



# Vibha Rungta

## Clinical Psychologist

### Career Objective

To work with a challenging position in an organization that provides ample opportunities to learn and to contribute my creativity and learned skills for the benefit of the organization and where I can maximize my skills, quality assurance, and training experience and help myself to grow as a successful person.

## Contact

### Phone

+91-8002699508

### Email

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### Address

Landcraft Golflinks, Ghaziabad

## Personal Data

DOB: 14th September, 1992

GENDER: Female

LANGUAGES KNOWN: English & Hindi

CRR No.- A59151

## Education

2017

**M. Phil in Clinical Psychology**  
(RCI recognized)  
Amity University

2014

**Master's in Psychology**  
Banaras Hindu University

2012

**Bachelor of Arts (Psychology)**  
Banaras Hindu University

## Experience

- **January 2021 - Present**  
eMbrace | Vasant Kunj, New Delhi  
**Clinical Psychologist**
- **December 2019- December 2020**  
Pinky Mind | Bengaluru (Remote)  
**LGBTQIA Mental Health Expert**
- **January 2018- December 2020**  
MindLabs | Lucknow  
**Consultant Clinical Psychologist**
- **July 2017- December 2020**  
Kant Brain Centre | Lucknow  
**Clinical Psychologist**
- **August 2014 to May 2015**  
Samaveda Center for Neuropsychological Rehabilitation  
& Mental well-being | Varanasi  
**Assistant Psychologist**

## Research Paper Presented/Published

1. Presented paper entitled "**Formulating a Case with Boundary Issues in Psychotherapy**" in 2nd National Conference on Society & Wellbeing, 4th April 2016.
2. Presented paper entitled "**Psychological Impact of Acne on Adolescents**" in 3rd International Conference on Human Behavior and Development Issues: Growth and Sustainability, 20-21 October 2016.
3. Presented paper entitled "**Efficacy of CBT In A Case of An Individual with Sexual Obsessions**" in 4th National Conference on Society and Wellbeing, 27th March 2017
4. Presented paper entitled "**Caregiver Burden with Substance Abuse Patients**" in 4th National Conference on Society and Wellbeing, 27th March 2017
5. Dissertation on "**Response Inhibition, Coping Style and Perceived Family Environment Among Individuals with Substance Dependence**"

## Certifications

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2023  
**Queer Affirmative Counselling  
Practices**  
MHI

## Expertise

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- Cognitive Assessment
- Psychoneurological Assessment
- Personality Assessment
- Developmental Assessment
- Different Modalities of Psychotherapies

## Relevant Exposure

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- Pep talk with the students of Pharma on "Suicide Prevention" at Hygia Institute of Pharmaceutical Education and Research, Lucknow
- Conducted session for students on "Understanding Gender Dysphoria" at Customized Cognition, Lucknow
- Conducted session for LGBTQIA addressing their mental health issues (with Yeh Ek Soch Foundation)
- 2 days training workshop for Personality, Communication & Career
- 7 days workshop on "PSYCHODIAGNOSTICS: Administration, Interpretation & Reporting"
- 1 day workshop on "Stress Management & Biofeedback"
- 1 day workshop on "Relaxation Therapy for Professionals & Beginners"
- 1 day workshop on "Introduction to Basics of Sensory Integration in Occupational Therapy"
- 1 day workshop on "Early Identification & Intervention of Autism"
- 7 days workshop on "Occupational Therapy for Dealing with Special Children"
- 1 day workshop on "Fundamental Course for Self-Empowerment"
- Counseling Internship (IVF) at The Apollo Clinic & Surya Max Super Specialty Hospital, Varanasi.
- 3 months Orientation Training Program in Clinical Psychology - NIP, Varanasi.

## Awards & Achievements

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Queer-friendly Psychologist- from Awadh Queer Pride Community in 2020.