# Qafiya Sayed

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A/12 Zarinabai chawl, new link road, behrambaug, jogeshwari west, Mumbai 400102

#### PROFILE

Empathetic, motivated, confident and passionate. Offers critical thinking and research skills

#### EDUCATION

MA (Clinical Psychology) Maniben Nanavati Women's College

Activities and society: Developed a psychological test, organized workshops and events, planned interventions for the target sample, took therapy session and assessment

BA (Psychology) Maniben Nanavati Women's College Activities and society: Organised REBT program and Psychology Cultural Event.

### SKILLS

Leader

Motivated

Empathetic

Problem-solving

Critical thinking

Observation skills

#### EXPERIENCE

Stress Management workshop | Santacruz Police Station

Personality Development Workshop - Maniben Nanavati Women's College

Researched on Physical health of teenage girls

Facilitator of bridge course - MNWC college

Social media intern- Hum hai Junoon NGO

3 months remote internship at Project C foundation

6 months Internship at VIBHAS Psychiatric hospital

3 months internship at Farooq high school

## CERTIFICATIONS

Svatah - a psychology-based skill development program | Maniben Nanavati Women's College

Compassionate Integrity Training | UNESCO MGIEP

ICSPC (Stress, Performance and wellness).

Attended National Level Webinar on Inner World during pandemic.

Internship complition certificate.