

Employee Green, Roger J

Physicals

+ New Physical

Print Options ▾

Physical Date 1/18/2015 

◀ 2/3 ▶

Purpose of Exam pre-placement category I ▾

Data Gathering; Review Data; Head to Toe; CPRP Surety; Summary

+ Data Gathering

+ Data Review

+ Head to Toe

+ CPRP Surety

+ Summary

Employee Green, Roger J

Physicals

+ New Physical

 Print Options ▾

Physical Date 2/24/2016 

◀ 1/3 ▶

Purpose of Exam pre-placement category I ▾

Paramedic: Smith, Jane CMA: Johnson, Jack Medical Director

+ Data Gathering

+ Data Review

+ Head to Toe

+ CPRP Surety

+ Summary


Employee Green, Roger J

Physicals

+ New Physical

 Print Options ▾

Phisical Date

2/24/2016 

 ◀ 1/3 ▶ Purpose of Exam

pre-placement category I ▾

Paramedic: Smith, Jane CMA: Johnson, Jack Medical Director

— Data Gathering

BMI

*Multiply your weight in pounds times 703. Then divide that number by your height in inches squared.

Below 18.5 you are underweight.
18.5-24.9 you are a normal weight.
25-29.9 you are overweight.
30 or above you are obese.

Vital Signs Phase 1&2

Blood Pressure 1	120	80
Blood Pressure 2	115	50
Pulse	88	
Pulse Ox %	97	
Temperature	98.6	
Respiration	16	
Weight in lbs	170	
Height in Inches	67	

BMI	26.6
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- ☒ Lab Draw
- ☒ Hearing Test
- ☒ Titmus Exam
- ☒ Spirometry
- ☒ EKG

Vital Signs Phase 3

Blood Pressure 1	120	80
Blood Pressure 2	115	50
Pulse	88	
Pulse Ox %	97	
Temperature	98.6	
Respiration	16	
Weight in lbs	170	

Spirometry Effort

Good effort

Save

Vision Distance

Uncorrected			Corrected		
Both	20 /	50	Both	20 /	20
Left	20 /	70	Left	20 /	20
Right	20 /	70	Right	20 /	20

Vision Near

Uncorrected			Corrected		
Both	20 /	50	Both	20 /	20
Left	20 /	70	Left	20 /	20
Right	20 /	70	Right	20 /	20

+ Data Review

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— Data Review

Limitation Comments

Medical Limitations have no impact at this time.

Medication Comments

Discuss anything about current medication. Do not repeat list. The list will print on final report.

Allergies Comment

Seasonal allergies, usually late summer, early fall to ragweed pollen; no medication allergies.

Recommendation/Referrals

- 1-memo from head to toe section
- 2-recommendation from surety section
- 3-recommending a smile
- 4-or a frown
- 5-and a bigger smile

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BMI 26.6

Forms Reviewed and updated if needed

- ☒ Report of Medical Hx 10/10/2015
- ☒ Supplemental Occupational Health & Medical Hx 10/10/2015
- ☒ OSHA Respirator Questionnaire 10/10/2015

Optical Inserts

- ☒ M40 ☒ M40 Escape ☒ Industrial ☒ SCBA 9/9/2015

Labs

- ☒ Labs Reviewed Lab Date 9/9/2015

CBC: WBC 7100, Hgb 13.9, Hct 45
Fasting Blood sugar: 109 mg%
HgBA1C: 7.1% (from PCM)
Urine for albumin/creatinine ratio: 20 ug
albumin/mg creatinine (from PCM)

Spirometry

- ☒ Labs Reviewed ☒ N/A PFT Date 9/9/2015

Results of PFT Normal ▾

Spirometry Acceptable (at least 3) Yes No

Spirometry Repeatable Yes No

Audiometry

- ☒ Hearing ☒ HCP Hearing Date 9/9/2015

No significant hearing loss ▾

- ☒ Medication List 10/10/2015
- ☒ Sleep Apnea Questionnaire 10/10/2015
- ☒ Beck's Depression Index 10/10/2015
- ☒ OASIS Anxiety Questionnaire 10/10/2015

Cardiovascular

- ☒ EKG interpretation Last EKG 9/9/2015

Normal rate and rhythm ▾ Work Load in Mets

Can Employee do Mets Safely Yes No

Do they Need Test Yes No

Do they Have Test Yes No

Radiology

- CXR Interpretation Last CXR 6/9/2015

No apparent abnormalities

+ Head to Toe

+ CPRP Surety

+ Summary

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— Head to Toe

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Head, Face, Neck & Scalp

Normal

Ab-Normal

NE

Nose

Normal

Ab-Normal

NE

Sinuses

Normal

Ab-Normal

NE

Mouth & Throat

Normal

Ab-Normal

NE

Ears-General

Normal

Ab-Normal

NE

Drum (Perforation)

Normal

Ab-Normal

NE

Eyes-General

Normal

Ab-Normal

NE

Ophthalmoscopic

Normal

Ab-Normal

NE

Pupils (Indicat Size and Reactivity)

Pupil dilated Left

7

Pupil dilated Right

7

Pupil Constricted Left

3

Pupil Constricted Right

3

Heart (Thrust size, rhythm, sounds)

Normal

Ab-Normal

NE

Lungs & Chest (Include Breast)

Normal

Ab-Normal

NE

Vascular system (Varicosities, etc.)

Normal

Ab-Normal

NE

Abdomen and viscera

Normal

Ab-Normal

NE

Hernia

Normal

Ab-Normal

NE

Upper Extremities

Normal

Ab-Normal

NE

Lower Extremities (Except feet)

Normal

Ab-Normal

NE

Feet

Normal

Ab-Normal

NE

Spine, Other Musculoskeletal

Normal

Ab-Normal

NE

Skin

Normal

Ab-Normal

NE

Neurologic

Normal

Ab-Normal

NE

Psychiatric (Specify & personality deviation)

Normal

Ab-Normal

NE

Endocrine

Normal

Ab-Normal

NE

Other/General

Normal

Ab-Normal

NE

Head to Toe Memo

General Appearance: Well-appearing. ° Alert. ° Oriented to time, place, and person. ° In no acute distress.

Head: Appearance: ° Head normocephalic.

Neck: Palpation: ° No tenderness of the neck. Suppleness: ° Neck demonstrated no decrease in suppleness.

Cervical Mass: No cervical mass was seen.

Eyes: Extraocular Movements: ° Normal.

Pupils: ° PERRLA. External: ° Eye showed no abnormalities. ° No discharge from the conjunctiva. Sclera: showed no icterus. Fundoscopic exam showed no neo-vascularization, exudates, or AV nicking.

Ears: General/bilateral: Ears: normal tympanic membrane landmarks, no perforations, no retractions

Nose: General/bilateral: Cavity: ° Nasal mucosa pink. Upper Airway:° Flaring nasal alae were not observed.

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PDI with this visit?

Yes

No

PDI Sent to CO.
Should match 763

9/15/2015

CPRP Assessment Needed?

Yes

No

Preceding Entries Screened Under the Reliability Standards of AR 50-6

Reliability Assessment

55 y.o. white male here for pre-placement, post offer examination for plant operator (inside). PMH significant for Type II Diabetes Mellitus, now well-controlled on Levimir, Victoza and Metformin, with no recent incidents of hypoglycemia, no end organ damage, and reasonable glycemic control, as shown by review of blood glucose logs and HgBA1Cs. Patient also has some mild hypertension, well controlled on ramipril, and hyperlipidemia/metabolic syndrome, well controlled on Simvastatin. No microalbuminuria. No h/o of OSA diagnosis; current sleep history suggests low likelihood of sleep disordered breathing. Review of OSHA respirator questionnaire shows no contra-indications for clearing him for wear of SCBA, APRs, PAPRs, or emergency escape devices on a routine basis. See below comment on PPE clearance. Patient also admitted to a distant (greater than 30 year ago) history of MJ experimentation; he denies any current illicit drug use within the past five years, and does not meet DSM IV-TR criteria for substance abuse or dependence.

Suitability Assessment

Physical CPRP PDI

CPRP Recommendation

Pre-CPRP enrollment-awaiting further information/evaluations ▾

(State whether the condition, medication, or treatment identified is or is not likely to adversely affect the level of consciousness, ability to concentrate, attention to detail, mood, judgement, or ability to perform PRP duties):

PDIID

PDI

PDI Impact

1

Diabetes Mellitus

PDI is not likely to affect abilities to perform essential job functions of plant operator, since these are long standing conditions, with stable medication dosages that do not appear to affect concentration, attention to detail, mood, judgment, or ability to wear required PPE. However, the patient will require a nuclear stress test at 9-10 METs of activity to evaluate his cardiovascular fitness and exercise tolerance prior to recommending medical clearance for Level A or B PPE, and enrollment in a Heat Stress Prevention Program.

2

Hyperlipidemia

No impact

6

Metabolic Syndrome

No impact

7

Victoza

No impact

+ Add New PDI

Behavior Review

Employee denies any mental health counseling; hypnotherapy or suicide attempts. Employee is well-groomed and dressed appropriately for his position. He responds in a timely manner to inquiries without hesitation. His body language; facial expressions and gestures were fitting for the interview. He was cooperative throughout the interview. Overall this worker did not attempt to portray himself as vulnerable or in need of help and did not respond to items on the mental health questionnaires or during the face to face interview that clearly point to unusual symptoms of anxiety, depression or current mood disorders. Beck's Depression Index Score was 3, Beck's Anxiety Screening Score was 2.

Illicit Substances within the past 5 years

Yes

No

Abuse of Rx medication opioids with the past 5 years

Yes

No

Use of inhalant toxicants

Yes

No

Currently meet DSM-IV-TR criteria for substance abuse or dependency

Yes

No

Positive Hx of:

Yes

No

Positive Hx of: "No" leave blank

high school experimentation with MJ in 1973, used on 3 occasions, none since. Denies any other illicit substance use. DAST-10 was negative. Current drug screen negative-- 01/17/2015

Substance Abuse Intake i.e. ETOH

drinks 3-4 times per week, never more than 1-2 twelve ounce beers or 5-ounce glasses of wine per occasion. No prior history of DWI, DUI, underage drinking

Medical Condition:

HTN

Review

Review of HTN

Management

Management of HTN

Frequency

Frequency of HTN

Complication

Complication of HTN

Co-Morbid

Co-Morbid of HTN

Medical Condition

1/3

+ Add New Condition

+ Summary

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OSHA Level Protection

OSHA A



OSHA B



OSHA C



OSHA D



Resp Card Expire

9/30/2016



F/U Date at PMC

10/23/2015



Logged in OHM

Recommendation/Referrals

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Job Description

✓ Job Discription Reviewed

9/30/2016



- Operate material handling equipment (electric vehicles, forklifts, pallet trucks, cranes, etc)
- Perform minor maintenance
- Monitor and operate automatic boilers, pumps, heat exchangers, etc
- Perform boiler water analysis
- Load/unload raw materials and supplies such as propane and fuel oil
- Monitor tank levels and process instrumentation
- Package, label, transport and store hazardous materials
- Make confined space entries and perform hot work
- Mix and prepare various chemical solutions
- Working at heights above 6 feet
- Working in noisy environments > 85 dBA

Interim Medical Hx

remarkable for mild RADs, GERD, hyperlipidemia, and insulin-dependent Type II DM

Interim Surgical Hx

appendectomy (1980), right medial meniscus repair (1993), scleral buckle OS (2005)

Smoking Hx

Smith, Jane
has never smoked; does not chew tobacco

9:24 AM