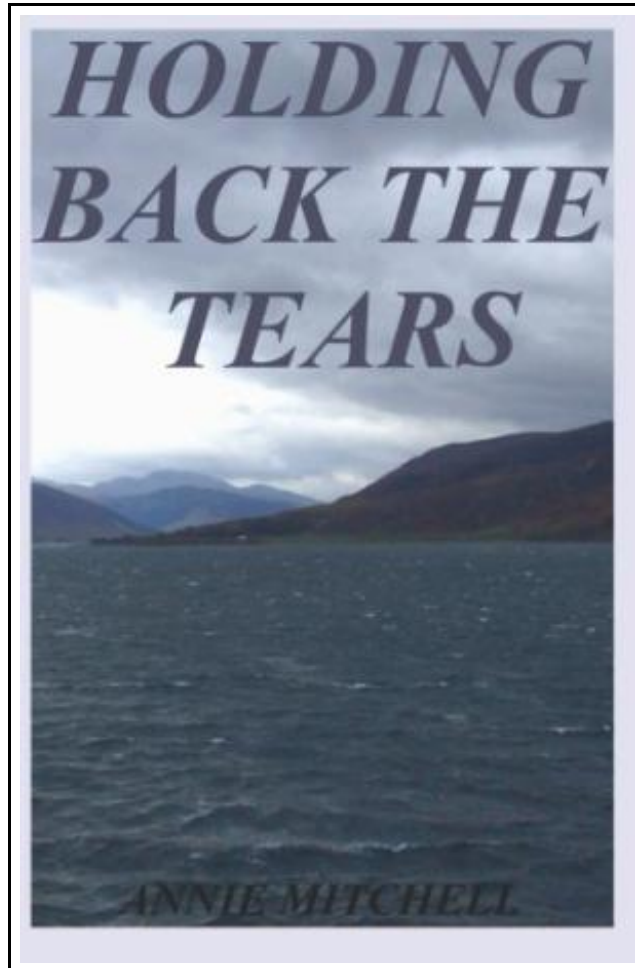


Holding Back the Tears



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HOLDING BACK THE TEARS



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Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book ***** Print on Demand *****.Facing up to the fact your child has died. Bereavement loss of a child through accident or cot death suicide any other illness s it is a fact of life no one expects their own child to die before they do, don t face it alone The devastation it can cause us is overwhelming and outwith our own emotional control. WE all learn to cope in our own ways through what ever emans it takes to get us through this undescribable pain which we have to endure. Death of a child comes with many issues we all have to face every day of our life, some which we took for granted before our loss.A few questions being asked in small talk situations eg how many children do you ? what do you say this is one in particular which strikes our heart with an overwhelming emotion of dispair. Death also comes with its demons depression, anxiety, isolation feeling lonely lost. This book carries you through these emotions of Grief after our loss. You shall gain an insight into the mind of a mother who lost her own child to suicide. Her mental coping skills and physical well being become the main goal in her life to set her back on the right track again. Rosie Gilmour, mother to Finlay Sinclair faces an Devastating journey of emotional turmoil which leaves her feeling Vulnerable and sometimes to the extent hostile towards anyone who dares to cross her path to offer any support of any kind for she believes she can cope with all the pain which follows the aftermath of losing her Child all on her own....



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