



Equipping Young People to Choose Non-violence

By Gerry Heery

Paperback. Book Condition: New. Not Signed; Equipping Young People to Choose Non-Violence is a 12-session programme for those working with young people aged 10+ whose use of violent or aggressive behaviour is problematic. Designed to be used individually, the programme is grounded in restorative justice principles and encourages the young person to take responsibility for their behaviour. It also supports them in recognizing the effects of their actions and in identifying ways to repair the harm caused, and teaches them new skills in dealing with conflict and avoiding future violence. A theory section explains the value and evidence base and provides guidance on delivering the programme. Each session is clearly laid out with identified objectives, how to begin and end the session, and photocopiable handouts are included. This will be of great use to all those working with young people involved in violent behaviour, including youth offending teams, social workers, youth workers and school counsellors. book.



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