

MEAL DEAL +\$2.60 to sub price
21 oz. DRINK + APPLES OR 2 COOKIES OR CHIPS
 Swap any drink or size & pay the difference



MAKE YOUR SUB DELUXE GET 50% MORE MEAT*

ON YOUR FAVORITE SUB
 6" 25-130 | Footlong 50-260 added cal

ADD \$0.75 6" **ADD \$1.50 FOOTLONG**

*Cannot be combined with double meat. Excludes breakfast sandwiches.

KIDS' MEAL \$6.00

*Includes mini sub on 9-grain wheat with apples & low-fat white milk

BLACK FOREST HAM 320 cal*

ROAST BEEF 340 cal*

TURKEY BREAST 320 cal*

VEGGIE DELITE® 290 cal*



SUBWAY Fresh Fit For Kids® should not be considered a diet program. Fit Mini Subs on 9-grain wheat without cheese or condiments that contain fat. Visit [Subway.com](#) for full nutrition information.

BREAKFAST SERVED UNTIL 11 AM

EGG OR EGG WHITE*

6" \$4.50 FOOTLONG \$6.50

EGG & CHEESE 380/770 cal

BLACK FOREST HAM, EGG & CHEESE 410/820 cal

BACON, EGG & CHEESE 460/930 cal

STEAK, EGG & CHEESE 450/900 cal



*Saves 40 cal per 6" sub

LEAVE THE CATERING TO US!

**FAMILY GATHERINGS • OFFICE MEETINGS
PARTIES • ANY OTHER OCCASION**

SUBWAY® restaurants have many catering options available to you. Make it easy for yourself and order a SUBWAY TO GO!™ Meal or a Giant Sub or choose one of our Sandwich Platter Options: SUBWAY FRESH FIT®, Classic Combo, Flavor Craver™ or create your own platter with any combination of our cold sandwich selections. Napkins and an assortment of SUBWAY® sauces, mayonnaise and mustard are supplied with each Giant Sub and Platter.



Sandwich Platters

ITEM	SERVES
Sandwich Platter	5-9
Calories per portion	150-320

Giant Subs

LENGTH	SERVES
3 Feet	10-12
6 Feet	20-25
Calories per portion*	220-470

*When cut into 16 slices per 3 foot size

24 hours notice required for giant sub orders or a large catering order.

Recommended portions may vary based on type and size of group. Please consult the SANDWICH ARTIST® for additional information.

SUBWAY TO GO!™ Meal consists of a 6" or Footlong cold sub, 1 cookie, 1 side and a napkin. Your choice of side includes chips or apples. Packed in a stackable box. Convenient for outings and company meetings.

At SUBWAY® Restaurants, We Have Your Fresh Interests At Heart

Welcome to SUBWAY® Restaurants, where great taste and variety come together for your convenience. This menu represents our commitment to helping you discover and enjoy all the delicious choices SUBWAY® Restaurants have to offer.

We offer a variety of sandwiches and salads and encourage you to customize your order to satisfy your taste. Our menu includes a complete listing of ingredients to help you make informed choices - so you can either eat sensibly or splurge.

It's all here for you. So enjoy! We're glad you came.

SUBWAY® TAKE-OUT MENU



ON CAMPUS AT SF STATE

**MON-THUR 7AM-12AM
FRIDAY 7AM - 3AM
SATURDAY 8AM - 3AM
SUNDAY 9AM - 12AM**

**FOR CATERING,
CALL 415-405-3499
OR EMAIL TO:
ESUBWAY@GMAIL.COM**

Menu and prices are subject to change without notice.
www.subway.com

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MIX
Paper from
responsible sources
FSC® C006162

STEP 1

Your Menu Choices

Footlong Sub • 6" Sub • Salad • Flatbread

STEP 2

Choose Your Bread

9-Grain Wheat • 9-Grain Honey Oat
Italian • Italian Herbs & Cheese • Flatbread

STEP 3

Choose Your Cheese

American • Shredded Monterey Cheddar

STEP 4

Choose Your Veggies

Lettuce • Tomatoes • Cucumbers • Green Peppers
Red Onions • Spinach

More Variety?

Pickles • Olives • Banana Peppers • Jalapeños

STEP 5

Choose Your Sauce

Fat Free per 0.75 oz (6") serving

Mustard • Sweet Onion • Red Wine Vinegar

Full Flavor

Light Mayo • Chipotle Southwest • Ranch

SUBWAY® Vinaigrette • Mayo

• Honey Mustard • Buffalo • Spicy Brown Mustard
• Creamy Sriracha

STEP 6

Make it a Meal

Choose Your Drink • Choose One Side

ROTISSERIE-STYLE CHICKEN

350/690 cal
RAISED WITHOUT ANTIBIOTICS



6" \$5.75 FOOTLONG \$8.75

CARVED TURKEY

330/670 cal



6" \$5.75 FOOTLONG \$8.75

ROAST BEEF

320/630 cal



6" \$5.75 FOOTLONG \$8.75

CHICKEN & BACON RANCH MELT

610/1210 cal



6" \$5.75 FOOTLONG \$8.75

STEAK & CHEESE

380/760 cal



6" \$5.75 FOOTLONG \$8.75

SWEET ONION CHICKEN TERIYAKI

370/730 cal



6" \$5.75 FOOTLONG \$8.75

SUBWAY CLUB®

310/630 cal



6" \$5.75 FOOTLONG \$8.75

6" SUBWAY FRESH FIT® SUBS

6 GRAMS OR LESS*

SUBWAY FRESH FIT® is not a diet program. Please visit subway.com for full nutritional information. *Fat content refers to regular 6-inch sub on 9-grain wheat or Italian bread without condiments that contain fat.

BLACK FOREST HAM
290/570 cal



6" \$4.75 FOOTLONG \$6.75

OVEN ROASTED CHICKEN

320/640 cal



6" \$5.35 FOOTLONG \$7.75

ITALIAN B.M.T.®

410/810 cal



6" \$5.35 FOOTLONG \$7.75

SIGNATURE SUBS



6" \$5.35 FOOTLONG \$7.75

TURKEY BREAST

280/560 cal



6" \$5.35 FOOTLONG \$7.75

VEGGIE DELITE®

VEGGIE DELITE®

230/460 cal



6" \$4.50 FOOTLONG \$6.00

COLD CUT COMBO

360/710 cal



6" \$4.75 FOOTLONG \$6.75

MEATBALL MARINARA

480/970 cal



6" \$4.75 FOOTLONG \$6.75

LOCAL FAVORITES

6" FOOTLONG

BIG HOT PASTRAMI MELT 580/1150 cal

TURKEY & BACON AVOCADO 420/850 cal

VEGGIE PATTY 390/780 cal

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TURKEY ITALIANO MELT 490/980 cal

\$6.25

\$9.25

\$6.25

\$9.25

\$5.75

\$8.75

\$5.75

\$8.75

EXTRAS

6" FOOTLONG

BACON 80/160 cal

\$1.00

\$2.00

DOUBLE MEAT 50-260/100-520 cal

\$1.50

\$3.00

EXTRA CHEESE 40-60/80-120 cal

\$0.30

\$0.60

PEPPERONI 80/160 cal

\$0.50

\$1.00

AVOCADO 60/120 cal

\$1.00

\$2.00

PLUS APPLICABLE TAX.

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DRINKS & SIDES

FOUNTAIN

21 oz. 0-320 cal **\$1.90** **30 oz. 0-460 cal** **\$2.00**

BOTTLED 0-300 cal **\$2.10** **MILK 100-170 cal** **\$1.75**

COFFEE 12 OZ. 0 cal **\$2.00**

APPLE SLICES 35 cal **\$1.50**

CHIPS 130-340 cal **\$1.25**

COOKIES 190-230 cal **\$0.65**

MUFFIN 380-460 cal **\$2.00**

\$1.75

CHOPPED SALADS

MAKE ANY 6" SUB A SALAD

Deduct 170 cal per 6" sub

Salad dressing is available upon request 0-220 cal

ADD \$1.75

