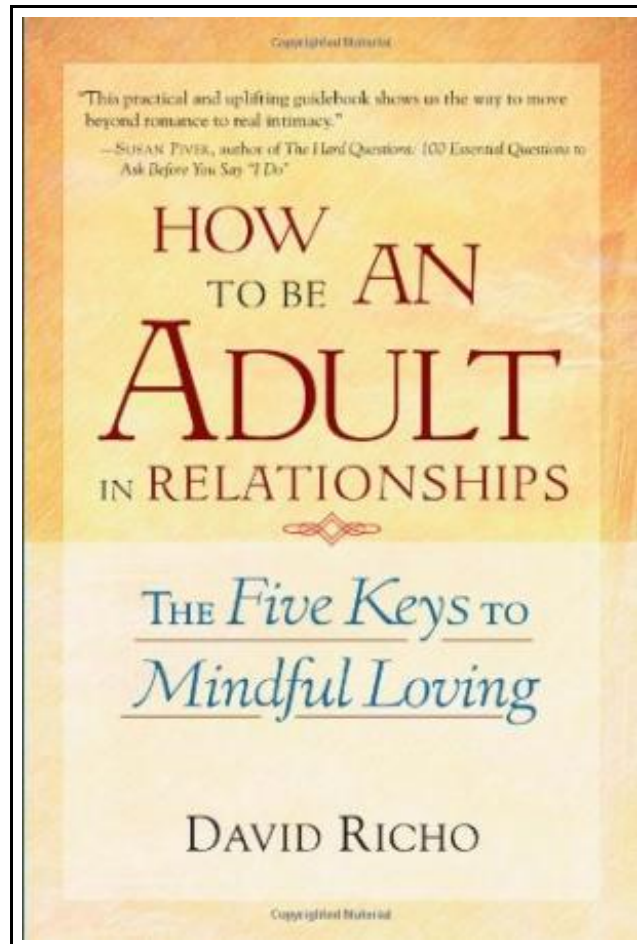


## How to Be an Adult in Relationships The Five Keys to Mindful Loving



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