

Finding the Right Assisted Living Facility can be stressful, overwhelming, and guilt inducing. Finding the right place can take a lot of time, tours, and energy. Use these questions to help you narrow down you or your loved ones specific care needs. Many places may not be able to offer the care needed and you can screen them before going in for a tour, i.e. some facilities are not licensed to care for a resident who is not ambulatory or some facilities are unable to administer injections or other complex medications.

GENERAL CARE NEEDS

Ambulation/Mobility	Self	Cane	Walker	Wheelchair	
Bathroom Assistance	Self	Reminders	Full Assistance		
Bathing/Showering	Self	Stand-by	Full Assistance		
Dressing	Self	Reminders	Stand-by	Full	
Dental Hygiene	Self	Reminders	Stand-by	Full	Denture Care

MEAL TIME NEEDS

Feeding	Self	Reminders	Food Cut Up	Full Assistance
Special Diet	Yes	No		
Food Allergies	Yes	No		

MEDICATION NEEDS

Medication Assistance	Self	Reminders	Administered
Special Medication Needs	Injections or other Specialized Medications		
Blood Pressure Monitoring	Yes	No	
Blood Sugar Monitoring	Yes	No	

DEMENTIA AND ALZHEIMER'S CARE

Prone to Wander or Elope	Yes	No
Verbally Aggressive	Yes	No
Physically Aggressive	Yes	No
Confused in Time and Place	Yes	No
Difficulty Swallowing	Yes	No
Able To Retain New Information	Yes	No