

# Jenna Fisher

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## Summary of Qualifications:

- Teacher Certification
- Higher education teaching experience
- Master of Science in Health Education
- Passionate toward Curriculum and Instruction development
- Spanish Language Proficiency
- State-wide Convention Presenter

## Work Experience:

**East Stroudsburg University of Pennsylvania** | Adjunct Professor 2016-present

- Physical education teacher education department; teach Health Promotion and Wellness, Aquatics, Movement Experiences for Secondary Physical Education, Professional Development Semester and Content Specialist for 3 student teachers

**Northampton Community College** | Adjunct Professor 2016-present

- Physical education and athletics department; teach cardiorespiratory conditioning course

**Wellness Coaches USA** | *Wellness Coach* 2015-2016

- Promote health, wellness and fitness through delivery of education tools, monitoring of individual movement along the behavior change model, and one-on-one coaching through guided discovery and inquisition
- Demonstration of healthy lifestyle choices via presentations, seminars and group demonstrations
- Perform biometric screenings for baseline measurement and monitoring behavior change

## Wilson Area School District

*Health and Physical Education Teacher* 2013-2015

- Designed and implemented 16 daily lesson plans per week in health, physical education, physical wellness and aquatics for grade levels 5-8, approx. 750 students
- Develop and implement Professional Development for 4 coworkers for implementation of research-based Botvin Life Skills Training Program curriculum, for grade levels 6-8

*Assistant Varsity Track and Field Coach* 2014- 2015

- Designed and executed daily sprint and hurdle workouts for approx. 50 athletes
- Coached 8 state-qualifying athletes in 2014 season and 9 district-qualifying athletes in 2015 season -[2015 Boys T&F Record: 9-2-0; Girls T&F Record: 2-9-0]

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## **East Stroudsburg University of Pennsylvania**

**Office of International Programs** | *Graduate Assistant* 2010-2012

- Planned and executed campus tours, local trip travel plans and campus events
- International research and presentation planning for exchange students
- Advise international student mentor program

**Physical Education Department: Swim and Gym** | *Volunteer Teacher* 2011

- Designed and implemented weekly adapted physical education to special education students with goals to improve motor skill and social development in the pool and gym setting.

## **Education:**

East Stroudsburg University of Pennsylvania December 2012

***Master Degree of Science, Health Education***

*Concentration: Teacher Certification*

Overall GPA: 3.949

***Bachelor of Science, Athletic Training***

May 2010

Overall GPA: 3.405

Cum Laude, Dean's List 2007-2010

Athletic Director's Honor Roll 2006-2010

Pennsylvania State Athletic Conference (PSAC) Scholar Athlete 2006-2010

**Universidad del Salvador- Buenos Aires, Argentina**

March-June 2009

Intensive Intermediate Spanish Language -Reading,

Writing and Speaking (Study Abroad)

## **Conferences/Campus Involvement**

- Botvin Life Skills Training Program: Train the Trainer 2014
- Presented at PSAPHERD State Conference: Adapted Physical Education 2012
- 4 year NCAA Division II Track and Field Athlete: 2006-2010; Captain 2009-2010
- 2 year NCAA Division II Cross Country Athlete: 2008-2010; Captain 2009-2010
- Cross-Country Student Athlete Mentor

## **Certifications:**

Teacher Certification in Health and Physical Education

American Red Cross-First Aid, CPR/AED & Lifeguard Certified

ACE Group Fitness Instructor Certification

In Progress: ACE Health Coach Certification