

KEVIN ROSALES

Hi Angela,

I'm Kevin and I will try to fix your's problem with tips.

First of all it is very important to test eye sight, maybe you should take glasses in front of your computer. In my opinion, you shouldn't waste too much time on the computer also you should check you room light. I advice you to do a break every hour for your health.

Finally, I think the best thing for you to do is taking into account your parents' advice.