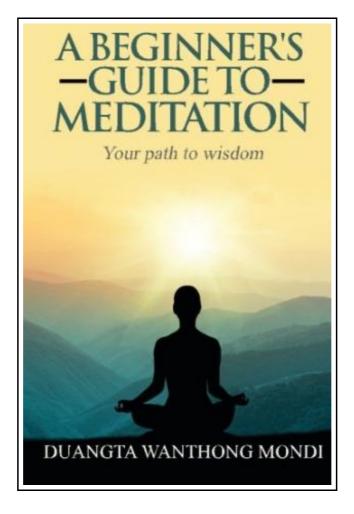
# A Beginner's Guide to Meditation: Your Path to Greater Wisdom



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