



Manvi Nitin

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Gurugram, India

SKILLS

- Mental Health Assessment
- Interpersonal Communication
- Team Collaboration
- Time management abilities
- Data Collection
- Psychological Therapy Treatments
- Recreational Activity Planning
- Qualitative and Quantitative research

PROFESSIONAL SUMMARY

- Dynamic and dedicated budding psychologist with a passion for understanding human behavior and fostering positive relationships.
- Possesses decent knowledge about psychology and mental health acquired through academic study and practical experience.
- Dedicated to creating rapport and fostering connections with diverse individuals.
- Proficient in various forms of dance, leveraging creativity and expression to engage with others.
- A quick learner with a strong work ethic, committed to continuous growth and development in both professional and personal spheres.
- Demonstrates determination and resilience in pursuing goals and overcoming challenges.

WORK HISTORY

June 2023 - July 2023

Psychology Intern, Punha Santulan, New Delhi

Punah Santulan is one of the best Multi Speciality (Psychology, Psychiatry) hospital in Delhi.

- Observed and documented client behaviors during sessions
- Learnt and observed evidence-based treatments such as Cognitive Behavioral Therapy and Dialectical Behavioral Therapy
- Learnt application of psychodiagnostic assessments or psychometric methods to facilitate treatments.

June 2022 - July 2022

Human Resources Intern, Agrim, Gurgaon

Gurugram-based Agrim is a B2B agri-input e-commerce marketplace, which brings small retailers and manufacturers on one platform.

- Participated in staff meetings to discuss company policies and procedures related to human resources management
- Created job descriptions for new roles within the organization
- Developed presentations on various topics related to human resources management
- Drafted correspondence to employees regarding changes in policy or procedure
- Assisted with new hire orientation preparation, scheduling and administration.

February 2023 - February 2023

Psychology Intern, Aastha Hospital, Lucknow

2005, Aastha Centre For Geriatric Medicine Palliative Care Hospital & Hospice in Mahanagar, Lucknow is a top player in the category Gynaecologist & Obstetrician Doctors in the Lucknow.

- Got to observe and learn about the different geriatric conditions and the prevalent disorders in the elderly
- Organized information from multiple sources into accessible formats for easy retrieval
- Assisted with event planning, support and execution of virtual and in-person engagements
- Conducted intake interviews with clients to assess their mental health needs
- Administered standardized physical or psychological tests like the MMSE and the Depression inventory.

February 2023 - February 2023

Mental Health Volunteer, MUSKAAN, Lucknow

MUSKAAN is an NGO registered in 2007, Muskaan exists to promote kindness happiness and gratitude globally.

- Organized recreational outings for individuals in residential facilities
- Participated in weekly team meetings with other mental health professionals to discuss cases and develop strategies for addressing challenging situations
- Provided education about mental health conditions and available treatments options.

November 2022 - November 2022

Psychology Intern, Manoshakti, Lucknow

Manoshakti is an initiative to help the people who need support to improve their mental health. It is a group of trained psychologists based out of Lucknow that provide a number of services.

- Learnt about COMMUNICATION AND CONFLICT RESOLUTION
- Got to learn the basic idea of CBT
- Observed and documented client behaviors during sessions.

June 2021 - July 2021

Psychology Intern, Psyuni Trust Mahanagar, Lucknow

Psyuni offers life coaching, capacity building and research on wide range of mental health issues. they provide counseling for career, relationship, sexuality etc.

- Conducted literature reviews on relevant topics in psychology field
- Learnt about the different statistical tools and their application
- Interacted and observed clients with autism spectrum disorder and ADHD
- Maintained positive working relationship with fellow staff and management
- Observed and documented client behaviors during sessions
- Participated in research projects related to psychology topics such as anxiety disorders or depression.

EDUCATION

August 2022 - June 2024

Master Of Arts , Counseling Psychology

Amity University Lucknow, Lucknow

GPA: 8.3(till 3rd semester)

July 2019 - June 2022

BA. Honors, Applied psychology

Amity University Lucknow, Lucknow

- CGPA-7.6

April 2018 - May 2019

Higher Secondary Education, Humanities

Vishwa Bharati Public School, Noida

Percentage scored-92.5

ACCOMPLISHMENTS

- Recipient of merit-based scholarships ,in the first year of studies for both Bachelor's and Master's degrees recognizing outstanding academic performance and dedication
- I have completed two research paper in my chosen field on (Schizophrenia and Gender Differences)
- And (A comparative study of job satisfaction in corporate employees working online/offline),Currently working on the completion and publication of another research paper on the topic (Ego Defense Mechanisms and their impact on the formation of close relationships.)
- President, Rebirth dance crew [Amity University Lucknow]- Led and managed the official dance crew of the college, overseeing all aspects of team operations and performances
- Represented the college in over 20 prestigious dance competitions, including renowned institutions such as IIT BHU, IIT Roorkee, and IIM Lucknow
- Achieved multiple certificates and medals in various competitions, showcasing exceptional passion and dedication to dance.