**Carisa Auge**

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**Objective**

My objective is to become a Health and Physical Education teacher in grades k-12. My passion is teaching; my goal being to instill the value of Health and Physical Education in the lives of students. The success of students is important to me; therefore, I would make it my goal to ensure all of my students succeed. I am an enthusiastic, outgoing, and organized person and feel I can rise to the challenge motivate my students to get excited about Health and Physical Education. I am interested in coaching and have my coaching certificate in Field Hockey.

**Education**

TempleUniversity - Philadelphia, PA: September 2007- May 2011 GPA: 3.43

Bachelor of Science in Kinesiology with a concentration in PHETE (Physical Health Education Teacher Education)

Pennsylvania Teaching Certificate – May 2011

New Jersey Teaching Certificate – October 2011

**Experience**

**Student Teaching:**

**Senior year:** Developed and implemented lesson plans for Physical Education in a K-8 elementary school as well as Health and Physical Education lessons for in a 9-12 technical high school.

Spring 2011 (Jan 18th – March 11th) – D. Newlin Fell Elementary, K-8 grade Physical Education (Philadelphia, PA)

* Implemented a Jump Rope For Heart unit as well as tennis and floor hockey lessons
* Assisted with “Heart Gram” sales and distribution to raise money for the American Heart Association

Spring 2011 (March 14th – May 6th) – BucksCountyTechnicalHigh School, 9-12 Health and Physical Education

(Fairless Hills, PA)

* Implemented core strengthening lessons including: yoga, Swiss ball, medicine ball, resistance band
* Was involved in a Wilderness class and participated on a Rock Climbing/Kayaking field trip

**Practicum Experience:**

**Senior year:**Developed adapted lessons for students in the pool including: wall walking and recovery skills

Fall 2010 - WidenerMemorialSchool, 4th grade Physical Education (Philadelphia, PA)

**Junior year:** Developed full lessons for Health and Physical education.

Spring 2010 – FeltonvilleMiddle School, 6th grade Health and Physical Education (Philadelphia, PA)

Fall 2009 – Engineering and SciencesHigh School, 9th grade Health and Physical Education (Philadelphia, PA)

**Sophomore year:**Developed mini lessons (10 minutes) to teach to elementary students in Physical

Education class.

Spring 2009 – Steel Elementary, 4th grade Physical Education (Philadelphia, PA)

Fall 2008 – Hacket Elementary, 5th grade Physical Education (Philadelphia, PA)

**Activities and Achievements**

* TempleUniversity Health and Physical Education Club Member
* Member of PennsylvaniaState Association for Health, Physical Education, Recreation, and Dance (PSAHPERD)
* Club Field Hockey for Temple University 2007-2011

**Skills and Capabilities**

I have the ability to connect with students which, I believe, is the most important quality any teacher can have. I believe it is important to integrate nontraditional activities in Physical Education to reach out to those who are not interested in sports. Obesity in children is a major problem in theUSand I will introduce new, fun and challenging activities to motivate the students to want to become more active as well as lead a healthier and more active lifestyles.

**References**

References and/or letters of recommendation available upon request.