

Jonathan Edwards

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Objective: To use my experience in sport psychology and physical education to encourage and help students set, value, and achieve attainable lifelong health and fitness goals.

Education

West Chester University of Pennsylvania, West Chester, PA

May 2010

- Bachelor of Science in Health and Physical Education
- Minors: Health and Coaching

Professional Experience

Wordsworth Academy, Fort Washington, PA

September 2011-Present

Health and Physical Education Teacher, K-12

- Created a safe learning environment for over 200 students with special needs
- Adapted physical education lessons to increase student achievement
- Facilitated Emergency Safety Intervention training for all staff
- Collaborated with neighboring schools to arrange and facilitate youth basketball games
- Incorporated cross-curricular lessons within the classroom
- Developed health lessons for grades K-12
- Led daily warm-up exercises to increase flexibility and decrease risk of injury
- Displayed flexible teaching abilities to accommodate the classroom environment
- Led professional development for colleagues on assisting students in crisis
- Led professional development for colleagues on team building and group dynamics
- Selected by administration to become a certified “MANDT System” trainer (Crisis Intervention System)
- Selected by administration to assist in the development of a school wide wellness policy

Student Teaching

Owen J. Roberts High School Pottstown, PA

March 2010- May 2010

West Vincent Elementary Pottstown, PA

January 2010-March 2010

Pequea Valley High School Kinzers, PA

October 2009- December 2009

- Effectively designed lessons to meet the Pennsylvania State Standards for Physical Education
- Designed lessons that allowed maximum participation for students with disabilities
- Differentiated instruction in order to meet student needs
- Managed all classes with confidence and enthusiasm
- Developed a strong rapport with faculty and staff members

Additional Experience

Wissahickon School District Ambler, PA- Substitute Teacher

May 2010-June 2011

Sanko-Fa High Performance Sport & Performance Psychology Trinidad and Tobago 2010-2014

- Presented on team building and group dynamics for youth and Olympic level athletes and coaches
- Collaborated with sports psychologists presenters in creating a cohesive seminar
- Assisted West Chester University graduate students in developing sports camp curriculum

Certifications

- First AID Certified
- CPR and AED Certified
- MANDT System Certified

Professional Affiliations and Organizations:

- PSAHPERD (Pennsylvania State Association for Health Physical Education Recreation and Dance)
- USA Hockey Coaches Association
- Philadelphia Dragon Boat Association