



The Herbal Bath & Body Book: Create Custom Natural Products for Hair and Skin

By Heather Lee Houdek

Lark Books, U.S. Paperback. Book Condition: new. BRAND NEW, The Herbal Bath & Body Book: Create Custom Natural Products for Hair and Skin, Heather Lee Houdek, Today, more and more people prefer to bypass commercially available body-care products, (and their chemical additives), in favour of more natural, homemade products. These high-quality herbal bath and beauty items fit the bill. Ranging from soaps and shampoos to soothing lotions and lip balms, the 50+ projects include such easy-to-find ingredients as beeswax, peppermint, chamomile, lavender, vitamin E, honey, and shea butter. Best of all, you can tailor the recipes to fit your own specific needs and hair and skin type. You'll find helpful information on the benefits of various flowers and herbs, and an overview of essential oils that details their therapeutic properties and scents. Enjoy these herbal delights yourself or give them as gifts.



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[4.17 MB]

Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- **Romaine Rippin**

The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lyda Davis II**

Other Books



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Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



The Preschool Inclusion Toolbox: How to Build and Lead a High-Quality Program

Brookes Publishing Co, United States, 2015. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book. Filled with tips, tools, and strategies, this book is the comprehensive, practical toolbox preschool administrators need to implement early childhood inclusion through...



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A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half

Createspace, United States, 2014. Paperback. Book Condition: New. 251 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.The ultimate learn-by-doing approachWritten for beginners, useful for experienced developers who want to sharpen their skills and don t mind...



TJ new concept of the Preschool Quality Education Engineering: new happy learning young children (3-5 years old) daily learning book Intermediate (2) (Chinese Edition)

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