Nayanika Roy
Psychologist

Contact

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Objective

A dedicated psychologist interested in pursuing work with clinical population.Familiar with collecting, organizing and analysing clinical data to aid in diagnosis and treatment of diverse disorders.Trained in evidence based practices and skilled in maintaining records.

Education

University of Calcutta,Rajabazar Science College, MSc in Applied Psychology(Specialization-Stress and Community Psychology(2019-2021)
Obtained CGPA- 7.74

University of Calcutta,Gokhale Memorial Girls' College,BSc in Psychology(2016-2019)
Obtained percentage- 61.5%

Salt Lake Point School
Stream- Science
Obtained marks in ISC- 88%

Experience

April'22- Present
Psychologist ● Susathya

Jan'22- Present
Clinical Psychologist Intern • Nil Ratan Sarkar Medical College and Hospital

Nov'22- August'23
Counselling Psychologist ● Psychaxis Trust

May'20- July'20
Clinical Psychologist Intern student • Counsel India

May'20- June'20
Counselling Psychologist Intern student • Psychosiksha

Key Skills

Initial screening
Case history taking and Mental Status Examination
Psychological Assessment
Talk therapy
Treatment planning
Communication skills
Rapport establishment

Certifications

- NPTEL Emotional Intelligence- Elite Category
- Beginner's Course in Graphology- Kolkata Institute of Graphology
- 3-days training on Rorschach Inkblot Test organised by Sarojini Naidu College
- 3-days training on Thematic Apperception Test organised by Sarojini Naidu College
- 7-days clinical training on management of children with developmental disorders organised by AIIMS Kalyani in collaboration with SAMVAD, NIMHANS
- 4-days training on Orientation to aspects of Queer community and Queer Affirmative Therapy organized by Sappho for Equality.

Publications

Teaching and Learning:Recent Trends and Vistas- Chapter 18-
Memory and Forgetting:It's Implications in Academics