



# Ingredients Starting With Q

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In the ingredient descriptions: **Good** means that I like to see this in a product's list of ingredients. **Okay** means this product appears safe for a curly person like me to use. **Caution** means that this ingredient may not be good in some hair care products, or for some people. **Avoid** means this ingredient may hurt your hair. If you see this ingredient in a hair product, it's best to put it down and walk away.

## Please select a letter to search for ingredients:

0 1 2 3 4 5 6 7 8 9 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

**Quat** (aka Quaternary ammonium compounds)

**Okay**

(Short for Quaternary ammonium compounds) Variety of ingredients that are strongly attracted to hair. Creates a temporary smooth surface that allows combs to more easily glide through the hair.

Source(s): Begoun

**Quaternary ammonium compounds.** (aka Quats)

**Okay**

These are a diverse group of chemicals made from Ammonium chloride, used for anything from preservatives, detanglers, to cleansers. Winter pg 435. Quats have a unique structure that makes them attracted to hair. Because of their linking structure, they form a temporary smooth surface over the hair. This makes many of them great for detangling. A few examples of Quats are: Benzalkonium chloride, Quaternium 18, Guar hydroxypropyltrimonium chloride, Behentrimonium chloride, Behenalkonium betaine, Stearalkonium chloride and Cetrimonium chloride.

Begoun (Hair) pg 75.

Source(s): Winter Begoun

**Quaternium-15**
**Caution**

Preservative that has had some controversy for being a formaldehyde-releasing preservative. No tests have shown it to cause problems for people when used in cosmetics. May cause skin irritation (as all preservatives potentially can). However, this one is known as being more irritating than most. A study done by the Mayo clinic lists this as #10 of the top ten ingredients that can cause irritation. Beauty Brains pg 156.

See also: Preservatives Irritant

Source(s): Beauty Brains <http://www.cosmeticscop.com/>

**Quaternium-18**
**Caution**

Okay detangler [Begoun (Cosmetics) pg 75]. Made from cellulose. Used to keep products from separating. Gives hair shine [Winter pg 435]. Conditions hair and helps reduce fly-aways due to static electricity. It works well even in low amounts. It's sold as a soft paste that's water soluble. Sometimes this is sold mixed with Isopropyl alcohol to make it easier to rinse off with water, though this isn't always put on the label because the Isopropyl is considered a processing aid [Hunting (Conditioning) pgs 356-357].

See also: Quaternary ammonium compound Film-former Cellulose Isopropyl alcohol

Source(s): Begoun Winter Hunting

**Quaternium-19**
**Okay**

Made from cellulose. Used as a film-former and to keep product from separating. Gives hair shine [Winter pg 435]. Also used for its great conditioning properties, and to reduce the irritation that may be caused from a harsher ingredient in the product, such as sodium lauryl sulfate [Hunting (Shampoo) pg 202].

See also: Film-former Quaternary Ammonium Compound Cellulose

Source(s): Winter Hunting

**Quaternium-20**
**Okay**

Made from cellulose. Used as a film-former and to keep product from separating. Gives hair shine. Winter pg 435.

See also: Film-former Quaternary Ammonium Compound Cellulose

Source(s): Winter

**Quaternium-23** (aka Polyquaternium-11)

**Caution**

Made from cellulose. Used as a film-former (coats the hair) and to keep product from separating. Gives hair shine [Winter pg 435]. This is a resin that produces some build up. used for conditioning, to increase ease of combing, and to give body. It isn't found to be toxic [Hunting (Conditioning) pg 335]. *—I'm putting this as a caution because it looks like it may build up in our hair and become sticky over time. That's fine in a styling aid, where you expect hold, but be cautious of it in shampoos and conditioners. Also, this is known to increase body, which is not what those of us with really curly hair needs.—T*

See also: Film-former Quaternary Ammonium Compound

Source(s): Winter Hunting

**Quaternium-27**
**Okay**

A synthetic antistatic and hair conditioner [Gottschalck pgs 2334-2335].

Source(s): Gottschalck

**Quaternium-31** (aka Dicetyldimonium chloride)

**Okay**

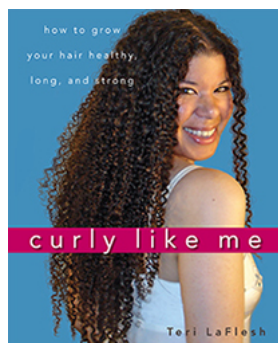
Smooths hair [Begoun (Hair) pg 75, Winter pg 19]. Used for conditioning, and also to keep the product from separating. Known for being an effective and mild hair conditioner. By itself, Dicetyldimonium chloride is translucent, and kind of watery. But it does a fine job of conditioning on it's own. Often, other conditioning ingredients (such as Cetyl alcohol, Stearyl alcohol or Cetearyl alcohol) are added to make it thicker and more opaque [Hunting (Conditioning) pgs 179-180].

See also: Quaternary ammonium compound

Source(s): Hunting Winter Begoun

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**Quaternium-32** (aka *Isostearyl ethylimidonium ethosulfate*)[Okay](#)

See Isostearyl ethylimidonium ethosulfate.

See also: Isostearyl ethylimidonium ethosulfate

Source(s): Hunting

**Quaternium-41** (aka *Polyquaternium-7*)[Good](#)

Used for conditioning, and to make the hair more slippery so it combs better. It helps thicken a product and to keep it from separating, and to help product foam better. It isn't thought to be irritating. [Hunting (Shampoo) pgs 322, 343].

Source(s): Hunting

**Quaternium-80**[Okay](#)

Used to cut down on hair static and for conditioning. Quaternium-80 is a synthetic quaternary ammonium compound made from coconut oil [Gottschalk (12th Edition) pg 2340].

See also: Quaternary ammonium compounds

Source(s): Gottschalk

**Quillaja bark** (aka *Quillaja bark extract; Quillaja Saponaria; Soap Bark; Quillay Bark; Panama Bark; China Bark*)[Okay](#)Made from the inner bark of a South American tree (*Quillaja saponaria*). Found even in root beer and food as a flavoring. Used as a conditioning ingredient for skin and hair. Can clean slightly. May have anti-inflammatory properties. [Begoun (Hair) Pg 253, 270-271; Winter (7th ed.) pg 442].

See also: Saponin

Source(s): Begoun Winter

**Quillaja bark extract** (aka *Quillaja Saponaria; Soap Bark; Quillay Bark; Panama Bark; China Bark*)[Okay](#)

See Quillaja bark.

See also: Quillaja bark

**Quillaja Saponaria** (aka *Quillaja bark extract; Soap Bark; Quillay Bark; Panama Bark; China Bark*)[Okay](#)

See Quillaja bark.

See also: Quillaja bark

**Quillaja Saponaria Bark Extract** (aka *Quillaja bark extract; Quillaja Saponaria; Soap Bark; Quillay Bark; Panama Bark; China Bark*)[Okay](#)

See Quillaja bark.

See also: Quillaja bark

**Quinoa extract** (aka *Chenopodium quinoa extract*)[Okay](#)

Made from the leaves and flowers of the quinoa plant. Contains amino acids used for hydrating and softening [Winter pg 436].

See also: Extracts

Source(s): Winter

**Quinoa oil** (aka *Quinoa seed extract, Chenopodium quinoa extract*)[Okay](#)

Made from quinoa grain. May help reduce fungus, and it may also be somewhat emollient, though there isn't enough research yet to prove this [Begoun (Cosmetics) pg1328].

Source(s): Begoun

**Quinoa seed extract** (aka *Chenopodium quinoa extract*)[Okay](#)

See Quinoa extract

See also: Extracts

Source(s): Winter

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