# LANGUAGE

# **BEGINNING SIGN LANGUAGE I**

Students may earn three college credits for this course.

In this course, students are introduced to American Sign Language (ASL). They learn the use of the manual alphabet for finger-spelling and how to develop vocabulary through sign production. Students become familiar with the history of sign language and gain an understanding of effective facial expressions. This course will be offered Fall 2018.

#### **BEGINNING SIGN LANGUAGE II**

Students may earn three college credits for this course.

A continuation of SGN 113, students continue to develop vocabulary and gain extensive experience in signing situations created by the instructor. Signing simple songs and stories, as well as receptive reading of the signed stories of classmates will be practiced in small group activities. Weekly homework assignments must be completed. This course will be offered Fall 2018.

# **CONVERSATIONAL SIGN LANGUAGE WORKSHOP**

This class is a workshop in American Sign Language focused solely on aiding in communication between hearing and Deaf individuals. This workshop will contain basic introductions to conversational sign, as well as activities that allow students to learn necessary signs to strengthen interaction between Deaf coworkers, children, and family members. The course will be instructed with the aid of nonverbal and voiced instruction. Instructor: S. Lee

LA140-0314CT W 3/14 & 28 \$79 5-8pm CT

## **SIGN LANGUAGE FOR STARTERS WORKSHOP 1**

This class is an introduction to American Sign Language, focusing on beginner use of vocabulary and grammar. This will include the alphabet, numbers, colors, and common phrases. This course will also provide a brief history of Deaf culture, and of the Deaf community. The course will be instructed with the aid of nonverbal, and voiced instruction. Although this is not a prerequisite for "Sign Language for Starters Workshop 2", it is recommended to take it before taking the second workshop.. Instructor: S. Lee

LA138-0131CT W 1/31 & 2/7 CT \$79

# **SIGN LANGUAGE FOR STARTERS WORKSHOP 2**

This class is a review and progression of what was learned in the "Sign Language for Starters Workshop 1" course for people who have taken the first workshop, or have a previous history in introductory Sign Language. It will focus on learning additional vocabulary such as animals, weather, food and conversational American Sign Language. There will also be activities focused on guiding students to begin to use sign language in a more conversational manner, while teaching etiquette in the Deaf community. The course will be instructed with the aid of mostly nonverbal instruction, with voiced instruction as needed.

Instructor: S. Lee

LA139-0221CT W CT \$79 2/21 & 28 5-8pm

#### **GERMAN FOR TRAVELERS**

Does your upcoming vacation itinerary include a visit to Germany? Or, have you always wanted to learn German? Learn what you need to know to get around, ask for help, order food and more. By learning simple German phrases and a bit about the culture, you will be better prepared in the basics and will get the most out of your European adventure.

Instructor: J. Spindler

LA123-0303CT S 3/3-4/14 CT \$79 10am-2pm

## **ITALIAN LANGUAGE & CULTURE**

You will develop language skills while acquiring an appreciation of the history and culture of Italy through film, art, literature, fashion and music. Practice pronunciation, grammar and conversation while learning about the origin of common Italian words and expressions. No prior experience

necessary. All levels will be fostered making this class a great review for those that have already studied the basics. Note: If you are taking the Saturday classes, please bring a bagged lunch or as a class we can order a pizza. Required text: The Complete Idiot's Guide to Learning Italian (ISBN-13: 978-1615642182) and an Italian/English dictionary. Materials fee: \$10, payable in class. Instructor: G. Euvino

#### **SUNY ULSTER - WEEKNIGHT**

NCC 2089-01 T 2/6-3/20 6-8pm KSU \$115 No class 3/13

## **ULSTER BOCES -**

#### SATURDAY INTENSIVE IMMERSION

LA107-0203CT S 2/3 & 10 10am-3pm \$129 CT LA107-0497CT S 4/7 & 14 10am-3pm \$129

# **SUNY ULSTER - ITALIAN LANGUAGE** CONTINUED

NCC 2090-01 T KSU \$155 3/27-5/15 6-8pm

## **TUTTO BENE ITALIAN LANGUAGE**

In Italian the expression tutto bene means "all is well" -- and that's the premise for this starter course-- or antipasto - a great opportunita' to connect with other Italian language learners in the area. Studenti will learn helpful expressions alongside enough grammatica to keep your brains fresh, topped with a delightful exploration of Italian cultura, using traditional and modern methodologies.

Materials fee: \$10, payable in class.

NCC 2092-01 R 2/8-3/1 6-7:45pm HIL \$69 NCC 2092-02 R \$69 4/5-20 6-7:45pm HIL

#### **SPANISH I**

Basic skills will be achieved through interactive practice using common conversation. It is intended for people who want to communicate in Spanish at work, in a social setting, in a school environment or while traveling. Note: No previous knowledge of Spanish is needed.

Instructor: M. Guldan

NCC 1950-08 2/26-4/23 6-8:30pm KSU \$175 No class 3/12 NCC 1950-09 T 4/3-5/22 6-8:30pm KSU \$175

#### **SPANISH II**

Designed for those who want to improve and polish their Spanish skills for conversational, real life situations. The instructor adapts the course content to the level of the students in the class.

Prerequisite: Spanish I or permission of the instructor. Instructor: M. Guldan NCC 2000-05 M 4/30-6/11 6-8:30pm \$129 No class 5/28



# **CREATIVE & STUDIO ARTS**

**NEW! BEGINNER SEWING WORKSHOP** 

In this class you will learn how to use the sewing machine, terms and tools, layout and cutting, patternmaking, pressing techniques, zipper and hem applications, hand sewing techniques and stitch samples. You will create one finished skirt- final project to dress form size in any

choice of fabric. See your email receipt for list of materials.

Instructor: C. Allen

NCC 2094-01 S 2/17-3/3 \$95 SRC 9am-1pm

**NEW!** CRASH COURSE IN COMIC DRAWING & PRODUCTION

For anyone who's ever thought about making their own comic, this course is for you. This is a crash course that will introduce most of the skills to create your own comic including drawing techniques, layout, inking, coloring and lettering. Please bring a sketchbook and pencils to class.

Instructor: D. Sienty

NCC 2079-01 T 4/3-5/8 6:30-9:30pm KSU \$199

WATERCOLOR, PEN & INK

This class will generate awareness and excitement through the creative art techniques of ink and watercolor by using ink washes, splattering, cross hatching and masking. You will learn design, composition and color with still life projects or personal photographs. Each class includes a technique demonstration and individualized guidance. Instructor: L. Bender

NCC 1578-04 W 4/4-5/9 6:30-8:30pm \$185

**NEW! INTERMEDIATE WATERCOLOR** 

Develop multi-layered watercolor paintings using the knowledge gained from the beginner Watercolor. Pen & Ink class. Instructor assistance and group critiques will help you develop an eye for refining your composition, color, and personal style to accomplish complex artworks not possible before.

Instructor: L. Bender

NCC 2091-01 W 5/16-6/20 6:30-8:30pm KSU \$185

**NEW! DRAWING FOR BEGINNERS & INTERMEDIATES** 

This is a foundation course, dealing with the primary matters of perspective, drawing aids, composition and light and shade, using boxes to start, moving on to still-life objects and finally to a lesson on the head. See your email receipt for list of materials. Instructor: J. Zeichner

4/7-5/12 \$199 NCC 1584-02 S 10am-noon SRC NCC 1584-03 T 4/3-5/8 6:30-8:30pm **ECS** \$199

# FINE ARTS PROGRAMS

These courses are open to all for credit or audit.

Register online at www.sunyulster.edu, click on REGISTER NOW then click on Registration and follow instructions for non-matriculated students. Prices are for Ulster County Residents.

**INTRO TO VISUAL ARTS** 

This is an introduction to concepts and philosophical theories underlying the organization of art forms through the study of line, form, space, value, color and texture, as interpreted in both historical and contemporary contexts. It stresses an under-

standing of the elements and principles of design.

Pre/Corequisite: ENG 101

ART 101-S01 **ONLINE** 1/22-5/16 \$633

**PAINTING 1** 

This introductory course stresses the relationship of composition and color through perceptual experiences in drawing and painting.

ART 105-51 R 1/22-5/16 5:30-9:15pm SRC \$603 ART 105-01 1:05-4:45pm SRC \$603 R 1/22-5/16

INTRO TO DRAWING

An introduction to drawing elements and principles for the not-art majors. Students base their drawings on direct observation of still life and landscape subject matter.

ART 117-51 5:30-8:20pm SRC \$603 М 1/22-5/16

**PHOTOGRAPHY 1 (DIGITAL)** 

An introduction to traditional and digital photographic techniques, basic computer-based image processing and inkjet printing. A strong emphasis will be placed on developing aesthetic judgment through a series of assignments and critiques. Students will need a digital camera of reasonable quality (no camera phones). The department will provide all other required supplies and equipment.

ART 130-01 1/22-5/16 2-4pm \$643 Т SRC ART 130-02 1/22-5/16 2-4pm SRC \$643

LIFE DRAWING

Students will be engaged in an academic and/or practical learning experience within the areas of Visual Arts or Graphic Design that falls outside the scope of other departmental offerings. Each course presented under this title will offer an opportunity to expand the students understanding and practice of aspects of fine arts and design. The designation may also be used for artist-in-residence courses, workshops, and Study Abroad courses.

ART 273-51 1/22-5/16 5:30-8:20pm SRC \$603



#### **PORTRAIT DRAWING**

Learn to draw a life-like head and capture a likeness with paper and pencil. Correct and solve challenges of drawing the eyes, the nose, the mouth along with correct proportions and views of the head. Bring pencils, sharpener, eraser, paper and or a sketchbook to class.

Instructor: P. Abrams

AR131-0319CT M 3/19-4/9 6:15-8:15pm \$109

# PAINTING: AN INTRODUCTION

Learn to paint a landscape, a basic portrait, and a still life in this class. Instructor Paul Abrams, MFA shares his experience and knowledge as he teaches the basic techniques of painting in water-soluble oils. View his artwork at www.paulabrams.com. Some art experience helpful. Supply list upon registration - estimated cost approx. \$100. Register early as seats are limited!

AR102-0430CT M \$179 4/30-6/4 6:15-9:15pm CT

# PERSONAL GROWTH

#### PHOTOGRAPHY COMPOSITION

This new course will delve into the rules and theories of composition, helping you to improve your photographs, plus a review of camera settings and menu tools to ensure competency of use. Examples and comparison of master photographers' works will also be explored.

Instructor: S. Delmerico

AR185-0402CT M 4/2-19 6-9pm CT \$119

#### **MASTERING YOUR DIGITAL SLR CAMERA**

Learn how to use your SLR digital camera and what to do with all those pictures after you've taken them. Sally Delmerico will explain basic digital terminology and demystify the menus of your SLR digital camera. Discussing various programs cameras offer, focusing on what is exposure, how to meter for better effect, plus available tools to help utilize existing light by adjustment of aperture and shutter speed. Come away with the understanding of what all those buttons and dials are used for! You must bring an SLR camera to class. Instructor: S. Delmerico

AR125-0108CT	М	1/8-2/5	6-9pm	CT	\$149
AR125-0305CT	M	3/5-26	6-9pm	CT	\$149

#### **AMERICAN MAHJONG**

Seasons, Flowers and Winds are just a few of the suits found among the 152 tiles shuffled for a game of Mahjong. Join this exploratory class where you will learn the history of the game and play etiquette for a traditional table of four. This exciting game is one of luck, wit and will as you decide the hand to play, draw, discard or call as tiles are cast until the lucky one cries Mahjong! Instructor: P. Gordon

PG203-0409CT M 4/9-30 6:30-8:30pm CT \$109

# IF I CAN'T FIND MY KEYS... **HOW CAN I FIND MY PURPOSE?**

According to the U.S. News & World Report, Americans spend one year of their life looking for lost or misplaced items. Are you ready to reclaim your home, your time and your life? Learn how chaotic events and joyful changes in life can result in chronic disorganization. In this wellness-centered program, you will be empowered to explore solutions to 1) conquer clutter 2) organize your home and 3) manage your time effectively. Take heart in knowing that with group support and life coaching you can pave the way to a more organized, time-efficient and purposeful life. This course is inspired by Marcy Perlmutter's powerful journey to success and backed by extensive research.

PG194-0405CT R 4/5-5/3 5:30-8:30pm CT \$169

# **CAREGIVER SUPPORT NETWORK:** FIND THE C.A.R.E. YOU NEED

Are you one of the 44 million Americans that provide caregiving to loved ones? Caregiving can be incredibly rewarding, yet, there are intense demands on your health and life. In the Caregiver Support Network, you will receive Coaching, Advocacy, Resources and Education. Join us to: 1) complete a caregiver assessment 2) explore wellness strategies to thrive in turbulent times 3) discuss the role of Health Care Proxy and Power of Attorney 4) understand the M.O.L.S.T. and Five Wishes forms 4) locate community resources and 5) learn how life coaching can help you successfully manage the demands of caregiving. This course is based on Marcy Perlmutter's 15 year journey as a family caregiver.

HA124-0515CT T 5/15-6/12 5:30-8:30pm CT \$169

# WRITE, RELEASE, RETAIL: HOW TO BECOME AN INDIE AUTHOR

Publishing your work and launching it into the literary marketplace is easier than ever now with the advent of self-publishing platforms like Kindle, Create Space, Kobo, Smashwords, and others. Aspiring authors have many opportunities to sell their work to readers all over the world via online booksellers. Join Marianne Sciucco, author of Blue Hydrangeas and Swim Season, as she explains how to start your project; create a publishable manuscript; choose your publishing partners; build your social media platform; and promote and market your work. This class is recommended for anyone interested in self-publishing a novel, memoir, children's book, or non-fiction work.

NCC 2084-01 S 4/7 10am-2pm KSU \$39

# **ALL ABOUT DONKEYS**

Contrary to public perception, the donkey is a very sweet, calm, smart, playful and affectionate animal. Come interact one-on-one with a herd of miniature and standard donkeys (and one zonkey!) and experience firsthand why the donkey is perhaps the most under-appreciated and misunderstood of man's most valuable domesticated animals.

Instructor: S. Stiert

6/2 NCC 1171-07 12:30-4:30pm **Ulster Park** (Rain date 6/9) \$45

#### INTRO TO WILDLIFE REHABILITATION

Rehabilitating wildlife and returning healthy animals back to the wild can be a very rewarding experience. This workshop is designed to provide information and insight to those who are considering becoming wildlife rehabilitators. It will cover zoonosis, rules and regulations, test and exam, cost, time, equipment, networking, contacts, and more. There will also be information on rehabilitating specific types of wild animals. Q&A: During lunch and at the end of the course. Instructors are licensed rehabilitators: Instructor: E. Monfett & R. Evans.

NCC 1994-06 S 3/24 10am-3pm KSU \$69



See page 27 for Pet Educational Training Classes

- Starting a Pet Busines
- Pet Education Program
- Pet First Aid & CPR

M - MONDAY • T - TUESDAY • W - WEDNESDAY • R - THURSDAY • F - FRIDAY • S - SATURDAY • U - SUNDAY



# COMPLEMENTARY HEALTH & WELLNESS

# **PSYCHIC DEVELOPMENT & REIKI I CERTIFICATION: PLUS ANIMAL REIKI**

Experience guided imagery meditation and attunements. Use Reiki or Shoden to promote healing and stress management. Learn the theories, history, hand positions, precepts and principles of Reiki. You will focus on self-healing, quick healing in-chair and healing on tables, as well as byosen scanning, and kenyoko ho (dry wash). Animal Reiki offers targeted pain and stress reduction techniques through light touch.

Instructor: L. Salluzzi

NCC 2072-03 M 2/26 & 3/5 6-8pm KSU \$49

# **CHAKRA FOR HEALING & BALANCING**

This class helps all levels of Reiki practitioners as well as any energy, massage, holistic or spiritual therapists improve their practice. It will focus on the beginning/basic knowledge you need to understand how to "speak the language of the chakra energy." You will use this knowledge to energetically diagnose your clients and do no harm. Learn how to teach your clients to self-heal in between sessions with chakra balancing. Practice the guided imagery and share with your clients. It will also help the layperson improve their knowledge of chakras within them and around them.

Instructor: L. Salluzzi

NCC 2073-03 M 3/19 & 26 6-8pm KSU \$49

## **PSYCHIC DEVELOPMENT & REIKI II CERTIFICATION**

You will receive the ancient initiations; the three Reiki II ancient symbols for healing. Learn and practice distance and hands-on healing using these symbols. In Reiki I you learned to align and channel 10% of the Reiki healing energy. In Reiki II you are ready to channel 90% of the energy through the ancient initiations passed on by the Reiki Master. Approved for 8 NCBTMB CE Hours. Instructor: L. Salluzzi

NCC 1738-26 4/30-5/21 KSU \$95 М 6-8pm

# **PSYCHIC DEVELOPMENT & ADVANCED REIKI CERTIFICATION**

This is level I and II of the six levels to Reiki Master/Teacher, the highest level of Reiki healing but is not exclusively for those wishing to go on to the master level. This class will enhance the Reiki energy with the Kundalini energy from within and you will learn breathing techniques to facilitate this. You will also receive two more ancient symbols for healing yourself and others, Approved for 8 NCBTMB CE hours, Instructor: L. Salluzzi

NCC 1730-25 M \$95 6/4-25 6-8pm

# **NEW! PATHWAYS TO CONSCIOUS LIVING**

PATHWAYS is about Loving more completely; handling Fear courageously; and embracing Death more peacefully using the tools of meditation and intention-building. Whether new or well experienced in exploring these three central aspects of life, PATHWAYS offers a transformative opportunity to develop skills for optimizing the experience of Love, Fear and Death.

Instructor: L. Strong

NCC 2088-01 2/13-3/27 KSU \$120 Т 6:30-8:30pm

No class 3/13

# **NEW!** LIVING WELL WITH PAIN: A RELATIONAL APPROACH

You have probably experienced chronic and/or acute pain. Yet when pain comes your way, you often react automatically by pushing it away, moving past it as quickly as possible, or sweeping it under the rug. Although your tolerance and understanding of pain is limited, when you shift your attitude towards pain and your beliefs about pain, you create an opportunity for the pain to become a friend and, perhaps, a great teacher. In this course, you will examine your understanding of pain and develop a relationship with it. You will learn the connection between chronic pain and anxiety, stress, and depression, and you will explore how to transform your life from just living and managing the pain, to a life of thriving. You will learn skills that include breathing practices, mindfulness movement, and meditations that you can use and integrate into your daily living. Instructor: G. Feinstein, LCSW, LMT NCC 2087-01 S 3/31 & 4/7 10am-1pm

**NEW!** UNDERSTANDING SHAMANISM- A PRIMER

Shamanism is a practice from indigenous cultures around the world. It bridges the divide between humanity and nature. It cultivates our ability to directly access our connection to the seen and unseen worlds of the universe around us and it gives us a paradigm to better understand the workings of the cosmos and our roll within the natural world. In this course you will explore the origins of shamanic practices, its cosmology, and how shamanic traditions connect to the creative powers of the cosmos.

Instructor: A. Kane

NCC 2081-01 4/4-25 6-8pm SRC \$79

#### **NEW!** INTRODUCTION TO HOLISTIC WELLNESS

This is an introduction course to Integrative Medicine and how can it help you balance your mind, body and spirit. The class will introduce different modalities: yoga, Ayurveda, meditation, breathing exercises, stress management, and relaxation techniques. The class will incorporate discussions, reading assignments, essay writing, video examples, and demonstrations on the holistic approaches. Instructor: K. Laurito

4/5-26 NCC 2086-01 R SRC \$79

#### **NEW! PREPARE FOR SURGERY, HEAL FASTER**

Your instructor, Joan Apter, Your instructor, Joan Apter, read Prepare for Surgery, Heal Faster: A Guide of Mind-Body Techniques by Peggy Huddleston just before her first surgery which inspired her to became a certified trainer of these techniques. This introductory class will cover the author's five steps to properly prepare for surgery; physical, mental, emotional and spiritual. Several doctors and surgeons to including Dr. Oz. have endorsed this book.

NCC 2082-01 T 3/29 6-9pm KSU \$45

# **ESSENTIAL OILS FOR MENTAL / EMOTIONAL BALANCE**

Essential oils are a powerful tool to assist in the release of old anger, resentment, fear and trauma. Balancing the emotional field is crucial to health and well-being and is the first step towards healing chronic illness. Every physical symptom of the body has an emotional message. Essential oils have the ability to directly access and affect the brain's limbic region, the center of emotion and memory. Many oils can be used to create a positive emotional state, help soothe grief, create an environment of relaxation and much more. You will also learn about "the brain oils", known to enhance clarity and memory. Instructor: J. Apter

NCC 1543-03 4/26 6-9pm KSU \$45

# WILD EDIBLES AT LIVING JUSTICE IN **HIGH WOODS**

In this two-part workshop you will learn over 15 wild edibles found growing in our bioregion, how to eat them, and then go on a hike to find some. The hike will be at Living Justice, a ten acre forest lot in the High Woods hamlet of Saugerties where medicinal plants for an emerging forest farm are grown. The instructor Valeria Gheorghiu holds Permaculture and Ecovillage Design Certificates, has taken the Master Gardener course through the Cornell Cooperative Extension, and has founded a number of community gardens. Rain date 5/12.

PG201-0503CT	R	5/3	6-8:30pm	CT	\$89
Hike	S	5/5	1-4:30pm	Saugerties	

## **FOREST FARMING GINSENG, GOLDENSEAL & RAMPS**

In this workshop, you will learn how to identify and grow edible and medicinal species native to wooded lots typical in the Mid-Hudson Valley. Learn appropriate habitat and planting methods for plants such as ginseng, goldenseal and ramps. This class includes a field study trip for outdoor planting at the Living Justice forest lot. Dressed appropriately wearing hiking shoes.

Instructor: V. Gheorghiu

PG185-0607CT R	6/7	6-8:30pm	CT	\$89
Field Study Trip S	6/9	1-4:30pm	Sauge	rties

# **FITNESS**

# **GENTLE YOGA** As simple and profound as

breathing in and out, the benefits of yoga include and increase a sense of wellbeing, physical and mental clarity, strength and flexibility, inner calm, balance and more for a positive attitude and outlook towards life. This class will move at a gentle pace for beginners or experienced practitioners of yoga. Bring a mat and blanket to class.

#### Instructor: S. Silverstream

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NCC 1721-15	T	2/20-4/3	10-11:15am	KSU	\$85
No class 3/13	Sr. discou	ınt applies			
NCC 1721-16	T	4/10-5/15	10-11:15am	KSU	\$85
Sr. discount applies					
NCC 1721-17	T	5/22-6/26	10-11:15am	KSU	\$85
Sr. discount applies					

#### **JAZZERCISE**

Each class combines elements of cardio enhancing dance, resistance training, muscle building, and more set to popular music. You will forge a tight, lean body and fire up your muscles in this fun and effective workout. Movement and intensity modifications will be demonstrated throughout class for a workout tailored to your own needs. Optional: Bring hand held weights to class. Instructor: C. Shaw

NCC 1725-01	W	2/21-4/4	5:30-6:30pm	KSU	\$68
No class 3/14					
NCC 1725-02	W	4/11-5/16	5:30-6:30pm	KSU	\$68

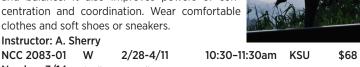
#### **JAZZERCISE LITE**

This is a fun fitness modified no impact class. Students will look good, feel great, as they gain confidence as they begin or continue their fitness journey with this effective workout. With a wide variety of music and movement, students are sure to leave each class feeling energized! Optional: Rring hand held weights to class Instructor: C Shaw

Bring hand held weights to class. Instructor: C. Snaw						
NCC 2093-01	М	2/26-4/9	10-11am	KSU	\$68	
No class 3/12	Sr. discou	ınt applies				
NCC 2093-02	М	4/16-5/21	10-11am	KSU	\$68	
Sr. discount applies						

# **NEW!** TAI CHI CHIH - JOY THRU MOVEMENT

Tai Chi is an ancient Chinese mind, body discipline consisting of 19 meditative movements and a pose. It is a program of low-impact exercises that improve strength, flexibility and balance. It also improves powers of concentration and coordination. Wear comfortable clothes and soft shoes or sneakers.



mstructor. A. Si	ierry				
NCC 2083-01	W	2/28-4/11	10:30-11:30am	KSU	\$68
No class 3/14	Sr. dis	count applies			
NCC 2083-02	W	4/18-5/23	10:30-11:30am	KSU	\$68
Sr discount applies					

## **NEW! QI GONG FOR WOMAN**

This workshop will explore the health benefits of Qi Gong in relation to Women's personal health issues and vitality. Mindful movement, breath and intention represent the essence of Qi Gong, which in turn helps us to connect to our divine feminine self. This class is open to practitioners of all ages, modifications are implemented when needed. This is an active movement course. Instructor: L. Hughes

NCC 2085-01 M/W 4/9 & 11 6-7:30pm HIL \$39

# **BEGINNER GOLF CLINICS**

A six week program for adult players new to the game of golf

or those who have played for a year or two but have not had formal instruction. You will be taught how to grip, swing, drive, pitch, chip and putt. In addition, learn golf etiquette and how to properly "address the ball." At the final lesson, students will be able to complete a 9-hole round on the golf course. This program will be



offered in Fallsview Golf Club at Honor's Haven Driving Range, Ellenville, Instructor: M. Girardi.

HF110-0509FV W Ellenville \$139 5/9-6/13 5:30-6:30pm