**Erica Elizabeth Bechdel**

113 Ellsworth Drive Sinking Spring, PA 19608

(610)-763-0492 EricaBechdel@gmail.com

**Education**

West Chester University of Pennsylvania (December 2012)

West Chester, PA 19383

Bachelors of Science in Health and Physical Education

Cumulative GPA: 3.552

Magna Cum Laude

**Relevant Experience**

**Long Term Health and Physical Education Substitute**

**Schuylkill Valley School District** (2013-2014 school year)

Leesport, PA 19533

* Actively preparing and instructing elementary physical education and middle school aquatics classes for teacher on sabbatical
* Prepares and executes standards based lessons and assessments

**Long Term Health and Physical Education Substitute**

**Wilson Southern Middle School** (March 2013-June 2013)

Sinking Spring, PA 19608

* Diligently took over health classroom for cooperating teacher on maternity leave
* Prepared and executed standards based lessons
* Applied brain breaks into the classroom to enhance student learning

**Student Teaching**

**Shiloh Hills Elementary School** (August 2012-October 2012)

**Wilson Southern Middle School** (October 2012-December 2012)

Sinking Spring, PA 19608

* Prepared and executed standard based lessons
* Applied and implemented effective classroom management techniques
* Facilitated cognition in the classroom by implementing bilateral movements in the physical education classroom

**Coaching Experience**

* Schuylkill Valley High School varsity/jv softball assistant coach (Spring 2014)
* Governor Mifflin High School cheerleading assistant coach (Fall 2013-Winter 2014)
* Wilson High School jv softball head coach (Spring 2013)

**Professional Memberships**

* Member of the Pennsylvania State Association for Health, Physical Education, Recreation and Dance (PSAHPERD)
* American Red Cross Lifeguard
* Member of the West Chester University Softball team
* Member of Greater Reading Young Professionals