

EDUCATION

West Chester University, West Chester, PA

Bachelor's Degree

- Kinesiology December, 2013
- Minor: Health
- Minor: Coaching

WORK EXPERIENCE

- Alternative Education Night School : Pottsgrove Senior High
- Boyertown Senior High School Softball Coach
- Perk Valley Middle School East Field Hockey Coach 2013-2014
- Pitching Coach/Lessons 2009-Present
- Front Desk assistant and Personal Trainer at Rascals Fitness Center Dec. 2013 – Present

STS Substitute Teaching Services

- Montgomery County School Districts
- January 2014 - Present

Substitute Teacher

- Pottsgrove and Boyertown School Districts
- Pottsgrove Adapted PE Short-Term Substitute April to June, 2014

Boyertown High School Softball Coach

- Varsity assistant, JV Head Coach
- Knowledge of skills and practices
- Assisting in the growth and development of youth

Perk Valley Middle School East: Field Hockey

- 7th and 8th grade Coach
- Knowledge of skills and practices
- Assisting in the growth and development of youth

Rascals Fitness: Pottstown

Front Desk Assistant and Personal Trainer

- Managing Day to Day Operations
- Managing Paperwork
- Member Relations
- Personal Training Sessions
- Trained in Active Trax
- Ordering/stocking Inventory

West Chester University

- West Chester University Swim instructor May 2011- Present
- West Chester University Monday
- West Chester University Softball all positions full week camp summers 2010-Present

night softball pitching clinics Sept.
2009 – Present

Planet Fitness: Pottstown

Front Desk Assistant Oct. 2008 – Dec. 2012

- Managing Day to Day Operations
- Managing Paperwork
- Stocking inventory
- American Red Cross First Aid & CPR certified
- Singing members up
- Member Relations

VOLUNTEER WORK

- Active member of PSAHPERD
- (Pennsylvania State Association for Health, Physical Education, Recreation and Dance)
- West Chester University Health and Physical Education Club
- Student Athletic Advisory Committee
- Free Pitching instruction through Pottstown Parks and Recreation

EXTRACURRICULARS AND AWARDS

- West Chester University Dean's list multiple semesters
- 4.0 Fall 2012
- 2009 Pottsgrove High School Life- time Achievement Award
- 2009 Pottstown Mercury Athlete of the Week
- Spring 2013 Pennsylvania Softball Athletic Conference Division II Pitcher of the Week
- Spring 2013 Eastern College Athletic Conference Division II Pitcher of the week

Athletic experience

2009-2013 West Chester University Division II Softball

- 2010 school record for most wins in a season
- 2010 Pennsylvania Softball Athletic Conference East Champions
- 2011 School record for most wins in a season
- 2012 tied the record for most wins in a season
- 2013 4th in Pennsylvania Softball Athletic Conference Tournament
- 2013 Appearance in NCAA Division II Regions, 4th in the region.
- 2012-13 2 year Varsity letter winner
- 1999-2013 Softball Experience

2005-2009 Softball experience

- 2006-2009 4 year Varsity High School Starter
- 2008 & 2009 Varsity Captain

1998-2009 Field Hockey experience

- 2006-2008 Varsity High School Team 3 year Varsity High School Starter
- 2008 Varsity Captain Senior MVP award