

**Khushi Rawal**

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## EDUCATION

**Secondary Schooling** — *Shri Vardhman Vidyalaya, Mehsana*

June 2015 - March 2016

**Higher Secondary Schooling** — *Tapovan International School, Mehsana*

June 2017 - May 2018

**Graduation : BA in Psychology**

— *St. Xavier's College (Autonomous), Ahmedabad*

June 2018 - April 2021

**Post-Graduation : MA in Applied Psychology**

— *Pandit Deendayal Energy University, Gandhinagar*

October 2021 - April 2023

**Certificate in Psychological Counseling**

— *St. Xavier's College (Autonomous), Ahmedabad*

2019 - 2020

**State level Workshop | Paradigms of Talk Therapy**

— *Gujarat University, Ahmedabad*

March 2021 (6 Days Workshop)

## EXPERIENCE

**Pearl Special Needs Foundation** — Befriender  
**Ahmedabad, Gujarat**

2019 - 2020

- Working with individuals who have special needs (physical as well as psychological).
- Planning and Executing activities for the group and the individual student.
- Assist outing schedules for the students.

**Board of Studies for Psychology**

*Internal Member* — *PDEU, Gandhinagar*

07/2023 - 07/2026

- To provide feedback and suggestion
- To recommend and prescribe, where necessary, books for study in the subject.
- To recommend programmes for research and extension services.
- To recommend the organization of seminars, refresher courses and workshops to the Dean of the concerned faculty.

## SKILLS

- Emotional Intelligence
- Empathy
- Attention to detail
- Leadership quality
- Problem Solving
- Creative Thinking
- Time Management
- Communication Skills
- Flexibility
- Teamwork

## LANGUAGES

- English
- Gujarati
- Hindi

## INTERNSHIP

### **Kanoria Hospital and Research Center**

Ahmedabad, Gujarat — *Intern*

12/2021 - 01/2022

- Clinical Internship
- Worked on individual case studies and patients
- Counselling children with special needs
- Assessment of behavioural tendency using psychometric tests
- Counselling families of the patient/child

### **Government Mental Health Hospital**

Ahmedabad, Gujarat — *Intern*

1/06/2022 - 30/06/22

- Clinical Internship
- Practical exposure by assisting the Psychiatrist
- Behaviour assessment, analysis and reporting.

## CERTIFICATES

- Progress and Growth Oriented Program , St. Xavier's College - 2018
- Participated in National Green Mentors Conference - 2019
- Towards Greater Gender Desensitization (Seminar)- 2020
- Support team Volunteer in Annual Function | Pearl Special Needs Foundation - 2020
- Quiz for Mental Health Professionals - 2020
- United Nations 75 : Mental Health and Well-being (Webinar)- 2020
- Roles of Forensic Mental Health Services | Gujarat University and Indian Academy of Health Psychology (webinar) - 2020
- Emotional Intelligence and effective leadership (Webinar) - 2021
- Dream Analysis (Online Workshop) - 2021
- In house Workshop | Real life Effectiveness of Counseling and Psychotherapy to promote Holistic Wellbeing - 2023