# This is Heading1 Text

This is a regular paragraph with the default style of Normal. This is a regular paragraph with the default style of Normal. This is a regular paragraph with the default style of Normal. This is a regular paragraph with the default style of Normal. This is a regular paragraph with the default style of Normal.

This is a Defined Block Style Called BlockStyleTest

This is more Normal text.

## This is Heading 2 text

This is more Normal text. **This is bold,** *this is italic*, ***and this is bold italic***. This is normal. This is in a defined inline style called InlineStyle. This is normal. This is red text. This is normal.

This block is centered.

This is left-aligned.

* First item of bulleted list.
* Second item of bulleted list.

Second paragraph of second item of bulleted list.

* Third item of bulleted list.
  + First item of third item’s nested list
  + Second item of third item’s nested list
* Fourth and final item of main bulleted list.

This is Normal text.

1. First item of numbered list.
2. Second item of numbered list.

Second paragraph of second item of numbered list.

1. Third item of numbered list.

Here is a BMP picture:



Here is a table:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | New York | | Boston | Detroit |
| Baseball | Mets | Yankees | Red Sox | Tigers |
| Hockey | Rangers | Islanders | Bruins | Red Wings |
| Football | Giants | Jets ads ads asd asdads as | Patriots | Lions |

Here is an embedded Excel spreadsheet:

This concludes our test.