleges, universities, trade schools, and organizations
- Maintained 504 agreements as case manager and member of 504 decision committee
- Organized outside agency to deliver financial life skills lessons to K-6 students
- Developed and provided social skills groups that addressed pressing student needs

Interim Middle School Counselor, January 2016 – June 2016

Seven Generation Charter School, Emmaus, PA

- Participated in weekly SAP meetings to better address student needs in addition to attending IEP and 504 meetings
- Delivered crisis intervention to students in need following school procedure
- Worked with students individually, in small groups, and in the classrooms to address topics of transitioning, anxiety, social and problem solving skills
- Communicated regularly with parents and team members to address concerns and provide outside referrals when necessary
- Created transition plans for all students and families grades 5 through 8 as well as held informational events to assist in transition planning

Substitute Middle School Counselor, August 2015 – November 2015

Phoenixville Area Middle School, Phoenixville, PA

- Created and adjusted schedules for students through the use of Skyward
- Ran Section 504 meetings to maintain and develop 504 agreements and accommodations
- Participated in weekly grade level meetings addressing student needs and accommodations
- Provided crisis intervention as well as conflict resolution to students in need
- Met regularly with students to address personal conflicts and goals
- Maintained consistent communication with parents and team members to address concerns

School Based Therapist (Lead Clinician), September 2014 – August 2015

CATCH, INC, Philadelphia, PA

- Provided individual and group therapy in elementary school based setting utilizing evidence based treatment approaches and techniques
- Supervised in-class support workers in providing services to the clients within the classroom setting
- Recruited, coordinated and conducted new admissions of children into the STS program
- Connected clients and families with mental health services and community-based resources as needed
- Collaborated with school administration on program development and service coordination
- Partnered with treatment team (psychologist, psychiatrist, school counselor, teachers, and guardians) to evaluate clients for mental and behavioral health needs

LEADERSHIP

Safe Harbor Parent Workshop Team Member, January 2014 – February 2015

- Assisted with the creation and development of a positive parent training program for Safe Harbor's Grief Support Group program
- Delivered program to multiple parent support groups over a 4 month period