



## **Convening Committee 14/15 Sheares Hall**

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### **Road Relay (Male)**

#### **1 Rules and Regulations**

- 1.1 All players will abide to the General Rules and Regulation as laid down by the Inter-Hall Games Convening Committee 2014/2015.
- 1.2 The game shall take place in the format of Events Tournament.
- 1.3 The race will start at 8.30pm sharp, or after the girls' run, whichever is later. All teams will report at 7.00pm.
- 1.4 Line-up of runners is deemed to be final upon submission. Under no circumstances (eg. postponement) can the line-up be changed after the stipulated time and date.
- 1.5 Team managers/Captains are to fill in the registered runners' list prior to the race.
- 1.6 All IHG runners are to bring along their matriculation card for the race that they participate in. In the event that a runner is unable to produce her matriculation card, only JCRC members can vouch for her identity.
- 1.7 The competition will be conducted in accordance to the latest standard rules of the game as approved by the Road Relay 13/14 Rules, with exception to the rules stated below:Z

##### **1.7.1 SCORING SYSTEMS**

- 1.7.1.1 Teams will be ranked according to their finishing times. The team with the fastest finishing time wins.
- 1.7.1.2 In the event that a team is disqualified, the team shall not be considered in the ranking of the teams. This means that teams that finish after the disqualified team will be moved up and points will be awarded accordingly.
- 1.7.1.3 The winning team will be awarded with 6 points, the second team with 5, the third with 4 and so on. Teams that are disqualified will get zero points.

1.7.1.4 Points will be awarded to the girls' and guys' teams separately.

#### 1.7.2 IVP CAP

1.7.2.1 The IVP cap will be imposed on athletes from NUS cross country, track and field and aquathlon team (for track and field, athletes who race 800m and above will be capped).

#### 1.7.3 ROAD RELAY SPECIFIC RULES

1.7.3.1 There will be check-points along the route manned by marshals. Any runner taking short cuts without passing through the appropriate check-points or displaying poor sportsmanship such as shoving or using vulgarities in the race will be disqualified from the competition.

1.7.3.2 No pace-making is allowed. Any runners seen having external helpers for pacing will be disqualified.

1.7.3.3 All other rules will be held in accordance with Singapore Athletics Association Cross Country rules.  
(<http://www.singaporeathletics.org.sg/rules-2>)

#### 1.7.4 DISQUALIFICATION AND DISPUTE RESOLUTION

1.7.4.1 There will be a one hour window after the final runner of the day has finished the race to raise any issues or rule transgressions by any of the hall teams. No further appeals for disqualification will be entertained after this window.

1.7.4.2 Any event of disqualification will be decided through a majority vote (5-0, 4-1) by the captains of all halls. Only the male captains are allowed to vote if a male runner is involved. Likewise, only the female captains are allowed to vote if a female runner is involved. Captains of the team which is involved in the dispute or any affected parties will not be allowed to participate in the voting process.

#### 1.7.5 MISCELLANEOUS

1.7.5.1 Road marshals will have to attend a briefing / training session on the day of IHG road relay so that they are competent.

1.7.5.2 To ensure fairness marshal from different halls will be paired up at each point so that no particular hall's athletes are favoured.

1.7.5.3 Instead of starting at SRC carpark, we will start at Raffles Hall's carpark's zebra crossing. We will follow suit in to the route. Upon reaching the roundabout, do not turn right to cross the road. Instead, turn left into Raffles Hall. The end point will be at the same zebra crossing where we started.

1.7.5.3.1 Map:

<https://maps.google.com/maps/ms?msa=0&msid=205977754208648673015.0004cbcc0fbf87e28a776>

1.7.5.4 In the event of inclement weather setting in before the race starts, the match will be postponed to an hour later (8.30pm).

1.7.5.5 In the event of inclement weather setting in during an outdoor match (i.e. after the match has started), the match will be abandoned and any score discarded. Match will be postponed to another time starting from scratch.

### 1.7.6 Manpower

Each hall will provide the adequate manpower for the following purposes:

Manpower	Duties	Number of manpower
Road Marshals	To provide traffic safety, to give direction and to report if there is any inappropriate act (e.g Pacing or taking short cut by any runners)	18 people (3 people represent from each hall)
Time Keepers	To record timing for runners.	6 people (1 person represents from each hall) KE will time EH KR will time KE SH will time TH TH will time RH EH will time SH RH will time KR

### **3 Logistics**

The following logistics will be required for the smooth running of the games:

<b>No.</b>	<b>Item</b>	<b>Quantity</b>
1	Stopwatches	8
2	Road Marshal Safety Vests	18
3	Light Sticks (will be using along the Clementi Road )	10
4	Race Clock	1

## 4 Declaration

The above Rules and Regulations have been agreed upon by the various Captains of Road Relay, Inter-Hall Games 2014/2015.

Chew Liang Yuh  
Road Relay (Male)  
Convening Captain  
King Edward VII Hall

Lee Jian Ler  
Road Relay (Male)  
Captain  
Eusoff Hall

Jeevaneesh  
Road Relay (Male)  
Captain  
Kent Ridge Hall

Loh Jiang Han  
Road Relay (Male)  
Captain  
Temasek Hall

Liang Haoyi  
Road Relay (Male)  
Captain  
Raffles Hall

Edward Harsono  
Road Relay (Male)  
Captain  
Sheares Hall

Chiang Hai Wei  
Road Relay (Male)  
Liaison Officer  
(Sheares Hall)

Su Ying Lun  
Inter-Hall Games 2014/15  
Convening Chairperson  
(Sheares Hall)