

NETFLIX

Behind the Binge:

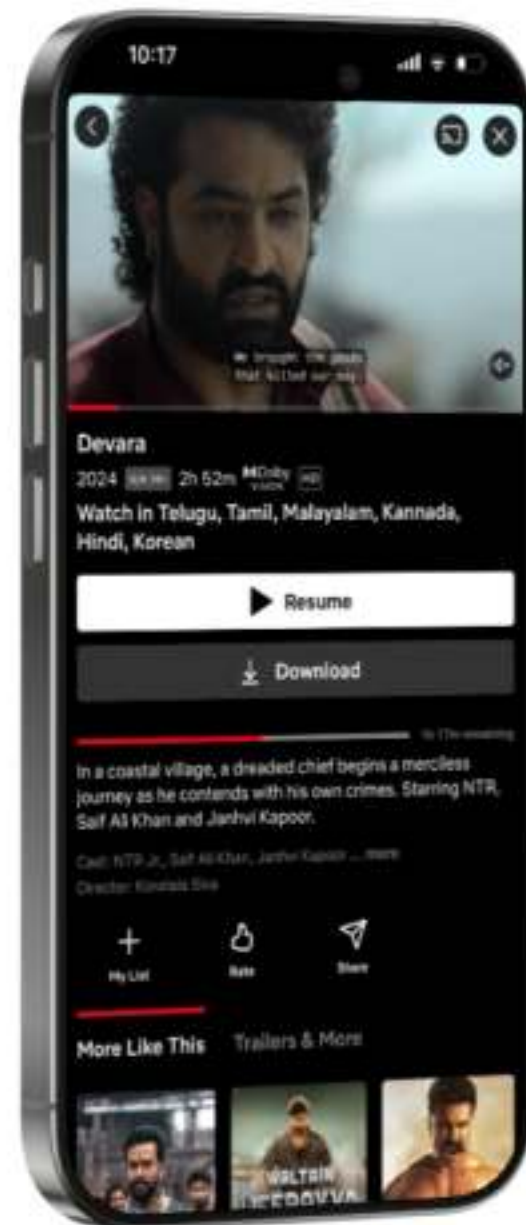
The Dark UX Patterns Hidden in Netflix



Time to unmask
them! ➡

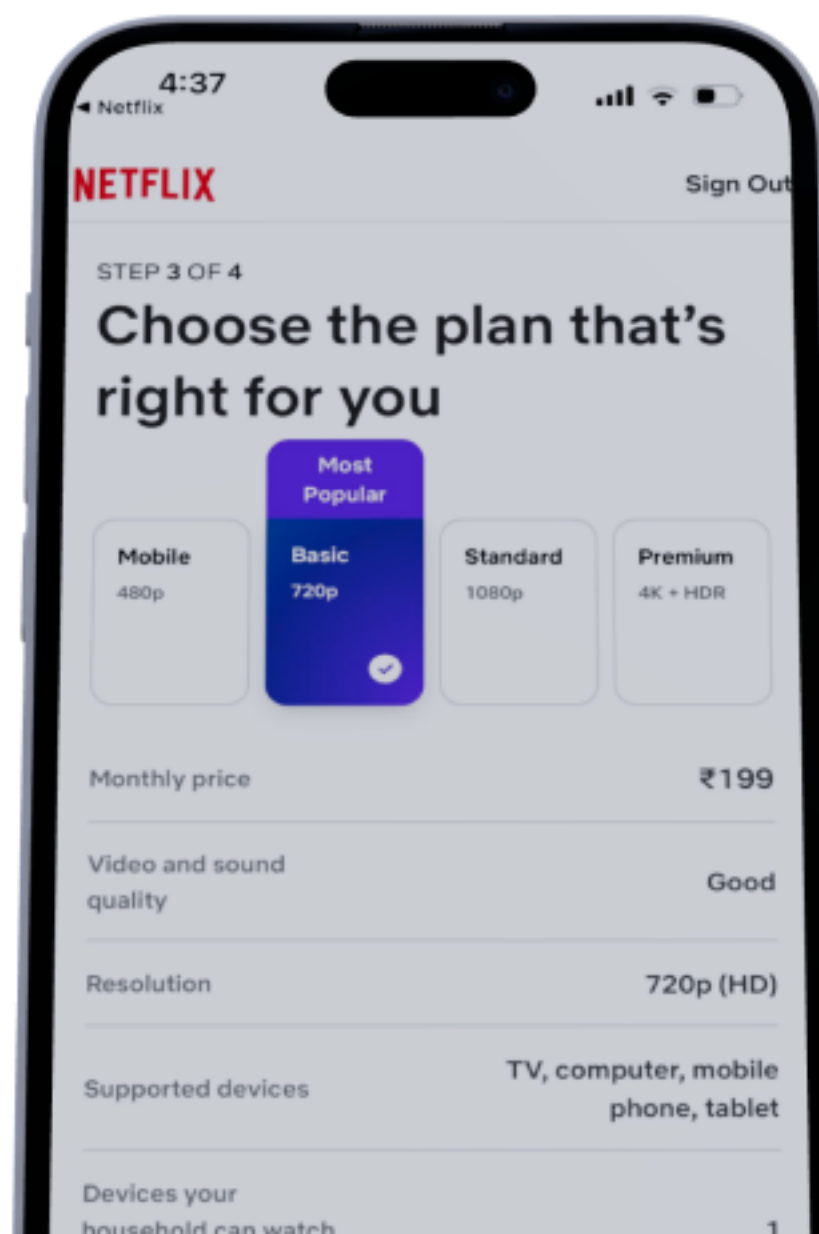
Content Teasers on Hover

When you browse Netflix, hovering over a show or movie makes a trailer play automatically, often with sound. This can feel disruptive and nudges you to quickly choose something to watch.



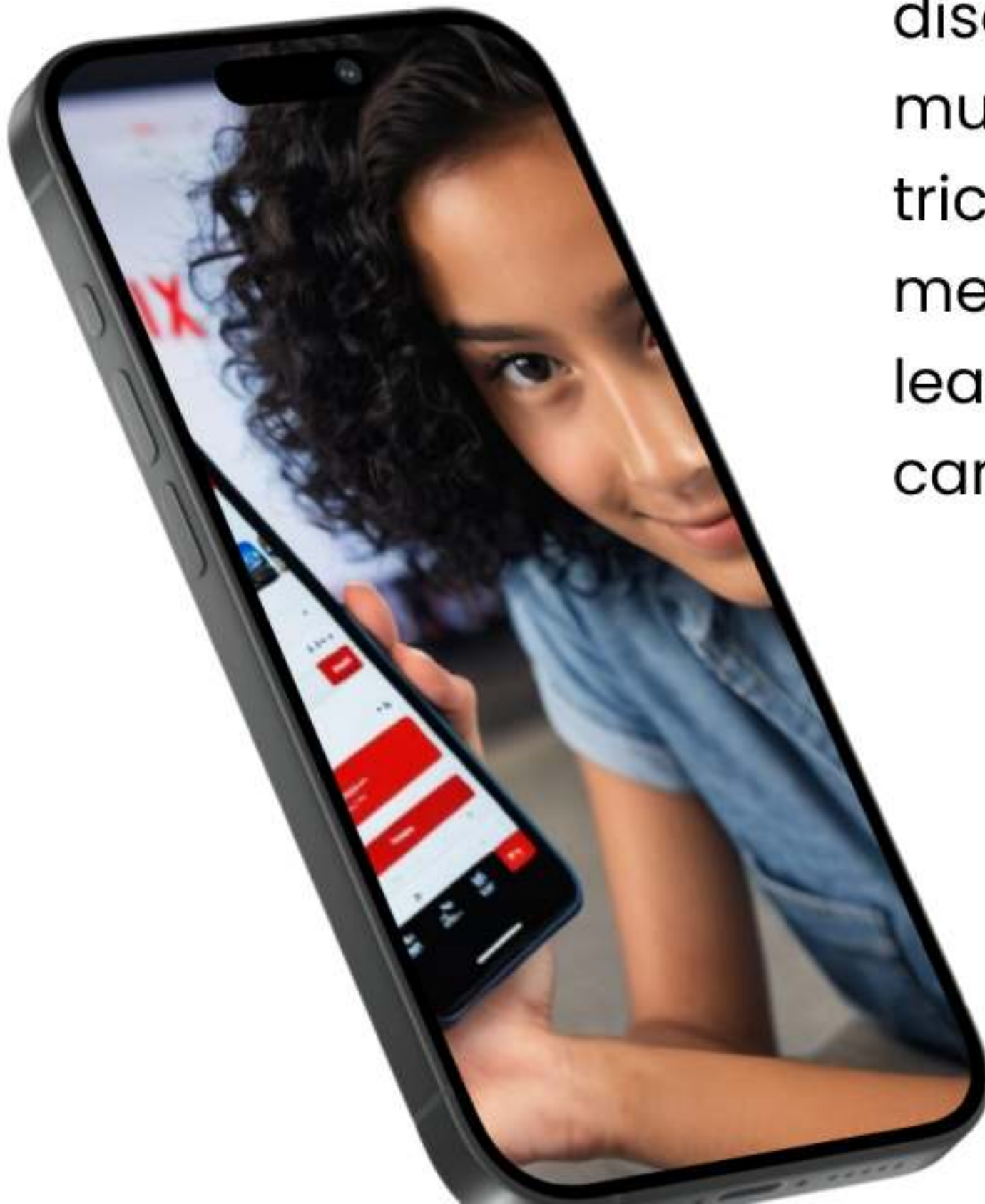
Omitting Plan Information in Sign-up Process

When signing up for Netflix, they don't show all the pricing plans upfront. Instead, they highlight the more expensive options, making it easy to miss cheaper alternatives that might suit you better.



Roach Motel Pattern

Netflix makes it super easy to sign up with free trials or discounts, but canceling is much harder. They use tricky steps and persuasive messages to keep you from leaving, making it difficult to cancel and stay in control.



Auto-play of Next Episode

Netflix automatically starts the next episode after just a few seconds, making it hard to pause or stop. This pushes you to keep watching, often leading to unintentional binge-watching and longer screen time.



Infinite scrolling

Netflix's endless scrolling makes it feel like there's always more to see, encouraging you to browse longer and start watching new shows. It's easy to get lost and spend more time than planned.



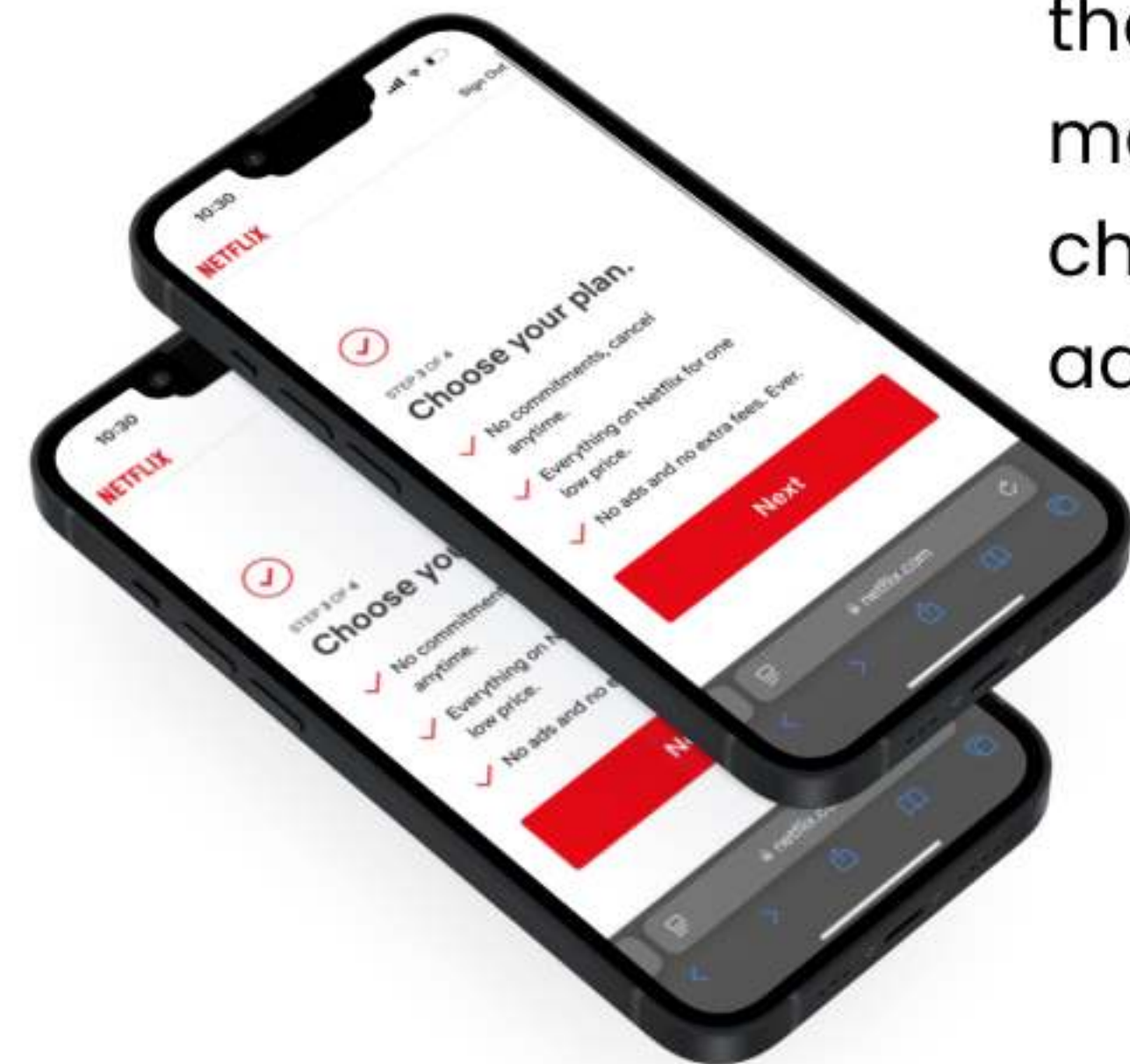
Confirmshaming

Netflix uses confirmshaming when you try to cancel, with messages like "Are you sure you want to miss out on great shows?" These guilt-inducing prompts make it harder to leave by making you feel bad about your choice.



Negative Option Billing

Netflix uses negative option billing by automatically charging users after a free trial ends unless they cancel. It also renews subscriptions automatically at the end of each billing cycle, making it easy to forget about the charge unless you cancel in advance.



Fake Urgency

Netflix creates fake urgency by labeling content "Leaving Soon" or sending emails like "Exclusive content waiting!", making you feel like you'll miss out, even when there's no real deadline.



Nagging

Netflix nags with prompts like "Are you still watching?", emails to bring you back, recommending shows you've already seen, and sending multiple offers to re-subscribe.



Thank You

Stay in Control:

Don't let Netflix dictate your time.
Recognize dark patterns and
watch on your terms.

