

*If you have food allergies or a special dietary requirement,  
please contact the manager on duty or one of our Registered Dietitians.*

# BREAKFAST

<b>Banana Pancakes</b> 	\$0.29
<i>Contains milk, egg, wheat, soy, gluten</i>	
<b>Scrambled Eggs</b> 	\$0.60
<i>Contains milk, egg, soy</i>	
<b>Scrambled Tofu</b> 	\$0.58
<i>Contains soy</i>	
<b>Bacon</b>	\$0.50
<b>Pork Sausage Patty</b>	\$0.33
<b>Home Fried Potatoes</b> 	\$0.47
<b>Oatmeal</b> 	\$0.09/oz.

 = Vegetarian    = Vegan

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# LUNCH

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## Honey Ginger Chicken Thigh

*Contains wheat, soy, gluten*

\$1.30

## Italian Sausage with Caramelized Onion & Peppers

*Contains milk, wheat, soy, gluten*

\$2.44

## Cavatappi Pasta with Tomato Sauce

*Contains wheat, gluten*

\$0.58

## Garlic Bread

*Contains milk, wheat, soy, gluten*

\$0.52




## Roasted Carrots

\$0.67

## General Tso Tofu Stir Fry

*Contains wheat, soy, gluten, sesame*

\$2.31

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# DINNER

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Maple Chile Glazed Pork Loin	\$1.50
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Blackened Salmon	\$3.36
<i>Contains fish</i>	

Sautéed Yellow Squash & Zucchini 	\$0.35
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Cajun Roasted Potatoes 	\$0.87
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Roasted Vegetable Ravioli with Marinara 	\$3.44
<i>Contains wheat, soy, gluten</i>	

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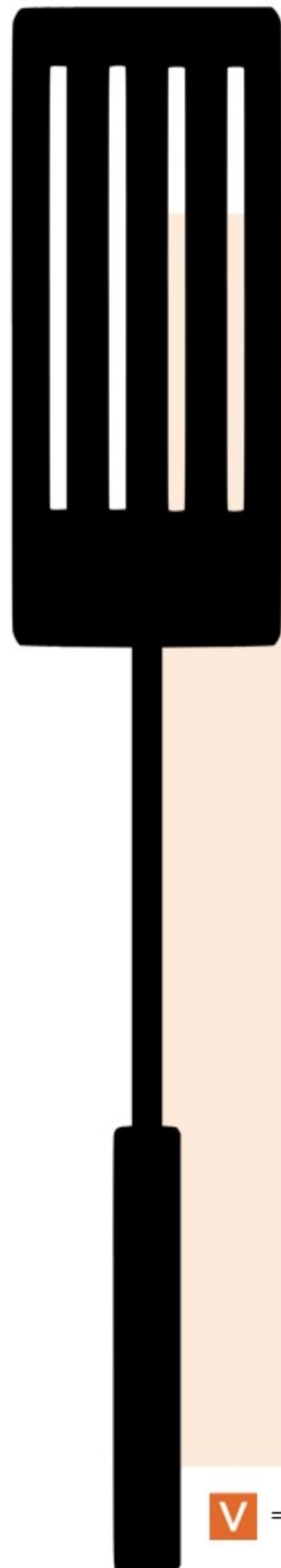
# SIMPLE SERVINGS

Pork Tenderloin	\$1.15
Grilled Chicken	\$1.74
Zucchini VG	\$0.33
Acorn Squash V	\$1.36
Brown Rice Pilaf with Quinoa VG	\$0.17
Spicy Eggplant with Garbanzo Beans VG	\$0.86

VG = Vegan V = Vegetarian  = Plant-Based

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# FROM THE GRILL

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Today's Special:

## Baja Fish Taco

Contains milk, egg, fish, wheat, soy, gluten

\$3.45

**\*Gluten-free buns available upon request.**

## Hamburger

Contains milk, egg, wheat, soy, gluten

\$3.08

## Philly Cheesesteak

Contains milk, wheat, soy, gluten, sesame

\$3.54

## Cheeseburger

Contains milk, egg, wheat, soy, gluten

\$3.21

## Chicken Tenders

Contains wheat, gluten

\$3.17

## Bacon Cheeseburger

Contains milk, egg, wheat, soy, gluten

\$3.71

## Grilled Chicken Sandwich

Contains milk, egg, wheat, soy, gluten

\$2.96

## Beyond Burger®

Contains wheat, coconut, soy, gluten, sesame

\$3.77

## Grilled Cheese Sandwich

Contains milk, wheat, soy, gluten, sesame

\$0.68

## Black Bean Burger

Contains wheat, soy, gluten, sesame

\$2.67

## French Fries

Contains wheat, gluten

\$1.08

## Garden Burger

Contains milk, wheat, soy, gluten, sesame

\$2.67

## Boar's Head Hot Dog




Contains milk, wheat, soy, gluten, sesame

\$1.97

## Turkey Burger

Contains milk, egg, wheat, soy, gluten

\$2.56

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# PIZZA

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## Cheese

*Contains milk, wheat, soy, gluten*

\$0.72

## Pepperoni

*Contains milk, wheat, soy, gluten*

\$1.03

## Plant Based Pizza

*Contains wheat, soy, gluten, coconut*

*\*Don't see this item available? Please ask your server!*

\$0.77

## Today's Specials:

## Black Bean Tostada Pizza

*Contains milk, egg, wheat, soy, gluten*

\$1.19





# TODAY'S SOUP

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## Chicken Noodle

*Contains milk, egg, wheat, soy, gluten*

\$1.03


## Cuban Black Bean

\$0.57

## Manhattan Clam Chowder

*Contains shellfish, fish, wheat, soy, gluten*

\$0.46

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