# Objective

To obtain a secondary full time health and wellness teaching position for a school district.

# Experience

**Lehigh Valley Academy Regional Charter School**

*Experience:* August 2008-Present

9th & 10th Grade Physical Education

* Teach functional fitness and have students create functional fitness games
* Lead unit in crossfit and instruct students on how to maintain a healthy lifestyle through personal fitness

9th & 10th Grade Health Education

* Contribute to creating and teaching curriculum on family life, reproduction, healthy relationships, violence in the community
* Designing and teaching curriculum on nutrition, mental health, and substance abuse
* Teach students to how organizational skills in presenting research projects, to be critical thinkers, how to apply healthy decision making skills to their lives

11th &12th Physical Education

* Teach cooperative and adventure based activities
* Facilitate classes where students focused on personal fitness
* Created a unit where student designed and implemented peer run activities

# Education

**International Institute of Restorative Practices, Bethlehem, PA**

**West Chester University**

B.S. in Kinesiology, Minor in Health Sciences

Graduated August 2006

GPA 3.00-Dean’s List

**Student Teaching Experience**

*Downingtown Middle School, January 15, 2006-March 15, 2006*

Taught Physical Education to grades 6th and 8th

Taught Health Education to grade 7th

*Bradford Heights Elementary School, March 17, 2006-May 10, 2006*

Taught Physical Education grade K-5

# Other Responsibilities and Accomplishments

Wrote the curriculum for the High School Health and Physical Education Program, member of Health and Physical Education task force, member of Middle States Accreditation committee, plan and organize field trips, communicate with parents about student’s academics, member of Student Assistance Program, create safe and healthy learning environment for students.