



PERSONAL RESPONSIBILITY SHEET

Student's Name: _____ Week of: _____

SCHOOL OF LEADERS

HONESTY



SELF-ESTEEM



RESPECT

DISCIPLINE



BELIEF



COMMUNICATION

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
I woke up on time							
I got ready quickly							
I did my home work							
I took a shower							
I brushed my teeth							
I kept my room clean							
I practiced my martial arts							
I ate all of my food veggies							
I took care of my pets							
I went to bed on time							
I was helpful to my parents							

SCHOOL OF LIFE

Student Signature

Parent Signature

Stripes may be awarded for each completed task sheet. At the end of the week the student should bring the sheet to their instructor. Any tasks that have been completed for the entire week will receive a stripe.