

## EATING FOR TWO

WORKSHOP

Whether you are recently pregnant, nearing your due date, or already a new mama, this workshop will provide you with ALL the essential information on properly nourishing yourself and your baby.

## **APRIL 16, 2024**

12:30 p.m. - 2:30 p.m.

Bradham and Brooks Library

Meeting Room A & B

1755 Edgewood Ave West

Jacksonville, Florida
32208

RSVP @veronica.glover@agapefa milyhealth.org or 904-763-5240





