

The Eisenhower Matrix:

A Productivity Tool for Task Prioritization

The Eisenhower Matrix is a productivity tool that helps you prioritize tasks based on urgency and importance. Here is how you can use it:

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1

Create Task List

Start by writing down all the tasks you need to complete in the task list section.

2

Prioritize Within Quadrants

Once tasks are categorized, prioritize them further based on their specific urgency or importance.

Eisenhower Matrix: Task Quadrants

Quadrant 1: Do It Now

Tasks that are both urgent and important. These need immediate attention.

Quadrant 2: Plan & Prioritize

Tasks that are important but not urgent. These should be scheduled and planned for.

Quadrant 3: Delegate

Tasks that are urgent but not important. These can be delegated to others.

Quadrant 4: Delete

Tasks that are neither urgent nor important. These can be eliminated to save time.

Taking Action and Reviewing

1

Take Action

Focus on completing tasks in Quadrant 1 first, then move to Quadrant 2. Delegate tasks in Quadrant 3 and eliminate tasks in Quadrant 4.

2

Review and Adjust

Regularly review and adjust your matrix to ensure it reflects your current priorities and goals.

The template is designed for a work week and labeled with each day of the week. You can also input a specific date along with the task list header. Additionally, each line features a checkbox that will strike through the text when checked.

Monday

Date:

TASK LIST

IMPORTANCE

HIGH

LOW

Do It Now

Plan & Prioritize

Delegate It

Delete It

HIGH

LOW

URGENCY

Tuesday

Date:

TASK LIST

IMPORTANCE

HIGH

Do It Now

Plan & Prioritize

LOW

Delegate It

Delete It

HIGH

LOW

URGENCY

Wednesday

Date:

TASK LIST

IMPORTANCE

HIGH

LOW

Do It Now

Plan & Prioritize

Delegate It

Delete It

HIGH

LOW

URGENCY

Thursday

Date:

TASK LIST

IMPORTANCE

HIGH

LOW

Do It Now

Plan & Prioritize

Delegate It

Delete It

HIGH

LOW

URGENCY

Friday

Date:

TASK LIST

IMPORTANCE

HIGH

LOW

Do It Now

Plan & Prioritize

Delegate It

Delete It

HIGH

LOW

URGENCY