



## A Healing Hug for Alzheimers Caregivers: : All about Caring, Grieving and Making Life Better

By Elizabeth Postle RN HV

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 96 pages. Dimensions: 8.8in. x 5.9in. x 0.3in. This valuable caregivers guide is written for anyone with an Alzheimers sufferer in the family, whether they are in their own home or a care home. It will also be useful for nurses and professional carers. Whether you are worrying about a sufferer who is still living alone, caring for a spouse or parent at home, or visiting a relative in a care home, Elizabeth Postle will guide you through all the problems which may arise, and will help you with the grief that you will face along the way. This book will enable you to make decisions and provide the best care you can, while looking after your own needs as well. The guide acknowledges the grief involved in losing a loved one gradually to dementia, while coping with the responsibilities and difficulties of Alzheimers home care. Both emotional and practical support is provided, with ideas to make life easier and more pleasurable for all involved. From the early days of coming to terms with the diagnosis, you will be taken stage by stage through each step. There are real...



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