

Task-3

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Name: Keyur Patel

Roll no: 16010421073

MNCA: Nine Laws of Personal development

Finger Analogy & Eagle story

Q.1

Write a small introspection.

How do we see ourselves as a different from the body.

The relationship b/w ourselves and our bodies, the fingers on our hand serves a distinct purpose, yet collectively they form an integral part of our whole being.

We perceive ourselves as distinct entities separate from our physical forms, yet we are ~~inter~~ undeniably ~~inter~~ entangled with them. (Symbiotic)

Q.2

Write about journey of the Eagle and its Efforts.

The Eagle's efforts to break free from the confines of its conditioning parallel our own struggles to transcend the limitations imposed by societal norms, self-doubt and fear.

The journey of Eagle serves as a powerful reminder that our true potential lies beyond the confines of our comfort zones.