

5<sup>th</sup> SEPTMEBER  
2021

8:30AM - 7:00PM

# 6th DAYDEIC DIABETES EDUCATOR'S INTERNATIONAL CONFERENCE | 2021

Theme 2017-2021

DIABETES EDUCATOR –  
Time to pair up with

Theme Country:  
Canada



'Best Indian  
Diabetes Educator  
(2020-21) Award'



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Foster a Diabetes  
Aware Society & Add  
Healthy Years to Life



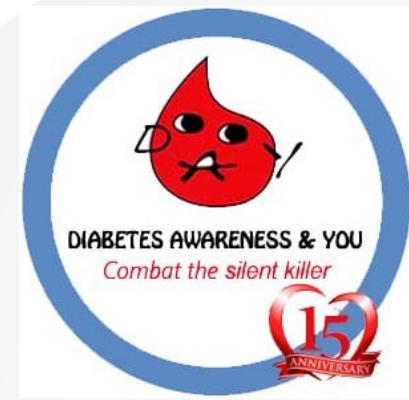
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daydeic2021@gmail.com



<http://day.org.in/daydeic>



**5<sup>th</sup> September, 2021**

**8:30 AM – 7:00 PM**

**Scientific  
Program**

**MACLEOD &  
COLLIP HALL**

# Scientific Program

5<sup>th</sup> | SEPTMEBER 2021

08:30 AM – 08:50 AM

## Inauguration & 15<sup>th</sup> Anniversary Video

08:50 AM – 10:00 AM



Chairperson:  
**Dr. A. K. Azad Khan**  
(Bangladesh)



Chairperson:  
**Dr. Debasis Basu**  
(Kolkata)

08:50 AM – 09:40 AM



Speaker:  
**Dr. Patricia Brubaker**  
(Canada)

**Discovery of  
Insulin & 100 years  
of journey**

09:40 AM – 10:00 AM



Speaker:  
**Dr. Sonia Kakkar**  
(Canada)

**Diabetes Education:  
Then and Now**

**10:00 AM – 10:50 AM**



Chairperson:  
**Dr. Catherine Heinlein**  
(USA)



Chairperson:  
**Ms. Madhu Sharma**  
(Panchkula)

**10:00 AM – 10:20 AM**



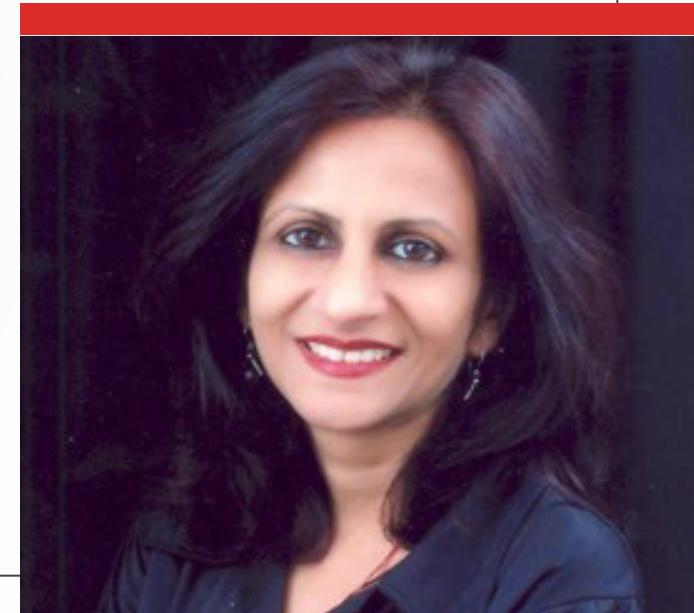
Speaker:  
**Dr. Jagmeet Madan**  
(Mumbai)

**Gut Health  
in Diabetes**

**10:40 AM – 10:50 AM**

**Q & A**

**10:20 AM – 10:40 AM**



Speaker:  
**Ms. Anuja Agarwala**  
(New Delhi)

**Managing Patients  
with Type1 Diabetes  
& Celiac Disease**

**10:55 AM – 11:45 AM**



Chairperson:  
**Ms. Mitali Palodhi**  
(Kolkata)



Chairperson:  
**Ms. Arpita Ghosh Deb**  
(Kolkata)

**10:55 AM – 11:15 AM**



Speaker:  
**Ms. Shilpa Joshi**  
(Mumbai)

**Dairy & Gluten Free  
in Diabetes -  
Myth or Fact**

**10:35 AM – 11:45 AM**

**Q & A**

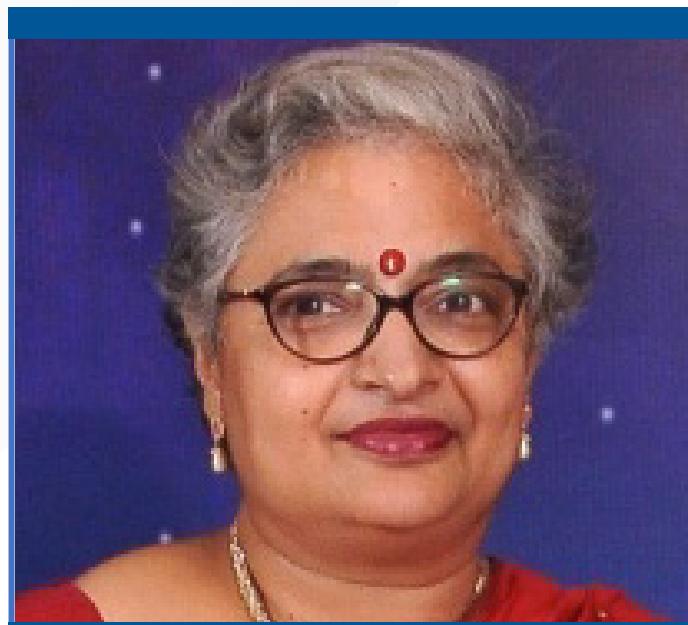
**11:15 AM – 11:35 AM**



Speaker:  
**Dr. Kavita Gupta**  
(Nagpur)

**Management of  
GDM - A Case Based  
Approach**

**11:50 AM – 12:40 PM**



Chairperson:  
**Ms. Sudha Vasudevan**  
(Chennai)



Chairperson:  
**Dr. Dharini Krishnan**  
(Chennai)

**11:50 AM – 12:10 PM**



Speaker:  
**Dr. S. Shobana**  
(Chennai)

**Can food processing  
and fortification  
approaches reduce  
the glycemic impact  
of food? - An insight**

**12:30 PM – 12:40 PM**

**Q & A**

**12:10 PM – 12:30 PM**



Speaker:  
**Dr. Madhumitha Krishnan**  
(Chennai)

**Role of Ayurveda  
in Diabetes**

**12:40 PM – 01:10 PM**

## LUNCH BREAK

**01:10 PM – 01:40 PM**

## Panel Discussion on Winning Over Diabetes



Speaker:

**Dr. Archana Sarda**  
(Aurangabad)

**Learning to Cope  
and Win**

**01:45 PM – 02:35 PM**



Chairperson:  
**Ms. Shubhada Bhanot**  
(New Delhi)



Chairperson:  
**Dr. Kajal Pandya**  
(New Delhi)

**01:45 PM – 02:05 PM**



Speaker:  
**Ms. Meenakshi Bajaj**  
(Chennai)

**Nutrition in COVID  
and Diabetes**

**02:25 PM – 02:35 PM**

**Q & A**

**02:05 PM – 02:25 PM**



Speaker:  
**Ms. Uma Kanal**  
(New Delhi)

**Role of Nutrition in  
NAFLD with Diabetes**

**02:40 PM – 04:00 PM**



Chairperson:  
**Ms. Sheryl Salis**  
(Mumbai)



Chairperson:  
**Ms. Salome Benjamin**  
(Mumbai)



Chairperson:  
**Ms. Manju Panda**  
(New Delhi)

**02:40 PM – 03:00 PM**



Speaker:  
**Dr. Tvisha Parikh**  
(Mumbai)

**Exercise in Diabetes -  
One size does not  
fit all**

**03:00 PM – 03:20 PM**



Speaker:  
**Ms. Sonal Modi**  
(Mumbai)

**Real Time Monitoring in  
Diabetes- The changing  
Dynamics in Improving  
Glycemic Control**

**03:20 PM – 03:40 PM**



Speaker:  
**Ms. Gopika Krishnan**  
(Trivandrum)

**Practical Aspects of  
Insulin Pump Therapy**

**03:40 PM – 04:00 PM**

**Q & A**

**04:05 PM – 04:55 PM**



Chairperson:  
**Ms. Ipsita Chakravarti**  
(Kolkata)



Chairperson:  
**Ms. Naaznin Husein**  
(Mumbai)

**04:05 PM – 04:25 PM**



Speaker:  
**Ms. Priyangee Lahiry**  
(Kolkata)

**Psychological  
Management in  
Diabetes**

**04:45 PM – 04:55 PM**

**Q & A**



Speaker:  
**Dr. Ranjani Harish**  
(Chennai)

**Diabesity in children  
and adolescents -  
Prevention & Management**

**05:05 PM – 05:55 PM**



Chairperson:  
**Ms. Sheryl Salis**  
(Mumbai)



Chairperson:  
**Ms. Shubhada Bhanot**  
(New Delhi)

**05:05 PM – 05:15 PM**



Speaker:  
**Mr. Soumyendu Ghosh**  
(Kolkata)

**Artificial Sweeteners**

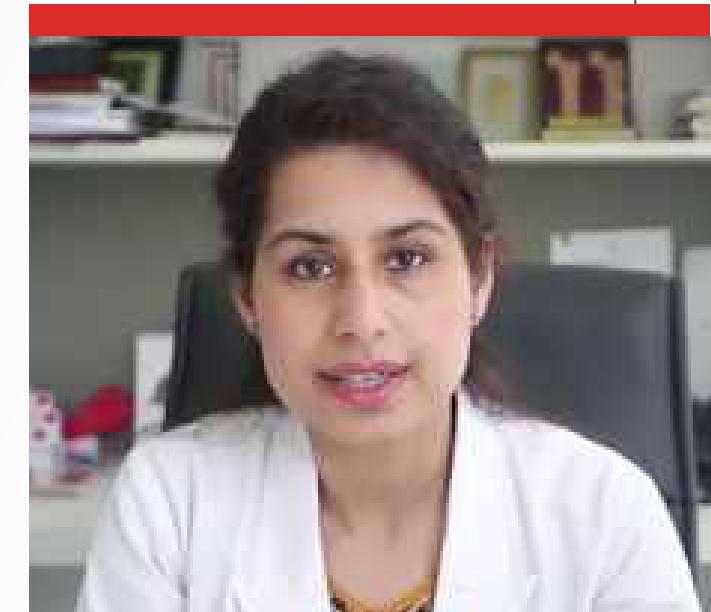
**05:15 PM – 05:25 PM**



Speaker:  
**Ms. Geethu Sanal**  
(Trivandrum)

**Carb Counting -  
Practical Aspects**

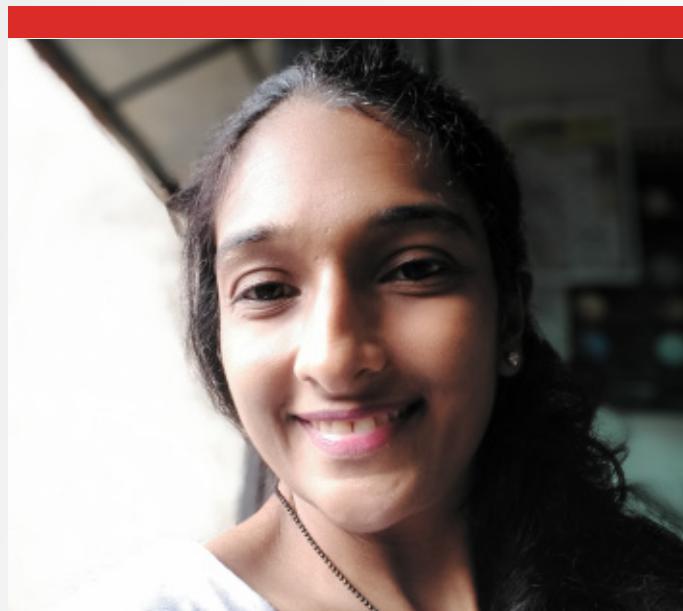
**05:25 PM – 05:35 PM**



Speaker:  
**Ms. Chhavi Kohli**  
(New Delhi)

**Apps in  
Diabetes Management**

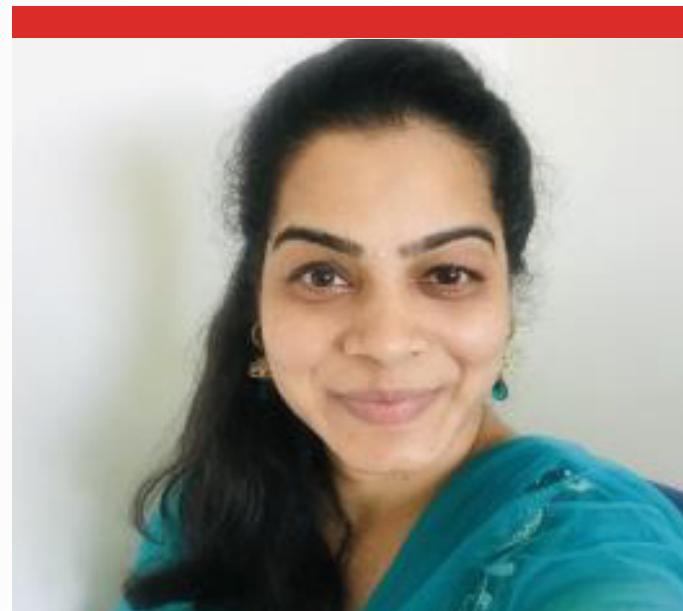
**05:35 PM – 05:45 PM**



Speaker:  
**Ms. Zankhana Shetty**  
(Mumbai)

**Injection Techniques -  
Do's & Don'ts'**

**05:45 PM – 05:55 PM**



Speaker:  
**Ms. Prajakta Sarmalkar**  
(Mumbai)

**Foot Care in Diabetes -  
Practical Aspects**

**06:00 PM – 07:00 PM**



Chairperson:  
**Dr. Debasis Basu**  
(Kolkata)



Chairperson:  
**Dr. Rakesh Kumar**  
(Durgapur)

**06:00 PM – 06:15 PM**



Speaker:  
**Ms. Jazz Sethi**  
(Ahmedabad)

**Language Matters  
in Diabetes**

Speaker:

**06:15 PM – 06:45 PM**



Speaker:  
**Mr. Amitava Sanyal**  
(Kolkata)

**Best Diabetes  
Educator Award  
(2020 - 2021)**

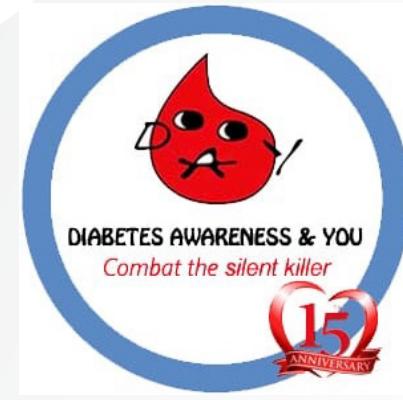
**06:45 PM – 07:00 PM**

**Vote of Thanks & Closing Remarks**

**Dr. Debasis Basu**



Theme 2017-2021



**5<sup>th</sup> September, 2021**

**8:30 AM – 7:00 PM**

**Scientific  
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**BANTING &  
BEST HALL**

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**09:40 AM – 10:00 AM**



Speaker:  
**Dr. Sonia Kakkar**  
(Canada)

**Diabetes Education:  
Then and Now**

**10:00 AM – 10:50 AM**



Chairperson:  
**Dr. Mahen Wijesuriya**  
(Srilanka)

**10:00 AM – 10:20 AM**



Speaker:  
**Dr. Ambrish Mithal**  
(New Delhi)

**Time in Range - Role  
in COVID care in  
patients with Diabetes**

**10:20 AM – 10:40 AM**



Speaker:  
**Prof. Chittaranjan Yajnik**  
(Pune)

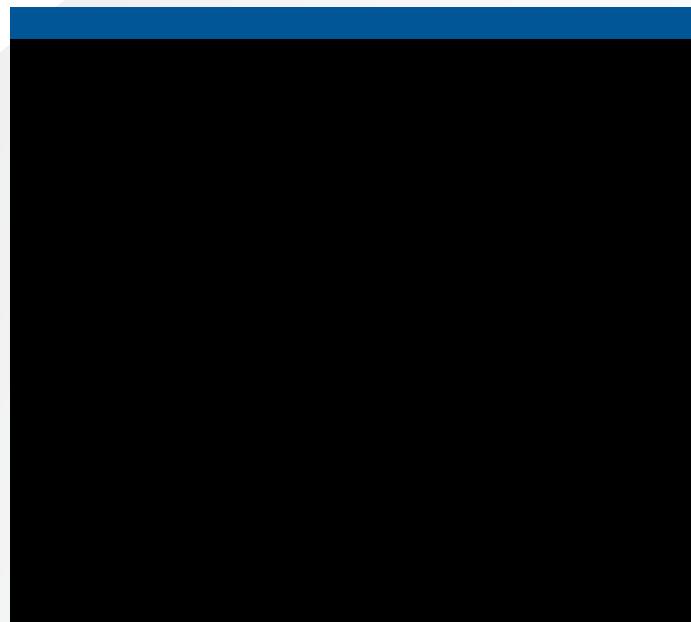
**Q & A**

**It all begins before  
the beginning**

**10:55 AM – 11:45 AM**



Chairperson:  
**Dr. Ghanshyam Goyal**  
(Kolkata)



Chairperson:  
**Dr. Amitava Biswas**  
(TBD)

**10:55 AM – 11:15 AM**



Speaker:  
**Dr. Nihal Thomas**  
(Vellore)

**Pre Diabetes - It's  
never Too Early to  
Prevent Diabetes**

**10:35 AM – 11:45 AM**

**Q & A**

**11:15 AM – 11:35 AM**



Speaker:  
**Dr. A. G. Unnikrishnan**  
(Pune)

**Insulin initiation:  
Basal or co-formulation  
in Indian perspective?**

**11:50 AM – 12:40 PM**



Chairperson:  
**Dr. Salil Kumar Pal**  
(Kolkata)

**11:50 AM – 12:10 PM**



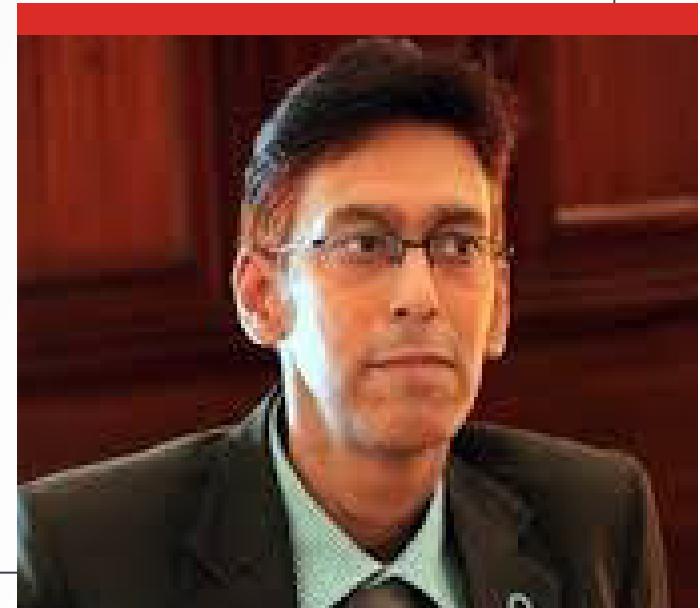
Speaker:  
**Dr. K. K. Gangopadhyay**  
(Kolkata)

**SGL2i -  
New hope in CKD**

**12:30 PM – 12:40 PM**

**Q & A**

**12:10 PM – 12:30 PM**



Speaker:  
**Dr. Nilanjan Sengupta**  
(Kolkata)

**Gen 2.0 Basal –  
A new benchmark  
for redefining  
glycemic control**

**12:40 PM – 01:10 PM**

## LUNCH BREAK

**01:10 PM – 02:35 PM**



Chairperson:  
**Dr. Indira Maisnam**  
(Kolkata)



Chairperson:  
**Dr. Mary D'Cruz**  
(Kolkata)

**01:10 PM – 01:40 PM**



Speaker:  
**Dr. Soumita Mondal**  
(Kolkata)

**Diabetes is equivalent to heart failure – The logic of early intervention of Dapagliflozin in management of Diabetes**

**01:45 PM – 02:05 PM**



Speaker:  
**Dr. Satinath Mukhopadhyay**  
(Kolkata)

**Most Advance benefit of Insulin pump(CSII) & use of CGM in Diabetes**

**02:05 PM – 02:25 PM**



Speaker:  
**Dr. Arundhati Dasgupta**  
(Siliguri)

**Dapagliflozin- current update and Impact in Clinical Practice**

**02:25 PM – 02:35 PM**

**Q & A**

**02:40 PM – 03:50 PM**



Chairperson:  
**Prof. Hemraj Chandalia**  
(Mumbai)



Chairperson:  
**Dr. Bikash Bhattacharya**  
(Kolkata)

**02:40 PM – 03:00 PM**



Speaker:  
**Dr. Suresh Damodaran**  
(Mumbai)

**Management of diabetes  
in endocrinological  
surgeries**

**03:00 PM – 03:20 PM**



Speaker:  
**Dr. Jothydev Kesavadev**  
(Mumbai)

**Use of health technologies  
in management of NCDs  
in resource poor settings**

**03:20 PM – 03:40 PM**



Speaker:  
**Prof. Alan Sinclair**  
(UK)

**Frailty, thy name is Diabetes  
with Age – Challenges in  
addressing the problem and  
what best strategies can be  
adopted in third world countries**

**02:40 PM – 03:50 PM**

**Q & A**

**03:55 PM – 05:05 PM**



Chairperson:  
**Dr. Sujoy Majumdar**  
(Kolkata)



Chairperson:  
**Dr. Jayant Panda**  
(Cuttack)

**03:55 PM – 04:15 PM**



Speaker:  
**Dr. Sunil Gupta**  
(Nagpur)

**How to prepare a girl with diabetes for the best pregnancy outcome**

**04:15 PM – 04:35 PM**



Speaker:  
**Dr. Ganesh Javalikar**  
(Gurgaon)

**Overview of the pediatric syndrome connected with diabetes**

**04:35 PM – 04:55 PM**



Speaker:  
**Dr. Jasjeet Wasir**  
(New Delhi)

**Place of SU in current guidelines: are we missing something - Indian perspective**

**04:55 PM – 05:05 PM**

**Q & A**

**05:10 PM – 06:00 PM**



Chairperson:  
**Prof. Akhtar Hussain**  
(Norway)



Chairperson:  
**Dr. A. K. Das**  
(Puducherry)

**05:10 PM – 05:30 PM**

**05:30 PM – 05:40 PM**

**05:40 PM – 05:50 PM**



Speaker:  
**Dr. Banshi Saboo**  
(Ahmedabad)

**Is it time that we regard  
the Blood Glucose as the  
5<sup>th</sup> vital sign**



Speaker:  
**Dr. Binayak Sinha**  
(Kolkata)

**Appraisal of foundational  
evidence & place  
of SGLT2i**



Speaker:  
**Dr. Sayak Roy**  
(TBD)

**Power of Combination in  
T2DM Management:  
keeping Empa+ Lina FDC  
in perspective**

**05:50 PM – 06:00 PM**

**Q & A**

**06:00 PM – 07:00 PM**



Chairperson:  
**Dr. Debasis Basu**  
(Kolkata)



Chairperson:  
**Dr. Rakesh Kumar**  
(Durgapur)

**06:00 PM – 06:15 PM**



Speaker:  
**Ms. Jazz Sethi**  
(Ahmedabad)

**Language Matters  
in Diabetes**

Speaker:

**06:15 PM – 06:45 PM**



Speaker:  
**Mr. Amitava Sanyal**  
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**Best Diabetes  
Educator Award  
(2020 - 2021)**

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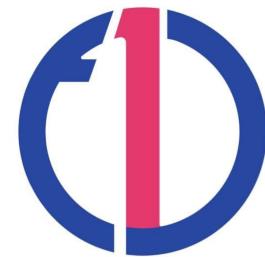
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## Cause Partners:

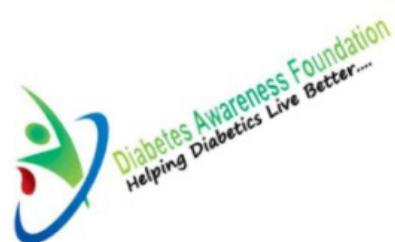


INDIAN DIETETIC  
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HEALTH, EDUCATION & EMPOWERMENT OF CHILDREN & YOUTH WITH DIABETES

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