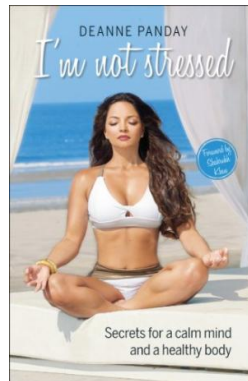


## I'm Not Stressed: Secret for a Calm Mind and a Healthy Body



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