**Theresa A. Reckner**

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**Objective** To obtain a full time position in health and physical education/ adapted physical education in k-12

**Education West Chester University Of Pennsylvania,** West Chester, PA

**Bachelor of Science in Health and Physical Education**: 2013

Minor in Adapted Physical Education and Health

**Montgomery County Community College,** Blue Bell, PA

**Liberal Studies:** 2010

**Certifications**

* **June 2013:** PA K-12 Physical Education Teaching Certification
* **June 2013:** CAPE (Certified Adapted Physical Educator)
* **Current:** American Red Cross- Standard First Aid/CPR/AED-Adult
* **Current:** American Red Cross- Certified Lifeguard
* **Current:** Special Olympics soccer coach and swimming aquatics instructor

**Teaching Experience**

**BLAIR MILL ELEMENTARY SCHOOL & HATBORO-HORSHAM HIGH SCHOOL:** Hatboro-Horsham, PA

**Student Teacher:** Spring 2013

* Created and implemented developmentally appropriate, standards-based unit and lesson plans for Health and Physical Education to grades k-5th and 9th-12th
* Incorporated differentiation in all lessons to improve all students’ skills and self-confidence at their individual developmental levels
* Created and implemented authentic assessments for all three learning domains in both Health and Physical Education as well as gave daily grades
* Communicated with teachers and paraprofessionals as well as demonstrated a professional and positive attitude

**WEST CHESTER UNIVERSITY:** West Chester, PA

**Adapted PE Program**: 2010-2013

* Provided one-on-one instruction to a first grade student with Down Syndrome inside the gymnasium and pool
* Group leader for students with disabilities: built activity skills and fitness activities in the gym, pool and communicated with parents
* Administered Test of Gross Motor Development
* Developed and implemented an Individualized Education Plan
* Implemented a variety of teaching through differentiated instruction

**Chester County Family Academy:** Fall 2011

* Prepared and taught developmentally appropriate standards-based lesson plan to second grade students
* Designed and implemented an interdisciplinary lesson plan incorporating locomotor skills
* Managed and instructed small groups, providing skill demonstration

**Honors & Awards**

* Dean’s List- College of Health Sciences, West Chester University
* Awarded a scholarship through the health science department, West Chester University

**Volunteer Work**

**Phi Epsilon Kappa service fraternity: 2010-2013**

* Participated in weekly Adopt-a-Block community clean-up, organized and managed kitchen duties at homeless shelter

**Girls On The Run: 2013**

* Organized a program at Blair Mill Elementary School to help train students to run a 5k as well as build lifetime skills

**Camp Abilities: 2010- Present**

* Led groups of blind and visually impaired students in a variety of sports and activities in PA, MD and AZ summer camps and provided human guide to the athlete

**Adapted Physical Activity Lifetime Fitness Program: 2010-2013**

* Trained individuals with disabilities ages 16-25 and worked on lifetime fitness goals and objectives for the individual

**Convention: 2011 & 2012**

* Presented Standard-Based lesson plan workshop,presented a physical education elementary interdisciplinary lesson at the (PSAHPERD) Pennsylvania State Association for Health, Physical Education, Recreation and Dance convention

**Coaching: 2010-2012**

* Organized and lead the Special Olympics swim team as the head coach at West Chester University as well as coached the Special Olympics softball team, soccer team and cross country skiing for Coatesville Child Development Center

**Buddy Walk: 2010-2012**

* Organized and participated in this walk at the West Goshen Park in West Chester, PA to raise awareness for Down Syndrome and to promote acceptance and inclusion of people with Down Syndrome

**West Chester, YMCA: 2010-2012**

* One on one instructor for their Adapted Aquatics program

**Organizations and Affiliation**

* **2010-Present:** AAHPERD (American Alliance for Health, Physical Education, Recreation and Dance)
* **2010-Present:** PSAHPERD (Pennsylvania, state, association, health, physical, education, recreation, dance)
* **2010-2013:** Phi Epsilon Kappa Honors Fraternity
* **2012:** Health and Physical Education Majors club; Secretary and member
* **2010:** Student Ally: LGBTQA (Lesbian, gay, bisexual, transgendered, queer and allied)

**Work Experience Sept. 2013- Present**

**Substitute Teacher:**

STS Substitute Teacher Service, Inc.

Chester County Intermediate Unit

North Penn School District

Lower Merion School District

Souderton School District

* Followed lesson plans left by the teacher

**Lower Merion High School: Aug. 1, 2013- Nov. 1, 2013**

* Guide Runner: Run cross county with a blind athlete

**Acme Markets** : **Sept. 2001- Present**

* Gain critical communication skills and customer service experience