

# eyeKon

**CSC8608 Individual Portfolio  
180308107**



# TEAM

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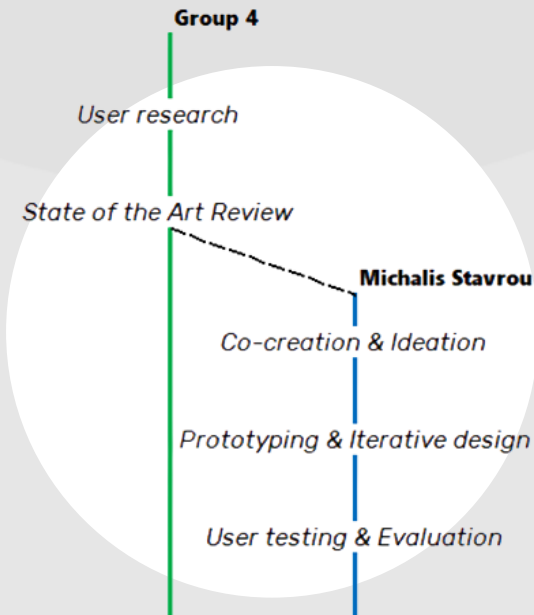
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# PLAN



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# INTRODUCTION

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The collective members were interested in the development of a near-future technological intervention that would **combat screen time usage by people** and **promote a healthier lifestyle**.



Such an intervention would be responsible for overseeing and moderating accordingly an individual's screen time, improving the overall experience by diminishing any issues deriving from extensive usage of technological devices.

# USER RESEARCH

## SECONDARY RESEARCH



The COVID-19 pandemic contributed to an increase in adoption rates of new technology, with an equivalent increase in screen time, with many developing eye related issues. [1]



Attention economy promotes competition in capturing the utmost attention from people. [2]



Screen time has increased by 30% from 2019 [3], with figures predicting that half of the population will necessitate glasses by year 2050. Today, 64% of the adult population uses glasses. [4,5]

# USER RESEARCH

## FIELD RESEARCH

A survey was conducted to better understand the desired user group, focusing on individuals devoting a considerable amount of time in front of a screen. The different approaches individuals take towards controlling screen time were explored.

### PERSONA



#### DEMOGRAPHICS

Jake Baker  
24  
Web Developer

#### DEVICE USAGE

10%	23%	67%

**BACKGROUND** Jake is an individual that lives with his parents and fiancé in Waverly, a rural area in the UK, and is currently employed as a web developer in a big company. The majority of his day-to-day routine demands his presence in-front of a computer screen, and rarely hangs outside due to the intense schedule upheld. Subsequently, he has been recently feeling his eyes to be uncomfortable, often observed to be blurry which substantially influences his productivity whilst working. This has led Jake to attempt different ways to relief his eyes, but has been unsuccessfully.

### PARTICIPANT RESPONSES



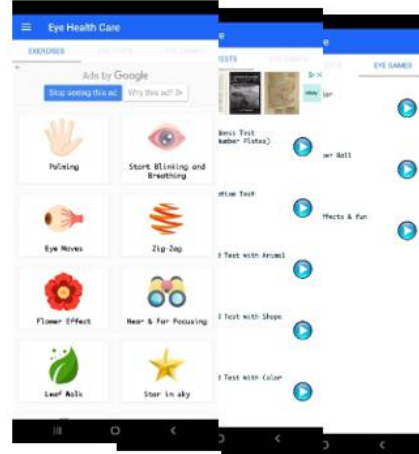
# STATE OF ART REVIEW

Existing applications in the space were explored and observed to incorporate at most two functionalities, offering hardly any incentive to extensively use them.

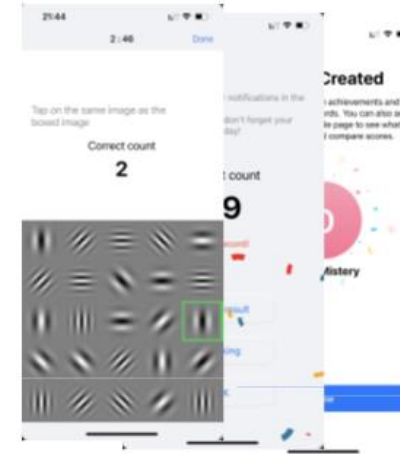
## EYEE EYESIGHT TRAINER



## EYE HEALTH CARE



## GABOR PATCH EYE TRAINING



## DIGITAL EYE FATIGUE INDICATOR



*Offer general advice and suggestions*

*Relaxation (eye relief)*

*Improving contrast, visual focus and sensitivity*

*Limited time usage*

*Limited functionality*

*Boring to use for extended period of time*

# CO-CREATION AND IDEATION

Employed the ideation card technique to break down the concept.

Revamped the initial team vision, seeking out means of encouraging engagement with the intervention.

## IDEATION CARDS

### TEAM BRAINSTORMING I

USERS	TECH	DATA
Public, Elderly individuals, Disabilities	Wearables, Smart home system, Recognition system	Health data, Body language

### TEAM BRAINSTORMING II

	USERS	
	Digital device user who spend too much time in his phone	
DATA		
Blinking	Screen time	Rubbing eyes
Distance to the screen	Posture	Rubbing eyes
TECH		
Modelling Healthy eyes behavior	Tracking time spent	20-20-20 rule
Raising awareness about eye health strategies	Providing eye relaxing techniques	

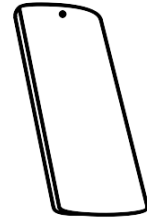
### INDIVIDUAL BRAINSTORMING

	USERS	TECH	DATA	CONTEXT	
	Individuals glued to their phones	Wearables & recognition systems	Health, body language, blue-light, screen, etc	Reducing the effects of eye strain	
PRODUCT			DATA COLLECTION		INTERVENTION FEATURES
A mobile application			Glasses to track eye and facial movements		REPORT SYMPTOMS
AR / Blue-light filtering glasses			Glasses to track blue light from devices		LINK MEDICAL RECORDS
Complementary devices featuring an assistant			Glasses to track user surroundings		CHALLENGESS SYSTEM
			Glasses to collect screen data		EYE RELIEF EXERCISES
					PERSONAL ASSISTANT

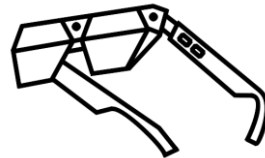
The intervention concept encompasses of composite components that operate independently.

To envision how these components communicate, the painting tool Krita was employed to synthesize a concept.

### MOBILE APP



### BL-AR GLASSES



### REFERENCES

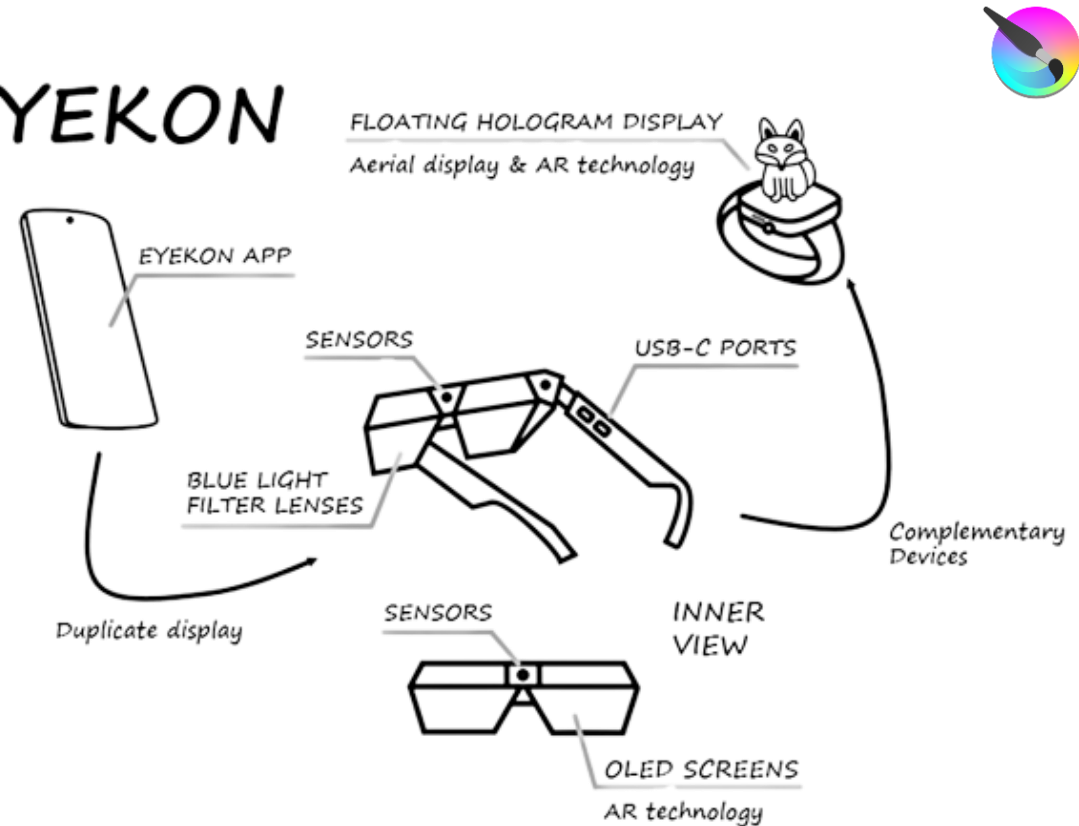


### OTHER WEARABLES



### CONCEPT SKETCH

## EYEKON



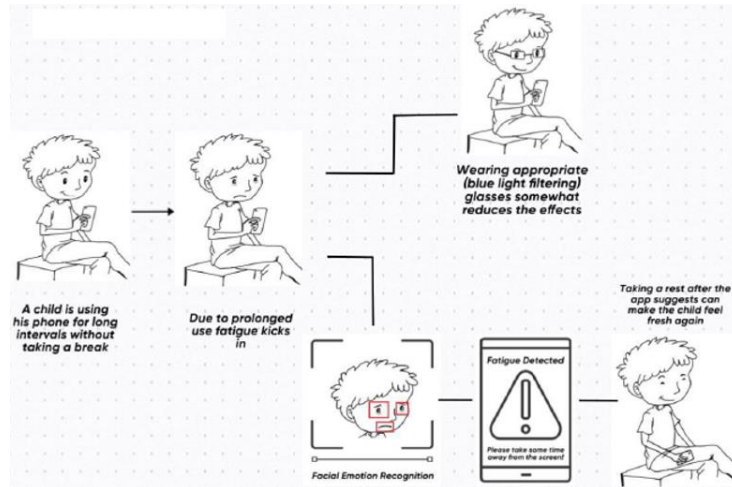


# CO-CREATION AND IDEATION

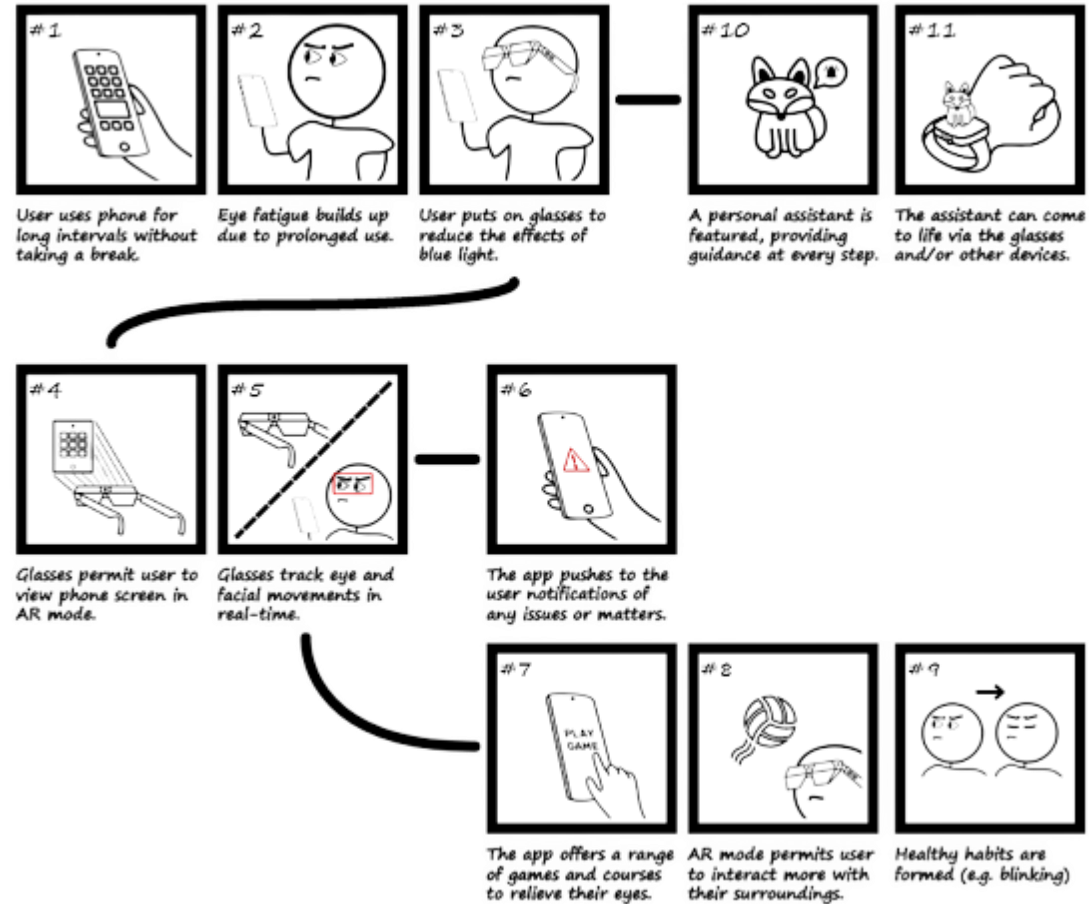
## CONCEPT SKETCHING

A storyboard was also produced, to indicate further functionality, and how the intervention gathers, processes and yields data.

### TEAM STORYBOARD

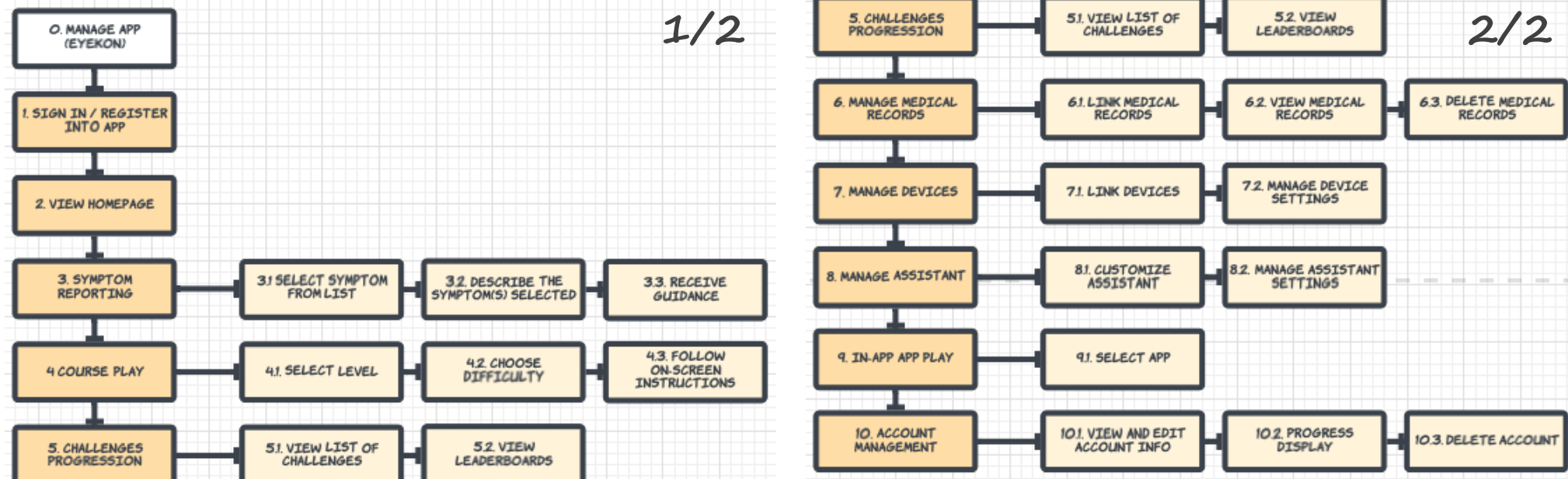


### INDIVIDUAL STORYBOARD



The artefact structure was mapped to permit comprehension of vital functionalities and features to be implemented. Only high-level operations were outlined.

### HTA DIAGRAM



# PROTOTYPING

An interactive high-fidelity artefact was decided to be produced using the prototype design tool Adobe Xd, due to previous familiarity and expertise. By passing subsequent development steps, the process would be sped to realize the requirements.

A sequence of online tools were employed, to generate the necessary assets for the artefact.

- ❑ AI art generator tool. Available: <https://dream.ai/>
- ❑ Photo editor. Available: <https://www.befunky.com/>
- ❑ Stock images. Available: <https://www.vectorstock.com/>

To develop a well-grounded and recognizable brand, emphasis was placed on developing a solid theme, as well as incorporating playful interactions, expanding upon the gamification aspect of the intervention.

## CREATING ASSETS

### LOGO



### ASSISTANT



### BACKGROUND



### DEVICES



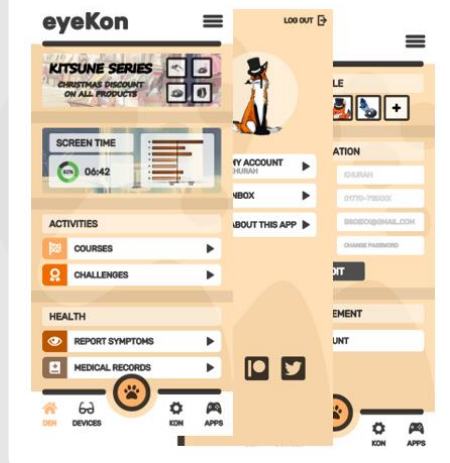
### PROPS



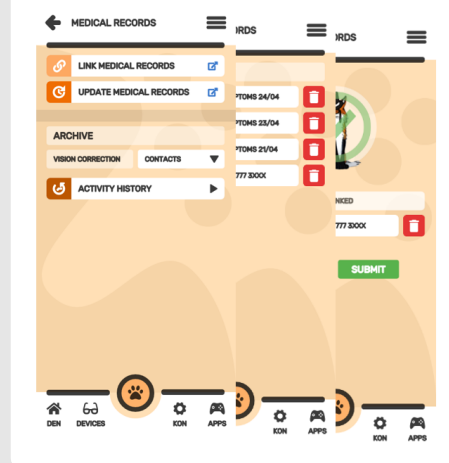
# PROTOTYPING

## HIGH-FIDELITY PROTOTYPE

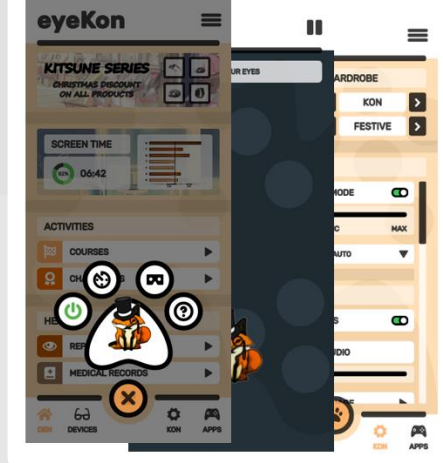
### HOMEPAGE N' ACCOUNT



### MEDICAL RECORDS



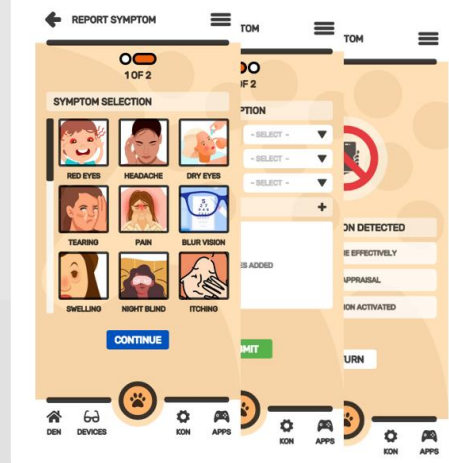
### PERSONAL ASSISTANT



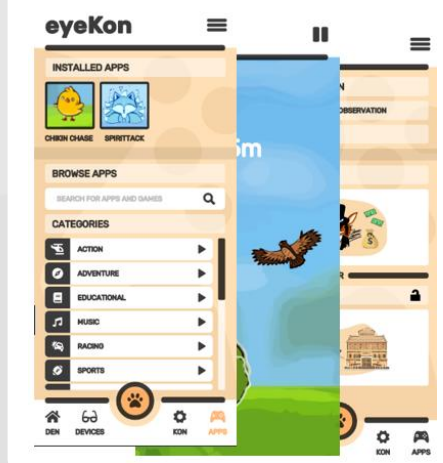
### CHALLENGES SYSTEM



### SYMPTOM REPORTING



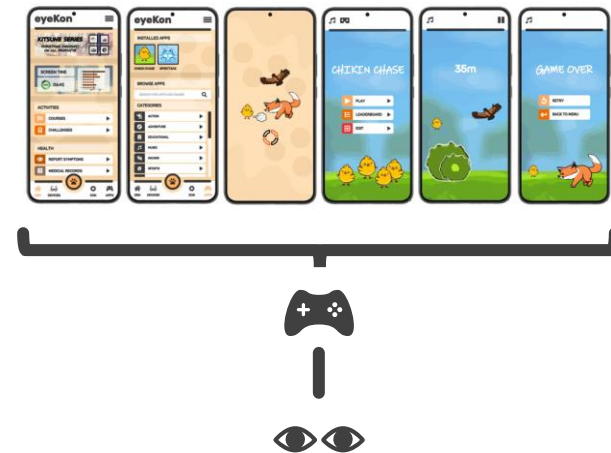
### EYE-RELIEF EXERCISES



Artefact full access:

<https://xd.adobe.com/view/74e45bdc-20ca-4053-9eb3-c39eeddd507a-21b7/?fullscreen&hints=off>

The EyeKon application is designed to provision guidance and support for relieving eyes from prolonged screen time.



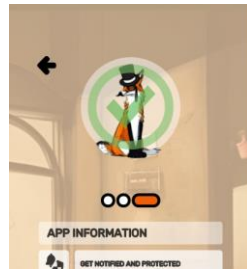
# USER TESTING AND EVALUATION

## EVALUATION PHASE I

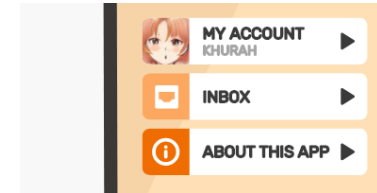
Conducted a heuristic evaluation, to identify and highlight potential issues relating to usability.

Due to urgency and unavailability of an expert, researcher participation was demanded.

### ISSUE A



*Confusion generated by clustering of options and elements*

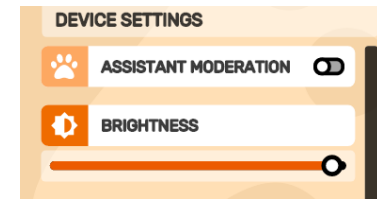


An **about this app button** was introduced to the side menu bar.

### ISSUE B

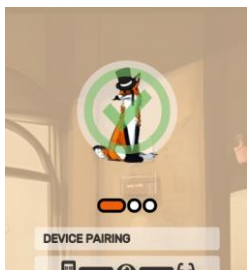


*Cannot re-access app information*

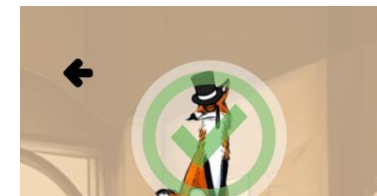


Additional space was added in-between options.

### ISSUE C



*Cannot traverse backwards*



A **traversal button** was added was introduced.



# USER TESTING AND EVALUATION

## EVALUATION PHASE II

Conducted a cognitive walkthrough to assess the ease with which operations can be carried out by a new user.

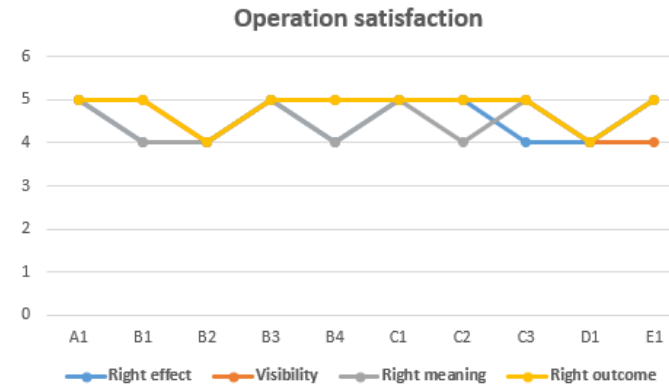
A potential user was recruited and provisioned with the copy of the artefact to carry out a sequence of operations, recording the satisfaction level experienced.

### SAMPLE TASK

#### GOAL B3: Report an eye related issue – dry eyes

- Navigate to the homepage (if not already)
- Press the “REPORT SYMPTOMS” button
- Select the “DRY EYES” labelled image
- Press the “CONTINUE” button
- Fill in the symptom description fields
- Press the “SUBMIT” button
- Review the recommended suggestion

### KEY FINDINGS

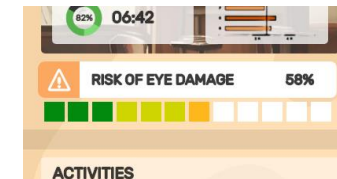


### FEEDBACK 1

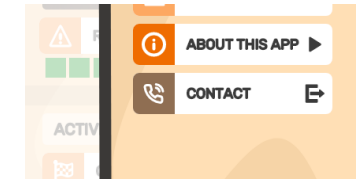
*“Shouldn’t the application display at all times to the user the likelihood an individual harming their eyes after constant device usage”*

### FEEDBACK 2

*“I cannot help but feel like there is a lack of relevant resources to inform and assist the user, rather than letting the application do all the work”*



Integrated a **risk score bar** in the homepage.



A **contact (TeleHealth) button** was introduced to the side menu bar.

# CRITICAL REFLECTING

The familiarity and nature of the cooperative project enabled relatively great flexibility and solidity over the entirety of the process. Previous HCI background from my BSc Computer Science course, permitted me to immediately make suitable considerations and decide upon the tools, methods and structure to be employed.

Despite everything, the development of an innovate physical technology presented a challenge originating from my inexperience with the employment of a collection of digital tools to prototype new type of experiences.



## SKILLS DEVELOPED

*Concept and  
storyboard  
sketching*

*Prototype  
design and  
development*

*Presentation  
skills*

## LIMITATIONS

*Did not practice  
enough  
co-creation*

*Shortage of  
support  
restricted  
findings*

Overall, I believe to have successfully enhanced my creative skillset, in addition to meeting the preliminary aim and vision declared for the project.

# REFERENCES

1

Agarwal S., Bhartiya S., Mithal K., Shukla P., Dabas G. (2021). "Increase in ocular problems during COVID-19 pandemic in school going children- a survey based study". National Library of Medicine. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7942070/>

2

Kane L. (2019). "The Attention Economy". Nielsen Norman Group. <https://www.nngroup.com/articles/attention-economy/>

3

Wakefield J. (2022). "People devote third of waking time to mobile apps". BBC. <https://www.bbc.co.uk/news/technology-59952557>

4

(2023). "What percentage of the population wears glasses in the world?". The Healthy Journal. <https://www.thehealthyjournal.com/faq/what-percentage-of-the-population-wears-glasses-in-the-world>

5

Agnew M. (2020). "Common Glasses Statistics". Vision Magazine. <https://blog.eyeglasses.com/vision-magazine/glasses-statistics/>