

Reality in 40 Verses

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Chapter 1

Invocation

1.1 i

1.2 ii

Chapter 2

Text

2.1 23

The body does not say “I”. In sleep no one admits he is not. The “I” emerging, all else emerges. Inquire with a keen mind whence this “I” arises.

The body, being insentient, knows nothing about “I” and “not-I”, yet the “I” persists with or without a body – in the waking state or in sleep or swoon - as the man who himself wakes, swoons and sleeps. To know the true nature of this perennial “I”, we have to conduct an inquiry into its source.