name	sex	item	score
peter	male	math	99
david	male	english	76
steven	male	english	59

表 1: 列对齐方式与基础分隔符

i name	i sex	item	score
i peter	i male	math	99
i david	i male	english	76
isteven	i male	english	59

name	sex	item	score
peter	male	math	99
david	male	english	76
steven	male	english	59

表 2: 在表格中填充额外内容

name	sex	item	score
peter	male	math	99
david	male	english	76
steven	male	english	59

表 3: 格式重复的列与分隔符

		Frequency	
channel	frequency (center)	range (MHz)	Frequency range (MHz)
1	2412	2401-2423	2402-2422
2	2417	2406-2428	2407-2427
3	2422	2411-2433	2412-2432

表 4: 指定列宽度, 并自动换行

channel id	frequency (center)	Frequency	Frequency
		range	range
		(MHz)	(MHz)
1	2412	2401-2423	2402-2422
2	2417	2406-2428	2407-2427
3	2422	2411-2433	2412-2432

表 5: 使用指定列宽后, 修改列内容水平对齐方向

Hello World A B C D	Hello World A B C D
Hello World A B C D	Hello World C D

表 6: 列表与外部行的垂直对齐方式