

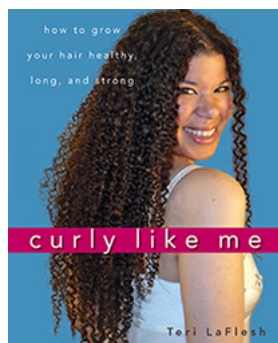


Ingredients Starting With J

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In the ingredient descriptions: **Good** means that I like to see this in a product's list of ingredients. **Okay** means this product appears safe for a curly person like me to use. **Caution** means that this ingredient may not be good in some hair care products, or for some people. **Avoid** means this ingredient may hurt your hair. If you see this ingredient in a hair product, it's best to put it down and walk away.

Please select a letter to search for ingredients:

0 1 2 3 4 5 6 7 8 9 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Jade Plant extract (aka *Crassula argentea* extract)

Okay

Extract from a succulent plant often grown as a houseplant. —As far as I can tell, there is little information on this having any use for the hair or skin. It is probably in a product for show. This may also be a skin irritant for those with sensitive skin.—T

See also: Extracts

Source(s): Winter http://www.cosmeticsdatabase.com/ingredient.php?ingred06=703584&refurl=/product.php?prod_id=168262&-hanks=1

Japanese Honeysuckle Extract (aka *Lonicera Japonica*; *Lonicera Caprifolium* Var. *Caprifolium* Extract)

Okay

Honeysuckles usually have tubular flowers and many varieties are fragrant. Often used in perfumes, as well as helping with rashes such as poison oak. The flowers are harmless, but the fruits are considered toxic when eaten [Winter 7th ed., pg 282].

Japanese honeysuckle is an invasive species in many states in the US (see link below).

Source(s): Winter <http://www.invasive.org/browse/subinfo.cfm?sub=3039>

Jobba liquid wax (aka *Jojoba* oil; *Simmondsia chinensis*; *Buxus chinensis*)

Good

Please see Jojoba oil.

See also: Jojoba oil

Jojoba Oil (aka *Jojoba Liquid Wax*; *Simmondsia Chinensis*; *Simmondsia Chinensis Seed Oil*; *Buxus chinensis*)

Good

Jojoba oil is actually a liquid wax, not an oil. It's taken from the bean-like seeds of a shrub native to deserts in the Western US (*Simmondsia chinensis*). It's used as an emollient, and not known to be toxic or irritating. It's a pale to golden yellow, very little scent, and isn't water soluble. This is also a very stable oil, and doesn't become rancid [Hunting (Conditioning) pgs 253-254; Winter 7th ed., pg 312].

Emollient oil. Surprisingly, it doesn't penetrate like olive oil, coconut oil, avocado oil, or meadowfoam seed oil.

Polyunsaturated oil. More open structure so it doesn't pass through the layers of cuticle easily. It has little effect on the cuticle, so you still need a slippery ingredient in the conditioner to comb through hair. And nothing can repair hair once it's been damaged [Beauty Brains book pg 7 (quoting from an article from the Journal of Cosmetic Science 52, pgs 169-184), 2001]]. This is in one of my favorite, go to conditioners that I've been using for well over ten years, and another conditioner I've been using regularly for about five years. It has not caused any problems as far as conditioning and defining my hair. That's why I'm calling it a

*** Tried and true ingredient ***

See also: Waxes

Source(s): Beauty Brains Hunting Winter <http://www.theBeautyBrains.com>

Juniper oil

Caution

May cause skin irritation and/or sun sensitivity. Best not to use on a baby's skin. Pg 94.

See also: Irritant

Source(s): Begoun

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