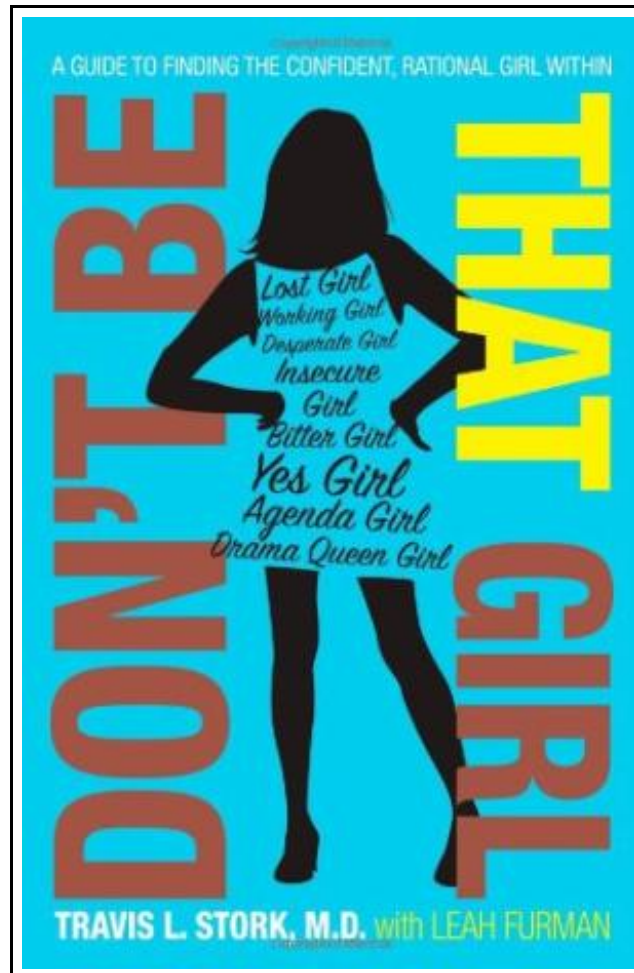


Don't Be That Girl: A Guide to Finding the Confident, Rational Girl Within



Filesize: 1.33 MB

Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Ally Reichel)

DON'T BE THAT GIRL: A GUIDE TO FINDING THE CONFIDENT, RATIONAL GIRL WITHIN



Simon & Schuster. Paperback / softback. Book Condition: new. BRAND NEW, Don't Be That Girl: A Guide to Finding the Confident, Rational Girl Within, Travis Stork, Leah Furman, Don't worry. This is not "that" book. Travis Stork, the handsome and charismatic star of "The Bachelor: Paris," has chalked up more dating experience than most men could claim in a lifetime. As an ER doctor, he's also an expert on the psychological and physiological factors involved in mental and emotional well-being. In "Don't Be That Girl," he combines his personal experience and professional expertise to help you demystify the self-defeating behaviors that characterize that girl -- behaviors that unfortunately, even if unintentionally, prevent many women from getting the most from their lives and relationships. "Don't Be That Girl" cuts to the heart of what makes a woman cross into that girl territory and the red flags that tip guys off to the possibility that, yikes, they may be dating that girl. So who is that girl, exactly? She defies a simple definition. She may be the chameleon who turns into a completely different person the second a guy walks into the room. She could be the girl with the ironclad agenda that she's held to dearly since her first encounter with Modern Bride (and she'll do anything to make sure her plan materializes). Or she's the consummate "yes" girl who is always going along with his every wish. If she's not saying yes, she might very well be a drama queen who is always saying no because she can't seem to live without conflict. Then again, she might not be dramatic at all, just miserable inside, wearing her anger and bitterness as a badge of honor. In short, she's the girl who's trying fruitlessly to be someone she's not -- who's falling victim...



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