



Full Menu Selections and Prices

Healthy Start Breakfast

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|---|----------------------------|
| Freshly Baked Tea Breads, Bagels and Muffins, Sliced Seasonal Fruit, Freshly Squeezed Orange Juice, Coffee and Tea Service | \$5 Student members |
| | \$15 Members |
| | \$30 Non-Members |

Healthy Start Breakfast Plus Yogurt and Granola

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|---|----------------------------|
| Freshly Baked Tea Breads, Bagels and Muffins, Sliced Seasonal Fruit, Freshly Squeezed Orange Juice, Coffee and Tea Service with Plain Greek Yogurt, Granola and Honey. | \$5 Student members |
| | \$20 Members |
| | \$35 Non-Members |

Lunch

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|---|-----------------------------|
| <u>Sandwich Lunch & Beverages</u> | \$10 Student Members |
| Include Chef's Selection of Four Sandwiches, 2 Accompaniments (Choose From Below List), Chips, Cookies and Bars, Full Beverage Service | \$25 Members |
| | \$40 Non-Members |

Deli Lunch & Beverages

Include In-house Roast Beef, Smoked Turkey, Smoked Ham, Grilled Chicken Breast, Tuna Salad Cheeses – American, Swiss, Provolone, Jack Cheese Leaf Lettuce, Tomatoes, Pickles, Roasted Peppers, Banana Peppers Rolls, Ciabatta, Baguette, Wraps Mayo, Mustard, Honey Mustard, 2 Accompaniments (Choose From Below List), Chips, Cookies and Bars, Full Beverage Service

\$15 Student Members

\$35 Members

\$50 Non-Members

Cookies/Soda or Coffee

\$5 Student members

FLIK Signature Cookies and Full Beverage Service

\$10 members

\$25 non-members

Reception

Hors D'Oeuvres/ Wine Receptions

\$20 Student Members

Include Chef's Selection of Four Passed Hors D' Oeuvres for One Hour, Stationary Display of Artisan Cheese and Fruit

\$30 Members

\$45 Non-Members

***Includes Labor**

Sushi Reception/Wine Receptions

\$10 Student members

Includes Assorted Sushi & Sashimi, Spicy Tuna, Salmon, Shrimp, Assorted Rolls, Wasabi, Soy, Pickled Ginger

\$20 members

\$35 non-members

***Includes Labor**