

## PERSONAL PROFILE

I am a seasoned professional with a diverse skill set and a passion for unlocking individual and organizational potential. As an Executive Coach, Instructional Designer, and Corporate Trainer, I specialize in cultivating leadership excellence, creating impactful learning experiences, and driving professional growth.

## ORGANISATIONS WORKED WITH

- IBM Daksh
- Barclays
- Max Life Insurance

## GET IN

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# Rashmie S Joy

Executive Coach, Instructional Designer, Corporate Trainer

#### **EXECUTIVE COACH**

With a focus on leadership development and personal growth, I provide executive coaching services to help leaders at all levels reach their full potential. My coaching approach includes:

- **Leadership Enhancement:** Tailored coaching programs to elevate leadership skills, self-awareness, and emotional intelligence.
- Goal Achievement: Collaborative goal setting and action plans to achieve personal and professional objectives.
- **Conflict Resolution:** Strategies for managing conflicts and fostering effective team dynamics.
- Career Advancement: Guidance for career growth and strategic decision-making.
- Work-Life Balance: Promoting holistic well-being by balancing professional and personal life effectively.

#### **INSTRUCTIONAL DESIGNER**

I bring creativity and innovation to instructional design, creating engaging and effective learning experiences. My instructional design services encompass:

- Curriculum Development: Crafting comprehensive and learner-centered curricula aligned with organizational goals.
- Assessment and Evaluation: Implementing assessment tools and metrics to measure training program effectiveness.
- **Learning Technology:** Leveraging cutting-edge instructional design tools and technologies to optimize learning outcomes.

#### **CORPORATE TRAINER**

As a corporate trainer, I design and deliver dynamic and interactive training sessions that foster knowledge transfer and skill development. My corporate training services include:

- Training Needs Analysis: Conducting thorough assessments to identify knowledge gaps and training requirements.
- Content Creation: Developing training materials, resources, and multimedia content that facilitate effective learning.
- Facilitation Excellence: Creating engaging and inclusive training environments, utilizing various techniques to ensure learner engagement.
- **Results-Oriented Training:** Measuring training effectiveness through assessments and providing ongoing support for skill development.

### **EDUCATION / CERTIFICATIONS**

- Diploma in Modern Applied Psychology, 2023 The Academy of Modern Applied Psychology
- Cognitive Behavioral Therapy Practitioner, 2023 The Academy of Modern Applied Psychology
- Life Coaching, 2022 The Academy of Modern Applied Psychology
- Instructional Design, 2012 Vyaktitva
- Post Graduate Diploma in Human Resources & Admin, 2021 Tata Institute of Social Sciences