

A large teal triangle pointing downwards, positioned in the upper left portion of the page.

## Piece of mind

Chat with people. Better your relationship  
with food.

Sign up with Facebook

# Profile



**Name \***

Niveda Harishankar

**Introduction \***

Describe yourself and the reason why you joined...

**Interests**

Skyboarding

Watching TV

Reading

Hardware hacks

Create profile



# Hi, Niveda!

Welcome to the Piece of Mind community. This is a safe space to get help and give help to the community.

**Mentors** chat with those needing help and are a companion lending a kind and thoughtful ear.

**Mentees** are individuals in need of help.

**Be a mentor**

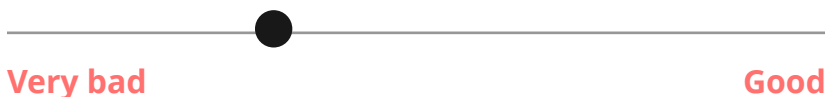
**Be a mentee**



What do you want to discuss during this session?

- ☐ Anorexia
- ☐ Bulimia
- ☐ Binge eating
- ☐ Depression
- ☐ Suicidal thoughts

How do you feel right now?



For emergencies, please call 911 or seek professional help. Mentors here are not trained professions, just empathetic individuals.

☐ I agree to the terms and conditions





You've been connected with...



**Nivi Harishankar**

## Description

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Cancel

**Start chat**

**15 sec timer**



**Hi Teresa, How are you doing?**

