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## Dr. Neal Barnard's Program for Reversing Diabetes: The Scientifically Proven System for Reversing Diabetes Without Drugs

By Neal D Barnard, Bryanna Clark Grogan

Rodale Press. Paperback / softback. Book Condition: new. BRAND NEW, Dr. Neal Barnard's Program for Reversing Diabetes: The Scientifically Proven System for Reversing Diabetes Without Drugs, Neal D Barnard, Bryanna Clark Grogan, Until Dr. Barnard's scientific breakthrough, most health professionals believed that once you developed diabetes, you were stuck with it--and could anticipate one complication after another, from worsening eyesight and nerve symptoms to heart and kidney problems. But as this groundbreaking work reveals, this simply is not true. In a series of studies--the most recent funded by the National Institutes of Health--Dr. Barnard has shown that it is possible to repair insulin function and reverse type 2 diabetes. By following his scientifically proven, life-changing program, diabetics can control blood sugar three times more effectively than with the standard diet; and cut back on and in some cases eliminate medications while reducing the risk of diabetes complications. "The long overdue epic scientific breakthrough in diabetes is here.an obvious must-read for health professionals and for diabetic and potential diabetic patients." --Caldwell B. Esselstyn, Jr., MD, preventive cardiology consultant, Cleveland Clinic ""This is the approach to follow.the clinically proven way to get your blood sugar under control. and start living again."--John McDougall,...

### Reviews

*It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.*

-- **Blanca Davis**

*An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.*

-- **Prof. Dan Windler MD**