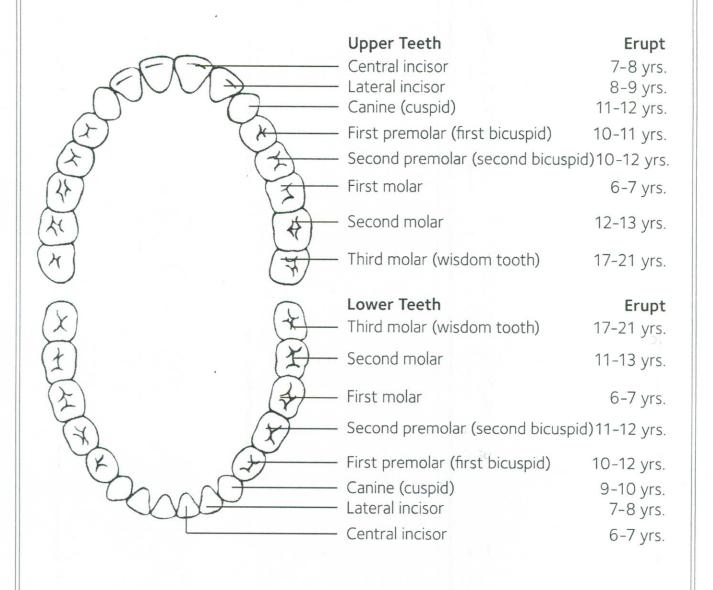
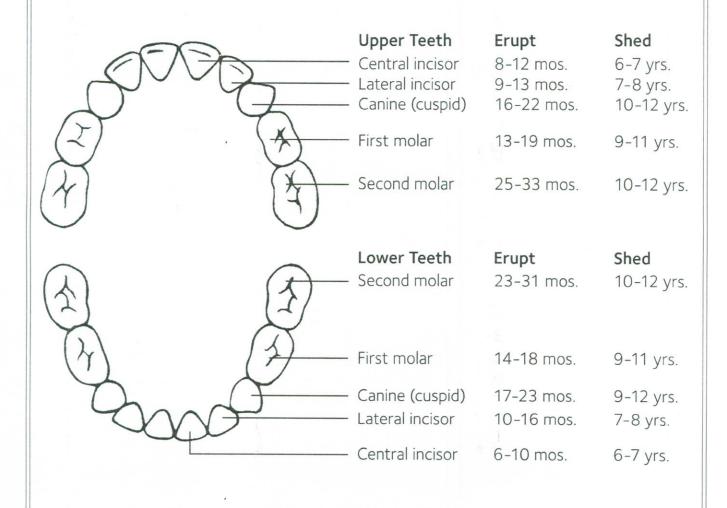
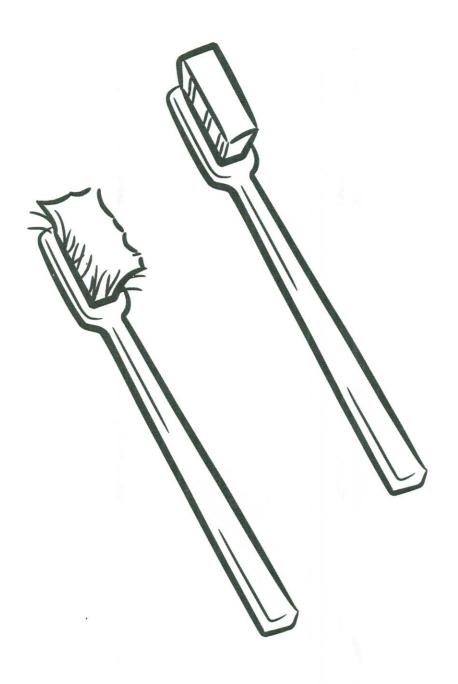
Permanent **Tooth Development**



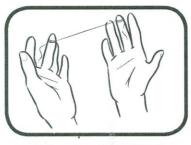
Primary Tooth Development



Old & New Toothbrushes



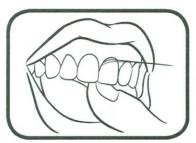
How to Floss



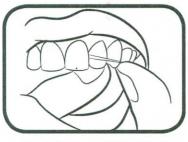
 Use about 18 inches of floss wound around one of your middle fingers, with the rest wound around the opposite middle finger.



 Hold the floss tightly between the thumbs and forefingers and gently insert it between the teeth.



· Curve the floss into a "C" shape against the side of the tooth.



· Rub the floss gently up and down, keeping it pressed against the tooth. Don't jerk or snap the floss.



· Floss all your teeth. Don't forget to floss behind your back teeth.

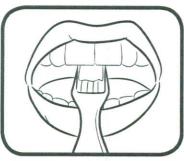
How to Brush



· Place the toothbrush at a 45-degree angle to the gums.



· Move the brush back and forth gently in short strokes.



· Brush the outer surfaces, the inside surfaces and the chewing surfaces of all teeth.



- · To clean the inside surface of the front teeth, tilt the brush vertically and make several up-and-down strokes.
- · Brush your tongue to remove bacteria and keep your breath fresh.