


Nandani Arora

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Summary

Nandani Arora is a graduate in MSc. Clinical Psychology from Christ (Deemed to be University), Delhi NCR with a strong passion for helping individuals achieve mental well-being. Her academic journey has equipped her with a solid foundation in psychological theories, research methodologies, and practical skills necessary to make a positive impact in the field. During her 5 years of university, she actively engaged in various clinical placements, providing her with valuable hands-on experience working with diverse populations, including children, adolescents, and adults. These experiences allowed her to develop a deep understanding of the complexities of mental health issues and the importance of tailoring interventions to meet the unique needs of each individual. She possesses excellent interpersonal and communication skills, which enables her to establish strong rapport with clients, and colleagues.

Experience



ABA Therapist

Autism Centre for Excellence

Aug 2023 - April 2024 (9 months)



Psychology Intern

Decode Living

May 2023 - Jun 2023 (2 months)



Member

American Psychological Association

Jul 2021 - Present (2 years)



Clinical Psychology Intern

Dr. Ram Manohar Lohia Hospital (PGIMER)

Feb 2023 - Apr 2023 (3 months)



Clinical Psychology Intern

Serenity Clinic

Sep 2022 - Nov 2022 (3 months)



Clinical Psychology Intern

The Happy Tree

Aug 2022 - Aug 2022 (1 month)



Counseling Intern

Guidance City Enhancing Life (OPC) Pvt Ltd

Jan 2020 - Mar 2020 (3 months)

Education



Christ (Deemed to be University), Delhi NCR

2021 - 2023

MSc Clinical Psychology



Indira Gandhi National Open University

Jul 2021 - Jul 2022

Postgraduate Diploma, Counseling and Family Therapy



Manav Rachna International Institute of Research & Studies

2018 - 2021

BSc (Hons.) Applied Psychology

Licenses & Certifications



NLP Practitioner - Indian Board of Hypnosis & Neuro Linguistic Programming



Hypnosis Practitioner - Indian Board of Hypnosis & Neuro Linguistic Programming



Life Coach - Indian Board of Hypnosis & Neuro Linguistic Programming

Skills

Cognitive Behavioral Therapy (CBT) • Active Listening • Mental Health Counseling • Clinical Assessment • Social Psychology • Clinical Psychology • Child Mental Health • Mental Health First Aid • ABA Therapy

Honors & Awards



Sports, Co-curricular and Extra-curricular scholarship - Christ University, Delhi NCR as a part of Creative Team Head of PsyAsso- Official Psychology Association of the University.

May 2023