



## Acupressure for Allergies Made Easy: An Illustrated Self Treatment Guide

By Krishna N Sharma, Dr Krishna N Sharma

Createspace, United States, 2013. Paperback. Book Condition: New. 194 x 126 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Acupressure is an ancient Chinese alternative medicine technique. It is derived from acupuncture. It is based on the Traditional Chinese medicine s (TCM) acupuncture theory developed 5,000 years ago. As the name reflects, it is a technique in which the ailments are treated by applying pressure on specific acu points spread throughout the body. Acupressure for Allergies Made Easy - An Illustrated Self Treatment Guide is an unique book full of illustrations and written in very simple language which enables the patients to treat themselves.



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