



INVESTMENTS
CORPORATION

2019 Employee Health and Safety Data

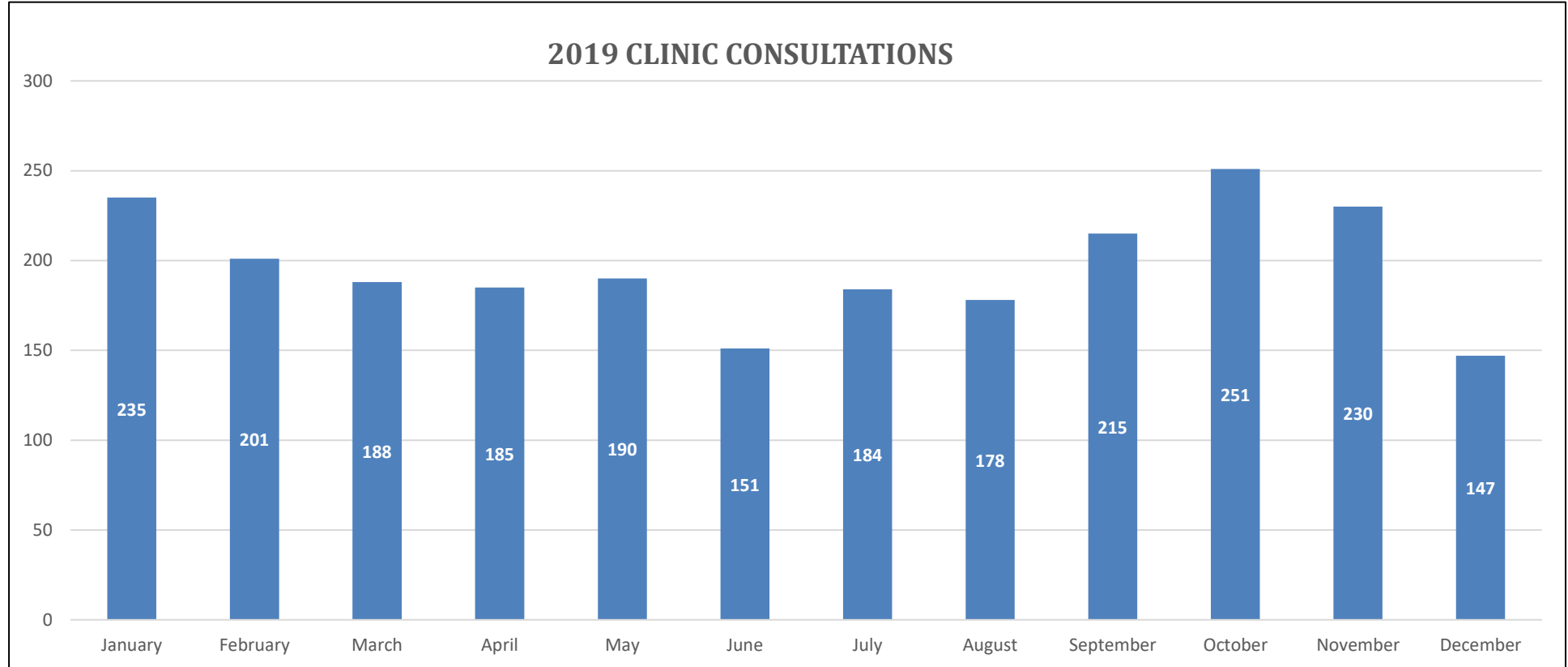
2019 Employee Health and Safety Data

In line with its mission and vision, SMIC strives to be an employer of choice and provides for the health, safety and welfare of its employees. Through the efforts of its Human Resources Department (HRD), the Company has established policies and programs that promote a safe and healthy work environment that caters to all cultures and creeds and encourages employee development and growth.



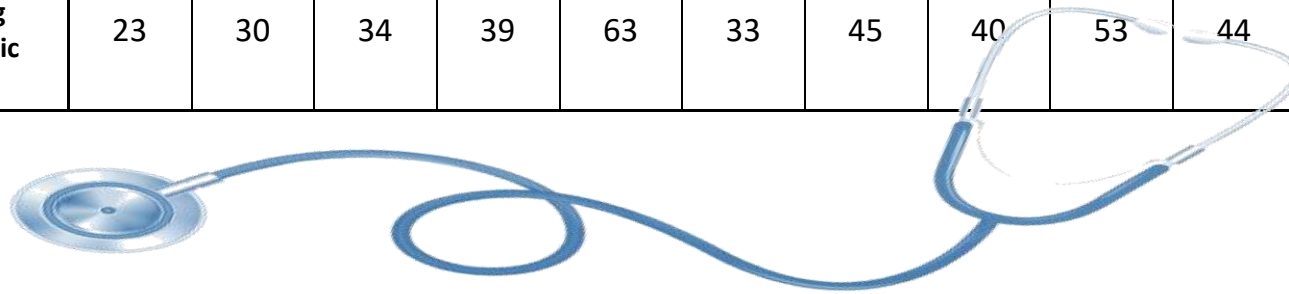
SMIC encourages good health and wellness through its various sports and fitness programs. Employees may use the courts and fitness facilities in the workplace and are encouraged to participate in HRD supported aerobic and dance/zumba activities. The Company also conducts orientations and learning sessions on health related matters, such as breast and cervical cancer awareness and detection; influenza and hepatitis B prevention and drug abuse awareness, to name a few. Furthermore, SMIC facilitates the distribution and administration of essential vaccines, has a fully functioning clinic and has recently employed the services of a 24-hour roving ambulance service.

2019 Clinic Consultations



Summary of Additional Clinic Services Provided in 2019

2019	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
HMO Referrals Issued to SM Employees	103	34	33	32	51	38	40	50	55	63	52	33	584
Medical Emergencies Attended to Within the SM Premises	-	-	-	-	1	-	-	-	-	-	1	-	2
No. of Employees Monitoring Blood Pressure c/o SMIC Clinic	23	30	34	39	63	33	45	40	53	44	71	40	515



CLINIC CASES 2019																						
RANK	DISEASE CATEGORY		JAN	FEB	MAR	1st Q	%	APR	MAY	JUN	1st HALF	%	JUL	AUG	SEP	3rd Q	%	OCT	NOV	DEC	Total	%
1	HEAD	Headache, migraine, dizziness, lightheadedness	46	46	46	138	22%	47	45	32	262	22%	46	43	59	148	26%	69	50	35	564	23.95%
2	MOUTH & ENT	Colds, sore throat, toothache, hoarseness of voice, nasal congestion, post nasal drip	45	39	21	105	17%	21	33	25	184	16%	33	33	58	124	21%	58	46	34	446	18.94%
3	NEUROMUSCULAR / SKELETAL / JOINTS	Back pain, muscle spasm, muscle pain	23	17	16	56	9%	34	27	19	136	12%	26	19	23	68	12%	22	29	9	264	11.21%
4	GASTROINTESTINAL	Hyperacidity, lbm, acid reflux, gastritis, stomach ache	20	21	23	64	10%	20	34	21	139	12%	18	8	18	44	8%	25	26	21	255	10.83%
5	SKIN	Allergy, dermatoses, abscess, burns, boil, rashes, viral exanthem,	27	24	21	72	12%	11	19	11	113	10%	26	27	16	69	12%	15	27	17	241	10.23%
6	RESPIRATORY	Upper respiratory tract infection, ptb, asthma cough, bronchial asthma, dob/sob	43	24	20	87	14%	12	16	22	137	12%	11	18	15	44	8%	25	7	8	221	9.38%
7	REPRODUCTIVE	Dysmenorrhea, adenomyosis, childbirth, pregnancy complications	17	12	16	45	7%	18	8	8	79	7%	9	14	7	30	5%	19	17	9	154	6.54%
8	OTHERS	Body malaise, feverish	5	11	4	20	3%	2	2	3	27	2%	8	8	11	27	5%	10	15	6	85	3.61%
9	HEART & BLOOD VESSELS and ENDOCRINE/METABOLIC	Hypertension, cardiomegaly, pre hypertension, palpitations, chest pain	4	3	11	18	3%	14	6	5	43	4%	4	1	3	8	1%	4	7	3	65	2.76%
10	EYES	Eye strain, eye redness, conjunctivitis	1	2	4	7	1%	3	-	2	1	0%	3	5	2	10	2%	1	4	3	30	1.27%
11	INFECTIOUS DISEASES	Measles, chicken pox, shingles,	3	1	4	8	1%	2	-	-	10	0.8%	-	1	3	4	1%	1	-	1	16	0.68%
12	GENITO-URINARY	Uti, nephrolithiasis	1	1	2	4	1%	1	-	3	8	1%	-	1	-	1	0%	2	1	1	13	0.55%
13	LYMPHATICS & CIRCULATORY	Anemia, leukemia, lymphoma, cerebrovascular accidents, lymphadenitis	-	-	-	0	0%	-	-	-	0	0%	-	-	-	0	0%	-	1	-	1	0.04%
TOTAL			235	201	188	624	100%	185	190	151	1150	97%	184	178	215	577	100%	251	230	147	2355	100%

DATA BY GENDER 2019				
MONTH	FEMALE	MALE	TOTAL	%
January	165	70	235	10%
February	135	66	201	9%
March	126	62	188	8%
April	125	60	185	8%
May	119	71	190	8%
June	99	52	151	6%
July	110	74	184	8%
August	118	60	178	8%
September	120	95	215	9%
October	153	98	251	11%
November	126	104	230	10%
December	90	57	147	6%
TOTAL	1486	869	2355	100%
%	63%	37%	100%	

DATA BY AGE 2019						
MONTH	19 & Below	20 - 29	30 - 39	40 - 49	50 & Above	TOTAL
JANUARY	1	103	84	33	14	235
FEBRUARY	0	84	55	44	18	201
MARCH	2	64	80	34	8	188
APRIL	0	77	71	25	12	185
MAY	0	69	70	34	17	190
JUNE	0	56	64	20	11	151
JULY	0	69	75	26	14	184
AUGUST	0	70	63	36	9	178
SEPTEMBER	1	77	90	32	15	215
OCTOBER	1	108	81	41	20	251
NOVEMBER	0	109	83	22	16	230
DECEMBER	0	59	52	22	14	147
TOTAL	5	945	868	369	168	2355
%	0.21%	40%	37%	16%	7%	100%

ACCOMPLISHED PROGRAMS / PROJECTS / ACTIVITIES 2019		
1ST QUARTER		
WELLNESS PROGRAM	ANNUAL PHYSICAL EXAMINATION	January 28-30
	HYPERTENSION, The Silent Killer (HealthCube)	February 21
Health Bulletin	Liver Cancer	January
	Measles	February
	Rabies	March
Others	DOLE ANNUAL REPORT for 2019	January 10
2ND QUARTER		
WELLNESS PROGRAM	Lifestyle Diseases (Valucare)	May 30
Health Bulletin	Malaria, Heat Stroke & Heat Exhaustion, Hydration at Work	April
	Cervical Cancer Awareness Month, Manage Blood Pressure, Life's Simple 7	May
	How to Stop Smoking	June
Training	Basic Life Support & Basic First Aid Training (LIFELINE)	June 25
Others	Online Health Module (OHM) Modified Design Submitted	June 17
3RD QUARTER		
WELLNESS PROGRAM	Blood Letting Program (Philippine RedCross)	July 3
	Eye Care Wellness (Valucare & Santen)	August 23
Health Bulletin	How to Control Cholesterol, Eliminate Hepatitis B, Reasons To Add Color	July
	Keeping Lungs Healthy, Asthma, Pneumonia	August
	First Aid Guide on Suicide Prevention 101, Fast Facts: POLIO	September
Training	MANDATORY OCCUPATIONAL SAFETY & HEALTH (OSH) TRAINING FOR ALL EMPLOYEES PLANNING WITH SIR DONALD MANALO	September 4
Others	Online Health Module (OHM) Modified Design Generated	July 20
4TH QUARTER		
WELLNESS PROGRAM	First Dental Care Wellness Talk (Valucare)	October 23
	WELLNESS FAIR 2019	November 21
Health Bulletin	Benefits of Proper Dental Care, Mental Health of Filipinos	October
	World Diabetes Day	November
	Tuberculosis & HIV, Drug Free Work Place	December