

# ECE 8101: Nonconvex Optimization for Machine Learning

Lecture Note 2-6: Adaptive First-Order Methods

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# Outline

In this lecture:

- Key Idea of First-Order Methods with Adaptive Learning Rates
- AdaGrad, RMSProp, Adam, and AMSGrad
- Convergence Results

# Motivation

- Recall that SGD has two hyper-parameter “control knobs” for convergence performance
  - ▶ Step-size
  - ▶ Batch-size
- A significant issue in SGD and variance-reduced versions: **Tuning parameters**
  - ▶ Time-consuming, particularly for training deep neural networks
  - ▶ Thus, adaptive first-order methods have received a lot of attention  
*Bilevel Opt.*
- The most popular ones that spawn many variants:
  - ▶ AdaGrad: [Duchi et al. JMLR'11]
  - ▶ RMSProp: [Hinton, '12]
  - ▶ Adam: [Kingma & Ba, ICLR'15] (AMSGrad [Reddi et al. ICLR'18])
  - ▶ All of these methods still depend on some hyper-parameters, but they are more robust than other variants of SGD or variance-reduced methods
  - ▶ One can find PyTorch implementations of these popular adaptive first-order methods

# AdaGrad

- AdaGrad stands for “adaptive gradient.” It is the **first** algorithm aiming to remove the need for tuning the step-size in SGD:

$$\mathbf{x}_{k+1} = \mathbf{x}_k - s(\delta \mathbf{I} + \text{Diag}\{\mathbf{G}_k\})^{-\frac{1}{2}} \mathbf{g}_k,$$

where  $\mathbf{G}_k = \sum_{t=1}^k \mathbf{g}_t \mathbf{g}_t^\top$ ,  $s$  is an initial learning rate, and  $\delta > 0$  is a small value to prevent from the division by zero (typically on the order of  $10^{-8}$ )

- Entry-wise version: ( $\mathbf{a}_{k,i}$  denotes the  $i$ -th entry of  $\mathbf{a}_k$ )

$$\mathbf{x}_{k+1,i} = \mathbf{x}_{k,i} - \frac{s_k}{\sqrt{\delta + G_{k,i}}} \mathbf{g}_{k,i},$$

where  $G_{k,i} = \sum_{t=1}^k (\mathbf{g}_{t,i})^2$ . Typically,  $s_k = s, \forall k$ .

mono. ↑ as  $k \uparrow$   
 $\sum \mathbf{g}_{t,i} \cdot \text{big} \Rightarrow ss \text{ small}$   
 $\text{small} \Rightarrow ss \text{ big}$

- AdaGrad can be viewed as a special case of SGD with an adaptively scaled step-size (learning rate) for each dimension (feature).

# RMSProp

- A major limitation of AdaGrad:
  - ▶ Step-sizes could rapidly diminishing (particularly in dense settings), may get stuck in saddle points in nonconvex optimization
- RMSProp (root mean squared propagation)
  - ▶ First appeared in Hinton's Lecture 6 notes of the online course "Neural Networks for Machine Learning."
  - ▶ Motivated by RProp [Igel & Hüskens, NC'00] (resolving the issue that gradients may vary widely in magnitudes, only using the sign of the gradient)
  - ▶ Unpublished (and being famous because of this! ☺)
  - ▶ Idea: Keep an exponential moving average of squared gradient of each weight

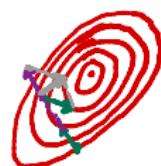
$$\mathbb{E}[\mathbf{g}_{k+1,i}^2] = \beta \mathbb{E}[\mathbf{g}_{k,i}^2] + (1 - \beta)(\nabla_i f(\mathbf{x}_k))^2, \quad \beta \in (0,1).$$
$$\mathbf{x}_{k+1,i} = \mathbf{x}_{k,i} - \frac{s_k}{(\delta + \mathbb{E}[\mathbf{g}_{k+1,i}^2])^{\frac{1}{2}}} \nabla_i f(\mathbf{x}_k).$$

## • RMSProp vs. AdaGrad

- ▶ AdaGrad: Keep a running sum of squared gradients ↔ diminishing ss.
- ▶ RMSProp: Keep an exponential moving average of squared gradients ↔ const ss.

# Adam

- Stands for adaptive momentum estimation
- Motivated by RMSProp, also aims to address the limitation of AdaGrad
- Algorithm:  $(\mathbf{g}_k \triangleq \nabla f(\mathbf{x}_k))$



*HB-momentum*

$$\begin{aligned}\mathbf{m}_{k,i} &= \beta_1 \mathbf{m}_{k-1,i} + (1 - \beta_1) \mathbf{g}_{k,i}, & \hat{\mathbf{m}}_{k,i} &= \frac{\mathbf{m}_{k,i}}{1 - (\beta_1)^k}, \\ \mathbf{v}_{k,i} &= \beta_2 \mathbf{v}_{k-1,i} + (1 - \beta_2) (\mathbf{g}_{k,i})^2, & \hat{\mathbf{v}}_{k,i} &= \frac{\mathbf{v}_{k,i}}{1 - (\beta_2)^k}, \\ \mathbf{x}_{k+1,i} &= \mathbf{x}_{k,i} - \frac{s_k}{\sqrt{\hat{\mathbf{v}}_{k,i}} + \delta} \hat{\mathbf{m}}_{k,i}, & i &= 1, \dots, d.\end{aligned}$$

- Parameters:
  - ▶  $\beta_1 \in [0, 1]$ : momentum parameter ( $\beta_1 = 0.9$  by default,  $\beta_1 = 0 \Rightarrow$  RMSProp)
  - ▶  $\beta_2 \in (0, 1)$ : exponential average parameter ( $\beta_2 = 0.999$  in the original paper)
- A flaw in convergence proof spotted by [Reddi et al. ICLR'18], leading to...

# AMSGrad

- To see the flaw of Adam (and RMSProp), consider a more generic view of adaptive methods: In each iteration  $k$ :

$$\mathbf{g}_k = \nabla f_k(\mathbf{x}_k)$$

$$\mathbf{m}_k = \phi_k(\mathbf{g}_1, \dots, \mathbf{g}_k), \text{ and } \mathbf{V}_k = \psi_k(\mathbf{g}_1, \dots, \mathbf{g}_k)$$

$$\boxed{\mathbf{x}_{k+1} = \mathbf{x}_k - s_k \mathbf{V}_k^{-\frac{1}{2}} \mathbf{m}_k}$$

- ▶ SGD:

$$s_k = s, \quad \phi_k(\mathbf{g}_1, \dots, \mathbf{g}_k) = \mathbf{g}_k, \quad \psi_k(\mathbf{g}_1, \dots, \mathbf{g}_k) = \mathbf{I}$$

- ▶ AdaGrad:

Handout.

$$s_k = s, \quad \phi_k(\mathbf{g}_1, \dots, \mathbf{g}_k) = \mathbf{g}_k, \text{ and } \psi_k(\mathbf{g}_1, \dots, \mathbf{g}_k) = \text{Diag}\left(\sum_{t=1}^k \mathbf{g}_k \circ \mathbf{g}_k\right)/k$$

- ▶ Adam ( $\beta_1 = 0$  reduces to RMSProp):

$$s_k = 1/\sqrt{k}, \quad \phi_k = (1 - \beta_1) \sum_{t=1}^k \beta_1^{k-t} \mathbf{g}_t,$$

$$\psi_k(\mathbf{g}_1, \dots, \mathbf{g}_k) = (1 - \beta_2) \text{Diag}\left(\sum_{t=1}^k \beta_2^{k-t} \mathbf{g}_t \circ \mathbf{g}_t\right).$$

# AMSGrad

- A key quantity of interest in adaptive methods:

$$\boldsymbol{\Gamma}_{k+1} = \frac{\mathbf{V}_{k+1}^{\frac{1}{2}} - \mathbf{V}_k^{\frac{1}{2}}}{s_{k+1} - s_k}$$

- ▶ Measure the change in the inverse of learning rate w.r.t. time
- ▶ Require  $\boldsymbol{\Gamma}_k \succeq 0, \forall k$ , to ensure “non-increasing” learning rates
- ▶ This is true for SGD and AdaGrad following their definitions
- ▶ However, this is not necessarily true for Adam and RMSProp
- In [Reddi et al. ICLR'18], it was shown that for any  $\beta_1, \beta_2 \in [0, 1)$  such that  $\beta_1 < \sqrt{\beta_2}$ ,  $\exists$  a stochastic convex optimization problem for which Adam does not converge to the optimal solution
- Implying that Adam needs dimension-dependent  $\beta_1$  and  $\beta_2$ , which defeats the purpose of adaptive methods due to extensive parameter tuning!

# AMSGrad

- **Idea:** Use a smaller learning rate and incorporate the intuition of slowly decaying the effect of past gradient **as long as  $\Gamma_k$  is positive semidefinite**
- **The algorithm:** In iteration  $k$ :

$$\mathbf{g}_k = \nabla f_k(\mathbf{x}_k)$$

$$\mathbf{m}_k = \beta_{1,k} \mathbf{m}_{k-1} + (1 - \beta_{1,k}) \mathbf{g}_k,$$

$$\mathbf{v}_k = \beta_2 \mathbf{v}_{k-1} + (1 - \beta_2) \mathbf{g}_k \circ \mathbf{g}_k,$$

$$\hat{\mathbf{v}}_k = \max(\hat{\mathbf{v}}_{k-1}, \mathbf{v}_k), \text{ and } \hat{\mathbf{V}}_k = \text{Diag}(\hat{\mathbf{v}}_k)$$

$$\mathbf{x}_{k+1} = \mathbf{x}_k - s_k \hat{\mathbf{V}}_k^{-\frac{1}{2}} \mathbf{m}_k$$

- Maintain the maximum of all  $\mathbf{v}_k$  until the present iteration and use the maximum to ensure **non-increasing learning rate** (i.e.,  $\Gamma_k \succeq 0, \forall k$ )

# Convergence of Adaptive First-Order Methods

- While faster convergence of adaptive methods over SGD has been widely observed, their best-known convergence rate bounds so far are the **same** (or even worse) than those of SGD
- We adopt the proof in [Défossez et al. '20] due to generality and simplicity
- A **unified formulation** used in [Défossez et al. '20] for AdaGrad and Adam ( $0 < \beta_2 \leq 1$  and  $0 \leq \beta_1 < \beta_2$ ):

$$\mathbf{m}_{k,i} = \beta_1 \mathbf{m}_{k-1,i} + \nabla_i f_k(\mathbf{x}_{k-1}),$$

$$\mathbf{v}_{k,i} = \beta_2 \mathbf{v}_{k-1,i} + (\nabla_i f_k(\mathbf{x}_{k-1}))^2,$$

$$\mathbf{x}_{k,i} = \mathbf{x}_{k-1,i} - s_k \frac{\mathbf{m}_{k,i}}{\sqrt{\delta + \mathbf{v}_{k,i}}},$$

*1st.  $\frac{1}{\beta_1}$  term  
will small then in Adam  
[e.g.,  $\beta_1 = 0.9 \approx 50$  iter.]  
b/c  $\beta_1 \rightarrow 0$*

► AdaGrad:  $\beta_1 = 0$ ,  $\beta_2 = 1$ , and  $s_k = s$

► Adam: Take  $s_k = s(1 - \beta_1) \sqrt{\frac{1 - \beta_2^k}{1 - \beta_2}}$

- 1' Drop  $1 - \beta_2$  in  $\mathbf{v}_{k,i}$
- 2' Prop  $1 - \beta_1$  in  $\mathbf{m}_{k,i}$
- 3' Add corrective term  $\sqrt{1 - \beta_2^k}$  to  $s_k$ .
- 4' Drop corrective term  $1 - \beta_1^k$

# Convergence of Adaptive First-Order Methods

- Consider a general expectation optimization problem

$$\min_{\mathbf{x} \in \mathbb{R}^d} F(\mathbf{x}) \triangleq \min_{\mathbf{x} \in \mathbb{R}^d} \mathbb{E}[f(\mathbf{x})]$$

- Notation:** For a given time horizon  $T \in \mathbb{N}$ , let  $\tau_T$  be a random index with value in  $\{0, \dots, T-1\}$  so that  $\Pr[\tau_T = j] \propto 1 - \beta_1^{T-j}$ 
  - $\beta_1 = 0$ : Sampling  $\tau_T$  uniformly in  $\{0, \dots, T-1\}$  (note: no momentum)
  - $\beta_1 > 0$ : The fast few  $\frac{1}{1-\beta_1}$  iterations are sampled relatively rarely and older iterations are sampled approximately uniformly

- Assumptions:**

- $F$  is bounded from below:  $F(\mathbf{x}) \geq F^*$ ,  $\mathbf{x} \in \mathbb{R}^d$
- $\ell_\infty$  norm of stochastic gradients is uniformly bounded almost surely:  $\exists \epsilon > 0$  s.t.  $\|\nabla f(\mathbf{x})\|_\infty \leq R - \sqrt{\epsilon}$  a.s.
- $L$ -smoothness:  $\|\nabla F(\mathbf{x}) - F(\mathbf{y})\|_2 \leq L\|\mathbf{x} - \mathbf{y}\|_2$ ,  $\forall \mathbf{x}, \mathbf{y} \in \mathbb{R}^d$

# Convergence of Adaptive First-Order Methods

Adam

= AdaGrad.

## Theorem 1 (~~AdaGrad~~ w/o Momentum)

Let the iterates  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 = 1$ ,  $s_k = s > 0$ , and  $\beta_1 = 0$ . Then for any  $T \in \mathbb{N}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R \frac{F(\mathbf{x}_0) - F^*}{s\sqrt{T}} + \frac{1}{\sqrt{T}} (4dR^2 + sdRL) \ln \left( 1 + \frac{TR^2}{\epsilon} \right).$$

## Theorem 2 (Adam w/o Momentum (RMSProp))

Let the iterates  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 \in (0, 1)$ ,  $s_k = s\sqrt{\frac{1-\beta_2^k}{1-\beta_2}}$  with  $s > 0$ , and  $\beta_1 = 0$ . Then for any  $T \in \mathbb{N}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R \frac{F(\mathbf{x}_0) - F^*}{sT} + C \left( \underbrace{\frac{1}{T} \ln \left( 1 + \frac{R^2}{(1-\beta_2)\epsilon} \right)}_{\text{"+ "}} - \ln(\beta_2) \right),$$

where constant  $C \triangleq \frac{4dR^2}{\sqrt{1-\beta_2}} + \frac{sdRL}{1-\beta_2}$ .

Adam

= Adam

### Theorem 1 (AdaGrad w/o Momentum)

Let the iterates  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 = 1$ ,  $s_k = s > 0$ , and  $\beta_1 = 0$ . Then for any  $T \in \mathbb{N}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R \frac{F(\mathbf{x}_0) - F^*}{s\sqrt{T}} + \frac{1}{\sqrt{T}} (4dR^2 + sdRL) \ln \left( 1 + \frac{TR^2}{\epsilon} \right).$$

$= O(\frac{1}{T})$

$\tilde{O}(\frac{1}{\sqrt{T}})$

### Theorem 2 (Adam w/o Momentum (RMSProp))

Let the iterates  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 \in (0, 1)$ ,  $s_k = s\sqrt{\frac{1-\beta_2^k}{1-\beta_2}}$  with  $s > 0$ , and  $\beta_1 = 0$ . Then for any  $T \in \mathbb{N}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R \frac{F(\mathbf{x}_0) - F^*}{sT} + C \left( \frac{1}{T} \ln \left( 1 + \frac{R^2}{(1-\beta_2)\epsilon} \right) - \underbrace{\ln(\beta_2)}_{+} \right),$$

where constant  $C \triangleq \frac{4dR^2}{\sqrt{1-\beta_2}} + \frac{sdRL}{1-\beta_2}$ .

$= O(\frac{1}{T})$

Proof. Step 1: Establish correlation bnd btwn adaptive dir and true grad dir., s.t. ensure enough descent.  
Step 2: start some "descent lemma",  $\Rightarrow$  bnd per-iter descent  $\Rightarrow$  telescoping  $\Rightarrow$  bnd  $\|\nabla F(\mathbf{x}_T)\|$ .

Lemma (Adaptive update is approx descent dir):

For  $k \in \mathbb{N}$  and  $i \in [d] = \{1, \dots, d\}$ , we have:

$$\mathbb{E}_{k-1} \left[ \nabla_i f_k(\mathbf{x}_{k-1}) \cdot \frac{\nabla_i f_k(\mathbf{x}_{k-1})}{\sqrt{\delta + v_{k,i}}} \right] \geq \frac{(\nabla_i f_k(\mathbf{x}_{k-1}))^2}{2\sqrt{\delta + \tilde{v}_{k,i}}} - 2R \mathbb{E}_{k-1} \left[ \frac{(\nabla_i f_k(\mathbf{x}_{k-1}))^2}{\delta + v_{k,i}} \right]$$

where:  $v_{k,i} = \beta_2 v_{k-1,i} + (\nabla_i f_k(\mathbf{x}_{k-1}))^2$

$$\mathbf{x}_{k,i} = \mathbf{x}_{k-1,i} - s_k \frac{\nabla_i f_k(\mathbf{x}_{k-1})}{\sqrt{\delta + v_{k,i}}} = \mathbf{x}_{k-1,i} + \mathbb{E}_{k-1} \left[ \frac{\nabla_i f_k(\mathbf{x}_{k-1})}{\sqrt{\delta + v_{k,i}}} \right]$$

$$\tilde{v}_{k,i} \triangleq \mathbb{E}_{k-1} [v_{k,i}] = \beta_2 v_{k-1,i} + \mathbb{E}_{k-1} [(\nabla_i f_k(\mathbf{x}_{k-1}))^2]$$

$$\begin{aligned} \mathbb{E}_{k-1} [\cdot] &\triangleq \\ \mathbb{E} [\cdot | f_1, \dots, f_{k-1}] \end{aligned}$$

For notation simplicity, let  $G \triangleq \mathbb{E}_k[f_k(x_{k+1})]$ ,  $g \triangleq \mathbb{E}_k[f_k(x_{k+1})]$ .

$$v \triangleq \mathbb{E}_{k,i} v_{k,i}, \quad \tilde{v} = \tilde{v}_{k,i}, \quad \forall k,i.$$

$$\mathbb{E}_{k+1} \left[ \frac{Gg}{\sqrt{\delta+v}} \right] \stackrel{\text{add const}}{=} \underbrace{\mathbb{E}_{k+1} \left[ \frac{Gg}{\sqrt{\delta+\tilde{v}}} \right]}_A + \underbrace{\mathbb{E}_{k+1} \left[ \frac{Gg}{\sqrt{\delta+v}} - \frac{Gg}{\sqrt{\delta+\tilde{v}}} \right]}_B. \quad (0)$$

Note that  $g$  and  $\tilde{v}$  are indep give  $f_k(x_k) \cdots f_{k+1}(x_{k+1})$ .

$$A = \mathbb{E}_{k+1} \left[ \frac{Gg}{\sqrt{\delta+\tilde{v}}} \right] = G \mathbb{E}_{k+1}[g] \mathbb{E}_{k+1} \left[ \frac{1}{\sqrt{\delta+\tilde{v}}} \right] = \frac{G^2}{\sqrt{\delta+\tilde{v}}} \quad (1).$$

Next, to bnd  $B$ , we have:  $\rightarrow \tilde{v} - v$ .

$$B = Gg \frac{\sqrt{\delta+\tilde{v}} - \sqrt{\delta+v}}{\sqrt{\delta+v} \sqrt{\delta+\tilde{v}}} \frac{(\sqrt{\delta+\tilde{v}} + \sqrt{\delta+v})}{(\sqrt{\delta+\tilde{v}} + \sqrt{\delta+v})}$$

$$= Gg \frac{\mathbb{E}_{k+1}[g^2] - g^2}{\sqrt{\delta+\tilde{v}} \sqrt{\delta+v} (\sqrt{\delta+v} + \sqrt{\delta+\tilde{v}})} \quad |a-b| \leq |a| + |b|.$$

$$\text{So, } |B| \leq \underbrace{|Gg| \frac{\mathbb{E}_{k+1}[g^2]}{\sqrt{\delta+v} (\delta+\tilde{v})}}_C + \underbrace{|Gg| \frac{\mathbb{E}_{k+1}[g^2]}{\sqrt{\delta+\tilde{v}} (\delta+v)}}_D$$

$$\text{For } C: \quad \stackrel{\text{Young's Ineq.}}{\leq} \frac{G^2}{4\sqrt{\delta+\tilde{v}}} + \frac{g^2 \mathbb{E}_{k+1}[g^2]^2}{(\delta+\tilde{v})^{3/2} (\delta+v)}$$

$$\begin{aligned} ab &\leq \frac{1}{2} a^2 + \frac{b^2}{2} \\ \lambda &= \frac{\sqrt{\delta+\tilde{v}}}{2}, \quad a = \frac{|Gg|}{\sqrt{\delta+\tilde{v}}} \\ b &= \frac{(g^2 \mathbb{E}_{k+1}[g^2])^2}{\sqrt{\delta+\tilde{v}} \sqrt{\delta+v}} \end{aligned}$$

Take cond. expectation & noting  $\delta+\tilde{v} \geq \mathbb{E}_{k+1}[g^2]$

$$\mathbb{E}_{k+1}[C] \leq \frac{G^2}{4\sqrt{\delta+\tilde{v}}} + \underbrace{\frac{\mathbb{E}_{k+1}[g^2]}{\sqrt{\delta+\tilde{v}}}}_{\leq R} \cdot \underbrace{\frac{\mathbb{E}_{k+1}[g^2]}{\delta+\tilde{v}}}_{\leq 1} \cdot \mathbb{E}_{k+1} \left[ \frac{g^2}{\delta+v} \right]$$

Also,  $\sqrt{\mathbb{E}_{k_1}[g^2]} \leq \sqrt{\delta+\gamma}$ , and  $\sqrt{\mathbb{E}_{k_1}[g^2]} \leq R$ .

$$\text{we have: } \mathbb{E}_{k_1}[C] \leq \frac{G^2}{4\sqrt{\delta+\gamma}} + R \mathbb{E}_{k_1}\left[\frac{g^2}{\delta+\gamma}\right]. \quad (2)$$

2' For D:

$$D \leq \frac{G^2}{4\sqrt{\delta+\gamma}} \cdot \frac{g^2}{\mathbb{E}_{k_1}[g^2]} + \frac{\mathbb{E}_{k_1}[g^2]}{\sqrt{\delta+\gamma}} \cdot \frac{g^2}{(\delta+\gamma)^2}$$

Youngs Ineq

$$\left. \begin{aligned} a &= \frac{\sqrt{\delta+\gamma}}{2\mathbb{E}_{k_1}[g^2]} \\ a &= \frac{|Gg|}{\sqrt{\delta+\gamma}} \\ b &= \frac{g^2}{\delta+\gamma} \end{aligned} \right\}$$

Taking cond expectation, and noting  $\delta+\gamma \geq g^2$ , we have

$$\mathbb{E}_{k_1}[D] \leq \frac{G^2}{4\sqrt{\delta+\gamma}} + \frac{\mathbb{E}_{k_1}[g^2]}{\sqrt{\delta+\gamma}} \cdot \mathbb{E}_{k_1}\left[\frac{g^2}{\delta+\gamma}\right]$$

Using the same argument as in (2), we have:

$$\mathbb{E}_{k_1}[D] \leq \frac{G^2}{4\sqrt{\delta+\gamma}} + R \mathbb{E}_{k_1}\left[\frac{g^2}{\delta+\gamma}\right] \quad (3)$$

Adding (2) and (3) yields:

$$\mathbb{E}_{k_1}[|B|] \leq \frac{G^2}{2\sqrt{\delta+\gamma}} + 2R \mathbb{E}_{k_1}\left[\frac{g^2}{\delta+\gamma}\right] - \quad (4)$$

$B \geq -\left[\cdot \downarrow -\right] \quad (5)$

Plugging (5) and (1) into (0): ↓

$$\mathbb{E}_{k_1}\left[\frac{Gg}{\sqrt{\delta+\gamma}}\right] = \frac{G^2}{\sqrt{\delta+\gamma}} + \mathbb{E}_{k_1}[B] \geq \frac{G^2}{\sqrt{\delta+\gamma}} - 2R \mathbb{E}_{k_1}\left[\frac{g^2}{\delta+\gamma}\right]. \quad \blacksquare$$

Proof of Thm 1 (Adagrad).

Since  $F(\cdot)$  is  $L$ -smooth, from descent lemma:

$$F(\underline{x}_k) \leq F(\underline{x}_{k-1}) - s \nabla F(\underline{x}_{k-1})^T \underline{u}_{k-1} + \frac{s^2 L}{2} \|\underline{u}_{k-1}\|^2$$

$\frac{\nabla f(\underline{x}_k)}{\sqrt{\delta + \hat{v}}}$

Take cond. exp w.r.t.  $f_0(\underline{x}_0), \dots, f_{k-1}(\underline{x}_{k-1})$ , and applying Lemma 1.

$$\mathbb{E}_{k-1}[F(\underline{x}_k)] \stackrel{\text{Lemma 1}}{\leq} F(\underline{x}_{k-1}) - s \nabla F(\underline{x}_{k-1})^T \begin{bmatrix} \vdots \\ \frac{\nabla_i F_i(\underline{x}_{k-1})}{2\sqrt{\delta + \hat{v}_{k-1,i}}} \\ \vdots \end{bmatrix} + \left(2sR + \frac{s^2 L}{2}\right) \mathbb{E}_{k-1}[\|\underline{u}_{k-1}\|] \quad (5)$$

Since the a.s.  $\ell_\infty$  bound on grad (Assup), we have

$$\sqrt{\delta + \hat{v}_{k-1,i}} \leq \sqrt{\delta + R^2 \cdot (k-1)} \leq R\sqrt{k}$$

"p̄v + g(.)"

$$\text{Thus } \frac{1}{2} s \nabla_i F_i(\underline{x}_k) u_{k-1,i} = \frac{(\nabla_i F_i(\underline{x}_{k-1}))^2}{2\sqrt{\delta + \hat{v}_{k-1,i}}} \geq \frac{s (\nabla_i F_i(\underline{x}_{k-1}))^2}{2R\sqrt{k}} \quad (6)$$

Plugging (6) into (5), we have:

$$\mathbb{E}_{k-1}[F(\underline{x}_k)] \leq F(\underline{x}_{k-1}) - \frac{s}{2R\sqrt{k}} \|\nabla F(\underline{x}_{k-1})\|^2 + \left(2sR + \frac{s^2 L}{2}\right) \mathbb{E}_{k-1}[\|\underline{u}_{k-1}\|]$$

Summing this ineq. for all  $k \in [T]$ , taking full expectation and using  $\sqrt{k} \leq \sqrt{T}$ , we have:

$$\mathbb{E}[F(\underline{x}_T)] \leq F(\underline{x}_0) - \frac{s}{2R\sqrt{T}} \sum_{k=0}^{T-1} \mathbb{E}[\|\nabla F(\underline{x}_k)\|^2] + \left(2sR + \frac{s^2 L}{2}\right) \sum_{k=0}^{T-1} \mathbb{E}[\|\underline{u}_{k-1}\|]$$

To analyze  $(\Delta)$ , we first prove the following:

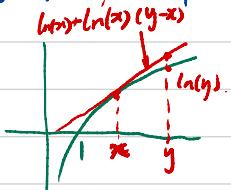
Lemma 2 (Sum of ratios w/ denominator take from history):

Suppose  $0 < \beta_2 \leq 1$ . Consider a non-neg. seq.  $\{a_t\}$ . Let

$$b_k \triangleq \sum_{t=1}^{k-t} \beta_2^{k-t} a_t. \text{ We have } \sum_{t=1}^T \frac{a_t}{\delta + b_t} \leq \ln\left(1 + \frac{\beta_2}{\delta}\right) - T \ln(\beta_2).$$

Proof. Since  $\ln(\cdot)$  is concave, we have

$$\ln(y) \leq \ln(x) + \ln'(x)(y-x) = \ln(x) + \frac{y-x}{x}.$$



$$\Rightarrow \frac{y-x}{x} \leq \ln(x) - \ln(y).$$

Take  $x = \delta + b_t$ ,  $y = \delta + b_t - a_t$ . Then, we have:

$$\frac{a_t}{\delta + b_t} = \frac{(\delta + b_t) - (\delta + b_t - a_t)}{\delta + b_t} \leq \ln(\delta + b_t) - \ln(\delta + b_t - a_t).$$

$$\begin{aligned} \text{def.} \\ \text{of } b_t \\ \frac{a_t}{\delta + b_t} &= \ln(\delta + b_t) - \ln(\delta + \beta_2 b_{t-1}) = \ln\left(\frac{\delta + b_t}{\delta + b_{t-1}}\right) - \ln\left(\frac{\delta + b_{t-1}}{\delta + \beta_2 b_{t-1}}\right) \\ &\quad \pm \ln(\delta + b_{t-1}) \end{aligned} \approx -\ln \beta_2.$$

Bounding last term  $(\Delta)$  in RHS using Lemma 2. for each dimension and rearranging terms. arrives at the final result.  $\blacksquare$

Proof of Thm 2 (Adam w/o Momentum, a.k.a RMSProp).

Recall  $s_k = s \sqrt{\frac{1-\beta_2^k}{1-\beta_2}}$  for some  $s > 0$ . From L-smoothness & descent lemma:

$$F(\bar{x}_k) \leq F(\bar{x}_{k-1}) - s_k \nabla F(\bar{x}_{k-1})^T \bar{u}_{k-1} + \frac{s_k^2 L}{2} \|\bar{u}_{k-1}\|^2 \quad (7).$$

From a.s.  $\ell_\infty$  bound on grad assumption:

$$\sqrt{\delta + \tilde{v}_{k+1,i}} \leq R \sqrt{\sum_{t=0}^{T-1} \beta_2^t} = R \sqrt{\frac{1-\beta_2^T}{1-\beta_2}}.$$

$$\text{Thus, } s_k \frac{(\nabla_i F(\bar{x}_{k-1}))^2}{2\sqrt{\delta + \tilde{v}_{k+1,i}}} \geq \frac{s (\nabla_i F(\bar{x}_{k-1}))^2}{2R}. \quad (8).$$

Taking cond. expectation w.r.t.  $f_0(\bar{x}_0), \dots, f_{k-1}(\bar{x}_{k-1})$  on both sides of (7), applying Lemma 1. and (8):

$$\mathbb{E}_{k+1}[F(\bar{x}_k)] \leq F(\bar{x}_{k-1}) - \frac{s}{2R} \|\nabla F(\bar{x}_{k-1})\|^2 + \left(2s_k R + \frac{s_k^2 L}{2}\right) \mathbb{E}_{k+1}[\|\bar{u}_{k-1}\|^2].$$

Note that  $s_k = s \sqrt{\frac{1-\beta_2^k}{1-\beta_2}} \leq \frac{s}{\sqrt{1-\beta_2}}$ . Summing the steps above and taking full expectation:

$$\mathbb{E}[F(\bar{x}_T)] \leq F(\bar{x}_0) - \frac{s}{2R} \sum_{k=0}^{T-1} \mathbb{E}[\|\nabla F(\bar{x}_k)\|_2^2] + \left(\frac{2sR}{\sqrt{1-\beta_2}} + \frac{s^2 L}{2(1-\beta_2)}\right) \sum_{k=0}^{T-1} \mathbb{E}[\|\bar{u}_{k-1}\|^2]$$

Applying Lemma 2. and rearranging arrive at the stated result. 

# Convergence of Adaptive First-Order Methods

## Theorem 3 (AdaGrad w/ Momentum)

Let the iterates  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 = 1$ ,  $s_k = s > 0$ , and  $\beta_1 \in (0, 1)$ . Then for any  $T \in \mathbb{N}$  such that  $T > \frac{\beta_1}{1-\beta_1}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R\sqrt{T} \frac{F(\mathbf{x}_0) - F^*}{s\tilde{T}} + \frac{\sqrt{T}}{\tilde{T}} C \ln \left( 1 + \frac{TR^2}{\epsilon} \right).$$

where  $\tilde{T} = T - \frac{\beta_1}{1-\beta_1}$  and  $C = sdRL + \frac{12dR^2}{1-\beta_1} + \frac{2s^2dL^2\beta_1}{1-\beta_1}$ .

## Theorem 4 (Adam w/ Momentum)

Let  $\{\mathbf{x}_k\}$  be generated with  $\beta_2 \in (0, 1)$ ,  $\beta_1 \in [0, \beta_2)$ , and  $s_k = s(1 - \beta_1)\sqrt{\frac{1-\beta_2^k}{1-\beta_2}}$  with  $s > 0$ . Then for any  $T \in \mathbb{N}$  such that  $T > \frac{\beta_1}{1-\beta_1}$ , we have:

$$\mathbb{E}[\|\nabla F(\mathbf{x}_{\tau_T})\|^2] \leq 2R \frac{F(\mathbf{x}_0) - F^*}{sT} + C \left( \underbrace{\frac{1}{T} \ln \left( 1 + \frac{R^2}{(1-\beta_2)\epsilon} \right)}_{\text{=OK}} - \ln(\beta_2) \right),$$

where  $\tilde{T} = T - \frac{\beta_1}{1-\beta_1}$  and  $C = \frac{sdRL(1-\beta_1)}{(1-\frac{\beta_1}{\beta_2})(1-\beta_2)} + \frac{12dR^2\sqrt{1-\beta_1}}{(1-\frac{\beta_1}{\beta_2})^{3/2}\sqrt{1-\beta_2}} + \frac{2s^2dL^2\beta_1}{(1-\frac{\beta_1}{\beta_2})(1-\beta_2)^{3/2}}$ .

# Theoretical Understanding of Adaptive Methods

- Pros:

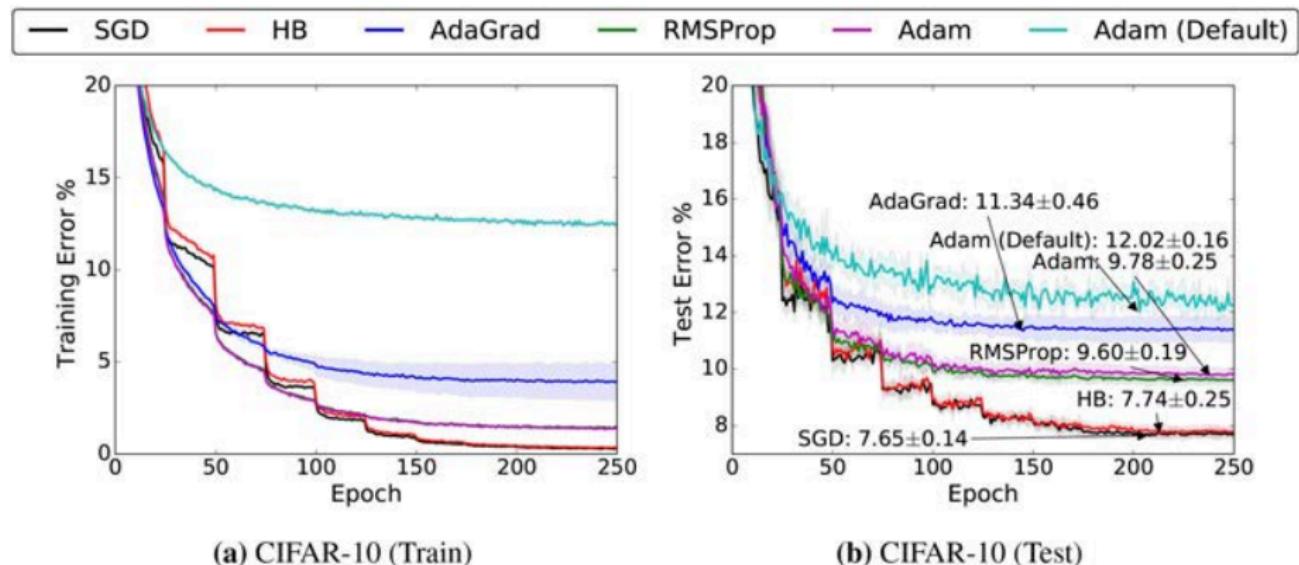
- ▶ [Zhang et al. NeurIPS'20]: Adam performs better than SGD when stochastic gradients are heavy-tailed since Adam does an “adaptive gradient clipping”
- ▶ [Zhang et al. NeurIPS'20]: Also shows that SGD can fail to converge under heavy-tailed situations, while clipped-SGD can.
- ▶ [Goodfellow & Bengio, '16]: Clipped-SGD works better than SGD in vicinity of extremely steep cliffs
- ▶ [Zhang et al. ICML'20]: Clipped-GD converges without  $L$ -smoothness (with rate  $\epsilon^{-2}$  while GD may converge arbitrarily slower)

- Cons:

- ▶ [Wilson et al. NeurIPS'17]: While converging faster in general, adaptive first-order methods does **not** have good test error and generalization performances in the **over-parameterized** regime. Adaptive methods often generalize significantly worse than SGD. So one may need to reconsider the use of adaptive methods to train deep neural networks

# Limitations of Adaptive Methods

- [Wilson et al. NeurIPS'17]: VGG+BN+Dropout network for CIFAR-10



## Next Class

### Federated and Decentralized Optimization