

Period (07-25-2023 - 08-24-2023) - All Staff MembersJenalyn Aquinde

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - In Progress	11:35 - 1:17 [Mama Thrive] - articles <a href="https://www.reddit.com/r/BlogExchange/comments/160725k/setting_boundaries_why_it_matters/">https://www.reddit.com/r/BlogExchange/comments/160725k/setting_boundaries_why_it_matters/</a> <a href="https://www.linkedin.com/pulse/journey-coping-grief-from-loss-renewal-agapefamilyhealth">https://www.linkedin.com/pulse/journey-coping-grief-from-loss-renewal-agapefamilyhealth</a> <a href="https://docs.google.com/document/d/1-4JMBJFzuoUfIYDta4g3Mbrz_vimc5Y4vJGWPKyE5Q/edit#heading=h.yq6z6wily5kn">https://docs.google.com/document/d/1-4JMBJFzuoUfIYDta4g3Mbrz_vimc5Y4vJGWPKyE5Q/edit#heading=h.yq6z6wily5kn</a> <a href="https://docs.google.com/document/d/1Oh1As3qigvdZy6kPmmqKRRUx5BgR9iEHZitdNgX8TmY/edit#heading=h.t9nfkyupf8aw">https://docs.google.com/document/d/1Oh1As3qigvdZy6kPmmqKRRUx5BgR9iEHZitdNgX8TmY/edit#heading=h.t9nfkyupf8aw</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	24 Aug 2023 11:35 AM	24 Aug 2023 01:17 PM	01:42	1.7
May Alvarez	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - In Progress	> Mama Thrive Article - <a href="https://mamathrive.org/maternal-nutrition-and-cognitive-development/">https://mamathrive.org/maternal-nutrition-and-cognitive-development/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	24 Aug 2023 10:00 AM	24 Aug 2023 11:00 AM	01:00	1
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-articles <a href="https://www.linkedin.com/pulse/injury-prevention-safe-young-athletes-agapefamilyhealth">https://www.linkedin.com/pulse/injury-prevention-safe-young-athletes-agapefamilyhealth</a> <a href="https://www.linkedin.com/pulse/navigating-sleep-disorders-impactmiami">https://www.linkedin.com/pulse/navigating-sleep-disorders-impactmiami</a> <a href="https://docs.google.com/document/d/1Qxw1ZUeNiHUWJ7mAxtNR55vYwoQVM7wiA4Xj2FePYhY/edit">https://docs.google.com/document/d/1Qxw1ZUeNiHUWJ7mAxtNR55vYwoQVM7wiA4Xj2FePYhY/edit</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	23 Aug 2023 12:00 PM	23 Aug 2023 01:05 PM	01:05	1.08
May Alvarez	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	> Agape Article - <a href="https://agapefamilyhealth.org/coping-with-grief-a-medical-perspective/">https://agapefamilyhealth.org/coping-with-grief-a-medical-perspective/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	23 Aug 2023 10:30 AM	23 Aug 2023 11:10 AM	00:40	0.67
May Alvarez	Operations Tasks (10 hrs) - In Progress	Operations Tasks - relay meeting notes to team - create tasks for team	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	23 Aug 2023 10:15 AM	23 Aug 2023 10:30 AM	00:15	0.25
May Alvarez	Meetings with Client - In Progress	> Weekly Agape Meeting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	23 Aug 2023 10:00 AM	23 Aug 2023 10:16 AM	00:16	0.27

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Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Michael Ocampo	Website Managment (12hrs) - Complete	Applied mini updates	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	23 Aug 2023 09:35 AM	23 Aug 2023 09:45 AM	00:10	0.17
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-updated timesheet	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 12:57 PM	22 Aug 2023 01:00 PM	00:03	0.05
May Alvarez	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	> Agape draft: <a href="https://docs.google.com/document/d/1k23R11ig2lfgp_9WvVCw2dc2lj0hi9aeozsklyQcrbY/edit?usp=sharing">https://docs.google.com/document/d/1k23R11ig2lfgp_9WvVCw2dc2lj0hi9aeozsklyQcrbY/edit?usp=sharing</a> Banner: <a href="https://www.canva.com/design/DAFTFbtBgns/-G4TSXfr4oHO5caj1DtCUA/edit?utm_content=DAFTFbtBgns&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton">https://www.canva.com/design/DAFTFbtBgns/-G4TSXfr4oHO5caj1DtCUA/edit?utm_content=DAFTFbtBgns&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 12:20 PM	22 Aug 2023 12:45 PM	00:25	0.42
May Alvarez	SEO Basic Content Plan (6 On-Page/4 Off-Page) (10 hrs) - MamaThrive.org - Complete	> Mama Thrive Article Mama Thrive: <a href="https://mamathrive.org/managing-pcos-overcoming-challenge/">https://mamathrive.org/managing-pcos-overcoming-challenge/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 11:35 AM	22 Aug 2023 12:20 PM	00:45	0.75
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-articles <a href="https://docs.google.com/document/d/1u4H4xoiak4oOsVmiLjCxqrJI6ZptHJRYjzsCGJ_hkjA/edit#heading=h.fv1khel1dman">https://docs.google.com/document/d/1u4H4xoiak4oOsVmiLjCxqrJI6ZptHJRYjzsCGJ_hkjA/edit#heading=h.fv1khel1dman</a> <a href="https://docs.google.com/document/d/1I9IRD7bCaRM3EvMjzfsq0hU1EfKHtZcuqHndKVsbLzU/edit">https://docs.google.com/document/d/1I9IRD7bCaRM3EvMjzfsq0hU1EfKHtZcuqHndKVsbLzU/edit</a> -updated annual guide	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 11:15 AM	22 Aug 2023 12:45 PM	01:30	1.5
May Alvarez	Operations Task (10 hrs) - Complete	> Agape Youtube Banner - (added to YT channel) <a href="https://www.canva.com/design/DAFsRr5q9Bo/O_XQBt7JmB9RwPvVmNiX4Q/edit?utm_content=DAFsRr5q9Bo&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton">https://www.canva.com/design/DAFsRr5q9Bo/O_XQBt7JmB9RwPvVmNiX4Q/edit?utm_content=DAFsRr5q9Bo&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 10:15 AM	22 Aug 2023 10:35 AM	00:20	0.33
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[Mamathrive] - Backlinks - Of fsite - Technical Issues SEO <a href="https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit#gid=342086384">https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit#gid=342086384</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	22 Aug 2023 10:00 AM	22 Aug 2023 11:00 AM	01:00	1

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Time:  
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Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-articles <a href="https://docs.google.com/document/d/10jE25znT9jevAsYVSsT62cksBIGrgx_siGbHvCe2paY/edit#heading=h.qirbmb5fmkbe">https://docs.google.com/document/d/10jE25znT9jevAsYVSsT62cksBIGrgx_siGbHvCe2paY/edit#heading=h.qirbmb5fmkbe</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	21 Aug 2023 11:40 AM	21 Aug 2023 12:15 PM	00:35	0.58
Alex Moronta	Website Management (12hrs) - Complete	working in form	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	18 Aug 2023 10:00 AM	18 Aug 2023 02:00 PM	04:00	4
Alex Moronta	Website Management (12hrs) - Complete	working in form	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	17 Aug 2023 01:00 PM	17 Aug 2023 05:00 PM	04:00	4
Michael Ocampo	Website Management (12hrs) - Complete	- Added 2 events and modified other events <a href="https://agapefamilyhealth.org/events/">https://agapefamilyhealth.org/events/</a> - Updated <a href="https://agapefamilyhealth.org/covid/">https://agapefamilyhealth.org/covid/</a> Removed Arlington location > <a href="https://agapefamilyhealth.org/locations/">https://agapefamilyhealth.org/locations/</a> > <a href="https://agapefamilyhealth.org/for-patients/appointments/">https://agapefamilyhealth.org/for-patients/appointments/</a> > <a href="https://agapefamilyhealth.org/about/our-service-area/">https://agapefamilyhealth.org/about/our-service-area/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	16 Aug 2023 01:40 PM	16 Aug 2023 02:30 PM	00:50	0.83
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
May Alvarez	Operations Tasks (1 Ohrs) - In Progress	> Agape Operations Tasks - review meeting transcript - relay to team re: meeting notes - assign tasks to team	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	16 Aug 2023 11:00 AM	16 Aug 2023 11:30 AM	00:30	0.5
May Alvarez	Meetings with Client - Complete	Agape Meeting with Jack, Alex, Zack, and Toni) discussed revisions on the form	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	16 Aug 2023 10:00 AM	16 Aug 2023 11:00 AM	01:00	1
May Alvarez	SEO Basic Content Plan (6 On-Page/4 Off-Page) (10 hrs) - MamaThrive.org - Complete	> Mama Thrive Article - <a href="https://agapefamilyhealth.org/managing-sleep-disorders-a-guide/">https://agapefamilyhealth.org/managing-sleep-disorders-a-guide/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	15 Aug 2023 10:50 AM	15 Aug 2023 11:50 AM	01:00	1
May Alvarez	Social Media Posting Management (6 Videos, 2 Images, 20 hrs) - MamaThrive.org - Complete	Social Media Monitoring and posting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	14 Aug 2023 08:15 AM	14 Aug 2023 08:30 AM	00:15	0.25
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[Mama-Thrive] - Website Gro wth - Backlinks - High-DA Sit es <a href="https://docs.google.com/spreadsheets/d/12njpe7CPwk gXYowO_gZbe_c7UjNw3XQc/edit#gid=2039703316">https://docs.google.com/s preadsheets/d/12njpe7CPwk gXYowO_gZbe_c7UjNw3XQc/ edit#gid=2039703316</a>	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	11 Aug 202 3 09:15 AM	11 Aug 2023 10:00 AM	00:45	0.75
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[Mama-Thrive] - Website Gro wth - Backlinks - High-DA Sit es	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	10 Aug 202 3 09:15 AM	10 Aug 2023 10:00 AM	00:45	0.75
May Alvarez	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.o rg/ - Complete	Agape Article: <a href="https://agapefamilyhealth.org/setting-boun daries-for-healthy-life/">https://agapef amilyhealth.org/setting-boun daries-for-healthy-life/</a>	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	10 Aug 202 3 08:30 AM	10 Aug 2023 09:15 AM	00:45	0.75
May Alvarez	Social Media Manag ement Essential Pla n (10 hrs) - Complet e	> Social Media Monitoring Ta sks	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	10 Aug 202 3 08:00 AM	10 Aug 2023 08:15 AM	00:15	0.25

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Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
May Alvarez	Operations Tasks (10hrs) - In Progress	Agape Operations Tasks - check project in CRM - monitor social media posts	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	09 Aug 2023 10:30 AM	09 Aug 2023 10:50 AM	00:20	0.33
Jack Hakimian	Donor Development (60 hrs) - Not Started	Agape Donor Dev Meeting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	09 Aug 2023 10:30 AM	09 Aug 2023 11:00 AM	00:30	0.5
May Alvarez	Meetings with Client - Complete	Agape Meeting ( no show from client, only Tony attended, but no immediate tasks from her)	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	09 Aug 2023 10:10 AM	09 Aug 2023 10:15 AM	00:05	0.08
Muhammad Salman	SEO Basic Technical Plan (4 hr) - Complete	[Mama-Thrive] - Website Growth - Backlinks - High-DA Sites	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	09 Aug 2023 09:15 AM	09 Aug 2023 10:15 AM	01:00	1
Alex Moronta	Website Management (12hrs) - Complete	working transfer agape.mypremiumcrm.org	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	08 Aug 2023 06:00 PM	08 Aug 2023 10:00 PM	04:00	4
						Total Logged Time: 63:26	Total Logged Time: 63.43



Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
May Alvarez	SEO Basic Content Plan (6 On-Page/4 Off-Page) (10 hrs) - MamaThrive.org - Complete	> Agape Article - <a href="https://agapefamilyhealth.org/injury-prevention-for-children/">https://agapefamilyhealth.org/injury-prevention-for-children/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	08 Aug 2023 01:00 PM	08 Aug 2023 02:00 PM	01:00	1
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-published 1. <a href="https://www.linkedin.com/pulse/unfolding-various-types-pediatric-care-agapefamilyhealth">https://www.linkedin.com/pulse/unfolding-various-types-pediatric-care-agapefamilyhealth</a> 2. <a href="https://www.reddit.com/r/BlogExchange/comments/15lkgqe/communication_strategies_for_health_y_relationships/">https://www.reddit.com/r/BlogExchange/comments/15lkgqe/communication_strategies_for_health_y_relationships/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	08 Aug 2023 11:40 AM	08 Aug 2023 11:50 AM	00:10	0.17
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[Mama-Thrive] - Website Growth - Backlinks - High-DA Sites <a href="https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit?usp=drive_link&amp;ouid=101264177322876379576&amp;rtpof=true&amp;sd=true">https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit?usp=drive_link&amp;ouid=101264177322876379576&amp;rtpof=true&amp;sd=true</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	08 Aug 2023 09:15 AM	08 Aug 2023 10:15 AM	01:00	1
Alex Moronta	Website Managment (12hrs) - Complete	working transfer agape.mypremiumcrm.org	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	07 Aug 2023 09:00 PM	07 Aug 2023 10:30 PM	01:30	1.5
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
May Alvarez	Social Media Postin g Management (6 Vi deos, 2 Images, 20 hrs) - MamaThrive.o rg - Complete	Check Agape's blog integratio n on social media	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	07 Aug 202 3 11:35 AM	07 Aug 2023 11:50 AM	00:15	0.25
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[Mama Thrive] - Technical SE O - Screamingfrog - Website Growth - Backlinks - High-DA Sites	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	07 Aug 202 3 09:15 AM	07 Aug 2023 10:15 AM	01:00	1
May Alvarez	Social Media Postin g Management (6 Vi deos, 2 Images, 20 hrs) - MamaThrive.o rg - Complete	> Mionitor Social Media Posts and schedule posts	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	07 Aug 202 3 08:15 AM	07 Aug 2023 08:30 AM	00:15	0.25
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[MamaThrive] - Technical SE O - Screamingfrog - Website Growth - Backlinks - High-DA Sites - Website performance metrics <a href="https://docs.google.com/spreadsheets/d/1yo6kOWF0wfGDuQAclpEQvkysGzoQVwOBMuMdkHrco7Q/edit#gid=1187312532">https://docs.google.c om/spreadsheets/d/1yo6kOW F0wfGDuQAclpEQvkysGzoQV wOBMuMdkHrco7Q/edit#gid =1187312532</a>	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	04 Aug 202 3 09:15 AM	04 Aug 2023 10:15 AM	01:00	1

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Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Ashraf Akbar	Website Managment (12hrs) - Complete	Find and use elementor blog plugin with number pagination	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	03 Aug 2023 02:14 PM	03 Aug 2023 03:14 PM	01:00	1
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[MamaThrive] - Website Growth - Backlinks - High-DA Sites - Website performance metrics	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	03 Aug 2023 09:15 AM	03 Aug 2023 10:15 AM	01:00	1
May Alvarez	Social Media Posting Management (6 Videos, 2 Images, 20 hrs) - MamaThrive.org - Complete	Finalize and Schedule Agape SM Posts - scheduled	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	03 Aug 2023 08:00 AM	03 Aug 2023 08:30 AM	00:30	0.5
Alex Moronta	Website Managment (12hrs) - Complete	FORM TIME ZONE fix	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 08:00 PM	02 Aug 2023 09:00 PM	01:00	1
Ashraf Akbar	Website Managment (12hrs) - Complete	Blog pagination + enable mas onry	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 01:33 PM	02 Aug 2023 02:03 PM	00:30	0.5
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Jack Hakimian	Donor Development (60 hrs) - Not Started	Agape Donor Dev Meeting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 10:30 AM	02 Aug 2023 11:00 AM	00:30	0.5
May Alvarez	Meetings with Client - Complete	Agape Meeting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 10:00 AM	02 Aug 2023 10:40 AM	00:40	0.67
Jack Hakimian	Meetings with Client - Complete	Weekly Meet Agape Family Health	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 10:00 AM	02 Aug 2023 10:40 AM	00:40	0.67
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[MamaThrive] - Website Growth - Backlinks - High-DA Sites - Guest Post - Social Bookmarking - Web2.0 - Article Submission - Image Sharing - Profile Creation Business Listing - Question Answer - PDF Sharing - Forums - Social Sharing	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	02 Aug 2023 09:15 AM	02 Aug 2023 10:15 AM	01:00	1

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Time:  
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Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Michael Ocampo	Website Managment (12hrs) - Complete	Support ticket #16946 - resolved	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	01 Aug 2023 10:30 AM	01 Aug 2023 10:50 AM	00:20	0.33
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[MamaThrive] - Website Growth - Backlinks - High DA Sites - Guest Post - Social Bookmarking - Web2.0 - Article Submission - Image Sharing - Profile Creation Business Listing - Question Answer - PDF Sharing - Forums - Social Sharing	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	01 Aug 2023 09:15 AM	01 Aug 2023 10:15 AM	01:00	1
May Alvarez	Social Media Posting Management (6 Videos, 2 Images, 20 hrs) - MamaThrive.org - Complete	> Agape SM Posts for August - <a href="https://www.canva.com/design/DAFqTTm0AyQ/6j9rDUw4VJtrVUVAxLrg/edit?utm_content=DAFqTTm0AyQ&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton">https://www.canva.com/design/DAFqTTm0AyQ/6j9rDUw4VJtrVUVAxLrg/edit?utm_content=DAFqTTm0AyQ&amp;utm_campaign=designshare&amp;utm_medium=link2&amp;utm_source=sharebutton</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	01 Aug 2023 09:00 AM	01 Aug 2023 11:00 AM	02:00	2
Alex Moronta	Website Managment (12hrs) - Complete	social zapier integration and form integration	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	31 Jul 2023 01:00 PM	31 Jul 2023 05:00 PM	04:00	4
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
May Alvarez	Social Media Postin g Management (6 Vi deos, 2 Images, 20 hrs) - MamaThrive.o rg - Complete	> Agape Family Health SM Po sts for August - scheduled ne w ones	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	31 Jul 2023 12:00 PM	31 Jul 2023 12:30 PM	00:30	0.5
Ashraf Akbar	Website Managmen t (12hrs) - Complete	Blog detail featured image sh ow	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	31 Jul 2023 11:04 AM	31 Jul 2023 11:24 AM	00:20	0.33
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[MamaThrive] - Website Grow th - Backlinks - High DA Sites - Guest Post - Social Bookma rking - Web2.0 - Article Subm ission - Image Sharing - Profil e Creation Business Listing - Question Answer - PDF Shari ng - Forums - Social Sharing	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	31 Jul 2023 10:45 AM	31 Jul 2023 11:45 AM	01:00	1
May Alvarez	Operations Tasks (1 0hrs) - In Progress	> Agape Operations Tasks - c heck tasks progress with tea m	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	31 Jul 2023 10:00 AM	31 Jul 2023 10:30 AM	00:30	0.5

Total  
Logged  
Time:  
63:26

Total Logged  
Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Ashraf Akbar	Website Managment (12hrs) - Complete	Update video on certain pages	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	31 Jul 2023 09:45 AM	31 Jul 2023 10:15 AM	00:30	0.5
Alex Moronta	Website Managment (12hrs) - Complete	mamathrive form language choice on the form	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	29 Jul 2023 04:00 PM	29 Jul 2023 05:00 PM	01:00	1
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-published <a href="https://agapefamilyhealth.org/back-to-school-bash-for-the-new-academic-year/">https://agapefamilyhealth.org/back-to-school-bash-for-the-new-academic-year/</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	28 Jul 2023 12:15 PM	28 Jul 2023 01:00 PM	00:45	0.75
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[MamaThrive] - Website Growth - Backlinks - High DA Sites	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	28 Jul 2023 09:15 AM	28 Jul 2023 10:15 AM	01:00	1
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Muhammad Salman	SEO Basic Tehnical Plan (4 hr) - Complete	[MamaThrive] - Website Growth - Backlinks - High DA Sites <a href="https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit#gid=1157826006">https://docs.google.com/spreadsheets/d/12njpe7CPwkgXYowO_gZbe_c7UjNw3XQc/edit#gid=1157826006</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	27 Jul 2023 09:15 AM	27 Jul 2023 10:15 AM	01:00	1
Michael Ocampo	Website Managment (12hrs) - Complete	- Check pages that talks about "Supplies being provided..."	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	26 Jul 2023 11:15 AM	26 Jul 2023 11:30 AM	00:15	0.25
May Alvarez	Meetings with Client - Complete	> Agape Meeting	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	26 Jul 2023 11:00 AM	26 Jul 2023 11:30 AM	00:30	0.5
						Total Logged Time: 63:26	Total Logged Time: 63.43



Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	-off-page <a href="https://docs.google.com/document/d/1Q1ZtOrpW0ibNyNncrfoax901tzi-oY-yUs3ycowCbuc/edit#heading=h.89aim5obd72l">https://docs.google.com/document/d/1Q1ZtOrpW0ibNyNncrfoax901tzi-oY-yUs3ycowCbuc/edit#heading=h.89aim5obd72l</a> -get information on new assignments -on-page <a href="https://docs.google.com/document/d/17ruuDS_YjC7CWWXR-QigMwzgYJmIKq9FZf3fhlpX1mw/edit#heading=h.j5ayi6wxmnbz">https://docs.google.com/document/d/17ruuDS_YjC7CWWXR-QigMwzgYJmIKq9FZf3fhlpX1mw/edit#heading=h.j5ayi6wxmnbz</a> banner <a href="https://www.canva.com/design/DAFTFbtBgns/-G4TSXfr4oHO5caj1DtCUA/edit">https://www.canva.com/design/DAFTFbtBgns/-G4TSXfr4oHO5caj1DtCUA/edit</a> -updated content guide: <a href="https://docs.google.com/spreadsheets/d/11WWldzxYnH_-H2xHBSFjWlqLTVP1haM835rhFg10mU/edit#gid=1734706629">https://docs.google.com/spreadsheets/d/11WWldzxYnH_-H2xHBSFjWlqLTVP1haM835rhFg10mU/edit#gid=1734706629</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	26 Jul 2023 10:45 AM	26 Jul 2023 12:30 PM	01:45	1.75
May Alvarez	Operations Task (10 hrs) - Complete	> Agape Operations Tasks - check website for language on "devices given as needed"	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	26 Jul 2023 09:30 AM	26 Jul 2023 10:00 AM	00:30	0.5
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Complete	[Mama-Thrive] - Website Growth - Backlinks - High DA Sites	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	26 Jul 2023 09:15 AM	26 Jul 2023 10:15 AM	01:00	1
May Alvarez	Social Media Management Essential Plan (10 hrs) - Complete	> Agape Social Media Posts - scheduled and added new posts	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	25 Jul 2023 02:30 PM	25 Jul 2023 03:00 PM	00:30	0.5
Carolyn Zamora	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	<a href="https://docs.google.com/document/d/1rFMz_NVsB7h5BV9CgghPbeVWzYF4KCVhemau43yP-k/edit">https://docs.google.com/document/d/1rFMz_NVsB7h5BV9CgghPbeVWzYF4KCVhemau43yP-k/edit</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	25 Jul 2023 10:10 AM	25 Jul 2023 10:55 AM	00:45	0.75
May Alvarez	SEO Basic Content Plan (4 On-Page/4 Off-Page) (10 hrs) - agapefamilyhealth.org/ - Complete	> Agape Article - <a href="https://agapefamilyhealth.org/communication-strategies-for-healthy-relationships">https://agapefamilyhealth.org/communication-strategies-for-healthy-relationships</a>	#81 - General Projects: MamaThrive.org (92hr, 25r) - Agapefamilyhealth.org	25 Jul 2023 09:30 AM	25 Jul 2023 10:00 AM	00:30	0.5
						Total Logged Time: 63:26	Total Logged Time: 63.43

Staff Member	Task	Note	Related	Start Time	End Time	Time (h)	Time (decimal)
Muhammad Sal man	SEO Basic Tehnical Plan (4 hr) - Comple te	[MamaThrive] - Website Grow th - Guest Post - Social Book marking - Web2.0 - Article Su bmission - Image Sharing - Pr ofile Creation Business Listin g - Question Answer - PDF Sh aring - Forums - Social Sharin g - Review website Sitemap - GSC Issues & Technical	#81 - General P rojects: MamaT hrive.org (92hr, 25r) - Agapefa milyhealth.org	25 Jul 202 3 09:15 AM	25 Jul 2023 10:15 AM	01:00	1

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