

Divya Nair
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PROFESSIONAL EVALUATION

Confidence Base:

M.Phil Psychology – 74.64%

M.A – Clinical Psychology - 69%

B.A – Psychology - 65%

Clinical Internship:

Field Work under:

- Dr. S. Telang, Senior Psychiatrist, Jehangir Hospital, Pune.
- Mrs. Archana Singh, Clinical Psychologist, Yerwada Mental Hospital, Pune.
- Mr. Bhaskar More & Mr. Somnath Puranderre, Counselors, Muktangam De-addiction Centre, Pune.
- At Phoenix and Lark School for special children, Kothrud, Pune

Case Studies:

- **Research Study** on effect of Self Efficacy and Social Support and Self esteem on mental health and recovery in Cancer patients.
- Comparative **Field Study** between Neurotic Tendencies of mothers of Mentally Normal & those of mentally - challenged children.

Initiatives/Seminars/Wksps:

- **Schizophrenia Awareness**, Pune Rotary.
- **Cognitive Processes**, Dr. C.G.Deshpandey.
- **MMPI**, Dr. Geeta Joshi, Mumbai.
- **REBT Therapy**, Dr. Shyamala Vanarse.

Experience:

Current positions –

- Working as a Consultant Psychologist at Navy Welfare and Wellness Association (NWWA), Delhi.
- Consultant at CHETNA -Early Intervention Centre for Indian Navy.

- Consultant Psychologist on an online platform.

Previous experience-

- **Freelance lecturer** for behavioral sciences at DSSC Wellington, Ooty, women's wing, for soft skills and PGDM courses. Jan 2021 to march 2022.
- **Counselor - Kendriya Vidyalaya**, Arvankadu, Nilgiris, Tamil Nadu from Aug 14 to Nov 14.
- **Counselor - Army Public School (APS)**, Bhopal from June 07 to March 08.
- National institute of Fashion Technology (**NIFT**) Bhopal from Oct 08 to May 09.
- **School Students Clinical Counselor** in Career Guidance through Sakal Help Line, at Ness Wadia College from June 04 to Aug 04 on voluntary basis.
- **Executive – Student Relation and Programme Coordination cum Psychological Counseling** at MIT School of Government (**MITSOG**), Pune, under the leadership of Mr T.N.Sheshan with the Aim of Confidence Development of Future Political & Social Leaders and handling of student activities from July 05 to Oct 06

Clinical Psychologist

- **Clinical Psychologist** at **INHS Kalyani**, Visakhapatnam from Feb 2010 to July 2010.
- **Clinical Psychologist** in **DiMaRF**, an NGO in from 30th Dec 04 to 20th Jan 05.

Interest & Hobbies:

- Music , Singing
- Indian Classical Dance Forms.

Outdoors:

Badminton

Achievements:

Topper – M.Phil (Barkatullah University, Bhopal).
Topper - M.A. (SNDT Univ, Mumbai),
Captained House Volley Ball Team at school level.

Languages:

Hindi, English, and Malayalam

References:

On Request

Date of Birth:

07 Aug 83

Place: Vasant Kunj, Delhi

Date: 1 July 2020

(Signature)