



Full Menu Selections and Prices

Healthy Start Breakfast

Freshly Baked Tea Breads, Bagels and Muffins, Sliced Seasonal Fruit, Freshly Squeezed Orange Juice, Coffee and Tea Service

\$5 Student members

\$15 Members

\$30 Non-Members

Healthy Start Breakfast Plus Yogurt and Granola

Freshly Baked Tea Breads, Bagels and Muffins, Sliced Seasonal Fruit, Freshly Squeezed Orange Juice, Coffee and Tea Service with Plain Greek Yogurt, Granola and Honey.

\$5 Student members

\$20 Members

\$35 Non-Members

Lunch

Sandwich Lunch & Beverages

\$10 Student Members

Include Chef's Selection of Four Sandwiches, 2 Accompaniments (Choose From Below List), Chips, Cookies and Bars, Full Beverage Service

\$25 Members

\$40 Non-Members

Deli Lunch & Beverages

Include In-house Roast Beef, Smoked Turkey, Smoked Ham, Grilled Chicken Breast, Tuna Salad Cheeses – American, Swiss, Provolone, Jack Cheese Leaf Lettuce, Tomatoes, Pickles, Roasted Peppers, Banana Peppers Rolls, Ciabatta, Baguette, Wraps Mayo, Mustard, Honey Mustard, 2 Accompaniments (Choose From Below List), Chips, Cookies and Bars, Full Beverage Service

\$15 Student Members

\$35 Members

\$50 Non-Members

Cookies/Soda or Coffee

\$5 Student members

FLIK Signature Cookies and Full Beverage Service

\$10 members

\$25 non-members

Reception

Hors D'Oeuvres/ Wine Receptions

\$20 Student Members

Include Chef's Selection of Four Passed Hors D' Oeuvres for One Hour, Stationary Display of Artisan Cheese and Fruit

\$30 Members

\$45 Non-Members

***Includes Labor**

Sushi Reception/Wine Receptions

\$25 Student members

Includes Assorted Sushi & Sashimi, Spicy Tuna, Salmon, Shrimp, Assorted Rolls, Wasabi, Soy, Pickled Ginger

\$35 members

\$50 non-members

***Includes Labor**