**Meredith A. Cole ~ Certified School Counselor K-12**

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**EDUCATION** University of Pennsylvania, Graduate School of Education, Philadelphia, PA **Master of Science in Education, School and Mental Health Counseling  
GPA 3.94** May 2013

Rider University, Lawrenceville, NJ **Bachelor of Arts**Major**: Journalism /** Minor: **Advertising** May 2001

**STUDY ABROAD** University of Central England, Birmingham, United Kingdom Spring 1999

**PROFESSIONAL  
EXPERIENCE** Catapult Learning, Philadelphia, PA 2013 - Present  
 *St. Pio Regional Catholic School, Timothy Academy, and Visitation Catholic School*   
 **School Counselor ~ Kindergarten – Eight Grade** Solely responsible for all school counseling duties following the ASCA Guidelines in   
 three private schools throughout the Philadelphia School District

* + - * Conducts classroom guidance, individual, and small group counseling sessions to a **diverse population of students**
      * Administers, scores, and interprets learning assessments in order to establish achievement, visual-motor, and cognitive abilities, some of which includes **intellectually disabled** and **English as a Second Language** students
      * Collaborates with multidisciplinary teams monthly
      * Evaluates and refers students to **crisis response centers** for psychiatric evaluation, works with families to create understanding
      * Participates in parent-teacher conferences, some with use of an interpreter
      * Collaborates with principal, teachers, school psychologist, speech therapist, and school district personnel daily
      * Assists eight grade students in high school search and application process
      * Refers families to community resource services and assists in making contact
      * Liaison and advocate with community resources
      * Creates lessons on careers, anger management, coping skills, conflict resolution, flexibility, hygiene, bullying, time management, and feelings

Access Services 2013 - Present **Mobile Therapist - Child** Provides client and family with intensive therapeutic services in the home weekly

* Deliver therapy according to a written treatment plan and develop child’s strengths and increase the therapeutic effectiveness of the family
* Encourage child to actively take part in his or her treatment
* Subject to confidentiality limitations, collaborate with other professionals involved in the child’s everyday life

Cherokee Day Camp 2012 - Present **Senior Camp Counselor for twenty-two camp girls, eleven-fourteen years old**

* Responsible for direct supervision of Junior Camp Counselors and Counselors-in-Training and ensures the supervision of 20 plus campers at all times
* Conducts conflict resolution on a daily basis

Bucks County Intermediate Unit, Lower Bucks County, PA 2012 - 2013  
 **School Counselor Intern ~ Kindergarten – Twelfth Grade** Worked as an intern for the Bucks County Intermediate Unit’s K-12 **emotional  
 support, special education program** in five schools and eight classrooms.

* + - * De-escalated students in crisis individually through the use of Cognitive Behavioral Therapy and Solution Focused Therapy
      * Attended IEP, re-entry, restraint, and team meetings
      * Managed student caseload, monitored student progress, updated and collaborated with team
      * Counseled students with Autism and Traumatic Brain Injury
      * Developed and led multiple weekly career groups for 7th – 12th graders
      * Coordinated multiple career days for 9th – 12th graders
      * Conducted Psycho-educational, individual counseling groups

Center School, Willow Grove, PA 2011 - 2012  
**School Counseling Practicum Student ~ First – Eighth Grade**Observed and assisted in large and small group guidance and individual  
counseling in a school for children with learning disabilities.

Lower Bucks County Schools, PA 2010 - 2011  
**Substitute Teacher / Instructional Assistant ~ Kindergarten – Eighth Grade**Performed essential classroom duties as a substitute teacher or Instructional Aid, for typical students, low functioning students with autism, and multiple disabilities.

**COMMUNITY  
INVOLVEMENT** MOMS Club International, Washington Township, NJ 2006-2007  
 **Administrative Vice President** Worked with board members once a month planning enrichment and recreational   
 activities for children from infancy and provided support and community service to   
 stay at home mothers.

Bensalem Township, Valley Elementary School, Bensalem PA 2009-2015 **Kindergarten – Third Grade Volunteer**  
 • Assisted teacher with classroom activities and holidays events   
 • Chaperoned field trips throughout the year

**SKILLS, TRAININGS**  • Pennsylvania Elementary School Counselor Certified  
**& CERTIFICATIONS** • Pennsylvania Secondary School Counselor Certified   
 • Child and Adolescent Needs and Strengths (CANS) Certified  
 • Passed the National Board for Certified Counselors Exam  
 • Licensed Professional Counselor Eligible  
 • American School Counselor Association Member – June 2011 – Present  
 • Traumatic Brain Injury Training Seminar – November 2012  
 • Pennsylvania Family Support Alliance training for mandated reporters of   
 child abuse and neglect – August 2012