1215 Futurity Drive **Timothy D. Shaffer Jr.** C: (717) 578-2840

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**Objective** To obtain a teaching position as a health and physical educator with the possibility of coaching/assisting in an athletic program.

**Education Lock Haven University of Pennsylvania**

**Bachelors of Science degree in Health and Physical Education, May 2013**

Minor in Sport and Exercise Psychology

Dean’s List

**Workshop:** APL Classroom Management

* Learned multiple teaching strategies and classroom management skills

**Teaching Substitute Instructor, Grades K-12, August 2013-Present**

**Experience** Central York, West York, York Suburban, York, PA

* Substituting for multiple grade levels and multiple subject areas.
* Coordinated and implemented the teacher’s lesson plans for the day.
* Adapted the lesson when needed to meet student’s needs.
* Participated in a live intruder drill at Central York High School.

**Substitute Instructor, Grades K-12, May-June 2013**

Sugar Valley Rural Charter School, Loganton, PA

* Substituted for my previous cooperating teacher.
* Taught all of his physical education classes and outdoor education classes.
* Had to take disciplinary actions according to the schools policy on misconduct.

**Student Teacher, Grades K-12, March-May 2013**

Sugar Valley Rural Charter School, Loganton, PA

* Created and taught health and physical education lessons to all grade levels.
* Adapted lessons for physically, mentally, and socially impaired students.
* Enhanced student learning in health by incorporating hands on activities and role playing scenarios.
* Integrated several other content areas into my health and physical education lessons including problem solving, predicting outcomes, and teamwork.

**Student Teacher, Grades 9-12, January-March 2013**

Central Mountain High School, Mill Hall, PA

* Created physical education lessons and units for a variety of activities.
* Provided multiple adaptations in my lesson plans for students needing assistance.
* Conceptualized, crafted, and implemented a tournament bracket for a badminton unit.
* Administered several unit tests based on skills taught in class.
* Established a comfortable and safe learning environment to accommodate the needs of all students.

**Adapted Physical Education, Fall 2012**

Lock Haven University, Lock Haven, PA

* Spent several hours working and teaching adaptive students during my senior year.
* Created flexible lessons that were easily adapted to the needs of each student.
* Administered fitness tests to assess their flexibility, muscular strength, and speed/reaction time.
* Traveled to several schools to shadow instructors and teach multiple health and physical education classes.

**Related**  **Assistant Coach, 2010-2013**

**Experience** Central York Football Team, York, PA

- Positions coach for running backs and linebackers.

* Developed drills and taught proper technique for specific positions.
* Created and organized conditioning drills for the players to improve their fitness level.

**Head/Assistant Baseball Coach, Summers 2010-2012**

M2Sports Sports Camps, York, PA

* Instructed 6-12 year old boys and girls.
* Responsible for marketing and coordinating the baseball camp.
* Created drills and activities that were developmentally appropriate to improve fundamental skills.

**Volunteer Referee, March 2013**

Basketball Hoops for Heart Tournament, York, PA

* Refereed multiple basketball games during the tournament.
* Instructed players about the rules before, during, and after the basketball tournament.