

Дата: 17.10.2024

Клас: 8-А

Предмет: Англійська мова

Тема: Аналіз контрольної роботи. Відданий друг.

Мета: ознайомити та активізувати в мовленні учнів лексичний та граматичний матеріал теми «Друзі і родина», удосконалювати навички аудіювання, тренувати техніку читання, розвивати комунікативні здібності, практикувати учнів у письмі, заохочувати учнів піклуватися про своє здоров'я та відмовлятися від шкідливих звичок, виховувати в учнів бажання вести здоровий спосіб життя.

Вчитель: Глуговська Л.Г.

Хід уроку

1. Greeting

Good afternoon, dear children! I'm glad to see you. Are you ready to start our lesson? Let's start.

2. Warming up / Listening

Перегляньте відео про «Friends»

<https://www.youtube.com/watch?v=bNzFPPMnF1Y>

3. Vocabulary box

Ex.3 p.47

Запишемо нові слова:

Faithful – відданий
Selfish – egoїстичний
Attentive – уважний
Devoted – відданий
Thoughtful of others – чуйний до інших
Boastful – хвальковитий
Heartless – безсердечний
Kind-hearted – щирий
Unselfish – безкорисливий
Brave – хоробрий
Good-looking – гарний
Hard-working – працелюбний
Cheerful – бадьорий, веселий
Untruthful – неправдивий

3 Read the words and say what kind of people make good (true) friends.

faithful, selfish, attentive, friendly, honest, devoted, thoughtful of others, boastful, heartless, kind-hearted, unselfish, brave, good-looking, hard-working, cheerful, lazy, untruthful, pessimistic, reliable, understanding, jealous¹, fair, complaining, amusing

4. Speaking

Ex.7 p.49

Прочитайте питання та дайте відповіді:

7 Read the text and find the answers to the following questions. Use your dictionary.

- 1 Why is sleep important for teenagers?
- 2 What is typical of many teenagers?
- 3 What does the new research suggest?
- 4 What is melatonin?
- 5 When does the body of a teenager start producing melatonin?
What's the result of that?
- 6 What have some schools in America decided to do? Why?

5. Reading

Ex.7 p.49-50

Many teenagers have the energy to play computer games until late at night but can't find the energy to get out of bed in time for school. Is it just laziness or is it something more? New research suggests that the reason for such behaviour may be the



hormonal changes of puberty. It could be the hormones that stop teenagers from going to bed early and make them sleepy in the morning. One thing is for certain - sleep is extremely important for teenagers

because it is while they are sleeping that they release a hormone that is essential for their growth.

At night our body produces the 'darkness hormone' melatonin which helps us to fall asleep.

Most adults start to produce melatonin at about 10 pm. Research has shown that teenagers start to produce the hormone at 1 am. In other words, teenagers are being kept awake by their bodies and there is not much they can do about it. The fact that they play computer games and watch television late at night stimulates the brain even more and makes it harder for them to fall asleep.

Whatever the reason, most teenagers do not get enough sleep. This results in bad moods and sometimes depression. In America, some schools have decided to start their classes later in the morning to give their teenagers some extra time in bed. They noticed their students did much better in class when they did not have to get up early.

6. Homework

Домашнє завдання:

1. Опрацювати конспект, переглянути відео;
2. Вивчити слова Вправа 3 ст.47

Надіслати виконані завдання на освітню платформу Human або на Viber (0964124047)– Людмила Григорівна.

Бажаю успіху!