

Jason R. Eby

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OBJECTIVE

To obtain the Health and Physical Education teacher position and with a strong interest in coaching football and baseball.

CERTIFICATION

Pennsylvania K-12 Health and Physical Education teacher certification

EDUCATION

Lock Haven University, Lock Haven, PA

Fall 2005 – Spring 2010

Bachelor of Science in Education

- Major in Health and Physical Education
- Dean's List: Fall 2009 and Spring 2010

CONTINUING EDUCATION

Lock Haven University, Lock Haven, PA

Spring 2016 – Current

Master of Science in Sport Science

- Sport Administration concentration
- Current GPA 4.0
- Anticipated graduation Fall 2017

TEACHING EXPERIENCE

Tri-Valley School District, Hegins, Pennsylvania

Health and Physical Education Teacher, Tri-Valley High School

July 2015 – Current

10th Grade Health classes designed and taught:

- Health Choices and Behavior
- Stress and Stress Management
- Mental and Emotional Problems
- Human Body and Its Systems
- Nutrition
- The Reproductive System and Education
- Drug and Alcohol Education

8th Grade Health classes designed and taught:

- Health Choices and Behaviors
- Emotional Health
- Your Changing Personality
- Body Systems
- Communicable and Non-Communicable Disease
- Reproductive Education- Abstinence Based
- Nutrition
- Alcohol and Tobacco Education

10th – 12th Grade Physical Education classes planned and instructed:

- Physical Fitness Circuit Training and Weight Training
- Large Group Activities
- Strategy Games
- Floor Hockey
- Volleyball
- Lifetime Games
- Tchoukball
- Softball
- Physical Fitness Testing
- Established a Physical Education Club for the school

Spencer-Van Etten Central School District, Spencer, New York
Physical Education/Fitness Teacher, Van Etten Elementary School

September 2013 – June 2015

Created and implemented Health Education for Second through Fourth Grade

Physical Education/Fitness and Health classes instructed and designed:

- Physical Fitness Testing
- Pedometers
- Frisbee
- Throwing, Kicking, and Catching
- Loco motor Skills
- Tae Bo
- Tabata
- Workout Kid Fitness
- Winter Olympics
- Square Dancing
- Spatial Awareness
- Cooperative Games
- Strategy Games
- Dental Health
- Nutrition
- Disease Education
- Bicycle and Summer Safety
- Baseball
- Designed, scheduled, and administered a Field Day for all grade levels

Health and Physical Education Teacher, Spencer-Van Etten Central High School

September 2013 – June 2015

Health classes designed and taught:

- Health Choices and Behavior
- Emotional Health
- Your Changing Personality
- Stress and Stress Management
- Mental and Emotional Problems
- Human Body and Its Systems
- Nutrition
- The Reproductive System and Education
- Drug, Alcohol and Tobacco Education

Physical Education classes planned and instructed:

- Physical Fitness Testing
- Large Group Activities
- Strategy Games
- Floor Hockey
- Volleyball
- Lifetime Games
- Handball and Tchoukball
- Softball

Athens Area School District

Substitute Teacher, Athens Area School District, K-12th grade

October 2010 – June 2013

- Conducted lessons supplied by class teacher.
- Administered tests and quizzes when required.
- Performed duties required by the teacher.

Homebound Teacher, Athens Area High School

October 2012 – May 2013

- Assigned to tutor two students who were unable to attend school.
- Instructed Math, English, History, Business Law, Finance, Health, and Lifetime Fitness lessons.
- Oversaw all tests and quizzes for all subjects.
- Supervised the Keystone State Standardized Exams.

Physical Education Long Term Substitute, SRU Middle School**March 2012 – June 2012**

- Instructed and designed an Ultimate Frisbee unit for 6th and 7th grade students.
- Taught a track and field unit to 6th and 7th grade students.
- Planned and taught a soccer unit for 6th and 7th grade students.
- Designed and taught speed ball lessons for 6th and 7th grade students.
- Instructed and planned a lifetime games unit for 6th and 7th grade students
- Taught and planned a volleyball unit for 6th and 7th grade students.
- Designed and instructed a baseball unit for 6th and 7th grade students.
- Camp counselor for 6th grade students at Camp Brulé.
- Administrator for the Pennsylvania System of School Assessment (PSSA) test.

Jersey Shore Area School District**Student Teacher, Jersey Shore High School****March 2010 – May 2010**

Cooperating Teacher: Mr. Anthony Owens

- Designed and taught 11th grade drug education unit.
- Taught Sexual Education unit to 11th grade students.
- Designed and instructed 9th-12th grade recreational games unit.
- Planned and taught a kayaking and water fitness unit for 9th -12th grade.
- Participated in faculty and student volleyball tournament.

Loyalsock Township School District**Student Teacher, Donald E. Schick Elementary School****January 2010 – March 2010**

Cooperating Teacher: Mrs. Karen Fox

- Planned and taught a dental health unit for Kindergarten and 3rd grade.
- Designed and taught a nutrition unit for 2nd and 4th grade.
- Instructed and designed a drug education unit for 1st grade.
- Planned and instructed a disease unit for 5th grade.
- Designed and taught a soccer unit for Kindergarten and 1st grade.
- Instructed and planned a PE 2 the Max unit for 2nd and 3rd grade.
- Designed and taught a football unit for 4th and 5th grade.
- Assisted with the Lycoming County Fitness Challenge.
- Assisted with the Donald E. Schick Winter Olympics for Kindergarten through 5th grade.
- Planned and taught a basketball unit for 4th and 5th grade.

Professional Semester, Adapted Physical Education**September 2009 – December 2009**

Professor: Dr. Brett Everhart

Lock Haven University

- Planned and taught swimming and Physical Education lessons adapted for two students from Robb Elementary with autism.
- Designed and taught swimming and Physical Education lessons adapted for two students from Central Mountain High School with mild mental retardation.

RELEVANT PROFESSIONAL EXPERIENCE**Tri-Valley High School****Volunteer Assistant Varsity Football Coach****August 2015 – Current**

- Quarterback/Wide Receiver Coach
- Assistant Defensive Back Coach
- Assisted with Special Teams and Game Day Activities
- Developed and implemented strength and conditioning workouts.

Spencer-Van Etten High School**Head Junior Varsity Baseball Coach****February 2015 – June 2015**

- Game Day preparation
- Instructed all positions of the field
- Designed practices that included drills and skills to enhance performance

Head Assistant Junior Varsity Girls Basketball Coach**December 2015 – February 2015**

- Head Coach during leave of absence by the head coach
- Assisted with practice and preparation
- Instructed and implemented Offensive and Defensive strategies

Athens Area High School**Head Junior Varsity Football and Assistant Varsity Football Coach****August 2010 – December 2014**

- Quarterback Coach
- Pass Game Coordinator
- Defensive Back Coach
- Assisted with Special Teams, Wide Receivers, and Game Day Activities
- Developed and implemented strength and conditioning workouts.

Spencer-Van Etten Middle School**Head Modified Baseball Coach****March 2014 – June 2014**

- Game Day preparation
- Developed and instructed all practices
- Monitored academic progress
- Implemented team study hall

Athens Area High School**Assistant JV Baseball Coach, Athens Area High School****March 2011 – June 2012**

- Assisted with practice and games
- Coached JV outfielders and pitchers

AWARDS**Lock Haven University Swistock Family Scholarship Award Winner****2006 – 2007**

- Given to a student in good academic standing who plays football and makes an important contribution to the football program.

Lock Haven University Football team letter winner**2005 – 2009****SKILLS**

- Develop, schedule and administer activities of all types, from simple functions to multi-faceted projects.
- Create and implement intramural sports leagues and teams.
- Develop and administer programs of all types to populations of all ages, genders, and abilities.
- Certified in CPR and AED by the State of New York.
- First Aid Training and Certification from the State of New York.
- Cardiac Arrest and Concussion certification for coaching in the State of Pennsylvania.
- Currently am working to become a trained certification instructor for AED and CPR in the Pennsylvania.