```
#include <iostream>
#include <vector>
#include <string>
using namespace std;
class Meal {
public:
  string name;
  int calories;
  int proteins;
  int carbs;
  int fats;
  Meal(string n, int c, int p, int ca, int f): name(n), calories(c), proteins(p), carbs(ca), fats(f) {}
};
class MealLogger {
private:
  vector<Meal> meals;
public:
  void logMeal(Meal meal) {
    meals.push_back(meal);
    cout << "Meal logged: " << meal.name << endl;</pre>
  }
  int getTotalCalories() {
    int totalCalories = 0;
    for (const Meal& meal: meals) {
      totalCalories += meal.calories;
```

```
return totalCalories;
}

int main() {
    MealLogger logger;

Meal meal1("Chicken Salad", 350, 25, 15, 20);
    Meal meal2("Pasta Carbonara", 500, 15, 70, 25);

logger.logMeal(meal1);
logger.logMeal(meal2);

int totalCalories = logger.getTotalCalories();
    cout << "Total calories consumed: " << totalCalories << endl;

return 0;
</pre>
```

}