

# Riddhi Mishra

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## Skills

- Emotional Awareness
- Active Listening
- Rapport Building
- Crisis Intervention

## Summary

Empathetic and conscientious counseling Psychologist committed to providing effective care and mental health education. Offering a patient-focused practice style that emphasizes active participation in the development of treatment plans. Successful in establishing rapport with patients while maintaining appropriate boundaries.

## Experience

07/2023 - Current

Counseling Psychologist, **Tirath Ram Shah Hospital**

- Hired as a counseling psychologist for the CSR project of the hospital - **screening, assessment, and therapy of development and behavioral problems in children** sponsored by triveni turbines limited
- here i conducted psychological assessment catering children with autism, adhd

08/2022 - 08/2022

Internship Student, **Rajiv Gandhi Cancer Institute And Research Centre, Delegate, Rohini, Delhi**

- a two-day preventive oncology training program where I was given detailed information about different types of cancers and various preventive and psychological therapies as an aid for onset as well as ongoing with cancer patients or people who are prone to these types of cancer

03/2022 - 05/2022

Student Volunteer, **Pehchaan The Street School, Trust, India**

- taught elementary-level mathematics and English to children and also conducted arts and crafts activities. I had the opportunity to interact directly with children regarding their daily lives

03/2022 - 03/2022

Internship Trainee, **Vimhans Nayati Super Speciality Hospital, India**

- Had a short-term exposure in the psychiatry department, observation of patients in OPD was the core essence of the internship

07/2020 - 07/2020

Internship Student, **Fortis Healthcare, India**

- A 50-hour clinical psychology internship where brief discussions about physiological as well as psychological part of psychology along with case studies were taught

## Education And Training

06/2023

**Master's Degree**, Counselling Psychology  
**Amity University**

- Completed continuing education in Counseling psychology
- 7.31 CGPA

01/2021

**Bachelor's Degree**, Psychology  
**Daulat Ram College**

- 6.47 CGPA, First division
- Major in Psychology

01/2018

**12th Standard**  
**ST. JOSEPH'S ACADMEY, DELHI**

- Secured 88.5 percent
- Secured 95% in English

03/2016

**10th Standard**  
**ST. JOSEPH'S ACADMEY**

- 7.5 GPA

## Hobbies

- painting
- exploring new places
- volunteering

## Languages

**Hindi:** First Language

**English:**

C2

Proficient