Printed: 03/18/2022

Cook-Douglass Health Center 61 Dudley Road New Brunswick, NJ 089012889 (848)932-7402

MANSI KHANNA (F) [744764] Note Date: 03/18/2022 08:46 AM Pt. Phone: (848)437-1285 DOB: 09/23/1995 (Age 26)

Summary of note: gyn exam: PAP

Allergies (Reviewed By Elizabeth Doros 03/18/2022 8:46 AM): No known drug allergies -

unspecified, No Known Allergies

Current Medications (Reviewed By Elizabeth Doros 03/18/2022 8:46 AM): No Entry

Intake:

REASON FOR VISIT:	: Chief	Complaint: ini	itial gyn exa	m						
Current Living Arr	rangem	nents: Off ca	mpus, curi	rent addres	s is: 10	Paul Robe	son B	lvd.		
. Pain Scale	e:0/10									
LMP: . March 11, 2	2022	That period v	was normal	in length, ti	ming and	l amount of	bleedi	ng.		
ORTHOSTATICS:										
VISION:										
LATEX ALLERGY:		The patient s	states he/sh	e DOES NOT	Γ have an	allergy to L	atex.			
SPECIAL NEEDS:		No special n	eeds were i	dentified fo	r today's	visit. (Ie. rel	igious,	/cultural, emc	tional	
		barriers, mot	ivation to le	arn, physica	al/cogniti	ve, etc.)				
Heard about Heal	th Cent	er Services via	: Presentati	on by health	n center s	staff. This p	atient	never had an	Annual	
GYN exam. Stude	nt state	es she has bee	n sexually a	ctive. Would	not like	to discuss b	irth co	ntrol options	at this	
time. Patient uses o	condon	ıs - Always.								

Minutes of physical activity/week: Less Than 150 minutes per week

Signed by: Elizabeth Doros on Mar-18-2022 at 08:52 AM

Locked by: Elizabeth Doros on Mar-18-2022 at 08:52 AM

Т	HR	RR	BP	Pain	LMP	O2 %	HT	Wt	BMI
97.3	92	20	112/73	0	March 11, 2022	99	64	156.4	26.8

Signed by: Elizabeth Doros on Mar-18-2022 at 02:11 PM

Locked by: Elizabeth Doros on Mar-18-2022 at 02:11 PM

Consent For Immunization

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Name: MANSI KHANNA	DOB: 09/23/1995	RU ID#: 203004526		
Allergies: No				
Sex assigned at birth: Female	Any Chance o	f Pregnancy: No		
Any Previous Severe Reactions:		No		
Any Long Term Health Problems:		No		
Any Immune System Problems:		No		
Any Medication Taken Affecting Imn	nune System:	No		
Any Blood products or gamma globul	in given:	No		
Any Nervous System Problems:	No			
Any live virus vaccinations given in p Any other vaccines given in past 2-4 v	No No			
I have been provided with the Vaccina vaccine(s) that will be administered to				
I authorize and his/her assistants to aware of certain risks that may be assorinstructed to wait <u>20</u> minutes in the reaction following my injection(s). I hwere answered to my satisfaction. I be vaccine(s) and request the vaccine(s)	ociated with these immealth center in the evenue had the opportunitelieve I understand the	unizations. I have been nt I have an adverse y to ask questions, which		

Today's Date: March 18, 2022

Patient Signature:

Printed: 03/18/2022

Marad

...

Signed by: KeenanTara on Mar-18-2022 at 02:44 PM Locked by: KeenanTara on Mar-18-2022 at 02:44 PM

Hx + ROS:

26 yo woman here for first gyn exam.

was seen on 03/08/22 with concerns about missed period. She had her period on March 11, 2022.

periods are usually monthly-doesn't count the days

LMP 03/11/22 PMP: 01/31/22

last 4 days

sexually active with 1 lifetime male partner

he lives in India- last sexually active in first week of January 2022- uses condoms all the time

vagina/vulva itch/burn: no change in vaginal discharge: no; vaignal odor: no; bumps/sores/ulcers: no; dysuria:no; frequency: no; urgency: no; hematuria: no; flank pain: no; abdominal/pelvic pain: no; fever/chills: no rash: no; mouth sores:no; sore throat: no

never had pelvic exam no PAP or STI testing G0P0

PAST MEDICAL HISTORY ILLNESSES: none

HOSPITALIZATIONS:none

SURGERY: none ALLERGIES: NKA

IMMUNIZATIONS: covid x 3, no HPV

MEDICATIONS: no

FAMILY HISTORY: reviewed in EHR

no tobacco or marijuana occasional alcohol with friends first year in grad school- waiting to hear about summer internships; has had some interviews no exercise at this time

- Entered by Leslie Sanders on Mar-18-2022 03:13 PM

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Exam:

Patient declined the presence of a chaperone GENERAL APPEARANCE: well appearing.

ABDOMEN: Normal: Soft, non-tender, normal Bowel sounds, no organomegaly or masses.

BREASTS: Symmetrical, without nipple discharge or skin changes on inspection., No palpable tenderness or palpable masses., No axillary or supraclavicular lymphadenopathy.

EXTERNAL GENITALIA: Normal: without erythema, excoriation or lesions.

VAGINA: Normal rugae, without discharge, odor or inflammation.

CERVIX: Normal - pink, smooth without lesions, friability or inflammation, Location is midline.

UTERUS: Normal size, non-tender, smooth. ADNEXA: Adnexa - Normal: palpable, normal size, without masses or tenderness.

Assessment:

1) Encounter for immunization - Z23, V04.81, 1411000119

2)Encounter for gynecological examination (general) (routine) without abnormal findings - Z01.419, 83607001

3) Encounter for screening for malignant neoplasm of cervix - Z12.4, 171149006

26 yo woman with normal bresat and gyn exam. PAP and STI completed. No known contraindicatoins to Gardasil.

- Entered by Leslie Sanders on Mar-18-2022 03:13 PM

Plan:

Immunization Administration, One (Z23); Office Visit - Established Patient Level 3 (Z23)

Labs: THINPREP PAP AND HPV MRN+ TP, HPV MRNA E6/E7 (91274) (Z23)

THINPREP PAP AND HPV MRN+ TP, HPV MRNA E6/E7 (91274) (Ordered)

Result DTS:

Nurse Orders: Gardasil9 0.5ml IM (Z23)

(Given) Manufacturer Merck & Co. Lot CDHC - U008048 Expiring 06/18/2023

Reguest Made by sandersles on 3/18/22 2:37 PM

Order Received by KeenanTara on 3/18/22 2:56 PM

Completed by KeenanTara on 3/18/22 2:57 PM

[RESULTS NEED READING]

Injection given: Per Direct order by RHS Provider

Reviewed Allergies, Gave patient VIS Form to read and reviewed form with patient, Reviewed Contraindications.

Vaccine: Gardasil-9 (HPV) 0.5mL IM Given

Injection(s) given Deltoid - Left.

The following reactions were noted after administration: None - Patient tolerated injection well without any side effects or adverse reactions at the time of discharge from the clinic

Signed by: KeenanTara on Mar-18-2022 at 02:56 PM

Locked by: KeenanTara on Mar-18-2022 at 02:56 PM

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Given: Top 6 Birth Control Options (Z23)

PAP/STI testing amd gyn and breast exams completed

gardasil #1 given

Return for Gardasil #2 in 1 month; dose#3 to be given 12 weeks after dose #2

Discussed Plan B: use and effectiveness

Advised to take as soon as possible after unprotected sex but no later than 5 days discussed changes in menses that may occur- period may be earlier or later than usual If no period in the next 3-4 weeks should take a pregnancy test

PLan B is available at most pharmacies and is covered by your insurance. Plan B \$10 discount coupon available at PLan B website Plan B equivalents availabe on line such as My Way for significantly less money

continue condom use.

Return to RSH to discuss contraception when interested.

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Plan of Care Summary

Diagnosis or issues addressed: gynecologic exam with PAP and sti testing

Medications: NONE

Immunization given today:

Gardisil 9 (HPV)

Testing: Pap Test, STI testing

Your lab results will be reported back to you by secure

message.

Recommendations:

Referral: NONE X-ray or Radiology: NONE

Additional Information: gardasil #1 given

Return for Gardasil #2 in 1 month; dose#3 to be given 12

weeks after dose #2

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Return Visit: Patient to Schedule Appointment: 1 month for gardasil #2

Additional Notes (For Provider Only)

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Locked by: Leslie Sanders on Mar/18/2022 03:13 PM