

## **CURRICULUM VITAE**

**PRIYANKA THAGELA** ,CLINICAL PSYCHOLOGIST

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DATE OF BIRTH-10<sup>th</sup> JUNE 1990

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### **CAREER OBJECTIVE**

I am looking for an opportunity to utilize my abilities, amicable attitude and good knowledge at a dynamic institution to develop my skills enabling me to further upgrade my contribution to the organization. I am a strong communicator with an ability to work positively and specifically to apply my skills and expertise in diagnosing, handling, counseling and providing support to people who are going through emotional, intra & inter personal and psychological struggles.

### **CORE SKILLS**

- Expertise in diagnosing, identifying and treating various psychological conditions
- Expertise in collecting patient information through interviews, observations and standardized psychological tests.
- Ability to diagnose psychological conditions using DSM or ICD diagnostic criteria.
- Experience working with both children and adults from different age groups and cultural backgrounds
- Adeptness in creating and implementing patient treatment plans
- Skill in creating programs that help address psychological issues in workplace and outreach areas
- Great interpersonal skills and communication skills that allow me to collaborate with other health workers and colleagues
- Dedication for work and passion to succeed
- Knack for helping people especially in dealing with their personal issues.

## **ACADEMIC QUALIFICATION**

- Passed 10<sup>th</sup> standard CBSE examination with 77%
- Passed 12<sup>th</sup> standard CBSE examination with 70%.
- Passed Bachelors of Arts (B.A. Hons.) in Applied Psychology (2008-11) from Gargi College, University of Delhi with first division
- Passed Masters of Arts (M.A.) in Psychology from (2011-13) University of Delhi, North Campus with first division
- Passed M.Phil. Examination in Clinical Psychology from (2013-15) Institute of Human Behavior and Allied Sciences (**IHBAS HOSPITAL**), University of Delhi.

## **WORK EXPERIENCE** (8+years)

- Worked as an extern at Safdarjung Hospital, New Delhi
- Worked as a Research Assistant in Public Health Foundation of India (PHFI, Vasant Kunj) Delhi.
- Worked as MPhil trainee at IHBAS HOSPITAL (2013-2015)
- Worked as Clinical Psychologist under ICMR funded research project at Kalawati Saran Children Hospital (Lady Harding Medical College & Associated Hospital) New Delhi.( NOV 2015- JUNE 2017)
- Worked as visiting consultant at JEEVAN HOSPITAL, Delhi( OCT 2017- SEPT 2020 SEPT)
- Worked as in house Consultant Clinical Psychologist at Vidya Sagar Inst. of Mental Health and Neurosciences (VIMHANS) Delhi. ( DEC 2018- SEPT 2020)
- Working as private practitioner at one of the renowned psychiatric clinic based in Delhi NCR(INDIRAPURAM) at present (since 2020 SEPT TILL DATE)

## **PROFESSIONAL SUMMARY**

- Worked with troubled youths to improve anxiety, aggression, depression and unhealthy behaviors
- Worked as part of the counseling team and conducted one-on-one therapy sessions
- Organized group therapy activities
- Maintained full and comprehensive client reports

- Presented general case conference (GCC) as part of academic curriculum at IHBAS hospital in collaboration with **Guru Teg Bahadur Hospital** (GTB) Delhi.
- Conducted TALK and has facilitated discussion on diverse issues of adolescents at **INDIA HABITAT CENTER** ,Delhi
- Conducted TALK at **National Institute of Public Cooperation and Child Development** ( NIPCCD) ,Delhi as a resource person
- Taught college psychology students from AMITY University, CHRIST University , FLAME university ,DU and others during psychology internships that I had conducted at my working clinic .

## **PERSONAL ACHIEVEMENTS**

- Awarded the best student of the year by Times of India (2006-07).
- Completed a dissertation on neurosurgical patients in 2015 on a topic that states “Postoperative neuropsychological functioning and quality of life of the individuals who underwent neurosurgical operations”.
- Written a short information booklet under ICMR funded project ,on Autism Spectrum Disorder (ASD) being clinical psychologist at Kalawati Saran Children Hospital (lady Harding Medical College & associated hospitals, New Delhi)
- Talked about mental health and related issues while giving interviews to news channels .

## **HOBBIES**

- Travelling, playing badminton and listening to music.
- General Photography , Drawing , & Writing in general sometimes

### **Declaration:**

I hereby declare that the above information is correct to the best of my knowledge.



PRIYANKA THAGELA

