



Society of Women Engineers



University of California, Riverside

April 21 2013

Vol. 1 Issue 10

SWEekly Newsletter



General Meeting

Professional Development

By Stephanie Eatinger

This past week marked our second general meeting of the 2013 spring quarter. This quarter we are focusing heavily on professional development. With summer right around the corner, we want to prepare our members for summer internships, research, and for our graduating members, full time engineering positions.

This week, after we went through our usual announcements and raffle prizes, we did a résumé writing workshops. Our president, Rachael Lomax, coached all of our members in the ways of proper resume writing. We talked about resume

content, appearance, and establishing professional connections. After the formal workshop, our officers individually helped members in building their resumes, some even from scratch.

The workshop also helped prepare our members for our upcoming Evening with Industry, which will be on May 1st. One of SWE's missions is to help women grow professionally so that we may be successful and competitive in the work place. We thank everyone who participated and attended and we hope to see you all at our next professional events.

SWE-OC Professional Development Day

By Sandra Hernandez

The SWE-OC Professional Development Conference in Costa Mesa not only promoted improvement in professional mannerism but personal growth as well. The first presentation was given by Shaena Walker. She advocated the importance of a personal trademark that sets an individual apart as well as a proper professional image. The second presentation was titled "A Guide to Money Matters" and was given by Mary Beth Curly. She emphasized the importance of financial management for the future. After that Sally Banks, P.E., gave a presentation about better communication in the workplace. She explained that there are four types of people in a workplace and demonstrated how to interact effectively with each type.

The poolside lunch provided an opportunity to socialize and network with engineering professionals. Afterwards, a straw tower competition commenced and teams raced to build the tallest tower, not necessarily the sturdiest. The winning team's tower was over eight feet tall. Prizes, which consisted of treats, backscratchers, and giftcards, were then raffled off. The final presentation was given by Dr. Mark Pollack, D.C. He explained that the most important aspect of professional development was personal development. He helped everyone through breathing exercises to get rid of stress and become more efficient workers. He also emphasized the importance of relaxation exercises. With all of the presentations and workshops, the conference provided a great learning experience and a lot of tools to continue to improve in professional engineering fields.

Lockheed Martin Day

By Odalys Garau

On Friday we went to Space Day at Jefferson Elementary School in Riverside. Space Day is a large event that promotes space, science, and engineering to young children and is sponsored by Lockheed Martin. Among many engineering companies that were there (NASA, JPL and LEGO), we were invited to host two activities for the 40 elementary school classes that were participating in the event.

We always bring the planetarium, one of our most popular activities from our own Bourn's Engineering Day. In this activity, the children get to make their own constellations by poking holes into the "night sky." We also taught them how to make Borax Slime, another one of our popular activities. With three simple ingredients they were able to watch glue turn into a gooey, sticky slime. Not only were they impressed by the reaction, but they loved getting to make something that they could play with and take home with them.



Hike to the C

By Brenda Peña

Join us, NSBE and SHPE for an Evening Hike to the C this Friday, April 26th at 8PM! It will be beautiful to see Riverside at night and get some good luck before midterms start. Also, it will provide an opportunity for members to bond amongst the different organizations. So if you are free on Friday night, we will be meeting at the Winston Chung bus stop/loading dock and heading up to the C! At the top, we will be providing light snacks for everyone. Bring your water bottle light if you have one. Hope to see you all there!



to the C



When: APRIL 26th at 8 PM
Meet up at Winston Chung loading dock
Come hang out with SWE, NSBE and SHPE!
light snacks will be provided

Upcoming events

Hike to the C
BCOE Loading Dock
April 26th, 8pm
[FACEBOOK PAGE](#)

JPL Tour
April 26th, 1pm
[FACEBOOK PAGE](#)

SWE-OC Doughnut Social
Newport Beach
April 28th, 10am
[FACEBOOK PAGE](#)

Evening with Industry
Hub 302
May 1st, 6:00 - 9:00pm
[FACEBOOK PAGE](#)

