

****Julie Brown (JB):**** Good afternoon, this is Julie Brown from Hammersmith and Fulham Council. I'm calling to conduct a social care assessment with you, John Smith. May I have your full name, date of birth, and contact information, please?

****John Smith (JS):**** Hello, my name is John Smith, and my date of birth is 20/03/1952. You can reach me at 07836475825.

****JB:**** Thank you, John. Do you have any communication preferences or specific requirements we should be aware of when conducting this assessment?

****JS:**** I don't have any specific communication preferences. I'm comfortable with this phone call.

****JB:**** Great, thank you. Now, let's move on to the questions related to your current living situation. Where do you currently live, John?

****JS:**** I'm currently living in my own home in Hammersmith and Fulham.

****JB:**** Are you living alone, or do you have family or friends living with you, or are you in a care facility?

****JS:**** I'm living alone.

****JB:**** How do you feel about your current living situation?

****JS:**** I feel quite comfortable in my home, but I could use some assistance with certain tasks.

****JB:**** Thank you for sharing that. Moving on to your health and wellbeing, do you have any health conditions or disabilities that you would like to tell us about?

****JS:**** Yes, I have some health conditions, Julie. I have diabetes and high blood pressure.

****JB:**** Are you taking any medications or receiving medical treatments for these conditions?

****JS:**** Yes, I'm taking medication and seeing a doctor regularly for my diabetes and high blood pressure.

****JB:**** How do these conditions affect your daily life and independence?

****JS:**** Well, they do make some tasks a bit challenging, especially with mobility and personal care.

****JB:**** Understood. Speaking of mobility, can you move around your home safely and independently?

****JS:**** I can manage within my home, but I need a mobility aid when going outside.

****JB:**** Do you need any mobility aids or adaptations in your home to make it safer or more accessible?

****JS:**** I think having some handrails and a ramp at the front door would be helpful.

****JB:**** Are there any barriers to accessing the community or local services related to your mobility?

****JS:**** Not really, the community and services are quite accessible for me.

****JB:**** That's good to hear. How about personal care? Can you carry out tasks like bathing, dressing, and grooming independently?

****JS:**** I can manage most personal care tasks, but I do need some assistance, particularly with dressing.

****JB:**** Are there any specific cultural or religious preferences related to personal care that we should be aware of?

****JS:**** No, I don't have any specific preferences in that regard.

****JB:**** Alright, let's talk about household tasks. Are you able to manage tasks like cooking, cleaning, and shopping independently?

****JS:**** I can still do some of these tasks, but I struggle with cooking and heavy cleaning.

****JB:**** Do you need any help or adaptations to maintain your home?

****JS:**** Yes, having some assistance with cooking and house cleaning would be very helpful.

****JB:**** Moving on to social and emotional wellbeing, how do you maintain social connections and relationships with family and friends?

****JS:**** I stay in touch with family through phone calls, and I have a few close friends who visit occasionally.

****JB:**** Do you experience any feelings of loneliness or isolation?

****JS:**** Sometimes, especially when my friends can't visit regularly.

****JB:**** Are there any mental health concerns or emotional support needs we should be aware of?

****JS:**** Not at the moment, but I appreciate the concern.