



Tapping into your God-given purpose and potential

Tel: (470) 249-8821  
 Fax: (470) 558-2846  
[www.brillancerevealed.com](http://www.brillancerevealed.com)

## MENTAL HEALTH INTAKE FORM

### PERSONAL INFORMATION

Name:	Date:	
Address:		
Phone:	Email:	
Age:	Date of Birth:	Gender:
Primary Physician:	Phone:	
Current Therapist:	Phone:	

### COMPLAINT

What is your major complaint?			
Start Date:	Have you previously suffered from this complaint?	Yes	No
Previous therapist(s) seen for complaint:			
Previous treatment for complaint:			
Aggravating Factors:			
Relieving Factors:			

### CURRENT SYMPTOMS (check all that apply)

Anxiety	Appetite Issues	Avoidance	Crying Spells
Depression	Excessive Energy	Fatigue	Guilt
Hallucinations	Impulsivity	Irritability	Libido Changes
Loss of Interest	Panic Attacks	Racing Thoughts	Risky Activity
Sleep Changes	Suspiciousness		

### CURRENT MEDICATIONS (Over-the-Counter and Prescription)

Name	Dosage	Frequency	Length of Time	Reason for Taking



Tel: (470) 249-8821  
 Fax: (470) 558-2846  
[www.brillancerevealed.com](http://www.brillancerevealed.com)

## MEDICAL HISTORY

Exercise Frequency:	Exercise Type(s):
Allergies:	
Previous diagnoses/mental health treatment:	
Previously treated by:	
Previous medications:	
Dates treated:	
Previous medical conditions:	
Previous surgeries:	

## FAMILY HISTORY

Were you adopted?	Yes	No	If yes, at what age?
How is your relationship with your mother?			
How is your relationship with your father?			
Siblings and their ages:			
Are your parents married?	Yes	No	
Did your parents divorce?	Yes	No	If yes, how old were you?
Did your parents remarry?	Yes	No	If yes, how old were you?
Who raised you?			Where did you grow up?
Family member medical conditions:			
Family member mental conditions:			
Treated with medication?	Yes	No	
Medications:			

## EARLY DEVELOPMENT

Where did you grow up?			
How often did you move and where?			
How old were you when you left home?			
Have any immediate family members died?	Yes	No	Who?
Have any committed suicide?	Yes	No	Who?
Describe any neglect you suffered and by whom:			
Trauma suffered and by whom:			
Abuse suffered and by whom:			



Tel: (470) 249-8821  
 Fax: (470) 558-2846  
[www.brillancerevealed.com](http://www.brillancerevealed.com)

Highest level education completed:			
Date completed and location:			
Have you ever served in the military?	Yes	No	If yes, where?
Dates of service:		Highest rank achieved:	

### PRESENT SITUATION

Work:					
Full-Time	Part-Time	Student	Unemployed	Disabled	Retired
Are you married?	Yes	No	If yes, date of marriage:		
Are you divorced?	Yes	No	If yes, date of divorce:		
Prior marriages?	Yes	No	If yes, how many?		
What is your sexual orientation?			Are you sexually active?	Yes	No
How is your relationship with your partner?					
Do you have children?	Yes	No	Dates of birth:		
How is your relationship with your child(ren)?					
List anyone else who lives with you:					
Are you a member of a religion/spiritual group?			Yes	No	
What is your level of involvement?					
Have you been arrested?	Yes	No	When and why?		

### HAVE YOU EVER TRIED THE FOLLOWING (check all that apply)

Alcohol	Tobacco	Marijuana	Hallucinogens (LSD)
Heroin	Methamphetamines	Cocaine	Stimulants (Pills)
Ecstasy	Methadone	Tranquilizers	Pain Killers
If yes to any, list frequency/dates of use:			
Have you ever been treated for drug/alcohol abuse?	Yes	No	If yes, when?
For which substances?			
Do you smoke cigarettes?	Yes	No	If yes, how many per day?
Do you drink caffeinated beverages?	Yes	No	If yes, how many per day?
Have you ever abused prescription drugs?	Yes	No	
If yes, which ones?			



Tel: (470) 249-8821  
Fax: (470) 558-2846  
[www.brillancerevealed.com](http://www.brillancerevealed.com)

#### ANYTHING ELSE YOU WANT THE DOCTOR TO KNOW?

-----  
Signature

-----  
Date