

## **Passive smoking raises glucose intolerance risk; Diabetes**

Doctor

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### **Body**

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Passive smoking in non-smokers should be considered a new risk factor for glucose intolerance, according to US researchers.

The **CARDIA study** looked at time to glucose intolerance over 15 years among 18- to 30-year-olds with no intolerance at baseline.

The study involved 1,386 current smokers, 621 previous smokers, 1,452 never smokers regularly exposed to second-hand smoke, and 1,113 never smokers without exposure.

The authors said that, overall, 16.7% of subjects developed glucose intolerance. Incidence was 21.8% among smokers, 17.2% among never smokers with passive smoke exposure, 14.4% in previous smokers and 11.5% in never smokers with no passive exposure.

They said some toxins were even more concentrated in passive smoke than in active smoke, because of their differences in temperature.

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