

Дата: 11.02.2025      Клас: 6-А,Б

Предмет: Англійська мова

Тема: Шкідлива їжа.

Мета: опрацювати лексичні одиниці з теми “Здорова та шкідлива їжа” та повторити лексику з тем “Технології”, “Види транспорту”; розвивати навички монологічного та діалогічного мовлення учнів, вміння розуміти співрозмовника, культуру праці та спілкування учнів на уроці; формувати ціннісне ставлення учнів до праці, людей, виховувати у дітей наполегливість, прищеплювати інтерес до вивчення англійської мови.

Вчитель: Глуговська Л.Г.

### Хід уроку

#### **1. Greeting**

Good afternoon, dear children! I'm glad to see you. Are you ready to start our lesson? Let's start.

#### **2. Warming up / Listening**

*Watch the video about “ Healthy vs. Unhealthy Foods”.*

<https://www.youtube.com/watch?v=slKV2AiUOFk>

#### **3. Speaking**

*Назвемо виділені слова та оберімо правильне:*

B. Circle the correct words.

1. John never eats junk food because he thinks it's **unhealthy** / **tasty**.
2. Fried food has a lot of **fat** / **sugar** in it.
3. A: Would you like some **meatballs** / **peas**?  
B: No, thanks. I don't eat meat.
4. Let's put some olive **bone** / **oil** on the salad.
5. Lisa **avoids** / **overdoes** eating food with a lot of salt or sugar because she is on a diet.
6. If you want to be healthy, it is **necessary** / **strong** to exercise.
7. Michael never drinks milk. He hates **vitamins** / **dairy products**.
8. What do you **feel** / **choose** like eating today?
9. John bought some **junk** / **fresh** fruit from the market yesterday.
10. My brother goes for a walk in the park every **point** / **now** and then.

#### 4. Reading

*Прочитайте текст про те, що треба робити, щоб почуватись добре:*

**Do you want to feel good?**

YOU MUST:	YOU MUSTN'T:
... have a balanced diet with lots of fresh fruit and vegetables.	... eat a lot of unhealthy foods or forget to have three meals.
... drink lots of water.	... drink lots of soft drinks or coffee.
... exercise for about half an hour a day three to four times a week. Maybe even start doing a sport!	... do lots of difficult exercises because you will feel tired.
... have a lot of light in your house.	... live in a house without a lot of light.
... have a shower before you go to bed. It relaxes you and you can sleep better.	... eat a lot of food before you go to bed. Never go to bed on a full stomach.
... sleep on a comfortable bed for about 7-8 hours a night.	... forget that you need to sleep 7-8 hours a night.

#### 5. Grammar

*Розглянемо вживання прислівників:*

**2 Grammar**

How much...? / How many...? / Much / Many / A lot of / Lots of / A few / A little

**How much / Much / A little + uncountable nouns**

- How much money have you got?
- I don't drink much milk.
- We've got a little time. Why don't we go for a walk?

**How many / Many / A few + plural countable nouns**

- How many books did you read in the summer?
- I don't want many chips. I don't like them very much.
- I invited a few friends for my birthday.

**A lot of / Lots of + uncountable and plural countable nouns**

- Soft drinks contain a lot of sugar.
- There are lots of shops in the city centre.

## 6. Writing

*Tuesday, the eleventh of February*

### *Homework*

*Оберіть та запишіть правильні відповіді на тест:*

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

## GRAMMAR QUIZ

### MANY and MUCH; A FEW and A LITTLE

- Complete these sixteen sentences to score your knowledge of COUNT & NON-COUNT nouns.

1. How ... apples are there on the table? a) many b) much	10. How ... time do we have before the test? a) many b) much
2. I want to buy a new sports car, but I only have ... money. a) a few b) a little	11. I moved to this city last week, so I still don't have ... friends. a) many b) much
3. There are ... people waiting outside the theater. a) many b) much	12. There is ... bread on the table next to the jam. a) a few b) a little
4. How ... times did the phone ring before you answered it? a) many b) much	13. Are you hungry? There are ... cookies in the cupboard. a) a few b) a little
5. I have ... friends who live in other countries. a) many b) much	14. I had a great time at the beach, but now I have ... sand in my shoes! a) many b) much
6. How ... sugar did you buy at the supermarket? a) many b) much	15. Did you find out very ... information about the college? a) many b) much
7. Do you usually drink very ... coffee in the morning? a) many b) much	16. There are ... kids playing outside in the garden. a) many b) much
8. There wasn't ... food in the kitchen, so I decided to go to a restaurant. a) many b) much	17. How many pets do you have, many or ...? a) a few b) a little
9. I had lots of free time, so I read ... books during the holiday. a) a few b) a little	18. I think we still have ... time to study before the exam. a) a few b) a little

17 – 18 = Excellent	15 – 16 = Good	14 or Less = Study More!
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## 7. Homework

Домашнє завдання:

1. Опрацювати конспект, переглянути відео;

2. Виконайте завдання з 13 по 18 розділу Writing (писати повністю, письмово).

**Надіслати виконані завдання на освітню платформу Human або  
на Viber (0964124047)– Людмила Григорівна.**

**Бажаю успіху!**