

GAGANDEEP KAUR

- ★ ICF Certified Coach ★ NLP Coach & Mindfulness Practitioner ★
- ★ NPTT , BA- History ★

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- Sub-conscious Mastery Coach • Early Child Education (ECE) & Applied Phycology (NTT) • Advanced DNA Course •

CERTIFIED ICF COACH, with a passion for helping people to be a best version of themselves with help of powerful Questioning & Listening Techniques, emphasizing on new perspective which will develop overall personality. Capabilities in magically transforming hundreds of individuals, from turning around their relationships, helping them get over their obsessive-compulsive behaviors, overcoming challenges at work, increasing their resilience and ability to navigate life changes

NLP & MINDFULNESS COACH - MOTIVATOR & EMOTIONAL INTELLIGENCE SPECIALIST with incredible life coaching skills, competency in beautifully evolving people out of their Depression/ Anxiety, assisting in building their confidence, releasing trauma painful memories, building new mind pathways & thought patterns to support their sustainable growth & mental health-being

EFFECTIVE COMMUNICATOR: Committed for providing best services to all clients, helping them in Self-Awareness, Self-Management, Empathy, dealing with all sought of emotional & mental issues. Analysed clients / patient's condition, prescribed appropriate coaching/ NLP techniques and ensured regular follow-up. Deft in maintaining appropriate records and ensuring confidentiality of client's information. Possesses excellent interpersonal, analytical and problem-solving skills



INTERNSHIP

NIE, Vasundhara as Intern

EDUCATION & CERTIFICATIONS

- Certification in NLP – Subconscious Mastery Course Program from NLP Technologies Pvt. Ltd.
- BA - History from SGTB Khalsa College, Delhi in 1997
- 12th from GHPS School, Delhi in 1995
- 10th from GHPS School, Delhi in 1993

Additional Qualification: Crash Computer Course ~ Well versed with MS Office & Internet Applications

PERSONAL DETAILS

Date of Birth : 03 Oct. 1976
Address : ATS, Indirapuram, Ghaziabad
Languages Known : English, Punjabi & Hindi