

Sanchali Ghosh Dastidar

(She/Her)

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OBJECTIVE

To apply my knowledge of psychotherapy, assessment and research to help clients overcome psychological distress. To collaborate with other healthcare professionals to ensure continuity of care for clients.

EXPERIENCE

Clinical Psychologist, 11/2023 – 2/2024

Sri Aurobindo Society

- Sensitizing teachers across Pan India about Inclusive Education & Neurodevelopmental Disorders
- Conducting webinars for teachers across Pan India on Identifying CWSN & Classroom Interventions for CWSN

Resident Clinical Psychologist, 03/2023 - 08/2023

Disha Neuropsychiatry Clinic

- Undertook supervised psychotherapy sessions while utilizing an eclectic approach for the treatment and management of various psychopathologies.

Resident Clinical Psychologist, 09/2022 - 02/2023

Dean Dayal Upadhyaya Hospital

- Worked with a diverse population and delivered psychotherapeutic interventions while practising multiculturalism

Resident Clinical Psychologist, 06/2022 - 08/2022

Perfect Mind Clinic

- Taking detailed Adult & Child Case Histories including MSE
- Conducting Psychological Assessments & preparing detailed psychological reports

Resident Clinical Psychologist, 03/2022 - 05/2022

NIEPD - Noida, India

- Screening for Intellectual disability, Autism and ADHD for certification
- Presented a Talk on 'Concept of Mental Health' to students of B.E. In Special Education

Resident Clinical Psychologist, 12/2021 - 02/2022

Cosmos Institute of Mental Health & Behavioral Science

- Taking detailed Adult Case Histories including MSE
- IPD Rounds with senior doctors and senior clinical psychologists.
- Updating caregivers and family members regarding the progress in the treatment and symptomology of patient in IPD
- Conducting psychological assessments for diagnostic clarification

Resident Clinical Psychologist, 10/2021 - 11/2021

District Government Multi-Specialty Hospital

- Taking detailed Child Case Histories including MSE
- Conducting psychological assessments to assess Intellectual Disability, Specific Learning Disabilities, Social Development and Autism
- Preparing Psychological Assessment report for certification

CORE SKILLS

Cognitive Behavioral Therapy, Marital Therapy, Dialectical Behavior Therapy, Psychological Assessments

EDUCATION

M.Phil. : Clinical Psychology, 2023
Amity Institute of Behavioral Health & Allied Sciences

AGPA: 6.75

Dissertation in [**Role of Social Isolation and Burnout on Psychological capital among employees working from home post pandemic**]

M. A : Clinical Psychology, 2017

Amity University - Noida, UP

CGPA : 7.00

- Dissertation in [**Relationship between status & type of employment with marital adjustment & mental wellbeing among married women**]

B. A : Psychology, 2015

SNDT University - Churchgate, Mumbai

GPA: 68.67, GRADE-A

IB, 2012

G D Goenka World School - Gurgaon

International General Certificate of Secondary Education (IGCSE), 2010

Antwerp British School - Antwerp, Belgium

- Preparing Psychological Assessment report for certification

Resident Clinical Psychologist , 09/2021 - 10/2021

Janakpuri Super Speciality Hospital

- Taking detailed Child Case histories including MSE
- Conducting psychological assessments to assess Intellectual Disability, Social Development and Specific Learning Disabilities

Psychologist, 06/2017 - 11/2020

Drishti

- **Training & Development** in Drishti Editing & Uploading modules and presentations in Schoology (Online Courses of Drishti)
Editing Content related to courses in Schoology and Correcting Schoology online exams
- **Counselling** , Conducting of Remedial Education and Psycho-educational assessments in the following schools : Ryan International School Kharghar, Avalon Heights International School Vashi, Red Camel International School Nerul, Podar International School Khar West, Lilavatibai Podar High School Santacruz and Hiranandani Foundation School Powai
- **Coordinator of School Counselling**
Coordination of the following schools
 1. Ryan International School Sanpada
 2. St. Josephs High School KhandeshwarConducting TOP (Teacher Orientated Presentations) on inclusion
Leading a group of psychologists on school counselling , content making for school counselling worksheets , registrations for Remedial therapy & Workshops

ACCOMPLISHMENTS

- Presented Paper entitled "**Relationship between status & type of employment with marital adjustment & mental wellbeing among married women**" in **National Seminar on 'Positive Psychology And Spirituality For Holistic Health'** organized by Amity Institute of Psychology & Allied Sciences Noida in Association with and Morarji Desai National Institute of Yoga Supported by Indian Council of Medical Research New Delhi
- **Promoted as Coordinator (School Counselling) of Drishti** (August 2018)
- Presented Paper entitled "**Impact of Social Isolation and Burnout on Psychological Capital among work from home employees**" in at the **49th National Annual Conference of Indian Association of Clinical Psychologists (NACIACP)** on 11th February 2023 at SGT University Gurugram, India
- Publication of Abstract of research paper entitled "**Impact of Social Isolation and Burnout on Psychological Capital among work from home employees**" in souvenir of **49th National Annual Conference of Indian Association of Clinical Psychologists (NACIACP)**.

LANGUAGES

- ENGLISH - Fluent
- HINDI - Fluent
- BENGALI - Fluent