

# Ingredients Starting With U

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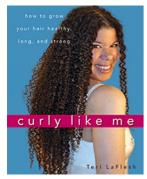
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Curly Like Me, the off-the-grid, do-it yourself owner's manual for tightly curly hair, is ready for ordering. Grab your copy today!



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In the ingredient descriptions: Good means that I like to see this in a product's list of ingredients, Okav means this product appears safe for a curly person like me to use. Caution means that this ingredient may not be good in some hair care products, or for some people. Avoid means this ingredient may hurt your hair. If you see this ingredient in a hair product, it's best to put it down and walk away.

## Please select a letter to search for ingredients:

0123456789ABCDEFGHIJKLMNOPQRSTUVWXYZ

### Undeceth 5

Used to keep products from separating [Winter (7th edition) page 537].

Source(s): Winter

#### Undeceth 11

Okay

Silicone. Provides slip without greasiness.

See also: Silicone

Source(s): http://www.in-cosmeticsindia.com

### Urea

Caution

In small amounts, can be moisturizing. It can denature hair in large concentrations. One of the components of urine. Usually synthetic version used in products. Pg 651. Source(s): Begoun

Urtica Dioica Extract (aka Nettle Extract; Stinging nettle)

The extract from the stinging or common nettle plant found in many treatment or astringent products. Used in many products for it's folkloric sound. Though nettle leaves are thought to have some curative and anti-inflammatory properties, it is unlikely to have much effect when used in shampoos or conditioners [Winter pg 371-372; Hunting -Shampoo pg 290]. Source(s): Winter Hunting

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