

PRANJLI GUPTA

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Summary

Psychologist and a Special Educator who began working with children on the spectrum during her master's. I believe that children learn best when they're allowed to be themselves. I employ play and art, and techniques of RDI & Co-regulation, to nourish the creativity and imagination that every child possesses. My goal is to be able to provide guidance, and be present for children in my charge in any capacity they may need me. I believe that we as caregivers need to change in order to see the change in our children.

WORKING EXPERIENCE

- Currently working at: **Sep 2023 - Vibgyor Group of School.**
Role: School Counselor. I collaborated closely with teachers to identify and address special needs, offering tailored strategies for student support within an inclusive setup. Additionally, I conducted counseling sessions for both students and teachers, fostering a comprehensive approach to mental health and academic success within the school community. My proactive role extended to working with the admissions team to identify children with special needs, contributing to a cohesive and supportive learning environment. Moreover, I organized workshops for teachers and parents, sharing valuable insights and strategies to enhance the educational experience for special needs children.
- **2022-23 Playstreet Specially Abled Educare Trust, Bangalore.**
Role: Play Therapist, Psychologist and Special Educator: Collaborated closely with a multidisciplinary team to develop Individualized Education Programs (IEPs) for children, focusing on skill development and personalized learning goals. Actively incorporated art and play-based activities to facilitate naturalistic expression and enhance therapeutic outcomes. Implemented strategies that fostered creative expression, encouraged social interaction, and supported holistic development within the educational setting. Additionally, empowered parents by providing guidance, resources, and support to actively participate in their child's educational journey and advocate for their needs.
- **2022 LiveWell Institute of Rehabilitation and Elder Care, Madurai (Online Mode):** Collaborated effectively with a multidisciplinary team, including clients, families, therapists, social workers, and other professionals, to deliver comprehensive rehabilitation services and achieve optimal outcomes.
- **2021 Mirra Charitable Trust for Children with Special needs, Chennai (Online Mode):** Actively observed and participated in both group and individual sessions with children who have developmental disorders. Collaborated with special educators and speech therapists to plan and implement targeted interventions and engaging activities. Assessed the effectiveness of these interventions by closely monitoring the progress and responses of the children, making necessary

adjustments to optimize outcomes

- **2020 Nirangal Charitable Trust, Chennai (Online Mode):** Took a proactive role in planning a series of impactful lectures focusing on topics related to the LGBTQ+ community and mental health. Collaborated with subject matter experts to curate relevant content, design interactive presentations, and ensure the delivery of accurate and inclusive information.
- **2019 A Brush With Art, Chennai - 6 months** On-site Field Work from BALM Campus
 - Facilitated non-directive art class specifically tailored for children with special needs.
 - Planned and assisted art and craft sessions, implementing personalized interventions and curriculum.
 - Collaborated actively with a facilitator, parents, and other team members in working individually and in groups.
 - Conducted an engaging workshop on how to incorporate art into daily life.
 - Organized and curated an exhibition showcasing the children's artwork to actively promote mainstream integration.
- **2018** Cosmos Institute of Mental Health and Behavioral Sciences, New Delhi (1 month internship) Engaged in direct observation of clients in both in-patient and rehabilitation settings.
- **2017** Santulan De-addiction Center (1 month internship) Engaged in direct observation of clients in both in-patient and outpatient settings.
- **2016** Psychiatric Center, SMS Medical College, Jaipur (1 month internship) Engaged in direct observation of clients in the Outpatient department of a government hospital.

Education

School:

Maharaja Sawai Man Singh Vidyalaya, Jaipur

12th – Central Board of Secondary Education (CBSE)] 2015 PCB: 87%

Maharaja Sawai Man Singh Vidyalaya, Jaipur

10th – Central Board of Secondary Education (CBSE)] 2013 CGPA: 10/10

Bachelors:

Amity Institute of Psychology and Allied Sciences, Noida

B.A. (H) Applied Psychology 2015-2018

Dissertation: "Locus of Control and Anxiety among College Students of Delhi/NCR"

CGPA: 6.36

Masters:

Tata Institute of Social Sciences - Banyan Academy of Leadership in Mental Health, Chennai

M.A. Applied Psychology (Clinical and Counseling Practice) 2020-2022

Dissertation: "Role of Social Media on Personal Discovery in the Asexual, Aromantic, and Agender (A-Spec) Young-Adult Population"

CGPA: 6.90

Certifications:

I Am Wellbeing - Nairatmya Foundation, Delhi

Trauma Informed Care Practitioner - 2024

Soft Skills

- Therapy through play, art and craft, as well as narration using techniques of Relationship Development Intervention (RDI) and Coregulation
- Special Education
- Parental guidance and coaching (Principles of RDI)
- Parent-Teacher Communication
- Individualized Lesson Planning
- Goal and skill Tracking
- Out-patient clinic
- Event Coordination and management
- Effective communication
- Attention to details
- Listens attentively
- Organization skills
- Time management
- Leadership
- Empathetic
- Flexible

Language skills

- Hindi - Native
- English - Fluent