



# Shreya Bengani

**Planning to relocate to Gurgaon by the end of the current academic year.**

RCI registered School Counsellor with success in helping students achieve holistic well-being. Talented in meeting the objectives of the counselling program by providing preventive education, advocacy, mediation and counselling to students. Help create a conducive environment for students at home and in school, enhance their coping skills for optimal functioning. Sensitive to socioeconomic and cultural differences of students.

## Current Role

- **School Counsellor, The Srijan School, Model Town, Delhi**  
*September 2021 onwards*

Conducted Comprehensive Sexuality Education Workshop for School Staff in June 2023

Mental Health Week Celebration, 2022

Designing and conducting Life skills sessions for classes 6 to 12-anger, bullying growing up sessions etc.

Safe Unsafe touch sessions for Nur- Grade 2

Individual counselling interventions for students with emotional and behavioural concerns

Empowering teachers and parents to support students' learning journeys

Collaborating with organizations for external workshops and guidance support

Parent guidance

Making school a safe space- contribution in overall school culture and policies

## Contact

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## Skills

Team collaboration  
Leadership

Referral

Individual and Group  
Counseling

Organizing Workshops

Content research and  
design

## Work History

- **School Counsellor, BNPS, Ram Vihar, Delhi (Apr 2021 – August 2021)**
- **EVGC, Govt Girls School, Seelampur, Delhi (Jan 2021 – Apr 2021)**
- **Evaluator, DECE, IGNOU (Sep 2020 – Nov 2020)**
- **School Counsellor, Rosary Senior Secondary School, Delhi-9 (July 2019 – Feb 2020)**

## Trainings Conducted

- CRE workshop "Counselling needs of Parents (of CWSN)", NIEPID, MSEC, NOIDA for different RCI registered professionals across India
- Workshop on "Counselling for Adolescent Well-being" for B.Sc. level and M.Sc. students at Lady Irwin College
- Teacher Training for a group of teachers conducting free Paathshala under CSR of KocharTech
- Support Group for Youth with Srijan Foundation (Jain organization in North Delhi- July 2022- Jan 2023)

## Education History

- Advanced Diploma in Child Guidance and Counselling, NIPCCD, Hauz Khas, Delhi --- (2018- 2019)
- NET qualified
- M.Sc. Human Development and Childhood Studies, Lady Irwin College, Delhi- (2016-18)
- B.Sc. Home Sc. (HDCS), Lady Irwin College, Delhi, (2013-16)
- AISSCE, St. Xavier's School, Raj Niwas Marg, Delhi-54
- AISSE, St. Xavier's School, Raj Niwas Marg, Delhi-54

## Address

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