

# IRHA MATEEN KHAN

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## Education

### Heriot-Watt University

BSc. (Hons) in Psychology. First Class.

Edinburgh, UK

Graduation Date: June 2025

Modules of Relevance: Cognitive Psychology, Psychobiology, Neuropsychology, Cognition Across the Lifespan, Research Methods and Analysis 1-6

Dissertation: "Age Effects in Dynamic Emotion Recognition and Relationship to Inhibitory Control"

Supervisor: [Dr. Thusha Rajendran](#)

## Research Experience

### Exploring Majority Members' Acculturation (EMMA) Lab

#### Project Collaborator

Leads: Dr. Katharina Addington-Lefringhausen, Prof. Jonas R. Kunst, Prof. Justine Dandy

December 2024 – ongoing

"Majority Members' Acculturation Scale Cross-Cultural Validation Study"

- Contributed feedback on item relevance, clarity, and cultural appropriateness during the initial content validation phase
- Actively involved in ongoing project stages, including preparation for pre-testing and refinement of scale items for empirical use

### Heriot-Watt University

Edinburgh, UK

#### Research Assistant

Supervisor(s): Dr. Laras Yuniarto and Dr. Rachael Hulme

"From Struggle to Strategy: A Cross-Cultural Study of Psychology Students' Attitudes Towards Failure, Statistics, and Their Use of Feedback Support"

June 2024 – July 2025

- Conducted an extensive literature review and drafted a background section for a forthcoming publication
- Collaborated with research leads to design a novel questionnaire informed by current theoretical and empirical frameworks
- Facilitated online focus groups with diverse participants from both the Edinburgh and Dubai campuses to explore cross-cultural perspectives.
- Recruited participants (quantitative survey,  $n = 72$ ; qualitative focus groups,  $n = 6$ ) through targeted outreach and managed scheduling across multiple sessions.
- Cleaned and organized quantitative data using Python, ensuring analysis-readiness
- Coded and analyzed data using NVivo, identifying key themes and patterns
- Serving as first author on a manuscript currently in preparation for peer-reviewed journal submission

### Heriot-Watt University

Dubai, UAE

#### Undergraduate Research Assistant

Supervisor: Dr. Hajar Yekani

December 2023 – January 2025

"Beyond Diversity: Addressing Subtle Discrimination in Multi-Cultural Environments"

- Led several in-person focus groups with diverse student participants ( $n = 16$ )
- Contributed to study design and write-up in collaboration with an interdisciplinary research team
- Analyzed qualitative data using NVivo, identifying key themes and contributing to interpretation and discussion
- Led literature review and co-authored manuscript draft; currently collaborating on final revisions for journal submission.

## **Other Relevant Experience**

### **Heriot-Watt University**

#### **Volunteer Research Assistant (VRA)**

Projects undertaken:

- “Trust and Context Congruence Influences on the Spread of Misinformation” – Dr. Monica Tamariz and Dr. Pete McKenna (Collaborator)
- “Exploring University Students’ Perception on Class Attendance From a Cross-Cultural Perspective” – Dr. Mark Atkinson, Dr. Zoë Fortune, Dr. Hajar Yekani (Collaborator)
- “Attitudes Towards the Hijab,” Dr. Pik Ki Ho and Dr. Hajar Yekani (Data Collection Assistant)

### **Heriot-Watt University**

#### **School of Social Sciences Athena Swan Self-Assessment Team (SAT)**

Edinburgh, UK

##### **Member**

June 2024 – March 2025

- Conducted a focus group with senior faculty at Edinburgh Business School to explore perspectives on Athena Swan, inclusion, and diversity

## **Conference Presentations**

### **University of Aberdeen**

#### **Undergraduate British Psychological Society Psychology Conference**

Aberdeen, UK

Thesis Presentation: Age Effects in Dynamic Emotion Recognition and Relationship to Inhibitory Control

March 2025

### **Heriot-Watt University**

#### **International Psychology Conference Dubai**

Dubai, UAE

Beyond Diversity: Addressing Subtle Discrimination in Multi-Cultural Environments

February 2025

## **Skills**

**Technical:** R, Python, SPSS, JASP, MATLAB, SurveyLab, Microsoft Forms, PsychoPy

**Attributes:** Analytic Thinking, Attention to Detail, Communication, Report Writing, Problem Solving, Adaptable

**Language:** English (native), Urdu (fluent), Hindi (fluent), Punjabi (intermediate), Arabic (intermediate)

**Laboratory:** Electroencephalography (EEG), Transcranial Direct-Current Stimulation (tDCS)

## **Prizes & Awards**

### **Watt Club Medal – Issued by Heriot-Watt University**

June 2025

Awarded annually to a student who has achieved the highest distinction in their undergraduate Honors degree course. Heriot-Watt University’s Premier award for undergraduate students.

### **The British Psychological Society (BPS) Undergraduate Award – Issued by Heriot-Watt University**

June 2025

Awarded to the highest scoring student at their accredited institution. One recipient among three campuses and 100+ students.

### **University Prize 3<sup>rd</sup> Year – Issued by Heriot-Watt University**

Aug 2024

£100 cash prize awarded for outstanding merit for achievement of the highest-grade average in Year 3 across three campuses.