LAUREN ARBOGAST

412-523-8820 arbogastlm@gmail.com

**SUMMARY OF QUALIFICATIONS**

* Communication - Quick learner
* Time management - Self-discipline

- Leadership - Social Media and Networking

* Work ethic - Skills in Microsoft Word, Excel, PowerPoint

**EDUCATION**

Central Connecticut State University, New Britain, CT 2010- 2014

Bachelors of Arts in English, Minor in Sociology

Mt. Lebanon High School, Pittsburgh, PA 15243 2006-2010

**ACTIVITIES**

Division I Women’s Basketball player, Central Connecticut State University 2010-2014 SAAC Member (Student Athletic Advisory Committee) 2011-2014

**EXPERIENCE**

**Patient Care Coordinator, *Mckesson Patient Care Solutions*** 2015 – 2016

Communicated information to the patient/nurse

Explained all insurance guidelines based on the specific plan

Compared/described each wound care product based on the diagnosis

Explained how/when to use different wound care, urological, and ostomy products

Communicated to nurses on a daily basis to discuss different options based on patient’s diagnosis

**Women’s Basketball Director of *USSSA*** 2014 – 2015

Host and instruct clinics to improve skills

Host tournaments for teams in the New England area

Responsible for promoting events

Directs and communicates to accommodate each team’s specific needs

**Preschool Teacher, *Pride and Joy Learning Academy***  2014 – 2015

Help to develop all necessary skills for future learning and social development

Create lesson plans for each day of the week

Composes three observations for each student every week

**Assistant AAU Basketball Coach, *Glastonbury Lady Gladiators*** 2012- 2014

Developing 14-17 year old girls basketball skills

Directing practices and drills

Communicating with parents

Assist in the developing of team work

Help team members to develop accountability, responsibility, and dedication to a commitment

**COMMUNITY/VOLUNTEER**

Mt. Lebanon Girl’s Assistant Basketball Coach 2015-2016

New Britain’s Boys and Girls Club 2011-2012

*New Britain’s Urban Oaks Organic Farm* 2012

Read to Elementary School children*, New Britain and West Hartford Schools*  2013

Hoops for Homeless, New Britain, CT 2013

Day of Giving, Cleaned streets around New Britain, CT 2013

References available upon request