

GYM HOUSEKEEPING

PHYSICAL EDUCATION

THIS IS A SAFE SPACE FOR ALL.

LOCKER ROOM ETIQUETTE

- BE RESPECTFUL.
- MIND YOUR BUSINESS.
- RESPECT OTHER PEOPLE'S PERSONAL SPACE.
- KEEP YOUR HANDS TO YOURSELF.
- ONLY TOUCH YOUR BELONGINGS.
- IF YOU ARE NOT USING THE RESTROOM OR CHANGING YOU SHOULD NOT BE IN THE LOCKER ROOM.

GYM ETIQUETTE

- BE RESPECTFUL.
- ENTER THE GYM QUIETLY AND FIND YOUR ATTENDANCE SPOT.
- STAY IN THE GYM DURING YOUR RESPECTIVE CLASS PERIOD UNLESS YOU HAVE PERMISSION OTHERWISE.
- THE COACH'S OFFICE IS OFF LIMITS TO STUDENTS.
- DO NOT GO INTO THE GYM CLOSET UNLESS INSTRUCTED TO DO SO.
- PLEASE DO NOT TOUCH GYM EQUIPMENT BEFORE INSTRUCTION.
- DO NOT BRING ANY RESTRICTED ITEMS IN THE GYM.
- KEEP YOUR HANDS TO YOURSELF.
- HELP KEEP THE GYM CLEAN.
- CONTRIBUTE GOOD VIBES TO THE SPACE.

**DO NOT OPEN THE GYM DOOR
UNLESS INSTRUCTED BY ONE
OF THE COACHES.**

NO EATING IN THE GYM.

**WHEN YOU HEAR THE WHISTLE
SOUND PAUSE AND SEE WHAT THE
COACHES NEED FROM YOU.**



ILLNESS PROTOCOL

IF YOU ARE NOT FEELING WELL, YOU SHOULD ALERT ONE OF THE COACHES IMMEDIATELY.

IT IS NOT OKAY TO KNOW THAT YOU ARE SICK AND POTENTIALLY INFECT OTHERS.



LET'S HAVE A GREAT YEAR.

QUALITY

GYM HOUSEKEEPING ASSESSMENT

COACH HUNT

